Psychology 100B

Introductory Psychology II

Social and Applied Emphasis
Summer Term (June) 2021
Psychology 100B – Introductory Psychology II
Social and Applied Emphasis
Summer Term (June 03 - 25) 2021
MTWTHF* 10:30 – 12:30
* This is a synchronous course: Class meets live each day

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WELCOME TO PSYCHOLOGY 100B

I acknowledge with respect the Lekwungen peoples on whose traditional territory the University of Victoria stands, and the Songhees, Esquimalt, and WSÁNEĆ peoples whose historical relationships with the land continue to this day. I feel extremely privileged to learn, work, teach, and play on this beautiful territory.

Hello!

On behalf of the Department of Psychology and as the instructor of this course, I welcome you to Psychology 100B! I know this is an intensive 3-week course and many are feeling discouraged that classes are still online, but let’s make the best of this situation and create a fun, engaging class environment! I’ve put a lot of thought into how to deliver this course online in a way that helps you understand and apply important theories and concepts. I am passionate about psychology and hope to engage those of you interested in majoring in psychology, as well as those of you who are non-psychology majors, in reflecting on how psychology can be used to tackle important issues in our communities and more broadly, in the world. I hope this course will interest and challenge you.

...that Introductory Psychology is one of the most popular classes in post-secondary institutions world-wide? Psychology, as a field of study, has obvious intrinsic appeal: exploring the nature and causes of human behaviour is exciting! Yet the very familiarity of psychology can pose a problem. Although we believe we have good, common-sense views of psychology, our perspectives are fundamentally shaped by our personal experiences, contexts, and folk wisdom. Our perspectives might not all be wrong, but they can sometimes interfere with our approaching the study of behaviour from other points of view. I am here to help you explore this issue both in this course and in the future, if you advance in further psychology courses.

This semester, we have over 100 UVic students taking this course and I hope to engage in conversations with as many of you as I can. I encourage you to take the initiative and make contact with me during my virtual office hours, before/after live online course interactions, or by e-mailing me.

I wish you the best for a successful and productive learning experience in Psychology 100B!

Dr. Jessica Rourke
Instructor
jrouke@uvic.ca

Lauren Matheson
Teaching Assistant
laurenmatheson@uvic.ca
WHOM SHOULD I CONTACT IF I HAVE A QUESTION?

With over 100 students in this course alone, it can take us a day or two to respond to your email – we thank you in advance for your patience and understanding! Often, the questions we receive could have been immediately answered because the answer is in this course syllabus! So... please, before you send us a question, check if the answer is in this course syllabus or other documents in Brightspace. Another good option is to check if your peers know the answer to your question (e.g., post your question in the relevant discussion forum section on Brightspace!).

If the above ideas don’t yield you an answer, use the table below to determine whom to contact with your question/comment. In your subject heading, please include “PSYC 100B” and in your signature, please include your first and last name as well as your student number.

<table>
<thead>
<tr>
<th>If you have questions/comments regarding:</th>
<th>Contact:</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Course accommodations</td>
<td>Your TA, Lauren A01: <a href="mailto:laurenmatheson@uvic.ca">laurenmatheson@uvic.ca</a></td>
</tr>
<tr>
<td></td>
<td>Your TA, TBA A02:</td>
</tr>
<tr>
<td>• Exam scoring, make-up exams, exam accommodations</td>
<td>Your TA, Lauren: <a href="mailto:laurenmatheson@uvic.ca">laurenmatheson@uvic.ca</a></td>
</tr>
<tr>
<td>• Online quizzes and assignments</td>
<td>Your TA, Lauren: <a href="mailto:laurenmatheson@uvic.ca">laurenmatheson@uvic.ca</a></td>
</tr>
<tr>
<td>• Posted lecture recordings</td>
<td>Your instructor, Dr. Rourke: <a href="mailto:jrourke@uvic.ca">jrourke@uvic.ca</a></td>
</tr>
<tr>
<td>• Textbook material</td>
<td>Your TA, Lauren <a href="mailto:laurenmatheson@uvic.ca">laurenmatheson@uvic.ca</a> or your instructor, Dr. Rourke: <a href="mailto:jrourke@uvic.ca">jrourke@uvic.ca</a></td>
</tr>
<tr>
<td>• Research participation bonus points</td>
<td>Research participation coordinator Dr. Jim Tanaka: <a href="mailto:p100res@uvic.ca">p100res@uvic.ca</a></td>
</tr>
<tr>
<td>• Technical issues with computer, e-mail, Brightspace, NetLink ID, login, password problems</td>
<td>Computer help desk (<a href="mailto:helpdesk@uvic.ca">helpdesk@uvic.ca</a>; 250-721-7687)</td>
</tr>
</tbody>
</table>

MATERIALS: WHAT WILL I NEED FOR THIS COURSE?

Required Text


*Launchpad (online study resource) comes included with the textbook if you purchase it through the UVic bookstore. Although not required for the course, I recommend purchasing it, as it will help in your learning of the course material.*

You can purchase the textbook through the UVic Bookstore. I recommend ordering your textbook as soon as possible because it may take some time for you to receive it (even the ebook!). Throughout the course, you should have continuing access to it in order to master the material.

*You have the option to purchase a new textbook in one of two ways: as an ebook OR as looseleaf pages that go into a binder*

*Both options include access to Launchpad and an online version of the text (at the publisher’s Launchpad website – see “Optional Online Resource Material” (p. 6 of this syllabus for more information).*

*To purchase your textbook and Launchpad, go to the UVic bookstore website then search for Psyc 100B A01: [https://www.uvicbookstore.ca/text/](https://www.uvicbookstore.ca/text/)*
**Required Technology**

UVic has established minimum technical requirements for students to participate in online learning. Contact UVic’s computer help desk (see their website for various contact options and hours of operation) for any technology questions/issues: [https://www.uvic.ca/systems/services/helpsupport/computerhelpdesk/](https://www.uvic.ca/systems/services/helpsupport/computerhelpdesk/)

- **Computer hardware or tablet:** At least one of the following devices is recommended to participate in online learning environments, participate in meetings, compose documents, and/or access learning management systems:
  - Desktop or laptop computer running Windows 8.1+ or MacOS 10.10+
  - Intel Core i3 processor, AMD Ryzen 3, or greater
  - 4 GB of RAM
  - 20 GB of free disk space
  - Android tablet running Android 5.0 or greater
  - iPad running iOS 12 or greater

- **Peripherals**
  - Webcam - may be integrated into your laptop or tablet
  - Microphone - may be integrated into your laptop, tablet, or headset
  - Speakers or headphones - may be integrated into your device

- **Internet access**
  - High speed Internet connection with a minimum download speed of 5Mbps
  - Wired Internet connection if possible or a wireless connection in close-proximity with strong wireless signal from your wireless router

- **Software**
  - Modern, standards-compliant browser such as Google Chrome, Firefox, Safari, or Microsoft Edge Chromium
  - Microsoft 365 including access to OneDrive storage and Microsoft Office applications is available to all students. Information about Microsoft 365 and instructions to sign up can be found on UVic’s Microsoft 365 site [https://onlineacademiccommunity.uvic.ca/O365/](https://onlineacademiccommunity.uvic.ca/O365/)

**Course Website**

- The PSYC 100B website is accessible through the UVic Brightspace system [https://bright.uvic.ca](https://bright.uvic.ca). This site includes all course material, including audio recordings of live lectures, information about participation activities, chapter summaries, quizzes, assignments, and exams.

- On our Brightspace site, **at first, you'll only see the section “Getting Started.”** This section will contain a territorial acknowledgment, an introduction from your instructor, the course syllabus, information on how to access our Zoom classroom, information on how to access the textbook and Launchpad, and some general tips to help you be successful in this course. **Complete the syllabus quiz in that section to unlock the rest of the available course material.**

  - **Why do I have you complete a syllabus quiz?** Because this is the most important document in this course. Most answers to the questions you’ll have can be found in the course syllabus so it’s important you are familiar with it.
NetLink ID: To access the PSYC 100 Brightspace you need a valid UVic NetLink ID. To register, go to the Netlink Website (http://netlink.uvic.ca/) and follow the directions there. If you cannot access our Brightspace site after receiving your NetLink ID, please contact the computer helpdesk (helpdesk@uvic.ca; 250-721-7687).

Launchpad - Optional Online Resource Material
If you purchased your textbook from the bookstore, you will have also received an access code for the textbook online site (Launchpad). This site also contains extra quizzes and videos to help with your understanding of the course material. Although recommended, it is not mandatory that you do the “extras” on Launchpad for this course.

To access the textbook online ("Launchpad") go to:
https://www.macmillanhighered.com/launchpad/myers12e/16740384

- Please bookmark the page to make it easy to return to.
- If you have problems registering, purchasing, or logging in to Launchpad, do NOT contact us until after you have contacted the publisher’s Customer Support. You can reach a representative 24 hours a day, 7 days a week through the online form, by chat: https://community.macmillan.com/community/digital-product-support/college-students-support-community or from 9 a.m. to 3 a.m. EST, 7 days a week by phone: 1-800-936-6899.

WHAT IS THIS COURSE ABOUT?

Psychology is an exciting and complex scientific discipline and is an essential part of the helping professions. I have designed PSYC 100B to provide an overview of:

- the main areas, concepts, findings, and methods of modern psychology
- various theoretical perspectives and professional orientations within psychology
- scientific methods of gathering information and forming conclusions from the study of human behaviour and functioning
- psychological principles from diverse perspectives that serve as a foundation for taking more advanced courses in psychology and related disciplines
- biological, social, and cultural factors that influence behaviour and mental processes
- how psychological principles have been used to help people lead better, healthier lives, and to solve real world problems
- how to locate and utilize psychological research information

Whereas PSYC 100A focuses on the historical, methodological, biological, learning, and cognitive aspects of psychology, PSYC 100B focuses on lifespan development, human intelligence, social psychology, personality, psychological disorders, and psychological treatment. You do not have to take PSYC 100A before or after you’ve completed PSYC 100B, but please be aware that if you wish to take any further courses in Psychology at the University of Victoria you must complete both PSYC 100A and 100B.
What is the Format of the Class?

Each week a set of Modules will be released. Each Module corresponds to a chapter in the textbook and relates to one or two days in our class. In each Module, there will be:

- **Textbook reading.** One assigned textbook chapter for you to read and a chapter summary that highlights important concepts from the textbook.

- **Chapter quiz.** A short online quiz related to the chapter material (prior to exams, there will also be a pre-exam quiz). Quizzes are there to help you stay on track with your reading! You only need to submit 8 or the 11 quizzes.

- **Live class every day.** In our live class sessions, I will teach on selected concepts from each chapter, we'll engage in discussion, and we'll have interactive activities to help you learn and engage with the material. Any “lecture” components of the live classes will be audio recorded and the audio and relevant files will be posted in Brightspace, in the corresponding Module.

- **Participation activities.** In our live classes, I'll have participation activities for you to submit to Brightspace (don't worry, if you can't make it to class that day, I'll post the activity information in the Module and you'll have at least 24 hours to submit it). You only need to submit 5 of the 8 activities.

- **Assignments.** There are a series of 5 assignments in this course. Each builds upon the previous assignment, culminating in an assignment that brings them all together.
<table>
<thead>
<tr>
<th>Day</th>
<th>Topic; Reading</th>
<th>Exams/Notes</th>
<th>Participation Activities Due 10 PM</th>
<th>Assignments &amp; Quizzes Due 10 PM</th>
</tr>
</thead>
</table>
| June 03, 04 | **Module 1: Ch. 5**  
Introduction to course; Development | **Submit things before the last minute,** to avoid technical issues – late submissions will not be accepted.  
**If you’re in class, you’ll submit participation activities during class time & don’t need to worry about the due date** | **June 05:** last day to drop courses and receive 100% of tuition fees | P1 – Sat June 05  
A1 Fri June 04  
Q1 (Ch 5) Sat June 05 |
| June 07 | **Module 2: Ch. 10**  
Intelligence | | P2 – Tues June 08  
A2 Sun June 06 |
| June 08 | **Module 3: Ch. 11**  
What Drives Us | | P3 – Wed June 09  
Q2 (Ch 10) Mon June 07 |
| June 09, 10 | **Module 4: Ch. 12**  
Emotions, Stress, and Health | **June 11:** last day to drop courses & be reimbursed 50% of tuition fees | P4 – Thurs June 10  
Q3 (Ch 11) Wed June 09  
Q4 (pre-exam 1) Thurs June 10 |
| **JUNE 11** | **Exam 1** (Fri June 11) - Ch 5, 10, 11  
Exams are completed on Brightspace. Begin any time between 10:00am-12:30pm PST | | A3 Sat June 12  
Q5 (Ch 12) Sun June 13  
A4 (option 1) Sun June 13  
Q6 (Ch 13) Mon June 14 |
| June 14, 15 | **Module 5: Ch. 13**  
Social Psychology | **June 14:** Final day to submit request for alternative to research participation credit | P5 – Wed June 16  
A5 Wed June 16  
Q8 (pre-exam 2) Thurs June 17  
A4 (option 2) Fri June 18 |
| June 16, 17 | **Module 6: Ch. 14**  
Personality | **June 17:** last day to drop courses without penalty of failure | P6 – Thurs June 17  
Q7 (Ch 14) Wed June 16  
Q8 (pre-exam 2) Thurs June 17  
A4 (option 2) Fri June 18 |
| **JUNE 18** | **Exam 2** (Fri June 18) - Ch 12, 13, 14  
Exams are completed on Brightspace. Begin any time between 10:00am-12:30pm PST | | A3 Sat June 12  
Q5 (Ch 12) Sun June 13  
A4 (option 1) Sun June 13  
Q6 (Ch 13) Mon June 14 |
| June 21, 22 | **Module 7: Ch. 15**  
Psychological Disorders | | P7 – Wed June 23  
Q9 (Ch 15) Mon June 21 |
| June 23, 24 | **Module 8: Ch. 16**  
Therapy; Course wrap-up | | P8 – Thurs June 24  
Q10 (Ch 16) Wed June 23  
Q11 (Pre-exam 3) Thu June 24  
A5 Thurs June 24 |
| **JUNE 25** | **Exam 3** (Fri June 25) - Ch 15, 16  
Exams are completed on Brightspace. Begin any time between 10:00am-12:30pm PST | | | |
WHAT ARE YOU EXPECTING FROM ME?

Psychology is a scientific discipline, and it requires considerable thought and time to develop an understanding of psychological research and principles. I expect you to complete the assigned daily materials, to attend and engage in virtual classroom time (and office hours when needed), and to spend the necessary amount of time each day, outside of class time, toward mastering the course material.

Attend virtual class sessions and office hours
Attending the daily virtual class sessions on Zoom will help to increase your understanding of the material and provide you with opportunities to engage with and discuss the material with the instructor, TA, and your classmates. I encourage you to bring your questions and ask for clarification, or to bring examples that you found useful in illustrating some of the concepts (this could be a video, article, or your own knowledge).

Manage your time
Online courses and intensive summer courses can be tricky to complete if you don’t stick to a schedule. Be prepared for exams by completing the assigned readings, chapter quizzes, and other assignments/activities in accordance with the schedule provided above. Set aside blocks of time each day to work on the course material and drop into the virtual classroom and office hours during the scheduled times.

Check the Brightspace website often
All course materials will be available through Brightspace: https://bright.uvic.ca

Conduct yourself appropriately
Please listen to and interact with others in a respectful manner. We are all very diverse and have different values, beliefs, and opinions – maintain an open mind to these differences. You may debate with others who hold opinions different from your own, but you must always remain respectful. Please read through the Netiquette section (p. 16) of this course syllabus for some additional tips.

Provide constructive feedback
I always welcome ideas to improve this course and to facilitate learning. I encourage you to provide constructive feedback about your experiences in the course. Please send me an email or see me in office hours to discuss your suggestions.

Let me know if there are any special circumstances
Each of us learns in different ways and with varying degrees of success. If you know of any factors in your life that hinder your ability to learn up to your potential in this course, please contact the Centre for Accessible Learning (CAL: https://www.uvic.ca/services/cal/index.php). The CAL staff are available by appointment to assess specific needs, provide referrals, and arrange for appropriate accommodations. I will automatically be notified if you receive any CAL accommodations.

Be discriminate in sending e-mails to you instructor and TA
We really do want to hear from you! However, in a large course like PSYC 100, email “overload” can cause problems. Unrestricted or indiscriminate use of email to pose questions and ask for information can overwhelm the limited resources the TA and instructor have to answer emailed requests. To help us manage our email load, please follow these guidelines:
● Please include “PSYC 100B” in your email subject headline and your full name and student number in your signature. **Before you compose your e-mail**, check the course syllabus, your notes, with your classmates, and on Brightspace to see if you can locate the answer to your question.

**When to email us:**

✔️ To notify your TA that you will have to miss an exam due to a medical emergency or a documented family emergency.

✔️ To ask a simple, short question, *e.g.*, “**What is the date and time of the make-up exam?**”

✔️ To comment about course material, *e.g.*, “I was thinking about that case of dissociative identity disorder that you described in class, and I wondered if ...” We are very happy to receive and respond to such comments. We also recommend that instead of emailing us a comment like that, you pop into one of our office hours or chat with us before or after class!

✔️ To make a comment about something you liked or something you think could improve the course. Please be aware that specific, constructive comments are more useful than general ones.

**When not to email us:**

✗ When the answer to your question can be found in this course syllabus – please make sure you look through the syllabus before emailing us!

✗ To request a specific mark (assignment, exam, final grade, or bonus points). We post this information on the course website and expect you to access your marks there.

✗ To request information about why you received a particular mark. Please see your TA during office hours with such questions. These kinds of questions usually require a direct interpersonal interaction that is not effectively carried out via email.

✗ To ask for advice on improving your study techniques. This also requires a direct interpersonal interaction. See the section on “Exams” on Brightspace for some studying suggestions.

**What can I Expect from my Instructor and TA?**

**We are available to help:** We are available to help via e-mail and office hours. See section “Whom should I contact if I have a question” (page 4) to find the correct person to reach out to.

Please attend office hours for your more detailed or complicated questions. We will be available during virtual office hours to discuss your grades, understanding of the material, or more generally your interest in Psychology. Please let us know when you enter the virtual office whether you would like a private meeting – we can arrange for that.

**We will upload an audio recording of live class sessions on Brightspace:** We will post these recordings after class each day. Supplementary material (e.g., chapter summaries, participation activities), designed to provide more in-depth examples and information related to core concepts, will also be uploaded.

**We will give and receive feedback:** We will be available in office hours to give feedback on the assignments and exams. We are also open to receiving constructive feedback about your experiences within the course.
### HOW WILL MY PROGRESS BE EVALUATED / FINAL GRADE BE CALCULATED?

<table>
<thead>
<tr>
<th>Percent of grade</th>
<th>Evaluation tool</th>
<th>Date(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>20%</td>
<td>Exam 1 (Chapters 5, 10, 11)</td>
<td>Fri June 11 (You can start anytime between 10:00am-12:30pm PST)</td>
</tr>
<tr>
<td>25%</td>
<td>Exam 2 (Chapters 12, 13, 14)</td>
<td>Fri June 18 (You can start anytime between 10:00am-12:30pm PST)</td>
</tr>
<tr>
<td>15%</td>
<td>Exam 3 (Chapters 15, 16)</td>
<td>Fri June 25 (You can start anytime between 10:00am-12:30pm PST)</td>
</tr>
<tr>
<td>12%</td>
<td>Online Quizzes (due by 10pm)</td>
<td>June 05, 07, 09, 10, 13, 14, 16, 17, 21, 23, 24</td>
</tr>
<tr>
<td></td>
<td>It’s in your best interest to complete all 11 quizzes... <strong>You must complete 8 of the 11 quizzes</strong></td>
<td></td>
</tr>
<tr>
<td>5%</td>
<td>Participation Activities</td>
<td>During live class sessions, we will complete activities. At times, these activities will need to be submitted as a “participation activity.” If you can’t make it to class that day, that’s okay, I will post the activity in Brightspace, and you’ll have at least 24 hours to submit it. <strong>You must complete 5 of the 8 activities</strong> (worth 1% each)</td>
</tr>
</tbody>
</table>
| 23%              | Assignments (each one builds upon the previous one) | **Assignment 1:** Friday June 4 – APA formatting (3%)  
**Assignment 2:** Saturday June 5 – Research question selection (2%)  
**Assignment 3:** Saturday June 12 – Primary research annotated bibliography (3%)  
**Assignment 4:** Sunday June 13 OR Sunday June 18 (you choose) – Critical Thinking Topic (5%)  
**Assignment 5:** Bringing it all together Thursday June 24 (10%) |

*In addition, there are **bonus points for research participation**, up to a maximum of 3% (See “Extra Credit for Research Participation” section on page 15 for details).  
**I suggest you complete all course requirements, however, please note **you must complete all 3 exams** to receive credit for this course. Students who do not complete all 3 exams will receive an “N” (failing) grade.  

<table>
<thead>
<tr>
<th>Cutoff Points for Marks</th>
<th>A+</th>
<th>A</th>
<th>A-</th>
<th>B+</th>
<th>B</th>
<th>B-</th>
<th>C+</th>
<th>C</th>
<th>D</th>
<th>F</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>90-100</td>
<td>85-89</td>
<td>80-84</td>
<td>77-79</td>
<td>73-76</td>
<td>70-72</td>
<td>65-69</td>
<td>60-64</td>
<td>50-59</td>
<td>0-49</td>
</tr>
</tbody>
</table>

*Please review Uvic’s official grading system on p. 20*

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### Exams (60%)

You will write three online, open-book exams on Brightspace. Exams are non-cumulative which means they will only cover material since the previous exam. All course material is testable (lectures, textbook chapters, participation activities). Although you will have access to your textbook and notes for the exam, the exam is timed and you will not have enough time to refer to your notes and textbook for most questions. The format of all three exams will be multiple choice and you will be able to start the exam anytime between 10:00am PST and 12:30pm PST. Once you start, you will have 50 minutes to complete each exam (e.g., if you start at 12:30pm, you’ll have until 1:10pm to complete the exam).

Although the exams are open-book, you are not permitted to receive help from anyone or anything (e.g., another person, the internet). In other words, you are required to complete the exam on your own, **using only course materials, the textbook, and your notes**. Use of anything else constitutes cheating and can have severe consequences for your academic career.
You are responsible for attending exams as scheduled. You must write the online exams during the scheduled class period. **Be sure to have a reliable internet connection on exam dates.**

**What to do if I miss an exam due to illness:**
Contact your TA, Lauren (laurenmatheson@uvic.ca), as soon as possible and explain why you missed the exam (you do not have to submit the Request for Academic Concession form as it only applies to exams that are written in the final exam period). Lauren will inform you when your online make-up exam will be held.

*If you miss an exam and fail to contact Lauren within 3 days of the exam date, we will consider you to have not completed a major course requirement and will assign an N mark (failure due to not completing a course requirement) for the course.*

**What to do if I require special arrangements for exams due to a disability:**
1. You must be officially registered with the Centre for Accessible Learning – please see [https://www.uvic.ca/services/cal/onlineservices/register/index.php](https://www.uvic.ca/services/cal/onlineservices/register/index.php) for more information. We will automatically be informed of your registration with them.
2. Prior to your exam, if you have any questions about your accommodation, please contact your TA, Lauren (laurenmatheson@uvic.ca).

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**Quizzes (12%)**

**Why do you assign online quizzes?**
The online chapter quizzes are meant to give you an added incentive to keep up with your reading in the course (this is especially important in a 3-week course!) and to give you some practice in utilizing and applying the concepts and studies discussed in the textbook.

- If your experience matches that of students in previous years, you'll find the quizzes beneficial because they help to motivate and structure your studying.
- The quizzes consist of a total of 11 quizzes: 8 chapter quizzes designed to encourage you to complete the necessary pre-class readings and 3 pre-exam quizzes designed to encourage you to study in advance of each exam. You are only required to complete 8 of the 11 quizzes (although I recommend you complete them all – only your top 8 marks will count toward your grade!)

I strongly advise you complete quizzes prior to the last minute, that way, you'll have time to seek help if you have technical issues, or if you get sick the day the quiz is due. Late submissions will not be accepted.

**What if I miss an online quiz?**
You will have 11 quiz opportunities but only your best 8 of the 11 will count toward your grade. If you miss one, it can simply be dropped as one of your 3 “freebies.” The 8-out-of-11 system is designed to give you flexibility in case circumstances keep you from completing the quiz on time.

If you choose to discard your flexibility early in the course and then something comes up later, you will unfortunately have no other option than to accept a low (or zero) mark on a quiz. **Because you can miss 3 quizzes and still obtain full marks for the quiz component, there are no additional opportunities to complete make-up quizzes for any reason (including illness).** The “extra” three quizzes are considered as make-up quizzes.
What if I have technical issues logging on or completing the quiz?
Brightspace will close the quizzes automatically at the designed due dates and times (10pm PST) on the schedule (p. 8). Please make sure you have completed the quiz BEFORE this time – due date extensions will not be permitted. I strongly suggest you attempt the quizzes at least one day prior to the due date, to allow you time to reach out for assistance if you encounter any issues.

- If you have a technical problem completing a quiz: check with the Computer Help Desk (helpdesk@uvic.ca; 250-721-7687). Please indicate whether you are having a NetLink or Brightspace problem.
- If you are still stumped, contact your TA, Lauren (laurenmatheson@uvic.ca), but please follow the steps above before you do, as the Computer Helpdesk is more likely to be able to provide immediate assistance.

Participation Activities (5%)
I will base 5% of your final grade on participation activities associated with each Module and completed during class time. Information about each participation activity will be posted to Brightspace, and if you have to miss class that day, you'll have at least 24 hours to complete and submit the activity.

To receive full credit, you must complete at least 5 of the 8 participation activities throughout the semester. As with the online quizzes, I recommend that you complete all 8 participation activities (the added benefit is that these activities are testable, so this will allow you to familiarize yourself with the material).

Participation activities are aimed at:
- Helping you engage with the course material in a fun format
- Experiencing some tools used in the field of psychology
- Exposing you to different perspectives/experiences that you may not have previously encountered

Completing 5 of the 8 possible participation activities will earn you your full 5%. Each activity is worth 1%.

What do I do if I miss a participation activity?
- If you aren't in class for the participation activity, I will post the information to Brightspace and you'll have at least 24 hours to complete it. Because you only need to complete 5 of the 8 participation activities, the additional participation activities serve as "make-up" activities and thus I do not offer any additional ones. Ideally, you will complete all the participation activities because they will help enhance your learning of the course material! Also, information from some of the activities will be on the exams!
  - It is in your best interest to complete the participation activities scheduled earlier in the term and use the later ones in the term as "supplementary" ones to be used if you wish to improve your mark or if you missed one of the earlier ones because of illness or a personal emergency.
Assignments (23%)

Twenty-three percent of your grade in PSYC 100B is derived from your completion of 5 assignments that you submit on Brightspace. Each assignment will build upon previous ones.

**Assignment 1** introduces you to APA formatting (7th edition). An understanding of APA formatting will be required for your other assignments in this course.

**Assignment 2** has you composing a research question related to any of the topics we’ll be covering in Psyc 100B. You’ll receive feedback on your research question and it will be the foundation for some of the other assignments that follow.

**Assignment 3** requires you to find 3 peer-reviewed sources related to your research question from the previous assignment. You’ll need to create an annotated bibliography (APA-formatted references and a summary of each article, indicating how it relates to your research question).

**Assignment 4** is a critical thinking topic and involves answering a posted forum discussion question that may include one or more sub-questions. Your response should address all the sub-questions, integrate scientific research, demonstrate accurate knowledge of the material, and should **not** be an unsupported opinion. In other words, you need to do some academic research to support your response!

**Assignment 5** is a culmination of all the previous assignments. Essentially, you will treat your research question (Assignment 2) like a critical thinking topic question (Assignment 4). You will answer and critically reflect upon your research question, using the 3 primary sources you summarized (Assignment 3). Your assignment must be formatted according to the APA 7th edition protocols (Assignment 1).

**Why these specific assignments?**

Exams and quizzes assess your learning of material covered in lectures, the textbook, and participation activities. The assignments go a bit outside of that and are designed with the following goals in mind:

- Curiosity and research are critical components to success in university. These assignments give you an opportunity to ask and answer relevant questions that go beyond what you learned in lectures and the textbook.

- Assignment 4 will be posted as a discussion forum. Learning from your peers and contributing to their learning experience are core aspects of the university experience. This assignment will give you the opportunity to share information and ideas about different topics with your classmates and to learn from the ideas and reasoning of your classmates.

- Effective research and writing are foundational to succeeding in university. These assignments will help you learn how to search for, read, and summarize psychology research articles and use the articles to support your reasoning.

- Work written in psychology must be formatted using the American Psychological Association (APA) style (currently, the 7th edition of that style). These assignments give you the opportunity to learn how to engage in scholarly writing by correctly using APA 7th edition style in your writing, in-text citations, and references.

**What if I miss an assignment deadline?**

- Because the assignments build upon one another, it’s important you submit on time so we can give you the feedback you need to submit the next assignment. However, if you miss the deadline, it is possible to submit late, but, to reward those who do complete on time, there will be a 5% grade deduction per late day.
  - If you need an extension on an assignment due to illness or a personal emergency, please contact us and we'll do our best to work something out.
Extra Credit for Research Participation (+3%)

Information about how to sign up for research participation is available on Brightspace.

An important component of this course is for you to learn about research in psychology. Faculty and advanced students in the Department of Psychology conduct research throughout the year, performing studies exploring processes such as social interaction, perception, memory, problem solving, and communication. I encourage you to participate in this research, and as part of this encouragement, I have arranged for you to earn extra credit toward your course mark by participating in approved research.

By participating in such research projects you will experience first-hand how psychological research is done. Once your participation is complete, you will receive a full description of the purpose of the research.

- In most projects, your participation involves having your responses recorded or measured as you perform a task or complete a questionnaire. A departmental committee has reviewed and approved all the projects available to you for bonus points, and the projects have also been approved by the University’s Human Research Ethics Board. For this summer semester, most projects will likely be conducted on-line.

- The aim of these research projects is not to evaluate your personal abilities, but to explore various features of human behaviour and discover how they change under different conditions. Researchers will protect your confidentiality. Your performance (i.e., the responses you make) will have no effect on your marks.

- You will receive 0.25 points for each 15 minutes (or part thereof) of participation, up to a maximum of 3 points. You may participate in as many projects as you wish, but you will receive no more than 3 points for this class, and you may not carry over points from one term to another. Note that although I have set 3 points to be a maximum, the opportunity to earn all 3 points may not be available, as this depends on the number of research projects requiring participants.

- You may participate in any given project only once. The last day for participation in experiments for extra credit is the last day of classes (Friday June 25 – must be complete by 5pm PST).

If you do not wish to, or cannot, participate in research studies for any reason, but still wish to have the opportunity to earn an equivalent amount of extra credit, you may contact me (jrourke@uvic.ca) no later than June 14 to arrange for an alternative option involving written assignments.

HOW CAN I DO WELL IN THIS COURSE?

Check that you have completed all the work. Keep up with the readings, lectures, quizzes, participation activities, and assignments. These are designed to help you keep up with the material!

Because extra “make-up” quizzes and participation activities (beyond those necessary to receive full marks) are already scheduled, additional make-up quizzes and participation activities are not arranged. It is therefore important to submit things before the deadlines (to avoid technical problems or illness) and complete all required course components by the due dates.

Check your performance early in the course. Make sure you check your grades for the various components ahead of time so any discrepancies can be resolved early in the semester.
It is also important to check your marks on the exams. If you are not getting the marks you want, come to office hours to ask for help improving the way you study the material. At the end of the term, if you are short of your target (pass, C+, A+), there are no extra opportunities to improve your grade.

Create study groups. You can regularly meet online in groups of 2 – 4 people (you can of course be more, but we’ve found that range to be ideal) to work through the material together. Not only can it be helpful to have others explain concepts to you, but it can also be helpful to have to explain concepts to others – in fact, that’s one of the best ways to learn!

SUPPORTING AN EFFECTIVE LEARNING ENVIRONMENT

Respect for Diversity
My intent is that:

● students from diverse backgrounds and perspectives be well-served by this course
● students’ diverse learning needs be addressed
● the diversity that students bring to this class be viewed as a resource, strength, and benefit

My intent is to present materials and activities that are respectful of diversity: gender, sexuality, disability, age, socio-economic status, ethnicity, race, and culture. Your suggestions are encouraged and appreciated. In a constructive way, please let me know how I might improve the effectiveness of the course for you personally or for other students or student groups.

Netiquette
We’re all navigating new technology and doing our best to adapt to the changes in class delivery. Text-based communication is vital in this course because it is the primary, and sometimes only, way we will connect with each other. Our discussions may lead to debate and disagreement, which is a great way to foster critical thinking, so it is vital you feel comfortable expressing your opinion but also respect the ideas of others. Please be careful, considerate, and respectful in all your communications.

Here are a few tips that can help things go smoothly in our online format:

● Conduct and express yourself in a way that is respectful.
● Mute your mic when you’re not speaking, to reduce background noise interference.
● Turn on your camera when possible, to create a sense of community.
● Look at the camera to make eye contact when talking.
● Use the chat field and whiteboard for constructive questions and comments only.
● Before you post your comments/questions, take a moment to re-read them – because they lack nonverbal cues, they might land differently than you intended.
● Before responding to someone’s question or comment, take a moment to make sure you’re coming from the perspective that they have posted with good intentions (remember, lack of nonverbal cues may have resulted in a misunderstanding of what they meant…if you’re unsure, be curious and ask in a respectful way!).
TAKING CARE OF MYSELF

Being a student can be stressful! Please take care of yourself – eat well, exercise, get enough sleep, take some time to relax, and talk to someone if you’re feeling overwhelmed. This will help you achieve your goals and cope with stress. You are not alone – all of us benefit from support during times of struggle.

Social Life, Friends, & Community at UVic: Having a social network is an extremely important foundation for positive mental health. There are many benefits to joining clubs, course unions, intramurals, and teams on campus (some of these will be available online):
https://www.uvic.ca/mentalhealth/undergraduate/connecting/index.php

Counselling Services: Counselling Services can help you make the most of your university experience. They offer free professional, confidential, inclusive support to currently registered UVic students:
www.uvic.ca/services/counselling/

Health Services: University Health Services (UHS) provides a full-service primary health clinic for students and coordinates healthy student and campus initiatives:
www.uvic.ca/services/health/

Centre for Accessible Learning: The CAL staff are available by appointment to assess specific needs, provide referrals and arrange appropriate accommodations. The sooner you let us know your needs, the quicker we can assist you in achieving your learning goals in this course:
www.uvic.ca/services/cal/

Elders’ Voices: The Office of Indigenous Academic and Community Engagement (IACE) has the privilege of assembling a group of Elders from local communities to guide students, staff, faculty, and administration in Indigenous ways of knowing and being:
www.uvic.ca/services/indigenous/students/programming/elders/

Mental Health Supports and Services: Mental health supports and services are available to students from all areas of the UVic community:
www.uvic.ca/mentalhealth/undergraduate/

Sexualized Violence Prevention and Response at UVic: The University of Victoria takes sexualized violence seriously and has standards for what is considered acceptable behaviour. Learn more about how the university defines sexualized violence and its overall approach by visiting:
www.uvic.ca/svp

If you or someone you know has been impacted by sexualized violence and needs information, advice, or support please contact the sexualized violence resource office in Equity and Human Rights (EQHR).

Whether or not you have been directly impacted, if you want to take part in the important prevention work taking place on campus, you can also reach out to the Sexualized violence resource office in EQHR, Sedgewick C119; Phone: 250.721.8021; Email: svpcoordinator@uvic.ca
Web: www.uvic.ca/svp
IMPORTANT UVIC COURSE POLICY INFORMATION

Prerequisites: Students who remain in courses for which they do not have the prerequisites do so at their own risk. Students who complete courses without prerequisites ARE NOT exempt from having to complete the prerequisite course(s) if such courses are required for the degree program.

Program Requirements: For more information see the UVic Calendar May 2021:
https://www.uvic.ca/calendar//future/undergrad/index.php#/content/5db888a563f365001a66a44b

Registration Status: Students are responsible for verifying their registration status. Registration status may be verified using My Page, View Schedule. Course adds and drops will not be processed after the deadlines set out in the current UVic Calendar.

Commitment to Inclusivity and Diversity: The University of Victoria is committed to promoting, providing, and protecting a positive and supportive and safe learning and working environment for all its members.

In the Event of Illness, Accident or Family Affliction
- What to do if you miss the final exam scheduled during the formal exam period
  - Apply at Records Services for a “Request for Academic Concession,” normally within 10 working days of the date of the exam. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student’s academic record.
  - OR, you can download the Request for Academic Concession form here: http://www.uvic.ca/registrar/assets/docs/record-forms/rac.pdf
- What to do if you miss an exam other than one scheduled during the formal exam period
  - Do not apply at Records Services for a “Request for Academic Concession.” Instead, submit documentation of the illness, accident or family affliction directly to your course instructor (or designated teaching assistant).
- What to do if you require additional time to complete course requirements
  - Apply at Records Services for a “Request for Academic Concession,” normally within 10 working days of the end of the course. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student's academic record.
  - OR, you can download the Request for Academic Concession form here: http://www.uvic.ca/registrar/assets/docs/record-forms/rac.pdf

Policy on Academic Integrity including Plagiarism and Cheating: The Department of Psychology fully endorses and intends to enforce rigorously the Senate Policy on Academic Integrity (Click on “Undergraduate Academic Regulations” and then click on “Policy on Academic Integrity”):
https://www.uvic.ca/calendar//future/undergrad/index.php#/policies

It is of utmost importance that students who do their work honestly be protected from those who do not. Because this policy is in place to ensure that students carry out and benefit from the learning activities assigned in each course, it is expected that students will cooperate in its implementation.

The offences defined by the policy can be summarized briefly as follows:
1. Plagiarism. You must make sure that the work you submit is your work and not someone else’s. There are proper procedures for citing the works of others. The student is responsible for being aware of and using these procedures.
2. **Unauthorized Use of an Editor.** The use of an editor is prohibited unless the instructor grants explicit written authorization.

3. **Multiple Submission.** Only under exceptional circumstances may a work submitted to fulfill an academic requirement be used to satisfy another similar requirement. The student is responsible for clarifying this with the instructor(s) involved.

4. **Falsifying Materials Subject to Academic Evaluation.** This includes falsification of data, use of commercially prepared essays, using information from the Internet without proper citation, citing sources from which material is not actually obtained, etc.

5. **Cheating on Assignments, Tests, and Examinations.** You may not copy the work of others in or out of class; you may not give your work to others for the purpose of copying; you may not use unauthorized material or equipment during examinations or tests; and you may not impersonate or allow yourself to be impersonated by another at an examination. The Department of Psychology has a policy of not making old examinations available for study purposes. Therefore, use of old exams without the express written permission of the instructor constitutes cheating by the user, and abetting of cheating by the person who provided the exam.

6. **Being an Accessory to Offences.** This means that helping another student to cheat (for instance, by showing or communicating to them answers to an assignment, or by allowing them to view answers on an exam) is an academic offence.

Instructors are expected to make every effort to prevent cheating and plagiarism. This may include:
- the assignment of seating for examinations,
- asking students to move during examinations,
- requests to see student identification cards,
- and other measures as appropriate.

Instructors also have available to them a variety of tools and procedures to check for Internet and electronic media-based cheating. In instances of suspected or actual plagiarism or cheating, instructors, following prescribed procedures, are authorized to take steps consistent with the degree of the offence.

- These measures will range from a zero on the test or assignment or a failing grade for the course, probation within a program to temporary or even permanent suspension from the University. Rights of Appeal are described in the Policy on Academic Integrity in the University calendar.

**The definitive source** for information on Academic Integrity is the University Calendar (Click on “Policy on Academic Integrity”): [https://www.uvic.ca/calendar//future/undergrad/index.php#/policies](https://www.uvic.ca/calendar//future/undergrad/index.php#/policies)

**Other useful resources on Plagiarism and Cheating include:**
1. The Study Solutions Office: [https://onlineacademiccommunity.uvic.ca/lap/studysolutions/](https://onlineacademiccommunity.uvic.ca/lap/studysolutions/)

2. The Ombudsperson’s office: [https://uvicombudsperson.ca/tips/plagiarism/](https://uvicombudsperson.ca/tips/plagiarism/)
The Office of the Ombudsperson is an independent and impartial resource to assist with the fair resolution of student issues. A confidential consultation can help you understand your rights and responsibilities. The Ombudsperson can also clarify information, help navigate procedures, assist with problem-solving, facilitate communication, provide feedback on an appeal, investigate and make recommendations.

   Phone: 250-721-8357
   Email: ombuddy@uvic.ca
   Web: [uvicombudsperson.ca](http://uvicombudsperson.ca)


4. Dr. Mitchell of the UVic English Department:
Grading: The table below shows the official grading system used by UVic instructors in arriving at final assessments of student performance. For more details (Click on “Undergraduate Academic Regulations” and then click on “Grading”): [https://www.uvic.ca/calendar/future/undergrad/index.php#policies](https://www.uvic.ca/calendar/future/undergrad/index.php#policies)

<table>
<thead>
<tr>
<th>Grade</th>
<th>Percentage</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>A+</td>
<td>90 - 100</td>
<td>Earned by work which is technically superior, shows mastery of the subject matter, and in the case of an A+ offers original insight and/or goes beyond course expectations. Normally achieved by a minority of students.</td>
</tr>
<tr>
<td>A</td>
<td>85 - 89</td>
<td></td>
</tr>
<tr>
<td>A-</td>
<td>80 - 84</td>
<td></td>
</tr>
<tr>
<td>B+</td>
<td>77 - 79</td>
<td>Earned by work that indicates a good comprehension of the course material, a good command of the skills needed to work with the course material, and the student’s full engagement with the course requirements and activities. A B+ represents a more complex understanding and/or application of the course material.</td>
</tr>
<tr>
<td>B</td>
<td>73 - 76</td>
<td></td>
</tr>
<tr>
<td>B-</td>
<td>70 - 72</td>
<td></td>
</tr>
<tr>
<td>C+</td>
<td>65 - 69</td>
<td>Earned by work that indicates an adequate comprehension of the course material and the skills needed to work with the course material and that indicates the student has met the basic requirements for completing assigned work and/or participating in class activities.</td>
</tr>
<tr>
<td>C</td>
<td>60 - 64</td>
<td></td>
</tr>
<tr>
<td>D</td>
<td>50 - 59</td>
<td>Earned by work that indicates minimal command of the course materials and/or minimal participation in class activities that is worthy of course credit toward the degree.</td>
</tr>
</tbody>
</table>

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