

SPECIAL TOPICS IN PSYCHOLOGY: FAMILY PSYCHOLOGY

PSYC 391 A01 | CRN: 13062 | FALL 2026

GENERAL COURSE INFORMATION:

Instructor:

TA:

Class Format: Lectures will be face-to-face (in-person) when the university allows or encourages on-campus learning.

Class Hours:

Required Text: There is no required textbook for this course. All required readings and other course materials will be made available through Brightspace.

Course Web-Page: Brightspace (<https://bright.uvic.ca>)

TERRITORIAL ACKNOWLEDGEMENT:

We acknowledge and respect the Ləkʷəŋən (Songhees and Xʷsepsəm/Esquimalt) Peoples on whose territory the university stands, and the Ləkʷəŋən and W̱SÁNEĆ Peoples whose historical relationships with the land continue to this day.

COURSE PREREQUISITES:

To enroll in this course, you must have completed PSYC 201 (Research Methods in Psychology) and PSYC 243 (Introduction to Lifespan Development).

REGISTRATION AND DROP DEADLINES:

Students are responsible for checking their registration status before the end of the [add/drop deadline](#).

COURSE OBJECTIVES:

By the end of this course, students will be able to:

1. Describe major transitions in family and interpersonal relationships across early, middle, and late adulthood.
2. Explain and apply key theories of interpersonal relationships and families to real-world phenomena.
3. Describe how intimate relationships and families form, function, change, and dissolve over time.
4. Explain how historical, demographic, cultural, and policy contexts shape intimate relationships and family life.
5. Identify and evaluate key research methods used to study interpersonal relationships and families.

This course provides a broad overview of major topics in family psychology rather than an exhaustive treatment of any single topic. Because relationships and families are part of everyday life, we all bring personal experiences, observations, and beliefs to these topics. Throughout the course, we will examine these familiar experiences through the lens of psychological research. We will emphasize current research in family and relationship science and its implications for understanding real-world relationships.

Discussion and diverse perspectives are encouraged, but students should make an effort to distinguish

personal opinions and experiences from evidence-based conclusions. We will also consider how insights from research can be applied to promote healthier relationships in our own lives and in the lives of others.

LECTURE FORMAT:

I will be giving my lectures live every class period in our classroom except for exam days. Should a situation arise in which I am unable to attend class, the session will be delivered synchronously online via Zoom or asynchronously via a recorded lecture. Additional details will be provided in advance. Exam material will come 100% from lectures including class discussions and activities, not your readings.

CLASS ETIQUETTE:

You are expected to be respectful of your fellow students which includes not having side conversations during lectures, raising your hands to speak, not dominating class discussions, and recognizing that other students have different experiences and opinions. Please arrive to class on time, and if you must leave early, please keep disruption to a minimum by planning ahead and choosing a seat close to the door.

GENAI POLICY:

In this course, you are permitted to use generative AI (GenAI) tools, such as ChatGPT, **in a limited capacity as learning and study aids**. For example, you may use GenAI to help explain course concepts, generate examples, summarize your own notes, or otherwise support your understanding of course material. **However, the use of generative AI in any form is prohibited for any course component that counts toward your final grade, including exams, group essays, quizzes, in-class participation activities, and extra-credit assignments.** This includes the use of tools such as ChatGPT, Grammarly, or other AI-powered tools for content generation, rewriting, or editing. Work submitted for credit must reflect your own work and understanding. As stated in UVic's Academic Integrity Policy, "Academic integrity requires commitment to the values of honesty, trust, fairness, respect, and responsibility." You are expected to comply with the course syllabus and academic integrity requirements. If you are unsure whether a particular use of GenAI is permitted, please ask me before using it. When using GenAI for permitted learning and study purposes, please also be aware of its limitations:

- Generative AI does not reliably fact-check the information it produces.
- Generative AI may provide bias and inaccurate answers.
- Generative AI hallucinates and may provide false or/and made up information.
- Generative AI output should not be treated as a substitute for your own critical analysis and evaluation.

COMPONENTS OF YOUR COURSE GRADE

Summary of graded components and their contribution to final grades:

Participation/Attendance	30 pts
Quizzes (best 6 of 9)	30 pts
Group Essays	30 pts
Exam 1	70 pts
Exam 2	70 pts
Exam 3	70 pts
Total:	300 pts

Grading scale:

Points	Percentage	Grade
270-300	90% - 100%	A+
255-269	85% - 89%	A
240-254	80% - 84%	A-
231-239	77% - 79%	B+
219-230	73% - 76%	B
210-218	70% - 72%	B-
195-209	65% - 69%	C+
180-194	60% - 64%	C
150-179	50% - 59%	D
<=149	<50%	F

Note: Rounding is only applied to the final grade and is rounded up at the 0.5% level (e.g., 84.49% is rounded to 84% and 84.50% is rounded to 85%).

A 10% per day late penalty will apply to any late submissions. For example: If an essay is due Monday at midnight, but is turned in on Tuesday at 3pm, it will incur a 1.5-point deduction (10%) making the highest possible score a 13.5. If the assignment is turned in on Wednesday at 10am, it will incur a 3-point deduction (20%) making the highest possible score a 12.

After receiving any grade, you have **3 calendar days** to contact me regarding any questions or concerns about your grade. You may raise your concern by email, during office hours, or by requesting an appointment. You do not need to meet with me within the 3-day period, but you must contact me within that period to request a review. After the review period has ended, the grade will be considered final.

Participation/Attendance: You can earn 2 participation points per class by responding to in-class polls, questions, or activities through Brightspace. To accommodate enrollment changes during the add/drop period, all students will automatically receive the 4 participation points associated with the first two class meetings. **Participation will be recorded beginning with the third class meeting (September 16).** You will have the opportunity to earn 38 points during the semester, but will be scored out of 30 (i.e., if you earn 32 points, you will receive 30/30 points for the semester; if you earn 28 points, you receive 28/30

points for the semester). This means you can skip 4 class meetings and still get a perfect attendance score. Because this flexibility is built into the grading scheme, **there are no make-up or individually excused participation points.** Beginning with the third class meeting, you must be present and respond to the polls/questions when they are administered to earn the corresponding points. Arriving late or leaving early may result in missing participation points. The 8-point buffer is intended to accommodate occasional absences or missed activities due to illness, appointments, travel, technical difficulties, or other personal circumstances without requiring documentation or individual make-up arrangements.

Quizzes: You will be graded on 6 of 9 quizzes throughout the semester. Quizzes will be available via Brightspace on the class readings (or other materials – podcasts, videos) approximately every two class periods (see course schedule). The quizzes are to encourage you to engage with the readings and other course content as well as assess your understanding of them. Each quiz will consist of 5 multiple-choice questions worth 1 point each. You will have 15 minutes to take each quiz and **you can only begin taking the quiz one time.** Quizzes will become available sequentially throughout the semester as we reach the corresponding course material. Once available, each quiz will remain open until **December 7**, so you may complete it at any time before the final deadline. Only your 6 highest quiz scores will count toward your final grade. Your 3 lowest scores, including quizzes you choose not to complete, will be dropped. Given this flexibility, **no make-up quizzes or extensions will be offered.**

Essays: There will be two group essay assignments, one during the second exam period and one during the third exam period. These assignments will require you to apply concepts from class to pieces of popular culture. Additional instructions will be provided on Brightspace. For each assignment, you will work in a pair assigned through Brightspace. You will be assigned a different partner for each essay, and both partners will receive the same grade for the submitted work. Each essay will be worth 15 points.

Exams: To assess your understanding of course material, there will be 3 in-class, paper-and-pencil exams. The exams will cover material presented in lecture. Each exam will consist of 35 multiple-choice questions each worth 2 points. The exams will emphasize the application and understanding of course concepts rather than simple recall. The exams are non-cumulative, meaning that each exam will assess only the material covered during its respective exam period. For each exam, you may bring up to 5 pages of notes, printed or handwritten, which may be double-sided. No other materials or electronic devices may be used during the exam. Exams must be completed individually and independently. Collaboration or communication with other students during an exam is not permitted.

In the event of an emergency that prevents you from attending an exam, **please complete the [“request for in-class extension” form](#) and email it to me before or within 2 days of the missed exam.** If an alternative exam is approved, we will arrange a date and time together. An exam taken at an alternative time may use a different format (e.g., short-answer or essay questions). Unexpected circumstances can arise, and we will handle each of these on a case-by-case basis. Please contact me as soon as possible so that we can discuss your situation and determine appropriate next steps.

Extra Credits: You can earn up to 3 extra-credit points (1% of your final grade) by either:

(1) Participating in approved research studies conducted in the Department of Psychology. Extra credit is awarded through the Psychology Research Participation (PRP) system (SONA). For this course, every 30 minutes of participation earns 0.5 SONA credits, which will be translated into 0.5 course points, and 3.0 SONA credits will earn the full 1% course extra credit. There is a 1 SONA bonus credit for in-person experiments regardless of the overall participation time. Therefore, approximately 3 hours of online research participation, or 2 hours of in-person participation, will provide the maximum bonus. For details

on participating in research studies, go to the Department of Psychology web site:

<https://www.uvic.ca/socialsciences/psychology/research/participants/>

You must be sure to assign your credits to this course **no later than December 7**, otherwise you will not receive extra credit in this course.

(2) Reviewing published works on a course-related topic **due by December 2**. You can write up to 1 review of a journal article from the *Journal of Family Psychology*. This review will be worth 1% of extra credit (3 points), and marked on a pass/fail basis. To receive credit, you must follow these guidelines:

- Submit the review on Brightspace by December 2. Late submissions or e-mail submissions will not be accepted under any circumstances.
 - Use 12-point font, Times New Roman, double spaces, ¾ inch margins, no longer than 2 pages.
 - Review an article published in 2023 and after from the *Journal of Family Psychology*.
 - Fully identify the title, author(s), source, and year of the article. A PDF copy of the article must be attached to the submission of the review. Do not provide links to online articles.
- Submissions that do not include a PDF copy of the article along with the review will receive a mark of zero.**
- Summarize and critically evaluate the article. Your review should (a) identify the study's main research question(s) and/or hypotheses, methods, and key findings; (b) explain how the article relates to at least one concept, theory, or topic covered in this course; (c) discuss at least one strength, one limitation, and one implication of the study; and (d) critically evaluate the study's conclusions – are the authors' conclusions supported by the evidence presented, and why or why not. Your review should go beyond simply summarizing the article and demonstrate your own understanding and evaluation of the research.
 - Keep a copy of your review in the unlikely event that we misplace the original.

Important: It is unethical to coerce someone to participate in a study, so selecting Option #1 should be voluntary. You **cannot** do both and you cannot combine these two options to get the 2% bonus credits.

REQUIRED COURSE COMPONENTS

Students who have completed the following elements (or have an approved academic concession) will be considered to have completed the course: the required exams, group essays, self-paced online quizzes, and in-class participation. Failure to complete one or more of these elements will result in a grade of "N" regardless of the cumulative percentage of all other elements of the course. N is a failing grade and factors into GPA as a value of 0. In accordance with the University's policy on academic concessions, "A student who completes all course requirements is not eligible for an academic concession". Consequently, students can only request deferrals for the completion of required course components and not for non-essential course components.

READING, LECTURE, ASSIGNMENT & EXAMINATION SCHEDULE

The class schedule is a reasonable prediction of course content, not a firm guarantee. For example, I may drop or add a lecture on a topic in response to a class discussion. Exam dates WILL NOT change. **You are responsible for being aware of any changes in the syllabus and course plan. Such changes will be announced in class and posted on Brightspace.**

PSYC 391 Family Psychology Class Topics & Schedule

Class Date	Topics	Quiz	Essays due
W 9/9	History of Family and Family Theories	Quiz 1.1 available	
M 9/14	Methodology		
W 9/16	Love	Quiz 1.2 available	
M 9/21	Attraction		
W 9/23	Initiation and Being Single	Quiz 1.3 available	
M 9/28	Cohabitation and Marriage		
W 9/30	NATIONAL DAY FOR TRUTH AND RECONCILIATION		
M 10/5	EXAM 1		
W 10/7	Communication	Quiz 2.1 available	
M 10/12	THANKSGIVING DAY		
W 10/14	Intervention		
M 10/19	Commitment	Quiz 2.2 available	
W 10/21	Divorce and Remarriage		E1 due
M 10/26	Family Violence	Quiz 2.3 available	
W 10/28	Gender and Sex		
M 11/2	EXAM 2		
W 11/4	<i>GSA: Asynchronous Lecture</i>		
M 11/9	READING		
W 11/11	BREAK		
M 11/16	Parenthood	Quiz 3.1 available	
W 11/18	Intergenerational Ties in Adulthood		
M 11/23	Siblings	Quiz 3.2 available	
W 11/25	Aging Families		
M 11/30	Caregiving	Quiz 3.3 available	E2 due
W 12/2	Death and Grief		
M 12/7	EXAM 3	All quizzes due	

Classroom Policies

Statement on Learning Success:

Your success in this course is important to me, and my goal is to provide a learning environment in which all students have meaningful opportunities to succeed. Students come to this course with different backgrounds, experiences, and learning needs. If you encounter barriers that are affecting your learning or participation in the course, I encourage you to reach out to me as early as possible so that we can discuss appropriate options and available supports within the requirements of the course. I also encourage you to make use of the many student resources available at UVic. Many are listed on this syllabus, but I am happy to connect you with a person or center if you would like.

Correspondence:

Email is the best way to contact me or the TA outside of class. To help us respond to your message efficiently, please use professional and respectful email communication.

When emailing the teaching team, please:

- Include PSYC 391 in the subject line (e.g., “PSYC 391 – Question about Essay 1”).
- Begin your email with an appropriate greeting (e.g., “Hi Dr. Zhou” or “Hi Zexi”).
- Clearly and concisely explain your question or request.
- Include your name at the end of the email.

We will do our best to respond to emails within 48 hours, although responses may take longer on weekends and holidays. Before emailing, please check the syllabus, assignment instructions, and course announcements to see whether your question has already been addressed. If your email is missing important information needed to answer your question, we may ask you to revise or clarify your message.

Sharing of Course Materials is Prohibited:

Course materials provided or used in this course – including, but not limited to, lecture slides and handouts, recordings and videos, assessments (e.g., quizzes, exams, papers, projects, and assignments), in-class activities, review materials, and other instructional resources – are intended for your personal use in this course. Unless I have provided explicit written permission, you may not share, distribute, reproduce, post, upload, or otherwise make these materials available to individuals outside the course or on online platforms. Unauthorized sharing or distribution of course materials, particularly assessment materials, may facilitate academic misconduct and may constitute a violation of UVic's academic integrity policies and/or applicable copyright protections. Suspected unauthorized sharing of course or assessment materials may be addressed through the appropriate University procedures.

UNIVERSITY OF VICTORIA

Department of Psychology Important Course Policy Information Fall Session 2026

Accessible Learning

The University of Victoria is committed to creating a learning experience that is as accessible as possible. If you are registered with the [Centre for Accessible Learning](#) and anticipate or experience any barriers to learning in this course, please feel welcome to discuss your concerns with me. If you are a student with a disability or chronic health condition, you can meet with a CAL advisor to discuss access and accommodations.

Attendance and Absences

Attendance is important. Students who do not attend their classes during the first two weeks (and do not inform the instructor of valid circumstances that prevent their attendance) may be dropped from both class registration and the waitlist.

Students are expected to attend all classes in which they are enrolled. Students may be assigned a final grade of N or debarred from writing final examinations if they fail to satisfy a minimum attendance requirement set by the instructor for lectures, laboratories, online course discussions or learning activities, tutorials, or other learning activities set out in the course outline.

Medical documentation for short-term absences is **not required** (approved by Senate). Students who cannot attend due to illness are asked to notify their instructors immediately. If illness, accident, or family affliction causes a student to miss the final exam or to fail to complete any required assignment/assessment by the end of the term students are required to submit a request for academic concession (see below).

Children and Pets

If you need to bring your children or pet to class, please do not hesitate to do so. It is understood that sometimes this is necessary due to care circumstances. However, please aim to have minimal class disturbance so that student learning is not impacted.

Class Recording and Auto-Captioning Statement

The instructor may record class sessions and those recordings may be made available to all students in the class via Brightspace. If you have questions or concerns regarding class recording and privacy, please contact privacyinfo@uvic.ca

Auto-generated captioning may be enabled in this course. Auto-captioning is highly error-prone, especially for specialized terminology and proper names. Students are asked to refer to the audio feed for clarification of any errors. If you find captioning errors that are offensive, please contact your instructor and/or teaching assistant so that they are aware. If you require captions as part of an academic accommodation, please contact [CAL](#).

Commitment to Inclusivity, Diversity, and Respectful Environments in the Classroom and Online

The University of Victoria is committed to providing a positive and supportive and safe learning and working environment for all its members. All members of the university community have the right to this experience and the responsibility to help *create* such an environment. The University will not tolerate racism, sexualized violence, or any form of discrimination, bullying, or harassment.

Please be advised that, by logging into UVic's learning systems or interacting with online resources and course-related communication platforms, you are engaging in a University activity.

All interactions within this environment are subject to the university expectations and policies. Any concerns about student conduct may be reviewed and responded to in accordance with the appropriate university policy.

To report concerns about online student conduct: onlineconduct@uvic.ca

Copyright

All course content and materials are made available by instructors for educational purposes and for the exclusive use of students registered in their class¹. The material is protected under copyright law, even if not marked with ©. Any further use or distribution of materials to others requires the written permission of the instructor, except under fair dealing or another exception in the Copyright Act. Violations may result in disciplinary action under the [Resolution of Non-Academic Misconduct Allegations policy \(AC1300\)](#) or the [Academic Integrity Policy](#), whichever is more appropriate for the situation.

Student Experience of Learning (SEL) Survey

I value your feedback on this course. Toward the end of term, you will have the opportunity to complete a confidential Student Experience of Learning (SEL) survey regarding your learning experience. The survey is vital to providing feedback to the instructor regarding the course and their teaching, as well as to help the department improve the overall program for students in the future. When it is time for you to complete the survey, you will receive an email inviting you to do so. If you do not receive an email invitation, you can go directly to <http://sel.uvic.ca>. You will need to use your UVic NetLink ID to access the survey, which can be done on your laptop, tablet or mobile device. You will be reminded nearer the time, but please be thinking about this important activity, especially the following three questions, during the course.

1. What strengths did your instructor demonstrate that helped you learn in this course?
2. Please provide specific suggestions as to how the instructor could have helped you learn more effectively.
3. Please provide specific suggestions as to how this course could be improved.

Disclaimer

The schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances.

Grading

In classes that are based on a percentage grading scheme, the following [Undergraduate Grading Scale](#) is used

Grade	A+	A	A-	B+	B	B-	C+	C	D	F
Percentage	90-100	85-89	80-84	77-79	73-76	70-72	65-69	60-64	51-59	< 50
GP Value	9	8	7	6	5	4	3	2	1	0

Rounding is only applied to the final grade and is rounded up at the 0.5% level (e.g., 84.49% is rounded to 84% and 84.50% is rounded to 85%).

Medical Documentation for absences

No medical documentation for short-term absences is required (Approved by Senate).

If you are seeking a Withdrawal Extenuating Circumstances or an Aegrotat grade, medical documentation may be required if relevant.

Ombudsperson and Academic Concerns

From the course calendar...

Depending on the nature of the academic matter of concern to the student, the order in which the student should normally try to resolve the matter is: first, the course instructor; second, the Chair of the department; third, the Dean of the faculty; and finally, the Senate.

If you are having an academic concern or problem that cannot be resolved with your instructor or the Department Associate Chair, you may wish to consult with the Office of the Ombudsperson (<https://uvicombudsperson.ca>). Current contact information for the office can be found here <https://uvicombudsperson.ca/contact/>.

Policy on Academic Integrity including Plagiarism and Cheating

The Department of Psychology fully endorses and intends to adhere to the [Senate Policy on Academic Integrity](#).

¹ Syllabi belong to the department through which the course is administered.

As per the student academic integrity [website](#):

“Academic integrity is built on honesty, respect, and fairness. Students, faculty, and staff at UVic are members of an intellectual community. As such, it’s expected that we’ll adhere to ethical values in all our learning, teaching, and research.”

This policy is in place to ensure that students’ work is being evaluated fairly and that students carry out and benefit from the learning activities assigned in each course.

The offences defined by the policy can be summarized briefly as follows:

1. **Plagiarism.** You must make sure that the work you submit is your work and not another person or a Content Generator. There are proper procedures for [citing the works of others](#). The student is responsible for being aware of and using these procedures.
2. **Unauthorized Use of an Editor or Content Generator.** The use of an Editor or Content Generator is prohibited unless the instructor grants explicit written authorization.
3. **Multiple Submission without Prior Permission.** Only under exceptional circumstances may a work submitted to fulfill an academic requirement be used to satisfy another similar requirement. The student is responsible for clarifying this with the instructor(s) involved.
4. **Falsifying Materials Subject to Academic Evaluation.** This includes falsification of data, use of commercially prepared essays, using information from the Internet without proper citation, citing sources from which material is not actually obtained, etc.
5. **Cheating on Work, Tests, and Examinations.** You may not copy the work of others in or out of class; you may not give your work to others for the purpose of copying; you may not use unauthorized material or equipment during examinations or tests; and you may not impersonate or allow yourself to be impersonated by another at an examination. The Department of Psychology has a policy of not making old examinations available for study purposes. Therefore, use of old exams without the express written permission of the instructor constitutes cheating by the user, and abetting of cheating by the person who provided the exam.
6. **Aiding Others.** It is a violation to help others or attempt to help others to engage in any of the conduct described above.

The use of a generative artificial intelligence (AI) is strictly prohibited in any submitted work (unless expressly endorsed by the instructor as part of an assignment).

Instructors can take actions to prevent cheating and plagiarism. This may include the assignment of seating for examinations, asking students to move during examinations, requests to see student identification cards, and other measures as appropriate. Instructors also have available to them a variety of university approved tools and procedures to check for Internet and electronic media-based cheating. In instances of suspected academic integrity violations, instructors will follow prescribed procedures for alleged academic dishonesty. If academic dishonesty is likely, instructors can take steps consistent with the degree of the offence (see the academic integrity section on [policy violations](#)).

Rights of Appeal are described in the Policy on Academic Integrity in the University calendar September 2026.

The definitive source for information on Academic Integrity is the University Calendar

Other useful resources on Plagiarism and Cheating include:

1. The student academic integrity website: <https://www.uvic.ca/students/academics/academic-integrity/>
2. The Ombudsperson’s office: <https://uvicombudsperson.ca/academic-integrity/>
The [Office of the Ombudsperson](#) is an independent and impartial resource to assist with the fair resolution of student issues. A confidential consultation can help you understand your rights and responsibilities. The Ombudsperson can also clarify information, help navigate procedures, assist with problem-solving, facilitate communication, provide feedback on an appeal, investigate and make recommendations. Phone: 250-721-8357; Email: ombuddy@uvic.ca; Web: uvicombudsperson.ca.

3. UVic Library Resources: <https://www.uvic.ca/library/research-learning/citation-help/academic-integrity/index.php>
4. UVic Library Document on [Avoiding Plagiarism](#)

Prerequisites

Students who remain in courses for which they do not have the prerequisites do so at their own risk. Students who complete courses without prerequisites ARE NOT exempt from having to complete the prerequisite course(s) if such courses are required for the degree program.

Program Requirements

For more information see the [UVic Calendar](#).

Registration Status

Students are responsible for verifying their registration status. Registration status may be verified using My Page, View Schedule. Course adds and drops will not be processed after the [deadlines](#) set out in the current UVic Calendar.

Students who do not attend classes must not assume that they have been dropped from a course by an academic unit or an instructor. Courses that are not formally dropped will be given a failing grade, students may be required to withdraw and will be required to pay the tuition fee for the course.

Request for Academic Concessions

Students can apply for [academic concessions](#) if their course requirements are affected by (i) unexpected and/or unavoidable circumstances (e.g., illness, family affliction, Indigenous cultural or community obligations, etc.), or (ii) conflicting responsibilities (e.g., service in the armed forces or first responder, representing the university).

- **Request an in-course extension**
If you require more time to complete a course requirement or miss a test or midterm exam, then you will need to complete the “[In-Course Extension Form](#)” and submit it directly to your course instructor. All course requirements must be completed prior to the submission of final grades.
- **What to do if you miss the final exam scheduled during the formal exam period**
Apply at Records Services for a “[Request for Academic Concession](#)”, normally within 10 working days of the date of the exam. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student’s academic record.
- **What to do if you require additional time to complete course requirements beyond the normal term.**
Apply at Records Services for a “[Request for Academic Concession](#)”, normally within 10 working days of the end of the course. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation. Where a concession is not applied for or where such application is denied, an N grade will be entered on the student’s academic record if the missing work has been deemed required. Note, only required course components may be deferred.

Research Participation Opportunities with the Department of Psychology

The Department of Psychology offers multiple opportunities to participate in research studies over the year. Students are encouraged to learn more about the field of psychology by volunteering in these studies. Information about studies can often be found posted on notice boards around the Department as well as through our Participant Pool webpage at <https://www.uvic.ca/socialsciences/psychology/research/participants/>.

Student Code of Conduct

The [Student Code of Conduct](#) explains how University policies regarding student behaviour are interpreted and applied within the Faculties of Humanities, Science and Social Sciences.

Student Support Services

[UVic LEARN](#) is the student support portal for a full range of student academic and support services. Services include: [Centre for Academic Communication](#), [Math & Stats Assistance Centre](#), [Student Wellness Centre](#), [Library](#), [Ombudsperson](#), and [Computer Help Desk](#)

This classroom is a trans-inclusive space

Please indicate if you have a preferred name and pronoun that you'd like to be used in the classroom. Please e-mail your instructor or your TA if you would like to discuss the climate of this classroom for trans students. Gender neutral bathrooms are available at UVic.

University of Victoria Students' Society (UVSS)

The [UVSS](#) is a social justice based non-profit run by students, for students and is entirely separate from UVic. As an undergrad student, you are already a member! We work on issues affecting students such as affordability, public transit, sexualized violence, sustainability, student employment, and much more. We fund clubs and course unions, and have several advocacy groups. We also have a Food Bank and Free Store, a Peer Support Centre, and run your health and dental plan. We are here to support you, so please reach out to us at uvss.ca!

Academic Important Dates

Fall session – first term (September – December)

Wednesday, September 9 th	First term classes begin for all faculties
Tuesday, September 22 nd	Last day for 100% reduction of tuition fees for standard first term and full year courses. 50% of tuition fees will be assessed for courses dropped after this date.
Friday, September 25 th	Last day for adding courses that begin in the first term
Wednesday, September 30 th	Last day for paying first term fees without penalty
Wednesday, September 30 th	University Closed (National Day for Truth and Reconciliation)
Monday, October 12 th	University Closed (Thanksgiving Day)
Tuesday, October 13 th	Last day for 50% reduction of tuition fees for standard courses
Saturday, October 31 st	Last day for withdrawing from first term courses without penalty of failure
November 9 th - 11 th	Reading Break for all faculties
Wednesday, November 11 th	University Closed (Remembrance Day)
Monday, December 7 th	Last day of classes in first term for all faculties
Monday, December 7 th	National Day of Remembrance and Action on Violence Against Women - (Classes and exams cancelled from 11:30am - 12:30pm)
Thursday, December 10 th	First term examinations begin for all faculties
Wednesday, December 23 rd	First term examinations end for all faculties
December 25 th - 31 st	University Closed (Winter Break)

Add and drop dates for standard 2026-2027 Winter Session courses

Term	Start Date	End Date	100% Fee Reduction	Add Deadline	50% Fee Reduction	Academic Drop no Fee Reduction
First term	Sep 9	Dec 7	Sep 22	Sep 25	Oct 13	Oct 31
Second term	Jan 6	Apr 7	Jan 19	Jan 22	Feb 9	Feb 28

Sexualized Violence Prevention and Response at UVic

UVic takes sexualized violence seriously, and has raised the bar for what is considered acceptable behaviour. We encourage students to learn more about how the university defines sexualized violence and its overall approach by visiting www.uvic.ca/svp. If you or someone you know has been impacted by sexualized violence and needs information, advice, and/or support please contact the sexualized violence resource office in Equity and Human Rights (EQHR). Whether or not you have been directly impacted, if you want to take part in the important prevention work taking place on campus, you can also reach out:

Where: Office of Equity and Human Rights, Sedgewick Building, Room C133

Phone: 250 721 8021

Email: eqhr01@uvic.ca

Web: <https://www.uvic.ca/sexualizedviolence/>



BE WELL

A note to remind you to take care of yourself. Do your best to maintain a healthy lifestyle this semester by eating well, exercising, getting enough sleep and taking some time to relax. This will help you achieve your goals and cope with stress. All of us benefit from support during times of struggle. You are not alone.

Social Life, Friends, & Community at UVic:

Having a social network is an extremely important foundation for positive mental health. There are lots of benefits to joining clubs, course unions, intramurals and teams on campus.

<https://www.uvic.ca/undergraduate/housing-student-life/student-life/index.php>

Counselling Services:

The Student Wellness Centre can help you make the most of your university experience. They offer free professional, confidential, inclusive support to currently registered UVic students. <https://www.uvic.ca/student-wellness/contacts/student-wellness-team/index.php#ipn-counsellors>

Health Services:

The Student Wellness Centre also provides a full service primary health clinic for students. <https://www.uvic.ca/student-wellness/contacts/student-wellness-team/index.php#ipn-physicians>

Centre for Accessible Learning:

The CAL staff are available by appointment to assess specific needs, provide referrals and arrange appropriate accommodations <https://www.uvic.ca/accessible-learning/index.php>. The sooner you let us know your needs, the quicker we can assist you in achieving your learning goals in this course.

Elders' Voices:

The Office of Indigenous Academic and Community Engagement (IACE) has the privilege of assembling a group of Elders from local communities to guide students, staff, faculty and administration in Indigenous ways of knowing and being.

www.uvic.ca/services/indigenous/students/programming/elders/

Mental Health Supports and Services:

Mental health supports and services are available to students from all areas of the UVic community: <https://www.uvic.ca/student-wellness/wellness-resources/mental-health/>