

At UVic, we strive to be a model of environmental sustainability in everything we do. We think of our campus as a "living laboratory" of how to live, work and go to school while treading lightly on the environment.

Here are the **Top 10 Tips** for reducing **your** environmental footprint at UVic:

- 1 Carry your own coffee mug and water bottle (drink tap water).
- 2 Turn off the lights when you leave your room, classroom or study space.
- 3 Recycle all paper products, bottles, cans, glass and hard plastics.
- 4 Challenge yourself to take shorter showers.
- 5 Turn off your computer or set it to go sleep, when not in use.
- 6 Only do laundry when you have a full load.
- Compost all leftover food, napkins, coffee cups, and compostable cutlery.
- Rethink your need to print, and double-side it.
- Take only what you need napkins, paper towels, straws, plates, etc.
- 10 Use hand dryers instead of paper towels in washrooms.



