



# SUSTAINABILITY AT UVIC

At UVic, we strive to be a model of environmental sustainability in everything we do. We think of our campus as a “living laboratory” of how to live, work and go to school while treading lightly on the environment.



University  
of Victoria



Sustainability in action.



[uvic.ca/sustainability](http://uvic.ca/sustainability)



GreenUVic



[action@uvic.ca](mailto:action@uvic.ca)



[@green\\_uvic](https://twitter.com/green_uvic)

# TOP 10 TIPS

FOR REDUCING YOUR ENVIRONMENTAL FOOTPRINT

**1** **CARRY YOUR OWN**  
COFFEE MUG AND  
WATER BOTTLE  
(DRINK TAP WATER).



**2** **TURN OFF**  
**THE LIGHTS**  
WHEN YOU LEAVE  
YOUR ROOM,  
CLASSROOM OR  
STUDY SPACE.



**3** **RECYCLE** ALL PAPER  
PRODUCTS, BOTTLES,  
CANS, GLASS AND  
HARD PLASTICS.



**4** **COMPOST** ALL  
LEFTOVER FOOD,  
NAPKINS, COFFEE  
CUPS, AND  
COMPOSTABLE  
CUTLERY.



**5** CHALLENGE YOURSELF  
TO **TAKE SHORTER**  
**SHOWERS.**



**6** **ONLY DO LAUNDRY**  
WHEN YOU HAVE  
A FULL LOAD.



**7** **TURN OFF**  
**YOUR**  
**COMPUTER**  
OR SET IT TO  
GO SLEEP,  
WHEN NOT  
IN USE.

**9** **RETHINK YOUR**  
**NEED TO PRINT**  
AND DOUBLE  
SIDE IT



**8** **DON'T CREATE**  
**NEEDLESS WASTE**  
TAKE ONLY WHAT  
YOU NEED—STRAWS  
PAPER TOWEL,  
NAPKINS, ETC.

**10** **TAKE THE BUS**  
**AND/OR BIKE**  
INSTEAD OF DRIVING.



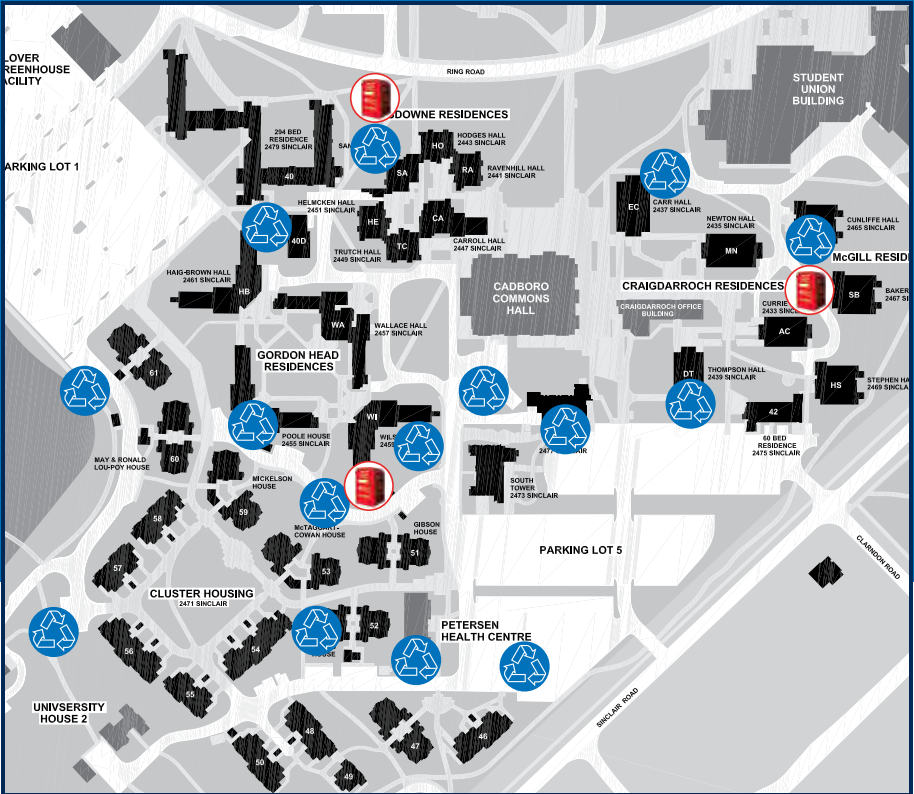
# RECYCLING & COMPOSTING



## IN STUDENT RESIDENCES

Students are responsible for taking their garbage and recyclable materials to the nearest enclosure and sorting their recyclable materials.

	ACCEPTABLE	UNACCEPTABLE
 <p><b>BLUE TOTE</b> MIXED PAPER</p> <p>Collect in your handy recycling bag and bring to the closest enclosure</p>	<ul style="list-style-type: none"> <li>✓ White paper</li> <li>✓ Cereal boxes (remove inserts)</li> <li>✓ FLATTENED cardboard</li> <li>✓ Magazines</li> <li>✓ Newspapers</li> <li>✓ Books</li> <li>✓ Pizza boxes</li> </ul>	<ul style="list-style-type: none"> <li>✗ Bottles and cans</li> <li>✗ Hard plastics (#1- 7)</li> <li>✗ Soft plastics (e.g plastic bags)</li> <li>✗ COFFEE CUPS</li> <li>✗ Food waste</li> <li>✗ General 'garbage'</li> </ul>
 <p><b>BROWN TOTE</b> PLASTIC, METAL, AND PAPER CONTAINERS</p>	<ul style="list-style-type: none"> <li>✓ Plastic bottles</li> <li>✓ Hard plastics #1, 2, 3, 4, 5 and 7 (e.g sushi and yogurt containers, coffee cup LIDS)</li> <li>✓ Aluminum and tin cans</li> <li>✓ Aluminum foil</li> <li>✓ Juice and milk cartons</li> <li>✓ COFFEE CUPS</li> </ul>	<ul style="list-style-type: none"> <li>✗ Styrofoam</li> <li>✗ Soft plastics (e.g plastic bags)</li> <li>✗ Mixed paper</li> <li>✗ Cardboard</li> <li>✗ General 'garbage'</li> <li>✗ Food waste</li> <li>✗ Liquids</li> </ul>
 <p><b>GREEN TOTE</b> COMPOSTABLE WASTE</p>	<ul style="list-style-type: none"> <li>✓ All food waste</li> <li>✓ Paper towels</li> <li>✓ Paper plates</li> <li>✓ COFFEE CUPS</li> <li>✓ Compostable items (e.g bags, cutlery)</li> </ul>	<ul style="list-style-type: none"> <li>✗ Bottles and cans</li> <li>✗ Hard plastics (#1-7)</li> <li>✗ Cardboard</li> <li>✗ Soft plastics (e.g plastic bags)</li> <li>✗ General 'garbage'</li> </ul>
 <p><b>GREY TOTE</b> GARBAGE</p>	<ul style="list-style-type: none"> <li>✓ Foil lined bags</li> <li>✓ Chip bags</li> <li>✓ Soft plastics</li> <li>✓ Styrofoam</li> <li>✓ Non-recyclables and non-compostables</li> </ul>	<ul style="list-style-type: none"> <li>✗ Paper</li> <li>✗ Cardboard</li> <li>✗ Bottles and cans</li> <li>✗ Hard plastics (#1,2,3,4,5 and 7)</li> <li>✗ Food waste</li> <li>✗ Glass bottles and jars</li> </ul>
 <p><b>YELLOW TOTE</b> GLASS</p>	<ul style="list-style-type: none"> <li>✓ All glass bottles</li> <li>✓ All glass jars</li> <li>✓ No lids (please recycle in brown tote)</li> <li>✓ Please empty and rinse containers</li> </ul>	<ul style="list-style-type: none"> <li>✗ Drinking glasses</li> <li>✗ Dishes</li> <li>✗ Cookware</li> <li>✗ Window glass or mirrors</li> <li>✗ Ceramic products</li> <li>✗ Plastics/Metal/ Paper containers</li> <li>✗ Food waste</li> <li>✗ Liquids</li> </ul>



## MAP LEGEND



**RECYCLING  
COMPOUNDS**



**CLOTHING  
DROP BOX**



At the end of every term, the UVic residence waste collection area fills up with 8-month old microwaves, kettles, mini fridges, textbooks, clothes, and stationary supplies. Student leadership at UVic has created the UVic Food Bank & Free Store to prevent those items from being landfilled. It will provide a place for students, faculty, and staff to drop off good and re-usable items, and an exciting and lively place to thrift shop for FREE!

## WHERE?

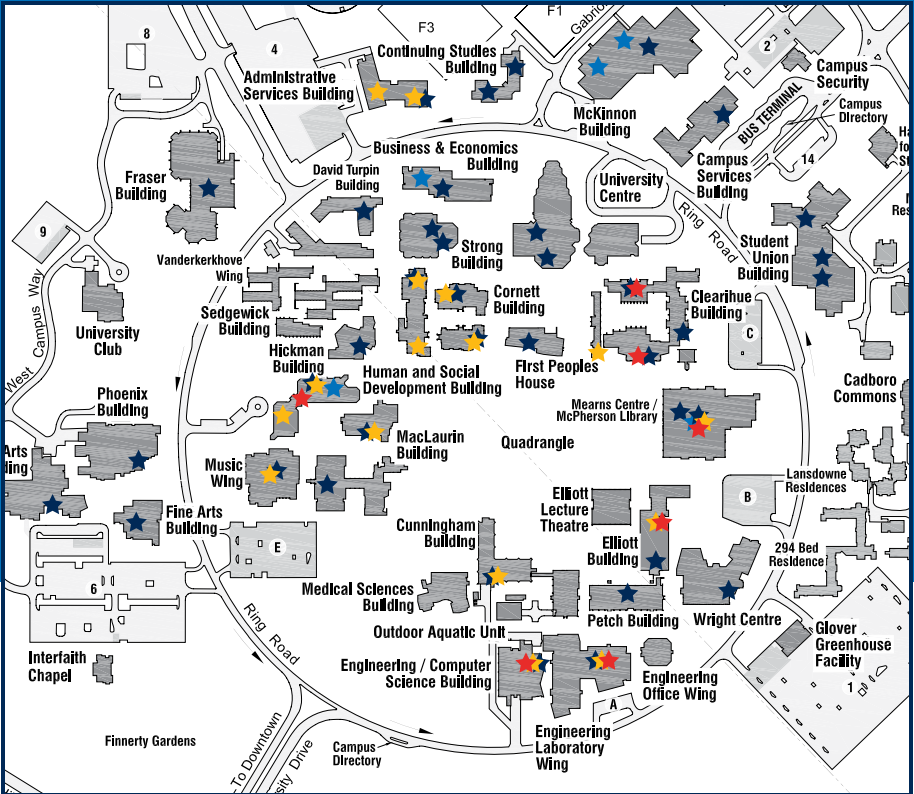
Student Union Building (SUB) Basement.  
Look out for the exciting signs!

## WHEN?

Hours of operation are posted on their website and in the SUB in September.

## WANT TO HELP?

The Food Bank & Free Store need volunteers! Come gain valuable experience by volunteering.



## RETROFITTED WATER FOUNTAINS ON CAMPUS

- ★ LEVEL 0
- ★ LEVEL 1
- ★ LEVEL 2
- ★ LEVEL 3

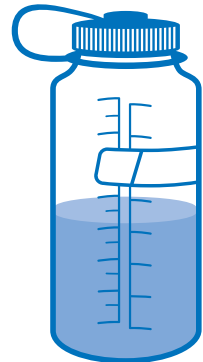
# CARRY YOUR OWN WATER BOTTLE & COFFEE MUG!

## BUYING COFFEE?

The campus dining areas that offer coffee provide a discount for bringing your own mug. If you forget your coffee mug don't forget that disposable cups used at UVic can be recycled.

## VICTORIA HAS GREAT TAP WATER.

It's free to you, so why not fill up your water bottle at one of the many retrofitted water fountains around campus?








# GETTING WATTWIZE

UVic's Office of Campus Planning and Sustainability wants you to become Wattwize. We offer a program that will help you become more aware about electricity in the Province of BC.

Contact [action@uvic.ca](mailto:action@uvic.ca), title your email Wattwize and we will provide a presentation and help you **audit your dorm's energy use with our Kill-A-Watt energy meters.**



## TIPS FOR SAVING ENERGY IN YOUR DORM

-  Unplug your devices when you're not using them, or turn off the power bar/surge protector. This will prevent "phantom load" or the electricity that some appliances use even when they are switched off.
-  For all new electronics or appliances, ask yourself whether you really need all the extras. Do you really need a toaster oven in your room or will the common spaces be sufficient?
-  Next time you upgrade, buy a laptop instead of a desktop. A typical desktop PC and monitor consumes as much as 3 times what a laptop uses. Ensure the laptop has an ENERGY STAR® label.
-  Wash your clothes in cold water. About 90 per cent of the energy your washer consumes goes to heating water. If you wash with cold water, you'll save that energy, and your clothes will come out just as clean.
-  Choose daylight over artificial light; if daylight is unavailable, use table ("task") lights instead of ceiling ("overhead") lights. And, if you need that task lighting, don't forget to turn it off whenever you leave a room.

# GET INVOLVED!

Are you interested in action? Join a campus group and contribute to change by meeting and working with other like-minded students and volunteers. Check out one of these groups:

## UVic Sustainability Project

[uvsp.uvic.ca](http://uvsp.uvic.ca)

A student led non-profit working on many campus and community sustainability projects each term.

## UVic Cycling Club

[web.uvic.ca/~cycling](http://web.uvic.ca/~cycling)

Get involved in UVic cycling culture while you join the UVic Cycling Club on group rides, and info sessions for new and experienced cyclists.

## SPOKES

SPOKES is a unique bicycle recycling program where volunteers give new life to old bikes. If you are interested in learning bike repair skills, and willing to share your skills with the SPOKES program, we welcome you! Volunteers of all experience levels are welcome. No tools or supplies required. You can help refurbished bikes and distribute them to UVic students, faculty and staff on a first come, first serve basis.

## UVic Community Garden

[web.uvic.ca/~ccgarden](http://web.uvic.ca/~ccgarden)

Get a plot to grown your own produce, or volunteer for a work party.

## Environmental Studies Student Association

[web.uvic.ca/~essa](http://web.uvic.ca/~essa)

For Environmental Studies students interested in networking with others.

## University of Victoria Students' Society

[uvss.ca](http://uvss.ca)

The UVSS, as it is known, provides services, hosts events, and advocates for undergraduate students at the university but also runs the Environmental Sustainability Council, which provides a forum for the various on-campus environmental groups to connect and collaborate on projects related to sustainability.



# CYCLING AT UVIC

UVic is a very bike friendly campus and we invite you to try our many cycling features to make riding safe, smooth and easy.

## BIKE STORAGE OPTIONS FOR RESIDENCES:



Group bike lockers have space for about 15 bicycles and rent for \$60 September to April. The areas are enclosed and accessed by a locked gate. All users have the same key and you rely on each other to maintain security.



Individual bike lockers are completely enclosed with a high quality locking system. They rent for \$40 per term.

Both rentals require a \$25 key deposit.

Contact [housing@uvic.ca](mailto:housing@uvic.ca) to register for a bike locker.



## CAMPUS BIKE CENTRE

The Bike Centre is the ultimate cycling resource on campus, open 24/7. Located directly underneath the University Centre, it features over 230 covered bike parking spots, and rentable bike lockers for extra security. Also check out the “Bike Kitchen” a stand-up tool cabinet complete with all the tools to carry out basic tune-ups.

## SPOKES

SPOKES has a lovely new home inside the Campus Bike Centre. Contact [spokes@uvic.ca](mailto:spokes@uvic.ca) for info about bike rentals, loans, sales, and volunteer opportunities.



## SAFETY FIRST

! Wearing helmets and carrying lights for riding after dark are the law in BC. Be safe, not sorry!