Instructor: Dr. Jody L. Bain
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Office Hours: Tuesday/Wednesday 12:30 to 1:30 and Thursday/Friday by appointment

Classtime: January 7 to April 5, 2019
(No classes February 18 to 22, 2019 Reading Break)
Tuesday, Wednesday, Friday – 11:30 – 12:20
HSD A 240

SUGGESTED TEXT: Youth and Society: The Long and Winding Road (3RD edition) by Vappu Tyyskä

PURPOSE: Adolescent Development examines a number of issues in the development of youth including the influences of biological (e.g., sexual development), psychological (e.g., the role of stress), and social (e.g. peer relationships) factors. Development may be viewed as change; in adolescence there are variations in biological, cognitive, and social expression over time. Beginning with an examination of traditional ideas regarding adolescence, such as biological theories, learning theories, and sociological theories, a wide selection of topics will be presented that assist in the understanding of the interplay of developmental tasks in adolescence.

Prerequisites for this course are Psychology 201 and 243. Students who remain in this course who do not have these prerequisites do so at their own peril and are not exempt from having to complete the prerequisite courses if required for the degree program. Students are responsible for checking their registration status before the end of the add period. Students will not be added after this deadline.

The University of Victoria is committed to promoting, providing, and protecting a positive and supportive and safe learning and working environment for all its members.
**COURSE OUTLINE (a guideline subject to change):**

<table>
<thead>
<tr>
<th>Date Range</th>
<th>Topic</th>
<th>Chapters/Sections</th>
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<tbody>
<tr>
<td>January 8</td>
<td>Introduction</td>
<td></td>
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<tr>
<td>January 9-18</td>
<td>Theories of Development</td>
<td>Chapter 1,9, Biological Transitions Cognitive Transitions</td>
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<tr>
<td>JANUARY 22</td>
<td>Quiz (5%)</td>
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<tr>
<td>Jan. 23 – Feb. 1</td>
<td>Socials Transitions</td>
<td>Chapter 3, 7 Families</td>
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<tr>
<td>February 5 - 13</td>
<td>Peer Groups</td>
<td>Chapter 7 Schools</td>
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<tr>
<td>February 15</td>
<td>EXAMINATION #1 (15%)</td>
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<td>February 18 to 22, 2019 – Reading Break</td>
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<tr>
<td>February 26 – March 13</td>
<td>Identity</td>
<td>Chapter 6,7 Autonomy Intimacy / Sexuality</td>
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<tr>
<td>March 15</td>
<td>EXAMINATION #2 (15%)</td>
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<tr>
<td>March 19 – April 3</td>
<td>Work</td>
<td>Chapter 5 Cultural Influences Psychosocial Problems</td>
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<td>April 5</td>
<td>EXAMINATION #3 (15%)</td>
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EVALUATION:

1. Assignments: There will be two written assignments (12% each), out of several topics given, due in class on the dates indicated below. Each assignment will involve preparing a short discussion paper (maximum = FIVE double-spaced pages) in response to an assigned topic. No late papers will be accepted. **CHOOSE TWO OF THE FIVE DATES**

Assignments are due: January 16, January 30, February 13, February 27, March 13, 2019
TOTAL VALUE: 24%

2. Project: Choose one of the following options.

   **OPTION A**

   Major essay due in class on the date indicated below. It will involve preparing a discussion paper (10-12 double-spaced pages) in response to a topic approved by the instructor. No late papers will be accepted.

   Essay is due: March 22, 2019

   TOTAL VALUE: 16%

   **OPTION B**

   Oral Presentation Session: Oral presentations concerning pertinent topics in Adolescent Development will be created by groups of students; OR THIS CAN TAKE THE FORM OF A DEBATE. Topics will be approved by the instructor. Dates to be arranged by January 29, 2019. In addition a 5-7 page paper will be submitted to the instructor one week after the presentation (one per group).

   TOTAL VALUE: 16%

   **OPTION C**

   Journal: Keep a journal with at least Two entries per week reflecting your thoughts regarding adolescent development TO A MINIMUM OF 15 ENTRIES. Include articles of interest with a commentary – these may be from a newspaper or any other form of mainstream media as well as your personal experiences.

   Journal is due: March 22, 2019

   TOTAL VALUE: 16%
3. Examinations: There will be one quiz and three short answer examinations covering information presented in class.

Quiz: January 22, 2019 (5%)
Exams: February 15, March 15, April 5, 2019(15% each)

TOTAL VALUE: 50%

4. In-class Discussions: There will be five in-class assignments/projects (2% each). These will be in the format of Group Discussions. They will be held on January 15, 29, February 12, 26, March 19, 2019. THESE CANNOT BE MADE UP.

TOTAL VALUE: 10%

Note: You are responsible for materials in lectures you do not attend. Tests and examinations will contain short-answer questions. Missed examinations with a valid reason will be made up at the earliest convenient time. Missed examinations without a valid reason will receive a score of zero. Letter grades will be assigned as follows with scores derived to 3 decimal places.

A+ 90 – 100%  B+ 77 – 79.5%  C+ 65 – 69.5%  F < 49.5%
A 85 – 89.5%  B 73 – 76.5%  C 60 – 64.5%
A- 80 – 84.5%  B- 70 – 72.5%  D 50 – 59.5%

Important Notices:
The course requires an ongoing commitment to a number of assignments and projects. Please be attentive to the due dates. Late submissions, without an accompanying medical note, note of family affliction, or note from a U.Vic coach regarding an athletic event will not be accepted. Assignments are due by the beginning of class on the assigned day. Similarly, exams that are missed (not due to the above mentioned reasons) cannot be made-up. Therefore, missed submissions due to vacation travel are forfeited.
Important Course Policy Information
Winter 2018-2019

Prerequisites

Students who remain in courses for which they do not have the prerequisites do so at their own risk. Students who complete courses without prerequisites ARE NOT exempt from having to complete the prerequisite course(s) if such courses are required for the degree program.

Program Requirements

For more information see pages 313-317 of the UVic Calendar September 2018.

Registration Status

Students are responsible for verifying their registration status. Registration status may be verified using My Page, View Schedule. Course adds and drops will not be processed after the deadlines set out in the current UVic Calendar.

Commitment to Inclusivity and Diversity

The University of Victoria is committed to promoting, providing and protecting a positive and supportive and safe learning and working environment for all its members.

In the Event of Illness, Accident or Family Affliction (See UVic Calendar, September 2018, p. 48-50)

• **What to do if you miss the final exam scheduled during the formal exam period**

  Apply at Records Services for a “Request for Academic Concession”, normally within 10 working days of the date of the exam. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student’s academic record.

  OR, you can download the Request for Academic Concession form here: [http://www.uvic.ca/registrar/assets/docs/record-forms/rac.pdf](http://www.uvic.ca/registrar/assets/docs/record-forms/rac.pdf)

• **What to do if you miss an exam other than one scheduled during the formal exam period**

  Do not apply at Records Services for a “Request for Academic Concession”. Instead submit documentation of the illness, accident or family affliction directly to your course instructor (or designated teaching assistant).

• **What to do if you require additional time to complete course requirements**

  Apply at Records Services for a “Request for Academic Concession”, normally within 10 working days of the end of the course. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student’s academic record.

  OR, you can download the Request for Academic Concession form here: [http://www.uvic.ca/registrar/assets/docs/record-forms/rac.pdf](http://www.uvic.ca/registrar/assets/docs/record-forms/rac.pdf)
**Policy on Academic Integrity including Plagiarism and Cheating**

The Department of Psychology fully endorses and intends to enforce rigorously the Senate Policy on Academic integrity [https://web.uvic.ca/calendar2018-09/undergrad/info/regulations/academic-integrity.html#](https://web.uvic.ca/calendar2018-09/undergrad/info/regulations/academic-integrity.html#), p. 45-47, UVic Calendar September 2018). It is of utmost importance that students who do their work honestly be protected from those who do not. Because this policy is in place to ensure that students carry out and benefit from the learning activities assigned in each course, it is expected that students will cooperate in its implementation.

The offences defined by the policy can be summarized briefly as follows:

1. **Plagiarism.** You must make sure that the work you submit is your work and not someone else's. There are proper procedures for citing the works of others. The student is responsible for being aware of and using these procedures.

2. **Unauthorized Use of an Editor.** The use of an editor is prohibited unless the instructor grants explicit written authorization.

3. **Multiple Submission.** Only under exceptional circumstances may a work submitted to fulfill an academic requirement be used to satisfy another similar requirement. The student is responsible for clarifying this with the instructor(s) involved.

4. **Falsifying Materials Subject to Academic Evaluation.** This includes falsification of data, use of commercially prepared essays, using information from the Internet without proper citation, citing sources from which material is not actually obtained, etc.

5. **Cheating on Assignments, Tests, and Examinations.** You may not copy the work of others in or out of class; you may not give your work to others for the purpose of copying; you may not use unauthorized material or equipment during examinations or tests; and you may not impersonate or allow yourself to be impersonated by another at an examination. The Department of Psychology has a policy of not making old examinations available for study purposes. Therefore, use of old exams without the express written permission of the instructor constitutes cheating by the user, and abetting of cheating by the person who provided the exam.

6. **Being an Accessory to Offences.** This means that helping another student to cheat (for instance, by showing or communicating to them answers to an assignment, or by allowing them to view answers on an exam) is an academic offence.

Instructors are expected to make every effort to prevent cheating and plagiarism. This may include the assignment of seating for examinations, asking students to move during examinations, requests to see student identification cards, and other measures as appropriate. Instructors also have available to them a variety of tools and procedures to check for Internet and electronic media-based cheating. In instances of suspected or actual plagiarism or cheating, instructors, following prescribed procedures, are authorized to take steps consistent with the degree of the offence. These measures will range from a zero on the test or assignment or a failing grade for the course, probation within a program to temporary or even permanent suspension from the University.

Rights of Appeal are described in the Policy on Academic Integrity in the University calendar (on p. 46 in September 2018).

**The definitive source** for information on Academic Integrity is the University Calendar (p. 45-47 in September 2018) ([https://web.uvic.ca/calendar2018-09/undergrad/info/regulations/academic-integrity.html#](https://web.uvic.ca/calendar2018-09/undergrad/info/regulations/academic-integrity.html#))

**Other useful resources on Plagiarism and Cheating include:**

1. The Study Solutions Office: [https://www.uvic.ca/services/counselling/success/study/index.php](https://www.uvic.ca/services/counselling/success/study/index.php)
2. The Ombudsperson's office: [https://uvicombudsperson.ca/tips/plagiarism/](https://uvicombudsperson.ca/tips/plagiarism/)
BE WELL

A note to remind you to take care of yourself. Do your best to maintain a healthy lifestyle this semester by eating well, exercising, getting enough sleep and taking some time to relax. This will help you achieve your goals and cope with stress. All of us benefit from support during times of struggle. You are not alone.

Social Life, Friends, & Community at UVic:
Having a social network is an extremely important foundation for positive mental health. There are lots of benefits to joining clubs, course unions, intramurals and teams on campus. 
https://www.uvic.ca/mentalhealth/undergraduate/connecting/index.php

Counselling Services:
Counselling Services can help you make the most of your university experience. They offer free professional, confidential, inclusive support to currently registered UVic students. www.uvic.ca/services/counselling/

Health Services:
University Health Services (UHS) provides a full service primary health clinic for students, and coordinates healthy student and campus initiatives.
www.uvic.ca/services/health/

Centre for Accessible Learning:
The CAL staff are available by appointment to assess specific needs, provide referrals and arrange appropriate accommodations www.uvic.ca/services/cal/. The sooner you let us know your needs, the quicker we can assist you in achieving your learning goals in this course.

Elders' Voices:
The Office of Indigenous Academic and Community Engagement (IACE) has the privilege of assembling a group of Elders from local communities to guide students, staff, faculty and administration in Indigenous ways of knowing and being.
www.uvic.ca/services/indigenous/students/programming/elders/

Mental Health Supports and Services:
Mental health supports and services are available to students from all areas of the UVic community: www.uvic.ca/mentalhealth/undergraduate/