Instructor | Teaching Assistant
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Office Hours: Mon. 11:30-12:30 | following exams or by appointment

Class time & place: Monday and Thursday, 10:00 to 11:20 a.m. in MAC A144

Course website: available on CourseSpaces [http://coursespaces.uvic.ca](http://coursespaces.uvic.ca)

Required Text:

Course Description:
Grounded in theory and research, this course offers an introduction to the field of clinical psychology. We will survey major areas of the profession including ethics, diagnosis, assessment, prevention, and intervention. We will examine the history and evolution of clinical psychology, the professional activities of clinical psychologists, the research basis for clinical practice (i.e., evidence-based practice), and current issues and emerging trends in the field.

Learning Objectives: by the end of this course students should be able to:
1. Understand the training and types of activities of clinical psychologists.
2. Identify and describe the major ethical principles in the Canadian Code of Ethics.
3. Understand the principles and strengths and weaknesses of diagnosis and classification systems.
4. Understand and describe the basic forms of clinical assessment and interventions along with their empirical bases.
5. Appreciate and identify emerging trends and specializations in clinical psychology and their relations with changing societal needs.
6. Understand the roles of other professionals involved in mental health care and how they might interact with clinical psychologists to benefit the public.

Course Evaluation:
Grades will be based on 2 midterm exams (25% each), a final exam (25%), a written assignment (15%), and participation (10%). All exams are non-cumulative. Midterm exams will be multiple choice; final will be multiple choice plus short answer questions.

Schedule of exams and assignments:
Midterm 1: Feb. 7 (25%)  
Midterm 2: Mar. 14 (25%)  
Assignment: Mar. 21 (15%)  
Participation: (10%)  
Final Exam: University scheduled exam period (April 8-27; 25%)

**UVic Grading Scale:** (final grades of .5 and higher will be rounded up)

<table>
<thead>
<tr>
<th>Grade</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>A+</td>
<td>90-100%</td>
</tr>
<tr>
<td>A</td>
<td>85-89%</td>
</tr>
<tr>
<td>B+</td>
<td>77-79%</td>
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<tr>
<td>B</td>
<td>73-76%</td>
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<tr>
<td>C+</td>
<td>65-69%</td>
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<tr>
<td>C</td>
<td>60-64%</td>
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<tr>
<td>D</td>
<td>50-59%</td>
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<tr>
<td>F</td>
<td>0-49%</td>
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</tbody>
</table>
### Preliminary Course Schedule

<table>
<thead>
<tr>
<th>Week</th>
<th>Class dates:</th>
<th>Topic</th>
<th>Text Chapters</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 1</td>
<td>Jan. 7, 10</td>
<td>Course overview&lt;br&gt;The Evolution of Clinical Psychology</td>
<td>1</td>
</tr>
<tr>
<td>Week 2</td>
<td>Jan. 14, 17</td>
<td>Contemporary Clinical Psychology</td>
<td>2</td>
</tr>
<tr>
<td>Week 3</td>
<td>Jan. 21, 24</td>
<td>Classification and Diagnosis</td>
<td>3</td>
</tr>
<tr>
<td>Week 4</td>
<td>Jan. 28, 31</td>
<td>Clinical Research Methods</td>
<td>4</td>
</tr>
<tr>
<td>Week 5</td>
<td>Feb. 4, 7</td>
<td>Assessment Overview&lt;br&gt;Midterm Exam # 1: Feb. 7</td>
<td>5</td>
</tr>
<tr>
<td>Week 6</td>
<td>Feb. 11, 14</td>
<td>Assessment: Interviewing &amp; Observation</td>
<td>6</td>
</tr>
<tr>
<td></td>
<td>Feb. 18-22</td>
<td>No Classes – Reading Week</td>
<td></td>
</tr>
<tr>
<td>Week 7</td>
<td>Feb. 25, 28</td>
<td>Assessment: Intellectual and Cognitive Assessment</td>
<td>7</td>
</tr>
<tr>
<td>Week 8</td>
<td>Mar. 4, 7</td>
<td>Assessment: Self-Report and Projective Measures; Clinical Decision Making</td>
<td>8, 9</td>
</tr>
<tr>
<td>Week 9</td>
<td>Mar. 11, 14</td>
<td>Intervention: Overview&lt;br&gt;Midterm Exam #2: March 14</td>
<td>11</td>
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<tr>
<td></td>
<td></td>
<td>Assignment due March 21</td>
<td>(5 to 9)</td>
</tr>
<tr>
<td>Week 10</td>
<td>Mar. 18, 21</td>
<td>Intervention: Adults and Couples Assignment due March 21</td>
<td>12</td>
</tr>
<tr>
<td>Week 11</td>
<td>Mar. 25, 28</td>
<td>Intervention: Children and Adolescents</td>
<td>13</td>
</tr>
<tr>
<td>Week 12</td>
<td>April 1, 4</td>
<td>Intervention: Identifying Key Elements of Change; Prevention if time allows)</td>
<td>14, 10</td>
</tr>
</tbody>
</table>

**Note:** The final exam (Chapters 10 to 14) will take place during the university-scheduled exam period (April 8 to 27, 2019). Please do not make travel plans until after the final exam schedule has been announced by the university. No accommodations will be made for those wanting to leave Victoria prior to the end of the final exam period.

### Make-up Exams, Withdrawals, and Prerequisites:

It is the student’s responsibility to attend exams as scheduled. Students who miss an in-class test will receive a mark of zero unless they have a documented illness or family emergency. In such circumstances, you should notify the instructor immediately by email, and you must present a medical certificate as soon as possible so that arrangements can be made for a make-up exam according to the department’s make-up examination schedule. Make-up exams or deadline extensions will not normally be given for reasons other than those specified above. Students who miss the final exam due to illness, accident or family affliction must apply at Records Services for a “Request for Academic Concession”, normally with 10 working days of the exam. Late assignments (without documented illness) will be docked 5% per day or partial day late. There is no make-up option for missed in-class participation.

Please refer to the current University calendar for the formal policy on make-up examinations, as well as the dates and deadlines for enrolling and withdrawing from this course. It is your responsibility to check your registration status by the drop deadline (Jan. 20, 2019) to ensure you are registered only in courses you have been attending. The last day for withdrawing from 2nd term courses without penalty of academic failure is **February 28, 2019.** Prerequisites: [PSYC 201](#) and [PSYC 260](#). Students who remain in courses for which they do not have the prerequisites do so at their own risk and ARE NOT exempt from having to complete the prerequisite course(s) at some later date if such courses are required for the degree program.

### Department of Psychology/UVic Course Policy Information:

For more details, please be sure to carefully review the document titled: [Important Course Policy Information](#) (posted on the Psyc 365 Coursespace website).
Assignment: (15%)  
There are several options for the written assignment:  
   a) Review of research on evidence-based services relevant to a person you know; or  
   b) Critical analysis of how clinical psychology is portrayed in the media (e.g., in movies, news, TV, books, etc.) in relation to practice and ethics; or  
   c) Keep a journal with at least 2 entries per week (minimum of 16 entries total) that reflect your thoughts and understanding of what you are learning about clinical psychology throughout the term; you may include personal reflections as well as short articles from the news or other media along with your thoughts on the article.  

Additional details will be provided in class and on the CourseSpaces website. Your paper is to be no more than 5 pages in length (excluding your reference list). Due date for the assignment is March 21st.

Participation/Discussion: (10%)  
- In-class discussion: participate in at least 5 in-class small group discussions during weeks 2, 4, 6, 8, and 10. Total (5%). There will be no make-up option if you miss any of these.  
- On-line forum: respond to at least 5 on-line discussion forums throughout the term (total 5%).

Research participation credit: (optional: for extra credit)  
Students in this course may earn up to 2% extra credit toward their final grade by participating in research studies conducted in the Department of Psychology. Each 15 minutes of participation will earn 0.5 credit with 2 credits required for a 1% increase in the student’s final grade. Thus, two hours of participation are needed in order to earn the maximum 2% extra credit for this course. For details on participating in research studies, go to the Department of Psychology web site (web.uvic.ca/psyc), click on the Research link near the top of the page, then click on the Participant Pool link at the left of the new page to see instructions for participating in the system. You must be sure to assign your credits to this course (and this section of the course) no later than the last day of class, otherwise you will not receive extra credit in this course. Please note that if you do not show up for a study you are registered for and do not cancel in time, you may be docked points. If you do not wish to participate in research studies for some reason, but still wish to have the opportunity to earn an equivalent amount of extra credit, you may contact your course instructor no later than the 8th week of class to arrange for an alternative option involving written assignments. Note that no credit will be given for participation in research that is not conducted through the Psychology Participant Pool.

Expectations:  
Students are expected to attend class as small group discussions will be used to enhance the learning experience. Students are responsible for reading and understanding the assigned chapters even if the whole chapter is not specifically covered in class; any material within the assigned chapters may be included on the exams. Exams may also include questions based on additional information addressed in class or through the course website (e.g., additional readings, news items, discussions, films/videos, guest speakers, etc.).

Please refrain from using electronic devices/tools (i.e., cell phones, Facebook) during class. Laptops may be used only for the purpose of note taking. If you use a laptop, please sit at the side or back of the room to minimize distraction of other students. Please turn off all cell phones before entering the classroom.

Course Experience Survey (CES)  
I value your feedback on this course. Towards the end of term you will have the opportunity to complete a confidential course experience survey (CES) regarding your learning experience. The survey is vital to providing feedback to me regarding the course and my teaching, as well as to help the department improve the overall program for students in the future. When it is time for you to complete the survey, you will receive an email inviting you to do so. If you do not receive an email invitation, you can go directly to your CES dashboard. You will need to use your UVic NetLink ID to access the survey, which can be done on your laptop, tablet or mobile device. In order to increase participation in the survey, I prefer that students complete the survey during class time and I
will devote 10 minutes at the beginning of class near the end of the term for this purpose. I will remind you nearer the time but please be thinking about this important activity, especially the following three questions, during the course.

1. What strengths did your instructor demonstrate that helped you learn in this course?
2. Please provide specific suggestions as to how the instructor could have helped you learn more effectively.
3. Please provide specific suggestions as to how this course could be improved.

BE WELL

A note to remind you to take care of yourself. Do your best to maintain a healthy lifestyle this semester by eating well, exercising, getting enough sleep and taking some time to relax. This will help you achieve your goals and cope with stress. All of us benefit from support during times of struggle. You are not alone.

Social Life, Friends, & Community at UVic:
Having a social network is an extremely important foundation for positive mental health. There are lots of benefits to joining clubs, course unions, intramurals and teams on campus.
https://www.uvic.ca/mentalhealth/undergraduate/connecting/index.php

Counselling Services:
Counselling Services can help you make the most of your university experience. They offer free professional, confidential, inclusive support to currently registered UVic students. www.uvic.ca/services/counselling/

Health Services:
University Health Services (UHS) provides a full service primary health clinic for students, and coordinates healthy student and campus initiatives. www.uvic.ca/services/health/

Centre for Accessible Learning:
The CAL staff are available by appointment to assess specific needs, provide referrals and arrange appropriate accommodations www.uvic.ca/services/cal/. The sooner you let us know your needs, the quicker we can assist you in achieving your learning goals in this course.

Elders' Voices:
The Office of Indigenous Academic and Community Engagement (IACE) has the privilege of assembling a group of Elders from local communities to guide students, staff, faculty and administration in Indigenous ways of knowing and being. www.uvic.ca/services/indigenous/students/programming/elders/

Mental Health Supports and Services:
Mental health supports and services are available to students from all areas of the UVic community: www.uvic.ca/mentalhealth/undergraduate/

Commitment to Inclusivity and Diversity

The University of Victoria is committed to promoting, providing and protecting a positive and supportive and safe learning and working environment for all its members.

Territorial Acknowledgement

I acknowledge with respect the Lekwungen-speaking peoples on whose traditional territory the university stands and the Songhees, Esquimalt, and WSÁNEĆ peoples whose historical relationships with the land continue to this day.
Prerequisites

Students who remain in courses for which they do not have the prerequisites do so at their own risk. Students who complete courses without prerequisites ARE NOT exempt from having to complete the prerequisite course(s) if such courses are required for the degree program.

Program Requirements

For more information see pages 313-317 of the UVic Calendar September 2018.

Registration Status

Students are responsible for verifying their registration status. Registration status may be verified using My Page, View Schedule. Course adds and drops will not be processed after the deadlines set out in the current UVic Calendar.

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In the Event of Illness, Accident or Family Affliction (See UVic Calendar, September 2018, p. 48-50)

- **What to do if you miss the final exam scheduled during the formal exam period**
  
  Apply at Records Services for a “Request for Academic Concession”, normally within 10 working days of the date of the exam. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student’s academic record.
  
  OR, you can download the Request for Academic Concession form here: http://www.uvic.ca/registrar/assets/docs/record-forms/rac.pdf

- **What to do if you miss an exam other than one scheduled during the formal exam period**
  
  Do not apply at Records Services for a “Request for Academic Concession”. Instead submit documentation of the illness, accident or family affliction directly to your course instructor (or designated teaching assistant).

- **What to do if you require additional time to complete course requirements**
  
  Apply at Records Services for a “Request for Academic Concession”, normally within 10 working days of the end of the course. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student’s academic record.
  
  OR, you can download the Request for Academic Concession form here: http://www.uvic.ca/registrar/assets/docs/record-forms/rac.pdf
Policy on Academic Integrity including Plagiarism and Cheating

The Department of Psychology fully endorses and intends to enforce rigorously the Senate Policy on Academic integrity [https://web.uvic.ca/calendar2018-09/undergrad/info/regulations/academic-integrity.html#](https://web.uvic.ca/calendar2018-09/undergrad/info/regulations/academic-integrity.html#), p. 45-47, UVic Calendar September 2018). It is of utmost importance that students who do their work honestly be protected from those who do not. Because this policy is in place to ensure that students carry out and benefit from the learning activities assigned in each course, it is expected that students will cooperate in its implementation.

The offences defined by the policy can be summarized briefly as follows:

1. **Plagiarism.** You must make sure that the work you submit is your work and not someone else’s. There are proper procedures for citing the works of others. The student is responsible for being aware of and using these procedures.

2. **Unauthorized Use of an Editor.** The use of an editor is prohibited unless the instructor grants explicit written authorization.

3. **Multiple Submission.** Only under exceptional circumstances may a work submitted to fulfill an academic requirement be used to satisfy another similar requirement. The student is responsible for clarifying this with the instructor(s) involved.

4. **Falsifying Materials Subject to Academic Evaluation.** This includes falsification of data, use of commercially prepared essays, using information from the Internet without proper citation, citing sources from which material is not actually obtained, etc.

5. **Cheating on Assignments, Tests, and Examinations.** You may not copy the work of others in or out of class; you may not give your work to others for the purpose of copying; you may not use unauthorized material or equipment during examinations or tests; and you may not impersonate or allow yourself to be impersonated by another at an examination. The Department of Psychology has a policy of not making old examinations available for study purposes. Therefore, use of old exams without the express written permission of the instructor constitutes cheating by the user, and abetting of cheating by the person who provided the exam.

6. **Being an Accessory to Offences.** This means that helping another student to cheat (for instance, by showing or communicating to them answers to an assignment, or by allowing them to view answers on an exam) is an academic offence.

Instructors are expected to make every effort to prevent cheating and plagiarism. This may include the assignment of seating for examinations, asking students to move during examinations, requests to see student identification cards, and other measures as appropriate. Instructors also have available to them a variety of tools and procedures to check for Internet and electronic media-based cheating. In instances of suspected or actual plagiarism or cheating, instructors, following prescribed procedures, are authorized to take steps consistent with the degree of the offence. These measures will range from a zero on the test or assignment or a failing grade for the course, probation within a program to temporary or even permanent suspension from the University.

Rights of Appeal are described in the Policy on Academic Integrity in the University calendar (on p. 46 in September 2018).

The definitive source for information on Academic Integrity is the University Calendar (p. 45-47 in September 2018) [https://web.uvic.ca/calendar2018-09/undergrad/info/regulations/academic-integrity.html#](https://web.uvic.ca/calendar2018-09/undergrad/info/regulations/academic-integrity.html#)

Other useful resources on Plagiarism and Cheating include:

1. The Study Solutions Office: [https://www.uvic.ca/services/counselling/success/study/index.php](https://www.uvic.ca/services/counselling/success/study/index.php)
2. The Ombudsperson’s office: [https://uvicombudsperson.ca/tips/plagiarism/](https://uvicombudsperson.ca/tips/plagiarism/)
UVic takes sexualized violence seriously, and has raised the bar for what is considered acceptable behaviour. We encourage students to learn more about how the university defines sexualized violence and its overall approach by visiting [www.uvic.ca/svp](http://www.uvic.ca/svp). If you or someone you know has been impacted by sexualized violence and needs information, advice, and/or support please contact the sexualized violence resource office in Equity and Human Rights (EQHR). Whether or not you have been directly impacted, if you want to take part in the important prevention work taking place on campus, you can also reach out:

Where: Sexualized violence resource office in EQHR, Sedgewick C119

Phone: 250.721.8021

Email:svpcoordinator@uvic.ca

Web: [www.uvic.ca/svp](http://www.uvic.ca/svp)