



We acknowledge and respect the lək̓ʷəŋən peoples on whose traditional territory the university stands and the Songhees, Esquimalt and WSÁNEĆ peoples whose historical relationships with the land continue to this day. I feel very fortunate to learn, live and work on this beautiful territory



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Introductory Psychology II – Social and Applied Emphasis

PSYC 100B Section A04 | Spring (Jan – Apr) 2022

Class meets: Mondays & Wednesdays 6:00-7:20PM in DTB A120

*First two weeks of classes are online via Zoom

Instructor: Dr. Jhotisha Mugon

Office: Cornett A235

Email (preferred): jmugon@uvic.ca

*Office hours: Wednesdays 1:30 – 2:30pm

*Office hour for first two weeks will be on zoom

Teaching Assistant: Erin Light

Office: Cornett B030

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*Office hours: Mondays 4:30- 5:30pm

This course will be held online for the first two weeks of classes. We will have synchronous Zoom classes on Jan 10, 12, 17, and 19. I hope that we will be back in our physical classroom (DTB A120) for Jan. 24. I will post an announcement on our course Brightspace site if there are any changes to our current course arrangement. Please use the link below to access our Zoom classes. You should sign into the zoom session using your netlink ID and password so that I can track your participation grade.

Zoom meeting link: <https://uvic.zoom.us/j/84854759468?pwd=cHpEMk15cjJHelUxc1dieUpwTE4wdz09>

You can also access our zoom class via our course Brightspace site under course tools → Zoom → click on the relevant course date

For the first two weeks of classes, you can access office hour for:

- Dr. Mugon via: <https://uvic.zoom.us/j/88932709354?pwd=VWJlKzVtcVlwalpwVktkUk9ZQzVGUT09>
- Erin Light via: <https://uvic.zoom.us/j/88080748972?pwd=VExzdNlVQTVVjU2lLV0Z4dXE1UXUzdz09>

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Welcome to Psychology 100B!

I am excited to be your instructor for this course. PSYC 100B focuses on human intelligence, personality, lifespan development, psychological disorders, and psychological treatment. Please note that the first two weeks of classes will be online via Zoom (link above) on Monday and Wednesday evenings. Hopefully, by the third week of classes, we will transition back to our physical classroom in DTB A120. I've designed this course to have a mix of lectures, in-class activities, polls and writing exercises. During our synchronous sessions, I will cover course content from the assigned chapters, and I will have some interactive activities for students to engage in. You are highly encouraged to ask (and answer!) questions and participate in the activities. These sessions will be recorded but you are highly encouraged to attend the live lectures in order to gain a better understanding of the lecture materials. The bonus side of you attending the live lectures is that you will have the opportunity to get to know some of your peers during the activities. If you have any question about the course, content or assignments or if you would like to talk about a cool psychological phenomenon that you've recently learned about, feel free to drop by my office hour for a chat. I hope you have a wonderful and successful term ahead 😊

Course Description

What is this course about? – In this course you will see how research has been applied to test intuitive assumptions about human life. You will find that many of your beliefs about human existence are scientifically supported; but you will also find many beliefs are refuted by the evidence. As such, another goal of this course will be to encourage you to think critically about your preconceptions so that you can become a better consumer of the psychological information that is available in the media. Questions that we will explore include: What is intelligence and how can we study it? What are the developmental processes or stages throughout our lifespan? How do we develop our personality? How are certain psychological disorders described and what are their associated symptomology? What are the recent advances for psychological treatment?

Note: You do not have to take PSYC 100A after you have completed PSYC 100B, but you should be aware that if you wish to take any further courses in Psychology at the University of Victoria you must complete both PSYC 100A and B.

Course Learning Outcomes: Upon completion of this course, students should be able to:

1. Explain and describe concepts and study findings from the developmental, clinical and cognitive areas of psychology.
2. Outline the methods of investigation used in psychology, and the strengths and limitations of these methods.
3. Develop the ability to relate the findings of psychological research to your life and to important issues in our society and the world at large.
4. Develop research skills required to critically think and write about topics related to each assigned chapter



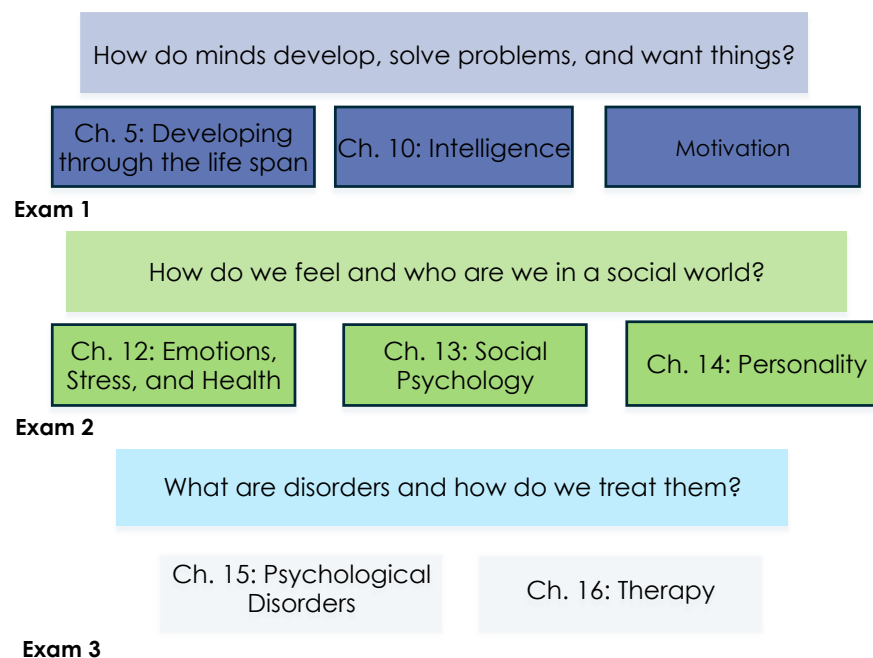
Course format

This course is divided into multiple topics which generally correspond to a chapter in the textbook. For each topic there will be:

- **Assigned reading** – Mainly from the textbook. You will also get a chapter summary that highlights important concepts from the textbook
- **Chapter quiz** – A short online quiz related to the chapter material (and 3 pre-exam quizzes)
- **Critical Thinking Topics (CTT)**– Questions that you can answer and contribute ideas based on research findings. While there will be a total of 6 opportunities for you to write a response to the CTTs, you will only need to complete three. You may complete a fourth one but your top three will count towards your grades.
- **2-3 in-person classes on the topic*** – During lectures we will cover material related to the assigned topic in various ways. Note that not all content from the assigned chapters will be covered in class. Sometimes, I will bring in additional content or studies that are relevant to the topic. You are responsible for all materials covered in class and in the textbook for your exams.
- **iClicker/ zoom questions** – During the first two weeks of classes, we will have zoom questions. When we return to our physical classroom, please bring your own physical iClicker or the app to class to respond to in-class questions and surveys.

*I will do my best to record our lectures using Echo360 for the odd times that you are not able to attend lectures. However, I cannot guarantee that the technology will work or that it will record everything from the lecture. I encourage you to do your best to make it to every class throughout the term. **If you are ill, please do not attend class.** I'd be happy to meet with you either via zoom or in-person to answer any questions you may have after you've watched the recorded lectures.

UVIC PSYC 100B Graphic Syllabus



Course Materials – What do you need for this course?

1) **Required Text:** Myers, D.M. and DeWall, C. N. (2018). *Psychology* (12th ed.) New York: Worth Publishers

- You can purchase this edition of the textbook through the UVic Bookstore (<https://www.uvicbookstore.ca/text/>). Try ordering your textbook as soon as possible because it may take some time for you to receive it (even the ebook!).
- Launchpad (online study resource) comes included with the textbook if you purchase it through the UVic bookstore. Although not required for the course, I recommend purchasing it, as it contains additional resources that can help you in this course (see optional material section below).
- You may purchase the textbook in either the loose-leaf format (you can insert the pages in a binder) or as an ebook. Both options include access to online resources, including an online version of the text, at the publishers LaunchPad website (see optional online resource section below).

2) **Course website:**

- The PSYC 100B website is accessible through the UVic Brightspace system (<https://bright.uvic.ca/d2l/home/155953>). This site includes all course material, including recorded lectures, chapter summaries, quizzes and critical thinking topics. **At first, you'll only see the section "Getting Started" – which will include the course syllabus and other important information to help you get situated in our course. Complete the syllabus quiz in that section to unlock the rest of the available course material.**
- **NetLink ID:** To access the PSYC 100 Brightspace you need a valid UVic Netlink ID. To register, go to the Netlink Website (<http://netlink.uvic.ca/>) and follow the directions there. If you cannot access our Brightspace site after receiving your NetLink ID, please contact the computer helpdesk (helpdesk@uvic.ca; 250-721-7687).

3) **Required Technology:**

- **iClicker Personal Response System.** This is necessary in order for you to participate in the class and 5% of your final mark is based on that participation. There are two options:
 - 1) **iClicker Student Mobile App.** This application can be used on a personal device (laptop, smartphone, or tablet). If you purchase a 12th edition textbook through UVic Bookstore, the text will come with a free one-year subscription to the online software. In order to receive your 5% participation points, you must create an account (<https://student.iclicker.com/#/login>).
 - 2) **iClicker 2.** *iClicker 2* is a physical remote that can be purchased at the bookstore new or used and it will be usable in other courses that use iClickers. It can also be sold back to the UVic bookstore just like with textbooks. Only the second-generation *iClickers* can be used. If you use the original *iClicker* you may not be able to respond to all the questions in class.



- a. In order to receive your 5% participation points, you must **register your iClicker online** at the UVic website (<http://www.uvic.ca/iclickerreg>) and **not the iClicker.com website**.
- See page 12 and on Brightspace for more information on iClickers.
 - The University of Victoria has established minimum technical requirements for students to participate in online learning environments – see <https://www.uvic.ca/systems/status/features/min-tech-requirements.php> for more information on the requirements. Contact UVic’s computer help desk (see their website for various contact options and hours of operation for any technology questions/issues: <https://www.uvic.ca/systems/services/helpsupport/computerhelpdesk/>

4) Optional Online Resource/on Material:

- LaunchPad: If you purchased your textbook from the bookstore, you will have also received an access code for the Textbook online site. To access the textbook online ("LaunchPad") go to: (<https://www.macmillanhighered.com/launchpad/myers12e/18893450>). If you have problems registering, purchasing, or logging in to LaunchPad, do NOT contact me until after you have contacted the publisher’s Customer Support. You can reach a representative 24 hours a day, 7 days a week through the online form, by chat: <https://community.macmillan.com/community/digital-product-support/college-students-support-community> or from 9 a.m. to 3 a.m. EST, 7 days a week by phone: 1-800-936-6899.

5) Zoom Netiquette: As you might have already discovered, online learning is different from face-to face learning. Because communication may be stripped of essential cues such as tone, affect, facial expressions, and body language – especially in written format, – it is even more important that we all follow a few basic guidelines to ensure good communication and a positive learning environment:

- Stay respectful of others and open-minded about their questions, thoughts, and views – the same way you probably expect them to be towards you.
- You are welcome – and encouraged! - to respond to others’ comments and suggestions but please refrain from making your response personal.
- If you are typing a response, re-read it at least once before posting it. Consider how (or even the worst way in which) it could be interpreted. Be respectful in your responses and questions.
- If you feel very strongly about a certain point, especially if you feel upset or angry, delay posting your thoughts / comments. Give it a few minutes, perhaps a day. Or ask someone uninvolved in the discussion to read it for you before posting it.
- Mute your mic when you’re not speaking, to reduce background noise interference.
- Turn on your camera when possible, to create a sense of community; Look at the camera to make eye contact when talking.
- Use the chat field and whiteboard for constructive questions and comments only.



What is expected of you?

To develop a good understanding of the psychological concepts, theories and research findings that we will cover in this class, I recommend that you complete the assigned weekly materials, attend and engage in class sessions, attend office hours with your questions when needed and **spend between 7-10 hours** (including class time) towards mastering the course materials.

Attend class sessions and office hours: Although not mandatory, attending our class sessions twice a week will help increase your understanding of the material and provide you with opportunities to engage with and discuss the material with the instructor and your classmates. Feel free to bring your questions and ask for clarification, or to bring examples you found useful in illustrating some of the concepts (this could be a video, article, or your own knowledge). If you need some support outside of class time, please drop in to one of our in-person or virtual office hours! See page our Brightspace page for office hour times and locations.

Manage your time: Courses can be tricky to complete if you don't stick to a schedule. One way to ensure your success on the exams is to complete the assigned readings, chapter quizzes and other assignments/activities in accordance to the schedule provided.

Check the Brightspace site often for all course announcements, materials and calendar notifications. While I will do my best to post class recordings on Brightspace, research has shown that the best way to learn is by attending the scheduled classes regularly.

- **If you register late for the course, you** are responsible for speaking to me to make up for any missed material or assessment

Conduct yourself appropriately - Please listen to and interact with others in a respectful manner. We are all very diverse and have different values, beliefs, and opinions – maintain an open mind to these differences. You may debate with others who hold opinions different from your own, but you must always remain respectful.

Provide constructive feedback - I always welcome ideas to improve this course and to facilitate learning. I encourage you to provide constructive feedback about your experiences in the course. Please send me an email or see me in office hours to discuss your suggestions.

If you require specific academic accommodations on an on-going basis, please contact the Centre for Accessible Learning (CAL: <https://www.uvic.ca/services/cal/index.php>) The CAL staff are available by appointment to assess specific needs, provide referrals, and arrange for appropriate accommodations. I will automatically be notified if you receive any CAL accommodations.



If you have a question, here is where/ how to get an answer:

- For technical question (e.g. related to Brightspace, Zoom, or Netlink login), please contact the computer help desk (helpdesk@uvic.ca ; 250-721-7687).
- For questions regarding research participation bonus points, please contact the participation coordinator at p100res@uvic.ca .
- For questions regarding the textbook, the lectures, or course accommodations, please contact me at jmugon@uvic.ca .I kindly ask that you consult the syllabus for assessment timelines prior to emailing me.
- To review your quizzes, or exams, or to ask for feedback on assignments, please contact our class TA – Erin Light- emmlight@uvic.ca
- If you have questions related to the content of the textbook and/or lectures OR if you have an example to share, please:
 - Bring them up during our scheduled **class times**
 - Visit **my office hours**: Wednesdays from 1:30 – 2:30pm
 - Post them in the **discussion board** in Brightspace for anyone to answer
 - Email me – BUT this should really be the last resort. It is to everyone’s advantage to give all learners a chance to hear and answer material related questions. Also, there are ~ 250 of you and only one of me!
 - At some point in the term, things can get a little hectic for me (I have over 500 students in the Spring term). *If you do not hear back from me within 72 business hours, then feel free to send me a reminder email – I appreciate your kindness and patience*

What can you expect from me?

- I am available to help with student accommodations.
- Attend my office hours if you have complicated questions. If my office hour does not work for you, email me to request an alternative time to meet.
- I will upload all course materials on Brightspace. I will also often post course announcements there.
- I will be ready for our classes and I will aim to make it interactive and engaging. I will also upload the recorded lecture on Brightspace if you want to review them later.
- I am open to receiving and giving constructive feedback and creating a positive inclusive environment for learning



How will you be evaluated?

The assessments for this course are designed to encourage you to use active learning strategies which will allow you to engage much more effectively with the content and to retain the information for longer periods of time. Simply reading the textbook and/ or listening to lectures are not an effective way to learn – you retain the information for shorter periods of time and the outcomes are poorer.

Active learning involves asking questions, analyzing studies, summarizing content, proposing new studies/ ideas based on your analysis of a paper, relating concepts to other knowledge you already know, applying concepts to specific situations and assessing your own grasp of the material. Using these strategies allow you to process the content of this course at a deeper level. Sticking to the weekly schedule and completing all activities assigned is a good way to engage in active learning strategies.

Your final grade in this course will be based on the following criteria:

Assessment	Worth	Date(s)/ Notes
In-class participation (10 out of 19 classes 0.5 % per class)	5%	Blend of zoom class and in-class iClicker participation. Starts Jan 17 and exclude exam days
Critical thinking topics (complete 3 out of 6 @ 4% each)	12%	Due on Sundays. Spread throughout the term – you choose which week to submit one. You can only submit one per week. You can complete a maximum of 4 and your best 3 will count towards the grades.
Weekly quizzes (best 8 out of 11 @ 2% each)	16%	Due on the Tuesday of each week (excluding very first week). Includes 8-chapter quizzes and 3 pre-exam quizzes.
APA quiz	2%	Friday Jan 21 st . This quiz and the associated lecture will help you understand important information on APA formatting which is crucial for the successful completion of your Critical Thinking Topics
Exam 1* (Ch. 5, 10, Motivation)	25%	Wednesday Feb 2 nd in DTB A120 (regular classroom)
Exam 2* (Ch. 12, 13, 14)	25%	Wednesday Mar. 16 th in DTB A120 (regular classroom)
Exam 3* (Ch. 15, 16)	15%	Wednesday Apr. 6 th in DTB A120 (regular classroom)
Bonus Research participation	3%	Thursday April 7

* You are expected to complete ALL course requirements. Note that you **must complete all 3 exams** to receive credit for this course. Students who do not complete all 3 exams will receive an “N” (Failing) grade.



Participation (5%)

Participation is essential for both learning and community building. It includes all aspects of interaction, including practicing good netiquette, participating in polls (Zoom or in-class iClicker polls), sharing thoughts and experiences, asking and/or answering questions, and engaging in team discussions

How is participation graded? Participation grade will start during the second week of classes (on Monday Jan 17). For the second week, participation will take place via Zoom during our synchronous sessions. For the third week (i.e., when we return to the physical classroom), participation will take place via iClicker questions. Our classes on Mondays and Wednesdays will include polling questions, discussion questions and some in-class activities related to the current module. Participation marks will be based on attending and taking part in these activities – your mark is not based on how well or correctly you answer certain questions as some activities may not have a right or wrong answer and rely on personal opinion/experiences. You need to attend and participate in 10 out of the 19 “content” classes (excluding exams) and you need to answer 75% of the questions in each class to get the full marks – there are no additional make-up participation assignments.

**For more information about how to register and receive points using the iClicker system see page 16-17*

Critical Thinking Topics (CTT – 12%)

Your critical thinking topic posts will involve an answer to a posted discussion question that may include one or more sub-questions – These questions will be found in the relevant modules on Brightspace. Your response should address all the sub-questions, integrate scientific research, demonstrate accurate knowledge of the material, and should **not** be an unsupported opinion. In other words, you need to do some academic research to support your response! We will cover materials on how to write responses to CTT during week 1 and 2! The critical thinking topics are to be completed within Brightspace by 11:59pm on the due date and are not expected to be long – between 350 – 750 words each (see CTT guidelines on Brightspace for more information).

Why are CTT assigned? - Exams and quizzes assess your learning of material covered in recorded lectures, the textbook, and a bit of supplementary material. Critical thinking topics are designed with the following goals in mind:

1. To give you an opportunity to ask and answer relevant questions that go beyond what you learn in lectures/ textbook. Curiosity and research are critical components to success in university.
2. To share information and ideas about different topics with your classmates and to learn from the ideas and reasoning of your classmates.
3. To help you learn how to search for, read, and summarize psychology research articles and use the articles to support your reasoning. Effective research and writing are foundational to succeeding in university!



4. To learn how to engage in scholarly writing by correctly using APA 7th edition style in your writing, in-text citations, and references. This will help you in upper year classes as work written in psychology must be formatted using the American Psychological Association (APA) style (currently, the 7th edition of that style).

What if you miss a deadline for a CTT? – You only have to complete 3 out of 6 critical thinking topics. As such, the additional CTT serve as “make-up.” No additional make-up critical thinking topics will be available if you miss the deadline for one specific week. It is in your best interest to complete the critical thinking topics scheduled earlier in the term and use the later ones in the term as “supplementary” ones - to be used if you wish to improve your mark or if you missed one of the earlier ones because of illness or a personal emergency. **Remember you can submit a maximum of 4 CTT and your marks for the best 3 will count towards your final grade.** If you submit responses to more than 4 CTT, it will not be looked at/ graded.

Weekly quizzes (16%) + APA quiz (2%)

There will be **a total of 11 quizzes** distributed over the semester – one per content week plus three pre-exam quizzes covering the exam’s corresponding chapters (see schedule below; only your best 8 grades count). These quizzes will be available through Brightspace and will consist of roughly 20 multiple-choice questions. The **chapter quizzes** will be due on **Tuesdays at 11:59pm** of the corresponding week. The **three pre-exam quizzes** are meant to give you additional practice for the exam and are **due on the day before the actual exams** (at 11:59pm). Once you start the quiz (at the latest, you should start it 30 minutes before the 11:59pm Tuesday deadline), you will have **30 minutes** to complete it and **only one attempt**. This will mirror the testing condition you will experience for the exams (except the exams have more questions and are longer). These online chapter quizzes are meant to give you an added incentive to keep up with your reading in the course and to give you some practice in utilizing and applying the concepts and studies discussed in the textbook.

Why are these online quizzes assigned?

1. These quizzes generally occur on a weekly basis to incentivize students to start learning the course material well in advance of the night before the exam.
2. If your experience matches that of students in previous years, you’ll find the quizzes beneficial because they help to motivate and structure your studying.

Although you’re only **required to complete 8 out of 11 quizzes**, you are strongly encouraged you to complete all 11 (only your top 8 marks will count toward your grade!) so as to allow the best chance for high marks (added bonus: they will help you to absorb the material for the exams!).



You are strongly advised to complete the quiz at least one day before the due date of the quiz. That way, you will have time to seek help if you have technical issues, or if you get sick the day the quiz is due. Late submissions will not be accepted.

What if I miss an online quiz? - You will have 11 quiz opportunities during the semester but only your best 8 of the 11 will count toward your grade. If you miss one, it can simply be dropped as one of your 3 “freebies.” The 8-out-of-11 system is designed to give you flexibility in case you have a week where personal or other circumstances keep you from completing the quiz on time. If you choose to discard your flexibility early in the semester and then something comes up later, you will unfortunately have no other option than to accept a low (or zero) mark on a quiz. **Because you can miss 3 quizzes and still obtain full marks for the quiz component, there are no additional opportunities to complete make-up quizzes for any reason (including illness).** The “extra” three quizzes are considered as make-up quizzes.

APA quiz – 2% of your final grade will be based on an assignment that relates to APA formatting and research study methodology. The assignment will be formatted as a quiz, but it will not be timed. You can feel free to use your textbook, the posted APA video, notes you’ve made, etc. To properly complete your critical thinking topics (see above), you will need to have a firm grasp of APA formatting (rules regarding the writing style of psychology assignments) as well as certain research methodology approaches in the field. This assignment will be completed prior to you completing your first critical thinking topic, to help support your performance on your critical thinking topics throughout the semester.

Technical issues or problems completing the quiz? Brightspace will close the quizzes automatically at the designed due dates and times on the schedule. Please make sure you have completed the quiz by this time – due date extensions will not be permitted. We strongly suggest you attempt the quizzes at least one day prior to the due date, to allow you time to reach out for assistance if you encounter any issues.

- **If you have a technical problem completing a quiz:** check with the Computer Help Desk (helpdesk@uvic.ca; 250-721-7687). Please indicate whether you are having a NetLink or Brightspace problem.
- **Contact me** if (and only if) the Computer Help Desk is not able to assist you.

Exams (65%)

There will be **three non-cumulative in-class exams** (see schedule below). All course materials are testable (lectures, textbook chapters, supplementary materials). The format of all three exams will be multiple choice (MC) and will take place during the scheduled class period. Be sure not to schedule any trips that overlap with exam dates and notify your family not to schedule any trips for you that overlap with the exam dates. You are responsible for attending exams as scheduled, writing your own exam, and for respective the academic integrity expectations of the university.



If completing an exam at the specified time is not possible or feasible for you due to illness, please contact me well in advance of the exam date. Make-up exams will only be offered to students who have made arrangements with me at least 1 full day prior to the exam date, or in the case of urgent, unforeseen emergencies. In the case of such an emergency, you will need to contact me within 3 days of the missed exam to schedule a make-up examination. If you miss an exam and fail to contact me as described, you will receive an “N” mark (failure due to not completing a course requirement) for the course.

If you require special arrangements for exams due to a disability – you must be officially registered with the Centre for Accessible Learning – please see <https://www.uvic.ca/services/cal/onlineservices/register/index.php> for more information. I will automatically be informed of your registration with them and the accommodations you need.

Bonus Research Participation (+ 3%)

Students in this course may earn up to 3% extra credit toward their final grade by participating in research studies conducted in the Department of Psychology. 1 hour of participation earns students 1 SONA credit and credits are given in .5 increments, with 1 credit required for a 1% increase in the student's final grade. For details on participating in research studies, go to the Department of Psychology web site (web.uvic.ca/psyc), click on the **Research** link near the top of the page, then click on the **Participant Pool** link at the left of the new page to see instructions for participating in the system.

You must be sure to assign your credits to this course (and this section of the course) no later than the last day of class, otherwise you will not receive extra credit in this course. You may participate in any given project only once. The last day for participation in experiments for extra credit is April 7.

If you do not wish to participate in research studies for some reason, but still wish to have the opportunity to earn an equivalent amount of extra credit, you may contact your course instructor no later than Feb 15 to arrange for an alternative option involving written assignments. **Information about how to sign up for research participation is available on Brightspace.**

Cut- off Points for Final Grades

A+	A	A-	B+	B	B-	C+	C	D	F
90-100	85-89	80-84	77-79	73-76	70-72	65-69	60-64	50-59	0-49



How to do well in this course?

Check that you have completed all the work. Keep up with the readings, lectures, quizzes, and critical thinking topics. These are designed to help you keep up with the material throughout the semester.

Because extra “make-up” quizzes and critical thinking topics (beyond those necessary to receive full marks) are already scheduled, additional make-up quizzes, mini-activities, and critical thinking topics are not arranged. It is therefore important to submit things well before the deadlines (to avoid technical problems or illness) and complete all required course components by the due dates.

Check your performance early in the course. Make sure you check your grades for the various components ahead of time so that any discrepancies can be resolved early in the semester.

It is also important to check your marks on the exams. If you are not getting the marks you want, come to office hours to ask for help improving the way you study the material. At the end of the term, if you are short of your target (pass, C+, A+), **there are no extra opportunities to improve your grade.**

Create study groups. You can regularly meet online in groups of 2-4 people (you can of course be more, but we’ve found that range to be ideal) to work through the material together. Not only can it be helpful to have others explain concepts to you, but it can also be helpful to have to explain concepts to others – in fact, that’s one of the best ways to learn!



Weekly schedule and activities (*tentative – subject to minor changes due to unforeseen circumstances such as snow days and lockdown):

Week	Date	Topic	Assigned chapter reading	Assessment and activities Quizzes – due 11:59pm Critical thinking topics (CTT) – due 11:59pm	Notes
1	Mon. Jan. 10 Wed. Jan 12	Course outline Developing through lifespan	 Ch. 5	 Review syllabus and associated videos/ content Complete syllabus quiz to gain access to course content.	Suggestion: Submit all quizzes and critical thinking topics well before deadlines, to avoid technical issues – late submissions will not be accepted.
2	Mon. Jan. 17 Wed. Jan 19	Developing through lifespan Intelligence	Ch. 5 Ch. 10	Quiz 1 (Ch. 5) – Tues. Jan. 18 APA Quiz – Fri Jan 21 CTT 1 (Ch. 5) – Sun. Jan. 23	Zoom participation point start counting on Monday Jan 17 Jan. 23 is last day to drop courses and receive 100% of tuition fees.
3	Mon. Jan. 24 Wed. Jan 26	Intelligence Motivation	Ch. 10 Reading posted on Bright-space	Quiz 2 (Ch. 10) – Tues. Jan. 25	Clicker points start counting on Monday Jan 24 Jan. 25 is last day to add courses
4	Mon. Jan. 31 Wed. Feb. 2	Motivation Exam 1	Reading posted on Bright-space	Quiz 3 (Motivation) – Tues. Feb. 1 Quiz 4 (Pre exam quiz) CTT 2 (Ch 10/ Motivation) – Sun. Feb. 6	Exam 1 is on Wed. Feb 2 nd and covers Ch. 5, 10, Motivation. Exam held in regular classroom
5	Mon. Feb. 7 Wed. Feb. 9	Emotion, Stress, and Health	Ch. 12	CTT 3 (Ch. 12) – Sun. Feb. 13	Feb 13 is last day to drop courses and receive 50% of tuition fees
6	Mon. Feb. 14 Wed. Feb. 16	Emotion, Stress, and Health Social Psychology	Ch. 12 Ch. 13	Quiz 5 (Ch. 12) – Tues. Feb. 15	





7	Mon. Feb. 21 Wed. Feb. 23	READING BREAK – No classes this week			
8	Mon. Feb. 28 Wed. Mar. 2	Social Psychology	Ch. 13	Watch pre-recorded lectures Quiz 6 (Ch 13) – Tues. Mar. 1 CTT 4 (Ch 13) – Sun. Mar. 6	Feb 28 is last day to drop courses without penalty of failure <i>You must have at least one clicker point showing on your Brightspace record by <u>Mar 1</u> to receive <u>any</u> points for the term.</i>
9	Mon. Mar. 7 Wed. Mar. 9	Personality	Ch. 14	Watch pre-recorded lectures CTT 5 (Ch 14) – Sun. Mar. 13	
10	Mon. Mar. 14 Wed. Mar. 16	Personality Exam 2	Ch. 14	Quiz 7 (Ch 14) – Tues. Mar. 15 Quiz 8 (Pre exam) – Tues. Mar. 15	Exam 2 is on Wed. Mar. 16 th and covers Ch. 12, 13, 14. Exam held in regular classroom
11	Mon. Mar. 21 Wed. Mar. 23	Psychological disorders	Ch. 15		
12	Mon. Mar. 28 Wed. Mar. 30	Psychological disorders Therapy	Ch. 15 Ch. 16	Quiz 9 (Ch 15) – Tues. Mar. 29 CTT 6 (Ch 15/16) – Sun. Apr.	Wed Mar 30 is Course Experience Survey (CES) day
13	Mon. Apr. 4 Wed. Apr. 6	Therapy Exam 3	Ch. 16	Quiz 10 (Ch 16) – Tues. Mar. 5 Quiz 11 (Pre exam) – Tues. Nov. 30	Exam 3 is on Wed. Apr. 6 th and covers Ch. 15, 16. Exam held in regular classroom Last day for Research Bonus Points: Thurs. Apr. 7



How do I receive points for using my iClicker in class?

1a. If you have [the iClicker Student Mobile app](#):

- If you purchased the textbook from the UVic bookstore, you will have received a free access code for the iClicker Student Mobile app.
- Create an account account (<https://student.iclicker.com/#/login>) with your campus email address and then make sure you add your correct student ID number (e.g., “V00123456”) to your profile section. This is the only way you will receive participation marks in the course with the iClicker Student app.
- Download the iClicker Student app iOS or Android app from your iTunes or Play store
- You will also need to purchase a subscription or enter in your Access code (you can purchase one from the UVic bookstore or if you bought the textbook from the UVic bookstore, you will receive a free access code).
- Follow these steps to enter your access code in your account:
 - Log in to your iClicker account using a web browser.
 - Access codes cannot be entered via the smartphone or tablet apps. A web browser is required for entering your access code.
 - If you are using a smartphone or tablet, simply use the web browser in your device to follow the steps below.
 - Click the “Menu” icon in the upper left corner and select “Subscriptions”.
 - Click “Polling”.
 - Click “Enter Access Code” and enter the code:
 - Click “Submit”.
 - Clicking submit more than once can give you an error message, so click the back arrow to see when your subscription expires if you get an error message.

1b. If you have an [iClicker 2](#) (physical remote): Register your iclicker on the UVic website

- Go to <http://www.uvic.ca/iclickerreg> and sign in with your NetLink ID and you should be taken directly to the iClicker registration page; or log into the UVic portal (<http://www.uvic.ca/mypage>) and click on Student Services located on the left-hand menu and then click on the iClicker tab, located in the top menu bar.
- Enter your i>clicker’s serial number and click submit. Note that iClicker serial numbers do not contain letter O’s, only number 0’s. For answers to frequently asked questions about the iClicker see: <http://www.uvic.ca/systems/support/learningteaching/iclicker/>



2. **Bring your own iClicker or personal device to class on Mondays and Wednesdays**
 - a. If you have the iClicker Student App: You will need to add the course to your course list by selecting the “+” button, typing in your institution (“University of Victoria”) and then searching for the course (“PSYC 100B”). **Make sure you select the right section (A04).** Once you have confirmed that you’ve found the right course, click, “Add this Course” and it will show up on your list.
 - b. If you have an iClicker2: Bring your own iClicker2 to class and participate.
3. **Attend at least 10 of the 19 iClicker/Zoom classes. Points will be based on participation in PSYC 100B** classes on the following 19 dates: Jan 17, 19, 24, 26, 31, Feb 7, 9, 14, 16, 28, Mar 2, 7, 9, 14, 16, 21, 23, 28, 30, Apr 4. You need to participate in at least 75% of the polling questions in any given class session to receive the participation mark for that class session. If you participate in clicker questions in 10 or more classes, you will receive the maximum 5% of your final grade.

What if I miss an iClicker class?

- The level of participation required to receive maximum points is set at approximately 50% of all classes to allow you to not participate for up to nine classes (due to illness, sports competitions, low batteries or missing clickers, technical malfunction, etc.) and still receive your maximum clicker points. For this reason, there is not an opportunity to “make up” or prorate clicker points if you do not participate in class.
- It is an academic infraction to use another student’s clicker in class or ask another student to submit clicker responses on your behalf. This will be treated similarly to other academic infractions (such as cheating on an exam) and will be subject to university disciplinary procedures. Please remember that the clickers provide you with an opportunity to enhance your in-class learning, and it is expected you will cooperate in making the system work to help you and your colleagues learn.

When will I see my iClicker participation grades?

- Updated clicker records will generally be posted to the Brightspace page (under “Grades”) within two weeks after Exam 1 and Exam 2. I hope to have your final clicker totals posted on the Brightspace page shortly after Exam 3. If you have a question about your iClicker points, please address it within 2 business days of Exam 3 as the final grades are calculated shortly after Exam 3, and your iClicker totals, as posted, will be used to calculate your final grade.
- If you are using the iClicker student app, please do not rely on your grades on the app to calculate participation. The iClicker totals posted in Brightspace are the ones we use to calculate your final grade. If there is any discrepancy between the iClicker student app and Brightspace please contact me.
- If you have questions about your clicker points, please contact me at jmugon@uvic.ca or drop by during their office hours (posted Brightspace).



Important considerations:

Respect for Diversity: It is my intent that students from all diverse backgrounds be well-served by this course, that students' learning needs be addressed, and that the diversity that students bring to this class be viewed as a resource, strength and benefit. It is my intent to present materials that are respectful of diversity: gender, sexuality, disability, age, socio-economic status, ethnicity, race, and culture. Your feedback and suggestions are encouraged and appreciated – not only at the end of the semester through the Course Evaluation Survey, but also throughout the term. Please do not hesitate to talk to me regarding effective learning and respectful conduct.

Academic Integrity: You are responsible for familiarizing yourself with the University of Victoria's [Policy on Academic Integrity](#). Violations of this policy include plagiarism, unauthorized collaboration, and other forms of cheating. At minimum, the penalty for any instance of these behaviours will be a grade of 0% on the assignment or exam in question. The course penalty for more extensive violations of this policy will be a failing grade for the class.

- At the beginning of this course, you will sign an academic integrity pledge through Brightspace. All quizzes, assignments, and exams are conditional on that pledge.
- NOTE that quizzes in this class are open-book. This means that you ARE permitted to access the textbook, the lectures, and your notes while taking the quizzes. However, you are NOT permitted to access additional resources or use the internet. In addition, these are individual assessments – collaboration or sharing of information regarding the quizzes and exams is in violation of the university's academic integrity policy. Assignments are also individual assessments. Furthermore, in reporting other people's work (i.e. research papers you select), you need to use your own words and cite sources accordingly.

Copyright Statement: All course content and materials are made available by instructors for educational purposes and for the exclusive use of students registered in their class. The material is protected under copyright law, even if not marked with a ©. Any further use or distribution of materials to others requires the written permission of the instructor, except under fair dealing or another exception in the Copyright Act. Violations may result in disciplinary action under the Resolution of Non-Academic Misconduct Allegations policy (AC1300).



Take care of yourself!

Being a student can be stressful! Please take care of yourself – eat well, exercise, get enough sleep, take some time to relax, and talk to someone if you're feeling overwhelmed. This will help you achieve your goals and cope with stress. You are not alone – all of us benefit from support during times of struggle.

Social Life, Friends, & Community at UVic: Having a social network is an extremely important foundation for positive mental health. There are lots of benefits to joining clubs, course unions, intramurals and teams on campus (some of these will be available online this Fall semester).

<https://www.uvic.ca/mentalhealth/undergraduate/connecting/index.php>

Counselling Services: Counselling Services can help you make the most of your university experience. They offer free professional, confidential, inclusive support to currently registered UVic students.

www.uvic.ca/services/counselling/

Health Services: University Health Services (UHS) provides a full service primary health clinic for students and coordinates healthy student and campus initiatives: www.uvic.ca/services/health/

Centre for Accessible Learning: The CAL staff are available by appointment to assess specific needs, provide referrals and arrange appropriate accommodations. The sooner you let us know your needs, the quicker we can assist you in achieving your learning goals in this course: www.uvic.ca/services/cal/

Elders' Voices: The Office of Indigenous Academic and Community Engagement (IACE) has the privilege of assembling a group of Elders from local communities to guide students, staff, faculty, and administration in Indigenous ways of knowing and being: www.uvic.ca/services/indigenous/students/programming/elders/

Mental Health Supports and Services: Mental health supports and services are available to students from all areas of the UVic community: www.uvic.ca/mentalhealth/undergraduate/

Sexualized Violence Prevention and Response at UVic: The University of Victoria takes sexualized violence seriously and has standards for what is considered acceptable behaviour. We encourage students to learn more about how the university defines sexualized violence and its overall approach by visiting: www.uvic.ca/svp

If you or someone you know has been impacted by sexualized violence and needs information, advice, or support please contact the sexualized violence resource office in Equity and Human Rights (EQHR).

Whether or not you have been directly impacted, if you want to take part in the important prevention work taking place on campus, you can also reach out to the Sexualized violence resource office in EQHR, Sedgewick C119; Phone: 250.721.8021; Email: svpcoordinator@uvic.ca Web: www.uvic.ca/svp



**UNIVERSITY OF VICTORIA
Department of Psychology****Important Course Policy Information
Fall 2021**

Prerequisites: Students who remain in courses for which they do not have the prerequisites do so at their own risk. Students who complete courses without prerequisites ARE NOT exempt from having to complete the prerequisite course(s) if such courses are required for the degree program.

Program Requirements: For more information see the UVic Calendar September 2021.

<https://www.uvic.ca/calendar/future/undergrad/index.php#/programs?searchTerm=psycho>

Registration Status: Students are responsible for verifying their registration status. Registration status may be verified using My Page, View Schedule. Course adds and drops will not be processed after the deadlines set out in the current UVic Calendar.

Commitment to Inclusivity and Diversity: The University of Victoria is committed to promoting, providing and protecting a positive and supportive and safe learning and working environment for all its members.

In the Event of Illness, Accident or Family Affliction: Refer to the course outline

Policy on Academic Integrity including Plagiarism and Cheating

The Department of Psychology fully endorses and intends to enforce rigorously the Senate Policy on Academic integrity https://www.uvic.ca/calendar/future/undergrad/#/policy/Sk_0xsM_V?bc=true&bcCurrent=08%20-%20Policy%20on%20Academic%20Integrity&bcGroup=Undergraduate%20Academic%20Regulations&bcItemType=policies. It is of utmost importance that students who do their work honestly be protected from those who do not. Because this policy is in place to ensure that students carry out and benefit from the learning activities assigned in each course, it is expected that students will cooperate in its implementation.

The offences defined by the policy can be summarized briefly as follows:

1. **Plagiarism.** You must make sure that the work you submit is your work and not someone else's. There are proper procedures for citing the works of others. The student is responsible for being aware of and using these procedures.
2. **Unauthorized Use of an Editor.** The use of an editor is prohibited unless the instructor grants explicit written authorization.
3. **Multiple Submission.** Only under exceptional circumstances may a work submitted to fulfill an academic requirement be used to satisfy another similar requirement. The student is responsible for clarifying this with the instructor(s) involved.
4. **Falsifying Materials Subject to Academic Evaluation.** This includes falsification of data, use of commercially prepared essays, using information from the Internet without proper citation, citing sources from which material is not actually obtained, etc.





5. **Cheating on Assignments, Tests, and Examinations.** You may not copy the work of others in or out of class; you may not give your work to others for the purpose of copying; you may not use unauthorized material or equipment during examinations or tests; and you may not impersonate or allow yourself to be impersonated by another at an examination. The Department of Psychology has a policy of not making old examinations available for study purposes. Therefore, use of old exams without the express written permission of the instructor constitutes cheating by the user, and abetting of cheating by the person who provided the exam.
6. **Aiding Others to Cheat.** It is a violation to help others or attempt to help others to engage in any of the conduct described above.

Instructors are expected to make every effort to prevent cheating and plagiarism. This may include the assignment of seating for examinations, asking students to move during examinations, requests to see student identification cards, and other measures as appropriate. Instructors also have available to them a variety of tools and procedures to check for Internet and electronic media-based cheating. In instances of suspected or actual plagiarism or cheating, instructors, following prescribed procedures, are authorized to take steps consistent with the degree of the offence. These measures will range from a zero on the test or assignment or a failing grade for the course, probation within a program to temporary or even permanent suspension from the University.

Rights of Appeal are described in the Policy on Academic Integrity in the University calendar September 2021. **The definitive source** for information on Academic Integrity is the University Calendar

Other useful resources on Plagiarism and Cheating include:

1. The Ombudsperson's office: <https://uvicombudsperson.ca/tips/plagiarism/>
1. The Office of the Ombudsperson is an independent and impartial resource to assist with the fair resolution of student issues. A confidential consultation can help you understand your rights and responsibilities. The Ombudsperson can also clarify information, help navigate procedures, assist with problem-solving, facilitate communication, provide feedback on an appeal, investigate and make recommendations. Phone: 250-721-8357; Email: ombuddy@uvic.ca; Web: uvicombudsperson.ca
2. UVic Library Resources: <http://www.uvic.ca/library/research/citation/plagiarism/>
3. https://www.uvic.ca/library/research/citation/documents/avoiding%20plagiarism%20guideUpdate_Sept_2013.pdf

