



ANNUAL STUDENT MENTAL HEALTH EVENT

Together we thrive: Inspiring community
action on mental health

Tuesday, January 19th, 2016

4:00 – 6:00 p.m. Bob Wright Lecture Hall/Foyer (B150)

Open to students, staff and faculty. No charge – No registration (Doors open at 3:45)

Keynote presenters:



DR. SHIMI KANG
Mental Health Specialist
Award-winning Medical Doctor
Researcher - Best-selling Author
Popular TEDx Speaker



GILLIAN CARLETON
UVic Student
Olympic Medalist
Mental Health Champion

and featuring

STUDENT PERFORMANCE: A mental health story weave

Post-presentation reception with light refreshments | uvic.ca/mentalhealth

INSPIRE.
EDUCATE.
ACT.



UVic Student
Mental Health Initiative



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