Health Insurance and Settlement Information Session

Information in the presentation is current as of Aug 2021
Privacy Disclaimer

This presentation is hosted on Zoom and will be recorded. To protect your personal information and privacy, we ask you to keep video off throughout the session. Access to information shared via chat function will be limited to presenters only.
Disclaimer

• Information presented is current as we speak.
• Business students should contact gsbwelcome@uvic.ca.
• This session is not for Continuing Studies students. Continuing Studies students must contact uvcsimmigration@uvic.ca for assistance.
Presentation Agenda

• Front line Adviser – services
• Introduction to ISS health insurance & settlement services
• BC health insurance comprehensive overview
• Inside Canada important information
  – Guard.me & enrollment
  – BC MSP & enrollment
  - Extended Health Insurance overview
• Accessing Health Care in Victoria
• COVID-19 vaccinations
• Outside Canada important information
  – Opting out of Guard.me, reminder to enroll in the future
• FAQs & questions
POLL QUESTIONS
Frontline Advising

- Health Insurance
- Provide referrals to International Student Advisers & Self-Isolation Program, help with setting up appointments as needed
- Referral services
- Email, phone, virtual appointments if needed (issinfo@uvic.ca or 250-721-6361)
- Settlement information and advice provided include mobile phones, internet providers, taxes, SIN numbers, housing, banking, and others. You may be referred to our Settlement Adviser to assist you in your housing questions.
Getting Started - Settlement

- Attend Orientations
- Phone & Internet
- Health Insurance
- Social Insurance Number (SIN)
- OneCard
- Housing
- Bank Account

Resources: ISS
Website
Living in Canada
Getting Started: Self-isolation Program

UVic Self-isolation Program

- All international students are asked to complete a Verification of Study Location Form.
- If you are travelling to Canada, please connect with our self-isolation team and they will guide you.
- They can be reached by email at uvicsip@uvic.ca or by phone at: +1 250 472 4984
- Refer to their list of frequent questions
INTERNATIONAL STUDENT HEALTH INSURANCE OVERVIEW
Comprehensive Health Insurance

- Primary Health Insurance
  - Guard.me (MTMI)
  - BC Medical Services Plan (BC MSP)

- Extended Health Insurance
  - UVSS Extended Health Benefits
  - GSS Extended Health Benefits
INSIDE CANADA IMPORTANT INFO
Guard.me Info & Enrollment

- Mandatory for International Students
- Automatically enrolled in first term of courses
- Health insurance intended to cover student’s primary health expenses during waiting period for provincial plan
- Effective coverage August 18 – December 31\textsuperscript{st}, 2021
- Receive policy number and guard.me information by email
- Pre-existing conditions not covered*
- Students will need to enroll if this is their first term in Canada but not taking Uvic courses – we will walk you through it
Guard.me Opt In – For Affiliates & Dependents – Students who are not automatically enrolled

- Copy this link into your browser to follow along - www.guard.me/uvic
Guard.me/uvic
Guard.me Affiliate Enrollment

VISITING RESEARCH STUDENTS AND UVIC AFFILIATES

You can purchase emergency medical insurance coverage from guard.me if you are affiliated with UVic, but not covered automatically. Affiliate categories include:

- Visiting research students, post-doctoral fellows, and visiting scholars
- Canadian citizens who are new to Canada, including those who hold citizenships of other countries (dual citizens)
- Canadian permanent residents who are new to Canada

To purchase insurance, click **Apply for Insurance**
Guard.me Affiliate Enrollment

INSURANCE APPLICATION FOR VISITING RESEARCH STUDENTS AND UVIC AFFILIATES

If you have difficulty using this form, please contact International Student Services at +1-250-721-6361 or issinfo@uvic.ca.

Please fill out your information below

YOU ARE *

Student

STUDENT NUMBER:

V00984328

BIRTH DATE *

August 10 1998

* Denotes A Required Field

NEXT

Are you having issues with this page? Visit our Technical Support FAQs page.
Insurance Application for Visiting Research Students and UVic Affiliates

If you have difficulty using this form, please contact International Student Services at 416-250-721-6361 or

Travel Information

What is your home country? *
The country where you permanently reside.
United Kingdom

What country are you currently in? *
United Kingdom

What country are you planning on traveling to? *
Select the country which you plan on staying the longest.
Canada

Destination City or Region *
British Columbia

Coverage Dates

What dates do you require insurance for?

START DATE *
2021-05-18

END DATE *
2021-10-31

Agreement

I understand that guard.me International Insurance is only available to current teachers, faculty, staff, interns, students, recently graduated students (within 30 days of your guard.me policy expiry date) and the spouse, dependents or parents of the above. I further understand that if I do not meet the above eligibility criteria, my policy and those of my spouse, dependents or parents will be null and void from inception.

I understand that if I am a student, proof of current registration and attendance at a recognized school or institution will be required in the event of a claim.

* Denotes a Required Field

Submit
BC MSP

- BC MSP is mandatory for residents staying in BC for 6+ months, including international students

**Eligibility**
- Coverage begins from the date approved and continues until the study permit expiry date – can be extended with updated study permit
- Current monthly health fees are $75 CAD per month, per student ([BC MSP website](https://www.gov.bc.ca/health/MSP))
- Understanding your coverage is essential!
- Opt-out of BC MSP is an option, but not an option we recommend
BC MSP Online Enrollment

Visit BC MSP website to enroll online

• The online application takes about 15 minutes to complete. The data you enter will be saved locally to the computer or device you are using up until the point that you close your browser window or submit the form.
BC MSP Enrolment Instructions

Start your application at https://my.gov.bc.ca/msp/enrolment/check-eligibility

or

Google

www2.gov.bc.ca › health › health-drug-coverage › msp

Medical Services Plan - Province of British Columbia

In B.C., public health insurance is called the Medical Services Plan (MSP). It covers the cost of medically-necessary insured doctor services. For information on ...

(BC) Residents
Medical Services Plan (MSP) for British Columbia (B.C. ...

Managing Your MSP Account
It is important to keep your Medical Services Plan (MSP) account up ...

BC Residents - Contact Us
You will receive faster service by phoning Health Insurance BC ...

Services Covered by MSP
Medical Benefits - Supplementary Benefits - Laboratory Services

How to Apply
How to Apply. All B.C. residents must enrol in the Medical ...

Eligibility and Enrolment
In order to use health-care services in B.C., you must apply ...

Apply for MSP
BC MSP Enrolment Instructions

- Start your application at https://my.gov.bc.ca/msp/enrolment/check-eligibility
- Read through the information collection notice and agree to continue

1

Check Eligibility

If you already have Medical Services Plan (MSP) coverage and received a letter notifying you to renew your BC Services Card, you do not have to submit a new Application for MSP Enrolment; you only need to renew your BC Services Card. Follow the instructions on the letter to renew your card.

See if you qualify for public health care in B.C.

Do you currently live in British Columbia (i.e. Do you have an address here)?

Choose Yes.  

Yes  No

Will you or anyone in your immediate family (included on this application) be away from B.C. for more than 30 days in total over the next six months?

Choose No.  

Choose Yes.  

Yes  No

Is anyone you're applying for
- A student returning to your home province at the end of a course or program; or
- A minor (under the age of 16) who needs to have their own individual account; or
- Seeking refugee status and is not approved yet

Choose No.  

Choose Yes.  

Yes  No

Continue
Tell us about who is applying and uploading official documents

Main Applicant (Account Holder)

Your Status In Canada

Choose **Temporary permit holder or diplomat.**

Choose **Study Permit**

- Work Permit
- **Study Permit**
- Religious Worker
- Diplomat

Scan the document, or take a photo of it. Make sure that it’s:
- The entire document, from corner to corner
- At least 1000 pixels wide x 1500 pixels tall
- Rotated correctly (not upside down or sideways)
- In focus and easy to read
- A JPG, PNG, GIF or BMP file (not a PDF)

You must upload a copy of your **study permit** as part of your application.
Use your phone or tablet to take a picture of the document.

Select a file

Continue
Your personal information
Enter your legal name and gender

First name
Middle name (if applicable)
Last name
Gender

Enter your names as they appear on your passport and immigration documents.

Birthdate

From which province or country?

Have you moved to BC permanently?

Arrival date in B.C.
Arrival date in Canada

Have you been outside B.C. for more than 30 days in total in the past 12 months

Do you have a previous B.C. Personal Health Number?

Are you a full-time student in B.C.?

Will you reside in B.C. upon completion of your studies?

Choose Yes.

Answer Yes here as you may not be sure of your future plans.

Answer Yes, A permanent move means you will live in BC for 6 months or longer.

If you recently moved to BC for the first time, choose No. Otherwise, choose Yes or No according to your situation.
Review your information carefully.

Make sure to keep a record of your reference number once you have submitted your application.
Extended Health & Dental Plan

- Provides additional coverage
- UVSS Health and Dental Plan
- GSS Health and Dental Plan
- You may be automatically enrolled
- Charges appear on your UVic account
Accessing Health Care in Victoria

- **Students with Guard.me: Mobile Doctor**
  https://www.guard.me/uvic/mobileDOCTOR
- **HealthLink BC 8-1-1**
- **UVic Student Wellness Centre** – call in advance to book an appointment
  http://www.uvic.ca/students/health-wellness/student-wellness-centre
- **Walk-in clinics** (Medimaps)
- **SupportConnect**
  www.uvic.ca/services/counselling/resources/supportconnect
- **In case of emergency**, call 9-1-1
- **Extended health** options: discuss with UVSS or GSS
Guard.me policy for COVID-19

• Students who contract COVID-19 are eligible to submit insurance
• Coverage does not include costs associated with self-isolation
• Medically necessary treatments for new and emergent conditions are eligible if it is prescribed by a certified health professional
What should I do if I am showing symptoms of COVID-19?

1. Limit your contact with others immediately

2. Visit the Island Health Website for information and/or call the COVID Testing Call Centre (8:30am - 8:00pm) 1-844-901-8442 to make an appointment

3. www.guard.me/mobiledoctor

4. Self-isolate and attend your COVID-19 test appointment
Vaccinations and COVID-19

• Please reach out to the UVic Self-isolation Program if you have questions about your vaccines or if you have questions about self-isolation and current quarantine requirements.
Vaccine Registration & Eligibility

- BC Centre for Disease Control
- Students without a Personal Health Number (PSN)
  1-833-838-2323
OUTSIDE CANADA IMPORTANT INFO
Opting out of Guard.me

If you are inside Canada, you can opt out only if you are covered by one of the following:

- Valid BC MSP valid at least until December 31, 2021
- Canadian provincial or territorial public health plan
- Saudi Arabian Cultural Bureau-sponsored plan
- Libyan-North American Scholarship Program-sponsored plan
- African Leaders of Tomorrow Scholarship Program-sponsored plan
- Corbett British Columbia-Washington International Exchange & Fellowship Program

Visit guard.me/uvic, click opt out and follow the instructions. **Opt out deadline: September 22**

Contact admindept@guard.me
Key Messages

• All students require comprehensive health insurance!

• If you are not already covered by the **BC MSP** or **Guard.me** primary health insurance plans, you must submit the applications for enrolment

• You may be eligible to opt out of the Guard.me plan if you will not be in Canada this term, or if you have BC MSP coverage or other qualified coverage (**deadline is September 22**)

• Coverage provided by the **Extended health and dental plan** is not the same as coverage provided by guard.me plan and BC MSP
Key Messages

• If you have questions about self-isolation please reach out to the self-isolation program at uvicsip@uvic.ca

• If you have questions about living in Victoria and in Canada reach out to issinfo@uvic.ca

• We are excited welcome you to the University of Victoria!!!
FAQs

1. What are my coverage dates for Guard.me?
2. How do I pay my Guard.me MTMI fee?
3. Should I enroll in BC MSP?
4. Can international students get vaccinated against COVID-19 in Canada?
5. I have questions about my move to Victoria. Where do I get help?
FAQs, Questions, & Contact Info

International Student Centre

**Hours:** 9:00 a.m. to 4:30 p.m. (PDT), Weekdays

**Phone:** +1-250-721-6361

**Email:** issinfo@uvic.ca

**Website:** www.uvic.ca/iss