PROGRAM-SPECIFIC COMPETENCIES - MASTER OF EDUCATION - COACHING STUDIES

Competencies are the skills, knowledge and attributes gained through every work, educational, volunteer and life experience.

UVic students in the Coaching Studies program develop the following program-specific competencies.

FIELD OF PRACTICE/BODY OF KNOWLEDGE
Understands and applies effective individual and team development and an understanding of ethical practice to the field of coaching and sport development
- Identifies credible sources of information and research and adapts this knowledge to inform the practice of effective coaching
- Educates athletes regarding the importance of skill acquisition, performance, biomechanics, periodization and sport psychology
- Communicates and discusses standards of practice with professionals for the purpose of advancing the field of coaching practice

TECHNICAL EXPERTISE
Applies the principles of motor skill acquisition, responsible player and coaching behaviour and enhanced individual and team performance
- Chooses athlete development techniques that are appropriate for the needs and goals of sport and athletes and explains the rationale for the choices made
- Develops and uses needs assessments that reflect the needs and goals of sport and athlete development and inform future action
- Communicates assessment outcomes effectively to athletes and stakeholders (such as parents, employers, coaches and medical and paramedical personnel)
- Plans and implements appropriate coaching strategies that reflect individual and team development
- Documents and evaluates outcomes in a manner that informs future actions