



PSYCHOEDUCATIONAL ASSESSMENT REFERRALS INFORMATION SHEET

Referral Criteria

Inclusion criteria:

- Referral questions related to a person's cognitive abilities (strengths & weaknesses) and learning difficulties are most appropriate. These questions may relate to diagnosis (e.g., Does this individual have a learning disability?) and/or how to help the individual (e.g., What recommendations would you make to help this individual cope with classroom learning?).

Exclusion criteria:

- Primarily due to the training purposes of the clinic, referrals with the following complications would not be appropriate:
 - involvement in litigation
 - high suicidality
 - severe mental health issues (e.g., psychosis)

Triage Process

Referrals go through 2 stages of triage.

1. Referrals are screened by the Psychology Clinic Director in the order received, to ensure that the referral appears appropriate for the clinic mandate. If the referral is accepted by the Director, the client is added to the clinic waitlist. You will receive a notification of your referral status once this stage of triage is complete (normally within 1-2 weeks of us receiving the referral).
2. Once the course has begun, the referral is screened by the supervising psychologist to determine if it is appropriate for the class mandate and the students in the class.

Site Specific Information/Expectations

1. Clients would need to agree to working with a student clinician who is being supervised, and to having the sessions video-recorded (for supervision purposes only). Students are supervised by Registered Psychologists who are either faculty members or psychologists associated with the clinic.
2. Our clinic is fee-for-service. The standard fee for a psychoeducational assessment is \$1500. For clients unable to pay the standard fee, our services are on a sliding scale based on gross family income and number of dependants, and are confirmed when booking the intake session.
3. Fees are payable by cash or cheque (preferred), and if necessary by credit card (Visa or Mastercard). If paying by credit card, advance notice (7 days) is needed to process the credit request and have a secure link sent via email. We are not able to accept e-transfer. Cheques can be made out to "Psychology Clinic, University of Victoria". We do not accept post-dated cheques. Fees may be paid at once or in two installments. Clients requesting to pay by installments should discuss this with their clinician at the first session.
4. The final assessment report will be released to you/the referral source upon receipt of full payment and when a feedback session has been conducted.
5. *Do you take my insurance?*
We do not have the ability to directly bill insurance companies and clients are responsible for looking into their own policies for coverage for psychological services.
6. We are committed to providing accessible services and do not want cost to be a barrier. We will consider all requests for fee reductions based on financial need. Please speak to your clinician who will consult with the Clinic Director or Clinic Secretary.

