

Dr. Sandra Gibbons (Faculty of Education)

I am a Professor in the School of Exercise Science, Physical and Health Education (EPHE) within the Faculty of Education. I am a long time SSHRC-funded community-engaged researcher. Major research focus is on the impact of school-based physical and health education programs on health-enhancing behaviours of youth, with a particular focus on adolescent girls. This research contributes to a better understanding of how to meet health and physical activity needs and interests of adolescent girls within the school-based program context. I have expertise and experience in the design and implementation of complex multi-year school-based research projects. I have successfully developed and completed numerous collaborative school-based research projects with teachers in the field. My teaching responsibilities include a range of undergraduate and graduate courses in EPHE. I am in my sixth year as cohort leader for the M.Ed. Coaching Studies program. The cohort leader is responsible for teaching research methods, and supervising students through development and completion of their projects. I am currently in my second term as Chair of Human Research Ethics Board for the University of Victoria. Prior to being appointed as Chair, I was a member of the HRE Board for multiple terms.