Welcome to Psychology 100A!

I am excited to be your instructor for this course. As UVic transitions back to on-campus classes, the university recognizes that for some students, it may not be possible to return to campus. As such, this course remains online in the hopes of meeting the needs of students who are in different parts of the world and those who require a bit of flexibility in their schedule. I’ve designed this course to have a mix of both synchronous and asynchronous activities. This class is scheduled to meet on Mondays and Wednesdays from 6:00-7:20pm. However, we will only meet synchronously via Zoom once every week – usually on Mondays to discuss course content. During our synchronous sessions, I will cover course content from the assigned chapters, and I will have some interactive activities for students to engage in.

You are highly encouraged to ask (and answer!) questions and participate in the activities. These sessions will be recorded but you are highly encouraged to attend the live lectures in order to gain a better understanding of the lecture materials. The bonus side of you attending the live lectures is that you will have the opportunity to get to know some of your peers during the breakout sessions. You can use the Wednesday sessions (or any other time during the week) to work on the asynchronous activities. Broadly, I will have a few ~15 minutes recorded lectures for each week coupled with a chapter quiz, online mini activities and some critical thinking topic (keep reading for more info).

What’s in this syllabus?

<table>
<thead>
<tr>
<th>Course Description</th>
<th>2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Course Materials</td>
<td>2</td>
</tr>
<tr>
<td>Course Format</td>
<td>4</td>
</tr>
<tr>
<td>What is expected of you?</td>
<td>5</td>
</tr>
<tr>
<td>What can you expect from me?</td>
<td>6</td>
</tr>
<tr>
<td>How will you be evaluated?</td>
<td>7</td>
</tr>
<tr>
<td>How to do well in his course?</td>
<td>12</td>
</tr>
<tr>
<td>Weekly schedule and activities</td>
<td>13</td>
</tr>
<tr>
<td>Important considerations</td>
<td>15</td>
</tr>
<tr>
<td>Take care of yourself</td>
<td>16</td>
</tr>
<tr>
<td>Department of psychology – Important course policy</td>
<td>17</td>
</tr>
</tbody>
</table>
Course Description:

What is this course about? – In this course you will see how research has been applied to test intuitive assumptions about human life. You will find that many of your beliefs about human existence are scientifically supported; but you will also find many beliefs are refuted by the evidence. As such, another goal of this course will be to encourage you to think critically about your preconceptions so that you can become a better consumer of the psychological information that is available in the media. Questions that we will explore include: What is consciousness and how can we study it? How do our genes and lived experiences inform our behaviour? How are our sensations and perceptions related to one another? How do we Learn and remember things? How do we conduct psychological experiments?

Course Learning Outcomes:

Upon completion of this course, students should be able to:
1. Explain and describe concepts and study findings from the biological, learning, and cognitive areas of psychology.
2. Outline the methods of investigation used in psychology, and the strengths and limitations of these methods.
3. Develop the ability to relate the findings of psychological research to your life and to important issues in our society and the world at large.
4. Develop research skills required to critically think and write about topics related to each assigned chapter.

Course Materials – What do you need for this course?


- You can purchase this edition of the textbook through the UVic Bookstore (https://www.uvicbookstore.ca/text/). Try ordering your textbook as soon as possible because it may take some time for you to receive it (even the ebook!).
- Launchpad (online study resource) comes included with the textbook if you purchase it through the UVic bookstore. Although not required for the course, I recommend purchasing it, as it contains additional resources that can help you in this course (see optional material section below).
- You may purchase the textbook in either the loose-leaf format (you can insert the pages in a binder) or as an ebook. Both options include access to online resources, including an online version of the text, at the publishers LaunchPad website (see optional online resource section below).
Course website:

- The PSYC 100 website is accessible through the UVic Brightspace system (https://bright.uvic.ca). This site includes all course material, including recorded lectures, mini-activities, chapter summaries, quizzes, critical thinking topics, and exams. At first, you’ll only see the section “Getting Started” – which will include the course syllabus and all important information (Including how to access our Zoom classroom) to help you get situated in our course. Complete the syllabus quiz (worth 1%) in that section to familiarize yourself with the course.

- NetLink ID: To access the PSYC 100 Brightspace you need a valid UVic Netlink ID. To register, go to the Netlink Website (http://netlink.uvic.ca/) and follow the directions there. If you cannot access our Brightspace site after receiving your NetLink ID, please contact the computer helpdesk (helpdesk@uvic.ca; 250-721-7687).

Required Technology:

- The University of Victoria has established minimum technical requirements for students to participate in online learning environments – see https://www.uvic.ca/systems/status/features/min-tech-requirements.php for more information on the requirements. Contact UVic’s computer help desk (see their website for various contact options and hours of operation for any technology questions/issues: https://www.uvic.ca/systems/services/helpsupport/computerhelpdesk/)

Optional Online Resource/on Material:

- LaunchPad: If you purchased your textbook from the bookstore, you will have also received an access code for the Textbook online site. To access the textbook online ("LaunchPad") go to: (https://www.macmillanhighered.com/launchpad/myers12e/17030509). If you have problems registering, purchasing, or logging in to LaunchPad, do NOT contact us until after you have contacted the publisher’s Customer Support. You can reach a representative 24 hours a day, 7 days a week through the online form, by chat: https://community.macmillan.com/community/digital-product-support/college-students-support-community or from 9 a.m. to 3 a.m. EST, 7 days a week by phone:1-800-936-6899.

Zoom meeting information:

- For class meetings, log onto our course Brightspace site, go the week we are on (e.g. Week 2 or week 3), click on the link for our synchronous session. Going through these steps will ensure that your participations marks get tracked!

- To attend my chat hours (AKA office hours) use this link: https://uvic.zoom.us/j/89808401393?pwd=QVNNkc1pDNUY5OGppbm4rSVV1ODR2dz09
  o Meeting ID: 898 0840 1393; Password: 904297
Course format

For each week there will be:

- **One live class per week.** Our live class will take place on zoom and will usually be on Mondays except for the Exam 2 review session which will be on Wednesday Nov. 3rd. During our live classes, I will be covering content – some of which are from the textbook and some from external sources. I will also have polling and discussion questions and some exercises for you to work on. Participation marks will be awarded if you complete >75% of the polling/discussion questions. Any “lecture” components of the live class will be audio recorded and the audio and relevant files will be posted on Brightspace if you wish to re-view them later.
  
  o I highly encourage you to ask (and answer!) questions and participate in polls. Such active engagement has been shown to promote learning in students
  
  o **Important:** The chat function will be available during our live classes on Zoom for all 250 learners in this class. To better monitor student questions and teach at the same time, I kindly ask that students privately message me content relevant questions or clarifications that they would like me to provide. Of course, if you have a general question that you think your peers can answer, feel free to post it in the general chat
  
  o For ALL our meetings, log onto our course Brightspace site, go the week we are on (e.g. Week 2 or week 3), click on the link for our synchronous session. Going through these steps will ensure that your participations marks get tracked!

- **Textbook reading.** One assigned textbook chapter for you to read and a chapter summary that highlights important concepts from the textbook

- **Pre-recorded lectures.** Instead of meeting live during Wednesdays, there will be short, pre-recorded lectures to assist you in learning of some of the chapter material

- **Mini-activities.** Two online mini activities related to the course content of each week. Material from the mini activities may show up on the exams.

- **Chapter quiz.** A short online quiz related to the chapter material (and 3 pre-exam quizzes prior to exams)

- **Critical Thinking Topics.** Questions where you will contribute ideas based on research findings. While there will be one available for each week, you will only need to complete critical thinking topics for four weeks out of a total of eight.

*We will **not** be meeting on most Wednesday – use this class time to work on the week’s material (pre-recorded lectures and mini-activities). Similar to when we met face-to-face, it is expected that textbook reading, quizzes, and critical thinking topics are to be completed outside of class time*
What is expected of you?

- Read the textbook
- Attend the scheduled zoom sessions – bring your content questions to class!
- Complete all assignments, quizzes, and exams on time. If you cannot, you must contact me as soon as possible (preferably in advance).
- Think deeply and critically about the material. Try and relate it to your own experience and prior knowledge. (More on active learning below.)
- Manage your time – doing an online course can be tricky if you do not stick to a schedule. One way to ensure your success on the exams is to complete the assigned readings, chapter quizzes and other assignments/activities in accordance to the schedule provided.
- Check the Brightspace site often for all course announcements, materials and calendar notifications.
- If you register late for the course, you are responsible for speaking to me to make up for any missed material or assessment
- **Netiquette**: As you might have already discovered, online learning is different from face-to-face learning. Because communication may be stripped of essential cues such as tone, affect, facial expressions, and body language – especially in written format, – it is even more important that we all follow a few basic guidelines to ensure good communication and a positive learning environment:
  o Stay respectful of others and open-minded about their questions, thoughts, and views – the same way you probably expect them to be towards you.
  o You are welcome – and encouraged! - to respond to others’ comments and suggestions but please refrain from making your response personal.
  o If you are typing a response, re-read it at least once before posting it. Consider how (or even the worst way in which) it could be interpreted. Be respectful in your responses and questions.
  o If you feel very strongly about a certain point, especially if you feel upset or angry, delay posting your thoughts / comments. Give it a few minutes, perhaps a day. Or ask someone uninvolved in the discussion to read it for you before posting it.
  o **Mute your mic when you’re not speaking**, to reduce background noise interference.
  o **Turn on your camera when possible**, to create a sense of community; Look at the camera to make eye contact when talking.
  o Use the chat field and whiteboard for constructive questions and comments only.
- **If you have a question, here is where/how to get an answer:**
  - For technical questions (e.g., related to Brightspace, Zoom, or Netlink login), please contact the computer help desk (helpdesk@uvic.ca; 250-721-7687).
  - For questions regarding research participation bonus points, please contact the participation coordinator at p100res@uvic.ca.
  - For questions regarding the textbook, the lectures, the mini activities, or course accommodations, please contact me at jmugon@uvic.ca. I kindly ask that you consult the syllabus for assessment timelines prior to emailing me.
  - For questions regarding your mark on quizzes, exams, or assignments, please contact one of our TAs – (contact info TBA)
  - If you have questions related to the content of the textbook and/or lectures OR if you have an example to share, please:
    - Bring them up during our scheduled **zoom class meeting**
    - Visit my **office hours**: Wednesdays 6-7pm – Zoom link on page 3
    - Post them in the **discussion board** in Brightspace for anyone to answer
    - Email me – BUT this should really be the last resort. It is to everyone’s advantage to give all learners a chance to hear and answer material related questions. Also, there are 250 of you and only one of me!
    - At some point in the term, things can get a little hectic for me (I have over 325 students in the Fall term). If you do not hear back from me within 48 business hours, then feel free to send me a reminder email – I appreciate your kindness and patience

- **Let me know if there are any special circumstances.** Each of us learns in different ways and with varying degrees of success. If you know of any factors in your life that hinder your ability to learn up to your potential in this course, please contact the Centre for Accessible Learning (CAL: [https://www.uvic.ca/services/cal/index.php](https://www.uvic.ca/services/cal/index.php)) The CAL staff are available by appointment to assess specific needs, provide referrals, and arrange for appropriate accommodations. I will automatically be notified if you receive any CAL accommodations.

---

**What can you expect from me?**

- I am available to help with student accommodations.
- Attend my office hours if you have complicated questions. If my office hour does not work for you, email me to request an alternative time to meet.
- I will upload pre-recorded lectures and all course materials on Brightspace. I will also often post course announcements there.
- I will be ready for our live classes and I will aim to make it interactive and engaging. I will also upload the recorded lecture on Brightspace if you want to review them later.
- I am open to receiving and giving constructive feedback and creating a positive inclusive environment for learning.
How will you be evaluated?

The assessments for this course are designed to encourage you to use active learning strategies which will allow you to engage much more effectively with the content and to retain the information for longer periods of time. Simply reading the textbook and/or listening to lectures are not an effective way to learn – you retain the information for shorter periods of time and the outcomes are poorer.

*Active learning involves* asking questions, analyzing studies, summarizing content, proposing new studies/ideas based on your analysis of a paper, relating concepts to other knowledge you already know, applying concepts to specific situations and assessing your own grasp of the material. Using these strategies allow you to process the content of this course at a deeper level. Sticking to the weekly schedule and completing all activities assigned is a good way to engage in active learning strategies.

Your final grade in this course will be based on the following criteria:

<table>
<thead>
<tr>
<th>Assessment</th>
<th>Worth</th>
<th>Date(s)/ Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Syllabus quiz</td>
<td>1%</td>
<td>Friday Oct. 1st</td>
</tr>
<tr>
<td>Live-class participation (8 out of 9 classes @ 0.5% per class)</td>
<td>4%</td>
<td>Sept. 13, 20, 27, Oct. 4, 18, 25, Nov. 1, 15, 22</td>
</tr>
<tr>
<td>Note: Review class not included but materials for review sessions will not be posted on Brightspace</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mini-activities (2 per week @ 0.5% each; complete 14/18 to get full marks)</td>
<td>7%</td>
<td>Weekly</td>
</tr>
<tr>
<td>Critical thinking topics (complete 4 out of 9 @ 4% each)</td>
<td>16%</td>
<td>Due on Sundays of each week. Spread throughout the term – you choose which week to submit one. You can only submit one per week. You can complete a maximum of 5 and your best 4 will count towards the grades.</td>
</tr>
<tr>
<td>Weekly quizzes (best 9 out of 12 @ 2% each)</td>
<td>18%</td>
<td>Due on the Friday of each week (excluding very first week). Includes 9-chapter quizzes and 3 pre-exam quizzes.</td>
</tr>
<tr>
<td>Exam 1* (Ch. 1 part 1, 3, 4, 6)</td>
<td>24%</td>
<td>Wednesday Oct. 13 on Brightspace</td>
</tr>
<tr>
<td>Exam 2* (Ch. 2, 7, 8)</td>
<td>18%</td>
<td>Monday Nov. 8&lt;sup&gt;th&lt;/sup&gt; on Brightspace</td>
</tr>
<tr>
<td>Exam 3* (Ch. 9, 1 – part 2, Prologue)</td>
<td>12%</td>
<td>Wednesday Dec. 1&lt;sup&gt;st&lt;/sup&gt; on Brightspace</td>
</tr>
<tr>
<td>Bonus Research participation</td>
<td>3%</td>
<td>Friday Dec. 3&lt;sup&gt;rd&lt;/sup&gt;</td>
</tr>
</tbody>
</table>

*You are expected to complete ALL course requirements. Note that you must complete all 3 exams to receive credit for this course. Students who do not complete all 3 exams will receive an “N” (Failing) grade.*
Participation (4%)

Participation is essential for both learning and community. It includes all aspects of interaction, including showing up for the zoom meetings, practicing good netiquette, participating in polls, sharing thoughts and experiences, asking and/or answering questions, and engaging in team discussions.

*How is participation graded?* As indicated in the schedule below, our zoom meetings on Mondays will include polling questions, discussion questions and some in-class activities related to the current module. Participation marks will be based on attending and taking part in these activities – your mark is not based on how well or correctly you answer certain questions as some activities may not have a right or wrong answer and rely on personal opinion/experiences. You need to attend and participate in 8 out of the 9 “content” classes (excluding review sessions) and you need to answer 75% of the questions in each class to get the full marks – there are no additional make-up participation assignments.

**Mini Activities (7%)**

Every week (except week 6, 10, 13), there will be two mini-activities associated with the chapter covered in class. You can access these mini activities through their associated chapters on the course Brightspace site. There are a total of 18 mini activities throughout the term and to receive full credit, you must **complete at least 14** of them throughout the semester. I highlight recommend that you complete all 18 mini activities given that their content are testable on your exams. Even though the mini-activities are assigned every week, there are three deadlines for them. Mini activity 1 – 8 are due on Oct. 15, 9-14 are due on Nov. 7 and 15-18 on Dec. 3rd. This is meant to give you some flexibility throughout the term. Given that you only have to complete 14 out of 18, there will be no make-up for these activities if you miss the deadlines for them.

Mini activities will typically take 10-15 minutes to complete and are aimed at 1) Helping you engage with the course material in a fun format; 2) Exposing you to some tools used in the field of psychology and 3) Exposing you to different perspectives/experiences that you may not have previously encountered. It is in your best interest to complete these mini activities as we cover the content in class so as you can better understand the material and be prepared for the exams.

**Critical Thinking Topics (CTT – 16%)**

Your critical thinking topic posts will involve an answer to a posted discussion question that may include one or more sub-questions – These questions will be found in each weekly module. Your response should address all the sub-questions, integrate scientific research, demonstrate accurate knowledge of the material, and should **not** be an unsupported opinion. In other words, you need to do some academic research to support your response! We will cover materials on how to write responses.
CTT during week 2! The critical thinking topics are to be completed within Brightspace and are not expected to be long – between 350 – 750 words each.

**Why are CTT assigned?** - Exams and quizzes assess your learning of material covered in recorded lectures, the textbook, and a bit of supplementary material. Critical thinking topics are designed with the following goals in mind:

1. To give you an opportunity to ask and answer relevant questions that go beyond what you learn in lectures/textbook. Curiosity and research are critical components to success in university.
2. To share information and ideas about different topics with your classmates and to learn from the ideas and reasoning of your classmates.
3. To help you learn how to search for, read, and summarize psychology research articles and use the articles to support your reasoning. Effective research and writing are foundational to succeeding in university!
4. To learn how to engage in scholarly writing by correctly using APA 7th edition style in your writing, in-text citations, and references. This will help you in upper year classes as work written in psychology must be formatted using the American Psychological Association (APA) style (currently, the 7th edition of that style).

**What if you miss a deadline for a CTT?** – You only have to complete 4 out of 9 critical thinking topics. As such, the additional CTT serve as “make-up.” No additional make-up critical thinking topics will be available if you miss the deadline for one specific week. It is in your best interest to complete the critical thinking topics scheduled earlier in the term and use the later ones in the term as “supplementary” ones to be used if you wish to improve your mark or if you missed one of the earlier ones because of illness or a personal emergency. **Remember you can submit a maximum of 5 CTT and your marks for the best 4 will count towards your final grade.** If you submit responses to more than 5 CTT, it will not be looked at/graded.

---

**Weekly quizzes (16%) + Syllabus quiz (1%)**

There will be a total of 12 quizzes distributed over the semester – one per content week plus three pre-exam quizzes covering the exam’s corresponding chapters (see schedule below; only your grade best 8 grades count). They will be available through Brightspace and will consist of roughly 20 multiple-choice questions. The chapter quizzes will be due on Fridays at 11:59pm of the corresponding week. The three pre-exam quizzes are meant to give you additional practice for the exam and are due on the day before the actual exams (at 11:59pm). Once you start the quiz (at the latest, you should start it 30 minutes before the 11:59pm Friday deadline), you will have 30 minutes to complete it and only one attempt. This will mirror the testing condition you will experience for the exams (except the exams have more questions and are longer). These online chapter quizzes are meant to give you an added incentive to keep up with your reading in the course and to give you some practice in utilizing and applying the concepts and studies discussed in the textbook.
Why are these online quizzes assigned?

1. These quizzes occur on a weekly basis to incentivize students to start learning the course material well in advance of the night before the exam.
2. If your experience matches that of students in previous years, you’ll find the quizzes beneficial because they help to motivate and structure your studying.

Although you’re only required to complete 8 out of 12 quizzes, you are strongly encouraged you to complete all 12 (only your top 8 marks will count toward your grade!) so as to allow the best chance for high marks (added bonus: they will help you to absorb the material for the exams!).

You are strongly advised to complete the quiz at least one day before the due date of the quiz. That way, you will have time to seek help if you have technical issues, or if you get sick the day the quiz is due. Late submissions will not be accepted.

What if I miss an online quiz? - You will have 12 quiz opportunities during the semester but only your best 8 of the 12 will count toward your grade. If you miss one, it can simply be dropped as one of your 4 “freebies.” The 8-out-of-12 system is designed to give you flexibility in case you have a week where personal or other circumstances keep you from completing the quiz on time. If you choose to discard your flexibility early in the semester and then something comes up later, you will unfortunately have no other option than to accept a low (or zero) mark on a quiz. Because you can miss 4 quizzes and still obtain full marks for the quiz component, there are no additional opportunities to complete make-up quizzes for any reason (including illness). The “extra” four quizzes are considered as make-up quizzes.

Syllabus quiz – This is designed to ensure that you are familiar with the requirements, assessments and expectations of this course. You should aim to complete this quiz Friday oct 1st. Once started, there are no time limit for this quiz and you may use this syllabus to help you answer question. Your grade is dependent on you having completed this quiz rather than on your quiz answers.

Technical issues or problems completing the quiz? Brightspace will close the quizzes automatically at the designed due dates and times on the schedule. Please make sure you have completed the quiz by this time – due date extensions will not be permitted. We strongly suggest you attempt the quizzes at least one day prior to the due date, to allow you time to reach out for assistance if you encounter any issues.

• If you have a technical problem completing a quiz: check with the Computer Help Desk (helpdesk@uvic.ca: 250-721-7687). Please indicate whether you are having a NetLink or Brightspace problem.
• Contact me if (and only if) the Computer Help Desk is not able to assist you.
Exams (54%)

There will be three non-cumulative open-book exams on Brightspace (see schedule below). All course materials are testable (lectures, textbook chapters, supplementary materials, mini-activities). While you will have access to your textbook and notes for the exam, the exam is timed, and you will not have enough time to refer to your notes and textbook for most questions. The format of all three exams will be multiple choice (MC) and you will be able to start the exam anytime between 5:00 pm and 7:30 pm PT. Once you start the exam you will have a limited amount of time to complete it.

- Exams 1 and 2 will each have roughly 40 MC questions and you will have 50 minutes to complete each.
- Exam 3 will have roughly 30 MC questions and you will have 40 minutes to complete it.

Specific instructions on the exam protocol will be posted to Brightspace. Although the exams are open-book, you are not permitted to receive help from anyone or anything (e.g., another person, the internet). In other words, you are required to complete the exam on your own, using only course materials, the textbook, and your notes. Anything else constitutes cheating and can have severe consequences for your academic career. You are responsible for attending exams as scheduled. You must write the online exams during the scheduled class period. Be sure to have a reliable internet connection on exam dates.

If completing an exam at the specified time is not possible or feasible for you, please contact me well in advance of the exam date. Make-up exams will only be offered to students who have made arrangements with me at least 1 full day prior to the exam date, or in the case of urgent, unforeseen emergencies. In the case of such an emergency, you will need to contact me within 3 days of the missed exam to schedule a make-up examination. If you miss an exam and fail to contact me as described, you will receive an “N” mark (failure due to not completing a course requirement) for the course.

If you require special arrangements for exams due to a disability – you must be officially registered with the Centre for Accessible Learning – please see https://www.uvic.ca/services/cal/onlineservices/register/index.php for more information. I will automatically be informed of your registration with them and the accommodations you need.

Bonus Research Participation (+ 3%)

Students in this course may earn up to 3% extra credit toward their final grade by participating in research studies conducted in the Department of Psychology. 1 hour of participation earns students 1 SONA credit and credits are given in .5 increments, with 1 credit required for a 1% increase in the student’s final grade. For details on participating in research studies, go to the Department of Psychology website (web.uvic.ca/psych), click on the Research link near the top of the page, then click on the Participant Pool link at the left of the new page to see instructions for participating in the system.
You must be sure to assign your credits to this course (and this section of the course) no later than the last day of class, otherwise you will not receive extra credit in this course. You may participate in any given project only once. The last day for participation in experiments for extra credit is Dec 3.

If you do not wish to participate in research studies for some reason, but still wish to have the opportunity to earn an equivalent amount of extra credit, you may contact your course instructor no later than Oct 31 to arrange for an alternative option involving written assignments. Information about how to sign up for research participation is available on Brightspace.

<table>
<thead>
<tr>
<th>Cut-off Points for Final Grades</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>A+</strong></td>
</tr>
<tr>
<td>90-100</td>
</tr>
</tbody>
</table>

**How to do well in this course?**

**Check that you have completed all the work.** Keep up with the readings, lectures, quizzes, mini-activities, and critical thinking topics. These are designed to help you keep up with the material throughout the semester.

Because extra “make-up” quizzes, mini-activities, and critical thinking topics (beyond those necessary to receive full marks) are already scheduled, additional make-up quizzes, mini-activities, and critical thinking topics are not arranged. It is therefore important to submit things well before the deadlines (to avoid technical problems or illness) and complete all required course components by the due dates.

**Check your performance early in the course.** Make sure you check your grades for the various components ahead of time so that any discrepancies can be resolved early in the semester.

It is also important to check your marks on the exams. If you are not getting the marks you want, come to office hours to ask for help improving the way you study the material. At the end of the term, if you are short of your target (pass, C+, A+), **there are no extra opportunities to improve your grade.**

**Create study groups.** You can regularly meet online in groups of 2-4 people (you can of course be more, but we’ve found that range to be ideal) to work through the material together. Not only can it be helpful to have others explain concepts to you, but it can also be helpful to have to explain concepts to others – in fact, that’s one of the best ways to learn!
# Weekly schedule and activities (*tentative – subject to minor changes)*:

<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Topic</th>
<th>Assigned chapter reading</th>
<th>Assessment and activities</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Wed. Sept. 8</td>
<td>Introduction</td>
<td></td>
<td>Review syllabus and associated videos/ content Complete syllabus quiz</td>
<td>Suggestion: Submit all quizzes/mini-activities/critical thinking topics well before deadlines, to avoid technical issues – late submissions will not be accepted.</td>
</tr>
<tr>
<td>2</td>
<td>Mon. Sept. 13 (Zoom class)</td>
<td>Research Methods</td>
<td>Ch. 1 – part 1 (p. 24-37)</td>
<td>Watch pre-recorded lectures Go through CTT + how to research and write CTT MA1, MA2 (due Oct. 15) Quiz 1 – Fri. Sept. 17 CTT 1 – Sun. Sept. 19</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Wed. Sept. 15</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Mon. Sept. 20 (Zoom class)</td>
<td>Consciousness</td>
<td>Ch. 3</td>
<td>Watch pre-recorded lectures MA3, MA4 (due Oct. 15) Quiz 2 – Fri. Sept. 24 CTT 2 – Sun. Sept. 26</td>
<td>Sep 21: last day to drop courses and receive 100% of tuition fees. Sep 24 is last day to add courses</td>
</tr>
<tr>
<td></td>
<td>Wed. Sept. 22</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Wed. Sept. 29</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>Mon. Oct. 4 (Zoom class)</td>
<td>Sensation &amp; Perception</td>
<td>Ch. 6</td>
<td>Watch pre-recorded lectures MA7, MA8 (due Oct. 15) Quiz 4 – Fri. Oct. 8 CTT 4 – Sun. Oct. 10</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Wed. Oct. 6 (Zoom review class)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>Mon. Oct. 11 (no class)</td>
<td>EXAM 1 – Oct 13th</td>
<td>Pre exam Quiz 5 – Tues. Oct 12</td>
<td>Exams are held in Brightspace anytime from 5:00 – 7:30pm</td>
<td>Thanksgiving on Monday – no class</td>
</tr>
<tr>
<td></td>
<td>Wed. Oct. 13</td>
<td></td>
<td></td>
<td></td>
<td>Oct 12: last day to drop courses &amp; be reimbursed 50% of tuition fees</td>
</tr>
<tr>
<td>Week</td>
<td>Mon.</td>
<td>Wed.</td>
<td>Topic</td>
<td>Ch.</td>
<td>Lectures/Dates</td>
</tr>
<tr>
<td>------</td>
<td>------</td>
<td>------</td>
<td>-------</td>
<td>-----</td>
<td>---------------</td>
</tr>
<tr>
<td>7</td>
<td>Oct. 18</td>
<td>Oct. 20</td>
<td>The biology of the mind</td>
<td>2</td>
<td>Watch pre-recorded lectures MA9, MA10 (due Nov. 7)</td>
</tr>
<tr>
<td>8</td>
<td>Oct. 25</td>
<td>Oct. 27</td>
<td>Learning</td>
<td>7</td>
<td>Watch pre-recorded lectures MA11, MA12 (due Nov. 7)</td>
</tr>
<tr>
<td>9</td>
<td>Nov. 1</td>
<td>Nov. 3</td>
<td>Memory</td>
<td>8</td>
<td>Watch pre-recorded lectures MA13, MA14 (due Nov. 7)</td>
</tr>
<tr>
<td>10</td>
<td>Nov. 8</td>
<td>Nov. 10</td>
<td><strong>EXAM 2 – Nov. 8</strong>&lt;sup&gt;th&lt;/sup&gt;</td>
<td></td>
<td>Pre exam Quiz 9 – Sun. Nov. 7</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>No class – Reading break!</td>
<td></td>
<td><em>MAs 9-14 are due on Nov. 7</em></td>
</tr>
<tr>
<td>11</td>
<td>Nov. 15</td>
<td>Nov. 17</td>
<td>Thinking and Language</td>
<td>9</td>
<td>Watch pre-recorded lectures MA15, MA16 (due Dec. 3)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Quiz 10 – Fri. Nov. 19</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>CTT 8 – Sun. Nov. 21</td>
</tr>
<tr>
<td>12</td>
<td>Nov. 22</td>
<td>Nov. 24</td>
<td>Prologue/Chapter 1 part II; Careers in Psychology</td>
<td>Prologue + Ch. 1 Part II (p. 21-23; 38-41)</td>
<td>Watch pre-recorded lectures MA17, MA18 (due Dec. 3)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Quiz 11 – Fri. Nov. 26</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>CTT 9 – Sun. Nov. 28</td>
</tr>
<tr>
<td>13</td>
<td>Nov. 29</td>
<td>Dec. 1</td>
<td><strong>EXAM 3 – Dec. 1</strong>&lt;sup&gt;st&lt;/sup&gt;</td>
<td></td>
<td>Pre exam Quiz 12 – Tues. Nov. 30</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td><em>MAs 15-18 are due on Dec. 3</em></td>
</tr>
</tbody>
</table>

Exams are held in Brightspace anytime from 5:00 – 7:30pm

Last day for Research Bonus Points: Fri Dec 3
Important considerations:

**Respect for Diversity:** It is my intent that students from all diverse backgrounds be well-served by this course, that students’ learning needs be addressed, and that the diversity that students bring to this class be viewed as a resource, strength and benefit. It is my intent to present materials that are respectful of diversity: gender, sexuality, disability, age, socio-economic status, ethnicity, race, and culture. Your feedback and suggestions are encouraged and appreciated – not only at the end of the semester through the Course Evaluation Survey, but also throughout the term. Please do not hesitate to talk to me regarding effective learning and respectful conduct.

**Academic Integrity:** You are responsible for familiarizing yourself with the University of Victoria’s Policy on Academic Integrity. Violations of this policy include plagiarism, unauthorized collaboration, and other forms of cheating. At minimum, the penalty for any instance of these behaviours will be a grade of 0% on the assignment or exam in question. The course penalty for more extensive violations of this policy will be a failing grade for the class.

- At the beginning of this course, you will sign an academic integrity pledge through Brightspace. All quizzes, assignments, and exams are conditional on that pledge.
- **NOTE** that quizzes and exams in this class are open-book. This means that you ARE permitted to access the textbook, the lectures, and your notes while taking the tests. However, you are NOT permitted to access additional resources or use the internet. In addition, these are individual assessments – collaboration or sharing of information regarding the quizzes and exams is in violation of the university’s academic integrity policy. Assignments are also individual assessments. Furthermore, in reporting other people’s work (i.e. research papers you select), you need to use your own words and cite sources accordingly.

**Copyright Statement:** All course content and materials are made available by instructors for educational purposes and for the exclusive use of students registered in their class. The material is protected under copyright law, even if not marked with a ©. Any further use or distribution of materials to others requires the written permission of the instructor, except under fair dealing or another exception in the Copyright Act. Violations may result in disciplinary action under the Resolution of Non-Academic Misconduct Allegations policy (AC1300).
Take care of yourself!

Being a student can be stressful! Please take care of yourself – eat well, exercise, get enough sleep, take some time to relax, and talk to someone if you’re feeling overwhelmed. This will help you achieve your goals and cope with stress. You are not alone – all of us benefit from support during times of struggle.

Social Life, Friends, & Community at UVic: Having a social network is an extremely important foundation for positive mental health. There are lots of benefits to joining clubs, course unions, intramurals and teams on campus (some of these will be available online this Fall semester).
https://www.uvic.ca/mentalhealth/undergraduate/connecting/index.php

Counselling Services: Counselling Services can help you make the most of your university experience. They offer free professional, confidential, inclusive support to currently registered UVic students.
www.uvic.ca/services/counselling/

Health Services: University Health Services (UHS) provides a full service primary health clinic for students and coordinates healthy student and campus initiatives: www.uvic.ca/services/health/

Centre for Accessible Learning: The CAL staff are available by appointment to assess specific needs, provide referrals and arrange appropriate accommodations. The sooner you let us know your needs, the quicker we can assist you in achieving your learning goals in this course: www.uvic.ca/services/ca

Elders' Voices: The Office of Indigenous Academic and Community Engagement (IACE) has the privilege of assembling a group of Elders from local communities to guide students, staff, faculty, and administration in Indigenous ways of knowing and being: www.uvic.ca/services/indigenous/students/programming/elders/

Mental Health Supports and Services: Mental health supports and services are available to students from all areas of the UVic community: www.uvic.ca/mentalhealth/undergraduate/

Sexualized Violence Prevention and Response at UVic: The University of Victoria takes sexualized violence seriously and has standards for what is considered acceptable behaviour. We encourage students to learn more about how the university defines sexualized violence and its overall approach by visiting: www.uvic.ca/svp

If you or someone you know has been impacted by sexualized violence and needs information, advice, or support please contact the sexualized violence resource office in Equity and Human Rights (EQHR).
Whether or not you have been directly impacted, if you want to take part in the important prevention work taking place on campus, you can also reach out to the Sexualized violence resource office in EQHR, Sedgwick C119; Phone: 250.721.8021; Email: svpcoordinator@uvic.ca Web: www.uvic.ca/svp
Prerequisites: Students who remain in courses for which they do not have the prerequisites do so at their own risk. Students who complete courses without prerequisites ARE NOT exempt from having to complete the prerequisite course(s) if such courses are required for the degree program.

Program Requirements: For more information see the UVic Calendar September 2021.
https://www.uvic.ca/calendar//future/undergrad/index.php#/programs?searchTerm=psycho

Registration Status: Students are responsible for verifying their registration status. Registration status may be verified using My Page, View Schedule. Course adds and drops will not be processed after the deadlines set out in the current UVic Calendar.

Commitment to Inclusivity and Diversity: The University of Victoria is committed to promoting, providing and protecting a positive and supportive and safe learning and working environment for all its members.

In the Event of Illness, Accident or Family Affliction: Refer to the course outline

Policy on Academic Integrity including Plagiarism and Cheating
The Department of Psychology fully endorses and intends to enforce rigorously the Senate Policy on Academic integrity https://www.uvic.ca/calendar/future/undergrad/#/policy/Sk_0xsM_V?bc=true&bcCurrent=08%20-%20Policy%20on%20Academic%20Integrity&bcGroup=Undergraduate%20Academic%20Regulations&bcItemType=policies. It is of utmost importance that students who do their work honestly be protected from those who do not. Because this policy is in place to ensure that students carry out and benefit from the learning activities assigned in each course, it is expected that students will cooperate in its implementation. The offences defined by the policy can be summarized briefly as follows:

1. **Plagiarism.** You must make sure that the work you submit is your work and not someone else’s. There are proper procedures for citing the works of others. The student is responsible for being aware of and using these procedures.

2. **Unauthorized Use of an Editor.** The use of an editor is prohibited unless the instructor grants explicit written authorization.

3. **Multiple Submission.** Only under exceptional circumstances may a work submitted to fulfill an academic requirement be used to satisfy another similar requirement. The student is responsible for clarifying this with the instructor(s) involved.

4. **Falsifying Materials Subject to Academic Evaluation.** This includes falsification of data, use of commercially prepared essays, using information from the Internet without proper citation, citing sources from which material is not actually obtained, etc.
5. **Cheating on Assignments, Tests, and Examinations.** You may not copy the work of others in or out of class; you may not give your work to others for the purpose of copying; you may not use unauthorized material or equipment during examinations or tests; and you may not impersonate or allow yourself to be impersonated by another at an examination. The Department of Psychology has a policy of not making old examinations available for study purposes. Therefore, use of old exams without the express written permission of the instructor constitutes cheating by the user, and abetting of cheating by the person who provided the exam.

6. **Aiding Others to Cheat.** It is a violation to help others or attempt to help others to engage in any of the conduct described above.

Instructors are expected to make every effort to prevent cheating and plagiarism. This may include the assignment of seating for examinations, asking students to move during examinations, requests to see student identification cards, and other measures as appropriate. Instructors also have available to them a variety of tools and procedures to check for Internet and electronic media-based cheating. In instances of suspected or actual plagiarism or cheating, instructors, following prescribed procedures, are authorized to take steps consistent with the degree of the offence. These measures will range from a zero on the test or assignment or a failing grade for the course, probation within a program to temporary or even permanent suspension from the University.

Rights of Appeal are described in the Policy on Academic Integrity in the University calendar September 2021. The **definitive source** for information on Academic Integrity is the University Calendar. Other useful resources on Plagiarism and Cheating include:

1. The Ombudsperson’s office: [https://uvicombudsperson.ca/tips/plagiarism/](https://uvicombudsperson.ca/tips/plagiarism/)
2. The Office of the Ombudsperson is an independent and impartial resource to assist with the fair resolution of student issues. A confidential consultation can help you understand your rights and responsibilities. The Ombudsperson can also clarify information, help navigate procedures, assist with problem-solving, facilitate communication, provide feedback on an appeal, investigate and make recommendations. Phone: 250-721-8357; Email: [ombuddy@uvic.ca](mailto:ombuddy@uvic.ca); Web: [uvicombudsperson.ca](http://uvicombudsperson.ca)