Course Description and Objectives

This is an introduction to concepts, theories and research findings of modern psychology. In this class we will focus on the topics of human intelligence, personality, child and adult development, health and wellness, social relations as well as psychological disorders and psychological treatment. At the completion of this course, you should have a basic understanding of the main fields, finding and methods of modern scientific research; furthermore, you will have an understanding of ways in which psychological principals help people to lead healthier, better lives.

Please note that both PSYCH 100A and PSYCH 100B are required should you wish to take any further courses in Psychology at the University of Victoria. If you wish to take this course without having completed PSYCH 100A, however, it will NOT affect your understanding of course content.

Students are responsible for checking their registration status before the end of the add period (Sept. 22nd). Students will not be added after this deadline. The last day for withdrawing from first-term courses without penalty of failure is October 31st.

Required Materials


The text can be purchased as a book, loose-leaf pages for a binder, or e-book.

Clickers will NOT be used in this course and the study guide is optional.
Course Website: The Psych 100B Website will be accessible through the UVIC CourseSpaces system. This site includes an online copy of the course outline, posted lecture notes, assignments, announcements, and other course information. You can access CourseSpaces using your Netlink ID. Lecture slides will be posted by Noon (12:00 pm) the day of class.

Basis of Student Evaluation (Weighting)

<table>
<thead>
<tr>
<th>Basis of Evaluation</th>
<th>Weighting</th>
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<tbody>
<tr>
<td>Mid-Term #1</td>
<td>30%</td>
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<tr>
<td>Mid-Term #2</td>
<td>30%</td>
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<tr>
<td>Mid-Term #3</td>
<td>15%</td>
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<tr>
<td>Short Assignments (3 in total) or Group Presentation</td>
<td>15%</td>
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<tr>
<td>Participation</td>
<td>10%</td>
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Tests (75% course grade):

There will be three mid-terms in this course. The first exam will cover Chapters 5, 10, & 11 (30%), the second exam will cover Chapters 12, 13, & 14 (30%), and the third exam will cover Chapters 15 & 16 (15%). All exams are based on information from the lectures and textbook. These exams will consist of multiple choice and short answer questions. Grades will be posted on CourseSpaces following each midterm.

Completion of all three exams is an essential requirement for this course. Students who do not complete all three exams will receive an “N” grade.

Policy on missed exams: MAKE-UP TESTS WILL ONLY BE ALLOWED IN EXTREME CONDITIONS (i.e., ILLNESS, ACCIDENT, OR FAMILY AFFLICTION) WITH PROPER DOCUMENTATION. YOU MUST CONTACT THE INSTRUCTOR, AND PROVIDE DOCUMENTATION, WITHIN 7 DAYS OF THE MISSED TEST DATE TO BE ELIGIBLE FOR THE MAKE-UP TEST. If documentation is approved by the instructor, then the make-up examination will be scheduled during the departmental make-up exam period (typically held Friday afternoon).

Please contact the Resource Centre for Students with a Disability (RCSD; http://www.rcsd.uvic.ca) if there might be any special circumstances that interfere with your ability to reach your potential in this course.

Short Assignments or Group Presentation (15% of course grade):

Students will choose one of the following options.

1. 3 Short Written Assignments: Students will have an opportunity to complete 3 short papers from 4 assigned throughout the semester (each assignment is worth 5%). Students are encouraged to complete all 4 assignments, however, only the highest three grades will automatically be assigned during the grading process. A detailed description of the assignment options and instructions will be provided on CourseSpaces. Due in class on September 26th (Assignment #1), October 17th (Assignment #2), October 31st (Assignment 3#), and November 21st (Assignment #4).

2. 1 Group Project: Students will have the opportunity to work in teams of 3 to 4 students and make a group presentation on a contemporary issue in Psychology (worth 15%). Presentation details will be discussed in class and guidelines will be provided. Groups will be arranged by September 26th. Topics will need to be approved by the Instructor.
NO LATE WORK WILL BE ACCEPTED. PLEASE SCHEDULE YOUR TIME TO MEET ALL DUE DATES.

Participation (10%):
Throughout the semester, you will be invited to participate in class activities as well as answer open-ended questions, discuss with peers, or reflect on some of the material presented in lecture. These activities will help engage students as a means of clarifying concepts and conveying the relevance certain topics have to one’s own life. Class time will be set aside for these activities and short written responses will be completed in class and graded as satisfactory or unsatisfactory. There will be at least one or two of these assignments each week and in order to receive the full 10% you need to participate in at least 80% of these assignments. There will be no opportunities to make up these points as you as you can occasionally miss a class and still receive the full 10%.

Bonus (Optional Research Participation)
Students in this course may earn up to 5% of extra credit towards their final grade by participating in research studies conducted in the Department of Psychology (see CourseSpaces for details).

Grading System
Effective May 1, 2014, the letter grading system previously used at UVic was discontinued. Your final grade will be a straight percentage. Your final grade will be rounded at the 0.5% level (e.g., 74.50 will be rounded to 75; 74.49 will be rounded to 74).

Psychology 100B TIMETABLE

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Required Readings</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sept 7th</td>
<td>Introduction</td>
<td></td>
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<tr>
<td>Sept 12th, 14th, &amp; 19th</td>
<td>Developing Through the Life Span</td>
<td>Chapter 5</td>
</tr>
<tr>
<td>Sept 21st &amp; 26th</td>
<td>Intelligence</td>
<td>Chapter 10</td>
</tr>
<tr>
<td>Sept 28th &amp; Oct 3rd</td>
<td>What Drives Us: Hunger, Sex, Friendship, and Achievement</td>
<td>Chapter 11</td>
</tr>
<tr>
<td>October 5th</td>
<td>**Mid-Term #1: Chapters 5, 10, 11 plus Lecture Material</td>
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</tr>
<tr>
<td>Oct 10th, 12th &amp; 17th</td>
<td>Emotions, Stress, and Health</td>
<td>Chapter 12</td>
</tr>
<tr>
<td>Oct 19th, 24th, &amp; 26th</td>
<td>Social Psychology</td>
<td>Chapter 13</td>
</tr>
<tr>
<td>Oct 31st &amp; Nov 2nd</td>
<td>Personality</td>
<td>Chapter 14</td>
</tr>
<tr>
<td>November 7th</td>
<td>**Mid-Term #2: Chapters 12, 13, 14 plus Lecture Material</td>
<td></td>
</tr>
<tr>
<td>Nov 9th, 16th, &amp; 21st</td>
<td>Psychological Disorders</td>
<td>Chapter 15</td>
</tr>
<tr>
<td>Reminder: Nov 14th</td>
<td>Reading Break – No Class</td>
<td></td>
</tr>
<tr>
<td>Nov 23rd &amp; 28th</td>
<td>Therapy</td>
<td>Chapter 16</td>
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<tr>
<td>November 30th</td>
<td>**Mid-Term #3: Chapter 15 &amp; 16)</td>
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</tbody>
</table>

**Note: This schedule is tentative and any changes will be discussed in class and posted on CourseSpaces.**
Prerequisites

Students who remain in courses for which they do not have the prerequisites do so at their own risk. Students who complete courses without prerequisites ARE NOT exempt from having to complete the prerequisite course(s) if such courses are required for the degree program.

Program Requirements

For more information see pages 308-313 of the UVic Calendar September 2017.

Registration Status

Students are responsible for verifying their registration status. Registration status may be verified using My Page, View Schedule. Course adds and drops will not be processed after the deadlines set out in the current UVic Calendar.

Commitment to Inclusivity and Diversity

The University of Victoria is committed to promoting, providing and protecting a positive and supportive and safe learning and working environment for all its members.

In the Event of Illness, Accident or Family Affliction (See UVic Calendar, September 2017, p. 49-51)

- **What to do if you miss the final exam scheduled during the formal exam period**

Apply at Records Services for a “Request for Academic Concession”, normally within 10 working days of the date of the exam. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student’s academic record.

OR, you can download the Request for Academic Concession form here:
[http://www.uvic.ca/registrar/assets/docs/record-forms/rac.pdf](http://www.uvic.ca/registrar/assets/docs/record-forms/rac.pdf)

- **What to do if you miss an exam other than one scheduled during the formal exam period**

Do not apply at Records Services for a “Request for Academic Concession”. Instead submit documentation of the illness, accident or family affliction directly to your course instructor (or designated teaching assistant).

- **What to do if you require additional time to complete course requirements**

Apply at Records Services for a “Request for Academic Concession”, normally within 10 working days of the end of the course. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student’s academic record.

OR, you can download the Request for Academic Concession form here:
[http://www.uvic.ca/registrar/assets/docs/record-forms/rac.pdf](http://www.uvic.ca/registrar/assets/docs/record-forms/rac.pdf)
Policy on Academic Integrity including Plagiarism and Cheating

The Department of Psychology fully endorses and intends to enforce rigorously the Senate Policy on Academic Integrity [http://web.uvic.ca/calendar2017-09/undergrad/info/regulations/academic-integrity.html](http://web.uvic.ca/calendar2017-09/undergrad/info/regulations/academic-integrity.html), p. 46-48, UVic Calendar September 2017). It is of utmost importance that students who do their work honestly be protected from those who do not. Because this policy is in place to ensure that students carry out and benefit from the learning activities assigned in each course, it is expected that students will cooperate in its implementation.

The offences defined by the policy can be summarized briefly as follows:

1. **Plagiarism.** You must make sure that the work you submit is your work and not someone else's. There are proper procedures for citing the works of others. The student is responsible for being aware of and using these procedures.

2. **Unauthorized Use of an Editor.** The use of an editor is prohibited unless the instructor grants explicit written authorization.

3. **Multiple Submission.** Only under exceptional circumstances may a work submitted to fulfill an academic requirement be used to satisfy another similar requirement. The student is responsible for clarifying this with the instructor(s) involved.

4. **Falsifying Materials Subject to Academic Evaluation.** This includes falsification of data, use of commercially prepared essays, using information from the Internet without proper citation, citing sources from which material is not actually obtained, etc.

5. **Cheating on Assignments, Tests, and Examinations.** You may not copy the work of others in or out of class; you may not give your work to others for the purpose of copying; you may not use unauthorized material or equipment during examinations or tests; and you may not impersonate or allow yourself to be impersonated by another at an examination. The Department of Psychology has a policy of not making old examinations available for study purposes. Therefore, use of old exams without the express written permission of the instructor constitutes cheating by the user, and abetting of cheating by the person who provided the exam.

6. **Being an Accessory to Offences.** This means that helping another student to cheat (for instance, by showing or communicating to them answers to an assignment, or by allowing them to view answers on an exam) is an academic offence.

Instructors are expected to make every effort to prevent cheating and plagiarism. This may include the assignment of seating for examinations, asking students to move during examinations, requests to see student identification cards, and other measures as appropriate. Instructors also have available to them a variety of tools and procedures to check for Internet and electronic media-based cheating. In instances of suspected or actual plagiarism or cheating, instructors, following prescribed procedures, are authorized to take steps consistent with the degree of the offence. These measures will range from a zero on the test or assignment or a failing grade for the course, probation within a program to temporary or even permanent suspension from the University.

Rights of Appeal are described in the Policy on Academic Integrity in the University calendar (on p. 47 in September 2017).

The definitive source for information on Academic Integrity is the University Calendar (p. 46-48 in September 2017) [http://web.uvic.ca/calendar2017-09/undergrad/info/regulations/academic-integrity.html](http://web.uvic.ca/calendar2017-09/undergrad/info/regulations/academic-integrity.html)

Other useful resources on Plagiarism and Cheating include:

1. The Study Solutions Office: [https://www.uvic.ca/services/counselling/success/study/index.php](https://www.uvic.ca/services/counselling/success/study/index.php)
2. The Ombudsperson's office: [http://www.uvss.uvic.ca/ombudsperson/pubsguides/plagiarism.pdf](http://www.uvss.uvic.ca/ombudsperson/pubsguides/plagiarism.pdf)