

# ANTH 393

## Indigenous Peoples Health

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*INSTRUCTOR: Tommy Happynook*

### **COURSE DESCRIPTION AND OBJECTIVES**

This course will introduce students to the current realities of Indigenous peoples' health in Canada. The course will explore the health experiences of Indigenous peoples in Canada: past, present, future. Students will learn about the history of colonization and its impacts on Indigenous people's health. Students will also be introduced to traditional/contemporary ways that Indigenous people are using/revitalizing cultural healing practices.

### **SKILLS DEVELOPMENT**

By the end of this course students will:

- Understand the impacts of colonization on Indigenous peoples' health in Canada
- Understand how the dimensions of health are applied to Indigenous people
- Understand the relationship between people, land and health and how this is experienced by Indigenous people and community
- Understand how holistic approaches and cultural practices enhance the health of Indigenous peoples and community
- Learn about future possibilities for Indigenous health