

Psychology 100B (A01) Fall 2021 Introductory Psychology II- Social and Applied Emphasis

Location: Online @ Bright.uvic.ca

Instructor: Morgan Teskey

Time: Thursdays 6:00-7:20 pm (Exams)
Asynchronous (Lectures)

Email: mteskey@uvic.ca

Office Hour: Wednesdays @ 1:00 PM on Zoom

Text: Myers, D.M. and DeWall, C. N. (2018). *Psychology (12th ed.)* New York: Worth Publishers.

Course Description: This course will provide an introduction to the main areas of social and applied psychology, including topics such as personality, intelligence, emotions, and psychological disorders. We will discuss main findings in these areas and the methods used to gather information about human behaviour. Textbook readings and lecture videos will focus on delivering content relating to psychological principles, while assignments and tutorial videos have been designed to encourage development of fundamental skills such as communicating information from primary sources.

General Format: For each topic there will be (a) a chapter reading from the textbook, (b) a quiz on the textbook material (c) lectures on the topic. Your understanding of textbook and lecture material will be assessed by 3 exams. You will also complete 3 assignments, which will guide you through the stages of writing a research report.

Evaluation and Grading Policy: Final grades will be calculated according to the following weights:

Assessment	% of final grade
Exam 1 (Intelligence, & Motivation, & Emotions and health)	24
Exam 2 (Development, Social psychology, and Personality)	24
Exam 3 (Psychological disorders & Therapy)	17
Assignment 1	6
Assignment 2	6
Assignment 3 (research report)	16
Chapter quizzes	7 (1 % each)
Bonus: Research participation or Video reflection assignments	2 (bonus)

Your final percentage grade in the course will be rounded to the nearest whole number and converted to a letter grade according to the official University of Victoria grading scale:

A+	A	A-	B+	B	B-	C+	C	D	F
90-100	85-89	80-84	77-79	73-76	70-72	65-69	60-64	50-59	0-49

Important Dates:

Note: All due dates/times correspond to local time in Victoria, BC. If you are located in a different time zone be sure to make the necessary adjustments.

September 9	Course Begins
October 5	Assignment 1 Due @ 6:00 PM
October 14	Exam 1 @ 6:00 PM
November 4	Assignment 2 Due @ 6:00 PM
November 18	Exam 2 @ 6:00 PM
December 2	Assignment 3 Due @ 6:00 PM *Last day to submit Chapter quizzes. Last date to submit bonus assignments.
TBD within UVIC Final Exam Period (December 6-20)	Exam 3. Time TBD

*Lecture videos on a given topic will **not** be available to view unless the corresponding *Chapter quiz* has been submitted. The December 3rd due date does not represent the suggested date of completion, only the final date that submissions will be accepted.

Course Schedule:

The lectures/tutorials in this course are asynchronous, meaning that they are pre-recorded and you will be able to access the materials at a time of your choosing. **I strongly recommend that you follow the lecture/reading schedule** as closely as possible to stay on track throughout the term. These dates also represent the latest date at which each video will be posted (by class time, 6:00 pm, though I will strive to upload videos well in advance of this time, whenever possible).

Week of:	Day 1 (Tuesday)	Day 2 (Thursday)	Textbook reading/Quiz
September 6	No classes	Course Introduction Lecture	Chapter 10 – Intelligence reading (No chapter 10 quiz)
September 13	Intelligence: Part 1	Intelligence: Part 2	Chapter 11- Motivation
September 20	Research Skills Tutorial	Motivation: Part 1	

September 27	Motivation: Part 2	No Class- National Day for Truth and Reconciliation	Chapter 12- Emotions & Health
October 4	Emotions and Health: Part 1 <i>Assignment 1 Due</i>	Emotions and Health: Part 2	Chapter 5- Development
October 11	Development: Part 1	Exam 1 – Intelligence, Motivation, & Emotions and Health	Chapter 13- Social Psychology
October 18	Development: Part 2	Development: Part 3 & Writing Skills Tutorial	
October 25	Social Psychology: Part 1	Social Psychology: Part 2	Chapter 14- Personality
November 1	Social Psychology: Part 3	Personality: Part 1 & <i>Assignment 2 Due</i>	
November 8	Personality: Part 2	No Class-Reading Break	Chapter 15- Psychological Disorders
November 15	Psychological Disorders- Part 1	Exam 2- Development, Social Psychology, & Personality	Chapter 16- Therapy
November 22	Psychological Disorders- Part 2	Psychological Disorders- Part 3 & Therapy: Part 1	
November 29	Therapy: Part 2	Therapy: Part 3 & <i>Assignment 3 Due</i>	

Course Components:

Chapter Quizzes: For each topic (with the exception of *Intelligence*) you will complete a quiz on material from the relevant textbook chapter. These short, 10 question quizzes were designed to encourage you stay on track with the textbook readings, and to give you practice in using terms and concepts from the readings prior to engaging with the lecture material. Quizzes are open-book and untimed. **The chapter quiz must be submitted in order to gain access to the corresponding lecture videos.**

Exams: All exams will be administered through the course page on Brightspace. Detailed information about the content/format of each exam can be found in the *Exams* module on the Brightspace Course page.

Exam times: Exams 1 and 2 are scheduled for the designated time for the course (6:00 pm local Victoria time). If you are living in a time zone that makes this exam time impractical, or you have a conflict in your schedule, you will need to contact me (via email) to arrange an alternative exam. Alternative exams will only be offered to students who have made arrangements with me **at least 2 full days prior to the exam date**, or in the case of urgent, unforeseen emergencies (such as illness). In the case of such an emergency, you will need to contact me **within 3 days of the missed exam** to schedule an alternative examination. Alternative exams may differ in format from the scheduled exams.

Exam 3 will be scheduled in the final exam period, date TBD.

Exam integrity policies: The exams have been designed to be open-book/ open-note exams. This means you are free to refer to your own notes, and/or the textbook during the duration of the exam.

You are **not** authorized to collaborate or communicate with another person(s) during the exam. **Exams must be completed on your own.** Use of any online resources (such as Google or Chegg) other than the online textbook is not authorized. Any collaboration or use of unauthorized resources will result in a 0% grade and will be reported as a violation of the academic integrity policy (see page 6).

Assignments: The tutorial videos and assignments in this course have been designed to guide you through the process of writing a research report on a topic of your choosing relating to the contents of the course. The assignments will focus on the following steps of writing a research report:

Assignment 1: Finding, reading, summarizing, and citing research articles.

Assignment 2: Understanding, connecting, supporting, and organizing ideas.

Assignment 3: Communicating ideas (the final research report).

Each assignment will also include a small reflection component, to encourage skill development through self-assessment.

Assignments must be uploaded to the appropriate location on Brightspace as a PDF document. Due dates for assignments are listed in *Important Dates* (pg. 2). An “early submission” bonus will be awarded for submissions received more than 2 days before the assignment due date. Assignments received after the due date will be deducted 20% for each calendar day past the due date that they are received (or partial calendar day, in the case of the due date itself).

Bonus Credits: You can earn up to a maximum of 2% bonus credit by participating in research through the SONA system or by completing alternative *video summary* assignments (or a combination of the two)

Research Participation: You can sign up to participate in research studies through the SONA system. 1 hour of participation earns students 1 SONA credit, which is the equivalent of 1 bonus % in this course. You must be sure to assign your credits to this course (and this section of the course) no later than the last day of class, otherwise you will not receive extra credit in this course. Visit <https://uvic.sona-systems.com/> for more information.

Video Summaries: The alternative bonus credit assignment involves finding a video of a talk relating to the course content (such as a TedTalk) and writing a reflection on that video. Details of this assignment can be found in the *Course Information* module on Brightspace. Each assignment earns students 1 bonus % in this course.

Discussion Boards: Discussion boards are an optional, non-graded component of the course, designed to help you engage with your classmates and instructor. You are welcome to start a new discussion thread, or reply to your classmates' threads to ask and answer questions related to the course and material.

I will be periodically checking the discussion boards for questions and will post responses to questions that have been posted. The timing of these responses will be dependent on the volume and timing of questions posted to the discussion boards.

Be sure to keep your discussions and questions relevant to the topic of the discussion board. All discussion posts/responses must follow online communication etiquette (see page 6). All communication needs to be respectful and professional at a minimum. Given the potentially sensitive nature of many topics in a psychology course, it is best to always strive to be on the side of kindness and empathy when you engage with the discussion boards.

Office Hours (Instructor): Each week on Wednesday @ 1 pm I will start a Zoom call which anyone is free to join. Much like an in-person office hour, this will provide you an opportunity to pop by and ask any questions you have about the course or content. To respect your privacy and encourage free and open communication, these office hour sessions will not be recorded. If a question or issue arises in office hour that is relevant to the class at large, I will address it in a separate announcement.

Office Hours (Teaching Assistant): This course will have a TA responsible for marking assignments. The TA will hold an office hour, and have limited email correspondence to help answer your questions about the assignments. More information about the TA (including their email and office hour) will be posted in the course announcements when it is known.

Announcements: I will be using the announcements feature in Brightspace to provide information and updates throughout the course. Announcements will be posted on the front page of the course page on Brightspace, and you can opt to have Brightspace announcements sent to your email as well. It is expected that you will read and/or watch each announcement within a few days after it has been posted.

Class Policies and Additional Resources:

Accommodation Policy: If you need accommodations in this course please let me know as soon as possible. This is a very large class, so please allow for a generous amount of time for me to respond to any requests.

For your safety, I will **not** ask for medical documentation when an accommodation is requested due to illness (though note the final exam is set by UVic, and they may request additional documentation for a make-up final exam or for any course deferrals).

Online Communication Policy: All communication with your classmates, teaching assistant, and instructor needs to be professional and polite. Take your time when you write emails or discussion board posts to re-read and edit your writing before you submit or send anything. Be mindful of how you are presenting yourself, keeping in mind that tone can be difficult to convey over text communication. Respect for the diversity, privacy, and the opinions of others is of utmost importance. Keep your language accessible by avoiding the use of abbreviations or chat speak. If you see or receive any communication in this class that is not appropriate, please let me know as soon as possible.

Respect for Diversity: It is my intent that students from all diverse backgrounds be well-served by this course, that students' learning needs be addressed, and that the diversity that students bring to this class be viewed as a resource, strength and benefit. It is my intent to present materials that are respectful of diversity: gender, sexuality, disability, age, socio-economic status, ethnicity, race, and culture. Your suggestions are encouraged and appreciated. Please let me know ways to improve the effectiveness of the course for you personally or for other students or student groups.

Academic Integrity: You are responsible for familiarizing yourself with the University of Victoria's Policy on Academic Integrity, found in the undergraduate calendar and on page 8 of this outline. Violations of this policy include plagiarism, unauthorized collaboration, and other forms of cheating. At minimum the penalty for any instance of these behaviours will be a grade of 0% on the assignment or exam in question. The course penalty for more extensive violations of this policy will be a failing grade for the class.

Territory Acknowledgement

I would like to acknowledge with respect the Songhees, Esquimalt and WSÁNEĆ peoples on whose traditional territory the University of Victoria stands and whose historical relationships with the land continue to this day.

Sexualized Violence Prevention and Response at UVic: UVic takes sexualized violence seriously, and has raised the bar for what is considered acceptable behaviour. We encourage students to learn more about how the university defines sexualized violence and its overall approach by visiting www.uvic.ca/svp. If you or someone you know has been impacted by sexualized violence and needs information, advice, and/or

support please contact the sexualized violence resource office in Equity and Human Rights (EQHR). Whether or not you have been directly impacted, if you want to take part in the important prevention work taking place on campus, you can also reach out:

Where: Sexualized violence resource office in EQHR, Sedgewick C119

Phone: 250-721-8021

Email: svpcoordinator@uvic.ca

Web: www.uvic.ca/svp

Be well: A note to remind you to take care of yourself. Do your best to maintain a healthy lifestyle this semester by eating well, exercising, getting enough sleep and taking some time to relax. This will help you achieve your goals and cope with stress. All of us benefit from support during times of struggle. You are not alone.

Social Life, Friends, & Community at UVic: Having a social network is an extremely important foundation for positive mental health. There are lots of benefits to joining clubs, course unions, intramurals and teams on campus.

<https://www.uvic.ca/mentalhealth/undergraduate/connecting/index.php>

Counselling Services: Counselling Services can help you make the most of your university experience. They offer free professional, confidential, inclusive support to currently registered UVic students. www.uvic.ca/services/counselling/

Health Services: University Health Services (UHS) provides a full service primary health clinic for students, and coordinates healthy student and campus initiatives.

www.uvic.ca/services/health/

Elders' Voices: The Office of Indigenous Academic and Community Engagement (IACE) has the privilege of assembling a group of Elders from local communities to guide students, staff, faculty and administration in Indigenous ways of knowing and being.

www.uvic.ca/services/indigenous/students/programming/elders/

Mental health supports and services are available to students from all areas of the UVic community: www.uvic.ca/mentalhealth/undergraduate/

UNIVERSITY OF VICTORIA
Department of Psychology

Important Course Policy Information
Fall 2021

Prerequisites

Students who remain in courses for which they do not have the prerequisites do so at their own risk. Students who complete courses without prerequisites ARE NOT exempt from having to complete the prerequisite course(s) if such courses are required for the degree program.

Program Requirements

For more information see the UVic Calendar September 2021.

Registration Status

Students are responsible for verifying their registration status. Registration status may be verified using My Page, View Schedule. Course adds and drops will not be processed after the deadlines set out in the current UVic Calendar.

Commitment to Inclusivity and Diversity

The University of Victoria is committed to promoting, providing and protecting a positive and supportive and safe learning and working environment for all its members.

In the Event of Illness, Accident or Family Affliction

Refer to the course outline

Policy on Academic Integrity including Plagiarism and Cheating

The Department of Psychology fully endorses and intends to enforce rigorously the Senate Policy on Academic integrity

https://www.uvic.ca/calendar/future/undergrad/#/policy/Sk_0xsM_V?bc=true&bcCurrent=08%20-%20Policy%20on%20Academic%20Integrity&bcGroup=Undergraduate%20Academic%20Regulations&bcltemType=policies. It is of utmost importance that students who do their work honestly be protected from those who do not. Because this policy is in place to ensure that students carry out and benefit from the learning activities assigned in each course, it is expected that students will cooperate in its implementation.

The offences defined by the policy can be summarized briefly as follows:

- 1.Plagiarism.** You must make sure that the work you submit is your work and not someone else's. There are proper procedures for citing the works of others. The student is responsible for being aware of and using these procedures.
- 2.Unauthorized Use of an Editor.** The use of an editor is prohibited unless the instructor grants explicit written authorization.
- 3.Multiple Submission.** Only under exceptional circumstances may a work submitted to fulfill an academic requirement be used to satisfy another similar requirement. The student is responsible for clarifying this with the instructor(s) involved.

4.Falsifying Materials Subject to Academic Evaluation. This includes falsification of data, use of commercially prepared essays, using information from the Internet without proper citation, citing sources from which material is not actually obtained, etc.

5.Cheating on Assignments, Tests, and Examinations. You may not copy the work of others in or out of class; you may not give your work to others for the purpose of copying; you may not use unauthorized material or equipment during examinations or tests; and you may not impersonate or allow yourself to be impersonated by another at an examination. The Department of Psychology has a policy of not making old examinations available for study purposes. Therefore, use of old exams without the express written permission of the instructor constitutes cheating by the user, and abetting of cheating by the person who provided the exam.

6.Aiding Others to Cheat. It is a violation to help others or attempt to help others to engage in any of the conduct described above.

Instructors are expected to make every effort to prevent cheating and plagiarism. This may include the assignment of seating for examinations, asking students to move during examinations, requests to see student identification cards, and other measures as appropriate. Instructors also have available to them a variety of tools and procedures to check for Internet and electronic media-based cheating. In instances of suspected or actual plagiarism or cheating, instructors, following prescribed procedures, are authorized to take steps consistent with the degree of the offence. These measures will range from a zero on the test or assignment or a failing grade for the course, probation within a program to temporary or even permanent suspension from the University.

Rights of Appeal are described in the Policy on Academic Integrity in the University calendar September 2021.

The definitive source for information on Academic Integrity is the University Calendar
Other useful resources on Plagiarism and Cheating include:

1. 1. The Ombudsperson's office: <https://uvicombudsperson.ca/tips/plagiarism/>
 The [Office of the Ombudsperson](#) is an independent and impartial resource to assist with the fair resolution of student issues. A confidential consultation can help you understand your rights and responsibilities. The Ombudsperson can also clarify information, help navigate procedures, assist with problem-solving, facilitate communication, provide feedback on an appeal, investigate and make recommendations. Phone: 250-721-8357; Email: ombuddy@uvic.ca; Web: uvicombudsperson.ca.

1. 2. UVic Library Resources:

<http://www.uvic.ca/library/research/citation/plagiarism/>

2. 3.

https://www.uvic.ca/library/research/citation/documents/avoiding%20plagiarism%20guideUpdate_Sept_2013.pdf