

PSYC 201 (A01 and A02): Research Methods in Psychology

September through December 2026

A01 (CRN 13006) MR 10:00-11:20

A02 CRN 13007) MR 13:00- 14:20

Territorial Acknowledgment: We acknowledge and respect the Lək'wəḡən (Songhees and Xʷsepsəm/Esquimalt) Peoples on whose territory the university stands, and the Lək'wəḡən and W̱SÁNEĆ Peoples whose historical relationships with the land continue to this day.

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Contact Details

- * Prof.
- * TA for A01:
- * TA for A02:
- * Senior Lab Instructor Patrick Montgomery, pjmontgomery@uvic.ca
- * Brightspace for [lecture](#) and for lab.

Required Text

Morling, B. (2025). *Research methods in psychology: Evaluating a world of information* (5th ed.). WW Norton.

If you buy the current print or electronic text, you get access to the electronic learning resources including InQuizitives (**required**). If you use a prior edition of the text, you do so at your own risk and **must also buy access to InQuizitives**. See <https://digital.wwnorton.com/researchpsych5> and click “Purchase Options” in the upper right. You **MUST** specify that the Student Set is 202606 (all numerals).

Course Objectives

This course aspires to help you to evaluate, conduct, and communicate research in psychology. More broadly, the course aims to empower students to find and critically evaluate evidence for and against claims. This course fosters analytical, methodological, and communication skills valuable in many everyday applications (making decisions about health care, shopping, voting, etc.) and in numerous lines of work. My hope is that this course will change the way you think. Please see the document on [Learning Outcomes](#) on the course Brightspace for more information designed to be helpful to you.

Keys to Success

This course will challenge you to master many new ideas. The material is more cumulative than in most psychology courses; understanding concepts in week *N* requires a firm grasp of concepts in week *N-1*. Keep up with the work as we go along. Do the readings and the InQuizitives BEFORE lectures. Participate in lectures. Review your notes after each lecture. Seek help from me or a TA if you are having trouble. Lectures will include some material also in the text but (a) text material will be presented in different ways intended to enhance understanding of the concepts, (b) many lectures will include material not mentioned in the text, and (c) some lectures will include information related to labs. Tests cover some material only in lecture and some material only in the text. Passing the lab portions is required to pass the course.

Pre/Corequisites

To register in PSYC 201, you must have completed PSYC 100A and PSYC 100B and have completed or be registered in ATWP 135/110. Students who remain in a course for which they do not have the pre/co requisites do so at their own risk. Students who complete courses without pre/corequisites ARE NOT exempt from having to complete those courses.

Attending Lecture & Lab

This is a face-to-face lecture. I do not live-stream lectures nor record them (but you may record them). I will post slides shortly before lecture. [Attendance is important](#). Students are expected to attend all classes in which they are enrolled. This includes regular attendance in lab sections, which start in the second week of the semester.

Medical documentation for short-term absences is not required. Students who miss multiple classes due to illness should notify the instructor. If illness, accident, or family affliction causes a student to fail to complete a required assignment/assessment before the end of the term they must submit a request for academic concession (see below).

Children and Pets: If you need to bring your child or pet to class, you may do so. But please try to minimize disruption.

This is a lab course. You must attend and participate in labs starting in week 2. See next page for further details.

Requirements/Assessment Techniques

Tests

There will be 3 in-class multiple choice exams on concepts presented in the text and/or in lecture: 8 OCT, 12 NOV, 7 DEC. A full class period will be allotted for each midterm. There will NOT be a final during the final exam period.

SIFT Assignment

SIFT is a set of recommendations to help people avoid being bamboozled by baloney in social media. You will study a webpage with info about SIFT and then complete a brief online quiz assessing your understanding of the technique.

InQuizitives

Access via the [link](#) to the text. Our **Student Set Number is 982279**. Try to complete the InQuizitives for a chapter *before* the lecture on that chapter. The InQuizitives for chapters **must** be completed no later than 11:59 pm the day before the test for that material (e.g., InQuizitives for Chapters 1-5 must be completed by 11:59 pm on **07 OCT**).

Note: The electronic text has many self-testing exercises; students are encouraged to do those, but they are not required.

Labs

Each student must be registered in a PSYC 201 lab (PSYC 201 B01 – B09) and must regularly attend and participate in labs. The labs are coordinated by Senior Lab Instructor Patrick Montgomery, who oversees grading of lab work: pjmontgomery@uvic.ca. **Labs start the second week of class.** Lab Brightspace TBA

Grading

Source	Percentage	Deadline/Date
SIFT Assignment	02	24 SEP
InQuizitive	15	Before date of midterm test for associated chapters
Midterm 1	19	08 OCT
Midterm 2	19	12 OCT
Midterm 3	15	07 DEC
Lab attendance, participation, & assignments	15	See Lab Brightspace for details
Lab Poster	15	See Lab Brightspace for details

Your final grade will be a straight percentage rounded at the 0.5% level (e.g., 84.50 will be rounded to 85; 84.49 will be rounded to 84.00). Rounding will only occur for the final grade.

Required Course Completion Elements

Students who have completed the following required course elements will be considered to have completed the course:

- The three midterm exams;
- The final lab poster project;

Failure to complete either or more of these elements will result in a grade of “N” regardless of the cumulative percentage in other elements of the course. N is a failing grade and factors into GPA as a value of 0.

In accordance with the University’s [policy on academic concessions](#), “A student who completes all course requirements is not eligible for an academic concession.” Students can only request deferrals for required course completion elements they have not yet done, not for non-essential course elements. Please note that deferral of Lab activities is not possible.

Minimum Performance Standards

Passing PSYC 201 requires an average grade across the three midterm tests greater than 50% and a grade greater than 50% for lab (attendance, participation, and assignments). If you do not meet both of these criteria you will receive a failing grade (F) in the course regardless of your performance on other course components.

Policy on Missed Exams (Important!)

You are to write midterm tests as scheduled. If you miss a midterm due to illness, accident, family affliction, or conflicting responsibilities, you must email me ASAP indicating why. You are not required to provide documentation except in the case of conflicting responsibilities. We will arrange a make-up test at the earliest possible date. All three exams must be written to complete the course. If you miss the last midterm, email me ASAP; you may need to apply for a “[Request for Academic Concession](#)” through the Office of the Registrar, typically within 10 working days of the test date.

Brightspace Features

University-level learning isn't about passively receiving information. It's about actively creating new ways of thinking.

Course Announcements: I'll use this for important course-related announcements; these will be sent to you via email at the address you have specified. Checking email daily is one of the responsibilities of being a university student.

Anonymous Communications with Me: New! You are invited to send constructive comments, suggestions, requests, or questions about the course anonymously [via this online form](#).

Extra Credit for Research Participation

Up to 3 points of extra credit can be earned by participating in research projects posted on the UVic Psychology Research Participation System website <http://uvic.sona-systems.com/>. You will earn 0.5 points for each 30 minutes (or portion thereof) of participation. To earn all 3 bonus points, you must participate in at least two different studies (i.e., a single 3-hour study is not acceptable). Extra credit will be added to your final score (e.g., if you had an 83 in the course, and earned all 3 points, you would get an 86 and so get an A instead of an A-).

There is no penalty for not earning extra credit. The rationale for the extra credit policy is that participating gives you hands-on experience of psychology research. If you sign up, you **MUST** keep the appointment and be on time. If you previously used the SONA system, do not create a new ID; your SONA user-ID is the first part of your UVic email (i.e., the part before “@”) and you can ask to be reminded of your password at the SONA site <http://uvic.sona-systems.com/>.

Article Reviews as an alternative to participation in research

Some students face obstacles to participating in research and others may simply not wish to participate in research. As an alternative way to earn bonus points, students can write up to 3 short (2 pages double spaced) reviews of psychology journal articles reporting original research. These **MUST** be independent of readings you are doing as part of other courses. Each review will be worth 1 extra credit. You **must obtain written (emailed) approval** for each article before writing a review. To receive credit, you must follow these guidelines:

- Notify the TA via email no later than 15 March. The last date for submitting **proposed** articles is 22 March. Completed reviews must be submitted electronically to the TA as Word or rtf documents no later than midnight on 02 April.
- Identify title, author(s), source, and year of the article and either attach a PDF copy of the article or include a link to it.
- Clearly summarize the psychological concepts in the article, briefly describe the methods and the reported results, and discuss the implications of the results. Critically evaluate the article.
- Keep a copy of your review in the unlikely event that we misplace the original.

Other Matters

Disruptive Behaviour in Class

Please respect your classmates' right to attend to and participate in class activities. If you wish to chat about other topics during class time, that is fine but please do it somewhere else. Except during tests, you are welcome to use electronic devices during class in ways that support your comprehension and retention of the material (e.g., to take notes, record the lecture, look things up, do calculations), but not in ways that are likely to distract you and those around you. *I will ask any student engaging in disruptive behaviour in class to leave.*

Students with Disabilities

The University of Victoria is committed to creating a learning experience that is as accessible as possible. If you are registered with the Centre for Accessible Learning (CAL) and anticipate or experience any barriers to learning in this course, please feel welcome to discuss your concerns with me. If you are a student with a disability or chronic health condition, you can meet with a CAL advisor to discuss access and accommodations, <https://www.uvic.ca/services/cal/>

Questions/Problems

I want you to come to see me during office hours if you need help or just to chat about the course. Bright, motivated students come to instructors' office hours.

If you have a concern about the marking of a test, please first review your notes and the text to try to understand the marking on your own. If that doesn't avail, then please check with the TA via email or during their office hours (see page 1). If after talking with the TA you are still not satisfied, then please contact me via email or during my office hour.

If you need help understanding the material presented in the text or lecture, you can contact either the TA or me during our office hours or via email. For general help on study skills, <https://onlineacademiccommunity.uvic.ca/uvicearn/>

If you have trouble using the research bonus point system, please contact p100res@uvic.ca.

If you have problems with email or Netink, please contact the Computer Help Desk at helpdesk@uvic.ca or call (250) 721-7687 or go to Clearihue A004.

Most students at one time or another struggle with mental health issues (anxiety, depression, insomnia, substance abuse, etc.). UVic has a wealth of resources to help students through those tough times. See www.uvic.ca/mentalhealth.

Ombudsperson and Academic Concerns

From the [UVic course calendar](#): Depending on the nature of the academic matter of concern to the student, the order in which the student should normally try to resolve the matter is: first, the course instructor; second, the Chair of the department; third, the Dean of the faculty; and finally, the Senate.

If you are having an academic concern or problem that cannot be resolved with your instructor or the Department Associate Chair, you may wish to consult with the Office of the Ombudsperson (<https://uvicombudsperson.ca>). Current contact information for the office can be found here <https://uvicombudsperson.ca/contact/>.

Class Schedule for PSYC 201 (A01 and A02) Fall 2026

Date	Topic	Reading
THU 10 SEP	1. Intro, Orienting, Natasha Jamal of Co-op	None
MON 14 SEP	2. Psychological Science and Critical Thinking	CH 1
THU 17 SEP	3. Sources of Information: Finding Strong Science	Ch 2
MON 21 SEP	4. Three Claims, Four Validities	Ch 3
THU 24 SEP	5. Presentation by Darcie Gabruck, Soc Sci Career Educator; 3 Claims 4 Validities II	"
MON 28 SEP	6. Ethics	Ch 4
THU 01 OCT	7. Measurement	Ch 5
MON 05 OCT	8. Descriptive Statistics	Stats Review: Descriptive
THU 08 OCT	Midterm Test 1 (inQuiz for ch 1-5 due 07 OCT)	None
MON 12 OCT	Thanksgiving Holiday	None
THU 15 OCT	9. Visualizing Data	Stats Review: Descriptive
MON 19 OCT	10. Inferential Stats 1	Stats Review: Inferential
THU 22 OCT	11. Inferential Stats 2	"
MON 26 OCT	12. Surveys	Ch 6
THU 29 OCT	13. Sampling from Populations	Ch 7
MON 02 NOV	14. Bivariate Correlational Research	Ch 8
THU 05 NOV	15. Multivariate Correlational Research	Ch 9
MON 09 NOV	Reading Break	None
THU 12 NOV	Midterm Test 2 (inQuiz for ch 6-9 due 11 NOV)	None
MON 16 NOV	16. Simple Experiments	Ch 10
THU 19 NOV	17. Experiments and Internal V	Ch 11
MON 23 NOV	18. Factorial Experiments 1	Ch 12
THU 26 NOV	19. Factorial Experiments 2	"
MON 30 NOV	20. Transparency, Replication, Reproducibility	Ch 14
THU 03 DEC	21. Course Experience Survey & External Validity	"
MON 07 DEC	Midterm Test 3 (inQ for ch 10-12 & 14 due 06 Dec)	None

Notes: All readings are in the assigned text by Morling. **The Stats Reviews are at the back of the book.** There are no InQuizitives for the Stats Review sections.

Chapter 13 not assigned; you will not be tested on that content. But you might find it of interest!

Sexualized Violence Prevention and Response at UVic

UVic takes sexualized violence seriously, and has raised the bar for what is considered acceptable behaviour. We encourage students to learn more about how the university defines sexualized violence and its overall approach by visiting www.uvic.ca/svp. If you or someone you know has been impacted by sexualized violence and needs information, advice, and/or support please contact the sexualized violence resource office in Equity and Human Rights (EQHR). Whether or not you have been directly impacted, if you want to take part in the important prevention work taking place on campus, you can also reach out:

Where: Office of Equity and Human Rights, Sedgewick Building, Room C133

Phone: 250 721 8021

Email: eqhr01@uvic.ca

Web: <https://www.uvic.ca/sexualizedviolence/>

UNIVERSITY OF VICTORIA

Department of Psychology

Important Course Policy Information

Fall Session 2026

Accessible Learning

The University of Victoria is committed to creating a learning experience that is as [accessible as possible](#). If you are registered with the [Centre for Accessible Learning](#) and anticipate or experience any barriers to learning in this course, please feel welcome to discuss your concerns with me. If you are a student with a disability or chronic health condition, you can meet with a CAL advisor to discuss access and accommodations.

Attendance and Absences

Attendance is important. Students who do not attend their classes during the first two weeks (and do not inform the instructor of valid circumstances that prevent their attendance) may be dropped from both class registration and the waitlist.

Students are expected to attend all classes in which they are enrolled. Students may be assigned a final grade of N or debarred from writing final examinations if they fail to satisfy a minimum attendance requirement set by the instructor for lectures, laboratories, online course discussions or learning activities, tutorials, or other learning activities set out in the course outline.

Medical documentation for short-term absences is **not required** (approved by Senate). Students who cannot attend due to illness are asked to notify their instructors immediately. If illness, accident, or family affliction causes a student to miss the final exam or to fail to complete any required assignment/assessment by the end of the term students are required to submit a request for academic concession (see below).

Children and Pets

If you need to bring your children or pet to class, please do not hesitate to do so. It is understood that sometimes this is necessary due to care circumstances. However, please aim to have minimal class disturbance so that student learning is not impacted.

Class Recording and Auto-Captioning Statement

The instructor may record class sessions and those recordings may be made available to all students in the class via Brightspace. If you have questions or concerns regarding class recording and privacy, please contact privacyinfo@uvic.ca

Auto-generated captioning may be enabled in this course. Auto-captioning is highly error-prone, especially for specialized terminology and proper names. Students are asked to refer to the audio feed for clarification of any errors. If you find captioning errors that are offensive, please contact your instructor and/or teaching assistant so that they are aware. If you require captions as part of an academic accommodation, please contact [CAL](#).

Commitment to Inclusivity, Diversity, and Respectful Environments in the Classroom and Online

The University of Victoria is committed to providing a positive and supportive and safe learning and working environment for all its members. All members of the university community have the right to this experience and the responsibility to help *create* such an environment. The University will not tolerate racism, sexualized violence, or any form of discrimination, bullying, or harassment. Please be advised that, by logging into UVic's learning systems or interacting with online resources and course-related communication platforms, you are engaging in a University activity.

All interactions within this environment are subject to the university expectations and policies. Any concerns about student conduct may be reviewed and responded to in accordance with the appropriate university policy.

To report concerns about online student conduct: onlineconduct@uvic.ca

Copyright

All course content and materials are made available by instructors for educational purposes and for the exclusive use of students registered in their class¹. The material is protected under copyright law, even if not marked with ©. Any further use or distribution of materials to others requires the written permission of the instructor, except under fair dealing or another exception in the Copyright Act. Violations may result in disciplinary action under the [Resolution of Non-Academic Misconduct Allegations policy \(AC1300\)](#) or the [Academic Integrity Policy](#), whichever is more appropriate for the situation.

Student Experience of Learning (SEL) Survey

I value your feedback on this course. Toward the end of term, you will have the opportunity to complete a confidential Student Experience of Learning (SEL) survey regarding your learning experience. The survey is vital to providing feedback to the instructor regarding the course and their teaching, as well as to help the department improve the overall program for students in the future. When it is time for you to complete the survey, you will receive an email inviting you to do so. If you do not receive an email invitation, you can go directly to <http://sel.uvic.ca>. You will need to use your UVic NetLink ID to access the survey, which can be done on your laptop, tablet or mobile device. You will be reminded nearer the time, but please be thinking about this important activity, especially the following three questions, during the course.

1. What strengths did your instructor demonstrate that helped you learn in this course?
2. Please provide specific suggestions as to how the instructor could have helped you learn more effectively.
3. Please provide specific suggestions as to how this course could be improved.

Disclaimer

The schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances.

Grading

In classes that are based on a percentage grading scheme, the following [Undergraduate Grading Scale](#) is used

Grade	A+	A	A-	B+	B	B-	C+	C	D	F
Percentage	90-100	85-89	80-84	77-79	73-76	70-72	65-69	60-64	51-59	< 50
GP Value	9	8	7	6	5	4	3	2	1	0

Rounding is only applied to the final grade and is rounded up at the 0.5% level (e.g., 84.49% is rounded to 84% and 84.50% is rounded to 85%).

Medical Documentation for absences

No medical documentation for short-term absences is required (Approved by Senate).

If you are seeking a Withdrawal Extenuating Circumstances or an Aegrotat grade, medical documentation may be required if relevant.

Ombudsperson and Academic Concerns

From the course calendar: *Depending on the nature of the academic matter of concern to the student, the order in which the student should normally try to resolve the matter is: first, the course instructor; second, the Chair of the department; third, the Dean of the faculty; and finally, the Senate.*

If you have an academic concern or problem that cannot be resolved with your instructor or the Department Associate Chair, you may wish to consult with the Office of the Ombudsperson (<https://uvicombudsperson.ca>). Current contact information for the office can be found here <https://uvicombudsperson.ca/contact/>.

Policy on Academic Integrity including Plagiarism and Cheating

The Department of Psychology fully endorses and intends to adhere to the [Senate Policy on Academic Integrity](#).

As per the student academic integrity [website](#):

“Academic integrity is built on honesty, respect, and fairness. Students, faculty, and staff at UVic are members of an intellectual community. As such, it’s expected that we’ll adhere to ethical values in all our learning, teaching, and research.”

This policy is in place to ensure that students’ work is being evaluated fairly and that students carry out and benefit from the learning activities assigned in each course.

The offences defined by the policy can be summarized briefly as follows:

¹ Syllabi belong to the department through which the course is administered.

1. **Plagiarism.** You must make sure that the work you submit is your work and not another person or a Content Generator. There are proper procedures for [citing the works of others](#). The student is responsible for being aware of and using these procedures.
2. **Unauthorized Use of an Editor or Content Generator.** The use of an Editor or Content Generator is prohibited unless the instructor grants explicit written authorization.
3. **Multiple Submission without Prior Permission.** Only under exceptional circumstances may a work submitted to fulfill an academic requirement be used to satisfy another similar requirement. The student is responsible for clarifying this with the instructor(s) involved.
4. **Falsifying Materials Subject to Academic Evaluation.** This includes falsification of data, use of commercially prepared essays, using information from the Internet without proper citation, citing sources from which material is not actually obtained, etc.
5. **Cheating on Work, Tests, and Examinations.** You may not copy the work of others in or out of class; you may not give your work to others for the purpose of copying; you may not use unauthorized material or equipment during examinations or tests; and you may not impersonate or allow yourself to be impersonated by another at an examination. The Department of Psychology has a policy of not making old examinations available for study purposes. Therefore, use of old exams without the express written permission of the instructor constitutes cheating by the user, and abetting of cheating by the person who provided the exam.
6. **Aiding Others.** It is a violation to help others or attempt to help others to engage in any of the conduct described above.

The use of a generative artificial intelligence (AI) is strictly prohibited in any submitted work (unless expressly endorsed by the instructor as part of an assignment).

Instructors can take actions to prevent cheating and plagiarism. This may include the assignment of seating for examinations, asking students to move during examinations, requests to see student identification cards, and other measures as appropriate. Instructors also have available to them a variety of university approved tools and procedures to check for Internet and electronic media-based cheating. In instances of suspected academic integrity violations, instructors will follow prescribed procedures for alleged academic dishonesty. If academic dishonesty is likely, instructors can take steps consistent with the degree of the offence (see the academic integrity section on [policy violations](#)).

Rights of Appeal are described in the Policy on Academic Integrity in the University calendar September 2026.

The definitive source for information on Academic Integrity is the University Calendar

Other useful resources on Plagiarism and Cheating include:

1. The student academic integrity website: <https://www.uvic.ca/students/academics/academic-integrity/>
2. The Ombudsperson's office: <https://uvicombudsperson.ca/academic-integrity/>
The **Office of the Ombudsperson** is an independent and impartial resource to assist with the fair resolution of student issues. A confidential consultation can help you understand your rights and responsibilities. The Ombudsperson can also clarify information, help navigate procedures, assist with problem-solving, facilitate communication, provide feedback on an appeal, investigate and make recommendations. Phone: 250-721-8357; Email: ombuddy@uvic.ca; Web: uvicombudsperson.ca.
3. UVic Library Resources: <https://www.uvic.ca/library/research-learning/citation-help/academic-integrity/index.php>
4. UVic Library Document on [Avoiding Plagiarism](#)

Prerequisites

Students who remain in courses for which they do not have the prerequisites do so at their own risk. Students who complete courses without prerequisites **ARE NOT** exempt from having to complete the prerequisite course(s) if such courses are required for the degree program.

Program Requirements

For more information see the [UVic Calendar](#).

Registration Status

Students are responsible for verifying their registration status. Registration status may be verified using My Page, View Schedule. Course adds and drops will not be processed after the [deadlines](#) set out in the current UVic Calendar. Students who do not attend classes must not assume that they have been dropped from a course by an academic unit or an instructor.

Courses that are not formally dropped will be given a failing grade, students may be required to withdraw and will be required to pay the tuition fee for the course.

Request for [Academic Concessions](#)

Students can apply for [academic concessions](#) if their course requirements are affected by (i) unexpected and/or unavoidable circumstances (e.g., illness, family affliction, Indigenous cultural or community obligations, etc.), or (ii) conflicting responsibilities (e.g., service in the armed forces or first responder, representing the university).

- **Request an in-course extension**

If you require more time to complete a course requirement or miss a test or midterm exam, then you will need to complete the [“In-Course Extension Form”](#) and submit it directly to your course instructor. All course requirements must be completed prior to the submission of final grades.

- **What to do if you miss the final exam scheduled during the formal exam period**

Apply at Records Services for a [“Request for Academic Concession”](#), normally within 10 working days of the date of the exam. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student’s academic record.

- **What to do if you require additional time to complete course requirements beyond the normal term.**

Apply at Records Services for a [“Request for Academic Concession”](#), normally within 10 working days of the end of the course. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation. Where a concession is not applied for or where such application is denied, an N grade will be entered on the student’s academic record if the missing work has been deemed required. Note, only required course components may be deferred.

Research Participation Opportunities with the Department of Psychology

The Department of Psychology offers multiple opportunities to participate in research studies over the year. Students are encouraged to learn more about the field of psychology by volunteering in these studies. Information about studies can often be found posted on notice boards around the Department as well as through our Participant Pool webpage at

<https://www.uvic.ca/socialsciences/psychology/research/participants/>.

Student Code of Conduct

The [Student Code of Conduct](#) explains how University policies regarding student behaviour are interpreted and applied within the Faculties of Humanities, Science and Social Sciences.

Student Support Services

[UVic LEARN](#) is the student support portal for a full range of student academic and support services. Other resources for students include: [Centre for Academic Communication](#), [Math & Stats Assistance Centre](#), [Student Wellness Centre](#), [Indigenous Student Services](#), [Library](#), [Community Engaged Learning](#), [Ombudsperson](#), and [Computer Help Desk](#)

This classroom is a trans-inclusive space

Please indicate if you have a preferred name and pronoun that you’d like to be used in the classroom. Please e-mail your instructor or your TA if you would like to discuss the climate of this classroom for trans students. Gender neutral bathrooms are available at UVic.

University of Victoria Students’ Society (UVSS)

The [UVSS](#) is a social justice based non-profit run by students, for students and is entirely separate from UVic. As an undergrad student, you are already a member! We work on issues affecting students such as affordability, public transit, sexualized violence, sustainability, student employment, and much more. We fund clubs and course unions, and have several advocacy groups. We also have a Food Bank and Free Store, a Peer Support Centre, and run your health and dental plan. We are here to support you, so please reach out to us at uvss.ca!

Academic Important Dates

Fall session – first term (September – December)

Wednesday, September 9 th	First term classes begin for all faculties
Tuesday, September 22 nd	Last day for 100% reduction of tuition fees for standard first term and full year courses. 50% of tuition fees will be assessed for courses dropped after this date.
Friday, September 25 th	Last day for adding courses that begin in the first term
Wednesday, September 30 th	Last day for paying first term fees without penalty
Wednesday, September 30 th	University Closed (National Day for Truth and Reconciliation)
Monday, October 12 th	University Closed (Thanksgiving Day)
Tuesday, October 13 th	Last day for 50% reduction of tuition fees for standard courses
Saturday, October 31 st	Last day for withdrawing from first term courses without penalty of failure
November 9 th - 11 th	Reading Break for all faculties
Wednesday, November 11 th	University Closed (Remembrance Day)
Monday, December 7 th	Last day of classes in first term for all faculties
Monday, December 7 th	National Day of Remembrance and Action on Violence Against Women - (Classes and exams cancelled from 11:30am - 12:30pm)
Thursday, December 10 th	First term examinations begin for all faculties
Wednesday, December 23 rd	First term examinations end for all faculties
December 25 th - 31 st	University Closed (Winter Break)

Add and drop dates for standard 2026-2027 Winter Session courses

Term	Start Date	End Date	100% Fee Reduction	Add Deadline	50% Fee Reduction	Academic Drop no Fee Reduction
First term	Sep 9	Dec 7	Sep 22	Sep 25	Oct 13	Oct 31
Second term	Jan 6	Apr 7	Jan 19	Jan 22	Feb 9	Feb 28

8/28/2026



BE WELL

A note to remind you to take care of yourself. Do your best to maintain a healthy lifestyle this semester by eating well, exercising, getting enough sleep and taking some time to relax. This will help you achieve your goals and cope with stress. All of us benefit from support during times of struggle. You are not alone.

Social Life, Friends, & Community at UVic:

Having a social network is an extremely important foundation for positive mental health. There are lots of benefits to joining clubs, course unions, intramurals and teams on campus.

<https://www.uvic.ca/undergraduate/housing-student-life/student-life/index.php>

Counselling Services:

The Student Wellness Centre can help you make the most of your university experience. They offer free professional, confidential, inclusive support to currently registered UVic students. <https://www.uvic.ca/student-wellness/contacts/student-wellness-team/index.php#ipn-counsellors>

Health Services:

The Student Wellness Centre also provides a full service primary health clinic for students. <https://www.uvic.ca/student-wellness/contacts/student-wellness-team/index.php#ipn-physicians>

Centre for Accessible Learning:

The CAL staff are available by appointment to assess specific needs, provide referrals and arrange appropriate accommodations <https://www.uvic.ca/accessible-learning/index.php>. The sooner you let us know your needs, the quicker we can assist you in achieving your learning goals in this course.

Elders' Voices:

The Office of Indigenous Academic and Community Engagement (IACE) has the privilege of assembling a group of Elders from local communities to guide students, staff, faculty and administration in Indigenous ways of knowing and being. www.uvic.ca/services/indigenous/students/programming/elders/

Mental Health Supports and Services:

Mental health supports and services are available to students from all areas of the UVic community: <https://www.uvic.ca/student-wellness/wellness-resources/mental-health/>