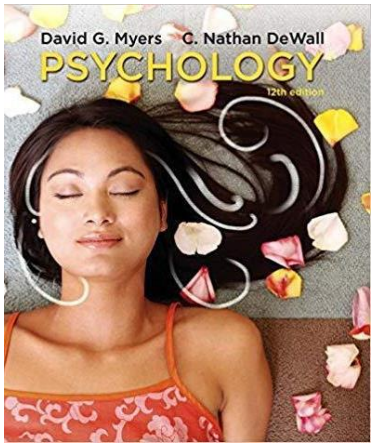
Psychology 100A

Introductory Psychology I

Biological and Cognitive Emphasis
Fall (Sep-Dec) 2021



Psychology 100A – Introductory Psychology I

Biological and Cognitive Emphasis
Fall (Sep-Dec) 2021
MAC A144
TWF 10:30 (A01) /11:30 (A02) /12:30 (A03)

**Note: PSYC 100A A04 uses a different course outline*

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WELCOME TO PSYCHOLOGY 100A

We acknowledge with respect the lək̓ʷəŋən peoples on whose traditional territory the university stands, and the Songhees, Esquimalt, and W̱SÁNEĆ peoples whose historical relationships with the land continue to this day. We feel extremely privileged to learn, work, teach, and play on this beautiful territory.

Hello!

On behalf of the Department of Psychology and as the instructors of this course, we welcome you to Psychology 100A! We've put a lot of thought into how to deliver this course in a way that helps you understand and apply important theories and concepts. Introductory Psychology is a course we are passionate about, and we hope to engage those of you interested in majoring in psychology, as well as those of you who are non-psychology majors, in reflecting on how psychology can be used to tackle important issues in our communities and more broadly, in the world.

We hope this course will interest and challenge you. Did you know that world-wide, Introductory Psychology is one of the most popular classes in post-secondary institutions? Psychology, as a field of study, has obvious intrinsic appeal: exploring the nature and causes of human behaviour is exciting! Yet the very accessibility and familiarity of psychology can pose a problem. Although we believe we have good, common-sense views of psychology, our perspectives are fundamentally shaped by our personal experiences, our contexts, and our folk wisdom. Our perspectives might not all be wrong, but they can sometimes interfere with our approaching the study of behaviour from other points of view. We are here to help you explore this issue both in this course and in the future, if you advance in further psychology courses.

This semester, we have almost 1000 UVic students taking Introductory Psychology in sections A01, A02, and A03. Although it may not be possible for us to meet with all of you personally, we really like to engage in conversations with as many of you as we can. We encourage you to take the initiative and connect with us during our various office hours, before/after class, or by e-mailing us with a question about psychology.

We wish you the best for a successful and productive learning experience in Psychology 100A!

Dr. Jessica Rourke
PSYC 100 course coordinator
Instructor of sections A01 (10:30am) and A02 (11:30am)

Professor Carrie Kobelsky, PhD Candidate
Instructor of section A03 (12:30pm)

MEET THE PSYCHOLOGY 100A TEAM

Recordkeeper/Exam TA:	p100off@uvic.ca
Section TA's (for critical thinking topics/quizzes/general inquiries): A01 (10:30am) A02 (11:30am) A03 (12:30pm)	p100off@uvic.ca PLEASE include **section/name of TA** in subject heading of your e-mails
Course coordinator: Dr. Jessica Rourke	p100co@uvic.ca
Section Instructors:	
Sections A01 and A03: Dr. Jessica Rourke	p100co@uvic.ca
Section A03: Prof. Carrie Kobelsky, PhD Candidate	kobelsky@uvic.ca

**Note: TA stands for Teaching Assistant*

WHOM SHOULD I CONTACT IF I HAVE A QUESTION?

Because we have almost 1000 students in this course, it can take us a little while to respond to your email – we thank you in advance for your patience and understanding! Often, the questions we receive could have been immediately answered because the answer is in this course syllabus! So…please, before you send us a question, check if the answer is in this course syllabus or other documents in Brightspace. Another good option is to check if your peers know the answer to your question (e.g., post your question in the relevant discussion forum section on Brightspace!).

If the above ideas don't yield you an answer, use the list below to determine whom to contact with your question/comment. **In your subject heading, please include "PSYC 100A" and your section number (A01, A02, A03).**

If you have questions/comments regarding:	**Contact:**
• Exam scoring, make-up exams, exam accommodations	Course recordkeeper: p100off@uvic.ca
• Online quizzes and critical thinking topics	Your section TA (remember to put their name in the email!): p100off@uvic.ca
• Research participation bonus points	Research participation coordinator Dr. Jim Tanaka: p100res@uvic.ca
• Course accommodations	Section instructor
• Posted lecture material	Section instructor
• Textbook material	Section TA or instructor
• Technical issues with computer, e-mail, Brightspace, NetLink, login, password problems	Computer help desk (helpdesk@uvic.ca; 250-721-7687)

MATERIALS: WHAT WILL I NEED FOR THIS COURSE?

Required Text

Myers, D. M. and DeWall, C. N. (2018). *Psychology* (*12th ed.)* New York: Worth Publishers. You can purchase this edition of the textbook through the UVic Bookstore. We recommend **ordering your textbook as soon as possible** because it may take some time for you to receive it (even the ebook!). Throughout the course, you should have continuing access to it in order to master the material.

You have the option to purchase a new text in one of two ways:

- as looseleaf pages that go into a binder **or** as an ebook

Both options include access to online resources, including an online version of the text, at the publisher's Launchpad website (see "Optional Online Resource Material" below, for more information) as well as free access to the iClicker App (Reef). To purchase your textbook and Launchpad, go to the UVic bookstore website then search for Psyc 100A (and whichever section you're registered in: A01, A02, A03): https://www.uvicbookstore.ca/text/

Optional Online Resource Material

Launchpad (online study resource) comes included with the textbook if you purchase it through the UVic bookstore (you will receive an access code). Although not required for the course, we recommend purchasing it, as it will help in your learning of the course material. To access the textbook online ("LaunchPad") go to: *Link TBD*

- To make it easy to return to, please bookmark the page.
- If you have problems registering, purchasing, or logging in to Launchpad, do NOT contact us until after you have contacted the publisher's Customer Support (they will be able to help you much more easily than we can!). You can reach a representative 24 hours a day, 7 days a week through the online form, by chat: https://community.macmillan.com/community/digital-product-support/college-students-support-community or from 9 a.m. to 3 a.m. EST, 7 days a week by phone:1-800-936-6899.

Access to Technology

Did you know that as a UVic student, you get **free access** to Microsoft 365, including access to OneDrive storage and Microsoft Office applications? Information about Microsoft 365 and instructions to sign up can be found on UVic's Microsoft 365 site (https://onlineacademiccommunity.uvic.ca/O365/)

If you have questions, contact UVic's computer help desk – see their website for various contact options and hours of operation for any technology questions/issues: https://www.uvic.ca/systems/services/helpsupport/computerhelpdesk/

PSYC 100A Course Website

The PSYC 100A A01-A03x website is accessible through the UVic Brightspace system (https://bright.uvic.ca). This site includes all course material, including lecture slides, chapter summaries, quizzes, and critical thinking topics. **At first, you'll only see the section "Getting Started."** This section will contain a territorial acknowledgment, a welcome from your instructors, the course syllabus, information on how to access the textbook and Launchpad, and some general tips to help you be successful in this course. **Complete the syllabus quiz in that section to unlock the rest of the available course material.**

NetLink ID: To access the PSYC 100A Brightspace you need a valid UVic Netlink ID. To register, go to the NetLink website (http://netlink.uvic.ca/) and follow the directions there. If you cannot access our Brightspace site after receiving your NetLink ID, please contact the computer helpdesk (helpdesk@uvic.ca; 250-721-7687).

WHAT IS THIS COURSE ABOUT?

Psychology is an exciting and complex scientific discipline and is an essential part of the helping professions. We have designed PSYC 100A (and PSYC 100B) to provide an overview of:

- the main areas, findings, and methods of modern psychology
- various theoretical perspectives and professional orientations within psychology
- scientific methods of gathering information and forming conclusions from the study of human behaviour and functioning
- psychological principles that serve as a foundation for taking more advanced courses in psychology and related disciplines
- how psychological principles have been used to help people lead better, healthier lives, and to solve real world problems
- how to locate and utilize psychological research information

PSYC 100A focuses on the historical, methodological, biological, learning, and cognitive aspects of psychology. **PSYC 100B** focuses on human intelligence, personality, lifespan development, psychological disorders, and psychological treatment. You do not have to continue on to PSYC 100B after you have completed PSYC 100A, but you should be aware that if you wish to take any further courses in Psychology at the University of Victoria you must complete both PSYC 100A and B.

What is the Format of the Class?

Our course is divided into Modules which correspond to a chapter in the textbook. Modules will be released weekly, according to our class topic schedule. For each Module there will be:

- one assigned textbook chapter for you to read
- a chapter summary that highlights important course concepts
- lecture slides that correspond to the weekly class content
- a short online quiz related to the chapter material (prior to exams, there will also be a pre-exam quiz)
- online discussion critical thinking topics
- recordings of the Tuesday and Wednesday class sessions (note…we can't guarantee the recording – technology sometimes has a mind of its own and lets us down!)
- at times, there may be some additional learning material (e.g., a short video, podcast, interactive activity)

How is the class delivered?
Each week, you have 3 in-person class sessions in MAC A144 (MAC is the MacLaurin building). We will do our best to record these sessions using Echo360 for the rare times you cannot attend, however, we cannot guarantee the technology will work or will be of good quality, so please do your best to make it to class. **Please do not attend class if you are ill.**

In class we will cover material related to the chapter in various forms – through lecture, demonstrations, discussion, and videos with guided questions. Tuesday and Wednesday classes are mostly lecture based

and Friday classes provide a somewhat different learning experience. The Friday classes may involve a video/lecture with guided questions, a guest lecture, or a research demonstration/discussion.

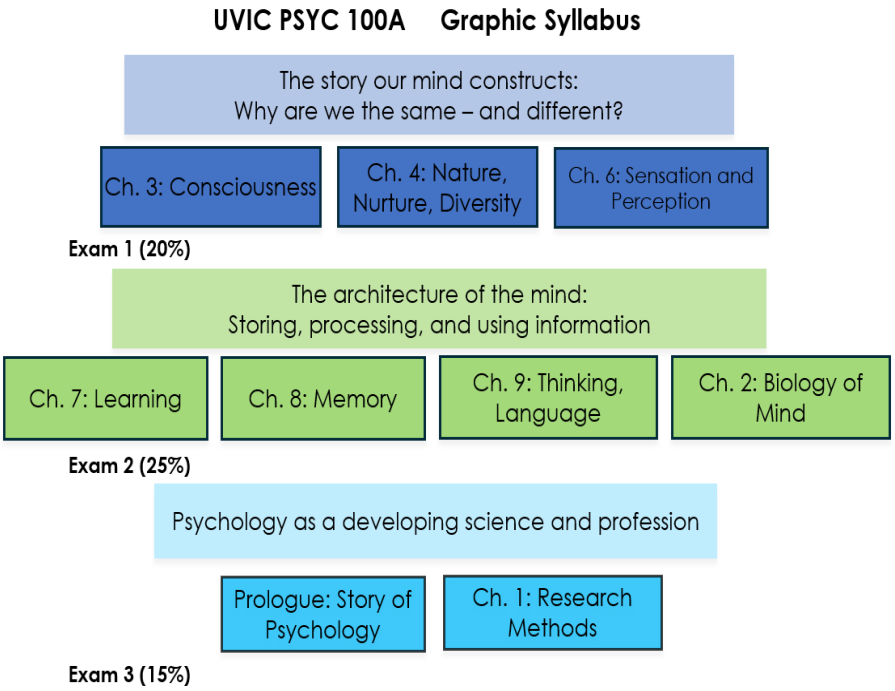
Materials such as guided video questions for Friday classes will be available before class on Friday (at the latest 2pm the day before) and we will post the answers to the video questions discussed the following Monday. Material from Friday classes is testable on exams, as is other class material.

We cover the text chapters out of order…why?

We think the most interesting way to start the course is with psychological content – in this case, the study of human consciousness (Chapter 3 in your textbook), which includes topics such as attention, sleeping and dreaming, and altering consciousness through things such as drugs, hypnosis, and meditation.

In your textbook, the first couple of chapters deal with the history and organization of the discipline of psychology as well as research methods in psychology. Although these are important topics (and we do cover them at the end of PSYC 100A), they do not deal with the "content" of psychology – with human thoughts, consciousness, memories, perceptions, etc.

The "nonlinear" ordering of our coverage of the chapters is based on the following "conceptual map" of the ideas in the text, and we think it constitutes a more compelling sequence of topics that we hope will better help you become engaged in the excitement of psychological science:



Tentative Course Schedule

Module	Class Dates	Reading	Topic(s)	Exams/Notes	Web Surveys & APA-study Methodology Assignment Due 10 PM	Critical Thinking Topics & Quizzes Due 10 PM
1	**Sep 8, 10**	Familiarize yourself with our Brightspace page; get your textbook	Intro to the course Intro to UVic (library, student resources)	**Suggestion:** Submit all quizzes/surveys/critical thinking topics well before deadlines, to avoid technical issues – late submissions **will not** be accepted.		
2	**Sep 14, 15, 17**	Ch 3 APA video	Consciousness Critical Thinking Topics		APA and study methodology assignment Fri Sep 17	Q1 (Ch 3) Wed Sep 15
3	**Sep 21, 22, 24**	Ch. 4	Nature, Nurture, and Diversity	**Sep 21**: *last day to drop courses and receive 100% of tuition fees.* **Sep 24** *is last day to add courses*	WS1 Fri Sep 24	CT1 (Ch 3) Mon Sep 20 Q2 (Ch 4) Wed Sep 22
4	**Sep 28, 29, 01**	Ch. 6	Sensation and Perception			CT2 (Ch 4) Mon Sep 27 Q3 (Ch 6) Wed Sep 29
5	**Oct 05, 06, 08**	Ch. 7	Review & Catch-up Learning	**Exam 1** (Fri Oct 8) Ch 3, 4, 6 *Exams are held during regular class time and are 50-minutes in length*		CT3 (Ch 6) Mon Oct 05 Q4 (Pre-exam quiz Ch. 3, 4, 6) Thurs Oct 7
6	**Oct 12, 13, 15**	Ch. 8	Learning Memory	**Oct 12:** *last day to drop courses & be reimbursed 50% of tuition fees* + final day to submit request for alternative to research participation credit		CT4 (Ch 7) Tues Oct 13 Q5 (Ch 7) Wed Oct 13
7	**Oct 19, 20, 22**	Ch. 9	Memory Thinking and Language		WS2 Fri Oct 22	CT5 (Ch 8) Mon Oct 19 Q6 (Ch 8) Wed Oct 20

8	**Oct 26, 27, 29**	Ch. 2	Thinking and Language Biology of Mind			CT6 (Ch 9) Mon Oct 26 Q7 (Ch 9) Wed Oct 27
9	**Nov 02, 03, 05**		Biology of the Mind Review/catch-up	**Oct 31:** *last day to drop courses without penalty of failure*		CT7 (Ch 2) Mon Nov 2 Q8 (Ch 2) Wed Nov 3 Q9 (Pre-exam quiz Ch 7,8,9,2) Thu Nov 4
				Exam 2 (Nov 5) Ch. 7, 8, 9 ,2 *Exams are held during regular class time and are 50-minutes in length*		
10	**Nov 9**	Careers in Psyc Videos (on-line; no in-person class)	Careers in Psychology	Reading Break Nov 10-12		
11	**Nov 16, 17, 20**	Ch. 1	Research Methods			Q10 (Ch 1) Wed Nov 17
12	**Nov 23, 24, 26**	Prologue	Story of Psyc		WS3 Fri Nov 26	CT8 (Ch 1) Mon Nov 23 Q11 (Prologue) Mon Nov 24
13	**Nov 30, Dec 01**		Review/catch-up	**Exam 3** (**Wed Dec 1**) **Ch 1, Prologue)** *Exams are held during regular class time and are 50-minutes in length* ***Note:*** Fri Dec 3 is National Day of Remembrance, so our final class is Wed Dec 1		Q12 (Pre-exam quiz Ch. 1, Prologue) Tues Nov 30
				Last day for Research Bonus Points: Fri Dec 3		

WHAT ARE YOU EXPECTING FROM ME?

Psychology is a scientific discipline, and as such it requires considerable thought and time to develop an understanding of psychological research and principles. We expect you to complete the assigned weekly materials, to attend and engage in class sessions, to attend office hours when needed, and to spend several hours a week (between 7 – 10 hours) toward mastering the course material.

Attend class sessions and office hours
Although not mandatory, attending our class sessions 3 times a week will help increase your understanding of the material and provide you with opportunities to engage with and discuss the material with the instructor and your classmates. We encourage you to bring your questions and ask for clarification, or to bring examples you found useful in illustrating some of the concepts (this could be a video, article, or your own knowledge). If you need some support outside of class time, please drop in to one of our in-person or virtual office hours! See page our Brightspace page for office hour times and locations.

Manage your time
Courses can be tricky to complete if you don't stick to a schedule. Be prepared for exams by completing the assigned readings, chapter quizzes, and other assignments/activities in accordance with the schedule provided above. Set aside blocks of time each week to work on the course material, and engage with your classmates (e.g., set up a study group!).

Check the Brightspace website often
All course materials (e.g., course schedule, assignment information) will be available through Brightspace: https://bright.uvic.ca
Although we will do our best to also post class recordings to Brightspace, the best way to learn and engage with the material is to attend your scheduled class whenever possible.

Conduct yourself appropriately
Please listen to and interact with others in a respectful manner. We are all very diverse and have different values, beliefs, and opinions – maintain an open mind to these differences. You may debate with others who hold opinions different from your own, but you must always remain respectful.

Provide constructive feedback
We always welcome ideas to improve this course and to facilitate learning. We encourage you to provide constructive feedback about your experiences in the course. Please send us an email or see us in office hours to discuss your suggestions.

Let us know if there are any special circumstances
Each of us learns in different ways and with varying degrees of success. If you know of any factors in your life that might impact your ability to learn up to your potential in this course, please contact the Centre for Accessible Learning (CAL: https://www.uvic.ca/services/cal/index.php) The CAL staff are available by appointment to assess specific needs, provide referrals, and arrange for appropriate accommodations. We will automatically be notified if you receive any CAL accommodations.

Be discriminate in sending e-mails to the PSYC 100 team
We really do want to hear from you! However, in a very large course like PSYC 100A, email "overload" can cause problems. Unrestricted or indiscriminate use of email to pose questions and ask for information can overwhelm the limited resources that TAs and instructors have to answer emailed requests. To help us manage our email load, please follow these guidelines:

- For e-mail, please include "PSYC 100A:" and your section number in your subject headline. If you're emailing your TA, please also make sure to include their name. Before you compose your e-mail, check the course syllabus, your notes, with your classmates, and on Brightspace to see if you can locate the answer to your question.

When to email us:

- ✔ To notify the *Course Recordkeeper* that you will have to miss an exam due to a medical emergency or a documented family emergency.
- ✔ To ask a simple, short question, *e.g*., "*What is the date, time, and location of the make-up exam*?"
- ✔ To comment about course material, *e.g*., "*I was thinking about that case of dissociative identity disorder that you described in class, and I wondered if* …" We are very happy to receive and respond to such comments. We also recommend that instead of emailing us a comment like that, you **see us before/after class or pop into one of our office hours!**
- ✔ To make a comment about something you liked or something you think could improve the course. Please be aware that specific, constructive comments are more useful than general ones.

When *not* to email us:

- **x** When the answer to your question can be found in this course syllabus – please make sure you look through the syllabus before emailing us!
- **x** To request information about a specific mark (assignment, exam, final grade, or bonus points). We post this information on the course website and expect you to access your marks there.
- **x** To request information about *why* you received a particular mark. Please see your TA during office hours with such questions. These kinds of questions usually require a direct interpersonal interaction that is not effectively carried out *via* email.
- **x** To ask for advice on improving your study techniques. This also requires a direct interpersonal interaction. See the section on "Getting Started" on Brightspace for some studying suggestions.

What can I Expect from the Psyc 100 Team?

We are available to help
We are available to help via e-mail and office hours. See section "Whom should I contact if I have a question" on page 4 to find the correct person to e-mail.

Please attend office hours for your more detailed or complicated questions. We will be available during office hours to discuss your grades, understanding of the material, or more generally your interest in Psychology.

We will upload class lecture slides and chapter summaries on Brightspace
We will post these slides and summaries each week. Supplementary material, which is designed to provide more in-depth examples and information related to core concepts may also be uploaded. When possible, Tuesday and Wednesday lecture-based classes will be recorded and uploaded. More details on how to access these recordings (which are copyrighted and for your personal use in this course only) will be provided in class and on Brightspace.

We will give and receive feedback
We will be available in office hours to give feedback on the critical thinking topics and exams. We are also open to receiving constructive feedback about your experiences within the course.

HOW WILL MY PROGRESS BE EVALUATED?

We've devised many ways for you to obtain grades in this course. Your final grade in this course will be based on the following criteria:

Percent of grade	Evaluation tool	Date(s)
20%	Exam 1 (Chapters 3, 4, 6)	Fri Oct 8
25%	Exam 2 (Chapters 7, 8, 9, 2)	Fri Nov 5
15%	Exam 3 (Prologue, Chapter 1)	Wed Dec 1 (exam is on Wed due to National Day of Remembrance & Action on Violence Against Women, Fri Dec 3)
16%	Online Quizzes	Sep 15, 22, 29; Oct 7, 13, 20, 27; Nov 3, 4, 17, 24, 30 You must complete **8 of the 12** quizzes but it's in your best interest to complete all 12 quizzes (only your top 8 grades will count)
3%	iClicker	Attend at least 14 of the 18 iClicker classes. iClicker points will be based on participation in class on the following dates: Sep 21, 22, 28; Oct 5, 6, 12, 13, 19, 20, 26, 27; Nov 2, 3, 16, 17, 23, 24, 30
1%	Web Surveys	There are three web surveys that will be posted to Brightspace and you will receive approximately 0.33% (of your final mark) for each survey you complete: Sep 24; Oct 22; Nov 26
4%	APA and Study Methodology Assignment	Sep 17 This assignment will help you understand information crucial to the successful completion of your online discussion critical thinking topics
16%	Online Discussion Critical Thinking Topics	Sep 20, 27; Oct 5, 13, 19, 26; Nov 2, 23 You must complete **4 of the 8** critical thinking topics (you may complete up to 6 and only your best 4 will count)

*In addition, there are **bonus points for research participation**, up to a maximum of 5% (See "Extra Credit for Research Participation" section on page 18 for details).

We expect you to complete all course requirements, however, please note **you must complete all 3 exams to receive credit for this course. Students who do not complete all 3 exams will receive an "N" (failing) grade.

Cutoff Points for Marks

A+	A	A-	B+	B	B-	C+	C	D	F
90-100	85-89	80-84	77-79	73-76	70-72	65-69	60-64	50-59	0-49

Exams (60%)

You will write **three in-class exams**. Exams are non-cumulative which means they will only cover material since the previous exam. All course material is testable (lectures, textbook chapters, supplementary materials). The format of all three exams will be multiple choice and will take place during your regularly scheduled class time meaning you will have 50-minutes in which to complete each exam. You are responsible for attending exams as scheduled, writing your own exam, and for respecting the academic integrity expectations of the university.

What to do if I miss an exam due to illness:
Contact the **Course Recordkeeper** by email p100off@uvic.ca as soon as possible and explain that you missed the exam and why (you do *not* have to submit the *Request for Academic Concession* form as it only applies to exams that are written in the final exam period). The Course Recordkeeper will inform you when your make-up exam will be held.

**If you miss an exam and fail to contact the Course Recordkeeper within seven days of the exam date, we will consider you to have not completed a major course requirement and will assign an N mark (failure due to not completing a course requirement) for the course.*

What to do if I require special arrangements for exams due to a disability:

1. You must be officially registered with the Centre for Accessible Learning (CAL) – please see https://www.uvic.ca/services/cal/onlineservices/register/index.php for more information. We will automatically be informed of your registration with them. It can take a little while for all the necessary forms to be processed by CAL, so we recommend reaching out to them as soon as possible.
2. Prior to your exam, if you have any questions about your accommodation, please contact the course record keeper (p100off@uvic.ca).

Quizzes (16%)

Why do we assign online quizzes?
We have designed the Online Chapter Quizzes on Brightspace to give you an added incentive to keep up with your reading in the course and to give you some practice in utilizing and applying the concepts and studies discussed in the textbook:

- Because it is much easier to start learning the course material well in advance of the night before the exam, we have arranged for you to complete online quizzes on a regular basis.
- If your experience matches that of students in previous years, you'll find the quizzes beneficial because they help to motivate and structure your studying.
- The quizzes consist of 9 chapter quizzes designed to encourage you to complete the necessary pre-class readings and 3 pre-exam quizzes designed to encourage that you study in advance of each exam.

Although the chapter quizzes are due near the end of the coverage of a chapter in class, you might find it beneficial to read the chapter in the textbook and complete the chapter quiz early on in the week. Although you're only required to complete 8 out of 12 quizzes, we strongly encourage you to complete all 12 (only your top 8 marks will count toward your grade!) so as to allow the best chance for high marks (added bonus: they will help you to absorb the material for the exams!).

You are strongly advised to complete the quiz at least one day before the due date of the quiz. That way, you will have time to seek help if you have technical issues, or if you get sick the day the quiz is due. Late submissions will not be accepted.

What if I miss an online quiz?
You will have 12 quiz opportunities during the semester but only your best 8 of the 12 will count toward your grade. If you miss one, it can simply be dropped as one of your 4 "freebies." The 8-out-of-12 system is designed to give you flexibility in case you have a week where personal or other circumstances keep you from completing the quiz on time.

If you choose to discard your flexibility early in the semester and then something comes up later, you will unfortunately have no other option than to accept a low (or zero) mark on a quiz. **Because you can miss 4 quizzes and still obtain full marks for the quiz component, there are no additional opportunities to complete make-up quizzes for any reason (including illness).** The "extra" four quizzes are considered as make-up quizzes.

What if I have technical issues logging on or completing the quiz?
Brightspace will close the quizzes automatically at the designated due dates and times on the course schedule. Please make sure you have completed the quiz by this time – due date extensions will not be permitted. We strongly suggest you attempt the quizzes at least one day prior to the due date, to allow you time to reach out for assistance if you encounter any issues.

- **If you have a technical problem completing a quiz**: check with the Computer Help Desk (helpdesk@uvic.ca; 250-721-7687). Please indicate whether you are having a NetLink or Brightspace problem.
- If you are still stumped, contact the PSYC 100 office at p100off@uvic.ca but please follow the step above before you do, as the Computer Helpdesk is more likely to be able to provide immediate assistance.

iClicker (3%)

We will base 3% of your final grade on your in-class participation using the iClicker Personal Response System. Please note, the iClicker Reef app/program is included for free when you purchase your textbook through the UVic bookstore. If you want a physical iClicker remote, you may of course purchase that, but it is not necessary.

Why do we use iClickers in class?
iClickers are used to work together through questions posed in class. When used effectively, iClickers can increase your ongoing engagement and involvement, promote a safe environment to communicate your answers, and create lively discussions in class. iClickers can also provide immediate feedback about your understanding of the class material and help us figure out how to improve your understanding of a concept.

How do I receive points for using my iClicker in class (follow the 3 steps outlined below)?

Step 1:
1a. If you have the iClicker Reef app (comes free if you purchase the textbook from the UVic bookstore)

- Create a Reef account (https://app.reef-education.com/#/login) with your campus email address and then make sure you add your correct student ID number (e.g., "V00123456") to your REEF profile section. If you're using the Reef app, **you must register this way to receive participation marks** in the course.

- Download the iClicker Reef app iOS or Android app from your iTunes or Play store.
- Enter your access code (received when you purchased a new textbook from the UVic bookstore. If you did not purchase your textbook from the bookstore, you can purchase a REEF subscription from the bookstore). Follow these steps to enter your access code in your Reef account:
    - Log in to your iClicker account using a web browser (access codes cannot be entered via the smartphone or tablet apps). If you are using a smartphone or tablet, simply use the web browser on your device to follow the steps below.
        - Click the "Menu" icon in the upper left corner and select "Subscriptions"
        - Click "Polling"
        - Click "Enter Access Code" and enter the code
        - Click "Submit" (clicking submit more than once can give you an error message, so click the back arrow to see when your subscription expires if you get an error message)

1b. If you have an iClicker 2 (kind of looks like a TV remote): Register your iClicker on the UVic website

- If you prefer not to use the iClicker Reef app with your own device, you can instead purchase an iClicker remote from the UVic bookstore: https://www.uvicbookstore.ca/ for a price of approximately $60.00.
- If you're using the iClicker remote, **you must register your remote this way to receive participation marks** in the course:
    - Once you have your remote, go to http://www.uvic.ca/iclickerreg and sign in with your NetLink ID and you should be taken directly to the iClicker registration page **or** log into the UVic portal (http://www.uvic.ca/mypage) and click on *Student Services* located on the left-hand menu and then click on the *iClicker* tab, located in the top menu bar.
    - Enter your iClicker's serial number and click "submit". Note that iClicker serial numbers do not contain letter O's, only number 0's. For answers to frequently asked questions about the iClicker see: http://www.uvic.ca/systems/support/learningteaching/iclicker/

Step 2:

Bring your own iClicker or personal device to class on Tuesdays and Wednesdays

- If you have an iClicker2 remote: Bring your own iClicker2 to class and participate.
- If you have the iClicker Reef App: You will need to add the course to your course list by selecting the "+" button, typing in your institution ("University of Victoria") and then searching for the course ("PSYC 100A").

- Make sure you select the right section (A01 is the 10:30am section, A02 is the 11:30am section, and A03 is the 12:30pm section). Once you confirm you've found the right course, click, "Add this Course" and it will show up on your list.

Step 3:
Attend at least 14 of the 18 iClicker classes. IClicker points will be based on participation in PSYC 100A classes on the following 18 dates: Sep 21, 22, 28; Oct 5, 6, 12, 13, 19, 20, 26, 27; Nov 2, 3, 16, 17, 23, 24, 30.

If you participate in clicker questions in 80% or more of the above 18 classes (i.e., in 14 or more classes), you will receive the maximum 3% toward your final grade.

Participating in 14 or more of the possible iClicker classes will earn you your full 3% toward your final grade. If you complete fewer than 14, you will receive the following percentages:

13 classes: 3.71%	9 classes: 2.57%	5 classes: 1.42%
12 classes: 3.42%	8 classes: 2.28%	4 classes: 1.14%
11 classes: 3.14%	7 classes: 2.0%	3 classes: 0.85%
10 classes: 2.85%	6 classes: 1.71%	2 classes: 0.57%
		1 class: 0.28%

What do I do if I miss an iClicker class?
Because you only need to participate in 14 of the 18 iClicker classes, the additional iClicker classes serve as "make-up" classes for missed ones (e.g., because of illness, sporting events, low batteries, forgotten iClicker, technical malfunction, etc.) and thus we do not offer any additional opportunities, nor will we prorate your grade.

It is an academic infraction to use or bring another student's iClicker to class, or to lend your iClicker to another student. This will be treated similarly to other academic infractions (such as cheating on an exam) and will be subject to university disciplinary procedures. Please remember that the iClickers provide you with an opportunity to enhance your in-class learning, and it is expected you will cooperate in making the system work to help you and your colleagues learn.

What if I attend a PSYC 100A class section different than the one in which I'm registered?
Because of seating capacity, you should only be attending the course section (A01, A02, A03) for which you are officially registered. Additionally, because of the way the system is set up, you can only receive iClicker points by using your iClicker in the PSYC 100A section in which you are officially registered. For example, if you are registered in the A01 section, but attend the A02 section, although your iClicker will still work in the A02 section, you will not receive iClicker points for that session and we will not be able to transfer iClicker points to your proper section.

When will I see my iClicker participation grades?
Updated iClicker records will generally be posted to our Brightspace page (under "Grades") within two weeks after Exam 1 and Exam 2. We hope to have your final iClicker totals posted shortly before Exam 3. If you have a question about your iClicker points, please address it prior to Exam 3 as the final grades are calculated shortly after Exam 3, and your iClicker totals, as posted, will be used to calculate your final grade.

It is important that you check your clicker record by October 27 to make sure that you have at least one clicker point posted, and you are receiving correct credit for your clicker participation. Only students who have a posted record on Brightspace of at least one iClicker point by this date will be eligible to receive any iClicker points for the term. **Students who do not have any posted clicker points by October 27 will receive 0 on their final clicker total (out of 3%)** regardless of iClicker activity after that date. This deadline is in place to ensure that any iClicker registration issues are rectified early in the term, and to encourage students to begin their iClicker participation as early as possible.

If you have questions about your iClicker points, please contact the Course Recordkeeper at p100off@uvic.ca, or drop by during their office hours (posted on Brightspace).

Web Surveys (1%)

We will base 1% of your final grade on your web survey submission via Brightspace. There are three such surveys and you will receive approximately 0.33% (of your final mark) for each survey you complete. We have designed these activities to obtain information that helps us in designing a course that best suits your needs. One important function of the Web Surveys is to provide the instructors with feedback from you regarding aspects of the course such as T.A. performance.

APA and Study Methodology Assignment (4%)

We will base 4% of your final grade on an assignment that relates to APA formatting and research study methodology. The assignment will be formatted as a quiz, but it will not be timed. You can feel free to use your textbook, the posted APA video, notes you've made, etc.

To properly complete your critical thinking topics, you will need to have a firm grasp of APA formatting (rules regarding the writing style of psychology assignments) as well as certain research methodology approaches in the field.

This assignment will be completed prior to you completing your first critical thinking topic, to help support your performance on your critical thinking topics throughout the semester.

Critical Thinking Topics (16%)

Sixteen percent of your grade in PSYC 100A is derived from your regular contributions to the critical thinking topics that you submit on Brightspace.

- You are required to submit **4 of the 8** possible critical thinking topics.
- To give you flexibility you can **submit a maximum of 6 of the 8** scheduled critical thinking topics, and only your best 4 will count. This means that if you choose to do 5 or 6, then only your best 4 will count.
- If you submit 7 or 8, your 7th and 8th one will not be graded.

Your critical thinking topics will be completed on Brightspace and involve answering a posted discussion question that may include one or more sub-questions. Your response should address all the sub-questions, integrate scientific research, demonstrate accurate knowledge of the material, and should not be an unsupported opinion. In other words, you need to do some academic research to support your response!

The critical thinking topics are completed within Brightspace and are not expected to be long (200-1000 words). More information about the format of the critical thinking topics is provided on Brightspace (In the "Getting Started" section, under "Assessment Information").

Why do we assign critical thinking topics?
Exams and quizzes assess your learning of material covered in class, the textbook, and a bit of supplementary material. Critical thinking topics are designed with the following goals in mind:

- Curiosity and research are critical components to success in university. Critical thinking topics give you an opportunity to ask and answer relevant questions that go beyond what you learned in lectures and the textbook.
- Learning from your peers and contributing to their learning experience are core aspects of the university experience. Critical thinking topics give you an opportunity to share information and ideas with your classmates and to learn from the ideas and reasoning of your classmates.
- Effective research and writing are foundational to succeeding in university. Critical thinking topics help you learn how to search for, read, and summarize psychology research articles and use the articles to support your reasoning.
- Work written in psychology must be formatted using the American Psychological Association (APA) style (currently, the 7th edition of that style). Critical thinking topics give you the opportunity to learn how to engage in scholarly writing by correctly using APA 7th edition style in your writing, in-text citations, and references.

What do I do if I miss a critical thinking topic?
Because you only need to complete 4 of the 8 critical thinking topics, the additional critical thinking topics serve as "make-up" critical thinking topics and thus we do not offer any additional make-up critical thinking topics.

- It is in your best interest to complete the critical thinking topics scheduled earlier in the term and use the later ones in the term as "supplementary" ones to be used if you wish to improve your mark or if you missed one of the earlier ones because of illness or a personal emergency.

Extra Credit for Research Participation (+5%)

An important component of this course is for you to learn about research in psychology. Faculty and advanced students in the Department of Psychology will be conducting research throughout the year, performing studies exploring processes such as social interaction, perception, memory, problem solving, and communication. We encourage you to participate in this research, and as part of this encouragement, we have arranged for you to earn extra credit toward your course mark by participating in approved research.

By participating in such research projects, you will experience first-hand how psychological research is done. Once your participation in a study is complete, you will receive a full description of the purpose of the research.

- In most projects, your participation involves having your responses recorded or measured as you perform a task or complete a questionnaire. A departmental committee has reviewed and approved all the projects that are available to you for bonus points, and the projects have also been approved by the university's Human Research Ethics Board.

- The aim of these research projects is not to evaluate your personal abilities, but to explore various features of human behaviour and discover how they change under different conditions. Researchers will protect your confidentiality. Your performance (i.e., the responses you make) will have no effect on your marks.
- You will receive 0.25 points for each 15 minutes (or part thereof) of participation, up to a maximum of 5 points. You may participate in as many projects as you wish, but you will receive no more than 5 points per term, and you may not carry over points from one term to another. *Note that while we have set 5 points to be a maximum, the opportunity to earn all 5 points may not be available, as this depends on the number of research projects requiring participants.*
- You may participate in any given project only once. The last day for participation in experiments for extra credit is Dec 3 (5pm).

If you do not wish to, or cannot, participate in research studies for any reason, but still wish to have the opportunity to earn an equivalent amount of extra credit, you may contact Dr. Rourke (course coordinator) via email no later than Oct 12 to arrange for an alternative option involving written assignments. **Information about how to sign up for research participation is available on Brightspace.**

HOW CAN I DO WELL IN THIS COURSE?

Check that you have completed all the work. Keep up with the readings, lectures, quizzes, iClicker participation, and critical thinking topics. These are designed to help you keep up with the material throughout the semester.

Because extra "make-up" quizzes, iClicker opportunities, and critical thinking topics (beyond those necessary to receive full marks) are already scheduled, additional make-up quizzes, iClicker opportunities, and critical thinking topics are not arranged. It is therefore important to submit things well before the deadlines (to avoid technical problems or illness) and complete all required course components by the due dates.

Check your performance early in the course. Make sure you check your grades for the various components ahead of time so any discrepancies can be resolved early in the semester.

It is also important to check your marks on the exams. If you are not getting the marks you want, come to office hours to ask for help improving the way you study the material. At the end of the term, if you are short of your target (pass, C+, A+), **there are no extra opportunities to improve your grade**.

Create study groups. You can regularly meet in-person or online in groups of 2-4 people (you can of course be more, but we've found that range to be ideal for study groups) to work through the material together. Not only can it be helpful to have others explain concepts to you, but it can also be helpful to have to explain concepts to others – in fact, that's one of the best ways to learn!

SUPPORTING AN EFFECTIVE LEARNING ENVIRONMENT

Respect for Diversity

Our intent is that:

- students from diverse backgrounds and perspectives be well-served by this course
- students' diverse learning needs be addressed
- the diversity that students bring to this class be viewed as a resource, strength, and benefit

Our intent is to present materials and activities that are respectful of diversity: gender, sexuality, ability, age, socio-economic status, ethnicity, race, and culture. Your suggestions are encouraged and appreciated. In a constructive way, please let us know how we might improve the effectiveness of the course for you personally or for other students or student groups.

TAKING CARE OF MYSELF

Being a student can be stressful! Please take care of yourself – eat well, exercise, get enough sleep, take some time to relax, and talk to someone if you're feeling overwhelmed. This will help you achieve your goals and cope with stress. You are not alone – all of us benefit from support during times of struggle.

Social Life, Friends, & Community at UVic: Having a social network is an extremely important foundation for positive mental health. There are lots of benefits to joining clubs, course unions, intramurals, and teams on campus. https://www.uvic.ca/mentalhealth/undergraduate/connecting/index.php

Counselling Services: Counselling Services can help you make the most of your university experience. They offer free, professional, confidential, inclusive support to currently registered UVic students. www.uvic.ca/services/counselling/

Health Services: University Health Services (UHS) provides a full-service primary health clinic for students and coordinates healthy student and campus initiatives: www.uvic.ca/services/health/

Centre for Accessible Learning: The CAL staff are available by appointment to assess specific needs, provide referrals and arrange appropriate accommodations. The sooner you let us know your needs, the quicker we can assist you in achieving your learning goals in this course: www.uvic.ca/services/cal/

Elders' Voices: The Office of Indigenous Academic and Community Engagement (IACE) has the privilege of assembling a group of Elders from local communities to guide students, staff, faculty, and administration in Indigenous ways of knowing and being: www.uvic.ca/services/indigenous/students/programming/elders/

Mental Health Supports and Services: Mental health supports and services are available to students from all areas of the UVic community: www.uvic.ca/mentalhealth/undergraduate/

Sexualized Violence Prevention and Response at UVic: The University of Victoria takes sexualized violence seriously and has standards for what is considered acceptable behaviour. We encourage students to learn more about how the university defines sexualized violence and its overall approach by visiting: www.uvic.ca/svp

If you or someone you know has been impacted by sexualized violence and needs information, advice, or support please contact the sexualized violence resource office in Equity and Human Rights (EQHR).

Whether or not you have been directly impacted, if you want to take part in the important prevention work taking place on campus, you can also reach out to the Sexualized violence resource office in EQHR, Sedgewick C119; Phone: 250.721.8021; Email: svpcoordinator@uvic.ca
Web: www.uvic.ca/svp

IMPORTANT UVIC COURSE POLICY INFORMATION

Prerequisites: Students who remain in courses for which they do not have the prerequisites do so at their own risk. Students who complete courses without prerequisites ARE NOT exempt from having to complete the prerequisite course(s) if such courses are required for the degree program.

Program Requirements: For more information see the UVic Calendar September 2021: https://www.uvic.ca/calendar//future/undergrad/index.php#/content/5db888a563f365001a66a44b

Registration Status: Students are responsible for verifying their registration status. Registration status may be verified using *My Page, View Schedule*. Course adds and drops will not be processed after the deadlines set out in the current UVic Calendar.

Commitment to Inclusivity and Diversity: The University of Victoria is committed to promoting, providing, and protecting a positive and supportive and safe learning and working environment for all its members.

In the Event of Illness, Accident or Family Affliction

- What to do if you miss the final exam scheduled during the formal exam period
  - Apply at Records Services for a "*Request for Academic Concession,*" normally within 10 working days of the date of the exam. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student's academic record.
  - OR, you can download the *Request for Academic Concession form* here: http://www.uvic.ca/registrar/assets/docs/record-forms/rac.pdf

- What to do if you miss an exam other than one scheduled during the formal exam period
  - Do not apply at Records Services for a "Request for Academic Concession." Instead, submit documentation of the illness, accident, or family affliction directly to your course instructor (or designated teaching assistant).

- What to do if you require additional time to complete course requirements
  - Apply at Records Services for a "*Request for Academic Concession,*" normally within 10 working days of the end of the course. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student's academic record.
  - OR, you can download the *Request for Academic Concession form* here: http://www.uvic.ca/registrar/assets/docs/record-forms/rac.pdf

Policy on Academic Integrity including Plagiarism and Cheating: The Department of Psychology fully endorses and intends to enforce rigorously the Senate Policy on academic integrity (click on "Undergraduate Academic Regulations" and then click on "Policy on Academic Integrity"): https://www.uvic.ca/calendar//future/undergrad/index.php#/policies

It is of utmost importance that students who do their work honestly be protected from those who do not. Because this policy is in place to ensure that students carry out and benefit from the learning activities assigned in each course, it is expected that students will cooperate in its implementation.

The offences defined by the policy can be summarized briefly as follows:

1. **Plagiarism**. You must make sure the work you submit is your work and not someone else's. There are proper procedures for citing the works of others. The student is responsible for being aware of and using these procedures.

2. **Unauthorized Use of an Editor**. The use of an editor is prohibited unless the instructor grants explicit written authorization.
3. **Multiple Submission**. Only under exceptional circumstances may a work submitted to fulfill an academic requirement be used to satisfy another similar requirement. The student is responsible for clarifying this with the instructor(s) involved.
4. **Falsifying Materials Subject to Academic Evaluation**. This includes falsification of data, use of commercially prepared essays, using information from the Internet without proper citation, citing sources from which material is not actually obtained, etc.
5. **Cheating on Assignments, Tests, and Examinations**. You may not copy the work of others in or out of class; you may not give your work to others for the purpose of copying; you may not use unauthorized material or equipment during examinations or tests; and you may not impersonate or allow yourself to be impersonated by another at an examination. The Department of Psychology has a policy of not making old examinations available for study purposes. Therefore, use of old exams without the express written permission of the instructor constitutes cheating by the user, and abetting of cheating by the person who provided the exam.
6. **Being an Accessory to Offences**. This means that helping another student to cheat (for instance, by showing or communicating to them answers to an assignment, or by allowing them to view answers on an exam) is an academic offence.

Instructors are expected to make every effort to prevent cheating and plagiarism. This may include:

- the assignment of seating for examinations,
- asking students to move during examinations,
- requests to see student identification cards,
- and other measures as appropriate.

Instructors also have available to them a variety of tools and procedures to check for Internet and electronic media-based cheating. In instances of suspected or actual plagiarism or cheating, instructors, following prescribed procedures, are authorized to take steps consistent with the degree of the offence.

- These measures will range from a zero on the test or assignment or a failing grade for the course, probation within a program to temporary or even permanent suspension from the University. Rights of Appeal are described in the Policy on Academic Integrity in the University calendar.

The definitive source for information on Academic Integrity is the University Calendar (Click on "Policy on Academic Integrity"): https://www.uvic.ca/calendar//future/undergrad/index.php#/policies

Other useful resources on Plagiarism and Cheating include:
1. The Study Solutions Office: https://onlineacademiccommunity.uvic.ca/lap/studysolutions/

2. The Ombudsperson's office: https://uvicombudsperson.ca/tips/plagiarism/
The Office of the Ombudsperson is an independent and impartial resource to assist with the fair resolution of student issues. A confidential consultation can help you understand your rights and responsibilities. The Ombudsperson can also clarify information, help navigate procedures, assist with problem-solving, facilitate communication, provide feedback on an appeal, investigate, and make recommendations.
Phone: 250-721-8357
Email: ombuddy@uvic.ca
Web: uvicombudsperson.ca

3. UVic Library Resources: http://www.uvic.ca/library/research/citation/plagiarism/

4. Dr. Mitchell of the UVic English Department:
http://web.uvic.ca/~amitch/teaching_files/Avoiding%20Plagiarism.pdf

Grading: The table below shows the official grading system used by UVic instructors in arriving at final assessments of student performance. For more details (Click on "Undergraduate Academic Regulations" and then click on "Grading"): https://www.uvic.ca/calendar//future/undergrad/index.php#/policies

Grade	Percentage	Description
A+ A A-	90 - 100 85 - 89 80 - 84	Earned by work which is technically superior, shows mastery of the subject matter, and in the case of an A+ offers original insight and/or goes beyond course expectations. Normally achieved by a minority of students.
B+ B B-	77 - 79 73 - 76 70 - 72	Earned by work that indicates a good comprehension of the course material, a good command of the skills needed to work with the course material, and the student's full engagement with the course requirements and activities. A B+ represents a more complex understanding and/or application of the course material.
C+ C	65 - 69 60 - 64	Earned by work that indicates an adequate comprehension of the course material and the skills needed to work with the course material and that indicates the student has met the basic requirements for completing assigned work and/or participating in class activities.
D	50 - 59	Earned by work that indicates minimal command of the course materials and/or minimal participation in class activities that is worthy of course credit toward the degree.

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