

**Psychology 336  
Adolescent Development  
Spring Session 2022  
CRN 22708**

*We acknowledge and respect the lək'wəḡən peoples on whose traditional territory the university stands, and the Songhees, Esquimalt and WSÁNEĆ peoples whose historical relationships with the land continue to this day.*

	<b>Instructor</b>	<b>Teaching Assistant</b>
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<i>Office Hours</i>	By appointment (online)	By appointment (online)

**Class Time:** 10:30am – 11:20am Tuesdays, Wednesdays, & Fridays

**Date Range:** January 11, 2022 to April 6, 2022

**Location:** Engineering Comp Science Building 116

**Required Text:** Steinberg, Laurence (2020). Adolescence (12th Edition). McGraw Hill Education: NY.

**Course Website:** A course website available through the UVic Brightspace learning management system will be used for posting the course outline, lectures, assignments, and grades.

**Course ZOOM link:** <https://uvic.zoom.us/j/89795939535?pwd=eVdmK2RiVFVSZG12Zlp3eWRndjNuUT09>

### Course Description

This course provides an overview of important developments during adolescence, including neurological development and biological changes, physical growth, cognitive, social, and emotional processes, psychopathology and the social-cultural context of adolescent development.

### Prerequisites

- PSYC201 and PSYC243
- Credit will be granted for only one of PSYC 336, PSYC 333A

### Course Requirements and Evaluation

<b>Evaluation</b>	<b>Date</b>	<b>% of Grade</b>
Exam 1	Friday, January 28	15%
Exam 2	Friday, February 18	15%
Exam 3	Friday, March 18	15%
Exam 4	Wednesday, April 6	15%
Research Paper	Tuesday, March 1	20%
Group Podcast Submission	Group selection and introductions due Tuesday, February 8 (5%) Final group submission due Friday, April 8 (15%)	20%

### Grading Policy

As per university policy, your final grade in the course will be based on your total percent score. Grades that end with a decimal point of 0.5 or above will be rounded to the next higher whole number, and grades that end with a decimal point below 0.5 will be rounded to the next lower whole number:

A+ = 90 – 100%	B+ = 77 – 79%	C+ = 65 – 69%	F = 0 – 49%
A = 85 – 89%	B = 73 – 76%	C = 60 – 64%	N = incomplete*
A- = 80 – 84%	B- = 70 – 72%	D = 50 – 59%	

\*If you do not complete each exam and paper you will receive an “N” for the course.

**Online Course Format (January 10-24<sup>th</sup>):** UVic is responding to the changing situation of the COVID-19 pandemic by holding most courses online for the first two weeks of classes. During this brief period, this course will be a ‘blended’ asynchronous format. That is, students work through the materials on their own time but still have the option to interact with their classmates and instructor in real time. Class lectures will be recorded and posted on the course website at the beginning of each week. In lieu of synchronous lectures, I will hold online study sessions during selected scheduled class times on ZOOM (**January 11, 14, and 21**). These sessions are intended as a check-in for students to ask questions regarding course content offered that week and provides an opportunity for students to engage in discussions with their classmates by working on practice exam questions. Participation in these sessions is optional and in-person lectures will resume on **Tuesday, January 25<sup>th</sup>**.

**Research Paper:** In order to be an informed consumer of research portrayed through the media, it is important to be able to critically evaluate your sources of information. This assignment will give you an opportunity to read and critique media coverage of topics related to adolescents. Select a current news story that is related to adolescent development or one that cites research related to adolescence. Use 5 additional primary sources (i.e., empirical research studies) to critique that news article. These studies can support or negate (or both) that news article and must be published within the last 10 years. The paper should be at least 6 pages long, double-spaced and no more than 8 pages. Papers can be submitted at any time in the term but must be submitted by **Tuesday, March 1<sup>st</sup>**. Papers must be submitted through the Brightspace course website. This assignment is worth 20% of your total grade; 5% per day will be deducted for unexcused late papers.

**Group Podcast Submissions:** Throughout the course you are expected to work as a group with your classmates (up to 4 members, min. 2) to submit a recorded Podcast (via a video conferencing platform of your choosing; min 30 minutes, max 1 hour) to discuss a topic related to current issues in adolescent development. Topics can be of your own choosing (e.g., COVID-19 and youth mental health, youth civic engagement, social activism for racial justice, bullying and peer victimization etc.). Make sure to structure your discussion. For example: you may choose to identify and articulate the experiences/challenges/opportunities that adolescents face today and discuss how the current generation may differ from different generations by integrating how developmental theories and empirical research can help inform us to provide guidance to the current generation. At the end of your discussion you may choose to ultimately impart some “wisdom” from what you have learned from personal experiences and what you have learned from this course as young adults that you wish you would have known or would like this generation of adolescents to know to help them navigate through the present challenges they face. This assignment is worth 15% of your overall grade (due **Friday, April 8<sup>th</sup>**). You can find group members by posting on the discussion forum in Brightspace. To encourage group participation early in the semester, you must submit a short ‘test Podcast’ introducing members of your group, the topic that you will be discussing and your reasons for choosing this topic (length is 5 minutes or less). This initial submission is worth 5% of your overall grade (due **Tuesday, February 8<sup>th</sup>**). Introductions can be submitted on Brightspace.

**Extra Credit with Participation in Research Studies:** Students can earn up to 2% extra credit toward your final grade by participating in psychological studies that are posted on the research pool website. Visit [http://web.uvic.ca/psyc/research/participant\\_pool.php](http://web.uvic.ca/psyc/research/participant_pool.php) for more information. Note that you must complete your participation by the last day of the course to receive credit.

**Exams:** Knowledge of the readings and lectures will be assessed through 4, non-cumulative in-class exams worth 60% of your overall mark (15% each). Exams will include a combination of multiple choice and short answer questions based on both the readings and lectures. Exams will be in-class and you will have the option to complete it electronically (e.g., through your personal laptop that you bring into class) or on a paper copy which we will have on hand. It is the student’s responsibility to attend in-class exams as scheduled. Students who miss an in-class exam will receive a mark of zero unless they have a case of illness or family emergency. If you miss an exam due to these reasons, you must notify me on or before the exam date. You must write the final exam (Exam 4) to pass the course. Failure to write Exam 4 will result in a failing grade for the course, even when a final grade of 50% or higher is achieved.

## Tentative Schedule of Classes

Date	Topic	Chapter
January 11*	Introduction and Course Overview	Intro
January 12, 14*	Biological transitions	1
January 18, 19	Cognitive transitions	2
January 21*, 25	Social transitions	3
January 26	Social transitions cont. / review	
January 28	<b>Exam 1 (15%)</b>	1,2,3
February 1, 2	Families	4
February 4, 8	Peers	5
February 8	<b>Group Podcast Introductions Due (5%)</b>	
February 9, 11	Schools	6
February 15, 16	Work, leisure & media	7
February 18	<b>Exam #2 (15%)</b>	4,5,6,7
February 22, 23, 25	<i>No class - reading week</i>	
March 1	<b>Paper due (20%)</b>	
March 1, 2	Identity	8
March 4, 8	Autonomy	9
March 9, 11	Intimacy	10
March 15, 16	Sexuality	11
March 18	<b>Exam #3 (15%)</b>	8,9,10,11
March 22, 23	Achievement	12
March 25, 29, 30	Psychosocial problems	13
April 1, 5	Prevention and intervention: working with youth	TBA
April 6	<b>Exam #4 (15%)</b>	12,13, additional materials
April 8	<b>Group Podcast Due (15%)</b>	

\*Note: These are the study sessions in which we will meet synchronously on ZOOM. This schedule is tentative and any changes will be discussed in class and posted on Brightspace.

### *Important Notes*

1. Please feel free to talk with me anytime during the semester. If there is a problem that is negatively affecting your course performance, contact me as early as possible so that we can develop a plan to help you succeed in this class.
2. It is your responsibility to check your registration status by the drop deadline to ensure that you are registered in the course. The last day to add courses is **January 26<sup>th</sup>**.
3. Please consult the Department's important course policy for additional details.

## Sexualized Violence Prevention and Response at UVic

UVic takes sexualized violence seriously, and has raised the bar for what is considered acceptable behaviour. We encourage students to learn more about how the university defines sexualized violence and its overall approach by visiting [www.uvic.ca/svp](http://www.uvic.ca/svp). If you or someone you know has been impacted by sexualized violence and needs information, advice, and/or support please contact the sexualized violence resource office in Equity and Human Rights (EQHR). Whether or not you have been directly impacted, if you want to take part in the important prevention work taking place on campus, you can also reach out:

Where: Sexualized violence resource office in EQHR, Sedgewick C119

Phone: 250.721.8021

Email: [svpcoordinator@uvic.ca](mailto:svpcoordinator@uvic.ca)

Web: [www.uvic.ca/svp](http://www.uvic.ca/svp)

# BE WELL



A note to remind you to take care of yourself. Do your best to maintain a healthy lifestyle this semester by eating well, exercising, getting enough sleep and taking some time to relax. This will help you achieve your goals and cope with stress. All of us benefit from support during times of struggle. You are not alone.

## ***Social Life, Friends, & Community at UVic:***

Having a social network is an extremely important foundation for positive mental health. There are lots of benefits to joining clubs, course unions, intramurals and teams on campus.

<https://www.uvic.ca/mentalhealth/undergraduate/connecting/index.php>

## ***Counselling Services:***

Counselling Services can help you make the most of your university experience. They offer free professional, confidential, inclusive support to currently registered UVic students. [www.uvic.ca/services/counselling/](http://www.uvic.ca/services/counselling/)

## ***Health Services:***

University Health Services (UHS) provides a full service primary health clinic for students, and coordinates healthy student and campus initiatives.

[www.uvic.ca/services/health/](http://www.uvic.ca/services/health/)

## ***Centre for Accessible Learning:***

The CAL staff are available by appointment to assess specific needs, provide referrals and arrange appropriate accommodations [www.uvic.ca/services/cal/](http://www.uvic.ca/services/cal/). The sooner you let us know your needs, the quicker we can assist you in achieving your learning goals in this course.

## ***Elders' Voices:***

The Office of Indigenous Academic and Community Engagement (IACE) has the privilege of assembling a group of Elders from local communities to guide students, staff, faculty and administration in Indigenous ways of knowing and being.

[www.uvic.ca/services/indigenous/students/programming/elders/](http://www.uvic.ca/services/indigenous/students/programming/elders/)

## ***Mental Health Supports and Services:***

Mental health supports and services are available to students from all areas of the UVic community: [www.uvic.ca/mentalhealth/undergraduate/](http://www.uvic.ca/mentalhealth/undergraduate/)

**UNIVERSITY OF VICTORIA**  
**Department of Psychology**

**Important Course Policy Information**  
**Winter 2022**

***Prerequisites***

Students who remain in courses for which they do not have the prerequisites do so at their own risk. Students who complete courses without prerequisites ARE NOT exempt from having to complete the prerequisite course(s) if such courses are required for the degree program.

***Program Requirements***

For more information see the UVic Calendar January 2022.

***Registration Status***

Students are responsible for verifying their registration status. Registration status may be verified using My Page, View Schedule. Course adds and drops will not be processed after the deadlines set out in the current UVic Calendar.

***Commitment to Inclusivity and Diversity***

The University of Victoria is committed to promoting, providing and protecting a positive and supportive and safe learning and working environment for all its members.

***In the Event of Illness, Accident or Family Affliction***

- ***What to do if you miss the final exam scheduled during the formal exam period***

Apply at Records Services for a "Request for Academic Concession", normally within 10 working days of the date of the exam. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student's academic record.

OR, you can download the Request for Academic Concession form here:

<http://www.uvic.ca/registrar/assets/docs/record-forms/rac.pdf>

- ***What to do if you miss an exam other than one scheduled during the formal exam period***

Do not apply at Records Services for a "Request for Academic Concession". Instead submit documentation of the illness, accident or family affliction directly to your course instructor (or designated teaching assistant).

- ***What to do if you require additional time to complete course requirements***

Apply at Records Services for a "Request for Academic Concession", normally within 10 working days of the end of the course. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student's academic record.

OR, you can download the Request for Academic Concession form here:

<http://www.uvic.ca/registrar/assets/docs/record-forms/rac.pdf>

## ***Policy on Academic Integrity including Plagiarism and Cheating***

The Department of Psychology fully endorses and intends to enforce rigorously the Senate Policy on Academic integrity

[https://www.uvic.ca/calendar/future/undergrad/#/policy/Sk\\_0xsM\\_V?bc=true&bcCurrent=08%20-%20Policy%20on%20Academic%20Integrity&bcGroup=Undergraduate%20Academic%20Regulations&bcItemType=policies](https://www.uvic.ca/calendar/future/undergrad/#/policy/Sk_0xsM_V?bc=true&bcCurrent=08%20-%20Policy%20on%20Academic%20Integrity&bcGroup=Undergraduate%20Academic%20Regulations&bcItemType=policies). It is of utmost importance that students who do their work honestly be protected from

those who do not. Because this policy is in place to ensure that students carry out and benefit from the learning activities assigned in each course, it is expected that students will cooperate in its implementation.

The offences defined by the policy can be summarized briefly as follows:

1. **Plagiarism.** You must make sure that the work you submit is your work and not someone else's. There are proper procedures for citing the works of others. The student is responsible for being aware of and using these procedures.
2. **Unauthorized Use of an Editor.** The use of an editor is prohibited unless the instructor grants explicit written authorization.
3. **Multiple Submission.** Only under exceptional circumstances may a work submitted to fulfill an academic requirement be used to satisfy another similar requirement. The student is responsible for clarifying this with the instructor(s) involved.
4. **Falsifying Materials Subject to Academic Evaluation.** This includes falsification of data, use of commercially prepared essays, using information from the Internet without proper citation, citing sources from which material is not actually obtained, etc.
5. **Cheating on Assignments, Tests, and Examinations.** You may not copy the work of others in or out of class; you may not give your work to others for the purpose of copying; you may not use unauthorized material or equipment during examinations or tests; and you may not impersonate or allow yourself to be impersonated by another at an examination. The Department of Psychology has a policy of not making old examinations available for study purposes. Therefore, use of old exams without the express written permission of the instructor constitutes cheating by the user, and abetting of cheating by the person who provided the exam.
6. **Aiding Others to Cheat.** It is a violation to help others or attempt to help others to engage in any of the conduct described above.

Instructors are expected to make every effort to prevent cheating and plagiarism. This may include the assignment of seating for examinations, asking students to move during examinations, requests to see student identification cards, and other measures as appropriate. Instructors also have available to them a variety of tools and procedures to check for Internet and electronic media-based cheating. In instances of suspected or actual plagiarism or cheating, instructors, following prescribed procedures, are authorized to take steps consistent with the degree of the offence. These measures will range from a zero on the test or assignment or a failing grade for the course, probation within a program to temporary or even permanent suspension from the University.

Rights of Appeal are described in the Policy on Academic Integrity in the University calendar September 2021.

**The definitive source** for information on Academic Integrity is the University Calendar

**Other useful resources on Plagiarism and Cheating include:**

1. The Ombudsperson's office: <https://uvicombudsperson.ca/tips/plagiarism/>  
The [Office of the Ombudsperson](#) is an independent and impartial resource to assist with the fair resolution of student issues. A confidential consultation can help you understand your rights and responsibilities. The Ombudsperson can also clarify information, help navigate procedures, assist with problem-solving, facilitate communication, provide feedback on an appeal, investigate and make recommendations. Phone: 250-721-8357; Email: [ombuddy@uvic.ca](mailto:ombuddy@uvic.ca); Web: [uvicombudsperson.ca](http://uvicombudsperson.ca).
2. UVic Library Resources <https://www.uvic.ca/library/help/citation/plagiarism/index.php>
3. [https://www.uvic.ca/library/research/citation/documents/avoiding%20plagiarism%20guideUpdate\\_Sept\\_2013.pdf](https://www.uvic.ca/library/research/citation/documents/avoiding%20plagiarism%20guideUpdate_Sept_2013.pdf)