

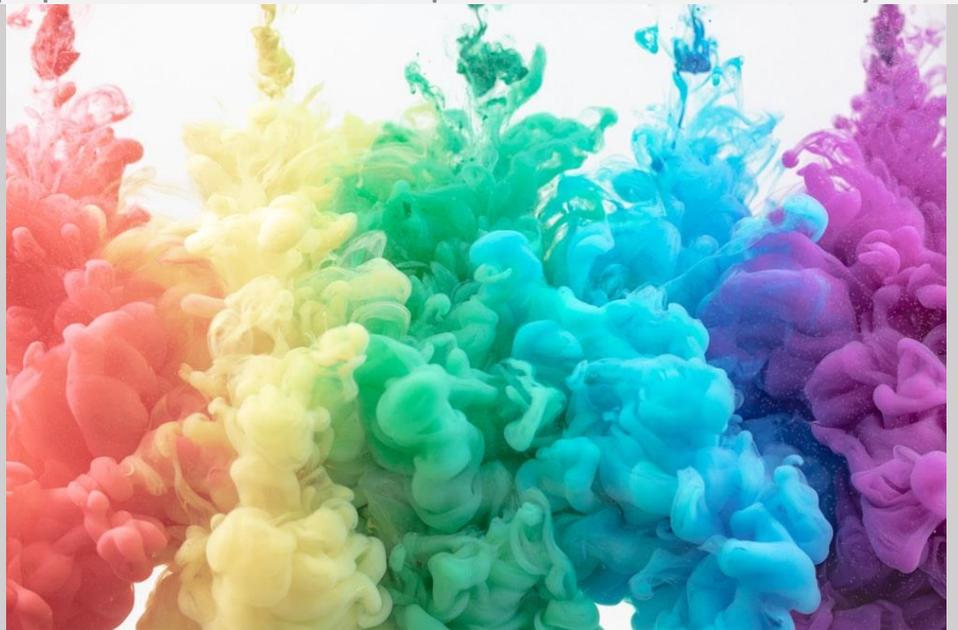
We acknowledge and respect the lək̓ʷəŋən peoples on whose traditional territory the university stands and the Songhees, Esquimalt and WSÁNEĆ peoples whose historical relationships with the land continue to this day.

PSYC 330 A02

Personality

Winter 2022

University of Victoria



Course Description and Objectives

We think about and evaluate people's personality on a daily basis. We all have our ways of describing our own and others' personalities. Even when we don't explicitly think about it, we use our knowledge of what people are like to understand and predict what they do, what they would like, what they would not like. In this course, we will take these things we do in everyday life and look at personality from a more scientific perspective. We will explore what personality is, the basis of it, how it is studied, and how we can see it in everyone around us. Personality theory will be presented from several perspectives including biological, psychoanalytic, behavioural, cognitive, and humanistic.

Instructor: Dr Dinesh Ramoo

Email:

Office Hours: By Appointment

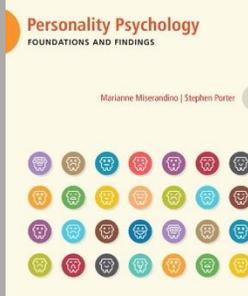
Classes: Thursdays 15:30 – 16:20

We will have **weekly synchronous sessions** where we will discuss any questions you may have as well as do some learning activity to check your learning (such as practice quizzes). We will also discuss your assignments during these meetings.

Learning Outcomes

- Understanding of what personality psychology is, why it is important, and how it is studied.
- Understanding of the origins of personality theory as well as modern applications of traits (especially the Big Five).
- Ability to describe personality and the ways it changes (and stays the same) throughout the lifespan.
- Understanding of the importance of culture and diversity for all research, including personality psychology.
- Ability to think critically about scientific research in general and specifically in the domain of personality psychology

Please contact me with any issues you might have regarding the course or learning activities. If you are unable or uncomfortable with any of the online meeting arrangements you may email me to accommodate your needs.



Required Text

Miserandino, M. and Porter, S. (2016). *Personality Psychology: Foundations and Findings, First Canadian Edition*, Pearson.

ISBN-10: 0205897452

ISBN-13: 9780205897452

Student Evaluation

There will be 2 exams, each worth 30%, one assignment (worth 30% in total) and 4 discussion posts (averaged to 10%).

The assignment will have a scaffolded design and we will develop towards the final report together in stages.

Academic Integrity policy will be strictly applied (see this [link](#) for more information).

Prerequisites: PSYC 201, and one of PSYC 231 or PSYC 260

Copyright

Every effort has been made to trace ownership of all copyrighted material and to secure permission from copyright holders. In the event of any question arising as to the use of any material, I will be pleased to make the necessary corrections.

Exams

The exams will be a mix of multiple choice and free response questions. You will be given several options for the free response questions and will be able to choose the ones you want to answer. Each exam will be worth 30% of your grade. More information will be provided about each test closer to the exam date.

Course Requirements:

Students must complete all activities and assignments to complete this course. You must write all three exams. Failure to write an exam will result in an 'N' grade being assigned.

Lecture Slides:

I will post my lecture slides on Brightspace every week. In my lecture videos, I will explain the relevance of each slide.

Class Times:

Classes will be asynchronous. I will upload lecture videos each week and you can follow at your own pace.

Brightspace:

It is a requirement of this course that you register for this course on Brightspace. Announcements, instructions for tests, and the lecture slides will be posted on Moodle. Your marks will also be posted on Brightspace. It is your responsibility to ensure that your email address on Brightspace is the one that you actually use otherwise you may miss important announcements. (Note: your default email on Brightspace is your student email account. If you have a Hotmail, Gmail, or other email account you must update your email address).

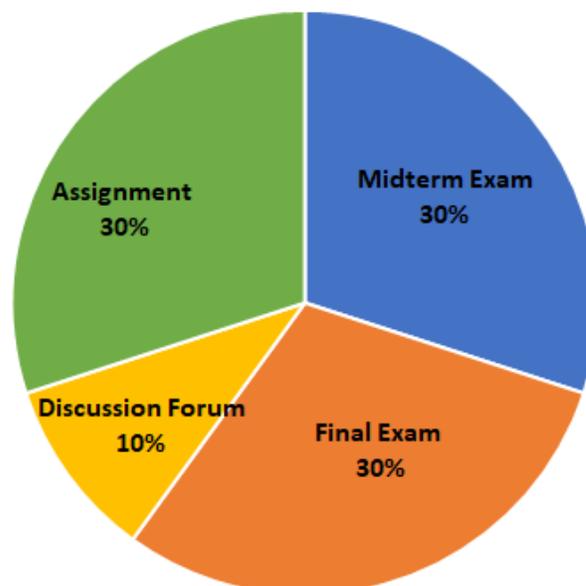
To access this course on Brightspace please follow these steps:

- Go to **bright.uvic.ca** and sign in with your username and password
- Open 'PSYC 330 Personality'

PLEASE NOTE: This semester you will be automatically enrolled to your registered courses.



Grading Scale



A+	90-100%
A	85-89%
A-	80-84%
B+	77-79%
B	73-76%
B-	70-72%
C+	65-69%
C	60-64%
D	50-59%
F	0-49%
N	Missing component

Course Topics

We will have **weekly synchronous sessions** where we will discuss any questions you may have as well as do some learning activity to check your learning (such as practice quizzes). We will also discuss your assignments during these meetings.

Date	Topic	Chapter
10-01-2022	Who Am I? Understanding the Building Blocks of Personality	1
17-01-2022	Personality Traits: A Good Theory	2
24-01-2022	Personality Traits: Practical Matters	3
28-01-2022	<i>Discussion Forum Activity 1: Personality Tests</i>	
31-01-2022	Personality Assessment	4
04-02-2022	Assignment Stage 1: Topic Proposal	
07-02-2022	Intrapsychic Foundations of Personality	5
11-02-2022	<i>Discussion Forum Activity 2: Personality in the News</i>	
14-02-2022	Self and Identity	6
17-02-2022	Midterm Exam (Chapters 1, 2, 3, 4, 5 & 6)	
21-02-2022	Mid-semester Break	
28-02-2022	Genetics	7
04-03-2022	Assignment Stage 2: Literature Review	
07-03-2022	The Neuroscience of Personality	8
11-03-2022	<i>Discussion Forum Activity 3: Indigenous Thoughts on Personality</i>	
14-03-2022	Regulation and Motivation: Self-Determination Theory	9
21-03-2022	Cognitive Foundations of Personality	10
25-03-2022	Assignment Stage 3: Final Report	
28-03-2022	Gender and Personality	11
01-04-2022	<i>Discussion Forum Activity 4: Course Reflection</i>	
04-04-2022	Sexual Orientation	12
TBA	Final Exam (Chapters 7, 8, 9, 10, 11 & 12)	

Academic Integrity

The Department of Psychology fully endorses and intends to enforce rigorously the Senate Policy on Academic integrity (<https://web.uvic.ca/calendar2018-09/undergrad/info/regulations/academic-integrity.html#> , p. 45-47, UVic Calendar September 2018). It is of utmost importance that students who do their work honestly be protected from those who do not. Because this policy is in place to ensure that students carry out and benefit from the learning activities assigned in each course, it is expected that students will cooperate in its implementation.

The offences defined by the policy can be summarized briefly as follows:

1. **Plagiarism.** You must make sure that the work you submit is your work and not someone else's. There are proper procedures for citing the works of others. The student is responsible for being aware of and using these procedures.
2. **Unauthorized Use of an Editor.** The use of an editor is prohibited unless the instructor grants explicit written authorization.
3. **Multiple Submission.** Only under exceptional circumstances may a work submitted to fulfill an academic requirement be used to satisfy another similar requirement. The student is responsible for clarifying this with the instructor(s) involved.
4. **Falsifying Materials Subject to Academic Evaluation.** This includes falsification of data, use of commercially prepared essays, using information from the Internet without proper citation, citing sources from which material is not actually obtained, etc.
5. **Cheating on Assignments, Tests, and Examinations.** You may not copy the work of others in or out of class; you may not give your work to others for the purpose of copying; you may not use unauthorized material or equipment during examinations or tests; and you may not impersonate or allow yourself to be impersonated by another at an examination. The Department of Psychology has a policy of not making old examinations available for study purposes. Therefore, use of old exams without the express written permission of the instructor constitutes cheating by the user, and abetting of cheating by the person who provided the exam.
6. **Being an Accessory to Offences.** This means that helping another student to cheat (for instance, by showing or communicating to them answers to an assignment, or by allowing them to view answers on an exam) is an academic offence.

Instructors are expected to make every effort to prevent cheating and plagiarism. This may include the assignment of seating for examinations, asking students to move during examinations, requests to see student identification cards, and other measures as appropriate. Instructors also have available to them a variety of tools and procedures to check for Internet and electronic media-based cheating. In instances of suspected or actual plagiarism or cheating, instructors, following prescribed procedures, are authorized to take steps consistent with the degree of the offence. These measures will range from a zero on the test or assignment or a failing grade for the course, probation within a program to temporary or even permanent suspension from the University.

Rights of Appeal are described in the Policy on Academic Integrity in the University calendar (on p. 46 in September 2018).

The definitive source for information on Academic Integrity is the University Calendar (p. 45-47 in September 2018) (<https://web.uvic.ca/calendar2018-09/undergrad/info/regulations/academic-integrity.html#>)

Other useful resources on Plagiarism and Cheating include:

1. The Study Solutions Office: <https://www.uvic.ca/services/counselling/success/study/index.php>
2. The Ombudsperson's office: <https://uvicombudsperson.ca/tips/plagiarism/>
3. UVic Library Resources: <http://www.uvic.ca/library/research/citation/plagiarism/>
4. Dr. Mitchell of the UVic English Department:
http://web.uvic.ca/~amitch/teaching_files/Avoiding%20Plagiarism.pdf

Student Wellbeing

Social Life, Friends, & Community at UVic:

Having a social network is an extremely important foundation for positive mental health. There are lots of benefits to joining clubs, course unions, intramurals and teams on campus.

<https://www.uvic.ca/mentalhealth/undergraduate/connecting/index.php>

Counselling Services:

Counselling Services can help you make the most of your university experience. They offer free professional, confidential, inclusive support to currently registered UVic students.

www.uvic.ca/services/counselling/

Health Services:

University Health Services (UHS) provides a full service primary health clinic for students, and coordinates healthy student and campus initiatives. www.uvic.ca/services/health/

Centre for Accessible Learning:

The CAL staff are available by appointment to assess specific needs, provide referrals and arrange appropriate accommodations www.uvic.ca/services/cal/. The sooner you let us know your needs, the quicker we can assist you in achieving your learning goals in this course.

Elders' Voices:

The Office of Indigenous Academic and Community Engagement (IACE) has the privilege of assembling a group of Elders from local communities to guide students, staff, faculty and administration in Indigenous ways of knowing and being.

www.uvic.ca/services/indigenous/students/programming/elders/

Mental Health Supports and Services:

Mental health supports and services are available to students from all areas of the UVic community:

www.uvic.ca/mentalhealth/undergraduate/

