Psychology 431K (A01): Psychology of Friendship
Fall 2023, CRN 13011
Time: Mondays and Thursdays, 1:00 – 2:20 pm
Location: David Strong Building C130

We acknowledge and respect the Lekwungen peoples on whose traditional territory the university stands and the Songhees, Esquimalt and WSÁNEĆ peoples whose historical relationships with the land continue to this day.

CONTACT INFORMATION
Instructor: Dr. Kelci Harris (she/her)
Office Hours: Wednesdays, 2:00 – 3:00 pm or by appointment
Office: Cornett Building A275
Email: kelciharris@uvic.ca

“IT’S IN THE SYLLABUS.”: AN OUTLINE
Within this syllabus, you will find all sorts of information that will help you prepare for and succeed in this course. Here is a short list with what is included:

1. Contact Information: Page 1
2. Course Description: Page 1
3. Learning Outcomes: Page 1
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COURSE DESCRIPTION
An in-depth examination of social psychological research, methods, and theory on friendships. Topics include friendship formation, maintenance, and dissolution, commitment and interdependence.

LEARNING OUTCOMES
At the end of this course, you should be able to do the following:

- Read, reflect, and discuss a variety of primary and secondary sources on relationship science and friendship
• Actively engage in ongoing scientific conversations by expressing your opinions and analyses of psychological theories and empirical findings effectively, both orally and in writing
• Examine the meaning, purpose, form and function of friendships from a lifespan approach
• Produce a research proposal representative of a grant or fellowship application in the social sciences
• Communicate the science of friendship in clear and accessible language
• Think critically about your own friendships

COURSE POLICIES

Respect for Diversity
It is my intent that students from all kinds of diverse backgrounds and perspectives will be well-served by this course, that students’ learning needs will be addressed both in and out of class, and that the diversity that students bring to this class will be viewed as a resource, strength, and benefit. It is my intent to present materials and activities that are respectful of diversity: gender, sexuality, disability, age, body size, socio-economic status, ethnicity, race, and culture. Your suggestions are encouraged and appreciated. Please let me know ways to improve the effectiveness of the course for you personally or for other students or student groups. In addition, if any of our class meetings conflict with your religious or cultural events, please let me know so that we can make arrangements for you.

Email Policy
I will respond to emails within 2 business days of receiving them. I cannot guarantee that I will be checking email on weekends, so for a prompter response, catch me during business hours. To make our email correspondence as seamless as possible make sure to take the following steps:

1. Check the syllabus and Brightspace first for questions about course procedures, assignments, and due dates.
2. Include the course number (PSYC 491) in the subject line, otherwise it might get filtered to spam.
3. Keep your question simple (i.e. the answer will not require over 2-4 sentences).
4. Come to office hours for more complex questions and concerns.

Required Texts and Media
There is no textbook for this class. Each week, you are required to read chapters, journal articles, and op-eds. Occasionally you will need listen to a radio broadcast, podcast, or watch a video. A complete reading and media list will be made available on Brightspace. Most of the journal articles can be located through the UVic Library. Chapters will be posted on
Brightspace, but can also be found through the UVic Library. If you have trouble reading the journal articles, please see me for guidance.

**Prerequisites**
The pre-requisite for this course is a passing grade in PSYC 300A, PSYC 300B (this may be a co-requisite), PSYC 375 and at least one of the following: PSYC330, PSYC 385, PSYC386, or PSYC387. Students will only be admitted without these pre-requisites at the discretion of the Psychology Undergraduate Advisor. Students who remain in courses for which they do not have the prerequisites do so at their own risk. Students who complete courses without prerequisites are not exempt from having to complete the prerequisite course(s) at some later time if such courses are required for the degree program. Students are responsible for checking their registration status by the add/drop deadlines.

**Netiquette (adapted from Dr. Michael Stevenson, University of Southern Maine):**
Our discussions may lead to debate and disagreement, which is a great way to foster critical thinking; however, it is vital that you respect the ideas of others. Please be careful and considerate in all of your communications. Carefully consider what you are saying and remember that your readers (fellow students and instructor) might not infer your intent. These are a few suggestions:

- Take a moment to re-read everything you write--assume that it will be taken in the worst possible light (doing so will also provide you the opportunity to correct typos and other errors).
- Extend courtesy to others--assume the most charitable light possible.
- Keep in mind that online mediums are poor at conveying tone. What was intended as a joke or irony may not always be read as such. If you aren’t sure how something will come across, ask someone else to read it over and give you feedback.
- Please avoid typing in all caps when posting messages to either myself or your peers.

### EVALUATION AND GRADING POLICY

<table>
<thead>
<tr>
<th>Evaluation</th>
<th>Date</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Presence: Participation</td>
<td>Throughout semester</td>
<td>10%</td>
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<tr>
<td>Presence: Thought Questions</td>
<td>Sundays @ 12pm, Wednesdays @ 12pm</td>
<td>10%</td>
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<tr>
<td>Discussion Leading</td>
<td>Three times during the semester</td>
<td>10%</td>
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<tr>
<td>Reflections</td>
<td>September 18, October 16, November 2, December 4</td>
<td>15%</td>
</tr>
<tr>
<td>Research Proposal: Annotated References</td>
<td>October 5</td>
<td>15%</td>
</tr>
<tr>
<td>Research Proposal: Paper</td>
<td>Draft: October 23 for Peer Review</td>
<td>20%</td>
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</table>
Details about the discussions, papers, and presentations will be given in class. Discussion topics will be assigned. Paper topics will be approved by the instructor.

**Grades**
In determining your final letter grade, the final percentage is rounded such that marks ending in 0.49 or lower are rounded down and marks ending in 0.50 and up are rounded up. For example, 79.43 is rounded to 79 and 79.55 is rounded to 80. The following grading scale will be used:

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<thead>
<tr>
<th>Grade</th>
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<tr>
<td>A+</td>
<td>90-100</td>
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<tr>
<td>A</td>
<td>85-89</td>
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<tr>
<td>A-</td>
<td>80-84</td>
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<tr>
<td>B+</td>
<td>77-79</td>
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<td>B</td>
<td>73-76</td>
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<tr>
<td>B-</td>
<td>70-72</td>
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<td>C+</td>
<td>65-69</td>
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<td>C</td>
<td>60-64</td>
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<td>D</td>
<td>50-59</td>
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<tr>
<td>F</td>
<td>0-49</td>
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**Completing the Course**
Students who have completed the following elements will be considered to have completed the course: annotated bibliography, research proposal and the interview/creative project. Failure to complete one or more of these elements will result in a grade of “N” regardless of the cumulative percentage of all other elements of the course. N is a failing grade and factors into GPA as a value of 0. In accordance with the University's policy on academic concessions, “A student who completes all course requirements is not eligible for an academic concession”. Consequently, students can only request deferrals for the completion of required course components and not for non-essential course components.

**ASSIGNMENT DESCRIPTIONS**
1. **Presence (Total: 20%)**
   This is a discussion-based course. Your active presence is essential for making this class work! Attending class and being engaged in class discussions, as well as asking questions that are relevant to the course materials, will be worth a total of 20% of your grade.
   a. **Participation (10%)** During class I will observe your active participation in class discussions. Periodically, the class will be dedicated to participating in activities rather than discussion, and your completion of these activities will inform your participation grade. Because this is a seminar-style course where learning occurs during our time together, your attendance and engagement is key!
   b. **Discussion Questions (10%)** Each week, you are assigned a set of materials (readings, podcasts, videos, and op-eds) and are expected to discuss these in class. It is important you complete the required materials and spend time thinking about
it. Developing questions is a valuable skill for enhancing understanding of the material. Further, developing questions helps to better prepare you to contribute to the class discussion. Your discussion questions should reflect that you have thought critically about what you are reading, and are considering your own insights and counter-arguments, I encourage you to draw connections between psychological theory and real-world applications. Questions should demonstrate an appropriate knowledge of the material (i.e., did you read?) and a depth of thought (i.e. did you think about what you read?). You must submit at least two questions per research article or chapter assigned, and one question for each op-ed or podcast. At least one question per week should be about the research methods in the assigned research articles. Your discussion questions will be marked on a Pass/Fail basis (assume that you received full credit unless I inform you otherwise). You will not submit questions the week you present as a discussion leader. Late questions may not be accepted as contributions to the class discussion. DUE: Sundays and Wednesdays at 12:00 pm PT

2. Discussion Leading (10%)
In addition to participating in class discussion, each student is responsible in leading the class discussion three times. Discussion assignments will be chosen the first day of class. In groups of 5 to 6, you will organize the discussion questions students submit on Sundays and Wednesdays and facilitate discussion on that day’s subject during class. At least one discussion question per day should be focused on the methods of a study. The group is responsible for introducing the class discussion materials with a short summary, and then presenting the associated discussion questions. The slides with the discussion questions should be emailed to me with a description of who did what. During the small group discussion, you will take notes as your group is talking, and then summarize your group’s discussion for the rest of the class. If you must reschedule you should contact me and fellow students in advance to potentially switch days with someone else.

3. Reflections (15%; 5% for each one)
You will write a 500-word, double-spaced reflections in response to the required readings and discussions for 3 of the 4 units: theory, lifespan, development, and context. Each reflection should include responses to two of the discussion questions (addressing separate assigned articles) discussed in class. You can use these 500 words to reflect, question, attack, or defend ideas presented in class. Do not summarize discussion. An excellent reflection links psychological theory (from this class or any other psych class that you have taken) to real-world applications. Substantively, you can incorporate a paragraph about what you liked, didn’t like, or what questions you might still have about the research (i.e., can you identify potential gaps in the literature?). Keeping a notebook separate notebook, Word document, or GoogleDoc to take notes in class and as you’re reading will really help as you prepare your reflections.
DUE: 11:59pm PT on the following dates: September 18, October 16, November 2, December 4

4. Research Proposal (Total: 35%)
One of your term papers and one of your oral presentations will concern a study that you design based on your readings in this course.

a. Annotated References (15%) The annotated reference list project is the first step towards designing your study. Your reference list assignment should begin with a brief paragraph identifying the problem or question you plan to address with your proposed study. You will then conduct a literature search using PsycINFO and prepare an annotated reference list of 5 research articles that will form the theoretical foundation for your research proposal. Your reference list must follow proper APA format and you must attach to your submission electronic copies of the journal articles on your list. Your reference lists will be marked based on adherence to APA style, as well as the breadth and cohesion of your chosen articles, your skill at locating the most important articles/researchers in the field, as well as the clarity and level of detail in your summary or each article (i.e., the annotated part of the project). Additional instructions will be posted on Brightspace.

DUE: October 5th

b. Paper (20%) For this paper you will propose an experiment testing a hypothesis derived from the course content. Your proposal should follow the format of a grant proposal, and thus will include an introduction including a brief review of the relevant literature (based on your annotated bibliography) from earlier in the term) and a description of your hypothesis. You will then describe the methods you plan to use to test your hypothesis and conclude with a very short anticipated results section. You will also include a graphical depiction of your anticipated results. This paper is to be no more or much less than two pages (3/4 inch margins, double-spaced, standard Times New Roman 12pt font). Your title page, graph, and reference list do not count in this page limit. We will talk more about this assignment in class.

Draft Due: October 23 for Peer Review Day
Final Version Due: November 9

5. Interview or Creative Project (20%)
For this project, you have the opportunity to engage creatively with the course material and class discussions we’ve had about friendship. You have two potions for the project format: an interview or a creative product. Whichever route you choose, you will be required to submit a product and a reflection paper on the creation process and how the product relates to the course.

DUE: December 7th
a. **Creative.** For the creative project, you get to be creative! With this option, you have to creatively engage with and represent some of the key concepts about friendship we have read about and discussed in class. You have a good deal of freedom for how you would like to handle this. You could draw a comic, write some poems, write a song, sew a quilt, put on a puppet show. You know your talents better than me; play to your strengths! Your grade on this project will not be graded on its artistic merit, however whatever you produce should be neat and well-constructed. Additional instructions will be posted on Brightspace and discussed in class.

b. **Interview.** One theme of this course is that friendships are subjective experiences that are impacted by our various identities. If you decide to do interviews, you will be exploring those subjective experiences in more depth. For this project, you will interview two people about their friendship experiences. **One person you interview has to be at a different age or in a different life stage than you.** For example, you could interview one of your parents about what their friendships are like in middle age or a younger sibling about what their friendships are like in middle school. **The second person you interview has to have a different social identity than you.** In other words, you need to interview someone of a different gender, sexual orientation, race, ethnicity, or other identity that has some impact on the way they move through the world. You will use these interviews to write a critical reflection on friendship across the lifespan and in context. The interviews should be recorded so that you can 1) use them as references while you’re writing the reflection and 2) submit part of the interview, either as audio or as transcriptions, with your written assignment. Additional instructions will be posted on Brightspace and discussed in class.

### ACCOMMODATIONS

#### Late Assignments
Assignments received after 11:59 p.m. on the due day will receive a deduction of 10% per day. Late work will not be accepted 72 hours after the due date. There will be no exceptions to this policy, except for students who obtain written, verifiable evidence of medical problems or other extreme circumstances, and who inform me of these issues in advance. Emergencies will be handled on a case-by-case basis.

#### Other Accommodations
I will make every effort to accommodate the learning needs of all students enrolled in this course. Students should discuss any specific needs with me as soon as possible (i.e., within the first 5 classes). Some students may wish to consider registration at the Centre for Accessible Learning (formerly RCSD), https://www.uvic.ca/services/cal/onlineservices/register/index.php The CAL staff are available by appointment to assess specific needs, provide referrals and arrange appropriate accommodations.
HOW TO DO WELL IN THIS CLASS

• **Do the readings!** It would be easy to spend the whole course sharing anecdotes about our experiences with our friends. However, for us to have meaningful conversations about the *psychology* of friendship, we’re going to have to engage with the scholarship about friendship presented in the required readings.
  - While you’re reading, try to link the readings with things you’ve seen and experienced in your own life. Not only will that make the readings more engaging, but it will also help you remember what you read.
  - Take notes and write down questions as you read.
  - Try to write your own version of an abstract for the chapter/article.

• **Be engaged in discussion!** This is a discussion-based class. Discussion is a great opportunity to improve your understanding of the class materials. Practice your active listening skills as you hear from your classmates about their ideas and experiences. Bounce your own ideas off of your group members. These conversations will help bring the readings to life and clarify your ideas, which will ultimately help you learn the material more deeply.

• **Polish your writing!** There are several opportunities to practice your written communication in this course, from unit reflection papers to the research proposal to the final application paper. Clear, concise writing will be key to getting the best grade possible.
  - Here is a helpful resource for APA style: [https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_formatting_and_style_guide/general_format.html](https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_formatting_and_style_guide/general_format.html)
  - Once again, if you want some extra help, you can pay a visit to the Center for Academic Communication ([https://www.uvic.ca/learningandteaching/cac/](https://www.uvic.ca/learningandteaching/cac/)).

EARNING BONUS CREDIT

You have a few options for earning up to 2% bonus credit in this course. You can participate in research on SONA, write research summaries, attend EQHR training, or pay a visit to the Centre for Academic Communication.

*Research Participation*

Experiential learning is considered an integral part of the undergraduate program in Psychology. Participation in research is one example of this. A number of undergraduate courses have been expanded to include opportunities for Psychology students to volunteer as research participants enabling them to learn first-hand about psychology research and related concepts. Many students report that participation in research is both an educational and interesting experience.
Because experiential learning is highly valued in the Department of Psychology and in this course, student participants may earn up to 2% in bonus credits in PSYC 491 by participating in Psychology studies conducted by students and faculty in the Department of Psychology. Each 30 minutes of participation will earn .5 SONA participation credit. Thus, to earn the full 2% for Bonus Research Participation in PSYC 491, students need to earn two (2) SONA participation credits. Researchers will record students’ participation and will advise the course instructor of the total SONA credits earned by each student at the end of the term. Students who do not wish to participate in research may choose an alternative approach to completing this assignment; this is explained below in “Alternative to participating in research”.

Please note that all Psychology studies have undergone prior ethics review and clearance through the Office of Research Ethics.

To maximize the educational benefits of participating in research, students will receive feedback information following their participation in each study detailing the following elements:

- Purpose or objectives of the study
- Dependent and independent variables
- Expected results
- References for at least two related research articles
- Provisions to ensure confidentiality of data
- Contact information of the researcher should the student have further questions about the study
- Contact information for the Director of the Office of Research Ethics should the student wish to learn more about the general ethical issues surrounding research with human participants, or specific questions or concerns about the study in which she/he participated.

**How do I sign up?**

For details on participating in research studies, go to the Department of Psychology web site (web.uvic.ca/psyc), click on the Research link near the top of the page, then click on the Participant Pool link at the left of the new page to see instructions for participating in the system. You must be sure to assign your credits to this course (and this section of the course) no later than the last day of class, otherwise you will not receive extra credit in this course.

**When should I sign up?**

Right away, the sooner the better!!! You should try to spread your participation out over the term, if you wait until the last possible day then there may not be studies available to you. The last day to participate for credit is the last day of term, December 2.
Where can I get more information, instructions, help with login problems etc?
Research Participation Coordinator: p100res@uvic.ca
SONA system website: http://uvic.sona-systems.com

Research Summary
Students are not required to participate in research, and not all students wish to do so. As an alternative to participation in research, students may submit short summaries (1 page double spaced, 12 pt. times New Roman font, 1 inch margins) of journal articles from a specified journal (see below). Each article review counts as one percentage point and will be marked on a pass/fail basis. To receive credit, you must follow specific guidelines. The review must:

- Be submitted on Brightspace by noon on December 2th. Late submissions will not be accepted under any circumstances. E-mail submission will not be accepted
- Be typed using 12 point font, Times New Roman, double spaced, 1 inch margins, no longer or much shorter than one page.
- Be on articles from the following journal: Journal of Social and Personal Relationships.
- Fully identify the title, author(s), source and date of the article. A PDF copy of the article must be attached to your review. Links to an online article do not count!
- Summarize the hypotheses of the research, as well as the methods used to test the hypotheses. Identify the independent and dependent variables. Identify the psychological concepts in the article and indicate the pages in our textbook that discuss the concepts. Finally, critically evaluate the results of the study. Do you agree with their findings? Why or why not? Provide evidence from the text or lecture to support your conclusions.
- Keep a copy of your review in the unlikely event we misplace the original.

Students may complete any combination of a) participation in research or b) article reviews up to a total of 2% bonus credit.

EQHR and Office of Student Life Workshops and Trainings
Another way to earn extra-credit is to participate in any of the EQHR or Office of Student Life workshops and trainings. These workshops and trainings include, but are not limited to the EQHR antiracism series, bystander intervention trainings, and sexual violence prevention and awareness. Part of the goal of this course – and the psychology major, in general – is to help you gain a better understanding of people and their experiences. These trainings are often geared to help you be a better ally and support to people with identities that might differ from your own. They might also give you some tools to support yourself.

Reviewing your writing with the Center for Academic Communication

Everyone’s writing has room for improvement. I invite you to get someone from the Center for Academic Communication to review a draft of one of your writing assignments or your psychobiography, and then revise your draft based on their feedback. If you submit the appointment confirmation, a copy of the feedback they provided, and a paragraph on how you addressed that feedback in your final draft, you can get .5% extra credit.
# Schedule

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<th>Week</th>
<th>Day</th>
<th>Unit</th>
<th>Topic</th>
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<tr>
<td>1</td>
<td>07-Sep</td>
<td>Definitions and Theory</td>
<td>Course Introduction/What is Friendship/Introduce Research Proposal</td>
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<td>2</td>
<td>11-Sep</td>
<td>Monday</td>
<td>Theory</td>
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<td>14-Sep</td>
<td>Thursday</td>
<td>Theory</td>
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<td>3</td>
<td>18-Sep</td>
<td>Monday</td>
<td>Making Friends</td>
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<td></td>
<td>21-Sep</td>
<td>Thursday</td>
<td>Assignment Due: Theory Reflection</td>
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<td>4</td>
<td>25-Sep</td>
<td>Monday</td>
<td>Closeness/Intimacy</td>
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<td></td>
<td>28-Sep</td>
<td>Thursday</td>
<td>Bad Friends and Breakups</td>
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<td>5</td>
<td>02-Oct</td>
<td>Monday</td>
<td>No Class: National Day for Truth and Reconciliation</td>
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<td>05-Oct</td>
<td>Thursday</td>
<td>Assignment Due: Annotated Bibliography</td>
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<td>6</td>
<td>09-Oct</td>
<td>Monday</td>
<td>No Class: Thanksgiving</td>
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<td></td>
<td>12-Oct</td>
<td>Thursday</td>
<td>Lifespan Approach; Introduce Interviews</td>
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<td>7</td>
<td>16-Oct</td>
<td>Monday</td>
<td>Lifespan</td>
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<td></td>
<td>19-Oct</td>
<td>Thursday</td>
<td>Kids and Teens</td>
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<td></td>
<td>23-Oct</td>
<td>Monday</td>
<td>Older Adults</td>
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<td></td>
<td>26-Oct</td>
<td>Thursday</td>
<td>Peer Review</td>
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<td>8</td>
<td>30-Oct</td>
<td>Monday</td>
<td>Adulting</td>
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<td>02-Nov</td>
<td>Thursday</td>
<td>Major Life Events</td>
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<td>9</td>
<td>06-Nov</td>
<td>Monday</td>
<td>Social Media/The Internet/Online Friends</td>
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<td></td>
<td>09-Nov</td>
<td>Thursday</td>
<td>Assignment Due: Lifespan Reflection</td>
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<td>10</td>
<td>13-Nov</td>
<td>Monday</td>
<td>Networks</td>
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<td>16-Nov</td>
<td>Thursday</td>
<td>Work</td>
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<td>11</td>
<td>20-Nov</td>
<td>Monday</td>
<td>Assignment Due: Research Proposal</td>
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<tr>
<td>12</td>
<td>02-Oct</td>
<td>Monday</td>
<td>Romance</td>
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Note: Assignments are due on the specified days. Week 10 and Week 11 have additional comments: Week 10: "No Class: Reading Break"; Week 11: "No Class: Reading Break"; Week 12: "No Class: Reading Break".
Other Dates to Know:
- Tuesday, Sept. 19 - Last day for 100% reduction of first term and full year fees for standard courses 50% of tuition fees will be assessed for courses dropped after this date.
- Friday, Sept. 22 - Last day for adding courses that begin in the first term
- Saturday, Sept. 30 - Last day for paying first term fees without penalty
- Tuesday, Oct. 10 - Last day for 50% reduction of tuition fees for standard courses 100% of tuition fees will be assessed for courses dropped after this date.
- Tuesday, Oct. 21 - Last day for withdrawing from full year and second term courses without penalty of failure
Sexualized Violence Prevention and Response at UVic

UVic takes sexualized violence seriously, and has raised the bar for what is considered acceptable behaviour. We encourage students to learn more about how the university defines sexualized violence and its overall approach by visiting www.uvic.ca/svp. If you or someone you know has been impacted by sexualized violence and needs information, advice, and/or support please contact the sexualized violence resource office in Equity and Human Rights (EQHR). Whether or not you have been directly impacted, if you want to take part in the important prevention work taking place on campus, you can also reach out:

Where: Sexualized violence resource office in EQHR, Sedgewick C119

Phone: 250.721.8021

Email: svpcoordinator@uvic.ca

Web: www.uvic.ca/svp
A note to remind you to take care of yourself. Do your best to maintain a healthy lifestyle this semester by eating well, exercising, getting enough sleep and taking some time to relax. This will help you achieve your goals and cope with stress. All of us benefit from support during times of struggle. You are not alone.

Social Life, Friends, & Community at UVic:
Having a social network is an extremely important foundation for positive mental health. There are lots of benefits to joining clubs, course unions, intramurals and teams on campus.

Counselling Services:
The Student Wellness Centre can help you make the most of your university experience. They offer free professional, confidential, inclusive support to currently registered UVic students. https://www.uvic.ca/student-wellness/contacts/student-wellness-team/index.php#ipn-counsellors

Health Services:
The Student Wellness Centre also provides a full service primary health clinic for students. https://www.uvic.ca/student-wellness/contacts/student-wellness-team/index.php#ipn-physicians

Centre for Accessible Learning:
The CAL staff are available by appointment to assess specific needs, provide referrals and arrange appropriate accommodations www.uvic.ca/services/cal/. The sooner you let us know your needs, the quicker we can assist you in achieving your learning goals in this course.

Elders' Voices:
The Office of Indigenous Academic and Community Engagement (IACE) has the privilege of assembling a group of Elders from local communities to guide students, staff, faculty and administration in Indigenous ways of knowing and being.
www.uvic.ca/services/indigenous/students/programming/elders/

Mental Health Supports and Services:
Mental health supports and services are available to students from all areas of the UVic community: https://www.uvic.ca/student-wellness/wellness-resources/mental-health/
Accessible Learning

The University of Victoria is committed to creating a learning experience that is as accessible as possible. If you are registered with the Centre for Accessible Learning and anticipate or experience any barriers to learning in this course, please feel welcome to discuss your concerns with me. If you are a student with a disability or chronic health condition, you can meet with a CAL advisor to discuss access and accommodations.

Attendance and Absences

Attendance is important. Students are expected to attend all classes in which they are enrolled. Students may be assigned a final grade of N or debarred from writing final examinations if they fail to satisfy a minimum attendance requirement set by the instructor for lectures, laboratories, online course discussions or learning activities, tutorials, or other learning activities set out in the course outline.

Medical documentation for short-term absences is not required (approved by Senate). Students who cannot attend due to illness are asked to notify their instructors immediately. If illness, accident, or family affliction causes a student to miss the final exam or to fail to complete any required assignment/assessment by the end of the term students are required to submit a request for academic concession (see below).

Children and Pets

If you need to bring your children or pet to class, please do not hesitate to do so. It is understood that sometimes this is necessary due to care circumstances. However, please aim to have minimal class disturbance so that student learning is not impacted.

Class Recording and Auto-Captioning Statement

The instructor may record class sessions and those recordings may be made available to all students in the class via Brightspace. If you have questions or concerns regarding class recording and privacy please contact privacyinfo@uvic.ca

Auto-generated captioning may be enabled in this course. Auto-captioning is highly error-prone, especially for specialized terminology and proper names. Students are asked to refer to the audio feed for clarification of any errors. If you find captioning errors that are offensive, please contact your instructor and/or teaching assistant so that they are aware. If you require captions as part of an academic accommodation, please contact CAL.

Commitment to Inclusivity, Diversity, and Respectful Environments in the Classroom and Online

The University of Victoria is committed to providing a positive and supportive and safe learning and working environment for all its members. All members of the university community have the right to this experience and the responsibility to help create such an environment. The University will not tolerate racism, sexualized violence, or any form of discrimination, bullying, or harassment.

Please be advised that, by logging into UVic’s learning systems or interacting with online resources and course-related communication platforms, you are engaging in a University activity.

All interactions within this environment are subject to the university expectations and policies. Any concerns about student conduct may be reviewed and responded to in accordance with the appropriate university policy.

To report concerns about online student conduct: onlineconduct@uvic.ca
Copyright
All course content and materials are made available by instructors for educational purposes and for the exclusive use of students registered in their class. The material is protected under copyright law, even if not marked with ©. Any further use or distribution of materials to others requires the written permission of the instructor, except under fair dealing or another exception in the Copyright Act. Violations may result in disciplinary action under the Resolution of Non-Academic Misconduct Allegations policy (AC1300) or the Academic Integrity Policy, whichever is more appropriate for the situation.

Course Experience Survey (CES)
I value your feedback on this course. Toward the end of term, you will have the opportunity to complete a confidential course experience survey (CES) regarding your learning experience. The survey is vital to providing feedback to the instructor regarding the course and their teaching, as well as to help the department improve the overall program for students in the future. When it is time for you to complete the survey, you will receive an email inviting you to do so. If you do not receive an email invitation, you can go directly to http://ces.uvic.ca. You will need to use your UVic NetLink ID to access the survey, which can be done on your laptop, tablet or mobile device. You will be reminded nearer the time, but please be thinking about this important activity, especially the following three questions, during the course.

1. What strengths did your instructor demonstrate that helped you learn in this course?
2. Please provide specific suggestions as to how the instructor could have helped you learn more effectively.
3. Please provide specific suggestions as to how this course could be improved.

Disclaimer
The above schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances.

Grading
In classes that are based on a percentage grading scheme, the following Undergraduate Grading Scale is used

<table>
<thead>
<tr>
<th>Grade</th>
<th>A+</th>
<th>A</th>
<th>A-</th>
<th>B+</th>
<th>B</th>
<th>B-</th>
<th>C+</th>
<th>C</th>
<th>D</th>
<th>F</th>
</tr>
</thead>
<tbody>
<tr>
<td>Percentage</td>
<td>90-100</td>
<td>85-89</td>
<td>80-84</td>
<td>77-79</td>
<td>73-76</td>
<td>70-72</td>
<td>65-69</td>
<td>60-64</td>
<td>51-59</td>
<td>&lt; 50</td>
</tr>
<tr>
<td>GP Value</td>
<td>9</td>
<td>8</td>
<td>7</td>
<td>6</td>
<td>5</td>
<td>4</td>
<td>3</td>
<td>2</td>
<td>1</td>
<td>0</td>
</tr>
</tbody>
</table>

Rounding is only applied to the final grade and is rounded up at the 0.5% level (e.g., 84.49% is round to 84% and 84.50% is rounded to 85%).

Medical Documentation for absences
No medical documentation for short-term absences is required (Approved by Senate).

If you are seeking a Withdrawal Extenuating Circumstances or an Aegrotat grade, medical documentation may be required if relevant.

Ombudsperson and Academic Concerns
From the course calendar...

Depending on the nature of the academic matter of concern to the student, the order in which the student should normally try to resolve the matter is: first, the course instructor; second, the Chair of the department; third, the Dean of the faculty; and finally, the Senate.

If you are having an academic concern or problem that cannot be resolved with your instructor or the Department Associate Chair, you may wish to consult with the Office of the Ombudsperson (https://uvicombudsperson.ca). Current contact information for the office can be found here https://uvicombudsperson.ca/contact/.

1 Syllabi belong to the department through which the course is administered.
Policy on Academic Integrity including Plagiarism and Cheating

The Department of Psychology fully endorses and intends to enforce rigorously the Senate Policy on Academic Integrity. It is of utmost importance that students who do their work honestly be protected from those who do not. Because this policy is in place to ensure that students carry out and benefit from the learning activities assigned in each course, it is expected that students will cooperate in its implementation.

The offences defined by the policy can be summarized briefly as follows:

1. **Plagiarism.** You must make sure that the work you submit is your work and not someone else's. There are proper procedures for citing the works of others. The student is responsible for being aware of and using these procedures.

2. **Unauthorized Use of an Editor.** The use of an editor is prohibited unless the instructor grants explicit written authorization.

3. **Multiple Submission.** Only under exceptional circumstances may a work submitted to fulfill an academic requirement be used to satisfy another similar requirement. The student is responsible for clarifying this with the instructor(s) involved.

4. **Falsifying Materials Subject to Academic Evaluation.** This includes falsification of data, use of commercially prepared essays, using information from the Internet without proper citation, citing sources from which material is not actually obtained, etc.

5. **Cheating on Assignments, Tests, and Examinations.** You may not copy the work of others in or out of class; you may not give your work to others for the purpose of copying; you may not use unauthorized material or equipment during examinations or tests; and you may not impersonate or allow yourself to be impersonated by another at an examination. The Department of Psychology has a policy of not making old examinations available for study purposes. Therefore, use of old exams without the express written permission of the instructor constitutes cheating by the user, and abetting of cheating by the person who provided the exam.

6. **Aiding Others to Cheat.** It is a violation to help others or attempt to help others to engage in any of the conduct described above.

The use of a generative artificial intelligence (AI) is strictly prohibited in any submitted work (unless expressly endorsed by the instructor as part of an assignment). The Department reserves the right to use AI detectors.

Instructors are expected to make every effort to prevent cheating and plagiarism. This may include the assignment of seating for examinations, asking students to move during examinations, requests to see student identification cards, and other measures as appropriate. Instructors also have available to them a variety of tools and procedures to check for Internet and electronic media-based cheating. In instances of suspected or actual plagiarism or cheating, instructors, following prescribed procedures, are authorized to take steps consistent with the degree of the offence. These measures will range from a zero on the test or assignment or a failing grade for the course, probation within a program to temporary or even permanent suspension from the University.

Rights of Appeal are described in the Policy on Academic Integrity in the University calendar Fall 2023.

The definitive source for information on Academic Integrity is the University Calendar

Other useful resources on Plagiarism and Cheating include:

1. The Ombudsperson’s office: [https://uvicombudsperson.ca/academic-integrity/](https://uvicombudsperson.ca/academic-integrity/)
   The Office of the Ombudsperson is an independent and impartial resource to assist with the fair resolution of student issues. A confidential consultation can help you understand your rights and responsibilities. The Ombudsperson can also clarify information, help navigate procedures, assist with problem-solving, facilitate communication, provide feedback on an appeal, investigate and make recommendations. Phone: 250-721-8357; Email: ombuddy@uvic.ca; Web: [uvicombudsperson.ca](http://uvicombudsperson.ca).


3. UVic Library Document on [Avoiding Plagiarism](http://www.uvic.ca/library/research/citation/plagiarism/)
Prerequisites
Students who remain in courses for which they do not have the prerequisites do so at their own risk. Students who complete courses without prerequisites ARE NOT exempt from having to complete the prerequisite course(s) if such courses are required for the degree program.

Program Requirements
For more information see the UVic Calendar.

Registration Status
Students are responsible for verifying their registration status. Registration status may be verified using My Page, View Schedule. Course adds and drops will not be processed after the deadlines set out in the current UVic Calendar.

Students who do not attend classes must not assume that they have been dropped from a course by an academic unit or an instructor. Courses that are not formally dropped will be given a failing grade, students may be required to withdraw and will be required to pay the tuition fee for the course.

Request for Academic Concessions
Students can apply for academic concessions if their course requirements are affected by (i) unexpected and/or unavoidable circumstances (e.g., illness, family affliction, etc.), or (ii) conflicting responsibilities (e.g., service in the armed forces or first responder, representing the university).

- **Request an in-course extension**
  If you require more time to complete a course requirement or miss a test or midterm exam, then you will need to complete the “In-Course Extension Form” and submit it directly to your course instructor. All course requirements must be completed prior to the submission of final grades.

- **What to do if you miss the final exam scheduled during the formal exam period**
  Apply at Records Services for a “Request for Academic Concession”, normally within 10 working days of the date of the exam. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student’s academic record.

- **What to do if you require additional time to complete course requirements beyond the normal term.**
  Apply at Records Services for a “Request for Academic Concession”, normally within 10 working days of the end of the course. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation. Where a concession is not applied for or where such application is denied, an N grade will be entered on the student’s academic record if the missing work has been deemed required. Note, only required course components may be deferred.

Research Participation Opportunities with the Department of Psychology
The Department of Psychology offers multiple opportunities to participate in research studies over the year. Students are encouraged to learn more about the field of psychology by volunteering in these studies. Information about studies can often be found posted on notice boards around the Department as well as through our Participant Pool webpage at [https://www.uvic.ca/socialsciences-psychology/research/participants/](https://www.uvic.ca/socialsciences-psychology/research/participants/).

Student Support Services
[Learn Anywhere](https://www.uvic.ca/) is the student support portal for a full range of student academic and support services. Services include: Centre for Academic Communication, Math & Stats Assistance Centre, Counselling Services, Health Services, Library, Ombudsperson, and Computer Help Desk.
This classroom is a trans-inclusive space

Please indicate if you have a preferred name and pronoun that you’d like to be used in the classroom. Please e-mail your instructor or your TA if you would like to discuss the climate of this classroom for trans students. Gender neutral bathrooms are available at UVic.

University of Victoria Students’ Society (UVSS)
The UVSS is a social justice based non-profit run by students, for students and is entirely separate from UVic. As an undergrad student, you are already a member! We work on issues affecting students such as affordability, public transit, sexualized violence, sustainability, student employment, and much more. We fund clubs and course unions, and have several advocacy groups. We also have a Food Bank and Free Store, a Peer Support Centre, and run your health and dental plan. We are here to support you, so please reach out to us at uvss.ca!

Academic Important Dates

Fall session – first term (September – December)

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday, Sep 6th</td>
<td>First term classes begin for all faculties</td>
</tr>
<tr>
<td>Tuesday, Sep 19th</td>
<td>Last day for 100% reduction of second term fees for standard courses</td>
</tr>
<tr>
<td>Friday, Sep 22nd</td>
<td>Last day for adding courses that begin in the first term</td>
</tr>
<tr>
<td>Saturday, Sep 30th</td>
<td>Last day for paying first term fees without penalty</td>
</tr>
<tr>
<td>Monday, Oct 2nd</td>
<td>University Closed (National Day for Truth and Reconciliation, Sep 30th)</td>
</tr>
<tr>
<td>Monday, Oct 9th</td>
<td>University Closed (Thanksgiving Day)</td>
</tr>
<tr>
<td>Tuesday, Oct 10th</td>
<td>Last day for 50% reduction of tuition fees for standard courses</td>
</tr>
<tr>
<td>Tuesday, Oct 31st</td>
<td>Last day for withdrawing from first term courses without penalty</td>
</tr>
<tr>
<td>Monday, Nov 13th</td>
<td>University Closed (Remembrance Day, Nov 11th)</td>
</tr>
<tr>
<td>Nov 13th - 15th</td>
<td>Reading Break for all faculties</td>
</tr>
<tr>
<td>Monday, Dec 4th</td>
<td>Last day of classes in first term for all faculties</td>
</tr>
<tr>
<td>Monday, Dec 4th</td>
<td>National Day of Remembrance and Action on Violence Against Women - (Classes and exams cancelled from 11:30am - 12:30pm)</td>
</tr>
<tr>
<td>Thursday, Dec 7th</td>
<td>First-term examinations begin for all faculties</td>
</tr>
<tr>
<td>Wednesday, Dec 20th</td>
<td>First term examinations end for all faculties</td>
</tr>
<tr>
<td>Dec 25th - 31st</td>
<td>University Closed (Winter Break)</td>
</tr>
</tbody>
</table>

Add and drop dates for standard 2023-2024 Winter Session courses

<table>
<thead>
<tr>
<th>Term</th>
<th>Start Date</th>
<th>End Date</th>
<th>100% Fee Reduction</th>
<th>Add Deadline</th>
<th>50% Fee Reduction</th>
<th>Academic Drop no Fee Reduction</th>
</tr>
</thead>
<tbody>
<tr>
<td>First term</td>
<td>Sep 6</td>
<td>Dec 4</td>
<td>Sep 19</td>
<td>Sep 22</td>
<td>Oct 10</td>
<td>Oct 31</td>
</tr>
<tr>
<td>Second term</td>
<td>Jan 8</td>
<td>Apr 8</td>
<td>Jan 21</td>
<td>Jan 24</td>
<td>Feb 11</td>
<td>Feb 29</td>
</tr>
</tbody>
</table>