“Food has no ethnicity … 
… only geography.”

Musa Dagdeviren,
Owner Ciya Sofrasi Restaurant, Istanbul

Geography for Today: The Geography of Food

Lecture: Monday and Thursday, 10:00 – 11:20 AM, COR B135
Office Hours: Monday and Thursday, 1:00 – 2:30 PM
Office Location: DTB B352
Contact: msf@uvic.ca

We acknowledge and respect the lək̓ʷəŋən peoples on whose traditional territory the university stands and the Songhees, Esquimalt and W̱ SÁNEĆ peoples whose historical relationships with the land continue to this day.

COURSE DESCRIPTION

Food is a basic human need and right. The production, acquisition and consumption of food occupies everyone to some extent and connects each of us to many local and global issues. These include, but are not limited to, climate change, health, poverty, and international trade. Most of us take food for granted because we have three meals a day with snacks in between. Many others on this planet, however, go without. As we look to the future, there are three major challenges that face the world. We need to match the increasing demand for food from a larger and more affluent population to its supply, do this in ways that are environmentally and socially sustainable, and ensure that the world’s poorest people are no longer hungry.

This course provides an introduction to the opportunities and challenges facing the global food system. We will consider who produces food, how it is produced, and the links between producers and consumers. This course seeks not only to promote critical thinking about the global food system, but also to inspire ongoing reflection on your personal relationship with food.

Course topics include:

1. Nutrition - Is the McDonalds McDouble the greatest food in human history?
2. Malnutrition – As common in wealth as in poverty?
3. Our Hungry Planet – Lots of food, but in too few places?
4. Food Loss and Waste in the Food Chain – Are we using our land and water to grow food that no one eats?
5. Global Trade – Is the 10,000 km diet sustainable?
6. Climate Change and Food – If the food system goes wrong, can anything else go right?
7. Biofuels – Does it make sense to run your car on vegetables?
8. Catch of The Day – Are we fishing down the food chain?
9. The Blue Revolution – Is aquaculture the future of seafood or is something fishy going on?
10. GMO – Great Meal Offering or Gross Me Out?
11. Organic Farming – Are the people who think organic farming can feed the world delusional hippies?
12. The Future of Food – Will we all be eating insects in 50 years?

REQUIRED TEXT(S)

There are no required books to purchase for this course. Course readings are available on Brightspace.

LEARNING OUTCOMES

On completion of this course you should have the following learning outcomes:

- have knowledge of contemporary debates relating to global food production, trade and food security.
- understand how the trends in global food production are shaped by environmental, social, economic and political factors.
- understand how changes in the global food systems have an impact on human nutrition, and how food consumption affects the global environment.

EVALUATION

Your grade will be based on four components.

1. Reading Commentaries: Four Groups @ 5% each for a total of 20% of final mark

Commentaries provide an opportunity for you to present your thoughts/reactions to the assigned readings. They are not intended to be summaries. The questions presented below are suggestions. Depending on the reading you may end up answering all of them, some of them or add to them. The most important thing is that you convey your impression of the reading.

*How did the reading fit with your own knowledge (previous learning) and experiences? Did it make you think about the topic in a different way? If yes, explain how. If no, describe the connection between the reading and your past learning or experience.*
Has the article left you with any questions?

Are there any important issues that were not covered in the article?

NOTE: YOU ARE EXPECTED TO COMMENT SEPARATELY ON ALL THE READINGS IN EACH GROUP OF COMMENTARIES.

Evaluation

- **Reflection**: Higher grades will be given to work that describes your thoughts about the findings or questions raised by the reading. Lower grades will be given to work that is vague or which provides little evidence of thoughtful assessment of the reading.

- **Grammar, Spelling and Style**: Higher grades will be given to work that is grammatically correct and is clearly and accurately written. Lower grades will be given to work that is difficult to read or understand due to excessive grammatical and/or spelling errors.

The commentaries will be submitted in four groups. The groupings will be posted to Brightspace.

Due dates are: September 28, October 19, November 16, November 30

**Format**: Times Roman 12 Font, 1.5 Spacing. APA style. 150-200 words for EACH reading.

2. Personal Food Journal – Due Thursday November 17 for 20% of final mark

The first part of the journal is a record of all the food that you eat and throw away during a five-day period. It does not have to be five consecutive days but should include a weekend. You will then answer questions that encourage you to reflect on your personal food consumption habits and relate them to the lectures and readings. The second component differs depending on your personal living arrangement. Those of you living on your own or with roommates, will complete a grocery shopping survey, and indicate what factors influenced your shopping choices. If you live in residence on campus you will complete a cafeteria offering survey and assessment. Those of you living at home will report and comment on a household grocery shopping trip. The format for the journal(s) will be available on Brightspace.

**NOTE**: You will not be judged or graded based on your food choices. Information about your diet will not be shared with anyone.

**NOTE**: You must complete and submit the templates that are provided on Brightspace. Photos of a completed template will not be accepted.

3. Midterm Test – November 17 for 25% of final mark

Multiple choice and short answer questions based on the lectures.

4. Take Home Exam - December 8 – 11 for 35% of final mark.
The exam will be available on Brightspace at 9 AM on Monday, December 4. It must be submitted via Brightspace by 6 PM on Thursday, December 7.

EMAIL POLICY

Course announcements and the take home exam will be sent to your UVIC email account. Students are expected to check their account frequently as some communications may be time-critical. Inquires seeking information that is available in the course outline will not be answered.

GRADING SYSTEM

As per the Academic Calendar:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Grade point value</th>
<th>Grade scale</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>A+</td>
<td>9</td>
<td>90-100%</td>
<td><strong>Exceptional, outstanding</strong> and <strong>excellent</strong> performance. Normally achieved by a minority of students. These grades indicate a student who is self-initiating, exceeds expectation and has an insightful grasp of the subject matter.</td>
</tr>
<tr>
<td>A</td>
<td>8</td>
<td>85-89%</td>
<td></td>
</tr>
<tr>
<td>A-</td>
<td>7</td>
<td>80-84%</td>
<td></td>
</tr>
<tr>
<td>B+</td>
<td>6</td>
<td>77-79%</td>
<td><strong>Very good, good</strong> and <strong>solid</strong> performance. Normally achieved by the largest number of students. These grades indicate a good grasp of the subject matter or excellent grasp in one area balanced with satisfactory grasp in the other area.</td>
</tr>
<tr>
<td>B</td>
<td>5</td>
<td>73-76%</td>
<td></td>
</tr>
<tr>
<td>B-</td>
<td>4</td>
<td>70-72%</td>
<td></td>
</tr>
<tr>
<td>C+</td>
<td>3</td>
<td>65-69%</td>
<td><strong>Satisfactory, or minimally satisfactory</strong>. These grades indicate a satisfactory performance and knowledge of the subject matter.</td>
</tr>
<tr>
<td>C</td>
<td>2</td>
<td>60-64%</td>
<td></td>
</tr>
<tr>
<td>D</td>
<td>1</td>
<td>50-59%</td>
<td><strong>Marginal</strong> Performance. A student receiving this grade demonstrated a superficial grasp of the subject matter.</td>
</tr>
<tr>
<td>F</td>
<td>0</td>
<td>0-49%</td>
<td><strong>Unsatisfactory</strong> performance. Wrote final examination and completed course requirements; no supplemental.</td>
</tr>
<tr>
<td>N</td>
<td>0</td>
<td>0-49%</td>
<td>Did not write examination or complete course requirements by the end of term or session; no supplemental.</td>
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GEOGRAPHY DEPARTMENT INFO

- Geography Department website: uvic.ca/socialsciences/geography/
- Geography Department Chair: geogchair@uvic.ca
- Geography Undergraduate Advising: geogadvising@uvic.ca

BRIGHTSPACE

Lecture notes and readings will be available.

POLICY ON LATE ASSIGNMENTS

10% deduction if up to 1 week late. Papers submitted after one week will not be graded. NOTE: An accommodation for late submission must be requested.
ACADEMIC INTEGRITY

It is every student’s responsibility to be aware of the university’s policies on academic integrity, including policies on cheating, plagiarism, unauthorized use of an editor, multiple submission, and aiding others to cheat.

Policy on Academic Integrity: web.uvic.ca/calendar/undergrad/info/regulations/academic-integrity.html

If you have any questions or doubts, talk to me, your course instructor. For more information, see uvic.ca/learningandteaching/cac/index.php.

ACCESSIBILITY

Students with diverse learning styles and needs are welcome in this course. In particular, if you have a documented disability or health consideration that may require accommodations, please feel free to approach me and/or the Centre for Accessible Learning (CAL) as soon as possible (uvic.ca/services/cal/). The CAL staff is available by appointment to assess specific needs, provide referrals, and arrange appropriate accommodations. The sooner you let us know your needs, the quicker we can assist you in achieving your learning goals in this course.

POSITIVITY AND SAFETY

The University of Victoria is committed to promoting, providing and protecting a positive and safe learning and working environment for all its members.

SEXUALIZED VIOLENCE PREVENTION AND RESPONSE AT UVIC

UVic takes sexualized violence seriously, and has raised the bar for what is considered acceptable behaviour. We encourage students to learn more about how the university defines sexualized violence and its overall approach by visiting uvic.ca/svp. If you or someone you know has been impacted by sexualized violence and needs information, advice, and/or support please contact the sexualized violence resource office in Equity and Human Rights (EQHR). Whether or not you have been directly impacted, if you want to take part in the important prevention work taking place on campus, you can also reach out:

Where: Sexualized violence resource office in EQHR; Sedgewick C119
Phone: 250.721.8021
Email: svpcoordinator@uvic.ca
Web: uvic.ca/svp

RESOURCES FOR INTERNATIONAL STUDENTS

The University of Victoria offers a number of resources to support international students as they pursue their studies. UVic’s International Centre for Students is the primary office supporting international students on campus at the university-wide level and provides various supportive program through the UVic Global Community Initiative, including a Mentorship Program and Conversation Partner Program. For academic advising-related questions, students in the Geography Department are also encouraged to meet with the Geography Undergraduate Advisor (geogadvising@uvic.ca) as well as an academic advisor
in the Academic Advising Centre early in their studies to help map out a plan to declare a major and complete university program requirements. Other resources include the Centre for Academic Communication and the Math and Stats Assistance Centre. International students are also encouraged to contact the International Student Liaison in Geography (Prof. CindyAnn Rose-Redwood, cindyann@uvic.ca), who can assist in making connections with other international and domestic students in the Geography Department and share opportunities for getting involved in departmental activities more broadly.

COURSE EXPERIENCE SURVEY (CES)

I value your feedback on this course. Towards the end of term, as in all other courses at UVic, you will have the opportunity to complete an anonymous survey regarding your learning experience (CES). The survey is vital to providing feedback to me regarding the course and my teaching, as well as to help the department improve the overall program for students in the future. The survey is accessed online and can be done on your laptop, tablet, or mobile device. I will remind you and provide you with more detailed information nearer the time but please be thinking about this important activity during the course.

LECTURE LIST

September 7  Course Intro
           11  Nutrition
           18  Our Hungry Planet
           21  Climate Change and Agriculture
           22  LAST DAY FOR ADDING CLASSES
           25  Climate Change and Fisheries
           28  Food Print

October 2  National Day for Truth and Reconciliation
           5   10,000 Km diet & CODEX
           9   THANKSGIVING
           12  Food for an Urban Planet
           16  Food Deserts
           19  Food Waste 1
           23  Food Waste 2
           26  Organic 1
           30  Organic 2
           31  LAST DAY FOR DROPPING CLASSES

November 2  Aquaculture 1
           6   Aquaculture 2 – Mozambique and Bolivia – not for test
           9   MIDTERM
           13  READING BREAK
           16  GMOS
           20  GE Food 1
           23  GE Food 2
           27  The Future of Food

DISCLAIMER

The above schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances.
NOTE:

A note to remind you to take care of yourself. Do your best to maintain a healthy lifestyle this semester by eating well, exercising, getting enough sleep and taking some time to relax. This will help you achieve your goals and cope with stress. All of us benefit from support during times of struggle. You are not alone.

Counselling Services - Counselling Services can help you make the most of your university experience. They offer free professional, confidential, inclusive support to currently registered UVic students. [uvic.ca/services/counselling/](uvic.ca/services/counselling/)

Health Services - University Health Services (UHS) provides a full service primary health clinic for students, and coordinates healthy student and campus initiatives. [uvic.ca/services/health/](uvic.ca/services/health/)

Centre for Accessible Learning - The CAL staff are available by appointment to assess specific needs, provide referrals and arrange appropriate accommodations [uvic.ca/services/cal/](uvic.ca/services/cal/). The sooner you let us know your needs the quicker we can assist you in achieving your learning goals in this course.

Elders' Voices - The Office of Indigenous Academic and Community Engagement (IACE) has the privilege of assembling a group of Elders from local communities to guide students, staff, faculty and administration in Indigenous ways of knowing and being. [uvic.ca/services/indigenous/students/programming/elders/index.php](uvic.ca/services/indigenous/students/programming/elders/index.php)