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Cherry Blossoms

Photo credit: Kirsten Quistberg
Practicum Placement Coordinator's Comments

Dr. Colette Smart

Having transitioned into this role in July 2019, I want to take the time to thank Dr. Erica Woodin for all her efforts in this role for the last two years. Erica has left big shoes to fill, and I want to thank her for making the transition a smooth one! As Practicum Placement Coordinator, I am currently responsible for orchestrating student practicum experiences from start to finish. Dr. Jodie Gawryluk has taken over my previous role as Practicum Site Coordinator, and is in charge of facilitating communication with practicum supervisors and working to develop new practicum placements for our students. As always, we are thankful for the hard work and commitment of all our practicum supervisors. For the January-December 2019 period, we had students at 13 practicum sites in the Greater Victoria Area, across BC and beyond, including:

- Anxiety Disorder Clinic, Island Health, Adult Mental Health Services, Victoria, BC
- UVic Student Counselling Services, Victoria, BC
- Saanich Child and Youth Mental Health, Victoria, BC
- Victoria Child and Youth Mental Health, Victoria, BC
- Neuropsychological Services at QACCH, Victoria, BC
- Inpatient & Outpatient Mental Health Services at QACCH, Victoria, BC
- Goranson Wellbeing, Victoria, BC
- Youth Forensic Psychiatric Services, Victoria, BC
- Neurorehabilitation Services at Victoria General Hospital, Victoria, BC
- Developmental Disability and Mental Health, Victoria, BC
- G.F. Strong Rehabilitation Centre, Vancouver, BC
- BC Children's Hospital, Vancouver, BC
- Montreal Neurological Institute, Montreal, QC

Many of these sites have provided supervision for more than one student during this time period. We would like to thank all of the practicum supervisors for your time, commitment and dedication to our students and contribution to our program’s commitment to delivering high quality training!  

CS & JG
Director of Clinical Training Update

**Dr. Catherine Costigan**

“The only thing that is constant is change.” The internet tells me that is a quote from the Greek philosopher Heraclitus. How true it is. Last summer, we said goodbye to Dr. Marion Ehrenberg. Marion was a core founding member of the Clinical Program in Clinical Psychology. Marion’s contributions are part of the heart and soul of the program, and her thoughtful and considered touches are felt in all areas. I know I speak for everyone when I say that we will truly miss her collegiality and wise guidance. At the same time, we are excited for this new chapter in her life and wish her all the best!

I am very pleased to welcome Dr. Theone Paterson to the faculty. Theone graduated from SFU’s clinical psychology program (neuropsychology specialization) in 2016, after completing her residency at the London Health Sciences Centre. Following completion of her doctoral degree, Theone completed a postdoctoral fellowship in the Neuropsychology Clinic at Toronto Western Hospital, and subsequently worked at a Psychologist in the Department of Neuropsychology and Cognitive Health at Baycrest. We feel fortunate to have enticed her back to the West coast… We are also currently hiring two additional positions in the Clinical Psychology program … stay tuned.

We are starting to watch the “re-accreditation” clock… our program will submit a re-accreditation application by June of 2021. The re-accreditation documents are a good opportunity to highlight the many wonderful things that everyone is doing, including the outstanding contributions of our practicum supervisors. It is not an overstatement to say that we could not operate as a clinical psychology graduate program without the generosity of skill and time of the practicum supervisors.

Five students completed the program in 2018 – 2019 and five other students joined us in September 2019. Please welcome:

- Lorna Breen (Clinical Lifespan, Dr. Erica Woodin supervisor)
- Madeline Doucette (Clinical Neuropsychology, Dr. Mauricio Garcia-Barrera supervisor)
- Colleen Lacey (Clinical Neuropsychology, Dr. Jodie Gawryluk supervisor)
- Emilie Longtin (Clinical Lifespan, Dr. Cathy Costigan supervisor)
- Patrick Nicoll (Clinical Lifespan, Dr. Colette Smart supervisor)

We look forward to introducing the new students to our practicum supervisor at this year’s reception on February 6th at the University Club.
Highlights  Clinical Psychology Faculty Member

Dr. Theone Paterson

Dr. Theone Paterson joined the clinical faculty in July 2019 as an Assistant Professor. Having just made the move to Victoria from Toronto, she has been enjoying the weather, taking advantage of cycle-commuting year round, and cherishing chance encounters with families of deer on campus (and in bike lanes). Dr. Paterson’s clinical training is in neuropsychology, and her work has had a broad lifespan focus. Her clinical experience has included work on movement disorders and epilepsy services, within a memory clinic setting, in a multidisciplinary WSIB assessment team, and in private practice completing medical-legal and insurance assessments. With her passion for neuropsychology, she enjoys sharing her understanding of brain behaviour relationships in the broader context of mental health, and is currently teaching Introduction to Mental Health and Wellbeing. Dr. Paterson’s research is focused on understanding the cognitive and psychosocial circumstances that impact health behaviours (e.g., medication adherence, diet, physical activity), as well as on examining the utility of cognitive measures to accurately predict real world functioning and everyday cognitive abilities. She is excited to be recruit graduate students into and work to establish her lab at UVic, the Behavioural Research on Aging and Illness in Neuropsychology (BRAIN) Lab, and looks forward to continuing to explore Victoria.

Representative publications include:


Springtime at Finnerty Gardens

Photo Credit: Kirsten Quistberg
**Highlights Clinical Practicum Site**

**Youth Forensic Psychiatric Services (YFPS): Victoria**

YFPS is a multi-faceted practicum site for the University of Victoria’s Clinical Psychology Program that focuses on outpatient assessment and treatment of youth (ages 12-19) in conflict with the law. This site is subsumed within the Ministry of Child and Family Development (MCFD) and provides services at the direction of the courts. Youth present with a variety of concerns beyond criminal conduct ranging from intergenerational trauma, aversive early life experiences, neurodevelopmental disorders, psychiatric conditions, substance use disorders, traumatic brain injury, and developing personality disorders. There are ample opportunities to conduct clinical work outside of the greater Victoria area as there are clinics in Duncan and Nanaimo that provide services for the rest of the island. These opportunities provide students with exposure to more rural or isolated client populations.

Practicum opportunities are offered to clinical psychology graduate students who are seeking to complete a half-practicum outside of the Psychology Clinic (503) as well as both intervention (505) and advanced practicums (603). Students may conduct supervised clinical interviews, psychological testing, therapy, and feedback sessions. Supervising psychologists are Dr. Scott Bezeau and Dr. Jim Sawchyn and the supervision model is predominantly 1-to-1 supervision. Administrative staff can provide in-house transcription services for students who wish to try their hand at dictating reports. The Victoria office is located downtown, making it easy to access for most students.
**Highlights**  Students on Internship (2019-2020)

A big congratulation to the students who are currently on internship! They have worked hard throughout the program and will no doubt to continue to do so on internship and beyond. Our appreciation also goes out to the practicum supervisors and sites that have supported these students along their journey. We would like to acknowledge the hard work and dedication of both these students and their practicum supervisors!

**Sheliza Ali**

**Internship:**  Hamilton Health Sciences-Neuropsychology – Hamilton, ON

**Raquel Graham**

**Internship:**  Eastern Health – St. John’s, NL

**Drew Halliday**

**Internship:**  BC Children’s Hospital – Vancouver, BC

**Joelle Taknint**

**Internship:**  Boston University Medical Campus/Center for Multicultural Training in Psychology – Boston, MA

**Karley Talbot**

**Internship:**  Children’s Hospital of Eastern Ontario – Ottawa, ON

Congratulations!
## Current Victoria Area Clinical Psychology Practicum Sites

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<thead>
<tr>
<th>Site</th>
<th>Emphasis</th>
<th>Supervising Psychologists (#contact person)</th>
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| UVic Psychology Clinic                                              | Assessment    | Dr. Lisa Van Bruggen, R. Psych. #  
Dr. Louise Fennel, R. Psych.                                        |
| Youth Forensic Psychiatric Services                                 | Assessment    | Dr. James Sawchyn, R. Psych. #  
Dr. Scott Bezeau, R. Psych.  
Dr. Christine Schwartz, R. Psych.  
Dr. Louise Clark, R. Psych. (in Nanaimo)                             |
| UVic Counselling Services **                                         | Therapy       | Dr. Rita Knodel, R. Psych.  
Dr. Ai-Lan Chia, R. Psych.  
Ms. Wendy Lum, M.A., Practicum Coordinator #  
Dr. Leah Wilson, R. Psych.                                           |
| Victoria Child & Youth Mental Health                                | Therapy       | Dr. Josh Slatkoff, R. Psych. #  
Dr. Alina Carter, R. Psych.  
Dr. Barbara Kennedy, R. Psych.                                      |
| Saanich Child & Youth Mental Health **                              | Therapy       | Dr. Laurel Townsend, R. Psych. #  
Dr. Kim Lane, R. Psych.  
Dr. Vanessa Johnson, R. Psych.  
Dr. Joanna Kelm, R. Psych.                                            |
| West Shore Child & Youth Mental Health                              | Therapy       | Dr. Jaqueline Bush, R. Psych. #                                                                                     |
| Anxiety Disorder Clinic, Victoria Mental Health*                    | Therapy       | Dr. Eric Ochs, R. Psych.                                                                                      |
| Neuropsychological Services at Queen Alexandra Centre for Children’s Health | Assessment    | Dr. Chand Taneja, R. Psych.  
Dr. Sare Akdag, R. Psych.                                            |
| Child, Youth & Family Mental Health Services at Queen Alexandra Centre for Children’s Health | Assessment/Therapy | Dr. Loren McMaster, R. Psych.  
Dr. Alissa Schachtman, R. Psych.  
Dr. Lisa Van Bruggen, R. Psych.                                      |
| Goranson Wellbeing, private practice*                               | Therapy       | Dr. Tamara Goranson, R. Psych.                                                                                 |
| Forensic Psychiatric Services - Adult                               | Assessment/Therapy | Dr. Tony Dugbarkey, R. Psych.  
Dr. Heather Scott, R. Psych.                                         |
| Outpatient & Inpatient Neurorehabilitation Services, Victoria General Hospital | Assessment/Therapy | Dr. Karen Kit, R. Psych.                                                                                       |
| Outpatient DBT Program, Victoria Mental Health                      | Therapy       | Dr. Elisabeth Hallam, R. Psych.                                                                               |
| Complex Behavior Disorders Clinic at Queen Alexandra Centre for Children’s Health | Assessment   | Dr. Cathy Harwood, R. Psych.                                                                                   |
| Developmental Disability Mental Health Team                         | Assessment    | Dr. Tara Tunstall, R. Psych. #                                                                                  |

* Preference given to 505 students
** Preference given to 603 students
Current Clinical Psychology Faculty Members

Catherine Costigan, Ph.D., R. Psych., Professor, Director of Clinical Training

Marion Ehrenberg, Ph.D., R. Psych., Professor Emeritus

Mauricio Garcia-Barrera, Ph.D., R. Psych., Associate Professor

Jodie Gawryluk, Ph.D., R. Psych., Assistant Professor, & Practicum Development Coordinator

Kimberly Kerns, Ph.D., R. Psych., Professor Emeritus

Sarah J. Macoun, Ph.D., R. Psych., Assistant Professor

Catherine Mateer, Ph.D., R. Psych., Professor Emeritus

Theone Paterson, Ph.D., R. Psych., Assistant Professor

Lara Robinson, Ph.D., R. Psych., Assistant Teaching Professor, Clinic Director

Marsha Runtz, Ph.D., R. Psych., Associate Professor, Associate Dean of Graduate Studies

Colette Smart, Ph.D., R. Psych., Associate Professor & Practicum Placement Coordinator

Holly Tuokko, Ph.D., R. Psych., Professor Emeritus

Brianna Turner, Ph.D., R.Psych., Assistant Professor

Erica Woodin, Ph.D., R. Psych., Associate Professor

Laurie Fitzgerald, M.Sc., Psychometry Instructor

Erica Woodin, M.Sc., Psychometry Instructor

Lori-Ann Larsen, Clinic Secretary
A Dusting of Snow

Photo Credit: Taylor Agate