



# FOOD SECURITY RESOURCES

- UVSS FOOD BANK & FREE STORE (REGULAR FOOD BANK SERVICES AND OPTION TO REQUEST FOOD HAMPERS FOR PICK-UP)
- UVSS FREE HOT LUNCHES- ENJOY A FREE MONTHLY HOT LUNCH. NO SIGN-UP NEEDED.
- THE LIVING EDGE COMMUNITY FOOD MARKET PROGRAM - CHECK CALENDAR FOR LOCATIONS
- SHELBOURNE COMMUNITY KITCHEN - WARM, WELCOMING NEIGHBOURHOOD FOOD CENTRE, LOCATED IN SAANICH B.C.
- BELONGING DINNER- COMMUNAL COOKING EXPERIENCE OF CULTURAL FOODS FOR STUDENTS
- COMMUNITY CABBAGE- FREE GROCERIES ON THURSDAY & FREE DINNER BIWEEKLY ON THURSDAYS.



## GROCERY STORES THAT OFFER A STUDENT DISCOUNT:

- PEPPER'S FOODS (10% STUDENT DISCOUNT EVERY DAY)
- ROOT CELLAR (10% STUDENT DISCOUNT ON WEDNESDAYS)
- BULK BARN (15% STUDENT DISCOUNT ON WEDNESDAYS)
- URBAN GROCER (10% OFF EVERY SUNDAY; NOT JUST FOR STUDENTS)

