

Meet Our Faculty

Department of Psychology
University of Victoria




Land Acknowledgement

The Psychology Department at the University of Victoria would like to acknowledge and respect the lək'wəŋən peoples on whose traditional territory the university stands and the Songhees, Esquimalt and W̱SÁNEĆ peoples whose historical relationships with the land continue to this day.

Counselling & Resource Support

- **Mental Wellness Help Line for Indigenous Peoples**

 Phone: 1-855-242-3310

 Online chat: <https://www.hopeforwellness.ca/>

(Both available 24/7. Phone chat available in English, French, Cree, Ojibway, & Inuktitut)

- **Here2Talk**  www.here2talk.ca

All registered B.C. post-secondary students have access to free counselling and community referral services, 24/7 via app, phone and web.

- **Crisis Services Canada** (24/7 hours support for all Canadians):  833-456-4566

- **Crisis Support Services** (24/7 hours support for all Americans):  800-273-8255

This presentation was created in response to an event invitation that the Psychology Department receive from the Office of Indigenous Academic and Community Engagement.

We look forward to this and future events where we can continue to develop positive relationships with the Indigenous community.

Faculty Joining for Event

- | | | |
|-----------------------------------|--|---------------------------------|
| 1) Natasha Wawrykow | wawrykow@uvic.ca | Clinical Psychology |
| 2) Paweena Sukhawathanakul | paweenas@uvic.ca | Lifespan Health and Development |
| 3) Jim Tanaka | jtanaka@uvic.ca | Cognition and Brain Sciences |
| 4) Emily Haigh | emilyhaigh@uvic.ca | Clinical Psychology |

Department of Psychology Faculty

Dr. Megan Ames



Dr. Megan Ames' Connection to Land

Traditional lands of the Songhees, Esquimalt, WSÁNEĆ, and Lekwungen peoples of the Coast Salish Nation



Traditional lands of many Indigenous nations from the Anishinabewaki, the Haudenosaunee, and the Attiwonderonk (Neutral) peoples. I acknowledge the current treaty holders, the Mississaugas of the Credit First Nation.





Dr. Megan Ames, R. Psych.

Position: Assistant Professor, Clinical Psychology Program

Courses: Undergraduate – 300A, 332, 462
Graduate – Clinical Assessment (585, 586b)

Research interests:

- depression and mental health in adolescence
- mental health benefits of physical activity
- supporting postsecondary students with autism spectrum disorders (ASD)

mames@uvic.ca



Opportunities for students: research activities including data collection and assisting in literature reviews, website design and branding



Dr. Louise Chim



Dr. Louise Chim (she/her/hers)

ASSOCIATE TEACHING PROFESSOR

Teaches undergraduate courses:

- Introduction to psychology
- Statistical methods in psychology
- Cultural psychology

Research Interests:

- Scholarship of teaching and learning (specifically related to cultural context, emotion, and statistics education)
- Works together with undergraduate students on the occasional PSYC 390 or 490 (Independent studies in Psychology) and honours theses

Feel free to reach out to me via e-mail:

- chim@uvic.ca

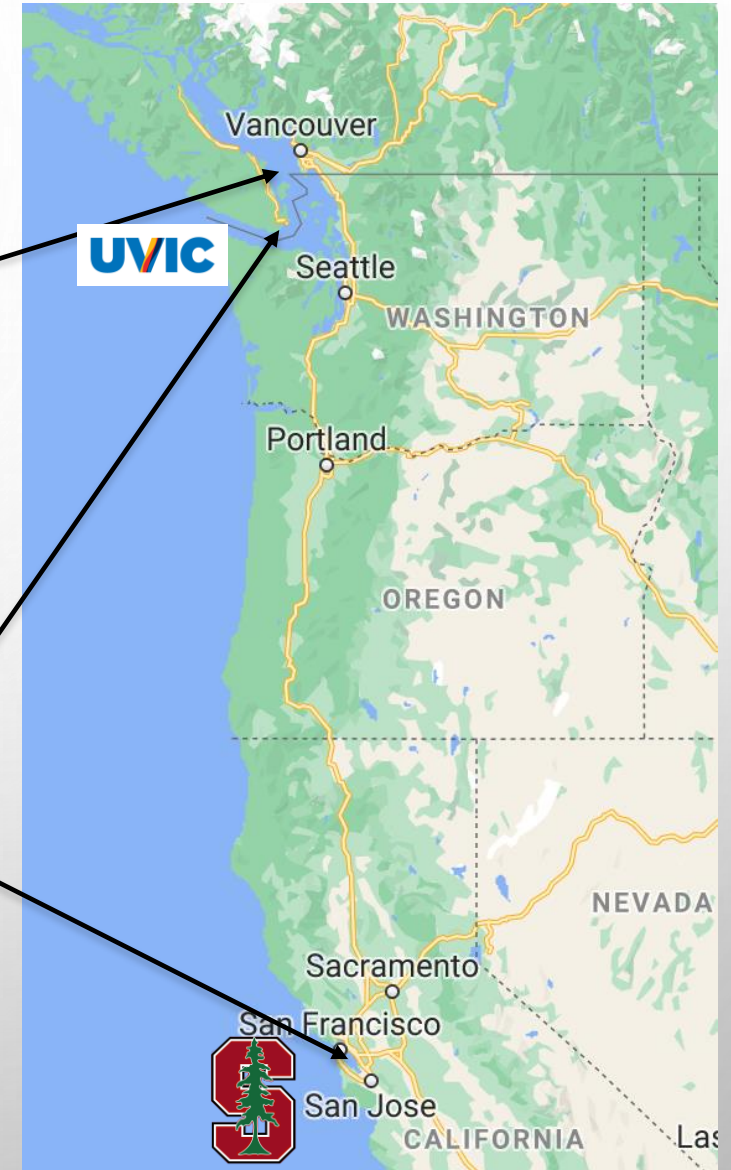


Dr. Louise Chim's Connections to Land

Chinese-Canadian raised on the unceded territories of the x^wməθk^wəy'ə̃m (Musqueam), S_kwx_wú7mesh (Squamish), Selí'witulh (Tseil-Waututh) Nations

Received my PhD on the unceded lands of the Muwekma Ohlone Tribe

Currently lives and works on the traditional territories of the Songhees, Esquimalt and the WSÁNEĆ peoples.



Dr. Cathy Costigan



6. Current:

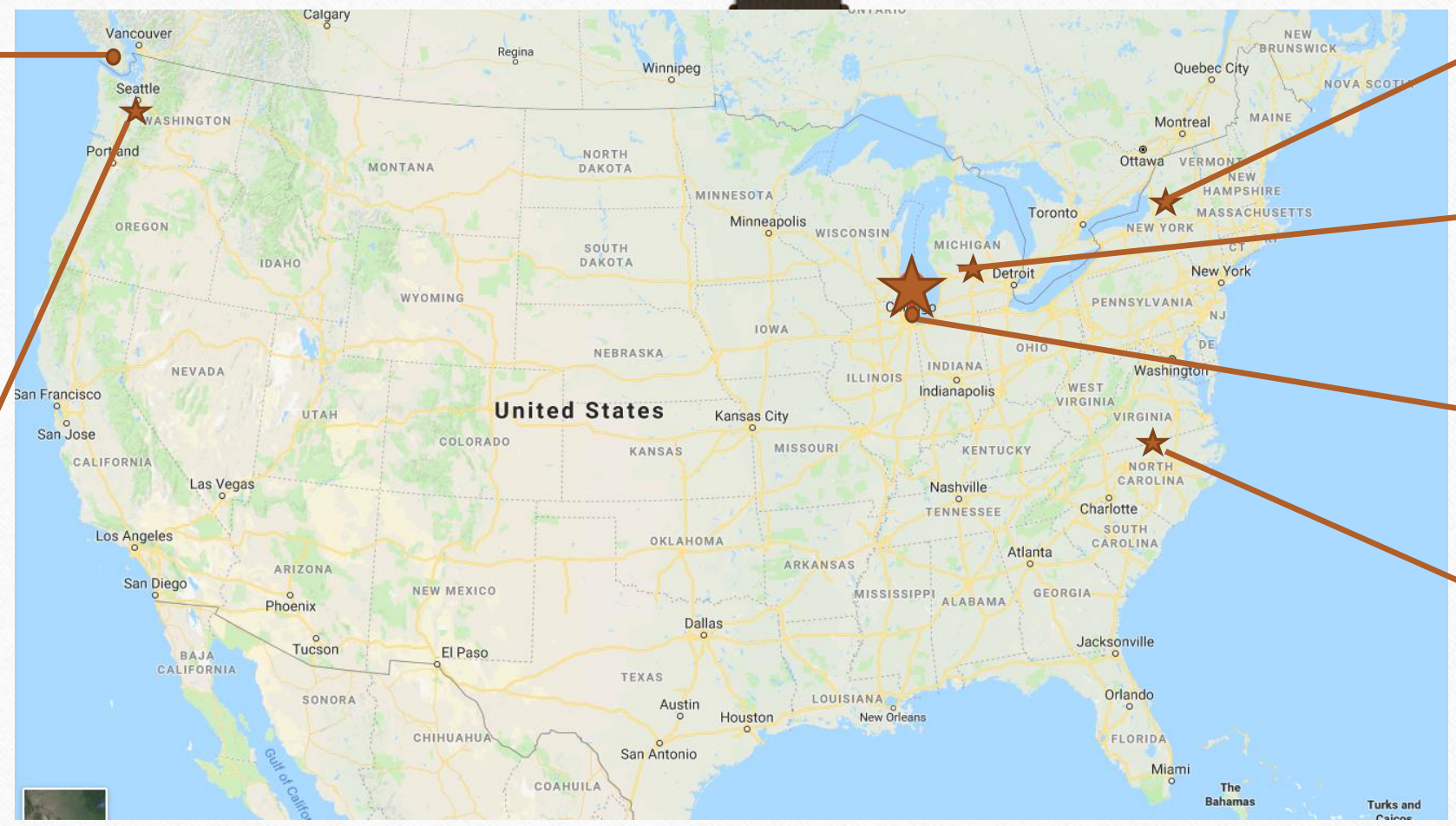
Traditional territory of the WSANÉĆ (Saanich), Lkwungen (Songhees), Wyomilth (Esquimalt) peoples of the Coast Salish Nation



University of Victoria

5. Post Doc:

Original lands of the Stillaguamish, Duwamish, Muckleshoot, and Suquamish peoples of the Coast Salish territories



2. University: Original lands of the Susquehannock, Haudenosaunee, and Odḡwejə:de? (Cayuga) peoples

3. Grad School: Original lands of the Peoria, Anishinabewaki, Odawa, Mississauga, and oḡaakiiwaki·hina·ki (Sauk) peoples

1. Childhood: Original lands of the Peoria, Kiikaapoi, Bodéwadmiké (Potawatomi), Myaamia, and Očhéthi Šakówiŋ peoples

4. Grad School 2: Original lands of the Eno, Lumbee, Skaruhreh/Tuscarora (North Carolina), and Shakori peoples

Dr. Cathy Costigan's Connection To Land

Dr. Cathy Costigan

Professor, Department of Psychology
Clinical Psychology Program

➤ **Research: BRANCH lab**

<https://onlineacademiccommunity.uvic.ca/branchresearch/>

Our research focuses broadly on the health and well-being of immigrant and refugee families after settling in Canada, with a special focus on family relationships.

Throughout our work, we aim to recognize the agency and resources of families to live meaningful lives and contribute to society while also recognizing the very real traumas, stressors, and structural barriers that they experience.

➤ **Teaching:** Undergraduate and graduate courses e.g., Psychology of Diversity, Child and Youth Mental Health



Email: costigan@uvic.ca

Dr. Emily Haigh

Dr. Emily Haigh



- Anishinaabe from Robinson Huron Treaty Territory (mom's side) and English-settler (dad's side)
- Chief Mungo Martin Research Chair in Indigenous Mental Health & Associate Professor in Clinical Psychology Program
- Research → apply Indigenous knowledges and methods to study of mental health
- Teaching → *Introduction to Indigenous Mental Health & Healing* (PSYC 191)
- Training → mentor psychology students interested in making positive impact in Indigenous mental health and wellbeing

Dr. Maria Iankilevitch

Dr. Maria Iankilevitch's Connection To Land



Traditional territory of the WSANÉĆ (Saanich), Lkwungen (Songhees), Wyomilth (Esquimalt) peoples of the Coast Salish Nation



University of Victoria

Traditional territory of the Anishinaabeg, the Chippewa, the Haudenosaunee, the Wendat, and the Mississaugas of the Credit



GLENDON



YORK
UNIVERSITY



UNIVERSITY OF
TORONTO

Dr. Maria Iankilevitch

(yan-ki-lai-vich)

- Assistant Teaching Professor
Department of Psychology,
Social Psychology Stream
- Some of my role as a teaching-stream faculty:
 - ❖ Teaching of undergraduate courses
e.g., PSYC387: Stereotyping, Prejudice, and
Discrimination; PSYC300A/B: Statistical Methods
in Psychology I and II
 - ❖ Service and research related to best teaching
practices and to relationships between
different social groups



Dr. Adam Krawitz

Dr. Adam Krawitz

- Associate Teaching Professor
Cognition and Brain Sciences Program,
Department of Psychology
- My path to UVic:
 - East Chicago, Indiana → Columbia, Missouri →
Brown University → University of Michigan →
Indiana University → University of Victoria!
- Courses I teach include:
 - Introduction to Mind and Brain
 - Sensation and Perception
 - Cognitive Psychology
 - Computational Beauty of Mind
 - Cognitive Neuroscience of Decision Making
- Research interests:
Computational cognitive neuroscience of working memory, executive control, and
decision making
- Other interests:
Family, outdoors, Ultimate, cycling



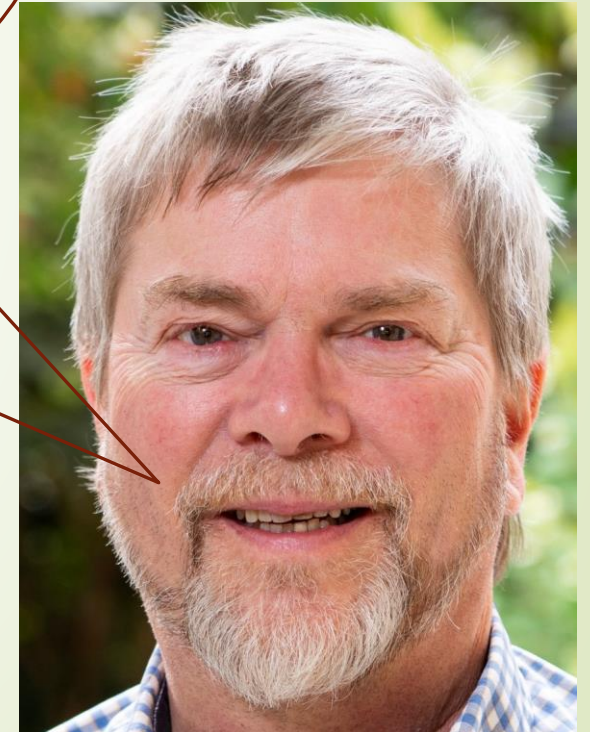
Dr. Steve Lindsay

Psychology Department Chair

Hi! I study the cognitive processes that give rise to subjective experiences such as remembering, believing, and doubting.

I often teach research methods (PSYC 201) and cognitive psych of memory (PSYC 451).

I'm nearing the end of the 2nd year of a 3-year sentence as Chair of Psychology.



Steve Lindsay

Dr. Nigel Mantou Lou

Dr. Nigel Mantou Lou Connection To Land



Dr. Nigel Mantou Lou 盧文滔

- Assistant Professor
Social Psychology Program, Department of Psychology

Email: nigellou@uvic.ca
- Teaching:
 - ❖ Social Psychology (2nd-year level)
 - ❖ Cross-cultural psychology (3rd-year level)
 - ❖ Psychology of Migration (4th-year level Community-Engaged course)
- Research:
 - ❖ Learning Motivation
 - ❖ Cross-cultural Psychology and intercultural relations
 - ❖ Mental health
- Service:
 - ❖ International Student Liaison in psychology department
 - ❖ Equity, diversity, and inclusion committee member



Dr. Jodie Gawryluk



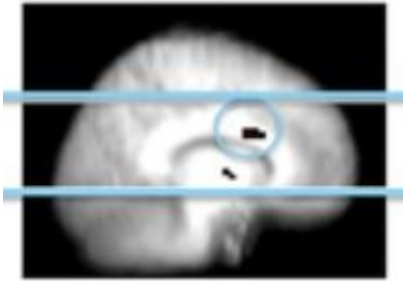
Jodie Gawryluk, Ph.D., R.Psych

Clinical Neuropsychologist



+

Neuroscientist



I am originally from Manitoba, the lands of the Anishinaabeg, Cree, Oji-Cree, Dakota and Dene peoples, and homeland of the Métis Nation and am grateful to be a visitor on the traditional territory of of the WSÁNEĆ, Lkwungen, Songhees and Esquimalt peoples.

- Associate Professor, Department of Psychology; Division of Medical Sciences
- Co-lead of Brain Health, Institute on Aging and Lifelong Health

Undergraduate Courses:

- Introduction to Human Neuropsychology (PSYC351B)
- Advanced Biological psychology (Neuroimaging methods) (PSYC 451D)

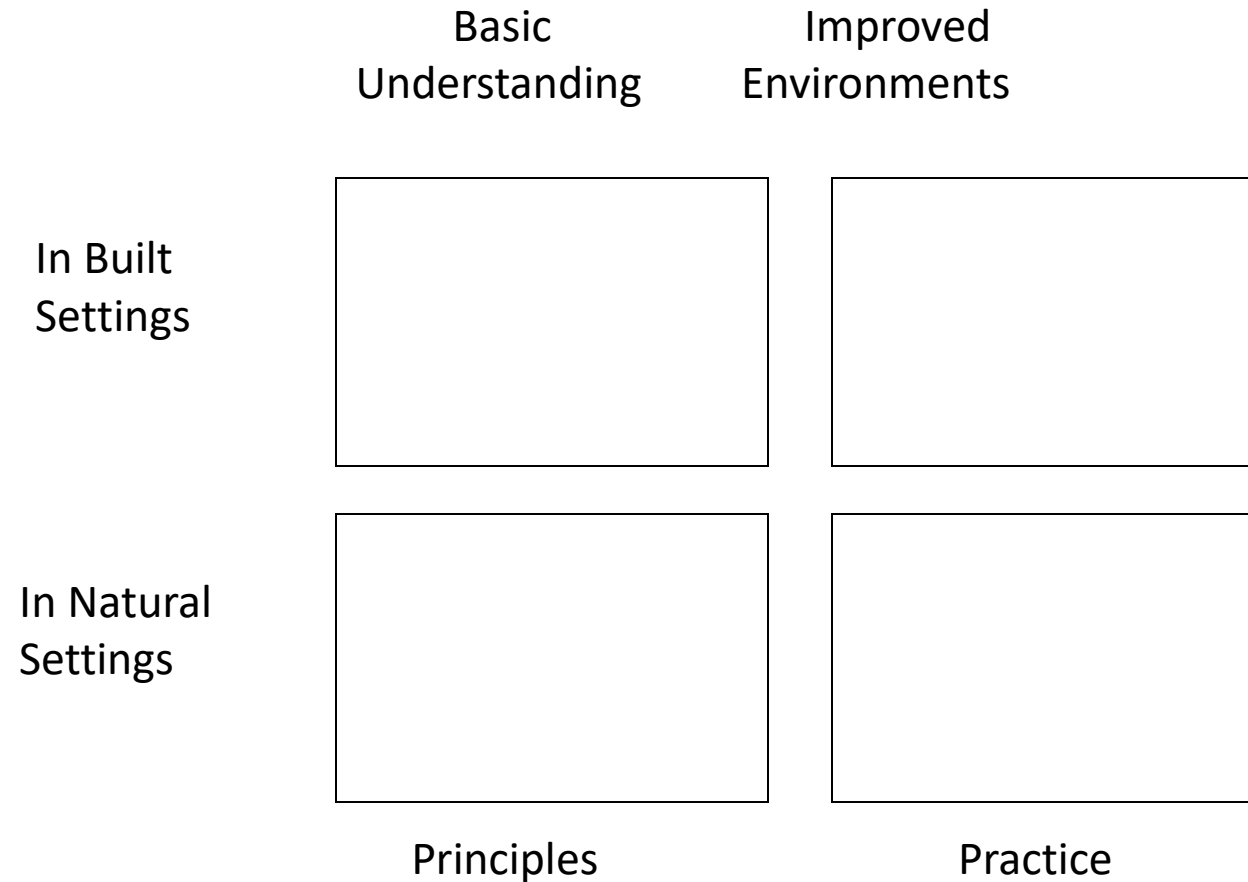
Dr. Robert Gifford

Environmental Psychology is...

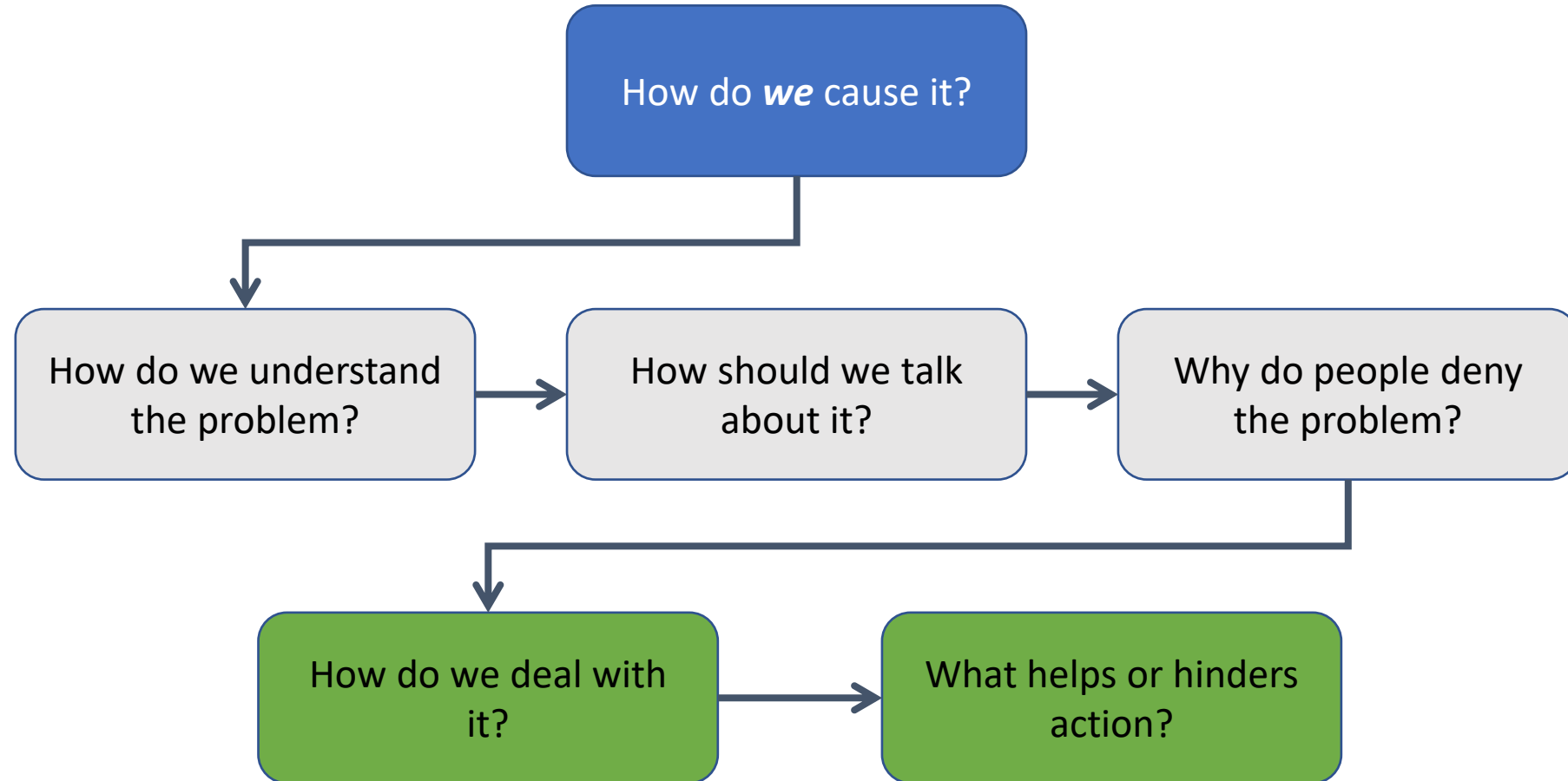
The study of transactions between individuals (and small groups) and all their physical environments, both built and natural.

When was the last time you were nowhere??

Environmental Psychology's Four Quadrants



The Psychology of Climate Change: Overall



My Job: To Help Fix This

Robert Gifford



What was that bump?



Dr. Sarah Macoun



Dr. Sarah Macoun's Connection to Land

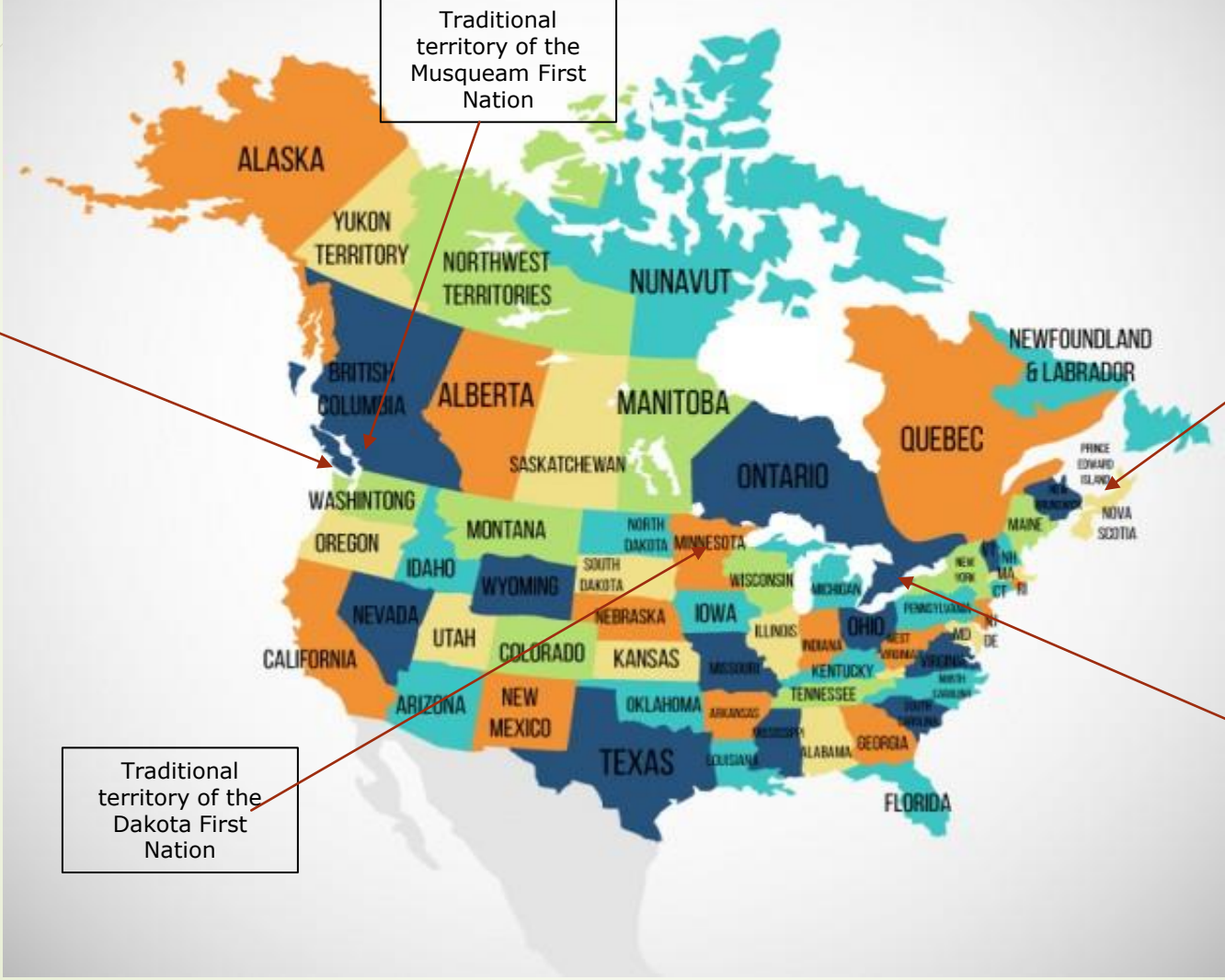
Traditional territory of the **WSÁNEĆ** (Saanich), Lkwungen (Songhees), Wyomilth (Esquimalt) peoples of the Coast Salish Nation

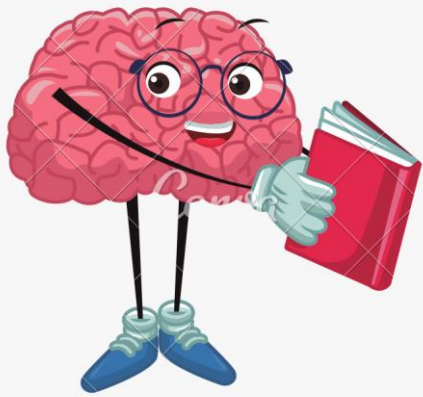
Traditional territory of the Musqueam First Nation

Traditional territory of the Mi'kmaq First Nation

Traditional territory of the **Mississaugas of the Credit**, the Anishnabeg, the Chippewa, the Haudenosaunee and the Wendat First Nation

Traditional territory of the Dakota First Nation





Dr. Sarah J. Macoun, R.Psych.

Assistant Professor
Department of Psychology
Clinical Psychology Program

➤ Teaching

- Undergraduate and Graduate Courses (e.g., Learning and Developmental Disabilities, Autism Spectrum Disorders)

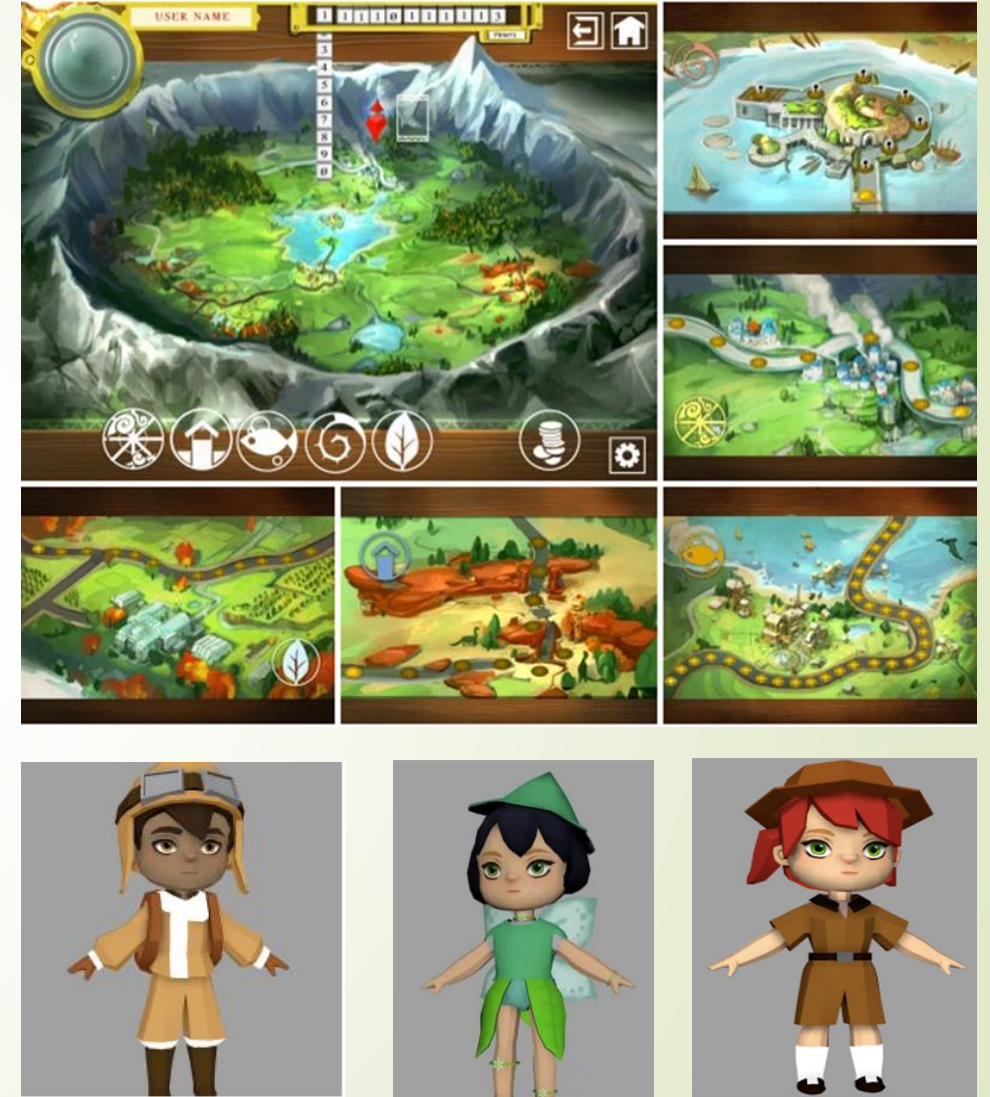
➤ Research

- Our research is focused on developing accessible, affordable, and effective treatment options for children with Neurodevelopmental Disabilities
- We are also focused on better understanding a range of Neurodevelopmental Disabilities to aid early identification and treatment and improve quality of life
- Projects: Service delivery to children/families with NDDs in COVID-19; FASD Assessment in Adult Women Parents; Dino Island



The Dino Island intervention for Children

Serious Games: Capitalizing on Videogames for Treatment In Children with Neurodevelopmental Disorders



Core members of our Team



Dr. Ulrich Mueller



Dr. Ulrich Mueller



I was born in Parsau (Lower Saxony), Germany, very close to the border that once divided West and East Germany. I am grateful to be living as a guest on the unceded territory of the Songhees, Esquimalt and W̱SÁNEĆ peoples whose historical relationships with the land continue to this day.



Child Development Lab

Please contact us at umueller@uvic.ca if you are interested in joining us or learning more!

Research Interests

I am a lifespan psychologist, and my research focus is on the development of children.

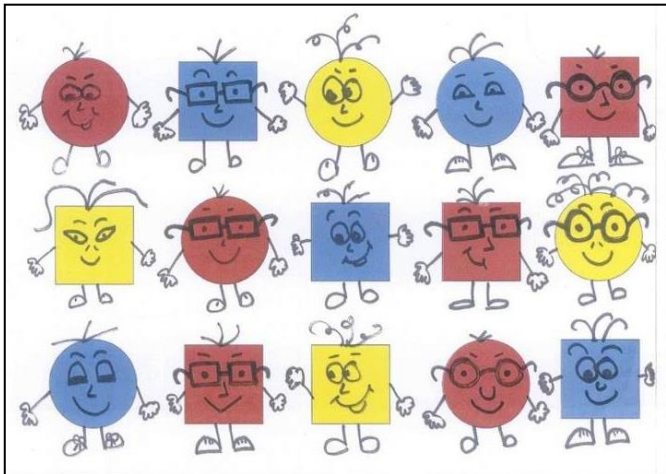
- I am primarily interested in the cognitive and social development of preschool children, and how language as well as parenting influences children's problem solving and social understanding.
- I have also done research on the effects of nature kindergartens on children's motor, cognitive and social skills as well as their nature-relatedness.
- More recently, I have started to conduct research on the effects of electronic media on a variety of different developmental and health outcomes.

How do we study children?

- We study children in our lab, in preschools, kindergartens, and schools, and, more recently, online
- We use standardized assessments, experiments, questionnaires, interviews, and observe parent-child interaction and children's behaviour in their natural setting.
- We conduct longitudinal (i.e., follow the same children over months or years) and cross-sectional studies (i.e., comparing children at different ages at one point in time).

Research Team

- Currently, there are 7 graduate students, 2 honours students, and 2 undergrad volunteers in the research team.



Dr. Jhotisha Mugon

Dr. Jhotisha Mugon

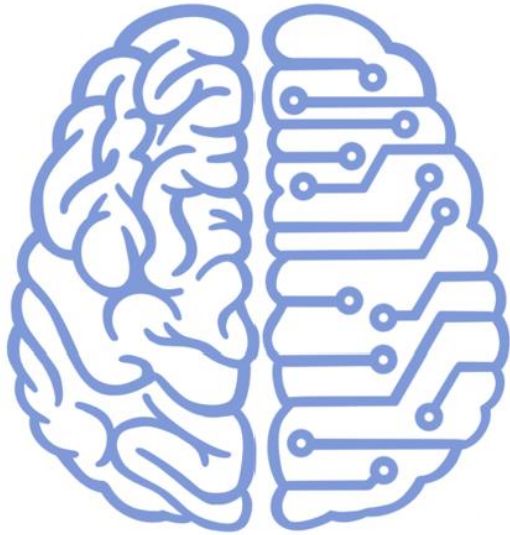


- Assistant Teaching Professor, Department of Psychology
 - Areas: Cognition and Brain Sciences; Social Psychology
- Some of the undergraduate courses I teach include:
 - Introductory Psychology (PSYC 100A/B)
 - Social Psychology
 - Biopsychology
- I am also interested in research on the Scholarship of Teaching and Learning and, helping students research potential career paths
- Previously, I lived in Kitchener-Waterloo, Ontario on the traditional territory of the Neutral, Anishinaabeg and Haudenosaunee peoples

Dr. Theone Paterson



Dr. Theone Paterson



BRAIN Lab



Contact: tpaterson@uvic.ca

Lab Website:



Dr. Paterson is an assistant professor in the Clinical Psychology program

She conducts research and teaches both undergraduate and graduate courses at UVIC

She is a registered clinical psychologist with specialization in neuropsychology

Dr. Paterson's Current Research

See Dr. Paterson's UVic Psychology Profile for more info! (scan here)



- One current project examines the impact of COVID-19 on adults' cognitive and psychosocial functioning.
- We're examining the impacts of COVID-19 by comparing those who have had COVID-19 and those who haven't on tests of:
 - Memory & Attention
 - Decision-making and thinking speed
 - Language
 - Mood, Anxiety, and daily functioning
- Other project look at psychological impacts of the pandemic, vaccine confidence, use of mHealth apps to maintain health, among other things.

Dr. *Andrea Piccinin*

Dr. Andrea Piccinin

(PITCH-in-in)

-
- Professor , Department of Psychology, Lifespan Development and Health
Email: piccinin@uvic.ca
 - Research Interests:
 - ❖ Adult cognitive development: impact of physical and mental health, and other risk and protective influences
 - ❖ ADHD and aging, including transition to adulthood and late-life
 - Courses I teach:
 - ❖ PSYC201: Research Methods
 - ❖ PSYC435e: Advanced Adult Development and Aging
 - ❖ PSYC533: Multivariate Statistics



Dr. Andrea Piccinin's Connection To Land

Traditional
territory of the
W̱SÁNEĆ
(Saanich),
lək̓ʷəŋən
(Songhees),
Wyomilth
(Esquimalt)
peoples of the
Coast Salish
Nation



University
of Victoria



Anishinaabeg,
Wahnapiatae
territory

Algonquin,
Mohawk
territory

Dr. Jill Robinson



Dr. Robinson comes to UVic from Treaty 4 Territory in Saskatchewan

Dr. Jill Robinson

(she/her)

- Assistant Teaching Professor and Clinic Director
Department of Psychology, Clinical Psychology Program
- Teaching:
 - Undergraduate Mental Health and Wellbeing stream classes (e.g., Intro to Mental Health, Intro to Clinical Psychology)
 - Clinical Psychology Graduate classes
- Service:
 - Clinic Director at the UVic Psychology Clinic
- Research:
 - Examining substance use and youth/adult perceptions, attitudes, and thoughts about substances (e.g., cannabis, psilocybin)

Dr. Jonathan Rush

Dr. Jonathan Rush Connection To Land

Traditional territory of the WSÁNEĆ (Saanich), Lkwungen (Songhees), Wyomilth (Esquimalt) peoples of the Coast Salish Nation



University of Victoria



Anishinaabe, Wahnapiitae territory

Dr. Jonathan Rush

Assistant Professor

Department of Psychology,
Lifespan Health and Development Program

Teaching

Statistical Methods

Research

- Day to day factors contributing to health and well-being throughout adulthood
 - E.g., physical activity, mindfulness, stress, climate change distress
- Mobile health (mHealth) methodologies



Dr. Paweena Sukhawathanakul

Dr. Sukhawathanakul's

Connection To Land



Dr. Paweena Sukhawathanakul

(su-ka-wa-ta-na-kun)

-
- Assistant Professor
Department of Psychology,
Life-span Health and Development Program
 - Teaching: Infant and child development;
adolescence
 - Research:
 - Positive Youth Development
 - School-based mental health promotion
 - Injury Prevention
 - Substance use, bullying and peer victimization



Dr. Colette Smart

Research at SMARTLab

<http://web.uvic.ca/~smartlab/>

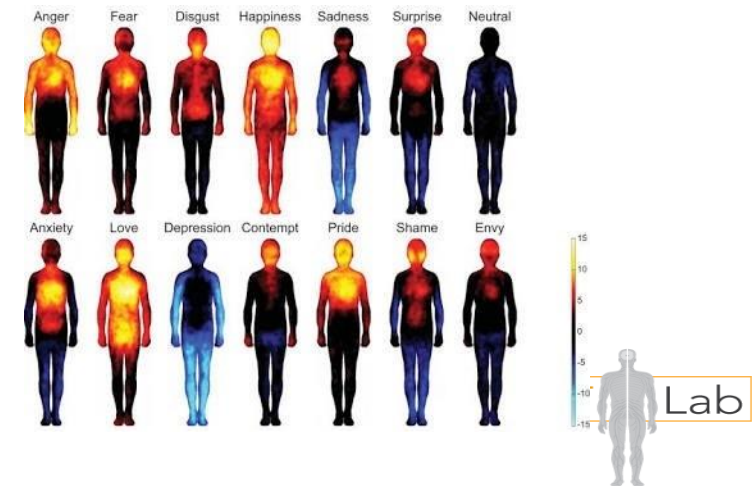


University
of Victoria



Overview of Research

- Understanding how we **self-regulate** our attention, emotion, and interoceptive (embodied) awareness
- The specific role of self-regulation as a mechanism underlying **trauma and resilience**; looking at trauma through a neuropsychological lens
- Structured **mind-body interventions** to enhance self-regulation, such as mindfulness, yoga, and conscious dance (“mindful dance”)
- **Multi-method approach** using questionnaires, cognitive testing, HRV, and experience sampling methodology



Current Projects

- Examining the impact of **adverse childhood experiences** on resilience and exam performance in **PSYC undergraduates**
- The impact of **EMDR** (trauma therapy) on early recovery from **concussion**
- Can intensive **interoceptive training** promote physical health and mental well-being in **medical populations?**
- Development of a **conscious dance and expressive arts** program for survivors of **trauma**

Dr. Jim Tanaka





Jim Tanaka
Professor

Brain & Cognitive Sciences

I'm 3rd generation Okinawan –
Okinawans are indigenous people who
were colonized by Japan in 1879.



Okinawa, Japan



Taminato, Okinawa
(pop. 60)

Places that I have lived:

- Chicago, Illinois
- Los Angeles, Calif.
- Las Vegas, Nevada
- Honolulu, Hawaii
- Santa Cruz, Calif.
- Eugene, Oregon
- Pittsburgh, Pennsylvania
- Oberlin, Ohio
- Victoria, BC (since 2003)

DIFFERENT MINDS ACADEMY PHILOSOPHY

Different Minds Academy is a science-based consortium of educators specializing in optimizing learning for neurodiverse and gifted populations.



Dr. Brianna Turner





Risky Behaviour Lab



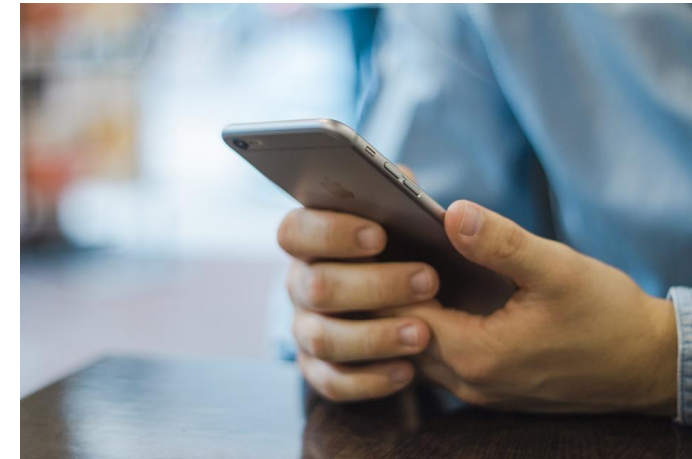
Our Goal: Enhance understanding of when and why people engage in behaviours that can result in harm, how these behaviours affect their lives, and how we can offer better support to reduce impact and promote wellbeing.

Areas of focus include non-suicidal self-injury, suicidal thoughts and behaviours, disordered eating, and substance use.

Our Methods:

- *Longitudinal* (e.g., following young adults over months or years to understand their development)
- *Micro-longitudinal* (e.g., using an app to collect very short surveys many times per day)
- *Epidemiological* (e.g., examining nationally representative samples to understand who is affected)
- *Qualitative/participant-led* (e.g., focus groups to inform research questions, methods and dissemination)

Our Team: Currently 1 postdoctoral fellow, 5 graduate students, 2 honours students, and 4 undergrad volunteers. We often have openings for new volunteers and work-study students each Fall and Spring. Please contact us at research@riskybehaviourlab.com if you are interested in joining us or learning more!



Dr. Natasha Wawrykow

Dr. Natasha Wawrykow's Connection To Land

Traditional, ancestral, and unceded territory of the Musqueam people



Traditional territory of the WSÁNEĆ (Saanich), Lkwungen (Songhees), Wyomilth (Esquimalt) peoples of the Coast Salish Nation



University of Victoria



Original lands of the Anishinaabeg, Cree, Oji-Cree, Dakota and Dene peoples, and homeland of the Métis Nation

Dr. Natasha Wawrykow

(war-AH-co)

- Assistant Professor
Department of Psychology,
Clinical Psychology Program
- Some of my role as a teaching-stream faculty:
 - ❖ **Indigenization Advisor**
Office hours: Fridays, 10am-11:30am
Email: wawrykow@uvic.ca
 - ❖ Teaching of undergraduate and graduate courses
e.g., Promoting Reconciliation Between the Field of
Psychology and Indigenous Peoples
 - ❖ Service and relationship development with
Indigenous communities

