

### **Biographical Sketch:**

Linnea Leist, a PhD student in the University of Victoria (UVic) Faculty of Health's School of Exercise Science, Physical and Health Education and is dedicated to researching and supporting her fellow student population. Linnea has demonstrated leadership through her roles on her high school's student council, as president of the Faculty of Education's Education Students' Association (EdSA), as a member of the UVic Senate Committee for Learning and Teaching, as a Teaching Assistant in EPHE 142, Personal Health, Wellness and Potential, and mentor to new-to-university students. Linnea's research primarily focuses on the wellness and health behaviours of student and teacher populations. She aims to develop supports for new-to-university students. Beyond academia, Linnea has worked as a campus tour guide since 2018. She passionately delivers campus-related information, answers questions, and fosters community engagement through trivia questions during the tours. Aspiring to be a voice for students, Linnea submits this application to be the graduate student representative on the University of Victoria Board of Governors.

### **Election Platform:**

Hello! My name is Linnea Leist. I am currently a first-year PhD student. I have been on campus since 2018 completing my Undergraduate and Master of Arts degrees. I have a strong foundation and knowledge about the University and its diverse communities. In addition to my academic endeavours, I am passionate about sharing all there is to know about UVic as a campus tour guide.

I sit on the UVic Senate Committee for Learning and Teaching, am a Teaching Assistant, past president of the Education Students' Association (EdSA) and Community Outreach representative at my high school. I am open, ready to engage in conversation, and excited to put my name forth for the graduate student representative on the UVic Board of Governors to share student voice and perspective.

### **Photo**

