



# Student Exchange Program

International Student Services

## Exchange Final Report

### Student Information

Faculty at UVic	<u>Social Science</u>
Major/Minor	<u>Major: Psychology, Minor: Psychology</u>
Host University	<u>Murdoch University</u>
Host Country	<u>Australia</u>
Dates of Exchange	<u>February - July</u>

### Overall Exchange Experience

Please Rate your Overall Exchange Experience

1	2	3	4	5
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

What was the most rewarding part of your exchange experience? Please outline any highlights.

The most rewarding part was meeting friends and travelling. My roommates and I all made a trip to Bali, Indonesia. I loved meeting new friends from across the world. It was amazing how Murdoch plans lots of events of exchange students. It felt like I was a part of a club with the exchange students.

What was the greatest challenge during your exchange?

It was challenging staying focused on my schoolwork while all the activities were going on. I found it hard finding the time to study while there were so many other things to do.

### Travel

Cost of air travel \$2,500

Cost of ground transportation (ex. monthly bus pass) \$300

Did host university representatives meet you at the airport? No, I came to Australia 1.5 months before my exchange started.

Is there easy transportation between the airport and university? Yes

## Orientation

Is there an organized orientation session upon arrival?

Yes, it was organised.

How easy was it to find the info you needed to know upon arrival?

Easy, Facebook groups, emails, etc.

What assistance did you receive from your host institution upon arrival?

Orientations.

## Accommodation

Is on-campus accommodation available? Yes

If yes, did you live on campus? Yes

Would you recommend this to future students? 100%

If you lived off-campus, how did you find housing?

Approximately how much money would you budget per month for living, including accommodation and meals?

\$300

## Language Programs

Is there a language program available either before or during the semester?

I don't know

Is there an additional cost for the language training?

I don't know

## Academics

Was it possible for you to get all the courses that you wanted?

Yes

Please describe the course registration process

Bridget posted a video how to do it, very simple just had to select the semester and courses and the times that work for you.

Describe the manner and quality of instruction at your host university

Excellent.

What do you feel is the greatest academic benefit you have gained personally from your exchange?

I started doing all pre-lecture notes and videos before I physically went to the lecture and that really helped gain more interest for listening and actually understanding the material.

## Personal and Cultural Connections

How easy was it to adjust to the local culture? What (if any) cultural differences did you find particularly challenging? What parts of the culture did you most appreciate?

Culture was the same, people here were easier to talk to. The only struggle at first was the time difference. I am 15 hours ahead so it was hard to adjust at the start, with time it just became my new time.

What kinds of cultural, athletic and social activities were available for students at your host institution?

Many programs were offered at Murdoch, I took advantage of the gym they have here and got a gym pass. On the village, there were many activities like boot camp, yoga, Zumba, pool parties, spa nights, etc.