We acknowledge and respect the lək̓ʷəŋən peoples on whose traditional territory the university stands and the Songhees, Esquimalt and W̱SÁNEĆ peoples whose historical relationships with the land continue to this day.

COURSE OUTLINE

Health, Environment and Community

Course Time
Monday and Thursday 1:00 pm to 2:20 pm PACIFIC

Office Hours
Professor Harrold: Monday, Thursday 10:00 to 11:00 by email or prebooked ZOOM
[Please email to request an on-line, one-to-one ZOOM appointment at any time during the course.]

Office Location - jharrold@uvic.ca

Contact Information
jharrold@uvic.ca
danaezk4@outlook.com

COURSE DESCRIPTION

This course is offered on-line via ZOOM Mondays and Thursdays from 1:00 pm to 2:20 pm PACIFIC time. The first session is on Thursday September 9, 2021.

ZOOM meeting id: [Redacted]. ZOOM information is copied at the end of this course outline.

 Students should attend each class period via ZOOM. Generally, Monday each week will be a lecture format with opportunity for discussion and Thursday will be a blend of guest presentations, group discussions with some lecture content. Course materials and reading assignments will be provided weekly on BRIGHTSPACE.

We will start with definitions and conceptual understandings of health, well-being and the environment, and then move on to consider the distinctions between health and medical geography, and the range of factors and conditions that make people and places (communities) healthy or unhealthy. This course builds on other courses such as: introduction to human geography; environment, society, and sustainability; political and economic geography; social and cultural geography.

Moving on from the foundations, we will take an in-depth look at current health and community
principles, concepts, and models taking note of what is meant by health inequalities and inequities, the social determinants, population, and public health and social ecological (disease ecology) approaches, the biomedical model vs social models of care. Topics include: Indigenous health, stress and mental health, air and water quality, healthy/livable communities, the Canadian health care system, access and service provision, therapeutic landscapes, mental health, place and space, and population dynamics (aging, fertility and migration).

Your critical thinking will be particularly helpful as we address current and popular topics as pandemics, social inequities and political influences upon the environment and communities.

KEY THEMES

health, place, identity, well-being, wellness, vulnerability, indigenous health, iatrogenic illness, social and ecological models, population health, environment, health inequalities, qualitative and quantitative methods and research, mortality and morbidity, incidence and prevalence rates, social justice, and epidemics.

MAIN TEXT


This main text is available (at no additional charge) as an e-book from the UVIC library. You can download pdfs of individual chapters.

OTHER TEXTS


LEARNING OUTCOMES

A student who fully participates in all aspects of the course will achieve:

Clear understanding of the relationships among health, environment, and community.

Advanced understanding of principal concepts and theories related to health geography.

Critical understanding of the importance of geographical concepts such as: place, space, community and scale in the context of health and place relationships.

Developed skills of critical reading, questioning, and writing.
EVALUATION

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Due Date</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assignment 1:</td>
<td>September 19</td>
<td>paper 1 (maximum 500 words)</td>
</tr>
<tr>
<td>Assignment 2:</td>
<td>October 6</td>
<td>paper 2 (maximum 1000 words)</td>
</tr>
<tr>
<td>Assignment 3:</td>
<td>October 18</td>
<td>mid-term exam (take home) (maximum 1000 words)</td>
</tr>
<tr>
<td>Assignment 4:</td>
<td>November 14</td>
<td>paper 3 (maximum 1500 words)</td>
</tr>
<tr>
<td>Assignment 5:</td>
<td>December 7</td>
<td>final exam (take home) (max 1200 words)</td>
</tr>
<tr>
<td>Participation</td>
<td></td>
<td>10 percent</td>
</tr>
</tbody>
</table>

ASSIGNMENTS

Assignment 1: Describe a health matter (challenge or opportunity) where you believe a geographic lens would allow for improved understanding or explanation. You are encouraged to reflect on situations that are of special interest to you. This assignment is due to be submitted on Brightspace as a .pdf by September 19th at 11:59 pm Pacific Time. 250-500 words. I am hopeful that everyone doesn’t choose the COVID 19 pandemic.

Assignment 2: Develop the perspectives from your Assignment 1 paper by preparing an annotated bibliography of three relevant articles from recognized peer-reviewed academic journals. This assignment is due to be submitted on Brightspace as a .pdf by October 6th at 11:59 pm Pacific Time. 1000 words max.

Assignment 3: The mid-term take home exam will be distributed on Thursday October 14 during class and is due to be submitted on Brightspace as a .pdf before noon Pacific Time on Monday October 18, 2021. This exam will cover lecture materials and assigned readings to date.

Assignment 4: Develop your thoughts expressed in Assignments 1 and 2 into specific research questions on your topic that you believe would be helpful for a health geographer to investigate. This assignment is due to be submitted on Brightspace as a .pdf by November 14th at 11:59 pm Pacific Time. 1500 words max.

Assignment 5: The final take home exam will be distributed during class on December 2nd and is due to be submitted on Brightspace as a .pdf before 5 pm Pacific Time on Tuesday December 7, 2021. This exam will cover lecture materials, guest speaker material and assigned readings from the mid-term to end of term.

Participation grades will be assigned based on student engagement in small group and whole group discussions, in guest lecture sessions, and making and commenting in chat and posts.

GRADING SYSTEM

As per the Academic Calendar:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Grade point value</th>
<th>Grade scale</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>A+</td>
<td>9</td>
<td>90-100%</td>
<td>Exceptional, outstanding and excellent performance. Normally achieved by a minority of students. These grades indicate a student who is self-initiating, exceeds expectation and has an insightful grasp of the subject matter.</td>
</tr>
<tr>
<td>A</td>
<td>8</td>
<td>85-89%</td>
<td></td>
</tr>
<tr>
<td>A-</td>
<td>7</td>
<td>80-84%</td>
<td></td>
</tr>
<tr>
<td>B+</td>
<td>6</td>
<td>77-79%</td>
<td>Very good, good and solid performance. Normally achieved by the largest number of students. These grades indicate a good grasp of the subject matter or excellent grasp in one area balanced with satisfactory grasp in the other area.</td>
</tr>
<tr>
<td>B</td>
<td>5</td>
<td>73-76%</td>
<td></td>
</tr>
<tr>
<td>B-</td>
<td>4</td>
<td>70-72%</td>
<td></td>
</tr>
<tr>
<td>Grade</td>
<td>Value</td>
<td>Percentage</td>
<td>Description</td>
</tr>
<tr>
<td>-------</td>
<td>-------</td>
<td>------------</td>
<td>-------------</td>
</tr>
<tr>
<td>C+</td>
<td>3</td>
<td>65-69%</td>
<td>Satisfactory, or minimally satisfactory. These grades indicate a satisfactory performance and knowledge of the subject matter.</td>
</tr>
<tr>
<td>C</td>
<td>2</td>
<td>60-64%</td>
<td>Satisfactory, or minimally satisfactory. These grades indicate a satisfactory performance and knowledge of the subject matter.</td>
</tr>
<tr>
<td>D</td>
<td>1</td>
<td>50-59%</td>
<td>Marginal Performance. A student receiving this grade demonstrated a superficial grasp of the subject matter.</td>
</tr>
<tr>
<td>F</td>
<td>0</td>
<td>0-49%</td>
<td>Unsatisfactory performance. Wrote final examination and completed course requirements; no supplemental.</td>
</tr>
<tr>
<td>N</td>
<td>0</td>
<td>0-49%</td>
<td>Did not write examination or complete course requirements by the end of term or session; no supplemental.</td>
</tr>
</tbody>
</table>

**GEOGRAPHY DEPARTMENT**

Geography Department website: uvic.ca/socialsciences/geography/

Geography Undergraduate Advising and Registration: geogadvising@uvic.ca

**BRIGHTSPACE**

Check Brightspace for assignments, important dates, and other course materials.

**POLICY ON LATE ASSIGNMENTS**

Please speak to me well in advance if you anticipate a delay in submitting your work, particularly if dealing with illness or family occasions or conflicts.

Late penalties will be applied to all overdue assignments: a penalty of 5 percent of the graded value of the paper will be applied per day including weekend days.

Assignments submitted more than one week late will NOT be graded and a zero will be entered into the grade book for the assignment.

All work must be original. Please see the university policy on academic integrity for plagiarism.

**POLICY ON ATTENDANCE**

Due to the nature and scope of the course, regular attendance and participation are required in order to develop competency with the core course concepts. Students should attend all classes throughout the term. If you are going to miss a class, it is your responsibility to advise me and for you to catch up on the material covered. Exceptions will be made for issues of severe illness or bereavement with relevant documentation.

**ACADEMIC INTEGRITY**

It is every student’s responsibility to be aware of the university’s policies on academic integrity,
including policies on cheating, plagiarism, unauthorized use of an editor, multiple submission, and aiding others to cheat.

**Policy on Academic Integrity:** [web.uvic.ca/calendar/undergrad/info/regulations/academic-integrity.html](http://web.uvic.ca/calendar/undergrad/info/regulations/academic-integrity.html)

If you have any questions or doubts, talk to me, your course instructor. For more information, see [uvic.ca/learningandteaching/cac/index.php](http://uvic.ca/learningandteaching/cac/index.php).

**ACCESSIBILITY**

Students with diverse learning styles and needs are welcome in this course. In particular, if you have a documented disability or health consideration that may require accommodations, please feel free to approach me and/or the Centre for Accessible Learning (CAL) as soon as possible ([uvic.ca/services/cal/](http://uvic.ca/services/cal/)). The CAL staff is available by appointment to assess specific needs, provide referrals, and arrange appropriate accommodations. The sooner you let us know your needs, the quicker we can assist you in achieving your learning goals in this course.

**POSITIVITY AND SAFETY**

The University of Victoria is committed to promoting, providing and protecting positive and safe learning and working environments for all its members.

**SEXUALIZED VIOLENCE PREVENTION AND RESPONSE AT UVIC**

UVic takes sexualized violence seriously and has raised the bar for what is considered acceptable behaviour. We encourage students to learn more about how the university defines sexualized violence and its overall approach by visiting [uvic.ca/svp](http://uvic.ca/svp). If you or someone you know has been impacted by sexualized violence and needs information, advice, and/or support please contact the sexualized violence resource office in Equity and Human Rights (EQHR). Whether or not you have been directly impacted, if you want to take part in the important prevention work taking place on campus, you can also reach out:

Where: Sexualized violence resource office in EQHR; Sedgewick C119  
Phone: 250.721.8021  
Email: svpcoordinator@uvic.ca  
Web: [uvic.ca/svp](http://uvic.ca/svp)

**COURSE EXPERIENCE SURVEY (CES)**

I value your feedback on this course. Towards the end of term, as in all other courses at UVic, you will have the opportunity to complete an anonymous survey regarding your learning experience (CES). The survey is vital to providing feedback to me regarding the course and my teaching, as well as to help the department improve the overall program for students in the future. The survey is accessed via MyPage and can be done on your laptop, tablet, or mobile device. I will remind you and provide you with more detailed information nearer the time but please be thinking about this important activity during the course.

**WEEKLY CALENDAR**

Please check out the university calendar [https://www.uvic.ca/calendar/dates/](https://www.uvic.ca/calendar/dates/) for important dates including when courses can be added and when courses can be dropped without penalty.
BRIGHTSPACE will be updated each week throughout the term with reading assignments and other information. The following calendar is subject to modification should circumstances require. Upcoming topics and sessions will be reviewed regularly during class times and necessary adjustments to the calendar will be communicated on Brightspace.

<table>
<thead>
<tr>
<th>WEEK</th>
<th>DATE</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>September 9</td>
<td>Review of course outline, survey of interests, outline of matrix of concepts and theories</td>
</tr>
<tr>
<td>2</td>
<td>September 13-16</td>
<td>Health, medical geography/health geography</td>
</tr>
<tr>
<td>3</td>
<td>September 20-23</td>
<td>Ecological and Social frameworks</td>
</tr>
<tr>
<td>4</td>
<td>September 27</td>
<td>Concepts/theories of individual health</td>
</tr>
<tr>
<td>5</td>
<td>October 4-7</td>
<td>Praxis and individual health</td>
</tr>
<tr>
<td>6</td>
<td>October 14</td>
<td>Review to date. Comments on assignments to date. Mid-term assigned.</td>
</tr>
<tr>
<td>7</td>
<td>October 18-21</td>
<td>Climate change and health. Note: guest speaker on Thursday: Dr. Sherilee Harper, Canada Research Chair in Climate Change and Health, School of Public Health, University of Alberta. Climate change and health: moving local research into global decision-making.</td>
</tr>
<tr>
<td>8</td>
<td>October 25-28</td>
<td>Indigenous health Note: guest speaker on Thursday: Alex MacDougall, Executive Director, Four Arrows Regional Health Authority. A conversation about First Nations’ health challenges.</td>
</tr>
<tr>
<td>9</td>
<td>November 1-4</td>
<td>Marginalized Populations Note: guest speaker on Thursday: Dr. Denise Cloutier, Professor of Geography/Associate Dean Research (a), University of Victoria. Without a home: experiences of older women living on the margins.</td>
</tr>
<tr>
<td>10</td>
<td>November 8</td>
<td>Concepts/theories of community health</td>
</tr>
<tr>
<td>11</td>
<td>November 15-18</td>
<td>Nov 15: Concepts/theories of community health</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Nov 18: Front Lines of addiction medicine: Dr. Erin Knight (title of presentation forthcoming)</td>
</tr>
<tr>
<td>12</td>
<td>November 22-25</td>
<td>Praxis and community health</td>
</tr>
<tr>
<td>13</td>
<td>November 29 - Dec 2</td>
<td>Health systems. Take home final exam.</td>
</tr>
<tr>
<td>14</td>
<td>December 6</td>
<td>Open forum. Questions and answers.</td>
</tr>
</tbody>
</table>

**STUDENT WELLNESS**
A note to remind you to take care of yourself. Do your best to maintain a healthy lifestyle this semester by eating well, exercising, getting enough sleep, and taking some time to relax. This will help you achieve your goals and cope with stress. All of us benefit from support during times of struggle. You are not alone.

Counselling Services - Counselling Services can help you make the most of your university experience. They offer free professional, confidential, inclusive support to currently registered UVic students. [https://www.uvic.ca/services/counselling/](https://www.uvic.ca/services/counselling/)

Health Services - University Health Services (UHS) provides a full service primary health clinic for students, and coordinates healthy student and campus initiatives. [https://www.uvic.ca/services/health/](https://www.uvic.ca/services/health/)

Centre for Accessible Learning - The CAL staff are available by appointment to assess specific needs, provide referrals and arrange appropriate accommodations. The sooner you let us know your needs the quicker we can assist you in achieving your learning goals in this course. [https://www.uvic.ca/services/cal/](https://www.uvic.ca/services/cal/)

Elders’ Voices - The Office of Indigenous Academic and Community Engagement (IACE) has the privilege of assembling a group of Elders from local communities to guide students, staff, faculty and administration in Indigenous ways of knowing and being. [https://www.uvic.ca/services/indigenous/students/programming/elders/index.php](https://www.uvic.ca/services/indigenous/students/programming/elders/index.php)

**DISCLAIMER**

The above schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances.

**ZOOM MEETING DETAIL**

**Topic:** GEOGRAPHY 346 Fall 2021

**Time:** Sep 9, 2021 01:00 PM Vancouver  
Every week on Mon, Thu, until Dec 6, 2021, 23 occurrence(s)  
- Sep 9, 2021 01:00 PM  
- Sep 13, 2021 01:00 PM  
- Sep 16, 2021 01:00 PM  
- Sep 20, 2021 01:00 PM  
- Sep 23, 2021 01:00 PM  
- Sep 27, 2021 01:00 PM  
- Oct 4, 2021 01:00 PM  
- Oct 7, 2021 01:00 PM  
- Oct 14, 2021 01:00 PM  
- Oct 18, 2021 01:00 PM  
- Oct 21, 2021 01:00 PM  
- Oct 25, 2021 01:00 PM  
- Oct 28, 2021 01:00 PM  
- Nov 1, 2021 01:00 PM  
- Nov 4, 2021 01:00 PM  
- Nov 8, 2021 01:00 PM  
- Nov 15, 2021 01:00 PM  
- Nov 18, 2021 01:00 PM  
- Nov 22, 2021 01:00 PM  
- Nov 25, 2021 01:00 PM  
- Nov 29, 2021 01:00 PM  
- Dec 2, 2021 01:00 PM  
- Dec 6, 2021 01:00 PM
Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly:

Join Zoom Meeting
Meeting ID: [Redacted]
One tap mobile
Dial by your location
Meeting ID: [Redacted]
Find your local number

E&EO