

## Psychology 386 (A01) – Cultural Psychology

Summer Session Term 4 (May 12 to June 4) 2025: CRN 31341, 1.5 Units

We acknowledge and respect the Ləkʷəŋən (Songhees and Esquimalt) Peoples on whose territory the university stands, and the Ləkʷəŋən and WSÁNEĆ Peoples whose historical relationships with the land continue to this day. *We feel extremely privileged to learn, work, teach, and play on this beautiful territory.*

### Meet your Teaching Team

**Instructor:**

**Email:**

**Office:**

**Office Phone:**

**Office hours for students:**

**Teaching Assistant**

**Email:**

**Office hours for students:**

### Course Prerequisites

Before you take this course, you need to have completed PSYC 201 and PSYC 231.

## What is this course about?

This course examines the sociocultural sources of diversity in self, agency, thinking, emotion, motivation, development, and relationships. We will look at how ideas and practices associated with different contexts (e.g., regions of the world, social class, race, gender, religion) construct, maintain, and change psychological tendencies.

### By the end of the course, you will be able to

- describe the perspective of a cultural psychologist and use this knowledge to apply sociocultural theories to interactions in your everyday world.
- question your assumptions of what you consider to be a “good person” or “natural” in the world.
- apply cultural psychology methodology to psychological science.

## GENERAL FORMAT

We will meet five times a week for three and a half weeks (a very condensed term!) and our meetings will include a combination of lecture, small and large group discussion, demonstrations, videos, and activities. For each topic there will be assigned reading from the textbook and/or from other sources.

## Learning Materials: What will you need for this course?

## Required Text

- Heine, Steven J. (2020). *Cultural Psychology* (4<sup>th</sup> Edition). W.W. Norton & Company.
- At the bookstore, you can purchase digital access to the textbook for \$78.95 or the paperback copy for \$173.50.

## Technology

- **Course website.** All course materials, including lecture notes, will be available through Brightspace (<https://bright.uvic.ca/d2l/home/412708>). This site will be your guide on what needs to get done every day. The course outline, assignments, and other material will be posted on the course website. You can sign into Brightspace using your NetLink ID.
- **A note on Generative AI.** Please be advised that in this course you are not authorized to use any form of generative AI for any assessments. In order to successfully complete course activities, generative AI is not required. Specifically students should not make any use of generative AI tools such as ChatGPT, Grammarly, among others that use AI for content generation and editing for any of the marked learning assessments listed on page 4 of the course outline. As the University of Victoria states on its Academic Integrity Policy “Academic integrity requires commitment to the values of honesty, trust, fairness, respect, and responsibility.” Therefore, I expect you to comply with the course syllabus and I encourage you to enhance your academic experience in this course by refraining from using generative AI for your learning assessments.

## Class Expectations

### What we expect from you

Psychology is a scientific discipline, and as such it requires considerable thought and time to develop an understanding of psychological research and principles. We expect students to complete the assigned readings before each class, to attend and engage in the classes, and to spend many hours a week towards mastering the course material.

**Attend class and office hours.** Attending our class sessions will help increase your understanding of the material and provide you with opportunities to engage with and discuss the material with the instructor and your classmates. We encourage you to bring your questions and ask for clarification, or to bring examples you found useful in illustrating some of the concepts (this could be a video, article, or your own knowledge). If you need some support outside of class time, please drop in to our office hours.

**Prepare for class.** To facilitate discussion and allow you to clarify any questions you may have about the material, you should come prepared for class. Please complete the assigned readings before each class.

**Check the Brightspace website often.** All of the course materials, including lecture notes will be available through Brightspace (<https://bright.uvic.ca/d2l/home/412708>).

**Conduct yourself appropriately, be open-minded, & respect diversity.** You should listen to and interact with others in a respectful manner. We are all very diverse and have different values, beliefs, and opinions. Please maintain an open mind to these differences. You may

debate with others who hold opinions different from your own, but you must always be respectful. Respect also includes creating an environment conducive to learning, which means being on time, not leaving class early, turning off cell phones, listening, and only using computers to take notes or participate in class activities.

**Provide constructive feedback.** We are always looking for ways to improve the course to facilitate learning. You are highly encouraged to provide constructive feedback about your experiences in the course. Please see us in office hours to discuss your concerns or suggestions.

**Let us know if there are any special circumstances.** We learn in different ways and with varying degrees of success. If you know of any factors in your life that hinder your ability to learn up to your potential in this course, please contact the Centre for Accessible Learning (CAL; <http://www.uvic.ca/services/cal/>).

The University of Victoria is committed to creating a learning experience that is as accessible as possible. If you are registered with the CAL and anticipate or experience any barriers to learning in this course, please feel welcome to discuss your concerns with me. If you are a student with a disability or chronic health condition, you can meet with a CAL advisor to discuss access and accommodations.

### What you can expect from us

It is my intent that students from all diverse backgrounds and perspectives be well-served by this course, that students' learning needs be addressed both in and out of class, and that the diversity that students bring to this class be viewed as a resource, strength and benefit. It is my intent to present materials and activities that are respectful of diversity: gender, sexual orientation, disability, age, socioeconomic status, ethnicity, race, culture, perspective, and other background characteristics. Your suggestions about how to improve the value of diversity in this course are encouraged and appreciated. Please let me know ways to improve the effectiveness of the course for you personally or for other students or student groups. In addition, in scheduling exams, I have attempted to avoid conflicts with major religious holidays. If, however, I have inadvertently scheduled an exam or major deadline that creates a conflict with your religious observances, please let me know as soon as possible so that we can make other arrangements.

**We are available to help.** While your first stop for your questions should be Brightspace to check the syllabus, course announcements and class notes, we are also available to help! You can connect with us by asking questions in class, attending office hours, and via email. For email, please include "PSYC 386" at the beginning of your subject headline and then followed by the subject of your email. Before you compose your email, check the course syllabus, notes, with your classmates, and on Brightspace for the answer to your question. Please also be patient as I receive a lot of emails and will try to respond in a timely manner (**within 24-48 hours during business hours and excluding weekends**).

Please attend office hours for your more detailed or complicated questions. We will be available during office hours to discuss your grades, understanding of the material, or discuss more general topics about psychology. If you can't make the designated office hours, you can email us at least a couple days in advance to set up an appointment.

**We will upload class notes to Brightspace.** Lecture class slides will be posted on Brightspace before class each day.

**We will give and receive feedback.** We will be available in office hours to give feedback on assignments and exams. We are also open to receiving constructive feedback about your experiences with the course.

## How will we evaluate your progress?

### Learning Assessments

Final grades will be based on the following criteria\*

Percent of grade	Evaluation tool	Date(s)
21%	Exam #1 (Ch. 1, 2, 6, 4 + class notes)	Tue May 20
23%	Exam #2 (Ch. 5, 7, 8 + class notes)	Tue May 27
26%	Exam #3 (Ch. 9, 10, 11, 14 + class notes)	Wed Jun 4
10%	Group presentation	Presentation in class May 21 to 26
17%	Writing assignment	Due May 29
3%	Participation and low stakes writing	Most classes

\*In addition, there are **bonus points for research participation**, up to a maximum of 2%

\*\***Course Completion Requirements:** Completing the above course components will help you meet the learning outcomes for this course. However, please note that you must complete all three exams and the writing assignment to receive credit for this course. If you do not complete one or more of these elements, you will receive an "N" (failing) grade regardless of the cumulative percentage of all the other elements in the course. N is a failing grade and factors into GPA as a value of 0.

\*\*\*In accordance with the [University's policy on academic concessions](#), "A student who completes all course requirements is not eligible for an academic concession." Students can only request deferrals for the completion of required course components (the three exams and the writing assignment) and not for non-essential course components.

### Grading Criteria

A+	A	A-	B+	B	B-	C+	C	D	F
90-100	85-89	80-84	77-79	73-76	70-72	65-69	60-64	50-59	0-49

### Exam Format

You will write **three in-class exams**. Exams will cover material from the class lectures, activities, and assigned readings and will be a combination of multiple choice and short or long answer questions. Each exam will cover only material since the previous exam (i.e., they are not cumulative) with the exception that Exam #3 will feature a long answer question that highlights broader themes covered throughout the course. All grades will be posted on Brightspace following each exam. Please take the time to check to make sure the grade is correct.

### Exam Policies

Be sure not to schedule any trips that overlap with exam dates and notify your family not to schedule any trips for you that overlap with the exam dates. You are responsible for attending exams as scheduled, writing your own exam, and for respecting the academic integrity expectations of the university.

### **What to do if I miss an exam due to unexpected and unavoidable circumstances or conflicting responsibilities:**

If you miss an exam due to unexpected and unavoidable circumstances (e.g., illness, accident, personal or family affliction, Indigenous cultural or community obligations), or conflicting responsibilities (e.g., service in the armed forces or emergency service, representing the university, province, or country by participating in an academic event, an athletic competition, or an artistic performance), you must complete the UVic "[Request for in-course concession](#)" form and email it to Dr. \_\_\_\_ as soon as possible (within 3 working days).

Dr. \_\_\_\_\_ will review the form and contact you via email about the date of your make-up exam.

*\*If you miss an exam and fail to contact the instructor within five business days of the exam date, we will consider you to have not completed a major course requirement and will assign an N mark (failure due to not completing a course requirement) for the course. Please reach out to Dr. \_\_\_\_\_ on how best to proceed.*

**What to do if you require special arrangements for tests due to a diagnosed condition:**

1. You must be officially registered with the Centre for Accessible Learning (CAL) – please see <https://www.uvic.ca/services/cal/onlineservices/register/index.php> for more information. We will automatically be informed of your registration with them.
2. Prior to your test, if you have any questions about your accommodation, please contact Dr. \_\_\_\_\_.

*The University of Victoria is committed to creating a learning experience that is as accessible as possible. If you are registered with the Centre for Accessible Learning and anticipate or experience any barriers to learning in this course, please feel welcome to discuss your concerns with me. If you are a student with a disability or chronic health condition, you can meet with a CAL advisor to discuss access and accommodations.*

**Group Assignment and Presentation: Analyze a Cultural Product (10%)**

Specific details about the group assignment and presentation will be provided on Brightspace. Your group will sign up for a time to present the week of May 22 to 27. The presentation will be short (~7 to 10 minutes) and is designed with the following goals in mind:

- To apply what you have learned in class to the media you see in your everyday life
- To exchange ideas and work with others to create a final product

**Writing Assignment: Change Your World (17%)**

Specific details about the writing assignment will be provided on Brightspace. The assignment is due Thursday May 29 at 11pm. The assignment will be short (~3 pages) and is designed with the following goals in mind:

- To keep you involved in the course outside of classes and exams.
- To apply what you have learned in class to other domains of your life

**Extensions and Late Policy**

Generally, late submissions will be accepted but each day that it is late, there will be a 5% reduction on your final mark on the assignment. For example, if you receive 75% on your assignment, and submit it two days late, your final score on the assignment will be  $75\% - (2 \text{ days} \times 5\%/day) = 65\%$ . However, we also recognize that students may fall ill, or other unexpected events may occur, so please come talk to us or email us **before** the due date if you need to turn in your work late to come up with a reasonable alternate deadline.

**Participation (3%)**

In order to promote active learning and engagement in class, we will do low-stakes writing and other activities that will be graded as satisfactory or unsatisfactory. Most classes will have one of these assignments (there will be at least 13 participation activities) and in order to receive the full 3% you need to participate in at least 9 of these assignments. There are no opportunities to make up these points as the level of participation required to received maximum points is set at ~70% of all assignments to allow you to occasionally miss a class due to illness and still receive the full 3%. If you participate in less than 9 of the participation assignments, you will receive 0.3333 for each participation assignment you completed.

### **Research Participation (+2%)**

Students may earn up to 2% extra credit toward their final grade by participating in research studies conducted in the Department of Psychology. Each 15 minutes of participation will earn 0.25 credit with 2 credit equal to a 2% increase in the student's final grade. Thus, one hour of participation would earn 1% extra credit. For details on participating in research studies, go to <https://www.uvic.ca/socialsciences/psychology/students/research-experience/index.php>. You must be sure to assign your credits to this course no later than the last day of class otherwise you will not receive extra credit in this course. If you do not wish to participate in research studies for any reason, but still wish to have the opportunity to earn an equivalent amount of extra credit, you may contact your course instructor no later than Thursday May 22 to arrange for an alternative option involving written assignments.

## **What else can you do to meet the learning goals for this course?**

**Check that you have completed all the work.** Keep up with the reading and the writing assignments. These are designed to help you keep up with the reading in our condensed semester.

**Check your performance early in the course.** Make sure you check your grades for writing assignments and exams ahead of time so that any discrepancies can be resolved early in the term. If you are not getting the marks you want, come to office hours as soon as possible to ask for help improving the way you study the material. At the end of the term, if you are short of your target (pass, C+, A+), there are no extra opportunities to improve your grade. Please take advantage of the research participation extra credit opportunity during the term.

**Create study groups.** You can meet regularly in groups of 2-4 people to work through the material together. Not only can it be helpful to have others explain concepts to you but it can also be helpful to have to explain concepts to others!

## **Tentative Course Schedule**



Wk	Date	Lecture Topic	Reading (Heine, 2020)
1	Mon May 12	Course outline / Cultural Psychology: What is it? (Ch. 1)	Ch. 1
	Tue May 13	Culture and Human Nature (Ch. 2)	Ch. 2
	Wed May 14	Models of Person, Self, and Agency (Ch. 6)	Ch. 6
	Thu May 15		
	Fri May 16	What methods do we use to study cultural psychology? (Ch. 4)	Ch. 4
2	Mon May 19	No Class (University Closed; Victoria Day)	
	Tue May 20	<b>Exam #1 (Ch. 1, 2, 6, &amp; 4 + class notes)</b> / Culture and Development (Ch. 5)	
	Wed May 21	Ch. 5 continued / Living in a multicultural world (Ch. 7)	Ch. 5
	Thu May 22	Ch. 7 continued / Motivation (Ch. 8)	Ch. 7
	Fri May 23	Ch. 8 continued	Ch. 8
3	Mon May 26	Cognition and Perception (Ch. 9)	Ch. 9
	Tue May 27	<b>Exam #2 (Ch. 5, 7, &amp; 8 + class notes)</b> / Ch. 9 continued	
	Wed May 28	Ch. 9 continued / Emotions (Ch. 10)	
	Thu May 29	Ch. 10 continued <b>Paper due May 29</b>	Ch. 10
	Fri May 30	Close Relationships (Ch. 11)	Ch. 11
Mon Jun 2			
4	Tue Jun 3	Mental and Physical Health (Ch. 13 & 14) [ <i>*You do not need to read Ch. 13 – only material testable from Ch. 13 will be the material covered in class</i> ]	Ch. 14 only*
	Wed Jun 4	<b>Exam #3 (Ch. 9, 10, 11, &amp; 14 + class notes)</b>	

Course schedule is subject to change at the instructor's discretion

Last day to drop the course with 100% fee reduction is May 18.

Last day to add the course is May 19.

Last day to drop the course with 50% fee reduction is May 29.

Last day to drop the course without penalty of failure is Jun 11.

# UNIVERSITY OF VICTORIA

## Department of Psychology Important Course Policy Information Summer Session 2025

### Accessible Learning

The University of Victoria is committed to creating a learning experience that is as accessible as possible. If you are registered with the [Centre for Accessible Learning](#) and anticipate or experience any barriers to learning in this course, please feel welcome to discuss your concerns with me. If you are a student with a disability or chronic health condition, you can meet with a CAL advisor to discuss access and accommodations.

### Attendance and Absences

**Attendance is important.** Students are expected to attend all classes in which they are enrolled. Students may be assigned a final grade of N or debarred from writing final examinations if they fail to satisfy a minimum attendance requirement set by the instructor for lectures, laboratories, online course discussions or learning activities, tutorials, or other learning activities set out in the course outline.

Medical documentation for short-term absences is **not required** (approved by Senate). Students who cannot attend due to illness are asked to notify their instructors immediately. If illness, accident, or family affliction causes a student to miss the final exam or to fail to complete any required assignment/assessment by the end of the term students are required to submit a request for academic concession (see below).

### Children and Pets

If you need to bring your children or pet to class, please do not hesitate to do so. It is understood that sometimes this is necessary due to care circumstances. However, please aim to have minimal class disturbance so that student learning is not impacted.

### Class Recording and Auto-Captioning Statement

The instructor may record class sessions and those recordings may be made available to all students in the class via Brightspace. If you have questions or concerns regarding class recording and privacy, please contact [privacyinfo@uvic.ca](mailto:privacyinfo@uvic.ca)

Auto-generated captioning may be enabled in this course. Auto-captioning is highly error-prone, especially for specialized terminology and proper names. Students are asked to refer to the audio feed for clarification of any errors. If you find captioning errors that are offensive, please contact your instructor and/or teaching assistant so that they are aware. If you require captions as part of an academic accommodation, please contact [CAL](#).

### Commitment to Inclusivity, Diversity, and Respectful Environments in the Classroom and Online

The University of Victoria is committed to providing a positive and supportive and safe learning and working environment for all its members. All members of the university community have the right to this experience and the responsibility to help *create* such an environment. The University will not tolerate racism, sexualized violence, or any form of discrimination, bullying, or harassment.

Please be advised that, by logging into UVic's learning systems or interacting with online resources and course-related communication platforms, you are engaging in a University activity.

All interactions within this environment are subject to the university expectations and policies. Any concerns about student conduct may be reviewed and responded to in accordance with the appropriate university policy.

To report concerns about online student conduct: [onlineconduct@uvic.ca](mailto:onlineconduct@uvic.ca)

## Copyright

All course content and materials are made available by instructors for educational purposes and for the exclusive use of students registered in their class<sup>1</sup>. The material is protected under copyright law, even if not marked with ©. Any further use or distribution of materials to others requires the written permission of the instructor, except under fair dealing or another exception in the Copyright Act. Violations may result in disciplinary action under the [Resolution of Non-Academic Misconduct Allegations policy \(AC1300\)](#) or the [Academic Integrity Policy](#), whichever is more appropriate for the situation.

## Course Experience Survey (CES)

I value your feedback on this course. Toward the end of term, you will have the opportunity to complete a confidential course experience survey (CES) regarding your learning experience. The survey is vital to providing feedback to the instructor regarding the course and their teaching, as well as to help the department improve the overall program for students in the future. When it is time for you to complete the survey, you will receive an email inviting you to do so. If you do not receive an email invitation, you can go directly to <http://ces.uvic.ca>. You will need to use your UVic NetLink ID to access the survey, which can be done on your laptop, tablet or mobile device. You will be reminded nearer the time, but please be thinking about this important activity, especially the following three questions, during the course.

1. What strengths did your instructor demonstrate that helped you learn in this course?
2. Please provide specific suggestions as to how the instructor could have helped you learn more effectively.
3. Please provide specific suggestions as to how this course could be improved.

## Disclaimer

The above schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances.

## Grading

In classes that are based on a percentage grading scheme, the following [Undergraduate Grading Scale](#) is used

Grade	A+	A	A-	B+	B	B-	C+	C	D	F
Percentage	90-100	85-89	80-84	77-79	73-76	70-72	65-69	60-64	51-59	< 50
GP Value	9	8	7	6	5	4	3	2	1	0

Rounding is only applied to the final grade and is rounded up at the 0.5% level (e.g., 84.49% is rounded to 84% and 84.50% is rounded to 85%).

## Medical Documentation for absences

No medical documentation for short-term absences is required (Approved by Senate).

If you are seeking a Withdrawal Extenuating Circumstances or an Aegrotat grade, medical documentation may be required if relevant.

## Ombudsperson and Academic Concerns

From the course calendar...

*Depending on the nature of the academic matter of concern to the student, the order in which the student should normally try to resolve the matter is: first, the course instructor; second, the Chair of the department; third, the Dean of the faculty; and finally, the Senate.*

If you are having an academic concern or problem that cannot be resolved with your instructor or the Department Associate Chair, you may wish to consult with the Office of the Ombudsperson (<https://uvicombudsperson.ca>). Current contact information for the office can be found here <https://uvicombudsperson.ca/contact/>.

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<sup>1</sup> Syllabi belong to the department through which the course is administered.

## Policy on Academic Integrity including Plagiarism and Cheating

The Department of Psychology fully endorses and intends to enforce rigorously the [Senate Policy on Academic Integrity](#). It is of utmost importance that students who do their work honestly be protected from those who do not. Because this policy is in place to ensure that students carry out and benefit from the learning activities assigned in each course, it is expected that students will cooperate in its implementation.

The offences defined by the policy can be summarized briefly as follows:

1. **Plagiarism.** You must make sure that the work you submit is your work and not someone else's. There are proper procedures for citing the works of others. The student is responsible for being aware of and using these procedures.
2. **Unauthorized Use of an Editor.** The use of an editor is prohibited unless the instructor grants explicit written authorization.
3. **Multiple Submission.** Only under exceptional circumstances may a work submitted to fulfill an academic requirement be used to satisfy another similar requirement. The student is responsible for clarifying this with the instructor(s) involved.
4. **Falsifying Materials Subject to Academic Evaluation.** This includes falsification of data, use of commercially prepared essays, using information from the Internet without proper citation, citing sources from which material is not actually obtained, etc.
5. **Cheating on Assignments, Tests, and Examinations.** You may not copy the work of others in or out of class; you may not give your work to others for the purpose of copying; you may not use unauthorized material or equipment during examinations or tests; and you may not impersonate or allow yourself to be impersonated by another at an examination. The Department of Psychology has a policy of not making old examinations available for study purposes. Therefore, use of old exams without the express written permission of the instructor constitutes cheating by the user, and abetting of cheating by the person who provided the exam.
6. **Aiding Others to Cheat.** It is a violation to help others or attempt to help others to engage in any of the conduct described above.

**The use of a generative artificial intelligence (AI) is strictly prohibited** in any submitted work (unless expressly endorsed by the instructor as part of an assignment).

Instructors are expected to make every effort to prevent cheating and plagiarism. This may include the assignment of seating for examinations, asking students to move during examinations, requests to see student identification cards, and other measures as appropriate. Instructors also have available to them a variety of tools and procedures to check for Internet and electronic media-based cheating. In instances of suspected or actual plagiarism or cheating, instructors, following prescribed procedures, are authorized to take steps consistent with the degree of the offence. These measures will range from a zero on the test or assignment or a failing grade for the course, probation within a program to temporary or even permanent suspension from the University.

Rights of Appeal are described in the Policy on Academic Integrity in the University calendar Spring 2025.

The definitive source for information on Academic Integrity is the University Calendar

**Other useful resources on Plagiarism and Cheating include:**

1. The Ombudsperson's office: <https://uvicombudsperson.ca/academic-integrity/>  
The [Office of the Ombudsperson](#) is an independent and impartial resource to assist with the fair resolution of student issues. A confidential consultation can help you understand your rights and responsibilities. The Ombudsperson can also clarify information, help navigate procedures, assist with problem-solving, facilitate communication, provide feedback on an appeal, investigate and make recommendations. Phone: 250-721-8357; Email: [ombuddy@uvic.ca](mailto:ombuddy@uvic.ca); Web: [uvicombudsperson.ca](http://uvicombudsperson.ca).
2. UVic Library Resources: <http://www.uvic.ca/library/research/citation/plagiarism/>
3. UVic Library Document on [Avoiding Plagiarism](#)

## Prerequisites

Students who remain in courses for which they do not have the prerequisites do so at their own risk. Students who complete courses without prerequisites **ARE NOT** exempt from having to complete the prerequisite course(s) if such courses are required for the degree program.

## Program Requirements

For more information see the [UVic Calendar](#).

## Registration Status

Students are responsible for verifying their registration status. Registration status may be verified using My Page, View Schedule. Course adds and drops will not be processed after the [deadlines](#) set out in the current UVic Calendar.

Students who do not attend classes must not assume that they have been dropped from a course by an academic unit or an instructor. Courses that are not formally dropped will be given a failing grade, students may be required to withdraw and will be required to pay the tuition fee for the course.

## Request for Academic Concessions

Students can apply for [academic concessions](#) if their course requirements are affected by (i) unexpected and/or unavoidable circumstances (e.g., illness, family affliction, etc.), or (ii) conflicting responsibilities (e.g., service in the armed forces or first responder, representing the university).

- **Request an in-course extension**  
If you require more time to complete a course requirement or miss a test or midterm exam, then you will need to complete the "[In-Course Extension Form](#)" and submit it directly to your course instructor. All course requirements must be completed prior to the submission of final grades.
- **What to do if you miss the final exam scheduled during the formal exam period**  
Apply at Records Services for a "[Request for Academic Concession](#)", normally within 10 working days of the date of the exam. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student's academic record.
- **What to do if you require additional time to complete course requirements beyond the normal term.**  
Apply at Records Services for a "[Request for Academic Concession](#)", normally within 10 working days of the end of the course. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation. Where a concession is not applied for or where such application is denied, an N grade will be entered on the student's academic record if the missing work has been deemed required. Note, only required course components may be deferred.

## Research Participation Opportunities with the Department of Psychology

The Department of Psychology offers multiple opportunities to participate in research studies over the year. Students are encouraged to learn more about the field of psychology by volunteering in these studies. Information about studies can often be found posted on notice boards around the Department as well as through our Participant Pool webpage at <https://www.uvic.ca/socialsciences/psychology/research/participants/>.

## Student Support Services

[Learn Anywhere](#) is the student support portal for a full range of student academic and support services. Services include: [Centre for Academic Communication](#), [Math & Stats Assistance Centre](#), [Counselling Services](#), [Health Services](#), [Library](#), [Ombudsperson](#), and [Computer Help Desk](#)

## This classroom is a trans-inclusive space

Please indicate if you have a preferred name and pronoun that you'd like to be used in the classroom. Please e-mail your instructor or your TA if you would like to discuss the climate of this classroom for trans students. Gender neutral bathrooms are available at UVic.

## University of Victoria Students' Society (UVSS)

The [UVSS](#) is a social justice based non-profit run by students, for students and is entirely separate from UVic. As an undergrad student, you are already a member! We work on issues affecting students such as affordability, public transit, sexualized violence, sustainability, student employment, and much more. We fund clubs and course unions, and have several advocacy groups. We also have a Food Bank and Free Store, a Peer Support Centre, and run your health and dental plan. We are here to support you, so please reach out to us at [uvss.ca](mailto:uvss.ca)!

### Academic Important Dates

#### Summer session – (May – August)

Wednesday, May 7 <sup>th</sup>	May – August (Term 1) courses begin for all faculties
Monday, May 12 <sup>th</sup>	May (Term 4) and May-June (Term 2) courses begin
Monday, May 19 <sup>th</sup>	University Closed (Victoria Day)
Saturday, May 31 <sup>st</sup>	Fee deadlines for summer
Wednesday, June 4 <sup>th</sup>	May (Term 4) Courses End
Thursday, June 5 <sup>th</sup>	June (Term 5) Courses Begin
Monday, June 9 <sup>th</sup>	First registration date for Winter Session 2025/2026
Friday, June 27 <sup>th</sup>	May-June (Term 2) and June (Term 5) Courses End
Monday, June 30 <sup>th</sup>	Reading Break May-August (Term 1) sections only (except Law)
Tuesday, July 1 <sup>st</sup>	University Closed (Canada Day)
Tuesday, July 1 <sup>st</sup>	Reading Break May-August (Term 1) sections only (except Law)
Thursday, July 3 <sup>rd</sup>	July (Term 6) and July-August (Term 3) courses begin
Friday, July 25 <sup>th</sup>	July (Term 6) courses end
Monday, July 28 <sup>th</sup>	August (Term 7) courses begin
Friday, August 1 <sup>st</sup>	May-August (Term 1) classes end for all faculties
Monday, August 4 <sup>th</sup>	University Closed (British Columbia Day)
Tuesday, August 5 <sup>th</sup>	May-August (Term 1) examinations begin for all faculties
Saturday, August 16 <sup>th</sup>	May-August (Term 1) examinations end for all faculties
Wednesday, August 20 <sup>th</sup>	July-August (Term 3) and August (Term 7) courses end

#### Add and drop dates for standard 2024-2025 Winter Session courses

Term	Start Date	End Date	100% Fee Reduction	Add Deadline	50% Fee Reduction	Academic Drop no Fee Reduction
1	May 7	Aug 1	May 19	May 22	Jun 8	Jul 2
2	May 12	Jun 27	May 18	May 19	May 29	Jun 11
3	Jul 3	Aug 20	Jul 9	Jul 10	Jul 21	Aug 3
4	May 12	Jun 4	May 15	May 15	May 20	May 27
5	Jun 5	Jun 27	Jun 7	Jun 7	Jun 13	Jun 19
6	Jul 3	Jul 25	Jul 5	Jul 5	Jul 11	Jul 17
7	Jul 28	Aug 20	Jul 31	Jul 31	Aug 5	Aug 12

## Sexualized Violence Prevention and Response at UVic

UVic takes sexualized violence seriously, and has raised the bar for what is considered acceptable behaviour. We encourage students to learn more about how the university defines sexualized violence and its overall approach by visiting [www.uvic.ca/svp](http://www.uvic.ca/svp). If you or someone you know has been impacted by sexualized violence and needs information, advice, and/or support please contact the sexualized violence resource office in Equity and Human Rights (EQHR). Whether or not you have been directly impacted, if you want to take part in the important prevention work taking place on campus, you can also reach out:

Where: Office of Equity and Human Rights, Sedgewick Building, Room C115

Phone: 250 721 8021

Email: [svpcoordinator@uvic.ca](mailto:svpcoordinator@uvic.ca)

Web: <https://www.uvic.ca/sexualizedviolence/>

# BE WELL



A note to remind you to take care of yourself. Do your best to maintain a healthy lifestyle this semester by eating well, exercising, getting enough sleep and taking some time to relax. This will help you achieve your goals and cope with stress. All of us benefit from support during times of struggle. You are not alone.

## ***Social Life, Friends, & Community at UVic:***

Having a social network is an extremely important foundation for positive mental health. There are lots of benefits to joining clubs, course unions, intramurals and teams on campus.

<https://www.uvic.ca/undergraduate/housing-student-life/student-life/index.php>

## ***Counselling Services:***

The Student Wellness Centre can help you make the most of your university experience. They offer free professional, confidential, inclusive support to currently registered UVic students. <https://www.uvic.ca/student-wellness/contacts/student-wellness-team/index.php#ipn-counsellors>

## ***Health Services:***

The Student Wellness Centre also provides a full service primary health clinic for students. <https://www.uvic.ca/student-wellness/contacts/student-wellness-team/index.php#ipn-physicians>

## ***Centre for Accessible Learning:***

The CAL staff are available by appointment to assess specific needs, provide referrals and arrange appropriate accommodations <https://www.uvic.ca/accessible-learning/index.php>. The sooner you let us know your needs, the quicker we can assist you in achieving your learning goals in this course.

## ***Elders' Voices:***

The Office of Indigenous Academic and Community Engagement (IACE) has the privilege of assembling a group of Elders from local communities to guide students, staff, faculty and administration in Indigenous ways of knowing and being.

[www.uvic.ca/services/indigenous/students/programming/elders/](http://www.uvic.ca/services/indigenous/students/programming/elders/)

## ***Mental Health Supports and Services:***

Mental health supports and services are available to students from all areas of the UVic community: <https://www.uvic.ca/student-wellness/wellness-resources/mental-health/>