Mental health issues affect many members of society, either directly through personal mental health problems, or indirectly through the effects of family and friends who may suffer from mental health issues. Indeed, mental health problems appear to have increased in recent years, in the western world at least. This volume looks at a variety of issues related to mental health from the perspective of contemporary research, policy, and practice. The material is sometimes novel and certainly eclectic in nature as the editors have put together a volume written by contributors from the research, practitioner, and policy environments.