This worksheet is for **PLANNING PURPOSES ONLY** and does not replace your degree evaluation once you have declared your program. In the event of any discrepancy, your degree evaluation and the Academic Calendar will be considered the authority. This worksheet is hyperlinked and fillable; please select the Type tool on your PDF Reader (e.g., Adobe).

Psychology Major (BSc)

Faculty of Social Sciences, Department of Psychology

Year 1

Course requirement	Units	Taken
BIOL 184	1.5	
BIOL 186	1.5	
CSC course (any level)	1.5	
ATWP 135 or ATWP 110* (3.0u)	1.5	
One of MATH 100, 102*, 109, 151	1.5	
PHIL course (any level)	1.5	
PSYC 100A	1.5	
PSYC 100B	1.5	
Electives (any level) (1.5u if ATWP 110 chosen above)	3.0	

Year 2

Course requirement	Units	Taken
PSYC 201	1.5	
PSYC 231	1.5	
PSYC 243	1.5	
PSYC 251	1.5	
PSYC 260	1.5	
PSYC 205 or 210	1.5	
Courses from ANTH, ECON, ES, GEOG, POLI, or SOCI (any level)*	3.0	
Science courses (may include EPHE 141, 160, 242)*	3.0	

Years 3 & 4

Course requirement	Units	Taken
PSYC 300A	1.5	
PSYC 300B	1.5	
PSYC content stream courses (300/400-level)*	7.5	
PSYC courses (300/400-level)	3.0	
PSYC course (400-level, check exclusions)*	1.5	
Science courses (may include EPHE 141, 160, 242)*	3.0	
Electives (300/400-level)	6.0	
Electives (any level)	6.0	
Total units required for degree	60.0	

This worksheet is based on the September **2026** calendar.
Have questions? Visit uvic.ca/academic-advising

PROGRAM & COURSE NOTES

Course requirements with an asterisk (*) have associated details; consult the program entry in the Academic Calendar for more information. It is your responsibility to ensure you are informed about all supplemental information related to courses, as they apply to your program, including prerequisites.

FACULTY & UNIVERSITY REQUIREMENTS

In addition to the listed courses, you must satisfy all requirements for the Faculty of Social Sciences, as well as complete at least 30 of the minimum 60 required units at UVic. Within these 60 units, 21 units must be upper-level (300/400-level) courses, and 18 of those 21 units must be taken at UVic.

ACADEMIC WRITING REQUIREMENT

If you have not already satisfied UVic's Academic Writing Requirement (AWR), you will need to complete one of ATWP 135, ENSH 101, ENSH 102, ENSH 103, ATWP 110, or another approved course. Some programs require these courses in addition to the AWR.

DECLARING YOUR PROGRAM

Students are normally expected to request to declare their academic program at the end of first year.

Declared students have access to a degree evaluation for tracking graduation requirements.

University of Victoria