



This worksheet is for PLANNING PURPOSES ONLY and does not replace your Degree Evaluation. In the event of any discrepancy, your Degree Evaluation and the Academic Calendar will be considered the authority.

Kinesiology students are not required to declare their program. A student's Kinesiology major is automatically declared for them when they are admitted to their program.

Kinesiology Major (BSc)

Faculty of Education
School of Exercise Science, Physical and Health Education

YEAR 1

SEP-DEC
ATWP 135
EPHE 141
EPHE 143
MATH 100 or MATH 102 or MATH 109
100 or above elective
EPHE 100: Co-op stream only

JAN-APR
EPHE 155
EPHE 160
PHYS 110 (or PHYS 102A in Sep-Dec term)
PSYC 100B
100 or above science elective

MAY-AUG

YEAR 2

SEP-DEC
EPHE 201
EPHE 242
EPHE 245
EPHE 260
100 or above science elective

JAN-APR
EPHE 247
STAT 255
100 or above elective
100 or above science elective
100 or above science elective

MAY-AUG

YEAR 3

SEP-DEC
EPHE 340
EPHE 344
EPHE 355
EPHE 300- or 400-level elective
300- or 400-level science elective

JAN-APR
EPHE 341
EPHE 380
EPHE 348
EPHE 300- or 400-level elective
300- or 400-level science elective

MAY-AUG

YEAR 4

SEP-DEC
EPHE 441
EPHE 447 (or in Jan-Apr term)
EPHE 300- or 400-level elective
300- or 400-level science elective
300- or 400-level discipline elective

JAN-APR
EPHE 444
300- or 400-level discipline elective
300- or 400-level discipline elective
300- or 400-level science elective
300- or 400-level science elective

MAY-AUG

ELECTIVE COURSES

There are several categories of elective that must be fulfilled in the Kinesiology major. These include:

- 3.0 units of 100 or above electives
- 6.0 units of 100 or above science electives
- 4.5 units of 300- or 400-level EPHE electives
- 7.5 units of 300- or 400-level science electives
- 4.5 units of 300- or 400-level discipline electives

Further information about the courses that can be used in each category of electives is available in the [Academic Calendar](#). You should note that depending on your elective selections, you may need to take specific courses to be able to register in your preferred electives. You are strongly encouraged to choose your 100 or above electives with a view to meeting prerequisite requirements associated with your preferred 300- or 400-level electives.

CONCENTRATIONS AND MINORS

It is possible to use your electives to concentrate your studies on a specific sub-area within the field of kinesiology. You can find information about recommended concentrations related to kinesiology on the [School of Exercise Science, Physical and Health Education website](#). It is also possible to add a minor to your degree program. A minor is a more formal way of focusing or extending your studies. Adding a minor to your degree program may require you to take additional courses. The requirements of various minors are listed in the [Academic Calendar](#). You can also find information about minors commonly completed by Kinesiology students on the [School of Exercise Science, Physical and Health Education website](#).

CO-OPERATIVE EDUCATION

Co-operative education is an optional addition to the Kinesiology major. Co-operative education involves alternating academic terms in class with terms in paid employment related to your studies. You can add or remove co-operative education from your degree program at any time.

Kinesiology students participating in co-operative education must complete EPHE 100. EPHE 100 is a short duration seminar in which the requirements for completing work terms are discussed. EPHE 100 involves minimal course work. To maximize scheduling opportunities for completing your work terms you are strongly encouraged to register in EPHE 100 as soon as you are admitted to your program (i.e., in Year 1), however, EPHE 100 may also be taken in the Sep-Dec term of Year 2 (i.e., depending on when you intend to complete your work terms).

Further information about co-operative education is available from the [EPHE Co-operative Education Coordinator](#).

PROGRAM & COURSE NOTES

This worksheet is provided as a guide to when you might take specific courses. However, you may need to depart from the recommended sequence for a variety of reasons. You should note that some courses must be taken before other courses and some courses may only be offered in specific terms. If you depart from the recommended sequence you need to take account of these constraints when planning your registrations.

If you have a scholarship, bursary, student loan or a Vikes athlete you may be required to maintain registration in a minimum number of courses in a term or session. You should check these requirements with the body providing the aid before reducing your course load.

FACULTY & UNIVERSITY REQUIREMENTS

In addition to the courses listed for the Kinesiology major, you must complete at least 30 of the minimum 60 required units required for your degree at UVic. Within these 60 units, 21 units must be 300- or 400-level courses, and 18 of those 21 units must be taken at UVic. Most students automatically fulfill these requirements when completing their Kinesiology major.

All UVic undergraduate students must maintain a sessional grade point average of at least 2.00. Students completing a Kinesiology major must maintain a sessional grade point average of at least 3.00. You can find more information about minimum grade point average requirements in the [Academic Calendar](#).

STUDENT RESPONSIBILITIES

You are responsible for the completeness and accuracy of your registrations and for determining the requirements of your program.

Always read the [Academic Calendar](#) and timetable descriptions associated with a course before you attempt to register in that course to determine if you have any necessary prerequisites and to determine if there are any restrictions associated with registering in the course. Pay particular attention to notes on mutually-exclusive and cross-listed courses (i.e., pairs of courses in which credit will be awarded for only one course).