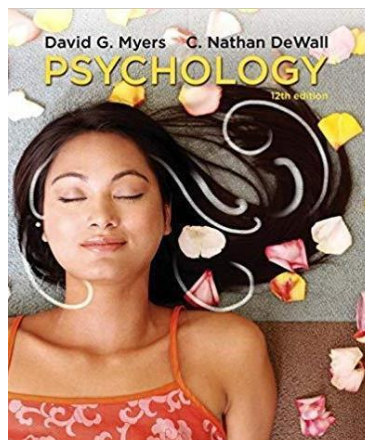


Psychology 100B



Introductory Psychology II

Social and Applied Emphasis
Summer Term (June) 2022 (31315)



Psychology 100B – Introductory Psychology II

Social and Applied Emphasis

Summer Term (June 02 - 24) 2022

MTWTHF 10:30 – 12:30

HSD A240

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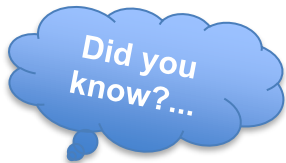
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WELCOME TO PSYCHOLOGY 100B

I acknowledge with respect the lək'wəḡən peoples on whose traditional territory the University of Victoria stands, and the Songhees, Esquimalt, and WSÁNEĆ peoples whose historical relationships with the land continue to this day. We are all extremely privileged to learn, work, and play on this beautiful territory.

Hello!

On behalf of the Department of Psychology and as the instructor of this course, I welcome you to Psychology 100B! This is an intensive 3-week course and I've put a lot of thought into how to deliver this course in a way that helps you understand and apply important theories and concepts. I am passionate about psychology and hope to engage those of you interested in majoring in psychology, as well as those of you who are non-psychology majors, in reflecting on how psychology can be used to tackle important issues in our communities and more broadly, in the world. I hope this course will interest and challenge you.



...that Introductory Psychology is one of the most popular classes in post-secondary institutions world-wide? Psychology, as a field of study, has obvious intrinsic appeal: exploring the nature and causes of human behaviour is exciting!

Yet the very familiarity of psychology can pose a problem. Although we believe we have good, common-sense views of psychology, our perspectives are fundamentally shaped by our personal experiences, contexts, and folk wisdom. Our perspectives might not all be wrong, but they can sometimes interfere with our approaching the study of behaviour from other points of view. I am here to help you explore this issue both in this course and in the future, if you advance in further psychology courses.

This semester, we have up to 100 UVic students taking this course and I hope to engage in conversations with as many of you as I can. I encourage you to take the initiative and make contact with me during my office hours, after class, or by e-mailing me.

I wish you the best for a successful and productive learning experience in Psychology 100B!



Dr. Jessica Rourke (she/her)
Instructor
jrouke@uvic.ca



Erin Lowey (she/her)
Teaching Assistant
elowey@uvic.ca

WHOM SHOULD I CONTACT IF I HAVE A QUESTION?

With up to 100 students in this course alone, it can take us a day or two to respond to your email – we thank you in advance for your patience and understanding! **Often, questions we receive could have been answered with information in this course syllabus!** Please, before you send us a question, check if the answer is in this course syllabus or elsewhere on Brightspace. Another option is to check if your peers know the answer (e.g., post your question in the relevant discussion forum section on Brightspace!).

If the above ideas don't yield you an answer, use the table below to determine whom to contact with your question/comment. **In your subject heading, please include "PSYC 100B" and in your signature, please include your first and last name as well as your student number.**

If you have questions/comments regarding:	Contact:
<ul style="list-style-type: none"> • Course and exam accommodations • Exam scoring, make-up exams • Online quizzes or assignments 	Erin: elowey@uvic.ca
<ul style="list-style-type: none"> • Class material 	Dr. Rourke: jrouke@uvic.ca
<ul style="list-style-type: none"> • Textbook material 	Erin elowey@uvic.ca or Dr. Rourke: jrouke@uvic.ca
<ul style="list-style-type: none"> • Research participation bonus points 	Research participation coordinator Dr. Grouzet: p100res@uvic.ca
<ul style="list-style-type: none"> • Technical issues with computer, e-mail, Brightspace, NetLink ID, login, password problems 	Computer help desk (helpdesk@uvic.ca ; 250-721-7687)

MATERIALS: WHAT WILL I NEED FOR THIS COURSE?

Required Text

- Myers, D. M. and DeWall, C. N. (2018). *Psychology* (12th ed.) New York: Worth Publishers.

Launchpad (online study resource) comes included with the textbook if you purchase it through the UVic bookstore. Although not required for the course, I recommend purchasing it, as it will help in your learning of the course material. You can purchase the textbook through the UVic Bookstore. I recommend ordering your textbook as soon as possible because it may take some time for you to receive it (even the ebook!).

You have the option to purchase a new textbook in one of two ways: as an ebook **OR** as looseleaf pages that go into a binder

Both options include access to Launchpad and an online version of the text (at the publisher's Launchpad website – see "Launchpad – Optional Online Resource Material" below for more information).

To purchase your textbook (and Launchpad), go to the UVic bookstore website then search for Psyc 100B A01: <https://www.uvicbookstore.ca/text/>

After purchase, **to access the textbook online ("Launchpad")** go to:

Course website will be inserted on Brightspace

Launchpad - Optional Online Resource Material

If you purchase your textbook from the bookstore, you will also receive an access code for the textbook online site (Launchpad). This site contains extra quizzes and videos to help with your understanding of the course material. Although recommended, it is not mandatory to do the "extras" on Launchpad for this course.

To access the textbook online ("Launchpad") go to: [Link will be inserted on Brightspace](#)
Please bookmark the page to make it easy to return to.

- If you have problems registering, purchasing, or logging into Launchpad, please contact the publisher's Customer Support. You can reach a representative 24 hours a day, 7 days a week through the online form, by chat: <https://community.macmillan.com/community/digital-product-support/college-students-support-community> or from 9 a.m. to 3 a.m. EST, 7 days a week by phone: 1-800-936-6899.

Required Technology

iClicker Personal Response System is needed to participate in class to earn up to 3% of your final mark.

There are two options: *See page 11 and Brightspace for information about creating your iClicker account.

- 1) iClicker Student Mobile App: This application can be used on a personal device (laptop, smartphone, or tablet). If you purchase a 12th edition textbook through the UVic Bookstore, it comes with a **free subscription** to the online iClicker software. To receive your 3% participation points, you must create an account (<https://student.iclicker.com/#/login>).
- 2) iClicker 2: This is a physical remote that can be purchased at the bookstore new or used (it will be usable in other courses that use iClickers) and can be sold back to the UVic bookstore just like with textbooks. Only second-generation iClickers can be used (if you use the original iClicker you may not be able to respond to all the questions in class). To receive your participation points, you must register your remote online at <http://www.uvic.ca/iclickerreg>, not the iClicker.com website.

Not required, but...did you know Microsoft 365, including access to OneDrive storage and Microsoft Office applications, is available to all students? Instructions at: <https://onlineacademiccommunity.uvic.ca/O365/>

Course Website

The PSYC 100B website is accessible through Brightspace (<https://bright.uvic.ca>) and includes all course material, recordings of lectures, chapter summaries, quizzes, assignments, and exam information. To access Brightspace you need a valid UVic **NetLink ID**. To register, go to the Netlink website (<http://netlink.uvic.ca/>) and follow the directions. If you cannot access our Brightspace site after receiving your NetLink ID, contact the computer helpdesk (helpdesk@uvic.ca; 250-721-7687).

- **At first, you'll only see the section "Getting Started"** which contains a territorial acknowledgment, an introduction from your instructor, the course syllabus, information on how to access the textbook and Launchpad, and general tips to help you be successful in this course. **Complete the syllabus quiz in that section to unlock the rest of the available course material.**
 - **Why do I have to complete a syllabus quiz?** The syllabus is the most important document in this course and often, questions students have about the course can be answered with information from this document, so it's important you are familiar with it.

WHAT IS THIS COURSE ABOUT?

Psychology is an exciting and complex scientific discipline and is an essential part of the helping professions. I have designed PSYC 100B to provide an overview of:

- the main areas, concepts, findings, and methods of modern psychology
- various theoretical perspectives and professional orientations within psychology

- scientific methods of gathering information and forming conclusions from the study of human behaviour and functioning
- psychological principles from diverse perspectives that serve as a foundation for taking more advanced courses in psychology and related disciplines
- biological, social, and cultural factors that influence behaviour and mental processes
- how psychological principles help people lead better, healthier lives, and solve real world problems
- how to locate and utilize psychological research information

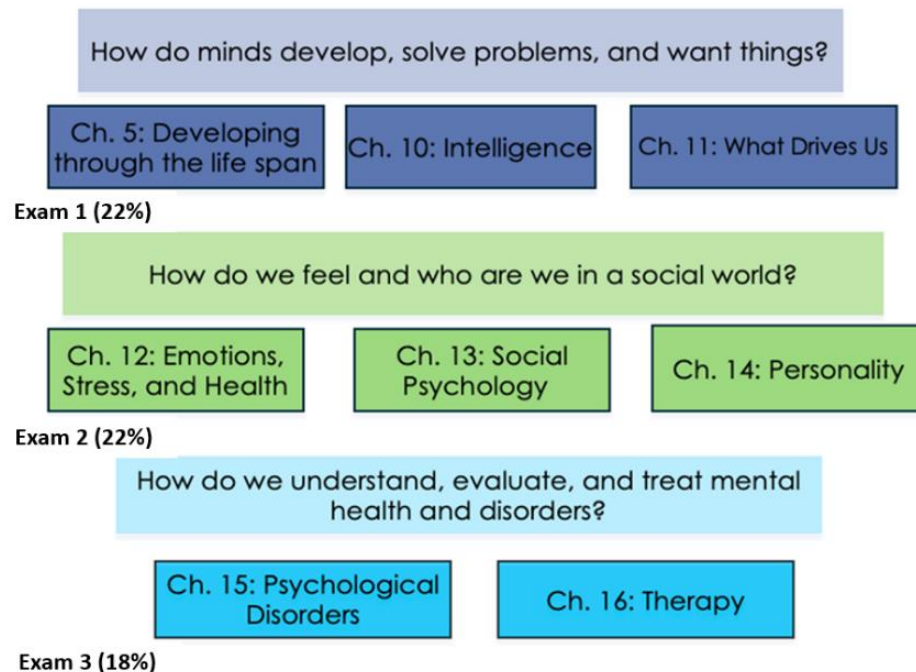
Whereas PSYC 100A focuses on the historical, methodological, biological, learning, and cognitive aspects of psychology, PSYC 100B focuses on lifespan development, human intelligence, social psychology, personality, psychological disorders, and psychological treatment. You do not have to take PSYC 100A before or after you've completed PSYC 100B, but please be aware that if you wish to take any further courses in psychology at the University of Victoria, you must complete both PSYC 100A and 100B.

WHAT IS THE FORMAT OF THIS CLASS?

Each weekday, we will meet in class for lecture. Each week on Brightspace, Modules corresponding to a chapter in the textbook and relating to one or two days of class, will be released. Each Module will contain:

- **Textbook reading.** One assigned textbook chapter for you to read and a chapter summary highlighting important concepts from the textbook.
- **Chapter quiz.** A short online quiz related to the chapter material (prior to exams, there will also be a pre-exam quiz). Quizzes are there to help you stay on track with your reading! You only need to submit 8 of the 11 quizzes.
- **Assignments.** There are 4 assignments in this course. Information about upcoming assignments will appear in the Modules.

UVIC PSYC 100B Graphic Syllabus



Tentative Course Schedule

Day	Topic; Reading	Exams/Notes	Assignments Due 11 PM	Quizzes Due 11 PM
June 02, 03	Module 1: Ch. 5 Introduction to course; Development	Submit things before the last minute, to avoid technical issues – late submissions will not be accepted.		
		June 04: last day to drop courses and receive 100% of tuition fees	A1 – Sat June 04	
June 06	Module 2: Ch. 10 Intelligence		A2 – Mon June 06	Q1 (Ch 5) Mon June 06
June 07	Module 3: Ch. 11 What Drives Us			Q2 (Ch 10) Tues June 07
June 08, 09	Module 4: Ch. 12 Emotions, Stress, and Health	June 10: last day to drop courses & be reimbursed 50% of tuition fees		Q3 (Ch 11) Wed June 08
				Q4 (pre-exam 1: Ch 5, 10, 11) Thurs June 09
JUNE 10	Exam 1 (Fri June 10) - Ch 5, 10, 11 <i>Exams are completed in class, beginning at 10:30am. There is no class lecture afterwards.</i>			
June 13, 14	Module 5: Ch. 13 Social Psychology	June 13: Final day to submit request for alternative to research participation bonus credit	A3 CTT option 1 June 12 (you must complete 1 of 2 options)	Q5 (Ch 12) Mon June 13
				Q6 (Ch 13) Tues June 14
June 15, 16	Module 6: Ch. 14 Personality	June 16: last day to drop courses without penalty of failure	A3 CTT option 2 June 15 (you must complete 1 of 2 options)	Q7 (Ch 14) & Q8 (pre- exam 2: Ch 12, 13, 14) Thurs June 16
JUNE 17	Exam 2 (Fri June 17) - Ch 12, 13, 14 <i>Exams are completed in class, beginning at 10:30am. There is no class lecture afterwards.</i>			
June 20, 21	Module 7: Ch. 15 Psychological Disorders	** Monday June 20th class will consist of short, pre-recorded lectures and online activities. We will NOT be meeting in person that day. You may watch the lectures and complete the activities at any point in time that day.	A4 CTT option 1 June 19 (you must complete 1 of 2 options)	Q9 (Ch 15) Tues June 21
June 22, 23	Module 8: Ch. 16 Therapy; Course Wrap-up		A4 CTT option 2 June 22 (you must complete 1 of 2 options)	Q10 (Ch 16) & Q 11(pre- exam 3: Ch 15, 16) Thurs June 23
		Last day for Research Bonus Points: Friday June 24, 5pm		
JUNE 24	Exam 3 (Fri June 24) - Ch 15, 16 <i>Exams are completed in class, beginning at 10:30am. There is no class lecture afterwards.</i>			

HOW WILL MY PROGRESS BE EVALUATED / FINAL GRADE BE CALCULATED?

I've devised many ways for you to obtain marks in this course. Your final grade in this course is based on the following criteria:

Percent of grade	Evaluation tool	Date(s)
22%	Exam 1 (Chapters 5, 10, 11)	Fri June 10 (in-class exam beginning at 10:30am)
22%	Exam 2 (Chapters 12, 13, 14)	Fri June 17 (in-class exam beginning at 10:30am)
18%	Exam 3 (Chapters 15, 16)	Fri June 24 (in-class exam beginning at 10:30am)
12%	Online Quizzes (due by 11pm)	June 06, 07, 08, 09, 13, 14, 16 (2 quizzes), 21, 23 (2 quizzes) It's in your best interest to complete all 11 quizzes... You are asked to complete 8 of the 11 quizzes
3%	iClicker participation (in-class)	On most class days, you can obtain iClicker participation points and will begin on Monday June 06. To receive full points, you only need to receive participation marks for approximately 72% of the classes
23%	Assignments (due by 11pm; each one builds upon the previous one)	<p>Assignment 1: Saturday June 4 – APA formatting (3%)</p> <p>Assignment 2: Monday June 6 – Primary research annotated bibliography (4%)</p> <p>Assignments 3 – Critical thinking topic: (8%)</p> <ul style="list-style-type: none"> Sunday June 12 OR Wednesday June 15 (you choose) <p>Assignments 4 – Critical thinking topic: (8%)</p> <ul style="list-style-type: none"> Sunday June 19 OR Wednesday June 22 (you choose)

In addition, there are **bonus points for research participation, up to a maximum of 3% (See “Extra Credit for Research Participation” section on page 13 for details).*

***I suggest you complete all course requirements, however, please note, **you must complete all 3 exams** to receive credit for this course. Students who do not complete all 3 exams will receive an “N” (failing) grade.*

****In accordance with the [University's policy on academic concessions](#), “A student who completes all course requirements is not eligible for an academic concession”. Consequently, students can only request deferrals for the completion of the 3 exams (required components) of this course.*

Cutoff Points for Marks

A+	A	A-	B+	B	B-	C+	C	D	F
90-100	85-89	80-84	77-79	73-76	70-72	65-69	60-64	50-59	0-49

Exams (62%)

You will write three multiple choice exams in class. Exams are non-cumulative (they only cover material since the previous exam). All course material is testable (lectures, textbook chapters, etc.). Exams will begin promptly at 10:30am on exam days. You are responsible for attending exams as scheduled.

What do I do if I miss an exam due to illness?

Contact your TA, Erin (elowey@uvic.ca), as soon as possible and explain why you missed the exam (you do *not* have to submit the *Request for Academic Concession* form as it only applies to exams that are written in the final exam period). Erin will inform you when your make-up exam will be held. **If you miss an exam and*

fail to **contact Erin within 2 days of the exam date**, we will consider you to have missed a major course requirement and will assign an N mark (failure due to not completing a course requirement) for the course.

What do I do if I require special arrangements for exams due to a disability:

1. You must be officially registered with the Centre for Accessible Learning – please see <https://www.uvic.ca/services/cal/onlineservices/register/index.php> for more information. We will automatically be informed of your registration with them.
2. Prior to your exam, if you have any questions about your accommodation, please contact your TA, Erin (elowey@uvic.ca).

Quizzes (12%)

Why do you assign online quizzes?

The online chapter quizzes are meant to give you an added incentive to keep up with your reading in the course (this is especially important in a 3-week course!) and to give you some practice in utilizing and applying the concepts and studies discussed in the textbook.

- If your experience matches that of students in previous years, you'll find the quizzes beneficial because they help to motivate and structure your studying.
- The quizzes consist of a total of 11 quizzes: 8 chapter quizzes designed to encourage you to complete the necessary pre-class readings and 3 pre-exam quizzes designed to encourage you to study in advance of each exam. You are only asked to **complete 8 of the 11** quizzes (although I recommend you complete them all – **only your top 8 marks will count toward your grade!**)

I strongly advise you complete quizzes prior to the last minute, that way, you'll have time to seek help if you have technical issues, or if you get sick the day the quiz is due. Late submissions will not be accepted.

What if I miss an online quiz?

You will have 11 quiz opportunities but only your best 8 of the 11 will count toward your grade. If you miss one, it can simply be dropped as one of your 3 “freebies.” The 8-out-of-11 system is designed to give you flexibility incase circumstances keep you from completing the quiz on time.

If you choose to discard your flexibility early in the course and then something comes up later, you will unfortunately have no other option than to accept a low (or zero) mark on a quiz. **Because you can miss 3 quizzes and still obtain full marks for the quiz component, there are no additional opportunities to complete make-up quizzes for any reason (including illness).** The “extra” three quizzes are considered as make-up quizzes.

What if I have technical issues logging on or completing the quiz?

Brightspace will close the quizzes automatically at the designed due dates and times (11pm *PST*) on the schedule (p. 7). Please make sure you have completed the quiz *BEFORE* this time – due date extensions will not be permitted. I strongly suggest you attempt the quizzes at least one day prior to the due date, to allow you time to reach out for assistance if you encounter any issues.

- **If you have a technical problem completing a quiz:** contact the Computer Help Desk (helpdesk@uvic.ca; 250-721-7687). Please indicate whether you are having a NetLink or Brightspace problem.
- If you are still stumped, contact your TA, Erin (elowey@uvic.ca).

Assignments (23%)

Twenty-three percent of your grade in PSYC 100B is derived from your completion of 4 assignments that you will submit on Brightspace. Each assignment will build upon previous ones.

Assignment 1 (3%) introduces you to APA formatting (7th edition). An understanding of APA formatting will be required for your other assignments in this course.

Assignment 2 (4%) requires you to find a peer-reviewed source related to a topic of interest to you. You'll need to create an annotated bibliography (APA-formatted reference and a summary of a scientific journal article).

Assignment 3 (8%) is a *critical thinking topic* and involves answering a posted forum discussion question that may include one or more sub-questions. Your response should address all the sub-questions, integrate scientific research, demonstrate accurate knowledge of the material, and should **not** be an unsupported opinion. In other words, you need to do some academic research to support your response! For this assignment, you have 2 options for your submission date.

Assignment 4 (8%) is the same as Assignment 3, giving you the opportunity to implement feedback from Assignment 3 to work toward improvement. For this assignment, you also have 2 options for your submission date.

Why these specific assignments?

Exams and quizzes assess your learning of material covered in lectures, the textbook, and participation activities. The assignments go a bit outside of that and are designed with the following goals in mind:

- Curiosity and research are critical components to success in university. These assignments give you an opportunity to ask and answer relevant questions that go beyond what you learned in lectures and the textbook.
- Assignments 3 and 4 will be posted as a discussion forum. Learning from your peers and contributing to their learning experience are core aspects of the university experience. This assignment will give you the opportunity to share information and ideas about different topics with your classmates and to learn from the ideas and reasoning of your classmates.
- Effective research and writing are foundational to succeeding in university. These assignments will help you learn how to search for, read, and summarize psychology research articles and use the articles to support your reasoning.
- Work written in psychology must be formatted using the American Psychological Association (APA) style (currently, the 7th edition of that style). These assignments give you the opportunity to learn how to engage in scholarly writing by correctly using APA 7th edition style in your writing, in-text citations, and references.

What if I miss an assignment deadline?

- Because the assignments build upon one another, it is important you submit on time so we can give you the feedback you need to submit the next assignment. However, if you miss the deadline, it is possible to submit late. To reward those who do complete on time, there will be a 5% grade deduction per late day.
 - If you need an extension on an assignment due to illness or a personal emergency, please contact us and we'll do our best to work something out.

iClicker Participation (3%)

Three percent of your final grade will be based on your in-class participation using the iClicker Personal Response System. Please note, the iClicker Student (formerly iClicker Reef) app/program is included for free when you purchase your textbook through the UVic bookstore. If you want a physical iClicker remote, you may of course purchase that, but it is not necessary.

Why do we use Clickers in class?

Clickers are used as a way to work together through questions posed in class. When used effectively, Clickers can increase your ongoing engagement and involvement, promote a safe environment to communicate your answers, and create lively discussions in class. Clickers can also provide immediate feedback about your understanding of the class material and help your instructor figure out how to improve your understanding of a concept.

How do I receive points for using my iClicker in class (follow the **3 steps** outlined below)?

Step 1:

1a. If you have the [iClicker Student Mobile app](#) (free if purchased textbook from UVic bookstore)

- Create an account (<https://student.iclicker.com/#/login>) with your campus email address and then make sure you add your correct student ID number (e.g., "V00123456") to your profile section. **If you are using the app, you must register this way to receive participation marks** in the course.
- Download the iClicker Student app iOS or Android app from your iTunes or Play store.
- Enter your access code (received when you purchased a new textbook from the UVic bookstore. If you did not purchase your textbook from the bookstore, you can purchase an iClicker Student app subscription from the bookstore). Follow these steps to enter your access code in your account:
 - Log in to your iClicker account using a web browser (**access codes cannot be entered via the smartphone or tablet apps**). If you are using a smartphone or tablet, simply use the web browser on your device to follow the steps below.
 - Click the "Menu" icon in the upper left corner and select "Subscriptions"
 - Click "Polling"
 - Click "Enter Access Code" and enter the code
 - Click "Submit" (clicking submit more than once can give you an error message, so click the back arrow to see when your subscription expires if you get an error message)

1b. If you have a physical [iClicker 2 Remote](#) (looks like a TV remote)

- If you prefer not to use the iClicker student app with your own device, you can instead purchase an iClicker remote from the UVic bookstore (<https://www.uvicbookstore.ca/>) for a price of approximately \$60.00.
- **If you are using the iClicker remote, you must register your remote this way to receive participation marks** in the course:

- Go to <http://www.uvic.ca/iclickerreg> and sign in with your UVic Netlink ID – you should be taken directly to the iClicker registration page; or, log into the UVic portal (<http://www.uvic.ca/mypage>) and click on **Student Services** (left-hand menu) and click on the **iClicker tab** (top menu bar).
- Enter your iClicker’s serial number and click “submit”. Note that iClicker serial numbers do not contain letter O’s, only number 0’s.
- For answers to frequently asked questions about the iClicker see: <http://www.uvic.ca/systems/support/learningteaching/iclicker/>

Step 2:

Bring your own iClicker remote or personal device with the iClicker app to classes to participate. Our first 2 days of class will just be “practice” classes. Participation points will begin on June 06.

- If you have the iClicker Student App: You will need to **add our course** to your course list by selecting the “+” button, typing in your institution (“University of Victoria”) and then searching for the course (“PSYC 100B”).
 - Make sure you select the right section (A01). Once you confirm you have found the right course, click, “Add this Course” and it will show up on your list.

Step 3:

Attend at least 8 of the 11 iClicker classes. iClicker points will be based on participation in PSYC 100B classes on the following 11 dates: June 06, 07, 08, 09, 13, 14, 15, 16, 21, 22, 23

If you participate in clicker questions in 72% or more of the above 11 classes (i.e., in 8 or more classes), you will receive the maximum 3% toward your final grade.

Participating in 8 or more of the possible iClicker classes will earn you your full 3% toward your final grade. If you participate in fewer than 8, you will receive the following percentages:

7 classes: 2.63%	5 classes: 1.88%	3 classes: 1.13%
6 classes: 2.25%	4 classes: 1.5%	2 classes: 0.75%
		1 class: 0.38%

What if I miss an iClicker class?

Because you only need to participate in 8 of 11 iClicker classes, the additional iClicker classes serve as “make-up” classes for missed ones (e.g., because of illness, sporting events, low batteries, forgotten iClicker, technical malfunction, etc.). No additional opportunities are offered, nor will your grade be prorated.

It is an academic infraction to use or bring another student’s iClicker to class, or to lend your iClicker to another student. This will be treated similarly to other academic infractions (e.g., cheating on an exam) and subject to university disciplinary procedures. Please remember iClickers provide you with an opportunity to enhance your in-class learning, and it is expected you will cooperate in making the system work to help you and your colleagues learn.

When will I see my iClicker participation grades?

Updated iClicker records will be posted to our Brightspace page (under “Grades”) within a few days after Exam 1 and after Exam 2. Your final iClicker totals will be posted shortly after Exam 3. If you have a question about your final iClicker points, please address this within 2 business days of Exam 3 as final

course grades are calculated shortly after Exam 3, and your iClicker totals, as posted, are used to calculate your final grade.

It is important that you check your clicker record by June 14 to make sure you have at least one clicker point posted, and you are receiving correct credit for your clicker participation. Only students who have a posted record on Brightspace of at least one iClicker point by this date will be eligible to receive any iClicker points for the term. **Students who do not have any posted clicker points by June 14 will receive 0 on their final clicker total (out of 3%)** regardless of iClicker activity after that date. This deadline is in place to ensure that any iClicker registration issues are rectified early in the term, and to encourage students to begin their iClicker participation as early as possible.

If you have questions about your iClicker points, please contact your TA Erin (elowey@uvic.ca), or drop into Erin's office hours (posted on Brightspace).

Bonus Research Participation (+3%)

Information about how to sign up for research participation is available on Brightspace.

An important component of this course is for you to learn about research in psychology. Faculty and advanced students in the Department of Psychology conduct research throughout the year, performing studies exploring processes such as social interaction, perception, memory, problem solving, and communication. I encourage you to participate in this research, and as part of this encouragement, I have arranged for you to earn extra credit toward your course mark by participating in approved research.

By participating in such research projects you will experience first-hand how psychological research is done. Once your participation is complete, you will receive a full description of the purpose of the research.

- In most projects, your participation involves having your responses recorded or measured as you perform a task or complete a questionnaire. A departmental committee has reviewed and approved all the projects available to you for bonus points, and the projects have also been approved by the University's Human Research Ethics Board.
- The aim of these research projects is not to evaluate your personal abilities, but to explore various features of human behaviour and discover how they change under different conditions. Researchers will protect your confidentiality. Your performance (i.e., the responses you make) will have no effect on your course marks.
- You will receive 0.25 points for each 15 minutes (or part thereof) of participation, up to a maximum of 3 points. You may participate in as many projects as you wish, but you will receive no more than 3 points for this class, and you may not carry over points from one term to another. *Note that although I have set 3 points to be a maximum, the opportunity to earn all 3 points may not be available, as this depends on the number of research projects requiring participants.*
- You may participate in any given project only once. The last day for participation in experiments for extra credit is the last day of classes (Friday June 24, 5pm PST).

If you do not wish to, or cannot, participate in research studies for any reason, but still wish to have the opportunity to earn an equivalent amount of extra credit, you may contact your instructor (jrouke@uvic.ca) no later than June 13 to arrange for an alternative option involving written assignments.

WHAT ARE YOU EXPECTING FROM ME?

Psychology is a scientific discipline, and it requires considerable thought and time to develop an understanding of psychological research and principles. I expect you to complete the assigned daily materials, to attend and engage in class (and office hours when needed), and to spend the necessary amount of time each day, outside of class time, toward mastering the course material.

Attend class sessions and office hours (if needed)

Attending our daily classes will help to increase your understanding of the material and provide you with opportunities to engage with and discuss the material with the instructor, TA, and your classmates. I encourage you to bring your questions and ask for clarification, or to bring examples that you found useful in illustrating some of the concepts.

Manage your time

Intensive summer courses can be tricky to complete if you don't stick to a schedule. Be prepared for exams by completing the assigned readings, chapter quizzes, and other assignments in accordance with the schedule provided above. Set aside blocks of time each day to work on the course material and make sure to attend class and drop into office hours (if needed) during the scheduled times.

Check the Brightspace website often

All course materials will be available through Brightspace: <https://bright.uvic.ca>

Conduct yourself appropriately

Please listen to and interact with others in a respectful manner. We are all very diverse and have different values, beliefs, opinions, and experiences – maintain an open mind to these differences. You may debate with others who hold opinions different from your own, but you must always remain respectful.

Provide constructive feedback

I always welcome ideas to improve this course and to facilitate learning. I encourage you to provide constructive feedback about your experiences in the course. Please send me an email or see me in office hours to discuss your suggestions.

Let me know if there are any special circumstances

Each of us learns in different ways and with varying degrees of success. If you know of any factors in your life that hinder your ability to learn up to your potential in this course, please contact the Centre for Accessible Learning (CAL: <https://www.uvic.ca/services/cal/index.php>). The CAL staff are available by appointment to assess specific needs, provide referrals, and arrange for appropriate accommodations. I will automatically be notified if you receive any CAL accommodations.

Be discriminate in sending e-mails to you instructor and TA

We really do want to hear from you! However, in a large course like PSYC 100, email "overload" can cause problems. Unrestricted or indiscriminate use of email to pose questions and ask for information can overwhelm the limited resources the TA and instructor have to answer emailed requests. To help us manage our email load, please follow these guidelines:

- Please include "PSYC 100B" in your email subject headline and your full name and student number in your signature. **Before you compose your e-mail**, check the course syllabus, your notes, with your classmates, and on Brightspace to see if you can locate the answer to your question.

When to email us:

- ✓ To notify your TA that you will have to miss an exam due to a medical emergency or a documented family emergency.
- ✓ To ask a simple, short question, e.g., “*What is the date and time of the make-up exam?*”
- ✓ To comment about course material, e.g., “*I was thinking about that case of dissociative identity disorder that you described in class, and I wondered if ...*” We are very happy to receive and respond to such comments. We also recommend that instead of emailing us a comment like that, you **pop into one of our office hours or chat with us before or after class!**
- ✓ To make a comment about something you liked or something you think could improve the course. Please be aware that specific, constructive comments are more useful than general ones.

When *not* to email us:

- ✗ When the answer to your question can be found in this course syllabus – please make sure you look through the syllabus before emailing us!
- ✗ To request a specific mark (assignment, exam, final grade, or bonus points). We post this information on the course website and expect you to access your marks there.
- ✗ To request information about *why* you received a particular mark. Please see your TA during office hours with such questions. These kinds of questions usually require a direct interpersonal interaction that is not effectively carried out *via* email.
- ✗ To ask for advice on improving your study techniques. This also requires a direct interpersonal interaction during office hours. Also, please see the section “Assessments” on Brightspace for some studying suggestions.

What can I Expect from my Instructor and TA?

We are available to help: We are available to help via e-mail and office hours. See section “Whom should I contact if I have a question” (page 4) to find the correct person to reach out to.

Please attend office hours for your more detailed or complicated questions. We will be available during office hours to discuss your grades, understanding of the material, or more generally your interest in Psychology.

We will give and receive feedback: We will be available in office hours to give feedback on the assignments and exams. We are also open to receiving constructive feedback about your experiences within the course.

To the best of my ability, I will upload a recording of live class sessions on Brightspace: I will post these recordings after class each day. Supplementary material, designed to provide more in-depth examples and information related to core concepts, may also be uploaded.

HOW CAN I DO WELL IN THIS COURSE?

Check that you have completed all the work. Keep up with the readings, lectures, quizzes, participate in iClicker questions in class, and complete assignments. These are designed to help you keep up with the material!

Because extra “make-up” quizzes (beyond those necessary to receive full marks) are already scheduled, additional make-up quizzes are not arranged. It is therefore important to submit things before the deadlines (to avoid technical problems or illness) and complete all required course components by the due dates.

Check your performance early in the course. Make sure you check your grades for the various components ahead of time so any discrepancies can be resolved early in the semester.

It is also important to check your marks on the exams. If you are not getting the marks you want, come to office hours to ask for help improving the way you study the material. At the end of the term, if you are short of your goal, **there are no extra opportunities to improve your grade.**

Create study groups. You can regularly meet in groups of 2 – 4 people (you can of course be more, but we’ve found that range to be ideal) to work through the material together. Not only can it be helpful to have others explain concepts to you, but it can also be helpful to have to explain concepts to others – in fact, that’s one of the best ways to learn!

SUPPORTING AN EFFECTIVE LEARNING ENVIRONMENT

Respect for Diversity

My intent is that:

- students from diverse backgrounds and perspectives be well-served by this course
- students' diverse learning needs be addressed
- the diversity that students bring to this class be viewed as a resource, strength, and benefit

I aim to present materials and activities that are respectful of diversity: gender, sexuality, ethnicity, race, culture, disability, age, socio-economic status, etc. Your suggestions are encouraged and appreciated. In a constructive way, please let me know how I might improve the effectiveness of the course for you personally or for other students or student groups.

This is an intensive 3-week summer course. A big part of creating an effective learning environment hinges on you managing your time and making sure you also carve out some time to relax. Please familiarize yourself with the various UVic supports and resources and please feel free to reach out to your instructor or TA if you have questions about supports and resources.

Thanks for taking the time to read through this syllabus – I’m looking forward to our class together!

Sexualized Violence Prevention and Response at UVic

UVic takes sexualized violence seriously, and has raised the bar for what is considered acceptable behaviour. We encourage students to learn more about how the university defines sexualized violence and its overall approach by visiting www.uvic.ca/svp. If you or someone you know has been impacted by sexualized violence and needs information, advice, and/or support please contact the sexualized violence resource office in Equity and Human Rights (EQHR). Whether or not you have been directly impacted, if you want to take part in the important prevention work taking place on campus, you can also reach out:

Where: Sexualized violence resource office in EQHR, Sedgewick C119

Phone: 250.721.8021

Email: svpcoordinator@uvic.ca

Web: www.uvic.ca/svp

UNIVERSITY OF VICTORIA
Department of Psychology

Important Course Policy Information
Summer 2022

Prerequisites

Students who remain in courses for which they do not have the prerequisites do so at their own risk. Students who complete courses without prerequisites ARE NOT exempt from having to complete the prerequisite course(s) if such courses are required for the degree program.

Program Requirements

For more information see the UVic Calendar May 2022

<https://www.uvic.ca/calendar/future/undergrad/index.php#/programs?expanded=>

Registration Status

Students are responsible for verifying their registration status. Registration status may be verified using My Page, View Schedule. Course adds and drops will not be processed after the deadlines set out in the current UVic Calendar.

Commitment to Inclusivity and Diversity

The University of Victoria is committed to promoting, providing and protecting a positive and supportive and safe learning and working environment for all its members.

In the Event of Illness, Accident or Family Affliction

- ***What to do if you miss the final exam scheduled during the last day of classes***

Apply at Records Services for a "Request for Academic Concession", normally within 10 working days of the date of the exam. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student's academic record.

OR, you can download the Request for Academic Concession form here:

<http://www.uvic.ca/registrar/assets/docs/record-forms/rac.pdf>

- ***What to do if you miss an exam other than one scheduled during the last day of classes***

Do not apply at Records Services for a "Request for Academic Concession". Instead submit documentation of the illness, accident or family affliction directly to your course instructor (or designated teaching assistant).

- ***What to do if you require additional time to complete course requirements***

Apply at Records Services for a "Request for Academic Concession", normally within 10 working days of the end of the course. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student's academic record.

OR, you can download the Request for Academic Concession form here:

<http://www.uvic.ca/registrar/assets/docs/record-forms/rac.pdf>

Policy on Academic Integrity including Plagiarism and Cheating

The Department of Psychology fully endorses and intends to enforce rigorously the Senate Policy on Academic integrity

https://www.uvic.ca/calendar/future/undergrad/#/policy/Sk_0xsM_V?bc=true&bcCurrent=08%20-%20Policy%20on%20Academic%20Integrity&bcGroup=Undergraduate%20Academic%20Regulations&bcItemType=policies. It is of utmost importance that students who do their work honestly be protected from those who do not. Because this policy is in place to ensure that students carry out and benefit from the learning activities assigned in each course, it is expected that students will cooperate in its implementation.

The offences defined by the policy can be summarized briefly as follows:

1. **Plagiarism.** You must make sure that the work you submit is your work and not someone else's. There are proper procedures for citing the works of others. The student is responsible for being aware of and using these procedures.
2. **Unauthorized Use of an Editor.** The use of an editor is prohibited unless the instructor grants explicit written authorization.
3. **Multiple Submission.** Only under exceptional circumstances may a work submitted to fulfill an academic requirement be used to satisfy another similar requirement. The student is responsible for clarifying this with the instructor(s) involved.
4. **Falsifying Materials Subject to Academic Evaluation.** This includes falsification of data, use of commercially prepared essays, using information from the Internet without proper citation, citing sources from which material is not actually obtained, etc.
5. **Cheating on Assignments, Tests, and Examinations.** You may not copy the work of others in or out of class; you may not give your work to others for the purpose of copying; you may not use unauthorized material or equipment during examinations or tests; and you may not impersonate or allow yourself to be impersonated by another at an examination. The Department of Psychology has a policy of not making old examinations available for study purposes. Therefore, use of old exams without the express written permission of the instructor constitutes cheating by the user, and abetting of cheating by the person who provided the exam.
6. **Aiding Others to Cheat.** It is a violation to help others or attempt to help others to engage in any of the conduct described above.

Instructors are expected to make every effort to prevent cheating and plagiarism. This may include the assignment of seating for examinations, asking students to move during examinations, requests to see student identification cards, and other measures as appropriate. Instructors also have available to them a variety of tools and procedures to check for Internet and electronic media-based cheating. In instances of suspected or actual plagiarism or cheating, instructors, following prescribed procedures, are authorized to take steps consistent with the degree of the offence. These measures will range from a zero on the test or assignment or a failing grade for the course, probation within a program to temporary or even permanent suspension from the University.

Rights of Appeal are described in the Policy on Academic Integrity in the University calendar May 2022.

The definitive source for information on Academic Integrity is the University Calendar

Other useful resources on Plagiarism and Cheating include:

1. The Ombudsperson's office: <https://uvicombudsperson.ca/academic-integrity/>
The [Office of the Ombudsperson](#) is an independent and impartial resource to assist with the fair resolution of student issues. A confidential consultation can help you understand your rights and responsibilities. The Ombudsperson can also clarify information, help navigate procedures, assist with problem-solving, facilitate communication, provide feedback on an appeal, investigate and make recommendations. Phone: 250-721-8357; Email: ombuddy@uvic.ca Web: uvicombudsperson.ca.
2. UVic Library Resources <https://www.uvic.ca/library/help/citation/plagiarism/index.php>
3. https://www.uvic.ca/library/research/citation/documents/avoiding%20plagiarism%20guideUpdate_Sept_2013.pdf

BE WELL



A note to remind you to take care of yourself. Do your best to maintain a healthy lifestyle this semester by eating well, exercising, getting enough sleep and taking some time to relax. This will help you achieve your goals and cope with stress. All of us benefit from support during times of struggle. You are not alone.

Social Life, Friends, & Community at UVic:

Having a social network is an extremely important foundation for positive mental health. There are lots of benefits to joining clubs, course unions, intramurals and teams on campus.

<https://www.uvic.ca/mentalhealth/undergraduate/connecting/index.php>

Counselling Services:

Counselling Services can help you make the most of your university experience. They offer free professional, confidential, inclusive support to currently registered UVic students. www.uvic.ca/services/counselling/

Health Services:

University Health Services (UHS) provides a full service primary health clinic for students, and coordinates healthy student and campus initiatives.

www.uvic.ca/services/health/

Centre for Accessible Learning:

The CAL staff are available by appointment to assess specific needs, provide referrals and arrange appropriate accommodations www.uvic.ca/services/cal/. The sooner you let us know your needs, the quicker we can assist you in achieving your learning goals in this course.

Elders' Voices:

The Office of Indigenous Academic and Community Engagement (IACE) has the privilege of assembling a group of Elders from local communities to guide students, staff, faculty and administration in Indigenous ways of knowing and being.

www.uvic.ca/services/indigenous/students/programming/elders/

Mental Health Supports and Services:

Mental health supports and services are available to students from all areas of the UVic community: www.uvic.ca/mentalhealth/undergraduate/