Instructor: Dr. Simon Carroll

Course Description:
Notions of health, wellness and who is deserving of health care are socially-constructed concepts. This course begins with an examination of some of the main sociological ways of conceptualizing and studying health across the life course. We then examine social factors and social institutions that shape individual health trajectories. The course concludes with a discussion of interventions to promote equitable health across the life course.

Course Outcomes/Objectives:
Students will learn about the theoretical basis of the life course approach to health and well-being; including sociological and demographic approaches, the social determinants of health approach and the health promotion perspective. Students will learn how social relations impact health and health inequity between populations at each developmental stage of the life course, as well as cumulatively over the entire course of a human life.

Course Pre/Co-requisites:
N/A

Topics May Include:
Social Determinants of Health
Health Promotion
The Life Course Approach
Early Childhood Development
Adolescent Health and Development
Early Adulthood
Mid-life
Older Adulthood
Stigma
Colonialism
Interventions to Promote Health across the Life Course

1 This online outline is only intended to give an overall sense of the course. Detailed course outlines will be made available for all registered students on the first day of class. Only those outlines are to be considered official.
Required Resources May Include:

Resources are posted on Coursespaces;