UNIVERSITY OF VICTORIA - PSYCHOLOGY 339 (A01) 2018
ADULT DEVELOPMENT AND AGING

Instructor: Dr. Jody L. Bain
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Phone / E-mail: 472-4491 / jlbain@uvic.ca
Office Hours: Tuesday 09:30 to 10:15
Wednesday/Friday: 11:30 to 12:15

Classtime: January 3 – April 6, 2018
(No classes February 12 – 16, 2018 - Reading Break
March 30 – Good Friday / April 2 – Easter Monday)

Tuesday, Wednesday, Friday, 08:30 to 09:20
Cornett A 221

SUGGESTED TEXT: Adult Development and Aging:
The Canadian Experience - 1st Edition
By: Bonnie Dobbs | Lori Harper

PURPOSE: Adult Development and Aging examines a number of issues in the
development of the adult including the influences of biological (e.g., physical changes
and loss of abilities), psychological (e.g., memory and cognition), and social (e.g. peer
and family relationships) factors. Development may be viewed as change; in adulthood
there are variations in biological, cognitive, and social expression over time. Beginning
with an examination of traditional ideas regarding adulthood and aging, a wide selection
of topics will be presented that assist in the understanding of the interplay of
developmental tasks beyond the age of nineteen, with a particular focus on changes
later in life.

Prerequisites for this course are: either PSYC 100A and PSYC 100B, or PSYC 243;
and PSYC 201; or permission of the department.

Students who remain in this course who do not have these prerequisites do so at their
own peril and are not exempt from having to complete the prerequisite courses if
required for the degree program. Students are responsible for checking their
registration status before the end of the add period. Students will not be added after this
deadline.

The University of Victoria is committed to promoting, providing, and protecting a positive
and supportive and safe learning and working environment for all its members.
**COURSE OUTLINE:** (subject to change as announced in class)

<table>
<thead>
<tr>
<th>Date Range</th>
<th>Topic</th>
<th>Chapters</th>
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<tbody>
<tr>
<td>January 3</td>
<td>Introduction to course</td>
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<tr>
<td>January 5 - 19</td>
<td>Theories of Development in Adulthood and Gerontology</td>
<td>Chapter 1,8</td>
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<td>The Self and Identity</td>
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<td>January 23 – 30</td>
<td>Social Development</td>
<td>Chapter 10</td>
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<td>Family</td>
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<tr>
<td>January 31 – February 7</td>
<td>Physical Development</td>
<td>Chapter 3</td>
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<tr>
<td>February 9</td>
<td>Exam #1 (20%)</td>
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<td>NO CLASSES February 12 – 16, 2018</td>
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<tr>
<td>February 20 – March 14</td>
<td>Cognition (lifespan view)</td>
<td>Chapter 4,7,11,12</td>
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<td>Work &amp; Retirement</td>
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<td>Death and Dying</td>
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<td>March 16</td>
<td>Exam #2 (20%)</td>
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<tr>
<td>March 20 - 27</td>
<td>Mental Health in Aging</td>
<td>Chapter 5,6,9,13</td>
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<td>Coping with Change</td>
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<td>NO CLASSES March 30 – Good Friday / April 2 – Easter Monday</td>
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<td>March 28 – April 4</td>
<td>Special Topics</td>
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<td>April 6</td>
<td>Exam #3 (15%)</td>
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EVALUATION:

1. Assignments: There will be three written assignments (10% each), out of topics given, due in class on the dates indicated below. Each assignment will involve preparing a short discussion paper (maximum = three double-spaced pages). No late assignments will be accepted.

Assignments are due: January 12, January 26, February 6, February 20, March 6, March 20, 2018 (choose 3 of these 6 dates).

TOTAL VALUE: 30%

2. Major paper – This will involve planning and conducting an interview with an individual from each of three primary adult age demographics: young adult, middle age adult, senior, elderly, older than 80 years.

The preparation of this paper is in two stages.

Stage 1) prepare 5 questions that you want to ask – due February 2nd at the latest (5%) with a rationale for each question. If not approved by Feb 2nd you are not permitted to proceed with the final paper.

Stage 2) prepare a discussion paper of 8 – 10 pages (double-spaced). The final paper (10%) is due: March 27, 2018

TOTAL VALUE: 15%

3. Examinations: There will be three short answer examinations covering information presented in the text and in class.

Examinations: February 9 (20%), March 16 (20%), and April 6 (15%), 2018.

TOTAL VALUE: 55%

Note: You are responsible for materials in lectures you do not attend. Tests and examinations will contain both multiple-choice and short-answer questions. Missed examinations with a valid reason will be made up at the earliest convenient time. If you miss an examination due to illness, accident, or family affliction, you must contact Dr. Bain. Missed examinations without a valid reason will receive a score of zero. Letter grades will be assigned as follows with scores derived to 3 decimal places.

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<thead>
<tr>
<th>Grade</th>
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<th>Range</th>
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<tbody>
<tr>
<td>A+</td>
<td>90 – 100%</td>
<td>B+</td>
<td>77 – 79%</td>
<td>C+</td>
<td>65 – 69%</td>
<td>F</td>
<td>&lt; 49.5%</td>
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<tr>
<td>A</td>
<td>85 – 89%</td>
<td>B</td>
<td>73 – 76%</td>
<td>C</td>
<td>60 – 64%</td>
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<tr>
<td>A-</td>
<td>80 – 84%</td>
<td>B-</td>
<td>70 – 72%</td>
<td>D</td>
<td>50 – 59%</td>
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Important Notices:
The course requires an ongoing commitment to a number of assignments and projects. Please be attentive to the due dates. Late submissions, without an accompanying medical note, note of family affliction, or note from an UVic coach regarding an athletic event will not be accepted. All assignments are due in class on the assigned day. Missed submissions due to vacation travel are penalized, missed examinations are forfeited.
Prerequisites

Students who remain in courses for which they do not have the prerequisites do so at their own risk. Students who complete courses without prerequisites ARE NOT exempt from having to complete the prerequisite course(s) if such courses are required for the degree program.

Program Requirements

For more information see pages 305-308 of the UVic Calendar January 2018.

Registration Status

Students are responsible for verifying their registration status. Registration status may be verified using My Page, View Schedule. Course adds and drops will not be processed after the deadlines set out in the current UVic Calendar.

Commitment to Inclusivity and Diversity

The University of Victoria is committed to promoting, providing and protecting a positive and supportive and safe learning and working environment for all its members.

In the Event of Illness, Accident or Family Affliction (See UVic Calendar, January 2018, p. 46-47)

- What to do if you miss the final exam scheduled during the formal exam period

Apply at Records Services for a “Request for Academic Concession”, normally within 10 working days of the date of the exam. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student’s academic record.

OR, you can download the Request for Academic Concession form here: http://www.uvic.ca/registrar/assets/docs/record-forms/rac.pdf

- What to do if you miss an exam other than one scheduled during the formal exam period

Do not apply at Records Services for a “Request for Academic Concession”. Instead submit documentation of the illness, accident or family affliction directly to your course instructor (or designated teaching assistant).

- What to do if you require additional time to complete course requirements

Apply at Records Services for a “Request for Academic Concession”, normally within 10 working days of the end of the course. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student’s academic record.

OR, you can download the Request for Academic Concession form here: http://www.uvic.ca/registrar/assets/docs/record-forms/rac.pdf
Policy on Academic Integrity including Plagiarism and Cheating

The Department of Psychology fully endorses and intends to enforce rigorously the Senate Policy on Academic integrity (https://web.uvic.ca/calendar2018-01/undergrad/info/regulations/academic-integrity.html#), p. 42-45, UVic Calendar January 2018). It is of utmost importance that students who do their work honestly be protected from those who do not. Because this policy is in place to ensure that students carry out and benefit from the learning activities assigned in each course, it is expected that students will cooperate in its implementation.

The offenses defined by the policy can be summarized briefly as follows:

1. **Plagiarism.** You must make sure that the work you submit is your work and not someone else’s. There are proper procedures for citing the works of others. The student is responsible for being aware of and using these procedures.

2. **Unauthorized Use of an Editor.** The use of an editor is prohibited unless the instructor grants explicit written authorization.

3. **Multiple Submission.** Only under exceptional circumstances may a work submitted to fulfill an academic requirement be used to satisfy another similar requirement. The student is responsible for clarifying this with the instructor(s) involved.

4. **Falsifying Materials Subject to Academic Evaluation.** This includes falsification of data, use of commercially prepared essays, using information from the Internet without proper citation, citing sources from which material is not actually obtained, etc.

5. **Cheating on Assignments, Tests, and Examinations.** You may not copy the work of others in or out of class; you may not give your work to others for the purpose of copying; you may not use unauthorized material or equipment during examinations or tests; and you may not impersonate or allow yourself to be impersonated by another at an examination. The Department of Psychology has a policy of not making old examinations available for study purposes. Therefore, use of old exams without the express written permission of the instructor constitutes cheating by the user, and abetting of cheating by the person who provided the exam.

6. **Being an Accessory to Offences.** This means that helping another student to cheat (for instance, by showing or communicating to them answers to an assignment, or by allowing them to view answers on an exam) is an academic offence.

Instructors are expected to make every effort to prevent cheating and plagiarism. This may include the assignment of seating for examinations, asking students to move during examinations, requests to see student identification cards, and other measures as appropriate. Instructors also have available to them a variety of tools and procedures to check for Internet and electronic media-based cheating. In instances of suspected or actual plagiarism or cheating, instructors, following prescribed procedures, are authorized to take steps consistent with the degree of the offence. These measures will range from a zero on the test or assignment or a failing grade for the course, probation within a program to temporary or even permanent suspension from the University.

Rights of Appeal are described in the Policy on Academic Integrity in the University calendar (on p. 43-44 in January 2018).

The definitive source for information on Academic Integrity is the University Calendar (p. 42-45 in January 2018) (https://web.uvic.ca/calendar2018-01/undergrad/info/regulations/academic-integrity.html#)

Other useful resources on Plagiarism and Cheating include:

1. The Study Solutions Office: https://www.uvic.ca/services/counselling/success/study/index.php
2. The Ombudsperson’s office: http://www.uvss.uvic.ca/ombudsperson/pubsguides/plagiarism.pdf
3. UVic Library Resources: http://www.uvic.ca/library/research/citation/plagiarism/