Physical Education
Program-specific competencies

Competencies are the skills, knowledge and attributes gained through every work, educational, volunteer and life experience. UVic students in the Physical Education program develop the following program-specific competencies.

Overall: Demonstrates skills necessary to analyze literature and conduct research in the area of physical activity and health in the context of schools, work, community, health promotion and sport.

Field of practice/body of knowledge

• Analyzes historical, philosophical, and sociological aspects of educational phenomena as they relate to contemporary educational experiences of political and social institutions and areas of academic research interest
• Articulates and applies knowledge in the areas related to health promotion, play, sport, leisure, recreation, physical activity and physical education
• Reads, critically evaluates and applies research and professional information to ensure physical education practices are current

Technical expertise

• Critically analyzes educational thought and practice (for example, the thinking and practice of planning, implementation, evaluation, learning and teaching) to determine unintended as well as intended effects
• Understands a wide range of topics, current issues, trends and curricular innovations related to physical education
• Analyzes and applies both qualitative and quantitative research and appropriate data collection and analysis techniques

UVic Co-op and Career worked with the UVic School of Exercise Science, Physical and Health Education to develop this competency document.

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Find job postings, events and more at learninginmotion.uvic.ca