

Gender Affirming Care Resources

Health Navigation Team in BC

<http://www.phsa.ca/transcarebc/care-support/access-care/navigate-care>

Hormone Information

<http://www.phsa.ca/transcarebc/hormones>

Counselling Information & Groups at the Student Wellness Centre

<https://www.uvic.ca/student-wellness/events-workshops/group-counselling-sessions/index.php>

Peer Support Directory

<http://www.phsa.ca/transcarebc/care-support/peer-community-support/srvc-directory>

<https://www.uvic.ca/research/transchair/what-we-do/events/index.php>

Surgery Information

<http://www.phsa.ca/transcarebc/surgery>

Support with Social Transitioning

<http://www.phsa.ca/transcarebc/care-support/transitioning>

Trans Care BC Health-Related Resources

<http://www.phsa.ca/transcarebc/health-professionals/pt-materials>

2SLGBTQIA+ Liaison Nurses at Royal Jubilee and Perinatal Services at Victoria General Hospitals

<https://www.islandhealth.ca/our-services/diversity-equity-inclusion-services/2slgbtqia-liaison-nurses>

Other Resources

<https://qmunity.ca/resources/i-heart-my-chest/>

<https://ctys.org/wp-content/uploads/2022/11/CTYS-FIT-Guide-2020-English-1.pdf>

Trans Lifeline

<https://translifeline.org/>