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Practicum Placement Coordinator’s Comments

Dr. Erica Woodin

I want to take this chance to thank everyone for their patience and support as we have transitioned from Dr. Lara Robinson’s capable guidance towards a model of sharing practicum coordination with the other faculty members in our program. As Practicum Placement Coordinator, I am currently responsible for orchestrating student practicum experiences from start to finish. Dr. Colette Smart is our Practicum Site Coordinator, and is in charge of facilitating communication with practicum supervisors and working to develop new practicum placements for our students. In July 2019, Dr. Smart will take over as Practicum Placement Coordinator and we will have a new Practicum Site Coordinator.

As always, we are thankful for the hard work and commitment of all our practicum supervisors. For the January-December 2018 period, we had students at 15 practicum sites in the Greater Victoria Area and across British Columbia, including:

- UVic Psychology Clinic, Victoria, BC
- Anxiety Disorder Clinic, Island Health, Adult Mental Health Services, Victoria, BC
- UVic Student Counselling Services, Victoria, BC
- Saanich Child and Youth Mental Health, Victoria, BC
- Victoria Child and Youth Mental Health, Victoria, BC
- Neuropsychological Services at QACCH, Victoria, BC
- Inpatient & Outpatient Mental Health Services at QACCH, Victoria, BC
- Vancouver Island Psychological Services, Victoria, BC
- Goranson Wellbeing, Victoria, BC
- Youth Forensic Psychiatric Services, Victoria, BC
- Neuropsychological Assessment Private Practice Consortium, Victoria, BC
- Dr. Sylvain Boies Private Practice, Victoria, BC
- Neurorehabilitation Services at Victoria General Hospital, Victoria, BC
- G.F. Strong Rehabilitation Centre, Vancouver, BC
- The Children’s Foundation, Vancouver, BC

Many of these sites have provided supervision for more than one student during this time period. We would like to thank all of the practicum supervisors for your time, commitment and dedication to our students and contribution to our program’s commitment to delivering high quality training!  

EW & CS
Director of Clinical Training Update

**Dr. Catherine Costigan**

The new year finds us as we always are – in a state of change! At the end of June, we said goodbye to Dr. Holly Tuokko. I was so grateful to Holly for stepping into the DCT role so capably last year while I was on study leave. It was an honor and privilege to work with Holly all of these years. It would be impossible to accurately sum up the enormous impact Holly has had on our clinical neuropsychology program, the training of the next generation of clinical neuropsychologists, or on the field as a whole. She will be missed!

At the end of this year, we will also say goodbye to Dr. Marion Ehrenberg, and Dr. Katy Mateer, as they will both be retiring at the end of June. I am still in fairly deep denial about this, so I will leave it at that and hold open the possibility that this is all a dream… Of course, with retirements come new hires. We are currently interviewing a number of applicants for a clinical neuropsychology faculty position. I look forward to introducing a new colleague this summer.

Not everything is changing, of course. We have been fortunate at every turn to bring in outstanding new faculty and terrific graduate students, allowing us to maintain our standing as an excellent scientist-practitioner training program in clinical psychology. Further, we could not maintain the quality of our training without the invaluable support of our many practicum supervisors. Thanks to the collective hard work and dedication of everyone involved, our accreditation status with CPA has been re-affirmed for another year. CPA informs us that our next major re-accreditation site visit will take place in 2021-2022. Mark your calendars!

A record 11 students completed their PhDs in the previous academic calendar year (September 2017 – August 2018)!

- Carolyn Helps (Clinical Lifespan; Dr. Brianna Turner, supervisor)
- Jessica Lewis (Clinical Neuropsychology; Dr. Sarah Macoun, supervisor)
- Lauren Qualls (Clinical Neuropsychology; Dr. Colette Smart, supervisor)
- Christina Robillard (Clinical Lifespan; Dr. Brianna Turner, supervisor)
- Nazanin Saadat (Clinical Neuropsychology; Dr. Jodie Gawryluk, supervisor)

We look forward to introducing the new students to our practicum supervisor at this year’s reception on February 7th at the University Club. CC
**Highlights**  Clinical Psychology Faculty Member

**Dr. Holly Tuokko** has retired after providing 21 years of service to the University of Victoria’s Clinical Psychology program, and 35 years to the field of clinical psychology. Dr. Tuokko is a clinical neuropsychologist and, at UVic, she was a Professor in the Department of Psychology and a research affiliate of the Institute on Aging & Lifelong Health (formerly the Centre on Aging), where she served as Director from 2009-2014. During her time at UVic she especially enjoyed providing research mentorship to students, both graduate and undergraduate, and launching them to the next level of their training and career. Prior to joining the faculty at UVic, she was the Supervising Psychologist at the Clinic for Alzheimer Disease and Related Disorders at UBC Hospital and she worked on a geriatric mental health outreach team in the Capital Regional District.

As a scientist-practitioner, Dr. Tuokko has been a highly active researcher publishing over 137 journal articles, 51 book chapters, and over 320 paper presentations, lectures, and addresses. She consistently received funding from major granting councils such as the Canadian Institutes of Health Research (CIHR), Social Sciences and Humanities Research Council, and the Alzheimer’s Society of Canada. She was awarded Senior Investigator status through the CIHR, Institute of Aging for the period from 2002-2007 for her program of research focused on mental health and aging, including the evolution of cognitive disorders.

Of her many accomplishments, Dr. Tuokko considers her involvement in national level projects to be her most significant because it broadened her perspective and also allowed her to educate others on the ways neuropsychological research can inform clinical practice. She was instrumental in developing the neuropsychological battery used in the Canadian Study on Health and Aging, a national longitudinal study of dementia, including Alzheimer's disease, in Canada (1991-2001). She has also been involved with the Canadian Longitudinal Study on Aging (CLSA), since its inception in 2002, as the Psychological Health theme leader. The CLSA is a study designed to generate new knowledge concerning interrelated clinical, psychological, and social factors that influence disease, health and well-being in a sample of over 50,000 Canadians aged 45-85 years. Prior to her retirement, she led a national team of researchers funded by the Alzheimer’s Society of Canada to develop normative comparison standards for the cognitive measures employed in CLSA. Moreover, she was a co-investigator and sub-study leader for the Canadian Driving Research Initiative for Vehicular Safety in the Elderly, a national, interdisciplinary health-related research program dedicated to improving the safety of older drivers from 2008-2017.

It is no secret that Dr. Tuokko was looking forward to her retirement. She is now spending time enjoying her hobbies which include gardening, paper crafting, and culinary arts. She is also making meaningful contributions to the Greater Victoria Community though volunteer work at the Horticultural Centre on the Pacific where she is a Master Gardener, leads tour groups, and labels plants. You can also find her responding to plant-related questions at garden centres or on the Victoria Master Gardener Association website. Dr. Tuokko also volunteers her time at the Luther Court Society and Seniors Serving Seniors.
Representative publications include:


Above: First Sign of Spring at Cornett.
Photo Credit: Vanessa Scarapicchia
**Highlights Clinical Practicum Site**

**Dr. Tamara Goranson, Private Practice.**

Dr. Tamara Goranson is a clinical psychologist in private practice who has been supervising students since approximately 2015. She works exclusively with adults and has expertise with military and police personnel, as well as first responders who suffer from occupationally-induced Post-Traumatic Stress Disorder (PTSD). Dr. Goranson provides both assessment and treatment services, which include individual and group therapy.

Dr. Goranson developed a group therapy treatment program, known as the PTSD and Co-occurring Disorders Program (PTSD+Plus), to assist actively serving and retired military and police personnel coping with the emotional sequelae associated with witnessing and enduring trauma and critical incident stress experienced in the line of duty. In PTSD+Plus, clients learn adaptive strategies for PTSD symptom management and Cognitive Behavioural interventions that target PTSD and other co-occurring conditions such as addictions, depression, anger, and relationship discord.

Students working with Dr. Goranson are exposed to intake, assessment, feedback, and treatment planning and delivery (including co-facilitating the PTSD+Plus group). Additional opportunities include attending Critical Incidence Stress debriefs in police settings and completing PTSD assessments where students can learn about specific considerations with this population including protocol and empirically validated test selection, and ethical considerations when working with third party payers. Finally, Dr. Goranson embraces the scientist-practitioner training model and welcomes students’ research involvement where they have the opportunity to analyze group therapy outcome data.

Dr. Goranson describes her supervision approach as supportive with oral and written feedback, and she believes it is important for students to actively participate in sessions while connecting with and listening to the clients’ lived experience. Dr. Goranson’s practice is located in Westshore. You can learn more about her practice by visiting [https://goransonwellbeing.com/](https://goransonwellbeing.com/) or emailing her at dr.tamara@goransonwellbeing.com. Thank you, Dr. Goranson, for your continued support and contributions to the training of our students.
**Highlights**  Students on Internship (2018-2019)

A big congratulation to the students who are currently on internship! They have worked hard throughout the program and will no doubt to continue to do so on internship and beyond. Our appreciation also goes out to the practicum supervisors and sites that have supported these students along their journey. We would like to acknowledge the hard work and dedication of both these students and their practicum supervisors!

**Emily Duggan**
**Previous Practica:**  
503: UVic Psychology Clinic, Assessment – Victoria, BC  
505: Canadian Forces Services Centre, Mental Health Services – Victoria, BC  
603: Toronto Western Hospital – Toronto, ON

**Current Internship:**  
Charleston Consortium, Medical University of South Carolina & Ralph H. Johnson Veterans Affairs Medical Center – Charleston, SC

**Lisa Gou**
**Previous Practica:**  
503: UVic Psychology Clinic, Assessment, Victoria, BC  
505: Anxiety Disorders Clinic, Island Health – Victoria, BC  
603: Student Counselling Services – UVic, Victoria, BC

**Current Internship:**  
Edmonton Consortium Clinical Psychology Residency – Edmonton, AB

**Audra Roemer**
**Previous Practica:**  
503: UVic Psychology Clinic, Assessment – Victoria, BC  
503: Youth Forensic Psychiatric Services – Victoria, BC  
505: Victoria Child and Youth Mental Health – Victoria, BC  
505: Dr. Wally Craver Private Practice – Victoria, BC  
603: Queen Alexandra Centre for Children’s Health, Inpatient and Outpatient Mental Health Services - Victoria, BC

**Current Internship:**  
University of Manitoba Clinical Psychology Residency – Winnipeg, MB
# Current Victoria Area Clinical Psychology Practicum Sites

<table>
<thead>
<tr>
<th>Site</th>
<th>Emphasis</th>
<th>Supervising Psychologists (#contact person)</th>
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<tbody>
<tr>
<td>UVic Psychology Clinic</td>
<td>Assessment</td>
<td>Dr. Lisa VanBruggen, R. Psych. #</td>
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<td></td>
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<td>Dr. Louise Fennel, R. Psych.</td>
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<tr>
<td>Youth Forensic Psychiatric Services</td>
<td>Assessment</td>
<td>Dr. James Sawchyn, R. Psych. #</td>
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<td></td>
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<td>Dr. Scott Bezeau, R. Psych.</td>
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<td>Dr. Christine Schwartz, R. Psych.</td>
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<td></td>
<td></td>
<td>Dr. Louise Clark, R. Psych. (in Nanaimo)</td>
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<tr>
<td>UVic Counselling Services **</td>
<td>Therapy</td>
<td>Dr. Rita Knodel, R. Psych.</td>
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<td></td>
<td></td>
<td>Dr. Ai-Lan Chia, R. Psych.</td>
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<td>Ms. Wendy Lum, M.A., Practicum Coordinator #</td>
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<td></td>
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<td>Dr. Leah Wilson, R. Psych.</td>
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<tr>
<td>Victoria Child &amp; Youth Mental Health</td>
<td>Therapy</td>
<td>Dr. Josh Slatkoff, R. Psych. #</td>
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<td>Dr. Alina Carter, R. Psych.</td>
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<td>Dr. Barbara Kennedy, R. Psych.</td>
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<tr>
<td>Saanich Child &amp; Youth Mental Health **</td>
<td>Therapy</td>
<td>Dr. Laurel Townsend, R. Psych. #</td>
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<td></td>
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<td>Dr. Kim Lane, R. Psych.</td>
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<td>Dr. Vanessa Johnson, R. Psych.</td>
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<td>Dr. Joanna Kelm, R. Psych.</td>
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<td>West Shore Child &amp; Youth Mental Health</td>
<td>Therapy</td>
<td>Dr. Jaqueline Bush, R. Psych. #</td>
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<tr>
<td>Anxiety Disorder Clinic, Victoria Mental Health*</td>
<td>Therapy</td>
<td>Dr. Eric Ochs, R. Psych.</td>
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<tr>
<td>Preschool Assessment at Queen Alexandra Centre for Children’s Health</td>
<td>Assessment</td>
<td>Dr. Mary Anne Leason, R. Psych.</td>
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<tr>
<td>Neuropsychological Services at Queen Alexandra Centre for Children’s Health</td>
<td>Assessment</td>
<td>Dr. Chand Taneja, R. Psych. #</td>
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<td>Dr. Sare Akdag, R. Psych.</td>
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<tr>
<td>Child, Youth &amp; Family Mental Health Services at Queen Alexandra Centre for Children’s Health</td>
<td>Assessment/Therapy</td>
<td>Dr. Loren McMaster, R. Psych. #</td>
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<td></td>
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<td>Dr. Alissa Schachtman, R. Psych.</td>
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<td>Dr. Lisa Van Bruggen, R. Psych.</td>
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<tr>
<td>Goranson Wellbeing, private practice*</td>
<td>Therapy</td>
<td>Dr. Tamara Goranson, R. Psych. #</td>
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<tr>
<td>Forensic Psychiatric Services - Adult</td>
<td>Assessment/Therapy</td>
<td>Dr. Tony Dugbartey, R. Psych. #</td>
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<td>Dr. Heather Scott, R. Psych.</td>
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<tr>
<td>Outpatient &amp; Inpatient Neurorehabilitation Services, Victoria General Hospital</td>
<td>Assessment/Therapy</td>
<td>Dr. Karen Kit, R. Psych. #</td>
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<td>Outpatient DBT Program, Victoria Mental Health</td>
<td>Therapy</td>
<td>Dr. Elisabeth Hallam, R. Psych.</td>
</tr>
<tr>
<td>Developmental Disability Mental Health Team</td>
<td>Assessment</td>
<td>Dr. Tara Tunstall, R. Psych.</td>
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* Preference given to 505 students  
** Preference given to 603 students
Current Clinical Psychology Faculty Members

Catherine Costigan, Ph.D., R. Psych., Professor, Director of Clinical Training

Marion Ehrenberg, Ph.D., R. Psych., Associate Professor

Mauricio Garcia-Barrera, Ph.D., R. Psych., Associate Professor

Jodie Gawryluk, Ph.D., R. Psych., Assistant Professor

Kimberly Kerns, Ph.D., R. Psych., Professor Emeritus

Sarah J. Macoun, Ph.D., R. Psych., Assistant Professor & Practicum Coordinator

Catherine Mateer, Ph.D., R. Psych., Professor

Lara Robinson, Ph.D., R. Psych., Assistant Teaching Professor, Clinic Director

Marsha Runtz, Ph.D., R. Psych., Associate Professor, Associate Dean of Graduate Studies

Colette Smart, Ph.D., R. Psych., Associate Professor

Holly Tuokko, Ph.D., R. Psych., Professor Emeritus

Brianna Turner, Ph.D., Assistant Professor

Erica Woodin, Ph.D., R. Psych., Associate Professor & Practicum Coordinator

Laurie Fitzgerald, M.Sc., Psychometry Instructor

Lori-Ann Larsen, Clinic Secretary
Above: Beautiful Day
Photo Credit: Sheliza Ali