

**PSYCHOLOGY 463**  
**Special Topics – Psychological Disorders in Adults**

**Session: Spring 2021**

**Time:** Monday, Thursday 10:00 to 11:20  
**Room:** HHB 105  
**Instructor:** Dr. JLBain  
**Office Hours:** By appointment (before/after class)  
Monday by appointment

**Office:** Cornett A 213  
**Phone:** 472-4491 **Email:** jlbain@uvic.ca

Textbook: There is NO required textbook for this course. A good source is Essentials of Abnormal Psychology: Nevid, et al.

**Course Description**

**The course** examines theory and research related to an understanding of psychological disorders of adulthood. Topics include mood and anxiety related disorders, personality disorders, substance abuse and dependence, schizophrenia and other psychotic disorders, and cognitively based disorders. The instructor will be responsible for presentations on topics in terms of biological, learning, developmental, humanistic, and cross-cultural perspectives. Clinical vignettes will be used to help this understanding. This is also a student-driven course with each student involved in a class presentation.

**ATTENDANCE IS MANDATORY.**

**Prerequisites**

- PSYC 300A and PSYC 365; and
- one of PSYC 330, PSYC 338, PSYC 366.

Pre- or Co-requisites:

- PSYC 300B.

Students who remain in courses for which they do not have the prerequisites do so at their own risk. Those who complete courses without prerequisites are not exempt from having to complete the prerequisite course(s) at some later date if such courses are required for the degree program. Students who are absent from the first three classes (without acceptable medical documentation) will likely be dropped from class registration.

**Evaluation and Grading Policy**

Students will be graded on their performance on 3 exams (short answer), a number of group assignments and a presentation.

<b><u>Evaluation</u></b>	<b><u>Date</u></b>	<b><u>Percentage of Grade</u></b>
Exam 1	Monday February 8	15% (Take Home)
Exam 2	Monday, March 15	15% (Take Home)
Exam 3	Monday, April 12	15%
Concept Summaries	ongoing throughout the term	20%
Presentation	determined in first two weeks of classes	25%
Forum Postings	ongoing throughout the term	10%

**1. Exams**

Knowledge of the presentations and lectures will be assessed through **THREE** exams. The in-class exam will include short answer/essay questions based upon issues discussed in class. The take-home exams will focus on case studies. It is the student's responsibility to attend in-class exams as scheduled. Students who miss an in-class exam will receive a mark of zero unless they have a case of documented illness or family emergency.

**TOTAL VALUE: 45%**

**2. Concept Summaries**

Throughout the term each student will be required to complete 10 in class/ out-of-class summaries of key points raised, addressing key facts and controversies. This will begin WEEK #1 of lecture (2% each) and thus be held in the week of January 11, 18, 25, February 1, 22, March 1, 8, 15, 22, 29, 2021. There is no outside class preparation for these assignments.

**TOTAL VALUE: 20%**

**3. Presentation**

Using case studies is an informative tool for understanding processes in development. Small groups (or you may present on your own) will present a case study to the class. A week before the presentation you will supply content of the case study as well as questions about the case that will guide your discussion with the rest of the class. These will be submitted to the instructor for distribution to the class. A week following your presentation you will submit a paper describing the case (7 to 10 pages in length). You will have the entire class for presentation and discussion. Dates for the presentations will be finalized by January 25<sup>th</sup>, 2020. These presentations will be held throughout the term.

Presentation: 15%  
Paper: 10%

**TOTAL VALUE: 25%**

#### **4. Support for classmates through Forum Postings**

Before the class presentations begin I will post case studies on Brightspace and seek student comments. In addition, I will be looking for ideas, responses, answers to questions posed by each presentation group. I will be looking for **10** responses in total (you can choose your weighting of my case studies and your classmates' presentation questions > as long as there is a total of 10 (1% each).

**TOTAL VALUE: 10%**

#### **Tentative Schedule (Subject to Change)**

<b><u>Date</u></b>	<b><u>Topic/Activity</u></b>
January 11	Introduction to course Abnormal Psychology
January 14 – 21	Assessment and Classification
January 25 – February 4	Anxiety and Trauma
February 8	<b><u>Take Home Examination #1 (15%) – DUE FEBRUARY 11 IN CLASS</u></b>
February 11	Open Topic

#### **NO CLASSES FEBRUARY 15 – 19, 2021 (Reading Break)**

February 22 – March 4	Depression, Self-Harm
March 8 - 11	Dissociative Disorders
March 15	<b><u>Take Home Examination #2 (15%) – DUE MARCH 18 IN CLASS</u></b>
March 18	Open Topic
March 22 – 29	Personality Disorders Addiction

#### **NO CLASSES APRIL 2, 2021 (GOOD FRIDAY), APRIL 5, 2021 (EASTER MONDAY)**

April 1 – 8	Psychosis End Review
April 12	<b><u>Examination #3 (15%) - WRITTEN IN CLASS</u></b>

**UNIVERSITY OF VICTORIA**  
**Department of Psychology**

**Important Course Policy Information**  
**Spring 2021**

***Prerequisites***

Students who remain in courses for which they do not have the prerequisites do so at their own risk. Students who complete courses without prerequisites ARE NOT exempt from having to complete the prerequisite course(s) if such courses are required for the degree program.

***Program Requirements***

For more information see the UVic Calendar January 2021.

***Registration Status***

Students are responsible for verifying their registration status. Registration status may be verified using My Page, View Schedule. Course adds and drops will not be processed after the deadlines set out in the current UVic Calendar.

***Commitment to Inclusivity and Diversity***

The University of Victoria is committed to promoting, providing and protecting a positive and supportive and safe learning and working environment for all its members.

***In the Event of Illness, Accident or Family Affliction***

- ***What to do if you miss the final exam scheduled during the formal exam period***

Apply at Records Services for a "Request for Academic Concession", normally within 10 working days of the date of the exam. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student's academic record.

OR, you can download the Request for Academic Concession form here:

<http://www.uvic.ca/registrar/assets/docs/record-forms/rac.pdf>

- ***What to do if you miss an exam other than one scheduled during the formal exam period***

Do not apply at Records Services for a "Request for Academic Concession". Instead submit documentation of the illness, accident or family affliction directly to your course instructor (or designated teaching assistant).

- ***What to do if you require additional time to complete course requirements***

Apply at Records Services for a "Request for Academic Concession", normally within 10 working days of the end of the course. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student's academic record.

OR, you can download the Request for Academic Concession form here:

<http://www.uvic.ca/registrar/assets/docs/record-forms/rac.pdf>

## ***Policy on Academic Integrity including Plagiarism and Cheating***

The Department of Psychology fully endorses and intends to enforce rigorously the Senate Policy on Academic integrity

[https://www.uvic.ca/calendar/future/undergrad/#/policy/Sk\\_0xsM\\_V?bc=true&bcCurrent=08%20-%20Policy%20on%20Academic%20Integrity&bcGroup=Undergraduate%20Academic%20Regulations&bcItemType=policies](https://www.uvic.ca/calendar/future/undergrad/#/policy/Sk_0xsM_V?bc=true&bcCurrent=08%20-%20Policy%20on%20Academic%20Integrity&bcGroup=Undergraduate%20Academic%20Regulations&bcItemType=policies). It is of utmost importance that students who do their work honestly be protected from those who do not. Because this policy is in place to ensure that students carry out and benefit from the learning activities assigned in each course, it is expected that students will cooperate in its implementation.

The offences defined by the policy can be summarized briefly as follows:

1. **Plagiarism.** You must make sure that the work you submit is your work and not someone else's. There are proper procedures for citing the works of others. The student is responsible for being aware of and using these procedures.
2. **Unauthorized Use of an Editor.** The use of an editor is prohibited unless the instructor grants explicit written authorization.
3. **Multiple Submission.** Only under exceptional circumstances may a work submitted to fulfill an academic requirement be used to satisfy another similar requirement. The student is responsible for clarifying this with the instructor(s) involved.
4. **Falsifying Materials Subject to Academic Evaluation.** This includes falsification of data, use of commercially prepared essays, using information from the Internet without proper citation, citing sources from which material is not actually obtained, etc.
5. **Cheating on Assignments, Tests, and Examinations.** You may not copy the work of others in or out of class; you may not give your work to others for the purpose of copying; you may not use unauthorized material or equipment during examinations or tests; and you may not impersonate or allow yourself to be impersonated by another at an examination. The Department of Psychology has a policy of not making old examinations available for study purposes. Therefore, use of old exams without the express written permission of the instructor constitutes cheating by the user, and abetting of cheating by the person who provided the exam.
6. **Aiding Others to Cheat.** It is a violation to help others or attempt to help others to engage in any of the conduct described above.

Instructors are expected to make every effort to prevent cheating and plagiarism. This may include the assignment of seating for examinations, asking students to move during examinations, requests to see student identification cards, and other measures as appropriate. Instructors also have available to them a variety of tools and procedures to check for Internet and electronic media-based cheating. In instances of suspected or actual plagiarism or cheating, instructors, following prescribed procedures, are authorized to take steps consistent with the degree of the offence. These measures will range from a zero on the test or assignment or a failing grade for the course, probation within a program to temporary or even permanent suspension from the University.

Rights of Appeal are described in the Policy on Academic Integrity in the University calendar January 2021.

**The definitive source** for information on Academic Integrity is the University Calendar

**Other useful resources on Plagiarism and Cheating include:**

1. The Ombudsperson's office: <https://uvicombudsperson.ca/tips/plagiarism/>  
The [Office of the Ombudsperson](#) is an independent and impartial resource to assist with the fair resolution of student issues. A confidential consultation can help you understand your rights and responsibilities. The Ombudsperson can also clarify information, help navigate procedures, assist with problem-solving, facilitate communication, provide feedback on an appeal, investigate and make recommendations. Phone: 250-721-8357; Email: [ombuddy@uvic.ca](mailto:ombuddy@uvic.ca); Web: [uvicombudsperson.ca](http://uvicombudsperson.ca).
2. UVic Library Resources: <http://www.uvic.ca/library/research/citation/plagiarism/>
3. [https://www.uvic.ca/library/research/citation/documents/avoiding%20plagiarism%20guideUpdate\\_Sept\\_2013.pdf](https://www.uvic.ca/library/research/citation/documents/avoiding%20plagiarism%20guideUpdate_Sept_2013.pdf)

# BE WELL



A note to remind you to take care of yourself. Do your best to maintain a healthy lifestyle this semester by eating well, exercising, getting enough sleep and taking some time to relax. This will help you achieve your goals and cope with stress. All of us benefit from support during times of struggle. You are not alone.

## ***Social Life, Friends, & Community at UVic:***

Having a social network is an extremely important foundation for positive mental health. There are lots of benefits to joining clubs, course unions, intramurals and teams on campus.

<https://www.uvic.ca/mentalhealth/undergraduate/connecting/index.php>

## ***Counselling Services:***

Counselling Services can help you make the most of your university experience. They offer free professional, confidential, inclusive support to currently registered UVic students. [www.uvic.ca/services/counselling/](http://www.uvic.ca/services/counselling/)

## ***Health Services:***

University Health Services (UHS) provides a full service primary health clinic for students, and coordinates healthy student and campus initiatives.

[www.uvic.ca/services/health/](http://www.uvic.ca/services/health/)

## ***Centre for Accessible Learning:***

The CAL staff are available by appointment to assess specific needs, provide referrals and arrange appropriate accommodations [www.uvic.ca/services/cal/](http://www.uvic.ca/services/cal/). The sooner you let us know your needs, the quicker we can assist you in achieving your learning goals in this course.

## ***Elders' Voices:***

The Office of Indigenous Academic and Community Engagement (IACE) has the privilege of assembling a group of Elders from local communities to guide students, staff, faculty and administration in Indigenous ways of knowing and being.

[www.uvic.ca/services/indigenous/students/programming/elders/](http://www.uvic.ca/services/indigenous/students/programming/elders/)

## ***Mental Health Supports and Services:***

Mental health supports and services are available to students from all areas of the UVic community: [www.uvic.ca/mentalhealth/undergraduate/](http://www.uvic.ca/mentalhealth/undergraduate/)

## Sexualized Violence Prevention and Response at UVic

UVic takes sexualized violence seriously, and has raised the bar for what is considered acceptable behaviour. We encourage students to learn more about how the university defines sexualized violence and its overall approach by visiting [www.uvic.ca/svp](http://www.uvic.ca/svp). If you or someone you know has been impacted by sexualized violence and needs information, advice, and/or support please contact the sexualized violence resource office in Equity and Human Rights (EQHR). Whether or not you have been directly impacted, if you want to take part in the important prevention work taking place on campus, you can also reach out:

Where: Sexualized violence resource office in EQHR, Sedgewick C119

Phone: 250.721.8021

Email: [svpcoordinator@uvic.ca](mailto:svpcoordinator@uvic.ca)

Web: [www.uvic.ca/svp](http://www.uvic.ca/svp)