

Psychology 100A



Introductory Psychology I

A01 (*CRN 22746*)

Biological and Cognitive Emphasis
Spring (Jan - Apr) 2026

Psychology 100A – Introductory Psychology I

Biological and Cognitive Emphasis

Spring(Sep-Dec) 2026

TR 18:00 – 19:20 (A01)

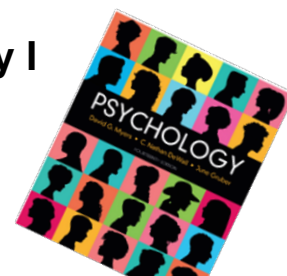


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The University of Victoria is committed to creating a learning experience that is as accessible as possible. If you are registered with the **Centre for Accessible Learning** and anticipate or experience any barriers to learning in this course, please feel welcome to discuss your concerns with me. If you are a student with a disability or chronic health condition, you can meet with a CAL advisor to discuss access and accommodations. 22

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WELCOME TO PSYCHOLOGY 100A

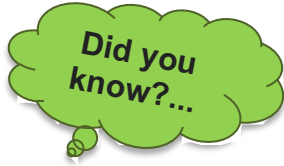
We acknowledge and respect the Lək̓ʷəŋən (Songhees and X̱wsepsəm/Esquimalt) Peoples on whose territory the university stands, and the Lək̓ʷəŋən and W̱SÁNEĆ Peoples whose historical relationships with the land continue to this day.

We recognize how privileged we are to learn, work, and play on this beautiful territory.

Hello!

On behalf of the Department of Psychology and as the instructor of this course, I welcome you to Psychology 100A! Over the years, the department members who teach this course have put a lot of thought

into how to deliver this course in a way that helps you understand and apply important theories and concepts. I am passionate about psychology and hope to engage you in reflecting on how psychology can be used to tackle important issues in our communities and more broadly, in the world. I hope this course will interest and challenge you.



Did you know that worldwide, *Introductory Psychology* is one of the most popular classes in post-secondary institutions? Psychology, as a field of study, has obvious intrinsic appeal: exploring the nature and causes of human behaviour is exciting! Yet the very familiarity of psychology can pose a problem. Although we often have good, commonsense views of psychology, our perspectives are fundamentally shaped by our personal experiences, contexts, and folk wisdom. Our perspectives can be correct, but they can also interfere with our approaching the study of behaviour from other points of view. As your instructor, my role is to help you explore this issue, both in this course and in the future, if you advance in further psychology courses.

This semester, this section has up to 250 UVic students taking this course and I hope to engage in conversations with as many of you as is possible. I encourage you to take the initiative and contact me during my student hours (office hours), after class, or by e-mailing.

Wishing you a successful and productive learning experience in Psychology 100A!

SUPPORTING AN EFFECTIVE LEARNING ENVIRONMENT

Respect for Diversity

An intention for this course is that:

- students from diverse backgrounds and perspectives be well-served by this course,
- students' diverse learning needs are supported,
- the diversity that students bring to this class is viewed as a resource, strength, and benefit.

I aim to present materials and activities that are respectful of diversity: gender, sexuality, ethnicity, race, culture, disability, age, socio-economic status, etc. Your suggestions are encouraged and appreciated. In a constructive way, please let me know how the effectiveness of the course might be improved for you personally or for other students or student groups. If any due dates/test dates conflict with meaningful religious or cultural events in your life, please let me know so these can be addressed.

A big part of creating an effective learning environment hinges on you managing your time and making sure you also carve out some time to relax. Please familiarize yourself with the various Uvic supports and resources (see p. 20, as well as the course Brightspace page) and please feel free to reach out to me or your TA if you have questions about supports and resources.

****If anything on our website (including documents) presents any accessibility issues, please let your instructor know and she will send you the information in plain format.**

MEET THE PSYCHOLOGY 100A TEAM

Section TA:

A01 TBD

PLEASE include **section & name of TA** in subject heading of your e-mails

Course instructor:

**Note: TA stands for Teaching Assistant*

WHOM SHOULD YOU CONTACT IF YOU HAVE A QUESTION?

With almost 250 students in this course, responding to your email can sometimes take us a couple of days – thank you in advance for your patience and understanding! **Often, questions we receive could have been answered with information in this course syllabus!**

- Please, before you send a question, check if the answer is in this course syllabus or elsewhere on Brightspace. Another option is to check if your peers know the answer to your question (e.g., post your question in the relevant discussion forum section on Brightspace).

If the above ideas don't yield you an answer, use the list below to determine whom to contact with your question/comment.

- In your subject heading, please include "PSYC 100A", your **section number** (A01, A02, A03), and the **name of your TA** (if you are emailing your TA).
- In your signature, please include **your first and last name**, as well as your **student number**.

<u>If you have questions/comments regarding:</u>	<u>Contact:</u>
<ul style="list-style-type: none"> • Course and test accommodations • Test scoring, make-up tests • Web surveys • Online quizzes, assignments, textbook material, general inquiries 	Course TA and/or Instructor
<ul style="list-style-type: none"> • Posted lecture material, textbook material 	Course Instructor
<ul style="list-style-type: none"> • Research participation bonus points 	Research participation coordinator Dr. Jim Tanaka: _____
<ul style="list-style-type: none"> • Technical issues with computer, e-mail, Brightspace, NetLink, login, password problems 	Computer help desk _____

***Please note:** Emails will not typically be responded to on evenings, weekends, or holidays. If you send an email, you can expect a response during typical business hours.

MATERIALS YOU WILL NEED FOR THIS COURSE

Required Text

- Myers, D. G., DeWall, C. N., & Gruber, J. (2024). *Psychology* (14th ed.). Worth Publishers.

Achieve (online study resource) comes included with the textbook if you purchase it new through the UVic bookstore. Although Achieve is not required for the course, it is recommended that you purchase it, as it will help in your learning of the course material. You can purchase the textbook through the UVic Bookstore.

We recommend ordering your textbook as soon as possible because it may take some time for you to receive it (even the e-book!). This is the same textbook used in PSYC 100B, so if you've taken that section recently, you may already own it!

You have the option to purchase a new textbook in one of two ways: as an e-book (less expensive) **OR** as looseleaf pages that go into a binder (more expensive).

Both options include access to Achieve and 4-year access to an online version of the text (at the publisher's Achieve website – see "Achieve – Optional Online Resource Material" below for more information), as well as a 2-year subscription to iClicker (see "iClicker" below for more information).

To purchase your textbook (and Achieve), go to the UVic bookstore website then search for Psyc 100A + your section number (A01): <https://www.uvicbookstore.ca/text/>

After purchase, **access the textbook online ("Achieve")** via this specific course website (ink below).
Please make sure you keep your textbook and iClicker codes in case you run into issues later in the semester: <https://achieve.macmillanlearning.com/courses/p2w4jq>

Achieve - Optional Online Resource Material

If you purchase your textbook from the bookstore, you will also receive an access code for the textbook online site (Achieve). This site contains extra quizzes and videos to help with your understanding of the course material. Although recommended, it is not mandatory to do the “extras” on Achieve for this course.

To access the textbook online ("Achieve") go to the course website:
<https://achieve.macmillanlearning.com/courses/p2w4jq>

If you are registering directly on the Achieve platform (i.e., not using the link above), note that you will need to enter a course code: See Brightspace

Please bookmark the page to make it easy to return to.

- For further guidance on accessing and utilizing Achieve, see:
<https://sites.google.com/macmillan.com/achieve-checklist-student/home?pli=1>
- You can reach a virtual representative 24 hours a day, 7 days a week through the online form: <https://mhe.my.site.com/macmillanlearning/s/>

Required Technology

iClicker Personal Response System is needed to participate in class to earn up to 4% of your final mark. There are two options: **See page 15 and Brightspace for information about creating your iClicker account.*

- 1) iClicker Student (formerly iClicker Reef): This application can be used on a personal device (laptop, smartphone, or tablet). If you purchase a 14th edition textbook through the UVic Bookstore, it comes with a **2-year free subscription** to the online iClicker software. You can also purchase access to the app on its own from the UVic Bookstore. To receive your 10% participation points, you must **create an account via a web browser (not the iClicker app!)**: (<https://student.iclicker.com/#/login>).

a. Important: When creating an iClicker account, please use the same email address that is associated with your netlink ID.

- 2) iClicker 2: This is a physical remote that can be purchased at the bookstore new or used (also usable in other courses that use iClickers) and can be sold back to the UVic bookstore. Only second-generation iClickers can be used (if you use the original iClicker you may not be able to respond to all the questions in class). To receive your participation points, you must create an account and register your remote online at <https://student.iclicker.com/#/login>.

*Did you know **Microsoft 365**, including access to OneDrive storage and Microsoft Office applications, is available to all students? Instructions at: <https://onlineacademiccommunity.uvic.ca/O365/>

Course Website

The PSYC 100A website is accessible through Brightspace (<https://bright.uvic.ca>) and includes all course material, chapter summaries, quizzes, assignments, and test information.

- To access Brightspace you need a valid UVic **NetLink ID**. To register, go to the NetLink website (<http://netlink.uvic.ca/>) and follow the directions. If you cannot access our Brightspace site after receiving your NetLink ID, contact the computer helpdesk (helpdesk@uvic.ca; 250-721-7687).
- At first, on our course website, you'll only see the sections "Course Information" and "Assessment Information". **Complete the Syllabus Scavenger Hunt in the "Course Information" section to unlock the rest of our course material (the Ch 3 section, which will release on Jan 6).**
 - **Why do we have you complete a syllabus scavenger hunt?** The syllabus is the most important document in this course and often, questions students have about the course can be answered with information from this document, so it's important you are familiar with it. It is not worth any grades – its purpose is to help set you up for success in this course.

WHAT IS THIS COURSE ABOUT?

Psychology is an exciting, complex scientific discipline, and is an essential part of the helping professions. We have designed PSYC 100A to provide an overview of:

- the main areas, concepts, findings, and methods of modern psychology
- various theoretical perspectives and professional orientations within psychology
- scientific methods of gathering information and forming conclusions from the study of human behaviour and functioning
- psychological principles from diverse perspectives that serve as a foundation for taking more advanced courses in psychology and related disciplines
- biological, social, and cultural factors that influence behaviour and mental processes
- how psychological principles help people lead better, healthier lives, and solve real world problems
- how to locate and utilize psychological research information

Whereas **PSYC 100A focuses on** the historical, methodological, biological, learning, and cognitive aspects of psychology, **PSYC 100B focuses on** lifespan development, human intelligence, social psychology, personality, psychological disorders, and psychological treatment.

- You can take the PSYC 100 courses in any order, but if you wish to take any further courses in psychology at the University of Victoria, you must complete both PSYC 100A and 100B.

What is the Format of the Class?

Every Tuesday and Thursday we will meet in class for lecture. Each week on Brightspace, a Module corresponding to a chapter in the textbook and relating to a week of class, will be released. Each Module will contain:

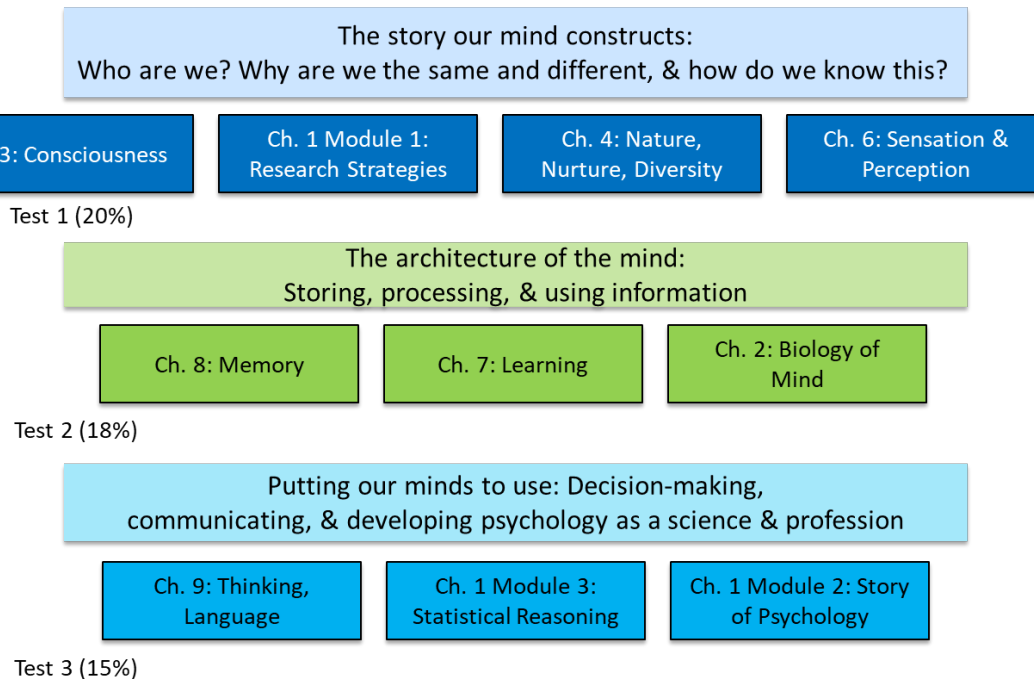
- **Textbook reading.** One assigned textbook chapter or specific chapter sections for you to read and a chapter summary highlighting important concepts from the textbook.
- **Chapter quiz.** A short online quiz related to the chapter material (prior to tests, there will also be a pre-test quiz). Quizzes are low-stakes assignments designed to help you stay on track with your reading! You only need to submit 8 of the 12 quizzes, but you are welcome to complete them all.

- **Option B Assignments.** If you choose “Option B”, you will be asked to complete five (5) assignments, with the best four (4) of those assignments counting toward your grade. Information about assignments can be found in our “Assessment Information” Module.
- **Web Surveys.** You will have two survey opportunities in this course. Each survey is designed for you to think, reflect and plan for your academic success.

Graphic Syllabus

Below is a graphic syllabus outlining the topics we will cover in this course:

UVIC PSYC 100A Graphic Syllabus



Disclaimer: In this course we will be discussing topics related to mental health, psychological disorders, and psychological treatment. You will be expected to engage with material pertaining to these topics.

Tentative Course Schedule

Module	Class Dates	Reading (Modules)	Topic(s)	Tests/Notes	Web Surveys & Assignments Due 11 PM	Quizzes Due 11 PM
Intro	Jan 6, 8	Explore our Brightspace page; do Syllabus Scavenger Hunt; get textbook	Intro to course, Achieve, iClicker	Suggestion: Submit things well before deadlines, to avoid technical issues – late submissions will not be accepted		Complete Syllabus Scavenger Hunt to unlock future course material
Ch 3	Jan 13, 15	Ch 3 (Module 8-10) APA video (on Brightspace)	Consciousness	Jan 18: last day to drop courses & receive 100% of tuition fees.		Q1(Ch 3) Friday, Jan 16
Ch 1	Jan 20, 22	Ch. 1 – Part 1 *(Only Module 2)	Research Strategies	Jan 21: last day to add courses <i>Jan 22: iClicker participation starts counting toward grades</i>	Option B – Sleep & Dreams (due Jan 23)	Q2 (Module 2) Friday, Jan 23
Ch 4	Jan 27, 29	Ch. 4 (Module 11 & 13)	Nature, Nurture, & Diversity		Option B – Naturalistic Observation (due Jan 30)	Q3 (Ch. 4 – Module 11 & 13) Fri, Jan 30
Ch 6	Feb 3, 5	Ch. 6 (Module 18-19)	Sensation & Perception			Q4 (Ch 6) Fri, Feb 6
Test 1 & Ch 8	Feb 10, 12	Test 1 Begin Ch. 8 (not on Test 1)	Memory (not on Test 1)	Feb 8: last day to drop courses & be reimbursed 50% of tuition fees Feb 13: Final day to submit request for alternative to research participation credit & choose Option A or Option B for grading.	Q5 (Pre-test 1: Ch. 3, 1 (module 2), 4, 6) Monday, Feb 9 Option B – Sensation & Perception (due Feb 13)	
				Test 1 Tuesday, Feb 10		
	Feb 17, 19	Reading Break – no classes				

Ch 8	Feb 24, 26	Ch. 8 (Module 24-26)	Memory		Option B – Memory Experiments (due Mar 2)	Q6 (Ch 8) Fri, Feb 27
Ch 7	Mar 3, 5	Ch. 7 (Module 21-23)	Learning	Feb 28: last day to drop courses without penalty of failure		Option B – Behaviour Modification (due Mar 13) Q7 (Ch 7) Fri, Mar 6
Ch 2	Mar 10, 12	Ch 2 (Module 4-6)	Biology of Mind			Q8 (Ch 2) Fri, Mar 13
Ch 9 & Test 2 Prep	Mar 17, 19	Wrap-up Ch 2 Start Ch. 9 (Module 27-28);	Thinking & Language	Test 2 (Tuesday, Mar 17) Ch. 8, 7, 2 Tests are during regular class time		Q9 (Pre-test 2: Ch 8, 7, 2) Mon, Mar 16
Ch. 9 & Ch 1	Mar 24, 26	Wrap-up Ch. 9 (Module 27-28) Ch 1 – Part 2 (Module 1 & 3)	Thinking & Language Ethics & Statistical Reasoning			Q10 (Ch 9) Fri, Mar 27
Ch. 1 & Test 3 Prep	Mar 31, Apr 2	Continue Ch 1 – Part 2 & Wrap	Story of Psyc Course Wrap-up	Test 3 (Thurs, Apr 2) Tests are during regular class time		Friday, April 3: Research Bonus Points Due by 5 pm Q11 (Ch. 1 (module 1 & 3) Mon, Mar 30) Q12 (Pre-test 3: Ch. 9, 1 (module 1 & 3) Wed, Apr 1)

***Quizzes, Web Surveys, and the Option B writing assignments**, have a 24-hour extension built-in. You are strongly encouraged to submit by the due date, however, if you need it, you do not need to email to get permission to use the 24-hour extension.

- E.g., if something is due on our schedule on Jan 16, 11pm, if you need it, you can use the 24-hour extension and submit by Jan 17, 11pm. Tests, and final submission day for bonus research points do not have this extension.
- For all assignments:** Once you receive your assignment grade, you will be able to review the grade and feedback on Brightspace. If you have any grading concerns, you have 5 business days after receiving each grade to bring these concerns to our attention. After this timeframe, our focus will be on providing you with more detailed feedback.

****We suggest you complete all course components; however, you must complete all 3 tests** to receive course credit. Failure to complete all 3 tests will result in a grade of “N” regardless of the cumulative percentage of all other elements of the course. N is a failing grade and factors into GPA as a value of 0.

*****In accordance with the [University’s policy on academic concessions](#), “A student who completes all course requirements is not eligible for an academic concession”. Consequently, students can only request deferrals for the completion of the 3 tests (required components) of this course.**

HOW WILL YOUR PROGRESS BE EVALUATED?

There are many ways to obtain grades in this course, and you have a choice of two options to follow. Your final grade will be based on the following, and you have two options for determining your grade. Note that you will need to notify us of your decision about Option A versus Option B by the second term test. These options are detailed below.

Option A: In-course tests, online quizzes, iclicker, and web surveys.

% of grade	Evaluation tool	Date(s)
30%	Test 1	(Ch 3, 1 (Ch. Module 2), 4, 6)
25%	Test 2	(Ch 8, 7, 2)
15%	Test 3	(Ch. 9, 1 (Ch. Module 1 & 3), Prologue)
15%	Online Quizzes	Jan 16, 23, 30; Feb 6, 9, 27; Mar 6, 13, 16, 27, 30; Apr 1 It's in your best interest to complete all 12 quizzes...You are asked to complete 8 of the 12 quizzes.
10%	iClicker	Beginning Jan 22, you can obtain iClicker participation points in each class. In each class, answer 75% of in class polls to get the grade for that class. Best 10 out of 16 classes @ ~ 1% each class.
5%	Web Surveys	Sep 22; Dec 03 There are 2 web surveys – links for which will be posted to Brightspace, and you will receive 2% (of your final mark) for each survey you complete.
3% bonus	Bonus Research Participation	Earn bonus points for research participation , up to a maximum of 3%. Must be completed by 5pm Dec 03.

*See note on p. 10 about 24-hour built-in extensions for some of the online quizzes and surveys

Option B: In-course tests, online quizzes, iclicker, web surveys, and written assignments

% of grade	Evaluation tool	Date(s)
18%	Test 1	Fri Oct 10 (Ch 3, 1 (Ch. Module 2), 4, 6)
17%	Test 2	Fri Nov 07 (Ch 8, 7, 2)
15%	Test 3	Tues Dec 02 (Ch 9, 1 (Ch. Module 1 & 3), Prologue)
15%	Online Quizzes	Sep 17, 24; Oct 1, 3, 8, 9, 22, 29; Nov 5, 6, 19, 26; Dec 01 It's in your best interest to complete all 12 quizzes...You are asked to complete 8 of the 12 quizzes.
10%	iClicker	Beginning Jan 22, you can obtain iClicker participation points in each class. In each class, answer 75% of in class polls to get the grade for that class. Best 10 out of 16 classes @ ~ 1% each class.
5%	Web Surveys	Sep 22; Dec 03 There are 2 web surveys – links for which will be posted to Brightspace, and you will receive 1% (of your final mark) for each survey you complete.

20%	Take-Home Activities to Write Up	Four out of five activities to write up due Jan 23, 20; Feb 3; Mar 2, and Mar 13
3% bonus	Bonus Research Participation	Earn bonus points for research participation , up to a maximum of 3%. Must be completed by 5pm Dec 03.

For Option B: There will be five opportunities for short take-home (on-line) activities. However, only four will count toward your grade. These assignments will require students to carryout various activities to engage in some practical application of the content and materials covered in the lecture. Links to the list of these will be found on the course home page through Brightspace. The submission of the activities is due on specific dates (see course schedule, above) through the Brightspace submission area. To minimize difficulties in grading electronic submissions, students are expected to submit the assignment in the format specified in the instructions in Brightspace.

While students will be reminded to commit to option A or B by the second term test on March 17, the higher grade of these two options will be automatically assigned during grading.

Cutoff Points for Marks

A+	A	A-	B+	B	B-	C+	C	D	F
90-100	85-89	80-84	77-79	73-76	70-72	65-69	60-64	50-59	0-49

***Please note** that an A+, A, or A- is earned by work which is technically superior, shows mastery of the subject matter, and in the case of an A+ offers original insight and goes beyond course expectations.

Tests (Option A = 70%; Option B = 50%)

No matter which option you choose, you will write **three multiple choice tests in class**. Tests are non-cumulative (each only covers material since the previous test). All course material is testable (lectures, textbook chapters, quizzes, etc.). Tests will begin promptly at the start of class on test days. You are responsible for attending tests as scheduled and adhering to UVic's academic integrity policies.

**If one of our tests falls on a religious holiday that is important to you, please let your instructor know ahead of time.*

What to do if you miss a test due to illness:

You are responsible for attending tests as scheduled. If you miss a test due to unexpected and unavoidable circumstances (e.g., illness, accident, personal or family affliction, cultural obligations), or conflicting responsibilities (e.g., service in the armed forces or emergency service, representing the university, province, or country by participating in an academic event, an athletic competition, or an artistic performance), you must complete the UVic "[Request for in-course concession](#)" form and email it to your instructor as soon as possible (within 3 working days). Your instructor will review the form and contact you via email about the date of your make-up test. Normally makeup tests are on the next Friday following approval of the request at 2:30 pm, so you will need to make the necessary arrangements, as it is your responsibility to attend the make-up test at the time/ date set. There is only one make-up session per test.

Direct link to the in-class concession form: https://www.uvic.ca/students/academics/academic-concessions-accommodations/request-for-academic-concession/forms/uvic_undergraduate_request_for_in-course_extension.pdf

*If you miss a test and fail to contact your instructor **within 3 days** of the test date, it is considered that you have not completed a major course requirement and will assign an N mark (failure due to not completing a course requirement) for the course.

What to do if you require special arrangements for tests due to a diagnosed condition:

1. You must be officially registered with the Centre for Accessible Learning (CAL) – please see <https://www.uvic.ca/services/cal/online-services/register/index.php> for more information. Your professor will automatically be informed of your registration with them.
2. Prior to your test, if you have any questions about your accommodation, please contact your instructor or the TA.

The University of Victoria is committed to creating a learning experience that is as accessible as possible. If you are registered with the Centre for Accessible Learning and anticipate or experience any barriers to learning in this course, please feel welcome to discuss your concerns with us. If you are a student with a disability or chronic health condition, you can meet with a CAL advisor to discuss access and accommodations.

Quizzes (15%)

Why are online quizzes assigned?

The online chapter quizzes provide you with self-assessment of how well you are learning the material you are studying, and provide academic credit to keep up with your reading in the course. This gives you some practice in utilizing and applying the concepts and studies discussed in the textbook.

- If your experience matches that of students in previous years, you'll find the quizzes beneficial because they help to motivate and structure your studying.
- There is a total of 12 quizzes: 9 chapter quizzes designed to encourage you to complete the necessary pre-class readings and 3 pre-test quizzes designed to encourage you to study in advance of each test. You are only asked to **complete 8 of the 12 quizzes** (although we recommend you complete them all – **only your top 8 marks will count toward your grade!**)

It is strongly advised that you complete quizzes ahead of the deadline. If you do, you'll have time to seek help if you have technical issues, or if you get sick the day the quiz is due. Late submissions will not be accepted. If you need it, each quiz has a built-in 24-hour extension. However, no other extensions are provided beyond that time.

What if you miss an online quiz?

You will have 12 quiz opportunities during the semester but only your best 8 of the 12 will count toward your grade. If you miss one, it can simply be dropped as one of your 4 “freebies.” The 8-out-of-12 system is designed to give you flexibility in case you have a week where personal or other circumstances keep you from completing the quiz on time. Also, remember that each quiz has a built-in 24-hour extension.

If you choose to discard your flexibility early in the semester and then something comes up later, you will unfortunately have no other option than to accept a low (or zero) mark on a quiz. **Because you can miss 4 quizzes and still obtain full marks for the quiz component, there are no additional opportunities to complete make-up quizzes for any reason (including illness).** The “extra” four quizzes are considered as make-up quizzes.

What if you have technical issues logging on or completing the quiz?

Brightspace will close the quizzes automatically after the built-in 24-hour extension. Please make sure you have completed the quiz *BEFORE* this time – due date extensions will not be permitted. It is strongly suggested that you attempt the quizzes at least one day prior to the initial due date, to allow you time to reach out for assistance if you encounter any issues.

- **If you have a technical problem completing a quiz:** contact the Computer Help Desk (helpdesk@uvic.ca; 250-721-7687). Indicate whether you are having a NetLink or Brightspace problem.
- If you are still stumped, contact your instructor or the TA.

Writing Assignments (Option B = 20%)

For those choosing Option B, 20% of the grade is based on this short assignments. Since four out of the five count toward your grade, they are worth 5% each.

The instructions for these assignments will be on Brightspace, and it is important to follow the instructions for carrying out the experiential/observation component correctly, as well as answering all of the questions as asked. The topics are *Sleep & Dreams*; *Naturalistic Observation*; *Sensation & Perception*; *Memory*; and *Behaviour Modification*.

It is likely that the experiential/observational component of each assignment will take approximately 45-60 minutes for each one. The writeups will typically involve writing about what you observed and/or experienced, and relating it back to the methods and concepts as emphasized in the course readings and lectures. These are due Jan 23, 30, Feb 13, Mar 2, and 13.

You are strongly encouraged to complete these assignments independently, without the use of assistive technologies (e.g., AI writing tools) or reliance on friends or tutors. While such assistance may seem helpful in the moment, it can hinder the development of the very skills these assignments are designed to strengthen. The effort you invest now will make upper-year coursework, research projects, and professional writing significantly more manageable, and will contribute to your long-term academic success. You can, of course, ask your TA or instructor to help you understand specific sections of the assignment.

Remember, if you need it, each assignment has a built-in 24-hour extension. **It is in your best interest to complete these assignments by the due date** in case you experience any technological issues at the last minute. Late submissions will not be accepted.

Web Surveys (5%)

Five percent of your final grade will be based on the completion of two web surveys, each worth 2.5% of your final grade; each will take you between 10 – 30 minutes to complete.

You are strongly advised to complete the surveys before the due date so you can seek help if you have technical issues, or if you get sick the day the survey is due. If you need it, there is a built-in 24-hour extension for each web survey. Late submissions will not be accepted.

For all assignments: Once you receive your assignment grade, you will be able to review the grade and feedback on Brightspace. If you have any grading concerns, you have 5 business days after receiving each grade to bring these concerns to our attention. After this timeframe, our focus will be on providing you with more detailed feedback.

iClicker (10%)

Ten percent of your final grade will be based on your in-class participation using the iClicker Personal Response System. Please note, a 2-year subscription to the iClicker Student (formerly iClicker Reef) app/program is included for free when you purchase your textbook new through the UVic bookstore. Alternatively, you can purchase 6-month app access from the UVic bookstore for \$18, 8-month access for

\$24, or 12-month access for \$27. You can also purchase an iClicker remote from the bookstore if you would like (\$58), and use that instead of the app.

Why do we use Clickers in class?

Clickers are used to work together through questions posed in class. When used effectively, iClickers can increase your ongoing engagement and involvement, promote a safe environment to communicate your answers, and create lively discussions in class. Clickers can also provide immediate feedback about your understanding of the class material and help us figure out how to improve your understanding of a concept.

Information on how to access your iClicker account is on the Brightspace page, in the “Assessment Information” section

iClicker participation start counting towards grades on Jan 22. We will have a few practice sessions before then. iClicker points will be based on participation in PSYC 100A classes on the following 16 dates. **Attend and participate using iClicker in at least 12 of the 16 iClicker classes:** Jan 22, 27, 29; Feb 3, 5, 10, 24, 26; Mar 3, 5, 10, 12, 19, 24, 26, and 31.

To get an iClicker grade for a particular lecture, you will need to answer at least 75% of in class clicker questions. You can miss 4 classes without a grade penalty (i.e., attend and participate in 12 or more classes to get the maximum grade of 10% toward your final grade).

If you participate in fewer than 12 classes, you will receive the following percentages (**there are no make-up opportunities for missed iClicker classes**):

12 classes: 10.005	08 classes: 6.67%	04 classes: 3.33%
11 classes: 9.17%	07 classes: 5.83%	03 classes: 2.5%
10 classes: 8.33%	06 classes: 5.00%	02 classes: 1.67%
09 classes: 7.5%	05 classes: 4.17%	01 class: 0.83%
		00 classes: 0%

What if you miss an iClicker class?

Because you only need to participate in 12 of 16 iClicker classes, the additional ones serve as “make-up” classes for missed ones (e.g., because of illness, sporting events, low batteries, forgotten iClicker, technical malfunction, etc.). **No additional opportunities are offered**, nor will your grade be prorated.

It is an academic infraction to use or bring another student's iClicker to class, or to lend your iClicker to another student. This will be treated similarly to other academic infractions (e.g., cheating on a test) and subject to university disciplinary procedures. Please remember, iClickers provide you with an opportunity to enhance your in-class learning, and it is expected you will cooperate in making the system work to help you and your colleagues learn.

When will you see your iClicker participation grades?

We will upload iClicker grades three times in the semester. Updated iClicker records will be posted to Brightspace (under “Grades”) within one week after Test 1 and Test 2. Final iClicker totals will be posted shortly after Test 3. If you have a question about your iClicker points, please address this within 2 days of Test 3 because final course grades are calculated shortly after Test 3, and your iClicker totals, as posted on that date, will be used to calculate your final grade.

Please check your clicker record by February 24 to make sure you have at least one clicker point posted, and are receiving correct credit for your clicker participation. Only students who have a posted record on Brightspace of at least one iClicker point by this date will be eligible to receive any iClicker points for the term. **Students who do not have any posted clicker points by Feb 24 will receive 0 on their final clicker total** regardless of iClicker activity after that date. This deadline is in place to ensure that any iClicker

registration issues are rectified early in the term, and to encourage students to begin their iClicker participation as early as possible.

If you have questions about your iClicker points, please contact your course instructor or drop by during their office hours (student hours; posted on Brightspace).

Extra Credit for Research Participation (+3%)

Information about how to sign up for research participation is available on Brightspace.

An important component of PSYC 100A is for you to learn about research in psychology. Faculty and advanced students in the Department of Psychology conduct research, exploring processes such as social interaction, perception, memory, problem solving, and communication. To encourage you to participate in this research, we have arranged for you to earn extra credit toward your course mark by participating in approved research. This offers you the opportunity to experience first-hand how psychological research is done. Once your participation is complete, you will receive a full description of the purpose of the research.

- In most projects, your participation involves having your responses recorded/measured as you perform a task or complete a questionnaire. A departmental committee as well as the university's Human Research Ethics Board have reviewed and approved all the projects available to you for bonus research points.
- The aim of these research projects is not to evaluate your personal abilities, but to explore various features of human behaviour and discover how they change under different conditions. Researchers will protect your confidentiality. Your performance will have no effect on your course marks.
- You will receive 0.5 points for each 30 minutes of participation, up to a maximum of 3 points (1 point = 1%). You may participate in as many projects as you wish, but you will receive no more than 3 points for this class, and you may not carry over points from one term to another.
- **Note:** Although we have set a 3-point maximum, the opportunity to earn all 3 points may not be available during a given semester, as this depends on the number of research projects requiring participants.
- You may participate in any given project only once and you cannot use the same points for multiple courses. The last day for participation is Friday, April 3, 5pm. We will receive students' credit information a few days after that and post to Brightspace. It is your responsibility to check your posted credits within 24-hours of us posting it because once final marks have been submitted, there will be no changes to marks due to incorrectly assigned extra credits.

If you do not wish to, or cannot, participate in research studies for any reason, but still wish to have the opportunity to earn an equivalent amount of extra credit, you may contact your instructor to arrange for an alternative option involving written assignments.

WHAT ARE WE EXPECTING FROM YOU?

Psychology is a scientific discipline, and it requires considerable thought and time to develop an understanding of psychological research and principles. We expect you to complete the assigned weekly materials, to attend and engage in class sessions, to attend student hours (office hours) when needed, and to spend several hours a week (between 4 - 7 hours outside of class) toward mastering the course material.

Attend class sessions and student hours (office hours)

Attending our two weekly classes will help to increase your understanding of the material and provide you with opportunities to engage with and discuss the material with the instructor and your classmates. You are

encouraged to bring your questions and ask for clarification, or to bring examples that you found useful in illustrating some of the concepts.

Manage your time

Courses can be tricky to complete if you don't stick to a schedule. Be prepared for tests by completing the assigned readings, chapter quizzes, and other assignments/activities in accordance with the schedule provided above. Set aside blocks of time each week to work on the course material and make sure to attend class and drop into student hours (office hours) if needed, during the scheduled times.

Check the Brightspace website often

All course materials will be available through Brightspace: <https://bright.uvic.ca>

Conduct yourself appropriately, be open-minded, & respect diversity

Please listen to and interact with others in a respectful manner. We are all very diverse and have different values, beliefs, opinions, and experiences – maintain an open mind to these differences. You may debate with others who hold opinions different from your own, but you must always remain respectful.

Provide constructive feedback

I always welcome ideas to improve this course and to facilitate learning. You are encouraged to provide constructive feedback about your experiences in the course. Please send me an email or see me during office hours to discuss your suggestions. Approximately halfway through the semester, there will be an anonymous survey posted to Brightspace, where you can provide some course feedback. Additionally, at the end of the semester, there will be time in class for you to complete UVic's Course Evaluation Survey.

Let us know if there are any special circumstances

Each of us learns in different ways and with varying degrees of success. If you know of any factors in your life that hinder your ability to learn up to your potential in this course, please contact the Centre for Accessible Learning (CAL: <https://www.uvic.ca/accessible-learning/index.php>). The CAL staff are available by appointment to assess specific needs, provide referrals, and arrange for appropriate accommodations. Your instructor will automatically be notified if you receive any CAL accommodations.

Be discriminate in sending e-mails

We really do want to hear from you! However, in a large course like PSYC 100, email "overload" can cause problems. To help us manage our email load, please follow these guidelines:

- Please include your section number in your subject headline. If you're emailing your TA, please also make sure to include their name. In your signature, please include your full name and student number. **Before you compose your e-mail, check the course syllabus, your notes, with your classmates, and on Brightspace to see if you can locate the answer to your question.**

When to email us:

- ✓ To notify the that you will have to miss a test due to a medical or family emergency.
- ✓ To ask a simple, short question, e.g., "*What is the date, time, and location of the make-up test?*"
- ✓ To comment about course material, e.g., "*I was thinking about that case of dissociative identity disorder that you described in class, and I wondered if ...*" We are very happy to receive and respond to such comments. We also recommend that instead of emailing us a comment like that, you **see us before/after class or pop into one of our student hours (office hours)!**
- ✓ To make a comment about something you liked or something you think could improve the course. Please be aware that specific, constructive comments are more useful than general ones.

When *not* to email:

- ✗ When the answer to your question can be found in this course syllabus – please make sure you look through the syllabus before emailing us!
- ✗ To request information about a specific mark (assignment, test, final grade, or bonus points). We post this information on the course website and expect you to access your marks there.
- ✗ To request information about *why* you received a particular mark. Please see your us during student hours (office hours) with such questions. These kinds of questions usually require direct interaction that is not effectively carried out via email.
- ✗ To ask for advice on improving your study techniques. This also requires a direct interaction during student hours (office hours). Also, please see the section “Assessments” on Brightspace for some studying suggestions.

What Can You Expect From the Instructor and TA?**We are available to help**

We are available to help via e-mail and office hours. See section “Whom should you contact if you have a question?” (p. 5) to find the correct person to reach out to.

Please attend student hours (office hours) for your more detailed or complicated questions. We will be available during these hours to discuss your grades, understanding of the material, or your general interest in Psychology. Student hour (office hour) times and locations are posted on Brightspace and are offered most days of the week and at various times.

We will upload class lecture slides and chapter summaries on Brightspace

We will post lecture slides and chapter summaries each week to Brightspace. Supplementary material, which is designed to provide more in-depth examples and information related to core concepts may also be uploaded.

We will give and receive feedback

We will be available in student hours (office hours) to give feedback on the assignments and tests (please note: you must go to one of the in-person TA office hours to review a test). We are also open to receiving constructive feedback about your experiences within the course.

HOW CAN YOU DO WELL IN THIS COURSE?

Check that you have completed all the work. Keep up with the readings, lectures, quizzes, web surveys, participate in iClicker questions in class, and complete assignments. These are designed to help you keep up with the material! There are weekly checklists on Brightspace to help you stay on track!

Because extra “make-up” quizzes, and iClicker opportunities (beyond those necessary to receive full marks) are already scheduled, additional make-opportunities are not arranged. We recommend submitting things well before deadlines (to avoid technical problems or illness) and completing required course components by the due dates.

Check your performance early in the course. Make sure you check your grades for the various components ahead of time so any discrepancies can be resolved early in the semester.

If you are not getting the marks you want on assignments or tests, come to student hours (office hours) to ask for help improving the way you approach the material. At the end of the term, if you are short of your goal, **there are no extra opportunities to improve your grade.**

Create study groups. You can regularly meet in-person or online in groups of 2 – 6 people (you can of course be more, but we've found that range to be ideal for study groups) to work through the material together. Not only can it be helpful to have others explain concepts to you, but it can also be helpful to explain concepts to others – in fact, that's one of the best ways to learn!

Thanks for taking the time to read through this syllabus – Looking forward to our class together!

Copyright Statement: All course content and materials are made available by instructors for educational purposes and for the exclusive use of students registered in their class. The material is protected under copyright law, even if not marked with a ©. Any further use or distribution of materials to others requires the written permission of the instructor, except under fair dealing or another exception in the Copyright Act. Violations may result in disciplinary action under the Resolution of Non-Academic Misconduct Allegations policy (AC1300).

On the following pages, you will find information from UVic about various resources for student wellness, and important academic dates and policies.

UVIC RESOURCES AND POLICIES

Sexualized Violence Prevention and Response at UVic

UVic takes sexualized violence seriously, and has raised the bar for what is considered acceptable behaviour. We encourage students to learn more about how the university defines sexualized violence and its overall approach by visiting www.uvic.ca/svp.

If you or someone you know has been impacted by sexualized violence and needs information, advice, and/or support please contact the sexualized violence resource office in Equity and Human Rights (EQHR). Whether or not you have been directly impacted, if you want to take part in the important prevention work taking place on campus, you can also reach out:

Where: Sexualized violence resource office in EQHR, Sedgewick, Room C115

Phone: 250 721 8021 Email: svpcordinator@uvic.ca Web: <https://www.uvic.ca/sexualizedviolence/>

BE WELL – Taking Care of Myself



A note to remind you to take care of yourself. Do your best to maintain a healthy lifestyle this semester by eating well, exercising, getting enough sleep and taking some time to relax. This will help you achieve your goals and cope with stress. All of us benefit from support during times of struggle. You are not alone.

Social Life, Friends, & Community at UVic:

Having a social network is an extremely important foundation for positive mental health. There are lots of benefits to joining clubs, course unions, intramurals and teams on campus. <https://www.uvic.ca/undergraduate/housing-student-life/student-life/index.php>

Counselling Services:

The Student Wellness Centre can help you make the most of your university experience. They offer free professional, confidential, inclusive support to currently registered UVic students.

<https://www.uvic.ca/student-wellness/contacts/student-wellness-team/index.php#ipn-counsellors>

Health Services:

The Student Wellness Centre also provides a full-service primary health clinic for students.

<https://www.uvic.ca/student-wellness/contacts/student-wellness-team/index.php#ipn-physicians>

Centre for Accessible Learning:

The CAL staff are available by appointment to assess specific needs, provide referrals and arrange appropriate accommodations <https://www.uvic.ca/accessible-learning/index.php>. The sooner you let us know your needs, the quicker we can assist you in achieving your learning goals in this course.

Elders' Voices:

The Office of Indigenous Academic and Community Engagement (IACE) has the privilege of assembling a group of Elders from local communities to guide students, staff, faculty and administration in Indigenous ways of knowing and being. www.uvic.ca/services/indigenous/students/programming/elders/

Mental Health Supports and Services:

Mental health supports and services are available to students from all areas of the UVic community:

<https://www.uvic.ca/student-wellness/wellness-resources/mental-health/>

UNIVERSITY OF VICTORIA**Department of Psychology****Important Course Policy Information: SpringSession 2026****Accessible Learning**

The University of Victoria is committed to creating a learning experience that is as accessible as possible. If you are registered with the [Centre for Accessible Learning](#) and anticipate or experience any barriers to learning in this course, please feel welcome to discuss your concerns with me. If you are a student with a disability or chronic health condition, you can meet with a CAL advisor to discuss access and accommodations.

Attendance and Absences

Attendance is important. Students are expected to attend all classes in which they are enrolled. Students may be assigned a final grade of N or debarred from writing final examinations if they fail to satisfy a minimum attendance requirement set by the instructor for lectures, laboratories, online course discussions or learning activities, tutorials, or other learning activities set out in the course outline.

Medical documentation for short-term absences is **not required** (approved by Senate). Students who cannot attend due to illness are asked to notify their instructors immediately. If illness, accident, or family affliction causes a student to miss the final exam or to fail to complete any required assignment/assessment by the end of the term students are required to submit a request for academic concession (see below).

Children and Pets

If you need to bring your children or pet to class, please do not hesitate to do so. It is understood that sometimes this is necessary due to care circumstances. However, please aim to have minimal class disturbance so that student learning is not impacted.

Class Recording and Auto-Captioning Statement

The instructor may record class sessions, and those recordings may be made available to all students in the class via Brightspace. If you have questions or concerns regarding class recording and privacy, please contact privacyinfo@uvic.ca

Auto-generated captioning may be enabled in this course. Auto-captioning is highly error-prone, especially for specialized terminology and proper names. Students are asked to refer to the audio feed for clarification of any errors. If you find captioning errors that are offensive, please contact your instructor and/or teaching assistant so that they are aware. If you require captions as part of an academic accommodation, please contact [CAL](#).

Commitment to Inclusivity, Diversity, and Respectful Environments in the Classroom and Online

The University of Victoria is committed to providing a positive and supportive and safe learning and working environment for all its members. All members of the university community have the right to this experience and the responsibility to help *create* such an environment. The University will not tolerate racism, sexualized violence, or any form of discrimination, bullying, or harassment.

Please be advised that, by logging into UVic's learning systems or interacting with online resources and course-related communication platforms, you are engaging in a University activity.

All interactions within this environment are subject to the university expectations and policies. Any concerns about student conduct may be reviewed and responded to in accordance with the appropriate university policy.

To report concerns about online student conduct: onlineconduct@uvic.ca

Copyright

All course content and materials are made available by instructors for educational purposes and for the exclusive use of students registered in their class¹. The material is protected under copyright law, even if not marked with ©. Any further use or distribution of materials to others requires the written permission of the instructor, except under fair dealing or another exception in the Copyright Act. Violations may result in disciplinary action under the [Resolution of Non-Academic Misconduct Allegations policy \(AC1300\)](#) or the [Academic Integrity Policy](#), whichever is more appropriate for the situation.

Course Experience Survey (CES)

I value your feedback on this course. Toward the end of term, you will have the opportunity to complete a confidential course experience survey (CES) regarding your learning experience. The survey is vital to providing feedback to the instructor regarding the course and their teaching, as well as to help the department improve the overall program for students in the future. When it is time for you to complete the survey, you will receive an email inviting you to do so. If you do not receive an email invitation, you can go directly to <http://ces.uvic.ca>. You will need to use your UVic NetLink ID to access the survey, which can be done on your laptop, tablet or mobile device. You will be reminded nearer the time, but please be thinking about this important activity, especially the following three questions, during the course.

1. What strengths did your instructor demonstrate that helped you learn in this course?
2. Please provide specific suggestions as to how the instructor could have helped you learn more effectively.
3. Please provide specific suggestions as to how this course could be improved.

Disclaimer

The above schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances.

Grading

In classes that are based on a percentage grading scheme, the following [Undergraduate Grading Scale](#) is used

Grade	A+	A	A-	B+	B	B-	C+	C	D	F
Percentage	90-100	85-89	80-84	77-79	73-76	70-72	65-69	60-64	51-59	< 50
GP Value	9	8	7	6	5	4	3	2	1	0

Rounding is only applied to the final grade and is rounded up at the 0.5% level (e.g., 84.49% is rounded to 84% and 84.50% is rounded to 85%).

Medical Documentation for absences

No medical documentation for short-term absences is required (Approved by Senate).

If you are seeking a Withdrawal Extenuating Circumstances or an Aegrotat grade, medical documentation may be required if relevant.

Ombudsperson and Academic Concerns

From the course calendar...

Depending on the nature of the academic matter of concern to the student, the order in which the student should normally try to resolve the matter is: first, the course instructor; second, the Chair of the department; third, the Dean of the faculty; and finally, the Senate.

If you are having an academic concern or problem that cannot be resolved with your instructor or the Department Associate Chair, you may wish to consult with the Office of the Ombudsperson (<https://uvicombudsperson.ca>). Current contact information for the office can be found here <https://uvicombudsperson.ca/contact/>.

¹ Syllabi belong to the department through which the course is administered.

Policy on Academic Integrity including Plagiarism and Cheating

The Department of Psychology fully endorses and intends to enforce rigorously the [Senate Policy on Academic Integrity](#). It is of utmost importance that students who do their work honestly be protected from those who do not. Because this policy is in place to ensure that students carry out and benefit from the learning activities assigned in each course, it is expected that students will cooperate in its implementation.

The offences defined by the policy can be summarized briefly as follows:

1. **Plagiarism.** You must make sure that the work you submit is your work and not someone else's. There are proper procedures for citing the works of others. The student is responsible for being aware of and using these procedures.
2. **Unauthorized Use of an Editor.** The use of an editor is prohibited unless the instructor grants explicit written authorization.
3. **Multiple Submission.** Only under exceptional circumstances may a work submitted to fulfill an academic requirement be used to satisfy another similar requirement. The student is responsible for clarifying this with the instructor(s) involved.
4. **Falsifying Materials Subject to Academic Evaluation.** This includes falsification of data, use of commercially prepared essays, using information from the Internet without proper citation, citing sources from which material is not actually obtained, etc.
5. **Cheating on Assignments, Tests, and Examinations.** You may not copy the work of others in or out of class; you may not give your work to others for the purpose of copying; you may not use unauthorized material or equipment during examinations or tests; and you may not impersonate or allow yourself to be impersonated by another at an examination. The Department of Psychology has a policy of not making old examinations available for study purposes. Therefore, use of old exams without the express written permission of the instructor constitutes cheating by the user, and abetting of cheating by the person who provided the exam.
6. **Aiding Others to Cheat.** It is a violation to help others or attempt to help others to engage in any of the conduct described above.

The use of a generative artificial intelligence (AI) is strictly prohibited in any submitted work (unless expressly endorsed by the instructor as part of an assignment).

Instructors are expected to make every effort to prevent cheating and plagiarism. This may include the assignment of seating for examinations, asking students to move during examinations, requests to see student identification cards, and other measures as appropriate. Instructors also have available to them a variety of tools and procedures to check for Internet and electronic media-based cheating. In instances of suspected or actual plagiarism or cheating, instructors, following prescribed procedures, are authorized to take steps consistent with the degree of the offence. These measures will range from a zero on the test or assignment or a failing grade for the course, probation within a program to temporary or even permanent suspension from the University.

Rights of Appeal are described in the Policy on Academic Integrity in the University calendar Spring 2026.

The definitive source for information on Academic Integrity is the University Calendar

Other useful resources on Plagiarism and Cheating include:

1. The Ombudsperson's office: <https://uvicombudsperson.ca/academic-integrity/>
The [Office of the Ombudsperson](#) is an independent and impartial resource to assist with the fair resolution of student issues. A confidential consultation can help you understand your rights and responsibilities. The Ombudsperson can also clarify information, help navigate procedures, assist with problem-solving, facilitate communication, provide feedback on an appeal, investigate and make recommendations. Phone: 250-721-8357; Email: ombuddy@uvic.ca; Web: uvicombudsperson.ca.
2. UVic Library Resources: <http://www.uvic.ca/library/research/citation/plagiarism/>
3. UVic Library Document on [Avoiding Plagiarism](#)

Prerequisites

Students who remain in courses for which they do not have the prerequisites do so at their own risk. Students who complete courses without prerequisites ARE NOT exempt from having to complete the prerequisite course(s) if such courses are required for the degree program.

Program Requirements

For more information see the [UVic Calendar](#).

Registration Status

Students are responsible for verifying their registration status. Registration status may be verified using My Page, View Schedule. Course adds and drops will not be processed after the [deadlines](#) set out in the current UVic Calendar.

Students who do not attend classes must not assume that they have been dropped from a course by an academic unit or an instructor. Courses that are not formally dropped will be given a failing grade, students may be required to withdraw and will be required to pay the tuition fee for the course.

Request for Academic Concessions

Students can apply for [academic concessions](#) if their course requirements are affected by (i) unexpected and/or unavoidable circumstances (e.g., illness, family affliction, etc.), or (ii) conflicting responsibilities (e.g., service in the armed forces or first responder, representing the university).

- **Request an in-course extension**

If you require more time to complete a course requirement or miss a test or midterm exam, then you will need to complete the [“In-Course Extension Form”](#) and submit it directly to your course instructor. All course requirements must be completed prior to the submission of final grades.

- **What to do if you miss the final exam scheduled during the formal exam period**

Apply at Records Services for a [“Request for Academic Concession”](#), normally within 10 working days of the date of the exam. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student’s academic record.

- **What to do if you require additional time to complete course requirements beyond the normal term.**

Apply at Records Services for a [“Request for Academic Concession”](#), normally within 10 working days of the end of the course. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation. Where a concession is not applied for or where such application is denied, an N grade will be entered on the student’s academic record if the missing work has been deemed required. Note, only required course components may be deferred.

Research Participation Opportunities with the Department of Psychology

The Department of Psychology offers multiple opportunities to participate in research studies over the year. Students are encouraged to learn more about the field of psychology by volunteering in these studies. Information about studies can often be found posted on notice boards around the Department as well as through our Participant Pool webpage at <https://www.uvic.ca/socialsciences/psychology/research/participants/>.

Student Support Services

[Learn Anywhere](#) is the student support portal for a full range of student academic and support services. Services include: [Centre for Academic Communication](#), [Math & Stats Assistance Centre](#), [Counselling Services](#), [Health Services](#), [Library](#), [Ombudsperson](#), and [Computer Help Desk](#)

This classroom is a trans-inclusive space

Please indicate if you have a preferred name and pronoun that you'd like to be used in the classroom. Please e-mail your instructor or your TA if you would like to discuss the climate of this classroom for trans students. Gender neutral bathrooms are available at UVic.

University of Victoria Students' Society (UVSS)

The [UVSS](http://uvss.ca) is a social justice based non-profit run by students, for students and is entirely separate from UVic. As an undergrad student, you are already a member! We work on issues affecting students such as affordability, public transit, sexualized violence, sustainability, student employment, and much more. We fund clubs and course unions, and have several advocacy groups. We also have a Food Bank and Free Store, a Peer Support Centre, and run your health and dental plan. We are here to support you, so please reach out to us at uvss.ca!

Academic Important Dates**Spring session – first term (January - April)**

Monday, January 5 th	First term classes begin for all faculties
Sunday, January 18 th	Last day for 100% reduction of tuition fees for standard first term and full year courses. 50% of tuition fees will be assessed for courses dropped after this date.
Wednesday, January 21 st	Last day for adding courses that begin in the first term
Saturday, January 31 st	Last day for paying first term fees without penalty
Sunday, February 8 th	Last day for 50% reduction of tuition fees for standard courses
Monday, February 16 th	University Closed (Family Day)
Monday February 16 – Friday, February 20 th	Reading Break for all Faculties
Saturday, February 28 th	Last day for withdrawing from first term courses without penalty of failure
Thursday, April 2	Last day of classes in first term for all faculties
Friday, April 3 rd	University Closed (Good Friday)
Monday, April 6	University Closed (Easter Monday)
Tuesday, April 7	Examinations begin for all faculties
Wednesday, April 22	Examinations end for all faculties (end of Winter Session)

Add and drop dates for standard 2025-2026 Winter Session courses

Term	Start Date	End Date	100% Fee Reduction	Add Deadline	50% Fee Reduction	Academic Drop no Fee Reduction
First term	Sep 3	Dec 3	Sep 16	Sep 19	Oct 7	Oct 31
Second term	Jan 5	Apr 2	Jan 18	Jan 21	Feb 8	Feb 28