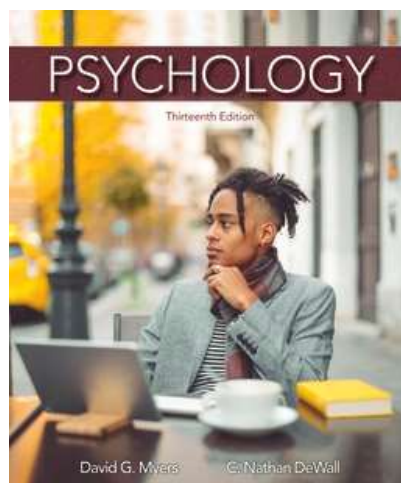


Psychology 100B



Introductory Psychology II

A01 (CRN 22788), A02 (CRN 22789), A03 (CRN 22790)
Social and Applied Emphasis
Winter Second Term (Jan-Apr) 2024



Psychology 100B – Introductory Psychology II

Social and Applied Emphasis

Winter Second Term (Jan-Apr) 2024

TWF* 10:30 (A01) /12:30 (A02) /1:30 (A03)

Class location: MAC (MacLaurin building) A144

**Note: PSYC 100B A04 uses a different course outline*

TABLE OF CONTENTS

Welcome to Psychology 100B	3
Meet your Psychology 100 Team	4
Whom Should I Contact if I Have a Question?	4
Materials: What Will I Need for This Course?	5
What is This Course About?	6
What is the Format of the Class?	6
Graphic Syllabus	7
What are you Expecting From me?	8
What can I Expect from the PSYC 100 Team?	9
Tentative Course Schedule and Due Dates	10
How Will my Progress be Evaluated?	11
Tests	12
What to do if I miss an test due to illness	12
What to do if I require special test arrangements for tests due to a disability	12
Online Quizzes	12
APA and Study Methodology Quiz	13
Study Strategies Research Assignment	13
Meme Critical Reflections	14
Online Surveys	14
Clickers	15
Extra Credit for Research Participation	16
How can I do Well in This Course?	17
Supporting an Effective Learning Environment	17
Taking Care of Myself	18
Important UVic Course Policy Information	19
UVic Grading System	20

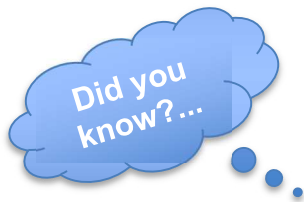
WELCOME TO PSYCHOLOGY 100B

We acknowledge and respect the Ləkʷəŋən (Songhees and Esquimalt) Peoples on whose territory the university stands, and the Ləkʷəŋən and WSÁNEĆ Peoples whose historical relationships with the land continue to this day.

We feel extremely privileged to learn, work, teach, and play on this beautiful territory.

Hello!

On behalf of the Department of Psychology and as the instructors of this course, we welcome you to Psychology 100B! This is a course we are passionate about, and we hope to engage those of you interested in majoring in psychology, as well as those of you who are non-psychology majors, in reflecting on how psychology can be used to tackle important issues in our communities and more broadly, in the world. We hope this course will interest and challenge you.



Did you know that Introductory Psychology is one of the most popular classes in post-secondary institutions world-wide? Psychology, as a field of study, has obvious intrinsic appeal: exploring the nature and causes of human behaviour is exciting! Yet the very accessibility and familiarity of psychology can pose a problem. Although we believe we have good, common-sense views of psychology, our perspectives are fundamentally shaped by our personal experiences, our contexts, and our folk wisdom. Our perspectives might not all be wrong, but they can sometimes interfere with our approaching the study of behaviour from other points of view. We are here to help you explore this issue both in this course and in the future, if you advance in further psychology courses.

This semester, we have up to 1000 UVic students taking this course and we hope to engage in conversations with as many of you as we can. We encourage you to take the initiative and contact us during our office hours, after class, or by e-mailing us.

We wish you the best for a successful and productive learning experience in Psychology 100B!



Dr. Jhotisha Mugon – Course Coordinator
Instructor of section A02 & A03 (12:30pm & 1:30pm)



Dr. Jessica Rourke
Instructor of section A01 (10:30am)

MEET THE PSYCHOLOGY 100B TEAM

Recordkeeper/Exam TA* : Erin Lowey	COR A061, p100off@uvic.ca
Section TA's A01 (10:30am): Jie Li A02 (12:30pm): Kingsley Ivande A03 (1:30pm): Carolyn Helps	COR A061, p100off@uvic.ca Please include the name of the TA / Section (A01, A02, A03) in the subject heading of your e-mails
Course coordinator : Dr. Jhotisha Mugon	COR A235, p100co@uvic.ca
Section Instructors: Section A01: Dr. Jessica Rourke Section A02 & A03: Dr. Jhotisha Mugon	COR A277, p100co@uvic.ca COR A235, p100co@uvic.ca

**TA stands for Teaching Assistant*

WHOM SHOULD I CONTACT IF I HAVE A QUESTION?

Because we have almost 900 students in this course, it can take us a little while to respond to your email – we thank you in advance for your patience and understanding! **Often, the questions we receive could have been immediately answered because the answer is in this course syllabus!** Please, before you send us a question, check if the answer is in this course syllabus or other documents in Brightspace. Another good option is to check if your peers know the answer to your question (e.g., post your question in the relevant discussion forum section!).

If the above ideas don't yield you an answer, use the list below to determine whom to contact with your question/comment. **In your subject heading, please include "PSYC 100B" and your section number (A01, A02, A03) and the name of your TA (if you are e-mailing your TA).**

<u>If you have questions/comments regarding:</u>	<u>Contact:</u>
<ul style="list-style-type: none"> • Test scoring, make-up tests, test accommodations • iClicker points 	course recordkeeper at p100off@uvic.ca
<ul style="list-style-type: none"> • Online quizzes, assignments, meme critical reflections, general inquiries 	your section TA at p100off@uvic.ca (remember to put your name in the email title!)
<ul style="list-style-type: none"> • Research participation bonus points 	research participation coordinator Dr. Fred Grouzet at psycresearch@uvic.ca
<ul style="list-style-type: none"> • Lecture accommodations 	section instructor
<ul style="list-style-type: none"> • Tuesday/Wednesday lecture material 	section instructor
<ul style="list-style-type: none"> • Textbook material 	section TA or instructor
<ul style="list-style-type: none"> • Technical issues with iClicker, computer, e-mail, Brightspace, netlink login, password problems 	computer help desk (helpdesk@uvic.ca ; 250-721-7687)

MATERIALS: WHAT WILL I NEED FOR THIS COURSE?

Required Text

Myers, D. M. and DeWall, C. N. (2021). *Psychology* (13th ed.). Worth Publishers.

You can purchase the textbook through the UVic Bookstore. **Order it as soon as possible** because it may take some time for you to receive it (even the ebook!). Throughout the course, you should have continuing access to it in order to master the material. You have the option to purchase a new text in one of two ways:

- as an ebook (\$70) **OR** as looseleaf pages that go into a binder (\$136)

Both options include access to online study resources via the Achieve platform, including an online version of the text and 2-years of access to the iClicker Student App (if you're not purchasing a textbook, you can purchase access to just iClicker – contact the bookstore for information on how to do this).

To purchase your textbook (and the Achieve platform) go to the UVic bookstore website then search for Psyc 100B (and whichever section you're registered in: A01, A02, A03): <https://www.uvicbookstore.ca/text/>

Accessing your textbook

To access the textbook online ("Achieve") go to: TBD

- To make it easy to return to, please bookmark the page.
- For further guidance and tech support for accessing and utilizing Achieve, see: <https://macmillan.force.com/macmillanlearning/s/article/Achieve-Getting-Started-Guide-for-Students>
- You can reach a virtual representative 24 hours a day, 7 days a week through the online form: <https://macmillan.force.com/macmillanlearning/s/chat-with-us>
- You can also find useful FAQ information 24 hours a day, 7 days a week through the online form: <https://mhe.my.site.com/macmillanlearning/s/>

Access to Technology

As a UVic student, you get **free access** to Microsoft 365, including access to OneDrive storage and Microsoft Office applications. Information about Microsoft 365 and instructions to access it can be found on UVic's Microsoft 365 site (<https://onlineacademiccommunity.uvic.ca/O365/>). If you have questions, contact UVic's computer help desk – see their website for various contact options and hours of operation for any technology questions/issues: <https://www.uvic.ca/systems/services/helpsupport/computerhelpdesk/>

PSYC 100B Course Website (available as of January 8th)

The PSYC 100B A01 – A03x website is accessible through UVic's Brightspace system <https://bright.uvic.ca>. This site includes all course material, including lecture slides, chapter summaries, quizzes, and assignments. **At first, you'll only see the section "Course Information/Getting Started."** This section contains a territorial acknowledgment, welcome messages, office hours schedule, the course syllabus, studying tips, information on how to access your textbook, as well as links to useful campus resources.

Complete the *Syllabus Scavenger Hunt* in that section to unlock the rest of the available course material.

NetLink ID: To access the PSYC 100B Brightspace you need a valid UVic Netlink ID. To register, go to the NetLink website (<http://netlink.uvic.ca/>) and follow the directions there. If you cannot access our Brightspace site after receiving your NetLink ID, please contact the computer helpdesk (helpdesk@uvic.ca; 250-721-7687).

WHAT IS THIS COURSE ABOUT?

Psychology is an exciting and complex scientific discipline and is an essential part of the helping professions. We have designed PSYC 100B and (PSYC 100A) to provide an overview of:

- the main areas, findings, and methods of modern psychology
- various theoretical perspectives and professional orientations within psychology
- scientific methods of gathering information and forming conclusions from the study of human behaviour and functioning
- psychological principles that serve as a foundation for taking more advanced courses in psychology and related disciplines
- how psychological principles have been used to help people lead better, healthier lives, and to solve real world problems
- how to locate and utilize psychological research information

PSYC 100B focuses on human intelligence, personality, lifespan development, motivation, emotions & stress, psychological disorders, and psychological treatment. **PSYC 100A** focuses on the historical, methodological, biological, learning, and cognitive aspects of psychology. You do not have to take PSYC 100A after you have completed PSYC 100B, but you should be aware that if you wish to take any further courses in Psychology at the University of Victoria you must complete both PSYC 100A and B.



PLEASE NOTE: This is a psychology course in which we will be discussing topics related to mental health, psychological disorders (Ch. 15 of this course), and psychological treatment (Ch. 16 of this course). You will be expected to engage with material pertaining to these topics and you will be tested on this material.

What is the Format of the Class?

Our course is divided into Modules which correspond to a chapter in the textbook. Modules will be released weekly (just after midnight on Saturdays), according to our class topic schedule. For each Module there will typically be:

- one assigned textbook chapter for you to read
- a chapter summary that highlights important course concepts
- lecture slides that correspond to the weekly class content. Remember to bring your iClicker remote (or app) to class and use it to submit responses to surveys and questions asked in class
- a short online quiz related to the chapter material (prior to exams, there will also be a pre-test quiz)
- a written assignment option: Meme critical Thinking Reflections (you only need to complete 2 of them)
- at times, there may be some additional learning material (e.g., a short video, podcast, interactive activity)

How is this course delivered?

Each week, you have 3 in-person class sessions in MAC A144 (MAC is the MacLaurin building). In class we will cover material related to the chapter in various forms – through lecture, demonstrations, discussions, and videos with guided questions.

We cover the text chapters out of order...why?

We think the most interesting way to start the course is with psychological content – in this case, the study of human consciousness (Chapter 3 in your textbook), which includes topics such as attention, sleeping and dreaming, and altering consciousness through things such as drugs, hypnosis, and meditation.

The “nonlinear” ordering of our coverage of the chapters is based on the following “conceptual map” of the ideas in the text, and we think it constitutes a more compelling sequence of topics that we hope will better help you become engaged in the excitement of psychological science:

UVIC PSYC 100B Graphic Syllabus

How do minds develop, solve problems, and want things?

Ch. 5: Developing through the life span

Ch. 10: Intelligence

Motivation

Exam 1

How do we feel and who are we in a social world?

Ch. 12: Emotions, Stress, and Health

Ch. 13: Social Psychology

Ch. 14: Personality

Exam 2

What are disorders and how do we treat them?

Ch. 15: Psychological Disorders

Ch. 16: Therapy

Exam 3

WHAT ARE YOU EXPECTING FROM ME?

Psychology is a scientific discipline, and as such it requires considerable thought and time to develop an understanding of psychological research and principles. We expect you to complete the assigned weekly materials, to attend and engage in class sessions, to attend office hours when needed, and to spend several hours a week (between 7 – 10 hours: this includes the 3 hours in class each week) toward mastering the course material.

Attend class sessions and office hours

Although not mandatory, attending our class sessions 3 times a week will help increase your understanding of the material and provide you with opportunities to engage with and discuss the material with the instructor and your classmates. We encourage you to bring your questions and ask for clarification, or to bring examples you found useful in illustrating some of the concepts (this could be a video, article, or your own knowledge). If you need some support outside of class time, please drop in to one of our in-person or virtual office hours! See page our Brightspace page for office hour times and locations.

Manage your time

Courses can be tricky to complete if you don't stick to a schedule. Be prepared for tests by completing the assigned readings, chapter quizzes, and other assignments/activities in accordance with the schedule provided above. Set aside blocks of time each week to work on the course material, and engage with your classmates (e.g., set up a study group – we have a discussion forum to help you do that!).

Check the Brightspace website often

All course materials (e.g., course schedule, assignment information) will be available through Brightspace. Although we will do our best to also post class recordings to Brightspace, the best way to learn and engage with the material is to attend your scheduled class whenever possible.

Conduct yourself appropriately

Please listen to and interact with others in a respectful manner. We are all very diverse and have different values, beliefs, and opinions – maintain an open mind to these differences. You may debate with others who hold opinions different from your own, but you must always remain respectful.

Provide constructive feedback

We always welcome ideas to improve this course and to facilitate learning. We encourage you to provide constructive feedback about your experiences in the course. Please send us an email or see us in office hours to discuss your suggestions.

Let us know if there are any special circumstances

Each of us learns in different ways and with varying degrees of success. If you know of any factors in your life that might impact your ability to learn up to your potential in this course, please contact the Centre for Accessible Learning (CAL: <https://www.uvic.ca/services/cal/index.php>) The CAL staff are available by appointment to assess specific needs, provide referrals, and arrange for appropriate accommodations. We will automatically be notified if you receive any CAL accommodations.

Be discriminate in sending e-mails to the PSYC 100 team

We really do want to hear from you! However, in a very large course like Psyc 100B, email “overload” can cause problems. Unrestricted or indiscriminate use of email to pose questions and ask for information can overwhelm the limited resources that TAs and instructors have to answer emailed requests. To help us manage our email load, please follow these guidelines:

- For e-mail, please include “Psyc 100B:” and your section number in your subject headline. If you're emailing your TA, please also make sure to include their name. Before you compose your e-mail, check the course syllabus, your notes, with your classmates, and on Brightspace to see if you can locate the answer to your question.

When to email us:

- ✓ To notify the *Course Recordkeeper* that you will have to miss an test due to a medical emergency or a documented family emergency.
- ✓ To ask a simple, short question, e.g., “*What is the date, time, and location of the make-up test?*”
- ✓ To comment about course material, e.g., “*I was thinking about that case of dissociative identity disorder that you described in class, and I wondered if ...*” We are very happy to receive and respond to such comments. We also recommend that instead of emailing us a comment like that, you **see us after class or pop into one of our office hours!**
- ✓ To make a comment about something you liked or something you think could improve the course. Please be aware that specific, constructive comments are more useful than general ones.

When *not* to email us:

- ✗ When the answer to your question can be found in this course syllabus – please make sure you look through the syllabus before emailing us!
- ✗ To request information about a specific mark (assignment, test, final grade, or bonus points). We post this information on the course website and expect you to access your marks there.
- ✗ To request information about *why* you received a particular mark. Please see your TA during office hours with such questions. These kinds of questions usually require a direct interpersonal interaction that is not effectively carried out via email.
- ✗ To ask for advice on improving your study techniques. This also requires a direct interpersonal interaction. See the section on “Getting Started” on Brightspace for some studying suggestions and/or drop in to one of our office hours.

What can I Expect from the PSYC 100 Team?

We are available to help

We are available to help via e-mail and office hours. See section “Whom should I contact if I have a question” on page 4 to find the correct person to e-mail.

Please attend office hours for your more detailed or complicated questions. We will be available during office hours to discuss your grades, understanding of the material, or discuss more generally your interest in Psychology. We offer office hours on most days of the week, at various times, and some are in-person while others are on-line.

We will upload class lecture slides and chapter summaries on Brightspace

We will post these slides and summaries each week. Supplementary material, which is designed to provide more in-depth examples and information related to core concepts may also be uploaded. When possible, Tuesday and Wednesday lecture-based classes will be recorded and uploaded. More details on how to access these recordings (which are copyrighted and for your personal use in this course only) will be provided in class and on Brightspace

We will give and receive feedback

We will be available in office hours to give feedback on the meme reflection assignments and tests. We are also open to receiving constructive feedback about your experiences within the course.

****If anything on our website (including documents) presents any accessibility issues, please let Dr. Mugon know and she will send you the information in plain format.**

Tentative Course Schedule

Wk	Class dates	Reading	Topic(s)	Tests/Notes	Quizzes/ APA Due 11 PM	Meme Assignments & Surveys Due 11 PM
1	Jan 9, 10, 12	Intro	Intro to course	<p>We recommend submitting all quizzes/assignments /surveys well before the deadline to avoid technical problems – late submissions will not be accepted.</p> <p>Clicker points start counting on Fri Jan 26</p>	<p>complete syllabus quiz to unlock course content</p>	
		Ch. 5	Life Span Development			
2	Jan 16, 17, 19	Ch. 5	Life Span Development	<p>Jan 21: last day to drop courses & receive 100% of tuition fees.</p>	Q1 (Ch 5) Wed Jan 17	
		Ch. 10	Intelligence	<p>**Note: Friday Jan 19 class will be available online asynchronously</p>	APA Quiz Fri Jan 19	
3	Jan 23, 24, 26	Ch. 10	Intelligence	<p>Jan 24: last day to add courses</p>	Q2 (Ch 10) Wed Jan 24	Study Strategies research assign. due Mon. Jan 22
		Ch. 11	Motivation			Survey 1 Fri Jan 26
4	Jan 30, 31, Feb 2	Motivation (reading posted on Brightspace)	Motivation	<p>Test 1 (Fri Feb 2) Ch. 5, 10, & Motivation</p> <p>Exams are in MAC A144 (Same as regular classroom)</p>	<p>Q3 (Motiv.) Wed Jan 31</p> <p>Q4 (Pre-test quiz on Ch. 5, 10, motiv.) Thu. Feb. 1</p>	Meme Reflection Option 1 (Ch 5, 10, Motivation) Mon Jan 29
5	Feb 6, 7,9	Ch. 12	Emotions, Stress, and Health	<p>Feb 11 is last day to drop courses and receive 50% of tuition fees</p>		Survey 2 Fri Feb 9
6	Feb 13, 14, 16	Ch. 12	Emotion, Stress and Health	<p>**Note: Friday Feb 16 class will be available online asynchronously</p>	Q5 (Ch 12) Wed Feb 14	Meme Reflection Option 2 (Motivation, Ch 12) Mon Feb 12
		Ch. 13	Social Psyc.			
7	Feb 19-23	Reading Break - No classes this week				
8	Feb 27, 28, Mar 1	Ch. 13	Social Psychology	<p>You must have at least one clicker point showing on your Brightspace record by Mar 1 to receive any points for the term.</p>		Survey 3 Fri Mar 1
				<p>Feb 29 – last date to withdraw from classes without penalty of failure</p>		
9	Mar 5, 6, 8	Ch. 14	Personality		Q6 (Ch 13) Wed Mar 6	Meme Reflection Option 3 (Ch 13, 14) Mon Mar 4
10	Mar 12, 13, 15	Ch. 14	Personality	<p>Test 2 (Fri Mar 15) Ch. 12, 13, 14</p>	Q7 (Ch 14) Wed Mar 13	
		Ch. 15	Psychological disorders		Q8 (Pre-test quiz Ch 12, 13, 14) Thu Mar 14	
11	Mar 19, 20, 22	Ch. 15	Psychological disorders			Survey 4 Fri Mar 22
12	Mar 26, 27, 29*	Ch. 16	Therapy	Course Experience Survey (CES)	Q9 (Ch 15) Wed Mar 27	Meme Reflection Option 4 (Ch 15, 16) Mon Mar 25
				Mar 29. Holiday- No class		
13	Apr 2, 3, 5	Ch. 16	Therapy/ review	<p>Test 3 (Fri Apr 5) Ch. 15, 16</p>	<p>Q10 (Ch 16) Wed Apr 3</p> <p>Q11 (Pre-test quiz Ch. 15, 16) Thu Apr 4</p>	Last day for Research Bonus Points: April 8

HOW WILL MY PROGRESS BE EVALUATED?

We've devised many ways for you to obtain marks in this course. Your final grade in this course will be based on the following criteria:

Percent of grade	Evaluation tool	Date(s)
18%	Test 1 (Chapters 5, 10, Motivation)	Fri Feb 2 during class time in MAC A144
22%	Test 2 (Chapters 12, 13, 14)	Fri Mar 15 during class time in MAC A144
13%	Test 3 (Chapters 15, 16)	Fri Apr 5 during class time in MAC A144
12%	Online Quizzes	Jan 17, 24, 31, Feb 1, 14, Mar 6, 13, 14, 27, Apr 3, 4 Only your top 8 of the 11 quizzes count towards your final mark in the course. It's in your best interest to complete all 12 (but you can miss up to 4)
4%	APA Assignment	Fri Jan 19 This assignment will help you understand information crucial to the successful completion of your Meme Reflection assignments.
5%	Study Strategies research assignment	Mon Jan 22
20%	Meme Critical Reflection Assignments	Jan 29, Feb 12, Mar 4, 25 You must complete 2 of the 4 (worth 10% each) meme critical reflections (you may complete 3 and only your best 2 grades will count)
4%	Clicker Participation	iClicker marks start counting on January 26. Attend at least 18 of the 23 iClicker classes. You need to answer 75% of questions in any one class to get the iClicker grade for that class.
2%	Online Surveys/ Mini-assignments	Jan 26, Feb 9, Mar 1, Mar 22
<i>*BONUS 4%</i>	SONA Research Participation	Monday, April 8 at 5pm (<i>See "Extra Credit for Research Participation" section on page 16 for details</i>)

****We expect you to complete all course requirements, however, please note you must complete all 3 tests to receive credit for this course. Students who do not complete all 3 tests will receive an "N" (failing) grade.**

In accordance with the University's policy on academic concessions, "A student who completes all course requirements is not eligible for an academic concession". Consequently, students can only request deferrals for the completion of required course components (i.e., the 3 exams) and not for non-essential course components

Cutoff Points for Marks

A+	A	A-	B+	B	B-	C+	C	D	F
90-100	85-89	80-84	77-79	73-76	70-72	65-69	60-64	50-59	0-49

Tests (53%)

You will write **three in-class tests**. Tests are non-cumulative which means they will only cover material since the previous test. All course material is testable (lectures, textbook chapters, supplementary materials). The format of all 3 exams will be multiple choice and will take place during the scheduled class period for your registered section. *Be sure not to schedule any trips that overlap with test dates and notify your family not to schedule any trips for you that overlap with the test dates.* You are responsible for attending tests as scheduled, writing your own test, and for respecting the academic integrity expectations of the university.

What to do if I miss a test due to illness:

Contact the **Course Recordkeeper** by email p100off@uvic.ca as soon as possible and explain that you missed the test and why (you do *not* have to submit the *Request for Academic Concession* form as it only applies to exams that are written in the final exam period). The Course Recordkeeper will inform you when your make-up test will be held.

If you miss a test and fail to contact the Course Recordkeeper **within three days of the test date, we will consider you to have not completed a major course requirement and will assign an N mark (failure due to not completing a course requirement) for the course. Please reach out to the Course Recordkeeper on how best to proceed.*

What to do if I require test accommodations due to an accessibility need:

1. You must be officially registered with the Centre for Accessible Learning – please see <https://www.uvic.ca/services/cal/onlineservices/register/index.php> for more information. We will automatically be informed of your registration with them. It can take a little while for all the necessary forms to be processed by CAL, so we recommend reaching out to them **as soon as possible**.
2. Prior to your test, if you have any questions about your accommodation, please contact the course record keeper (p100off@uvic.ca).

Quizzes (12%)

Why do we assign online quizzes?

We have designed the Online Chapter Quizzes on Brightspace to give you an added incentive to keep up with your reading in the course and to give you some practice in utilizing and applying the concepts and studies discussed in the textbook:

- Because it is much easier to start learning the course material well in advance of the night before the test, we have arranged for you to complete online quizzes on a regular basis.
- If your experience matches that of students in previous years, you'll find the quizzes beneficial because they help to motivate and structure your studying.
- The quizzes consist of 8 chapter quizzes designed to encourage you to complete the necessary pre-class readings and 3 pre-test quizzes designed to encourage you to study well in advance of each test.

Although you're only required to complete 8 out of 12 quizzes, we strongly encourage you to complete all 12 (only your top 8 marks will count toward your grade!) so as to allow the best chance for high marks (added bonus: they will help you to absorb the material for the tests!).

You are strongly advised to complete the quiz at least one day before the due date of the quiz. That way, you will have time to seek help if you have technical issues, or if you get sick the day the quiz is due. Late submissions will not be accepted.

What if I miss an online quiz?

You will have 11 quiz opportunities during the semester but only your best 8 of the 11 will count toward your grade. If you miss one, it can simply be dropped as one of your 3 “freebies.” The 8-out-of-11 system is designed to give you flexibility in case you have a week where personal or other circumstances keep you from completing the quiz on time.

If you choose to discard your flexibility early in the semester and then something comes up later, you will unfortunately have no other option than to accept a low (or zero) mark on a quiz. **Because you can miss 3 quizzes and still obtain full marks for the quiz component, there are no additional opportunities to complete make-up quizzes for any reason (including illness).** The “extra” three quizzes are considered as make-up quizzes.

What if I have technical issues logging on or completing the quiz?

Brightspace will close the quizzes automatically at the designated due dates and times on the schedule. Please make sure you have completed the quiz by this time – due date extensions will not be permitted. We strongly suggest you attempt the quizzes at least one day prior to the due date, to allow you time to reach out for assistance if you encounter any issues.

- **If you have a technical problem completing a quiz:** check with the Computer Help Desk (helpdesk@uvic.ca; 250-721-7687). Please indicate whether you are having a NetLink or Brightspace problem.
- If you are still stumped, contact the PSYC 100 office at p100off@uvic.ca. But please follow the steps above before you do, as the Computer Helpdesk is more likely to be able to provide immediate assistance.

APA Assignment (4%)

We will base 4% of your final grade on an assignment that relates to APA formatting and research study methodology. The assignment will be formatted as a quiz, but it will not be timed. You can feel free to use your textbook, the posted APA video, notes you’ve made, etc.

To properly complete your meme critical reflections (see below), you will need to have a firm grasp of APA formatting (rules regarding the writing style of psychology assignments). This assignment will be completed prior to you completing your first meme critical reflection assignment, to help support your performance on your meme critical reflections throughout the semester.

Study Strategies Research Assignment (5%)

Five percent of your grade in PSYC 100B comes from the study strategies research assignment. There’s a lot of research demonstrating that active studying strategies are beneficial to student learning. However, many students do not have the time to actively investigate these strategies and reflect on how to embed them in their studying practices. The goals of this assignment are twofold: 1) to help you research science-based strategies for learning and 2) to practice summarizing research articles – something that will help you for your meme reflection assignments this term. This assignment will also give you an opportunity to practice your APA citations and APA writing style. Further instructions about this assignment as well as the submission portal can be found on Brightspace.

If you took PSYC 100A in Fall 2023, then this assignment is somewhat similar to Step 3 of the meme assignment. If this is your first PSYC 100 course, then this assignment is meant to set you up for success for the meme critical reflection assignments.

Meme Critical Reflections (20%)

Twenty percent of your grade in PSYC 100B is derived from your contributions to the meme critical reflections submitted to Brightspace.

- You are required to submit **2 of the 4** possible meme critical reflections (each one will be worth 10% of your final course grade)
- To give you flexibility you can **submit a maximum of 3 of the 4** scheduled meme critical reflections, and only your best 2 grades will count.
- If you submit all 4, your 4th submission will not be graded.

The meme critical reflections challenge you to debunk a myth related to psychology via evidence summarized from psychological research studies. They are submitted to a Brightspace assignment dropbox and are not expected to be too long (approx. 800-1200 words). More information about the format of the meme critical reflections is provided on Brightspace (in the “Assessment Information” section).

Why do we assign meme critical reflections?

Tests and quizzes assess your learning of material covered in class, the textbook, and a bit of supplementary material. Meme critical reflections are designed with the following goals in mind:

- Curiosity and research are critical components to success in university. The meme critical reflections give you an opportunity to reflect on and evaluate material that goes beyond what you learned in lectures and the textbook.
- Effective research and writing are foundational to succeeding in university. The meme critical reflections help you learn how to search for, read, and summarize psychology research articles and use the articles to support your reasoning.
- Thinking critically about information you come across in the news, on social media and, in shows is an important life skill. The meme critical reflections require you to critically reflect on information in a public domain, as well as information presented by psychological researchers.
- Work written in psychology must be formatted using the American Psychological Association (APA) style (currently, the 7th edition of that style). Meme critical reflections give you the opportunity to learn how to engage in scholarly writing by correctly using APA 7th edition style in your writing, in-text citations, and references.

What do I do if I miss submitting a meme critical reflection option?

Because you only need to complete 2 of the 4 meme critical reflection options, the additional options serve as “make-up” meme critical reflections; we do not offer additional options. Please note: If you choose to complete the 3rd option, it is due during reading break!

- It is in your best interest to complete the meme critical reflections scheduled earlier in the term and use the later ones in the term as “supplementary” ones if you wish to improve your mark or if you missed one of the earlier ones because of illness or a personal emergency.

Online Surveys or Mini-Assignments (2%)

We will base 2% of your final grade on your web survey submissions via Brightspace. There are 4 such surveys and you will receive 0.50% (of your final mark) for each survey you complete. We have designed these surveys to obtain information that helps us in designing a course that best suits your needs and to help support your learning. Web surveys will take between 15 – 45 minutes to complete.

You are strongly advised to complete the survey/ Mini-Assignment at least one day before the due date of the survey. That way, you will have time to seek help if you have technical issues, or if you get sick the day the survey is due. Late submissions will not be accepted.

Clicker Participation (4%)

We will base 4% of your final grade on your in-class participation using the *iClicker* Personal Response System. Please note, the iClicker Student (formerly iClicker Reef) app/program is included for free when you purchase your textbook through the UVic bookstore. If you already have a physical iClicker remote (either from a previous class or a former student), you can also use that. You can also purchase an iClicker remote if you would like, but it is not necessary.

Why do we use clickers in class?

Clickers are used as a way to work together through questions posed in class. When used effectively, iclickers can increase your ongoing engagement and involvement, promote a safe environment to communicate your answers, and create lively discussions in class. Clickers can also provide immediate feedback about your understanding of the class material and help us figure out how to improve your understanding of a concept.

Information on how to access your iClicker account is on our Brightspace page, in the “Assessment Information” section

Attend at least 18 of the 24 iClicker classes. Clicker points will be based on participation in PSYC 100B classes on the following 18 dates: Jan 26, 30, 31, Feb 6, 7, 9, 13, 14, 16, 27, 28, Mar 1, 5, 6, 8, 12, 13, 19, 20, 22, 26, 27, Apr 2, 3. You need to participate in at least 75% of the polling questions in any given class session to receive the participation mark for that class session.

If you participate in clicker questions in 18 or more classes, you will receive the maximum 4% of your final grade.

- If you participate in fewer than 18 classes, you will receive the following percentages:

17 classes: 3.78%	13 classes: 2.89%	09 classes: 2.00%	05 classes: 1.11%
16 classes: 3.56%	12 classes: 2.67%	08 classes: 1.78%	04 classes: 0.89%
15 classes: 3.33%	11 classes: 2.44%	07 classes: 1.56%	03 classes: 0.67%
14 classes: 3.11%	10 classes: 2.22%	06 classes: 1.33%	02 classes: 0.44%
			01 classes: 0.22%

What if I miss an iClicker class?

- Because you only need to participate in 18 of the 24 iClicker classes, the additional iClicker classes serve as “make-ups” for missed ones (e.g., because of illness, sporting events, low batteries, forgotten iClicker, technical malfunction, etc.); we do not offer any additional opportunities, nor will we prorate your grade.
- It is an academic infraction to use or bring another student’s iClicker to class, or to lend your iClicker to another student. This will be treated similarly to other academic infractions (such as cheating on a test) and will be subject to university disciplinary procedures. Please remember that iClickers provide you with an opportunity to enhance your in-class learning, and it is expected you will cooperate in making the system work to help you and your colleagues learn.

What if I attend a PSYC 100B class section different than the one in which I’m registered?

- Because of seating capacity, you should only be attending the course section (A01, A02, A03) for which you are officially registered. Additionally, because of the way the system is set up, **you can only receive iClicker points by using your iClicker in the PSYC 100B section in which you are officially registered.** For example, if

you are registered in the A01 section, but attend the A02 section, although your iClicker will still work in the A02 section, you will not receive iClicker points for that session and we will not be able to transfer iClicker points to your proper section.

When will I see my iClicker participation grades?

- Updated clicker records will generally be posted to the Brightspace page (under “Grades”) within two weeks after Test 1 and Test 2. We hope to have your final clicker totals posted on the Brightspace page shortly after Test 3. If you have a question about your iClicker points, please address them to us within 2 business days of Test 3 as the final grades are calculated shortly after Test 3, and your iClicker totals, as posted, will be used to calculate your final grade.
- **It is important that you check your clicker record by March 1 to make sure that you have at least one clicker point posted, and you are receiving correct credit for your clicker participation.** Only students who have a posted record on Brightspace of at least one clicker point by this date will be eligible to receive any clicker points for the term. **Students who do not have any posted clicker points by March 1 will receive 0 on their final clicker total (out of 4%) regardless of clicker activity after that date.** This deadline is in place to ensure that any clicker registration issues are rectified early in the term, and to encourage students to begin their clicker participation as early as possible. **If you come to us after Oct 20 to report having no points, we will not be able to retroactively award you any points.**
- If you have questions about your clicker points, please contact the Course Recordkeeper at p100off@uvic.ca; or drop by during their office hours (posted Brightspace).

Extra Credit for Research Participation (+4%)

You can earn up to 4% bonus credit (added to your final grade in the course) by participating in research projects. An important component of this course is for you to learn about research in psychology. Faculty and advanced students in the Department of Psychology will be conducting research throughout the year, performing studies exploring processes such as social interaction, perception, memory, problem solving, and communication. We encourage you to participate in this research, and as part of this encouragement, we have arranged for you to earn extra credit toward your course mark by participating in approved research.

By participating in such research projects, you will experience first-hand how psychological research is done. Once your participation in a study is complete, you will receive a full description of the purpose of the research.

- In most projects, your participation involves having your responses recorded or measured as you perform a task or complete a questionnaire. A Departmental committee has reviewed and approved all the projects that are available to you for bonus points, and the projects have also been approved by the University’s Human Research Ethics Board. Some projects may be conducted in person and others conducted on-line.
- The aim of these research projects is not to evaluate your personal abilities, but to explore various features of human behaviour and discover how they change under different conditions. Researchers will protect your confidentiality. Your performance (i.e., the responses you make) will have no effect on your marks.
- You will receive 0.25 points for each 15 minutes (or part thereof) of participation, up to a maximum of 4 points. You may participate in as many projects as you wish, but you will receive no more than 4 points per term, and you may not carry over points from one term to another. *Note that while we have set 4 points to be a maximum, the opportunity to earn all 4 points may not be available, as this depends on the number of research projects requiring participants.*

- You may participate in any given project only once. The last day for participation in experiments for extra credit is the last day of classes (Monday April 8).

If you do not wish to, or cannot, participate in research studies for any reason, but still wish to have the opportunity to earn an equivalent amount of extra credit, you may contact your course coordinator no later than Feb 15 to arrange for an alternative option involving written assignments. **Information about how to sign up for research participation is available on Brightspace.**

If you have any questions related to credits that you've earned through the SONA system, please contact the SONA coordinator at psycresearch@uvic.ca

HOW CAN I DO WELL IN THIS COURSE?

Check that you have completed all the work. Keep up with the readings, lectures, quizzes, iClicker participation, and critical thinking topics. These are designed to help you keep up with the material throughout the semester.

Because extra “make-up” quizzes, iClicker opportunities, and meme critical reflections (beyond those necessary to receive full marks) are already scheduled, additional make-up quizzes, iClicker opportunities, and critical thinking topics are not arranged. It is therefore important to submit things well before the deadlines (to avoid technical problems or illness) and complete all required course components by the due dates.

Check your performance early in the course. Make sure you check your grades for the various components ahead of time so any discrepancies can be resolved early in the semester. It is also important to check your marks on the tests. If you are not getting the marks you want, come to office hours to ask for help improving the way you study the material. At the end of the term, if you are short of your target (pass, C+, A+), **there are no extra opportunities to improve your grade.**

Create study groups. You can regularly meet in-person or online in groups of 2-6 people (you can of course be more, but we've found that range to be ideal for study groups) to work through the material together. Not only can it be helpful to have others explain concepts to you, but it can also be helpful to have to explain concepts to others – in fact, that's one of the best ways to learn!

SUPPORTING AN EFFECTIVE LEARNING ENVIRONMENT

Respect for Diversity

Our intent is that:

- students from diverse backgrounds and perspectives be well-served by this course
- students' diverse learning needs be addressed
- the diversity that students bring to this class be viewed as a resource, strength, and benefit.

Our intent is to present materials and activities that are respectful of diversity: gender, sexuality, disability, age, socio-economic status, ethnicity, race, and culture. Your suggestions are encouraged and appreciated. In a constructive way, please let us know how we might improve the effectiveness of the course for you personally or for other students or student groups.

Copyright Statement: *All course content and materials are made available by instructors for educational purposes and for the exclusive use of students registered in their class. The material is protected under copyright law, even if not marked with a ©. Any further use or distribution of materials to others requires the written permission of the instructor, except under fair dealing or another exception in the Copyright Act. Violations may result in disciplinary action under the Resolution of Non-Academic Misconduct Allegations policy (AC1300).*

TAKING CARE OF MYSELF

Being a student can be stressful! Please take care of yourself – eat well, exercise, get enough sleep, take some time to relax, and talk to someone if you're feeling overwhelmed. This will help you achieve your goals and cope with stress. You are not alone – all of us benefit from support during times of struggle.

Social Life, Friends, & Community at UVic: Having a social network is an extremely important foundation for positive mental health. There are lots of benefits to joining clubs, course unions, intramurals, and teams on campus. <https://www.uvic.ca/mentalhealth/undergraduate/connecting/index.php>

Counselling Services: Counselling Services can help you make the most of your university experience. They offer free, professional, confidential, inclusive support to currently registered UVic students. www.uvic.ca/services/counselling/

Health Services: University Health Services (UHS) provides a full-service primary health clinic for students and coordinates healthy student and campus initiatives: www.uvic.ca/services/health/

Centre for Accessible Learning: The CAL staff are available by appointment to assess specific needs, provide referrals and arrange appropriate accommodations. The sooner you let us know your needs, the quicker we can assist you in achieving your learning goals in this course: www.uvic.ca/services/cal/

Elders' Voices: The Office of Indigenous Academic and Community Engagement (IACE) has the privilege of assembling a group of Elders from local communities to guide students, staff, faculty, and administration in Indigenous ways of knowing and being: www.uvic.ca/services/indigenous/students/programming/elders/

Mental Health Supports and Services: Mental health supports and services are available to students from all areas of the UVic community: www.uvic.ca/mentalhealth/undergraduate/

Sexualized Violence Prevention and Response at UVic: UVic takes sexualized violence seriously, and has raised the bar for what is considered acceptable behaviour. We encourage students to learn more about how the university defines sexualized violence and its overall approach by visiting www.uvic.ca/svp.

If you or someone you know has been impacted by sexualized violence and needs information, advice, or support please contact the sexualized violence resource office in Equity and Human Rights (EQHR).

Whether or not you have been directly impacted, if you want to take part in the important prevention work taking place on campus, you can also reach out to the Sexualized violence resource office in EQHR, Sedgewick C119; Phone: 250.721.8021; Email: svpcoordinator@uvic.ca
Web: <https://www.uvic.ca/sexualizedviolence/>

IMPORTANT UVIC COURSE POLICY INFORMATION**UNIVERSITY OF VICTORIA**

Department of Psychology
Important Course Policy Information
Spring Session 2024

Accessible Learning

The University of Victoria is committed to creating a learning experience that is as accessible as possible. If you are registered with the [Centre for Accessible Learning](#) and anticipate or experience any barriers to learning in this course, please feel welcome to discuss your concerns with me. If you are a student with a disability or chronic health condition, you can meet with a CAL advisor to discuss access and accommodations.

Attendance and Absences

Attendance is important. Students are expected to attend all classes in which they are enrolled. Students may be assigned a final grade of N or debarred from writing final examinations if they fail to satisfy a minimum attendance requirement set by the instructor for lectures, laboratories, online course discussions or learning activities, tutorials, or other learning activities set out in the course outline.

Medical documentation for short-term absences is **not required** (approved by Senate). Students who cannot attend due to illness are asked to notify their instructors immediately. If illness, accident, or family affliction causes a student to miss the final exam or to fail to complete any required assignment/assessment by the end of the term students are required to submit a request for academic concession (see below).

Children and Pets

If you need to bring your children or pet to class, please do not hesitate to do so. It is understood that sometimes this is necessary due to care circumstances. However, please aim to have minimal class disturbance so that student learning is not impacted.

Class Recording and Auto-Captioning Statement

The instructor may record class sessions and those recordings may be made available to all students in the class via Brightspace. If you have questions or concerns regarding class recording and privacy please contact privacyinfo@uvic.ca

Auto-generated captioning may be enabled in this course. Auto-captioning is highly error-prone, especially for specialized terminology and proper names. Students are asked to refer to the audio feed for clarification of any errors. If you find captioning errors that are offensive, please contact your instructor and/or teaching assistant so that they are aware. If you require captions as part of an academic accommodation, please contact [CAL](#).

Commitment to Inclusivity, Diversity, and Respectful Environments in the Classroom and Online

The University of Victoria is committed to providing a positive and supportive and safe learning and working environment for all its members. All members of the university community have the right to this experience and the responsibility to help *create* such an environment. The University will not tolerate racism, sexualized violence, or any form of discrimination, bullying, or harassment.

Please be advised that, by logging into UVic's learning systems or interacting with online resources and course-related communication platforms, you are engaging in a University activity.

All interactions within this environment are subject to the university expectations and policies. Any concerns about student conduct may be reviewed and responded to in accordance with the appropriate university policy.

To report concerns about online student conduct: onlineconduct@uvic.ca

Copyright

All course content and materials are made available by instructors for educational purposes and for the exclusive use of students registered in their class¹. The material is protected under copyright law, even if not marked with ©. Any further use

¹ Syllabi belong to the department through which the course is administered.

or distribution of materials to others requires the written permission of the instructor, except under fair dealing or another exception in the Copyright Act. Violations may result in disciplinary action under the [Resolution of Non-Academic Misconduct Allegations policy \(AC1300\)](#) or the [Academic Integrity Policy](#), whichever is more appropriate for the situation.

Course Experience Survey (CES)

I value your feedback on this course. Toward the end of term, you will have the opportunity to complete a confidential course experience survey (CES) regarding your learning experience. The survey is vital to providing feedback to the instructor regarding the course and their teaching, as well as to help the department improve the overall program for students in the future. When it is time for you to complete the survey, you will receive an email inviting you to do so. If you do not receive an email invitation, you can go directly to <http://ces.uvic.ca>. You will need to use your UVic NetLink ID to access the survey, which can be done on your laptop, tablet or mobile device. You will be reminded nearer the time, but please be thinking about this important activity, especially the following three questions, during the course.

1. What strengths did your instructor demonstrate that helped you learn in this course?
2. Please provide specific suggestions as to how the instructor could have helped you learn more effectively.
3. Please provide specific suggestions as to how this course could be improved.

Disclaimer

The above schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances.

Grading

In classes that are based on a percentage grading scheme, the following [Undergraduate Grading Scale](#) is used

Grade	A+	A	A-	B+	B	B-	C+	C	D	F
Percentage	90-100	85-89	80-84	77-79	73-76	70-72	65-69	60-64	51-59	< 50
GP Value	9	8	7	6	5	4	3	2	1	0

Rounding is only applied to the final grade and is rounded up at the 0.5% level (e.g., 84.49% is round to 84% and 84.50% is rounded to 85%).

Medical Documentation for absences

No medical documentation for short-term absences is required (Approved by Senate).

If you are seeking a Withdrawal Extenuating Circumstances or an Aegrotat grade, medical documentation may be required if relevant.

Ombudsperson and Academic Concerns

From the course calendar...

Depending on the nature of the academic matter of concern to the student, the order in which the student should normally try to resolve the matter is: first, the course instructor; second, the Chair of the department; third, the Dean of the faculty; and finally, the Senate.

If you are having an academic concern or problem that cannot be resolved with your instructor or the Department Associate Chair, you may wish to consult with the Office of the Ombudsperson (<https://uvicombudsperson.ca>). Current contact information for the office can be found here <https://uvicombudsperson.ca/contact/>.

Policy on Academic Integrity including Plagiarism and Cheating

The Department of Psychology fully endorses and intends to enforce rigorously the [Senate Policy on Academic Integrity](#). It is of utmost importance that students who do their work honestly be protected from those who do not. Because this policy is in place to ensure that students carry out and benefit from the learning activities assigned in each course, it is expected that students will cooperate in its implementation.

The offences defined by the policy can be summarized briefly as follows:

1. **Plagiarism.** You must make sure that the work you submit is your work and not someone else's. There are proper procedures for citing the works of others. The student is responsible for being aware of and using these procedures.
2. **Unauthorized Use of an Editor.** The use of an editor is prohibited unless the instructor grants explicit written authorization.
3. **Multiple Submission.** Only under exceptional circumstances may a work submitted to fulfill an academic requirement be used to satisfy another similar requirement. The student is responsible for clarifying this with the instructor(s) involved.
4. **Falsifying Materials Subject to Academic Evaluation.** This includes falsification of data, use of commercially prepared essays, using information from the Internet without proper citation, citing sources from which material is not actually obtained, etc.
5. **Cheating on Assignments, Tests, and Examinations.** You may not copy the work of others in or out of class; you may not give your work to others for the purpose of copying; you may not use unauthorized material or equipment during examinations or tests; and you may not impersonate or allow yourself to be impersonated by another at an examination. The Department of Psychology has a policy of not making old examinations available for study purposes. Therefore, use of old exams without the express written permission of the instructor constitutes cheating by the user, and abetting of cheating by the person who provided the exam.
6. **Aiding Others to Cheat.** It is a violation to help others or attempt to help others to engage in any of the conduct described above.

The use of a generative artificial intelligence (AI) is strictly prohibited in any submitted work (unless expressly endorsed by the instructor as part of an assignment). The Department reserves the right to use AI detectors.

Instructors are expected to make every effort to prevent cheating and plagiarism. This may include the assignment of seating for examinations, asking students to move during examinations, requests to see student identification cards, and other measures as appropriate. Instructors also have available to them a variety of tools and procedures to check for Internet and electronic media-based cheating. In instances of suspected or actual plagiarism or cheating, instructors, following prescribed procedures, are authorized to take steps consistent with the degree of the offence. These measures will range from a zero on the test or assignment or a failing grade for the course, probation within a program to temporary or even permanent suspension from the University.

Rights of Appeal are described in the Policy on Academic Integrity in the University calendar Fall 2023.

The definitive source for information on Academic Integrity is the University Calendar

Other useful resources on Plagiarism and Cheating include:

1. The Ombudsperson's office: <https://uvicombudsperson.ca/academic-integrity/>
The [Office of the Ombudsperson](#) is an independent and impartial resource to assist with the fair resolution of student issues. A confidential consultation can help you understand your rights and responsibilities. The Ombudsperson can also clarify information, help navigate procedures, assist with problem-solving, facilitate communication, provide feedback on an appeal, investigate and make recommendations. Phone: 250-721-8357; Email: ombuddy@uvic.ca; Web: uvicombudsperson.ca.
2. UVic Library Resources: <http://www.uvic.ca/library/research/citation/plagiarism/>
3. UVic Library Document on [Avoiding Plagiarism](#)

Prerequisites

Students who remain in courses for which they do not have the prerequisites do so at their own risk. Students who complete courses without prerequisites ARE NOT exempt from having to complete the prerequisite course(s) if such courses are required for the degree program.

Program Requirements

For more information see the [UVic Calendar](#).

Registration Status

Students are responsible for verifying their registration status. Registration status may be verified using My Page, View Schedule. Course adds and drops will not be processed after the [deadlines](#) set out in the current UVic Calendar.

Students who do not attend classes must not assume that they have been dropped from a course by an academic unit or an instructor. Courses that are not formally dropped will be given a failing grade, students may be required to withdraw and will be required to pay the tuition fee for the course.

Request for Academic Concessions

Students can apply for [academic concessions](#) if their course requirements are affected by (i) unexpected and/or unavoidable circumstances (e.g., illness, family affliction, etc.), or (ii) conflicting responsibilities (e.g., service in the armed forces or first responder, representing the university).

- Request an in-course extension**
If you require more time to complete a course requirement or miss a test or midterm exam, then you will need to complete the "[In-Course Extension Form](#)" and submit it directly to your course instructor. All course requirements must be completed prior to the submission of final grades.
- What to do if you miss the final exam scheduled during the formal exam period**
Apply at Records Services for a "[Request for Academic Concession](#)", normally within 10 working days of the date of the exam. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student's academic record.
- What to do if you require additional time to complete course requirements beyond the normal term.**
Apply at Records Services for a "[Request for Academic Concession](#)", normally within 10 working days of the end of the course. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation. Where a concession is not applied for or where such application is denied, an N grade will be entered on the student's academic record if the missing work has been deemed required. Note, only required course components may be deferred.

Research Participation Opportunities with the Department of Psychology

The Department of Psychology offers multiple opportunities to participate in research studies over the year. Students are encouraged to learn more about the field of psychology by volunteering in these studies. Information about studies can often be found posted on notice boards around the Department as well as through our Participant Pool webpage at <https://www.uvic.ca/socialsciences/psychology/research/participants/>.

Student Support Services

[Learn Anywhere](#) is the student support portal for a full range of student academic and support services. Services include: [Centre for Academic Communication](#), [Math & Stats Assistance Centre](#), [Counselling Services](#), [Health Services](#), [Library](#), [Ombudsperson](#), and [Computer Help Desk](#)

This classroom is a trans-inclusive space

Please indicate if you have a preferred name and pronoun that you'd like to be used in the classroom. Please e-mail your instructor or your TA if you would like to discuss the climate of this classroom for trans students. Gender neutral bathrooms are available at UVic.

University of Victoria Students' Society (UVSS)

The [UVSS](#) is a social justice based non-profit run by students, for students and is entirely separate from UVic. As an undergrad student, you are already a member! We work on issues affecting students such as affordability, public transit, sexualized violence, sustainability, student employment, and much more. We fund clubs and course unions, and have several advocacy groups. We also have a Food Bank and Free Store, a Peer Support Centre, and run your health and dental plan. We are here to support you, so please reach out to us at uvss.ca!

Academic Important Dates

[Spring session – second term \(January – April\)](#)

Monday, January 1 st	University Closed (Winter Break)
Monday, January 8 th	Second term classes begin for all faculties
Sunday, January 21 st	Last day for 100% reduction of second term fees for standard courses 50% of tuition fees will be assessed for courses dropped after this date.
Wednesday, January 24 th	Last day for adding courses that begin in the second term
Wednesday, January 31 st	Last day for paying second term fees without penalty
Sunday, February 11 th	Last day for 50% reduction of tuition fees for standard courses
Monday, February 19 th	University Closed (Family Day)
February 19 th – 23 rd	Reading Break for all faculties
Thursday, February 29 th	Last day for withdrawing from second term courses without penalty of failure
Friday, March 29 th	University Closed (Good Friday)
Monday, April 1 st	University Closed (Easter Monday)
Monday, April 8 th	Last day of classes for all faculties
Thursday, April 11 th	Second term examinations begin for all faculties
Friday, April 26 th	Second term examinations end for all faculties

Add and drop dates for standard 2023-2024 Winter Session courses

Term	Start Date	End Date	100% Fee Reduction	Add Deadline	50% Fee Reduction	Academic Drop no Fee Reduction
Second term	Jan 8	Apr 8	Jan 21	Jan 24	Feb 11	Feb 29

BE WELL



A note to remind you to take care of yourself. Do your best to maintain a healthy lifestyle this semester by eating well, exercising, getting enough sleep and taking some time to relax. This will help you achieve your goals and cope with stress. All of us benefit from support during times of struggle. You are not alone.

Social Life, Friends, & Community at UVic:

Having a social network is an extremely important foundation for positive mental health. There are lots of benefits to joining clubs, course unions, intramurals and teams on campus.

<https://www.uvic.ca/undergraduate/housing-student-life/student-life/index.php>

Counselling Services:

The Student Wellness Centre can help you make the most of your university experience. They offer free professional, confidential, inclusive support to currently registered UVic students. <https://www.uvic.ca/student-wellness/contacts/student-wellness-team/index.php#ipn-counsellors>

Health Services:

The Student Wellness Centre also provides a full service primary health clinic for students. <https://www.uvic.ca/student-wellness/contacts/student-wellness-team/index.php#ipn-physicians>

Centre for Accessible Learning:

The CAL staff are available by appointment to assess specific needs, provide referrals and arrange appropriate accommodations <https://www.uvic.ca/accessible-learning/index.php>. The sooner you let us know your needs, the quicker we can assist you in achieving your learning goals in this course.

Elders' Voices:

The Office of Indigenous Academic and Community Engagement (IACE) has the privilege of assembling a group of Elders from local communities to guide students, staff, faculty and administration in Indigenous ways of knowing and being.

www.uvic.ca/services/indigenous/students/programming/elders/

Mental Health Supports and Services:

Mental health supports and services are available to students from all areas of the UVic community: <https://www.uvic.ca/student-wellness/wellness-resources/mental-health/>

Sexualized Violence Prevention and Response at UVic

UVic takes sexualized violence seriously, and has raised the bar for what is considered acceptable behaviour. We encourage students to learn more about how the university defines sexualized violence and its overall approach by visiting www.uvic.ca/svp. If you or someone you know has been impacted by sexualized violence and needs information, advice, and/or support please contact the sexualized violence resource office in Equity and Human Rights (EQHR). Whether or not you have been directly impacted, if you want to take part in the important prevention work taking place on campus, you can also reach out:

Where: Sexualized violence resource office in EQHR, Sedgewick C119

Phone: 250.721.8021

Email: svpcoordinator@uvic.ca

Web: www.uvic.ca/svp

UNIVERSITY OF VICTORIA

Department of Psychology Important Course Policy Information Spring Session 2024

Accessible Learning

The University of Victoria is committed to creating a learning experience that is as accessible as possible. If you are registered with the [Centre for Accessible Learning](#) and anticipate or experience any barriers to learning in this course, please feel welcome to discuss your concerns with me. If you are a student with a disability or chronic health condition, you can meet with a CAL advisor to discuss access and accommodations.

Attendance and Absences

Attendance is important. Students are expected to attend all classes in which they are enrolled. Students may be assigned a final grade of N or debarred from writing final examinations if they fail to satisfy a minimum attendance requirement set by the instructor for lectures, laboratories, online course discussions or learning activities, tutorials, or other learning activities set out in the course outline.

Medical documentation for short-term absences is **not required** (approved by Senate). Students who cannot attend due to illness are asked to notify their instructors immediately. If illness, accident, or family affliction causes a student to miss the final exam or to fail to complete any required assignment/assessment by the end of the term students are required to submit a request for academic concession (see below).

Children and Pets

If you need to bring your children or pet to class, please do not hesitate to do so. It is understood that sometimes this is necessary due to care circumstances. However, please aim to have minimal class disturbance so that student learning is not impacted.

Class Recording and Auto-Captioning Statement

The instructor may record class sessions and those recordings may be made available to all students in the class via Brightspace. If you have questions or concerns regarding class recording and privacy please contact privacyinfo@uvic.ca

Auto-generated captioning may be enabled in this course. Auto-captioning is highly error-prone, especially for specialized terminology and proper names. Students are asked to refer to the audio feed for clarification of any errors. If you find captioning errors that are offensive, please contact your instructor and/or teaching assistant so that they are aware. If you require captions as part of an academic accommodation, please contact [CAL](#).

Commitment to Inclusivity, Diversity, and Respectful Environments in the Classroom and Online

The University of Victoria is committed to providing a positive and supportive and safe learning and working environment for all its members. All members of the university community have the right to this experience and the responsibility to help *create* such an environment. The University will not tolerate racism, sexualized violence, or any form of discrimination, bullying, or harassment.

Please be advised that, by logging into UVic's learning systems or interacting with online resources and course-related communication platforms, you are engaging in a University activity.

All interactions within this environment are subject to the university expectations and policies. Any concerns about student conduct may be reviewed and responded to in accordance with the appropriate university policy.

To report concerns about online student conduct: onlineconduct@uvic.ca

Copyright

All course content and materials are made available by instructors for educational purposes and for the exclusive use of students registered in their class¹. The material is protected under copyright law, even if not marked with ©. Any further use or distribution of materials to others requires the written permission of the instructor, except under fair dealing or another exception in the Copyright Act. Violations may result in disciplinary action under the [Resolution of Non-Academic Misconduct Allegations policy \(AC1300\)](#) or the [Academic Integrity Policy](#), whichever is more appropriate for the situation.

Course Experience Survey (CES)

I value your feedback on this course. Toward the end of term, you will have the opportunity to complete a confidential course experience survey (CES) regarding your learning experience. The survey is vital to providing feedback to the instructor regarding the course and their teaching, as well as to help the department improve the overall program for students in the future. When it is time for you to complete the survey, you will receive an email inviting you to do so. If you do not receive an email invitation, you can go directly to <http://ces.uvic.ca>. You will need to use your UVic NetLink ID to access the survey, which can be done on your laptop, tablet or mobile device. You will be reminded nearer the time, but please be thinking about this important activity, especially the following three questions, during the course.

1. What strengths did your instructor demonstrate that helped you learn in this course?
2. Please provide specific suggestions as to how the instructor could have helped you learn more effectively.
3. Please provide specific suggestions as to how this course could be improved.

Disclaimer

The above schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances.

Grading

In classes that are based on a percentage grading scheme, the following [Undergraduate Grading Scale](#) is used

Grade	A+	A	A-	B+	B	B-	C+	C	D	F
Percentage	90-100	85-89	80-84	77-79	73-76	70-72	65-69	60-64	51-59	< 50
GP Value	9	8	7	6	5	4	3	2	1	0

Rounding is only applied to the final grade and is rounded up at the 0.5% level (e.g., 84.49% is round to 84% and 84.50% is rounded to 85%).

Medical Documentation for absences

No medical documentation for short-term absences is required (Approved by Senate).

If you are seeking a Withdrawal Extenuating Circumstances or an Aegrotat grade, medical documentation may be required if relevant.

Ombudsperson and Academic Concerns

From the course calendar...

Depending on the nature of the academic matter of concern to the student, the order in which the student should normally try to resolve the matter is: first, the course instructor; second, the Chair of the department; third, the Dean of the faculty; and finally, the Senate.

If you are having an academic concern or problem that cannot be resolved with your instructor or the Department Associate Chair, you may wish to consult with the Office of the Ombudsperson (<https://uvicombudsperson.ca>). Current contact information for the office can be found here <https://uvicombudsperson.ca/contact/>.

¹ Syllabi belong to the department through which the course is administered.

Policy on Academic Integrity including Plagiarism and Cheating

The Department of Psychology fully endorses and intends to enforce rigorously the [Senate Policy on Academic Integrity](#). It is of utmost importance that students who do their work honestly be protected from those who do not. Because this policy is in place to ensure that students carry out and benefit from the learning activities assigned in each course, it is expected that students will cooperate in its implementation.

The offences defined by the policy can be summarized briefly as follows:

1. **Plagiarism.** You must make sure that the work you submit is your work and not someone else's. There are proper procedures for citing the works of others. The student is responsible for being aware of and using these procedures.
2. **Unauthorized Use of an Editor.** The use of an editor is prohibited unless the instructor grants explicit written authorization.
3. **Multiple Submission.** Only under exceptional circumstances may a work submitted to fulfill an academic requirement be used to satisfy another similar requirement. The student is responsible for clarifying this with the instructor(s) involved.
4. **Falsifying Materials Subject to Academic Evaluation.** This includes falsification of data, use of commercially prepared essays, using information from the Internet without proper citation, citing sources from which material is not actually obtained, etc.
5. **Cheating on Assignments, Tests, and Examinations.** You may not copy the work of others in or out of class; you may not give your work to others for the purpose of copying; you may not use unauthorized material or equipment during examinations or tests; and you may not impersonate or allow yourself to be impersonated by another at an examination. The Department of Psychology has a policy of not making old examinations available for study purposes. Therefore, use of old exams without the express written permission of the instructor constitutes cheating by the user, and abetting of cheating by the person who provided the exam.
6. **Aiding Others to Cheat.** It is a violation to help others or attempt to help others to engage in any of the conduct described above.

The use of a generative artificial intelligence (AI) is strictly prohibited in any submitted work (unless expressly endorsed by the instructor as part of an assignment). The Department reserves the right to use AI detectors.

Instructors are expected to make every effort to prevent cheating and plagiarism. This may include the assignment of seating for examinations, asking students to move during examinations, requests to see student identification cards, and other measures as appropriate. Instructors also have available to them a variety of tools and procedures to check for Internet and electronic media-based cheating. In instances of suspected or actual plagiarism or cheating, instructors, following prescribed procedures, are authorized to take steps consistent with the degree of the offence. These measures will range from a zero on the test or assignment or a failing grade for the course, probation within a program to temporary or even permanent suspension from the University.

Rights of Appeal are described in the Policy on Academic Integrity in the University calendar Fall 2023.

The definitive source for information on Academic Integrity is the University Calendar

Other useful resources on Plagiarism and Cheating include:

1. The Ombudsperson's office: <https://uvicombudsperson.ca/academic-integrity/>
The [Office of the Ombudsperson](#) is an independent and impartial resource to assist with the fair resolution of student issues. A confidential consultation can help you understand your rights and responsibilities. The Ombudsperson can also clarify information, help navigate procedures, assist with problem-solving, facilitate communication, provide feedback on an appeal, investigate and make recommendations. Phone: 250-721-8357; Email: ombuddy@uvic.ca; Web: uvicombudsperson.ca.
2. UVic Library Resources: <http://www.uvic.ca/library/research/citation/plagiarism/>
3. UVic Library Document on [Avoiding Plagiarism](#)

Prerequisites

Students who remain in courses for which they do not have the prerequisites do so at their own risk. Students who complete courses without prerequisites **ARE NOT** exempt from having to complete the prerequisite course(s) if such courses are required for the degree program.

Program Requirements

For more information see the [UVic Calendar](#).

Registration Status

Students are responsible for verifying their registration status. Registration status may be verified using My Page, View Schedule. Course adds and drops will not be processed after the [deadlines](#) set out in the current UVic Calendar.

Students who do not attend classes must not assume that they have been dropped from a course by an academic unit or an instructor. Courses that are not formally dropped will be given a failing grade, students may be required to withdraw and will be required to pay the tuition fee for the course.

Request for Academic Concessions

Students can apply for [academic concessions](#) if their course requirements are affected by (i) unexpected and/or unavoidable circumstances (e.g., illness, family affliction, etc.), or (ii) conflicting responsibilities (e.g., service in the armed forces or first responder, representing the university).

- **Request an in-course extension**
If you require more time to complete a course requirement or miss a test or midterm exam, then you will need to complete the "[In-Course Extension Form](#)" and submit it directly to your course instructor. All course requirements must be completed prior to the submission of final grades.
- **What to do if you miss the final exam scheduled during the formal exam period**
Apply at Records Services for a "[Request for Academic Concession](#)", normally within 10 working days of the date of the exam. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student's academic record.
- **What to do if you require additional time to complete course requirements beyond the normal term.**
Apply at Records Services for a "[Request for Academic Concession](#)", normally within 10 working days of the end of the course. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation. Where a concession is not applied for or where such application is denied, an N grade will be entered on the student's academic record if the missing work has been deemed required. Note, only required course components may be deferred.

Research Participation Opportunities with the Department of Psychology

The Department of Psychology offers multiple opportunities to participate in research studies over the year. Students are encouraged to learn more about the field of psychology by volunteering in these studies. Information about studies can often be found posted on notice boards around the Department as well as through our Participant Pool webpage at <https://www.uvic.ca/socialsciences/psychology/research/participants/>.

Student Support Services

[Learn Anywhere](#) is the student support portal for a full range of student academic and support services. Services include: [Centre for Academic Communication](#), [Math & Stats Assistance Centre](#), [Counselling Services](#), [Health Services](#), [Library](#), [Ombudsperson](#), and [Computer Help Desk](#)

This classroom is a trans-inclusive space

Please indicate if you have a preferred name and pronoun that you'd like to be used in the classroom. Please e-mail your instructor or your TA if you would like to discuss the climate of this classroom for trans students. Gender neutral bathrooms are available at UVic.

University of Victoria Students' Society (UVSS)

The [UVSS](http://uvss.ca) is a social justice based non-profit run by students, for students and is entirely separate from UVic. As an undergrad student, you are already a member! We work on issues affecting students such as affordability, public transit, sexualized violence, sustainability, student employment, and much more. We fund clubs and course unions, and have several advocacy groups. We also have a Food Bank and Free Store, a Peer Support Centre, and run your health and dental plan. We are here to support you, so please reach out to us at uvss.ca!

Academic Important Dates

Spring session – second term (January – April)

Monday, January 1 st	University Closed (Winter Break)
Monday, January 8 th	Second term classes begin for all faculties
Sunday, January 21 st	Last day for 100% reduction of second term fees for standard courses 50% of tuition fees will be assessed for courses dropped after this date.
Wednesday, January 24 th	Last day for adding courses that begin in the second term
Wednesday, January 31 st	Last day for paying second term fees without penalty
Sunday, February 11 th	Last day for 50% reduction of tuition fees for standard courses
Monday, February 19 th	University Closed (Family Day)
February 19 th – 23 rd	Reading Break for all faculties
Thursday, February 29 th	Last day for withdrawing from second term courses without penalty of failure
Friday, March 29 th	University Closed (Good Friday)
Monday, April 1 st	University Closed (Easter Monday)
Monday, April 8 th	Last day of classes for all faculties
Thursday, April 11 th	Second term examinations begin for all faculties
Friday, April 26 th	Second term examinations end for all faculties

Add and drop dates for standard 2023-2024 Winter Session courses

Term	Start Date	End Date	100% Fee Reduction	Add Deadline	50% Fee Reduction	Academic Drop no Fee Reduction
Second term	Jan 8	Apr 8	Jan 21	Jan 24	Feb 11	Feb 29