PSYCHOLOGY 100B (A01)
Introductory Psychology II (Social and Applied Emphasis)

Fall (Sep - Dec) 2018 [201809] (Section A01 Course Number 12764)
Class Time: Duration: Sep 6 (Thursday) – Dec 4 (Tuesday)/ Tuesday & Thursday 6:00 – 7:20 PM
Classroom: DSB C103

Instructor: Dr. Martin Smith COR A270
Office Hours: By appointment
Instructor Email: msmith@uvic.ca
Instructor Phone: (250) 721-8597

Teaching Assistant: Kirsten Quistberg
Office Hours: TBA

Course Content
Welcome to Introductory Psychology! Psychology is an exciting and complex scientific discipline, and it is an essential part of the helping professions as well. The main goal of PSYC 100A and PSYC 100B is to provide an overview of:

• the main areas, findings and methods of modern psychology
• various theoretical perspectives and professional orientations within psychology
• scientific methods of gathering information and forming conclusions from the study of human behaviour and functioning
• psychological principles that serve as a foundation for taking more advanced courses in psychology and related disciplines
• how psychological principles have been used to help people lead better, healthier lives and to solve real world problems
• how to locate and utilize psychological research information

PSYC 100A focuses on the historical, methodological, biological, learning, and cognitive aspects of psychology. PSYC 100B focuses on human intelligence, personality, child and adult development, psychological disorders and psychological treatment. You do not have to continue on to PSYC 100B after you have completed PSYC 100A, but you should be aware that if you wish to take any further courses in Psychology at the University of Victoria you will have to complete PSYC 100B and well as PSYC 100A.

Psychology is a scientific discipline, and as such it requires considerable thought and time to develop an understanding of psychological research and principles. We expect students to complete the assigned reading before each lecture, to attend the lectures and take detailed notes from them, and to spend several hours a week towards mastering the course material.
## PSYC 100B (A01) SCHEDULE

<table>
<thead>
<tr>
<th>Wk</th>
<th>Week Starting Monday:</th>
<th>Reading</th>
<th>Topic</th>
<th>Exams/Notes</th>
<th>Quizzes Due 10:00 PM</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Sep. 3</td>
<td>Course Outline/Ch. 5</td>
<td>Developing Through the Life Span</td>
<td></td>
<td></td>
<td>Note: Because extra “make-up” quizzes and forums (beyond those necessary to receive full marks) are already scheduled, additional make-up quizzes, forums and surveys are not arranged. It is therefore important to submit assignments well before the deadlines (to avoid technical problems) and complete all the quizzes, forums and assignments in the course by the due dates until you have reached the required number (10 quizzes.). See sections below for details.</td>
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<tr>
<td>2</td>
<td>Sep. 10</td>
<td>Ch. 5</td>
<td>Developing Life Span</td>
<td>Q1 (PLQ Ch 5) Mon Sep 10</td>
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<tr>
<td></td>
<td>Ch. 10</td>
<td></td>
<td>Intelligence</td>
<td></td>
<td>Sep. 18 is last day to drop courses and receive 100% of tuition fees.</td>
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<tr>
<td>3</td>
<td>Sep. 17</td>
<td>Ch. 10</td>
<td>Intelligence</td>
<td>Q2 (PLQ Ch 10) Mon Sep 17</td>
<td>Survey 1 Friday Sept 21</td>
<td>Sep. 21 is last day to add courses</td>
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<td></td>
<td>Ch. 11</td>
<td></td>
<td>Hunger, Sex, Friendship, Achievement</td>
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<tr>
<td>4</td>
<td>Sep. 24</td>
<td>Ch. 11</td>
<td>Hunger, Sex, Friendship, Achievement</td>
<td>Q3 (PLQ Ch 11) Mon Sep 24</td>
<td>Clicker points start counting on Tues Sep 25</td>
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<tr>
<td>5</td>
<td>Oct. 1</td>
<td>Ch. 12 (Thursday)</td>
<td>Emotions, Stress and Health</td>
<td>Exam 1 (Tuesday Oct 2) Ch 5, 10, 11 Exams are held in the same room as the classes</td>
<td>Q4 (Pre-exam quiz Ch 5, 10, 11) Monday Oct 1</td>
<td>Oct 9 is last day to drop courses and receive 50% of tuition fees</td>
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<tr>
<td>6</td>
<td>Oct. 8</td>
<td>Ch. 12</td>
<td>Emotions, Health</td>
<td>Q5 (PLQ Ch 12) Mon Oct 8</td>
<td>Survey 2 Friday Oct 12</td>
<td>You must have at least one clicker point showing on your CourseSpaces record by Friday Oct. 19 to receive any clicker points for the term. This is so any clicker issues are cleared up by Oct. 19, not later in the term.</td>
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<tr>
<td></td>
<td>Ch. 13</td>
<td></td>
<td>Social Psychology</td>
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<tr>
<td>7</td>
<td>Oct. 15</td>
<td>Ch. 13</td>
<td>Social Psychology</td>
<td>Q6 (PLQ Ch 13) Mon Oct 15</td>
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<tr>
<td>8</td>
<td>Oct. 22</td>
<td>Ch. 14</td>
<td>Personality</td>
<td>Q7 (PLQ Ch 14) Mon Oct 22</td>
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<tr>
<td>9</td>
<td>Oct. 29</td>
<td>Ch. 14</td>
<td>Personality</td>
<td>Q8 (Pre-exam quiz Ch 12, 13, 14) Mon Oct 29</td>
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<td>Oct 31 is last day to drop courses without penalty of failure</td>
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<tr>
<td>10</td>
<td>Nov. 5</td>
<td>Ch. 15 (Thursday)</td>
<td>Psychological Disorders</td>
<td>Exam 2 (Tuesday Nov. 6) Ch 12,13,14</td>
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<td>Reading Break Nov 12 - 14</td>
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<tr>
<td>11</td>
<td>Nov. 12</td>
<td>Ch. 15</td>
<td>Psychological Disorders</td>
<td></td>
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<tr>
<td>12</td>
<td>Nov. 19</td>
<td>Ch. 15</td>
<td>Psychological Disorders</td>
<td>Q9 (PLQ Ch 15) Mon Nov 19</td>
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<td>13</td>
<td>Nov. 26</td>
<td>Ch. 16</td>
<td>Therapy</td>
<td>Q10 (PLQ Ch 16) Mon Nov 26</td>
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<td>14</td>
<td>Dec. 3</td>
<td>Ch. 16</td>
<td>Therapy</td>
<td>Exam 3 (Tuesday Dec 4) Ch. 15,16</td>
<td>Q11 (Pre-exam quiz Ch 15, 16) Monday Dec 3</td>
<td>December 5 is last day to get Research Bonus Points.</td>
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Note: There is no final exam (in the Final Exam period) for the A01 section PSYC 100B. Exam 3 on Tuesday Dec. 4 is your last exam.
For each week of the course, you should engage in the following activities:

- Complete the assigned reading from the textbook.
- Complete and submit the Online Quizzes, Discussion Forums and Web Surveys
- Attend all lectures, and take notes for study purposes.
- Bring your own iClicker to class, and use it to submit responses to surveys and problems.
- (Optional but recommended): Complete the Study Guide and LaunchPad Study Activities.

UVIC PSYC 100B Graphic Syllabus

Minds Developing, Solving Problems and Wanting Things

Ch 5: Developing Through the Life Span
Ch 10: Intelligence
Ch 11: What Drives Us: Hunger, Sex, Friendship, Achievement

Exam 1 (25%)

The Emotional Mind, Who We Are in a Social World

Ch 12: Emotions, Stress and Health
Ch 13: Social Psychology
Ch 14: Personality

Exam 2 (30%)

What Can Go Wrong and How Can We Fix It

Ch 15: Psychological Disorders
Ch 16: Therapy

Exam 3 (15%)
COURSE COMPONENTS AND GRADING

Exam 1 30%
Exam 2 30%
Exam 3 15%
Online Quizzes 20%
Online Surveys 2%
Clicker Participation 3%
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TOTAL 100%

In addition, there are bonus points for research participation, up to a maximum of 3%. (See later sections of this outline for details.)

<table>
<thead>
<tr>
<th>Mark</th>
<th>Percent</th>
<th>UVIC Scale</th>
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<tbody>
<tr>
<td>A+</td>
<td>90 - 100</td>
<td>9</td>
</tr>
<tr>
<td>A</td>
<td>85 - 89</td>
<td>8</td>
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<tr>
<td>A-</td>
<td>80 - 84</td>
<td>7</td>
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<tr>
<td>B+</td>
<td>77 - 79</td>
<td>6</td>
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<td>B</td>
<td>73 - 76</td>
<td>5</td>
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<tr>
<td>B-</td>
<td>70 - 72</td>
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<td>C+</td>
<td>65 - 69</td>
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<td>C</td>
<td>60 - 64</td>
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<td>D</td>
<td>50 - 59</td>
<td>1</td>
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<tr>
<td>F</td>
<td>0 - 49</td>
<td>0</td>
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</table>

Cutoff Points for Marks
The following is the grading policy of the University of Victoria effective May 1st, 2014.

Although you are expected to complete all course components (Exams, Quizzes, Forums, Clickers, Surveys), you must complete all three exams to receive credit for the course. Students who do not complete all three exams will receive an “N” grade. An “N” is a failing grade.
REQUIRED RESOURCE MATERIAL

• **Textbook:** Myers, D. M., and DeWall, C. N. (2015). *Psychology (11th ed.)* New York: Worth Publishers. You can purchase this required edition of the textbook at the UVIC bookstore, and you should have continuing access to it in order to master the course material. You do not, however, have to bring the textbook to lectures.
• The study guide is included with the text at no extra charge when you purchase it through the UVIC bookstore.
• You have the option to purchase the text in one of three different ways: as a hard cover text, as looseleaf pages to go into a binder, or as an ebook. All three options include access to online resources, including an online version of the text, at the publishers LaunchPad website (see “LaunchPad” section under Course Websites below.

• Student Personal Response System: iClicker 2 (not the original iClicker). The iClicker 2 personal response system is necessary in order for you to participate in PSYC 100 classes (in the A01/A02/A03 sections), and 3% of your final mark is based on that participation. You can purchase the iClicker 2 at the UVIC bookstore, and it will be usable in other courses that use iClicker. Note that iClicker 2 cannot be sold back to the UVIC bookstore just as with textbooks. You will need to have iClicker 2 in PSYC 100, not the original iClicker. Note: **Do not register your clicker at the iclicker.com web site, as UVic instructors will only synchronize their iclicker rosters with the university's own registration system at uvic.ca/iclickerrej** (See the “iClicker registration “section of this course outline for details on registering your iClicker.)

**Textbook, iClicker 2 Purchase, Buyback Inquiries:** Please contact the UVIC Bookstore: [http://www.uvicbookstore.ca/](http://www.uvicbookstore.ca/); phone 250 721-8313; email textbook@uvic.ca

COURSE AND TEXTBOOK WEBSITES

• **Course Website:** The PSYC 100 Website will be accessible through the UVIC CourseSpaces system. This site includes links for emailing course instructors, as well as an online copy of the course outline, posted lecture notes, and other course information and links.

• **Netlink ID:** You will require a valid UVIC Netlink ID to access both the CourseSpaces system and the PSYC 100 CourseSpaces WebPage. To register, go to the Netlink Website at [http://netlink.uvic.ca/](http://netlink.uvic.ca/) and follow the directions there. If you cannot access the PSYC 100 website after receiving your NetLink ID, please contact the Computer Help Desk in Clearihue A004 (helpdesk@uvic.ca; [http://helpdesk.uvic.ca](http://helpdesk.uvic.ca), or at their desks in the Library and Residence, or by phone: (250) 721-7687.

• **CourseSpaces Online Learning System:** To find out how to log into the CourseSpaces online learning system, please go to CourseSpaces. If you need assistance in using CourseSpaces, please view the CourseSpaces Student Orientation Video on the CourseSpaces student site, or email CourseSpacesStudentHelp.

If you contact the Computer Help Desk with problems accessing the PSYC 100 CourseSpaces Website, please indicate that you are having a NetLink or CourseSpaces problem, as almost all problems relating to accessing the PSYC 100 Website are related to issues or instructions involving NetLink or CourseSpaces.
• **Textbook “LaunchPad” Online Study Resources:** You will have received an access code for the Textbook online site along with your paper textbook. If you wish to access the textbook online ("LaunchPad") go to: http://www.macmillanhighered.com/launchpad/myers11e/2437270

PLEASE bookmark the page to make it easy to return to.

- *If you have problems registering, purchasing, or logging in to LaunchPad, do NOT contact the PSYC 100 office until after you have contacted the publisher’s Customer Support. You can reach a representative 24 hours a day, 7 days a week:*
  - through the online form
  - by chat
  - Or from 9 a.m. to 3 a.m. EST, 7 days a week by phone at (800) 936-6899

**PSYC 100 EXAM GUIDELINES**

Exams are a necessity of University life, particularly in large courses such as PSYC 100. We have designed the following guidelines to make writing the exams as smooth, hassle-free and comfortable as possible, and to ensure that appropriate conditions are maintained during the exam.

• You will write three in-class Exams. **You will have to be present to write the exams during the scheduled class period. Be sure not to schedule any trips that overlap with exam dates, and please notify your family not to schedule any trips for you that overlap with the exam dates.**

• 20 - 30% of the exam questions will be based on lecture material; the remainder will be drawn from information in the textbook. Exams will cover only material since the previous exam (*i.e.*, they are *not* cumulative).

• The format of all three exams will be multiple-choice; be sure to bring a soft pencil, an eraser and your valid student photo ID.

• The exams are held in the same classroom as the lectures. We expect your cooperation in sitting in assigned seating and in adhering to exam rules.

• Please exit at the *front* door of the classroom (near where the instructor stands). Do *not* exit at the rear doors (the ones that you came in) for any reason, without the permission of an exam monitor.

• Upon entering the room from the *rear* doors, please proceed towards the front of the classroom and fill in the rows all the way to the walls if in the side sections or right to the middle of the row if in the center section. Please do not sit in the back or middle of the classroom until all of the seats in the front are filled.

• Please do not sit in the seats designed for those who are left-handed (there are two columns of these seats, one on each aisle) unless, of course, you are left-handed.

• Bringing a valid UVIC photo ID to the exams is a course requirement. If you do not present your ID at the exam, you may lose marks, and you also will have to then present your ID for verification to the PSYC office (COR A236) by 4 PM of the next business day following the exam. If you fail to do this, you may be deregistered from the course, or receive an ‘N’ mark (failure due to not completing a course requirement). Also, if you do not fill in the requested information on your computer answer sheet, you may have marks deducted.
• After you enter the examination room, examination conditions are in effect. We do not permit talking or glancing at other papers. If you wear a hat with a brim, please turn it around to face backwards.

• We expect you to comply with all the requests of exam monitors and to follow exam seating instructions. If you fail to do so, you will not be allowed to complete the exam and may be referred for disciplinary action. Cheating and disruptive behaviour during exams are serious academic offenses, and if we find you to be cheating or disruptive, we will refer you for disciplinary action.

• We will post the Exam marks on the PSYC 100 Web Page approximately one week after the exam. It is you who is responsible for checking their accuracy. Please check your exam mark within two weeks of writing the exam or writing the make-up exam. If you do not have an exam mark listed, you may receive an N mark.

• Exam marks are final. Make-up exams are available only for students who do not write the regular exam. If you feel too ill to write an exam, or have other documentable personal exigencies that interfere with your exam performance, you should excuse yourself before writing the exam and submit proper medical documentation as soon as you can in order to be considered eligible to write a make-up exam (as described in the sections below).

• If you miss an exam due to illness, take the following three steps:

  1. Contact the Course Teaching Assistant by email as soon as possible.

  2. When you return from your illness, submit medical documentation to the Course T.A.. Note that you do not have to submit the Request for Academic Concession form if you miss an exam in PSYC 100 since that form applies only to exams that are written in the final exam period, which is not relevant to PSYC 100.

  3. Upon receipt of proper documentation, the Course T.A. will inform you when the make-up exam will be held. You will have to write the make-up exam at the designated time.

• If you miss an exam for medical reasons and have submitted proper documentation, you will have to write the make-up exam on the date scheduled by the T.A.. We schedule make-up exams normally on the Friday afternoon immediately following the day of the missed exam. If you then miss the scheduled make-up exam, you will have to present additional documentation to account for why you missed the make-up exam. For information concerning make-up exams, contact the Course T.A.

• If you miss an exam and fail to contact the Course T.A. within seven days of the exam date or if you fail to submit medical documentation within ten days of the exam date, we will consider you to have not completed a major course requirement and will assign an N mark (failure due to not completing a course requirement) for the course.

• Following an exam, we carefully analyze student responses to the questions, and for any question that we judge to be ambiguous or unclear we may allow more than one alternative answer to be credited as correct.
If you are a student who requires special arrangements for exams (due to a disability) take the following two steps:

1. Complete the Exam Accommodation Request form (available from the Centre for Accessible Learning https://www.uvic.ca/services/cal/) at least two weeks prior to the Exam.

2. Please submit your Exam Accommodation request form for all three exams at the same time.

Note: A referral from the CAL is required in order to receive exam accommodations. See https://www.uvic.ca/services/cal/ for more information.

Concerning Multiple Choice Exams

We base PSYC 100 evaluation largely on multiple-choice exams because of the limited resources available for marking written exam answers from approximately 1000 students. Since PSYC 100 receives only a fraction of the TA and Instructor resources necessary to mark written exam answers, we find it necessary to use a multiple-choice format for exams, which can be accurately marked with fewer resources.

Much research in this area indicates that well constructed multiple-choice exams generally correlate highly with assessments based on other exam formats (such as essay or short-answer questions). This means that we can attain relatively reliable and valid measures of student learning in many large-enrolment courses, including PSYC 100, using multiple-choice formats.

There are several advantages to multiple-choice exams, from your viewpoint. One is that it removes fluency in written language production as a variable in our assessment, so that if you are a non-native speaker, multiple-choice exams might be less difficult for you to display your mastery of the subject matter than essay exams. Another advantage of multiple-choice exams (for you, not the instructors!) is the possibility of guessing the right answer. For example, with multiple-choice items having four alternatives, simple guessing would on average yield 25% of the items being correct! Obviously this would not be the case for essay exams.

A final advantage for students of writing multiple-choice exams relates to career preparation. Standardized exams for entry into graduate or professional schools, such as the Graduate Record Exam [GRE] or the Law School Admission Test [LSAT]) are almost always multiple-choice exams, as are the exams to enter a profession such as the Examination for Professional Practice in Psychology [EPPP]. So it is a good idea to get lots of practice in writing and studying for multiple-choice exams if you plan on having a professional career of any kind. PSYC 100 provides one such opportunity.
Preparing for PSYC 100 Exams

We suggest that you consider the following in preparing for PSYC 100 exams:

- Do all required readings as scheduled in this course outline.
- Attend all lectures and take notes from them.
- Think about the course material in a focused and analytic manner. Try to relate the course material to your life and to other subjects with which you are already familiar.
- Arrange a study schedule for preparing for the exams, and follow it.
- Develop a variety of study skills, and consciously apply the techniques that you believe to be most appropriate for you in studying for PSYC 100 exams.
- If you have any concerns about the effectiveness of your study skills or the degree of your academic preparedness for this course, arrange to take a Learning Skills course at the Counseling Centre early in the Term. They start in mid-September - see http://www.coun.uvic.ca/index.html, and click on Learning Skills.

What if you do poorly on a PSYC 100 exam?

Many students do extremely well on PSYC 100 exams – on most exams there are at least some students who achieve 100%, and there are many who demonstrate knowledge in the “A” range. The PSYC 100 instructors and TA’s would be delighted if all PSYC 100 students achieved their goals in this course, and we want to help you to do this.

If you do less well on a PSYC 100 exam than you would have liked or expected, our advice is:

- Look first at the exam answer key as soon as possible (to see exactly where you lost marks) (COR A250).
- Change your study techniques or upgrade your study skills (see Counselling Centre for advice and workshops).
- Take advantage of opportunities to earn bonus points for research participation in order to improve your final mark.

If you arrange to consult with a PSYC 100 TA or instructor regarding how to improve your exam mark on the next exam, please be prepared to provide the following information to ensure a successful consultation:

- How did you prepare for the last exam? What was your study schedule? What study techniques did you use? (It is useful to provide samples of your study notes and materials).
- Did you attend all lectures and take good notes? (It is useful to provide a sample of your lecture notes).
- Did you do complete the online quizzes? (This is recommended for all students). If not, why not?
- What advice on improving your study techniques did you receive when you consulted with the Counselling Centre? (If you have not consulted with them, you should do so).
- What did you find out when you reviewed the pattern of your exam answers? Can you use this information to help you change your study techniques?
- What specific changes are you planning in your exam preparation for the next exam?
- Have you maximized your research bonus points? If not, why not?

It is our experience that students who carry out the steps outlined above usually improve their marks on subsequent exams. We urge you to be proactive in completing the steps above and in consulting with us as soon as you realize that you are not achieving your academic goals in this course.

ONLINE QUIZZES

Rationale for the Online Quizzes

- You will complete the online Chapter quizzes within PsychPortal. We have designed the Online Chapter Quizzes to give you an added incentive to keep up with your reading in the course and to give you some practice in utilizing and applying the concepts and studies discussed in the textbook. Because it is much easier to start learning the course material well in advance than on the night before the exam, we have arranged for you to complete online quizzes on a regular basis. If your experience matches that of students in previous years, you’ll be pleased that the quizzes helped to motivate and structure your studying.
Completing the Online Quizzes

• CourseSpaces will close the quizzes automatically at the time designed on the schedule. Please make sure you can COMPLETE the quiz by the due time.

• **If you have a problem completing a quiz**, please go to CourseSpaces and read the section on CourseSpaces quizzes and issues there.

• If you have a problem completing a quiz: check with the Computer Help Desk in Clearihue A004 (helpdesk@uvic.ca; http://helpdesk.uvic.ca, or at Computer Help Desks in the Library and Residence, or by phone: (250) 721-7687. It is best if you physically go to the desks with your portable device and show them the problem.

• If you are still stumped, contact the Instructor. But please follow the steps above before you do, as the Computer Helpdesk and CourseSpaces help are more likely to be able to provide immediate assistance.

  *If you contact the Computer Help Desk with problems accessing the PSYC 100 CourseSpaces Website, please indicate that you are having a NetLink or CourseSpaces problem, as almost all problems relating to accessing the PSYC 100 Website are related to issues or instructions involving NetLink or CourseSpaces.*

• You will have eleven quiz opportunities during the semester: These consist of eleven Pre-Lecture Quizzes (PLQs) designed to encourage you to complete the necessary pre-lecture readings. You will only receive marks for the best TEN OUT OF ELEVEN Quizzes that you complete. Your best bet is, of course, to do them all. This will allow the best chance for high marks on eight of the eleven, and will help you to absorb the material for the exams. The worst strategy is to skip the first three quizzes and plan on doing the last eight.

• The ten-out-of-eleven system is designed to give students flexibility in case they have a week where personal or other circumstances keep them from completing the quizzes on time. If you choose to discard your flexibility early in the semester and then something comes up later, you find yourself with no other option than to accept a low (or zero) mark on a quiz.

• You have the opportunity to miss three quizzes and still obtain full marks for the Quiz component in order to provide you with “extra” Quizzes that you can miss in case of illness or personal emergency. **Because the “extra” quizzes are there for this reason, there is not an additional opportunity to do make-up quizzes for illness or other reasons, as the “extra” quizzes are the make-up quizzes.**

• Quizzes are unlike exams in that they are completed online, from anywhere. This means that even if you are not feeling well and are at home, you can likely still complete the quiz.

• **You are strongly advised to complete the quiz at least one day before the due date of the quiz.** That way, you will have time to consult with if you have technical problems with the quiz, or if you get sick the day before the quiz.
**iClicker RATIONALE AND GUIDELINES**

- We will base a small percentage of your final mark (3%) on your in-class participation and performance with the *iClicker* Personal Response System. PSYC 100 utilizes the *iClicker* Personal Response System as a means of encouraging you to attend lectures and to participate in problem solving exercises, to participate in surveys and mini-tests that serve to increase your ongoing engagement and involvement with the course, and to provide you with immediate feedback regarding your understanding of the class material.

- Many recent studies have shown that such personal response systems generally increase students’ engagement and participation in university classes, and thereby provide an incentive for students to keep up with the course material and to attend the lectures.

- To receive clicker participation points, students must bring their own clickers to the Tuesday and Wednesday classes. Clickers are generally not used in the Friday classes.

- Clicker points will be based on participation in classes on the following 17 dates:
  - Sep 25, 27, Oct 4, 9, 11, 16, 18, 23, 25, Nov 1, 6, 8, 15, 20, 22, 27, 29

- Clicker points will be displayed in CourseSpaces Grades referring to the Clicker Class number (CC1; CC2, etc.), not the date, i.e.:
  - Sep 25 (CC1), Sep 27 (CC2), Oct 4 (CC3), Oct 9 (CC4), Oct 11 (CC5), Oct 16 (CC6), Oct 18 (CC7), Oct 23 (CC8), Oct 25 (CC9), Nov 1 (CC10), Nov 6 (CC11), Nov 8 (CC12), Nov 15 (CC13), Nov 20 (CC14), Nov 22 (CC15), Nov 27 (CC16), Nov 29 (CC17),

- If you participate in clicker questions in 80% or more of the above 17 classes (i.e. in 14 or more classes), you will receive the maximum 3% of your final grade.

- If you participate in fewer than 14 classes, you will receive the following percentages:
  - 13 classes: 2.8
  - 12 classes: 2.6
  - 11 classes: 2.4
  - 10 classes: 2.1
  - 9 classes: 1.9
  - 8 classes: 1.7
  - 7 classes: 1.5
  - 6 classes: 1.3
  - 5 classes: 1.1
  - 4 classes: 0.9
  - 3 classes: 0.6
  - 2 classes: 0.4
  - 1 class: 0.2
  - 0 classes: 0

  The level of participation required to receive maximum points is set at 80% of all classes to allow you to not participate for up to four classes (due to illness, sport competitions, low batteries or missing clickers, technical malfunction, etc.) and still receive your maximum clicker points. For this reason, there is not an opportunity to “make up” or prorate clicker points if you do not participate in class.

- It is an academic infraction to use or bring another student’s clicker to class, or to lend your clicker to another student. This will be treated similarly to other academic infractions (such as cheating on an exam) and will be subject to university disciplinary procedures. Please remember that the clickers provide you with an opportunity to enhance your in-class learning, and it is expected you will cooperate in making the system work to help you and your colleagues learn.

- Updated clicker records will generally be posted to the Course CourseSpaces Website (Grade link) within two weeks after Exam 1 and Exam 2. We hope to have your final clicker totals posted on the CourseSpaces Grade link shortly before Exam 3. If you have a question about your clicker points, you should deal with it prior to Exam 3 as the final grades are calculated after Exam 3, and your clicker totals as posted will be used to calculate your final grades.

- **It is important that you check your clicker record by Friday Oct. 19 to make sure that you have at least one clicker point posted, and you are receiving correct credit for your clicker participation.** Only students who have a posted record on CourseSpaces of at least one clicker point by Friday Oct. 19 will be eligible to receive any clicker points for the term. **Students who do not have any posted clicker points by Friday Oct. 19 will receive 0 on their final clicker total (out of 3%) regardless of clicker activity after that date.** This
deadline is in place to ensure that any clicker registration issues are rectified early in the term, and to encourage students to begin their clicker participation as early as possible.

- If you have questions about your clicker points, please contact the Instructor.

**iClicker Registration**

| Note: More detailed information on iClicker registration and other issues is provided at http://elearning.uvic.ca/iclicker/students |

iClickers are a relatively new technology and technical problems do sometimes arise. However, YOU are responsible for resolving these issues in order to receive course points. The resources to solve your clicker problems are available! Start by following these steps:

1. Go to uvic.ca/iclickerreg – sign in with your NetLink credentials and you should be taken directly to the iclicker registration page; or

2. Log into the UVic portal (http://www.uvic.ca/) and click on: My page > Student Services > iClicker

Notes:

- *iClicker* serial numbers do not contain letter O’s, only number 0’s.

- Do **not** register your clicker at the iclicker.com web site, as UVic instructors will only synchronize their iclicker rosters with the university’s own registration system at uvic.ca/iclickerreg.

**Additional Information:**

- **iClicker Purchase/Buyback Inquiries:** Please contact the UVIC Bookstore: http://www.uvicbookstore.ca/; phone 250 721-8313; email textbook@uvic.ca

- **iClicker Usage and Troubleshooting Inquiries:** Please view the link http://elearning.uvic.ca/iclicker/students. For additional questions, contact the UVIC Computer Helpdesk: helpdesk@uvic.ca Telephone: 250-721-7687. In Person: Clearihue A004 or McPherson Library

**iClicker Frequently Asked Questions**

- **Why do we use clickers in class?**
  
  *iClickers* are used as a way to work together through questions posed in class. When used effectively, *iClickers* can increase your ongoing engagement and involvement, promote a safe environment to communicate your answers, and create lively discussions in class. *iClickers* can also provide immediate feedback about your understanding of the class material and help us figure out together ways to improve your understanding of a concept

- **I use my iClicker remote for multiple classes with different professors. Do I have to register online for each individual class?**
  
  No. You only need to register once online for your registration information to apply to all of the classes in which you are using *iClicker*

- **I registered my iClicker remote last year (or last term). Do I have to register it again?**
  
  No. *iClicker* registrations do not expire. If you registered your *iClicker 2* to your Netlink ID at uvic.ca/iclickerreg previously, you need not register again. If you cannot remember if you have registered or not, just go ahead and register. Re-registration will just overwrite the existing registration information that is associated with your student ID.

- **Should I purchase iClicker 1 or iClicker 2? Can I use either in PSYC 100?**
  
  You will need *iClicker 2* in PSYC 100. We use it because it allows some cool things (polling broken down by age and gender, for instance) that the outdated *iClicker 1s* did not allow. *iClicker 2s* can be
sold back to the UVIC bookstore just as with textbooks, whereas the Bookstore does not accept the
original iClicker for resale.

• **What is the cost of registering my iClicker?**
  There is no cost. After purchasing your *iClicker*, it is yours to use in as many classes as required
without any additional costs or recurring registration fees.

• **Can I use a used iClicker? How do I register a used iClicker?**
  You can use a used *iClicker* 2 (but not *iClicker* 1). You register a used *iClicker* 2 remote in the exact
same manner as a new *iClicker* 2 remote (instructions above). You need not do anything special or
different in order to register a used remote.

• **How do I un-register my remote?**
  There is no need to un-register your remote, even if you will no longer be using it. Registration does
not alter the *iClicker* remote in any way.

• **I lost my iClicker 2 and had to buy a new one. What do I do?**
  Email your old serial number to the PSYC 100 office. Let them know who you are and that you’ll be
registering a new *iClicker* serial number on a certain date. Then, register your new *iClicker* just like
you did your old one.

• **I can't read the serial number on the back of my iClicker. What do I do?**
  This is not an issue on *iClicker* 2s (2nd-generation *iClicker* remote) as you’ll see the serial number on
the device’s LCD each time you turn it on. (This was not the case on the original *iClicker*).

• **Are there zeroes or the letter “O” on my serial number?**
  Those are zeroes.

• **I registered online but my professor says I have not registered yet?**
  This could be caused by two possible factors.
  • Have you voted in class with your remote yet? If you have not voted with your *iClicker*
    remote, then your professor’s gradebook will not recognize your registration.
  • Double-check that you've registered at uvic.ca/iclickerreg, *not* iclicker.com.
  • If at any point in the past you used a different *iClicker* remote which you also registered to
    your name, your previous registration will have been deactivated. In other words, you’ll need
    to register the *iClicker* remote that you’re currently using again.

**GUIDELINES AND RATIONALE FOR THE WEB SURVEYS**

• We will base a percentage of your final mark (2%) on your participation in Internet-based surveys.
  There are two such surveys, each worth 1.0 % of your final grade.. One of the most important
  functions of the Web Surveys is to provide the instructors with feedback from you regarding aspects of
  the course. The Web Surveys are completed within CourseSpaces.
GUIDELINES FOR THE CLASSROOM ENVIRONMENT:
“LET’S MAKE THE BIG ROOM WORK!”

Learning involves a commitment on the part of both instructors and students to create the best possible conditions for a creative and productive educational environment. University classes - even large ones - can be absorbing and challenging when lecturers are knowledgeable and stimulating and when students are interested and attentive. In PSYC 100, we try to make our lectures as interesting as we can. However, to make the lecture experience as effective as possible, we need the cooperation of students to help create the best possible learning environment. We provide the following guidelines to facilitate this process and to allow you to use class time to your greatest learning advantage.

**Guidelines on Behaviour during Class**

Please turn off cell phones, pagers or other electronic communications devices during university classes. You should not be operating cell phones, answering email, checking your Facebook page (or other non-course internet sites) etc. during lectures.

You should not be talking or engaging in any other disruptive activity in class while the instructor is speaking. When, at the beginning of the class, the instructor starts speaking, please stop talking rather than continuing your conversations.

Students who talk, move about and engage in other extraneous activities detract from the learning environment for other students. We expect students to be quiet and attentive during lectures. Please do not engage in activities such as talking, newspaper reading, texting, checking email or other distracting activities not focused on processing the lecture material.

Most students realize the importance of not talking while the instructor is conducting the class, or while other students are making comments in class. Indeed, some students have complained about such disruptive behaviour interfering with their learning environment.

Students who are talking, emailing, web-surfing, etc. during the class are engaging in disruptive, rude or inappropriate behaviour. If an instructor (your classroom instructor or any other) asks you to leave the classroom during a lecture (either verbally or non-verbally), please do so. If you do not comply with these requests, such lack of cooperation in complying with an instructor’s request may be subject to disciplinary procedures. You will be given an opportunity to discuss your behaviour with respect to the class environment guidelines after the class.

PSYC 100 students have traditionally been very helpful in contributing to a respectful and productive environment in PSYC 100 classes, and we appreciate your cooperation in continuing this tradition.

- We expect you to be on time for classes, and to remain for the entire class. If you are late for a class, please enter by the rear door and quietly find a seat in the rear half of the classroom.

- Attending classes and taking useful notes from them are skills that we expect you to master as part of your university education. If you have trouble taking notes or getting all the information from lectures that you would like to get, please consider one (or all) of the following options:
  - Prior to the lecture, download and print the lecture “pre-notes” that are provided by
instructors in most sections of the course, and bring those with you to class to provide an outline for your note-taking

• Tape-record the lecture and augment your notes from the recording later.
• Form partnerships with other students to share notes after the lecture.
• If you do not know anyone else in the course, contact your section Instructor for help in forming lecture partnerships with other students.
• Go to the Study Solutions office in the Learning Commons in Mearns Centre for Learning – McPherson Library (https://www.uvic.ca/library/locations/home/learning/study.php) for assistance in developing note-taking and other study skills.
• If you are a non-native English speaker and you are having language-related difficulties with lecture material, please contact the English Language Centre (https://continuingstudies.uvic.ca/elec) for advice.

• Instructors post their lecture notes to the PSYC 100 Website. If you wish to receive copies of the lecture notes, please download them from the Website after the class.

• PSYC 100 instructors try to accommodate a range of learning styles and situations. However, please realize that the lecturer cannot slow down the lecture, or keep overheads on the projector, to suit everyone’s note-taking speed. Slower note-takers should institute the procedures suggested above and review the lecture notes posted to the course web site.

• Please note that those of us involved in teaching the course are trying to make this course as interesting, productive and pleasant as possible. We have designed the guidelines listed here to make your learning environment as comfortable and professional as possible, and to make best use of limited classroom time.
PSYCHOLOGY 100A/B—BONUS POINTS/EXTRA CREDIT FOR RESEARCH PARTICIPATION

Students in this course may earn up to 3% extra credit toward their final grade by participating in research studies conducted in the Department of Psychology. Each 15 minutes of participation will earn 0.5 credit with 2 credits required for a 1% increase in the student's final grade. For details on participating in research studies, go to the Department of Psychology web site (web.uvic.ca/psyc), click on the Research link near the top of the page, then click on the Participant Pool link at the left of the new page to see instructions for participating in the system. You must be sure to assign your credits to this course (and this section of the course) no later than the last day of class, otherwise you will not receive extra credit in this course. If you do not wish to participate in research studies for some reason, but still wish to have the opportunity to earn an equivalent amount of extra credit, you may contact your course instructor to arrange for an alternative option involving written assignments.

Article Reviews as an alternative to participation in research

Students are not required to participate in research, and not all students wish to do so. As an alternative, students may instead opt to gain research experience by writing reviews (2 pages double spaced) of journal articles reporting original research relevant to the course. Each review will be worth 1% of extra credit and a maximum of 2 reviews will be accepted. The course instructor will specify suitable journal sources. You must obtain approval from the instructor for the article you have chosen before writing a review. To receive credit, you must follow these guidelines:

• If you wish to select this option, you must notify the course instructor no later than (DATE).
• Completed reviews must be submitted in printed form no later than the last day of class in this course. Late submissions and electronic submissions will NOT be accepted under ANY circumstances.
• Reviews must be typed.
• Fully identify the title, author(s), source, and year of the article. A copy of the article must be attached to the review.
• Clearly summarize the psychological concepts in the article, the reported results, and the implications of the results. Critically evaluate the application or treatment of the concepts in the article. If you discover something that is incorrect, identify the error and its implications for the validity of the article. You may find, for example, misleading headings, faulty research procedures, alternative explanations that are ignored, failures to distinguish factual findings from opinions, faulty statements of cause-effect relations, errors in reasoning, etc.
• Keep a copy of your review in the unlikely event that we misplace the original.

If you have additional questions or comments, please contact the Research Participation Coordinator (p100res@uvic.ca).
GUIDELINES REGARDING THE USE OF EMAIL TO CONTACT PSYC 100 INSTRUCTORS AND TA’S

The PSYC 100 instructors and TA’s really do want to hear from you! However, in a very large course like PSYC 100, email “overload” can cause problems. Although email can be a very useful mode of communication for certain specific purposes, it can be problematic in a course with upwards of 1000 students. Unrestricted or indiscriminate use of email to pose questions and ask for information can overwhelm the limited resources that TA’s and instructors have to answer such emailed requests. In order to deal with such problems, please follow these guidelines:

When not to use email:
- To request information about a specific mark (assignment, exam, final mark or bonus points). We post this information on the course web site and expect you to access your marks there.
- To ask instructors to send information via email about material in missed classes. (Summary lecture notes are posted to the Web).
- To request information about why you received a particular mark. Please go to the TA office during office hours with such questions. These kinds of questions usually require a direct interpersonal interaction that is not effectively carried out via email.
- To ask for advice on improving your study techniques. This also requires a direct interpersonal interaction. See the section on “Preparing for Exams” in this course outline.

When to feel free to use email:
- To notify the Course T.A. that you will have to miss an exam for documented medical or family emergency reasons.
- To ask a simple, short question e.g. “When is the time and place of the make-up exam?”
- To make a comment about course material that you might think of after class, e.g., “I was thinking about that case of dissociative identity disorder that you described in class, and I wondered if…” We are very happy to receive and respond to such comments.
- To make a comment about something that you liked or about something that you think could improve the course. In the latter case, please be aware that specific, constructive comments are much more useful to us than general ones.

These guidelines are based on the understanding that PSYC 100 at UVIC is not a distance education course. We expect you to be present, to attend classes, to ask questions or make comments both during and after classes, and to visit the TA’s and instructors during their office hours if you have additional questions. (Coming to see us in office hours is a friendlier, more humane way to learn, anyway - we would much rather see you in person than electronically!)
ADDITIONAL COURSE INFORMATION

• **Checking the Total of Your Research Bonus Points Prior to the Last Exam (Exam 3)**
  Please make sure that you have been correctly credited with all your research participation bonus points (as well as from your Web Assignments, if you had submitted them) *before* writing Exam 3. We cannot change bonus point totals after we have submitted the final marks.

• **Checking That You Have Completed All Work**
  You have to have written all three exams to receive a passing mark in the course. If you have not completed all three exams, you will receive an *N* mark in the course (failure due to non-completion of course requirements.) Note, however, that because the research participation and the Web Assignments are not required components of the course, you will not receive an *N* mark based on non-participation in the research pool or the Web Assignments.

• **Checking Your Performance Early in the Course**
  If you do poorly on the first exam, treat this result as an early warning signal that you might not be prepared to make the ongoing commitment that success in this course requires. In this case you should consider the possibility that you might be better off taking the course on another occasion.

• **University of Victoria’s Policy:** the University of Victoria is committed to promoting, providing and protecting a positive and supportive and safe learning and working environment for all its members.
Prerequisites

Students who remain in courses for which they do not have the prerequisites do so at their own risk. Students who complete courses without prerequisites ARE NOT exempt from having to complete the prerequisite course(s) if such courses are required for the degree program.

Program Requirements

For more information see pages 313-317 of the UVic Calendar September 2018.

Registration Status

Students are responsible for verifying their registration status. Registration status may be verified using My Page, View Schedule. Course adds and drops will not be processed after the deadlines set out in the current UVic Calendar.

Commitment to Inclusivity and Diversity

The University of Victoria is committed to promoting, providing and protecting a positive and supportive and safe learning and working environment for all its members.

In the Event of Illness, Accident or Family Affliction (See UVic Calendar, September 2018, p. 48-50)

- **What to do if you miss the final exam scheduled during the formal exam period**

  Apply at Records Services for a “Request for Academic Concession”, normally within 10 working days of the date of the exam. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student’s academic record.

  OR, you can download the Request for Academic Concession form here: [http://www.uvic.ca/registrar/assets/docs/record-forms/rac.pdf](http://www.uvic.ca/registrar/assets/docs/record-forms/rac.pdf)

- **What to do if you miss an exam other than one scheduled during the formal exam period**

  Do not apply at Records Services for a “Request for Academic Concession”. Instead submit documentation of the illness, accident or family affliction directly to your course instructor (or designated teaching assistant).

- **What to do if you require additional time to complete course requirements**

  Apply at Records Services for a “Request for Academic Concession”, normally within 10 working days of the end of the course. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student’s academic record.

  OR, you can download the Request for Academic Concession form here: [http://www.uvic.ca/registrar/assets/docs/record-forms/rac.pdf](http://www.uvic.ca/registrar/assets/docs/record-forms/rac.pdf)
Policy on Academic Integrity including Plagiarism and Cheating
The Department of Psychology fully endorses and intends to enforce rigorously the Senate Policy on Academic Integrity [here](https://web.uvic.ca/calendar2018-09/undergrad/info/regulations/academic-integrity.html#), p. 45-47, UVic Calendar September 2018). It is of utmost importance that students who do their work honestly be protected from those who do not. Because this policy is in place to ensure that students carry out and benefit from the learning activities assigned in each course, it is expected that students will cooperate in its implementation.

The offences defined by the policy can be summarized briefly as follows:

1. **Plagiarism.** You must make sure that the work you submit is your work and not someone else’s. There are proper procedures for citing the works of others. The student is responsible for being aware of and using these procedures.

2. **Unauthorized Use of an Editor.** The use of an editor is prohibited unless the instructor grants explicit written authorization.

3. **Multiple Submission.** Only under exceptional circumstances may a work submitted to fulfill an academic requirement be used to satisfy another similar requirement. The student is responsible for clarifying this with the instructor(s) involved.

4. **Falsifying Materials Subject to Academic Evaluation.** This includes falsification of data, use of commercially prepared essays, using information from the Internet without proper citation, citing sources from which material is not actually obtained, etc.

5. **Cheating on Assignments, Tests, and Examinations.** You may not copy the work of others in or out of class; you may not give your work to others for the purpose of copying; you may not use unauthorized material or equipment during examinations or tests; and you may not impersonate or allow yourself to be impersonated by another at an examination. The Department of Psychology has a policy of not making old examinations available for study purposes. Therefore, use of old exams without the express written permission of the instructor constitutes cheating by the user, and abetting of cheating by the person who provided the exam.

6. **Being an Accessory to Offences.** This means that helping another student to cheat (for instance, by showing or communicating to them answers to an assignment, or by allowing them to view answers on an exam) is an academic offence.

Instructors are expected to make every effort to prevent cheating and plagiarism. This may include the assignment of seating for examinations, asking students to move during examinations, requests to see student identification cards, and other measures as appropriate. Instructors also have available to them a variety of tools and procedures to check for Internet and electronic media-based cheating. In instances of suspected or actual plagiarism or cheating, instructors, following prescribed procedures, are authorized to take steps consistent with the degree of the offence. These measures will range from a zero on the test or assignment or a failing grade for the course, probation within a program to temporary or even permanent suspension from the University.

Rights of Appeal are described in the Policy on Academic Integrity in the University calendar (on p. 46 in September 2018).

The definitive source for information on Academic Integrity is the University Calendar (p. 45-47 in September 2018) [here](https://web.uvic.ca/calendar2018-09/undergrad/info/regulations/academic-integrity.html#)

Other useful resources on Plagiarism and Cheating include:

1. The Study Solutions Office: [here](https://www.uvic.ca/services/counselling/success/study/index.php)
2. The Ombudsperson’s office: [here](https://uvicombudsperson.ca/tips/plagiarism/)
3. UVic Library Resources: [here](http://www.uvic.ca/library/research/citation/plagiarism/)
4. Dr. Mitchell of the UVic English Department: [here](http://web.uvic.ca/~amitch/teaching_files/Avoiding%20Plagiarism.pdf)
A note to remind you to take care of yourself. Do your best to maintain a healthy lifestyle this semester by eating well, exercising, getting enough sleep and taking some time to relax. This will help you achieve your goals and cope with stress. All of us benefit from support during times of struggle. You are not alone.

**Social Life, Friends, & Community at UVic:**
Having a social network is an extremely important foundation for positive mental health. There are lots of benefits to joining clubs, course unions, intramurals and teams on campus. [https://www.uvic.ca/mentalhealth/undergraduate/connecting/index.php](https://www.uvic.ca/mentalhealth/undergraduate/connecting/index.php)

**Counselling Services:**
Counselling Services can help you make the most of your university experience. They offer free professional, confidential, inclusive support to currently registered UVic students. [www.uvic.ca/services/counselling/](http://www.uvic.ca/services/counselling/)

**Health Services:**
University Health Services (UHS) provides a full service primary health clinic for students, and coordinates healthy student and campus initiatives. [www.uvic.ca/services/health/](http://www.uvic.ca/services/health/)

**Centre for Accessible Learning:**
The CAL staff are available by appointment to assess specific needs, provide referrals and arrange appropriate accommodations [www.uvic.ca/services/cal/](http://www.uvic.ca/services/cal/). The sooner you let us know your needs, the quicker we can assist you in achieving your learning goals in this course.

**Elders' Voices:**
The Office of Indigenous Academic and Community Engagement (IACE) has the privilege of assembling a group of Elders from local communities to guide students, staff, faculty and administration in Indigenous ways of knowing and being. [www.uvic.ca/services/indigenous/students/programming/elders/](http://www.uvic.ca/services/indigenous/students/programming/elders/)

**Mental Health Supports and Services:**
mMental health supports and services are available to students from all areas of the UVic community: [www.uvic.ca/mentalhealth/undergraduate/](http://www.uvic.ca/mentalhealth/undergraduate/)