OCPS' TOP 10 SUSTAINABLE STUDENT TIPS

Small actions have big impacts. Pick a few to get started.

- [ ] Carry your own re-usable coffee mug and water bottle.

- [ ] Re-use any packaging that is resealable (bottles, containers, etc.). If you can't re-use an item, make sure to recycle all paper products, bottles, cans, glass and plastics. Compost all food scraps and compostable products.

- [ ] Instead of purchasing new textbooks this year, see if you can purchase digital versions. Visit **uvicbookstore.ca/text/digital** to find out if your course materials are available online.

- [ ] Turn off the lights when you leave your room, classroom or study space.

- [ ] Challenge yourself to take shorter showers. To save extra water and energy, try turning the water off while soaping!

- [ ] Turn off your computer when not in use. Set it to sleep mode after 15 minutes of inactivity.

- [ ] Wash your clothes in cold water and only do laundry when you have a full load. Try hanging your clothes to dry instead of using the dryer!

- [ ] If you're in Victoria and taking online courses, **opt-in** to the U-Pass. It provides four months of unlimited transit access within the Victoria Regional Transit System at a fraction of the cost. Visit **uvic.ca/upass** to learn more.

- [ ] If you're living in residence, volunteer with the **Residence Green Team**! If you're not in residence but still live in Victoria, volunteer with the **Greater Victoria Green Team**! Both have safety measures in place for COVID-19.

- [ ] **Submit your sustainability initiative idea to the Office of Campus Planning and Sustainability at action@uvic.ca**

Sustainability in action.   uvic.ca/sustainability   University of Victoria | Campus Planning & Sustainability