

Hello, my name is Michael Caryk. I am a varsity athlete on the UVic men's rowing team. Whenever I score a goal or point in gym class, I am happy for the rest of the day!

Through my participation in many sports during high school, I developed physical literacy and grew confident in organizing workouts to work toward my personal goals. As an aspiring teacher, I am committed to creating as many "wins" as possible for my fellow students by fostering a positive and collaborative relationship with everyone at the University of Victoria.

I strive to promote stronger and more constructive relationships across academic communities at UVic. As a member of the men's rowing team, I have learned the importance of trust, consistency, and hard work—values I bring with me into all aspects of my academic and leadership work. I believe that by showing up, working diligently, and supporting others, we can build a more connected and supportive campus environment for all students.