

SAMPLE NETWORKING SCRIPTS

It can be scary to know what to say when you begin networking, but thinking about these opportunities as chances to have a conversation can make it a bit easier. Here are a few sample scripts to get you started.

Networking at an event or career fair

Sample introduction 1 – career research or work search

Hello, my name is _____, and I'm a second-year student studying _____ at UVic (pause for a handshake as your contact introduces himself or herself). Good to meet you. I've read a bit about your company. You've just begun a big research project related to First Nations communities in the Victoria area, I believe. I'd be interested in hearing more about it.

Sample introduction 2 – career research or work search

Good morning, my name is _____. I'm just about to finish the _____ program here at UVic (pause for a handshake as your contact introduces himself or herself). I'm curious about the research your company is doing on transportation policy. Could you tell me a bit more about it?

Networking over the phone

Sample introduction – career research (getting a referral)

Hello, my name is _____. I'm in the final year of my BSc in psychology at UVic and I'm doing some research around careers in health education to find out if this might be a viable career for me. I'm not looking for work at this point. I'm hoping that you could direct me to someone I could speak to inside your organization who might be able to provide me with first-hand information about career paths in health education.

Sample introduction – career research (after getting a referral)

Good morning, my name is _____. I was given your name by (person who referred you). I'm just about to finish the _____ program at UVic and I'm hoping to move into a role in the transportation sector. (Person who referred you) thought you would be an excellent person to connect with, as I understand you've been working in this field for several years. Would you by any chance have the time to meet with me (or chat on the phone at a convenient time) for 15 to 20 minutes? I'd love to hear your input on what roles I might consider at this point in my career and any other insights on the sector you might have.

