

## Earthquake Actions for Post-Secondary Students, Staff and Faculty

### Get prepared

- Familiarize yourself with safe locations and hazards in the spaces you most often frequent on campus. Be aware of exits.
- Ensure shelving and other objects are secured.
- Do not use the space under your desk for storage.
- Ensure hazardous materials are stored safely.
- Check the safety information provided by your post-secondary institution.
- Have an office or dorm emergency kit.

### When the shaking starts

No matter where you are on campus:

- **Drop:** Immediately drop to the ground.
- **Cover:** Take cover under a sturdy desk or table and cover your head and neck.
- **Hold On:** Grip the leg of a desk or chair or brace against another sturdy object.
- Close your eyes and mouth to protect from dust and debris.



### More tips for campus locations

- **Classroom/Office:** “Drop, Cover, Hold On” under your desk or workstation.
- **Lecture Theatre:** Drop to the ground between rows. Protect your head and neck with your arms, and bend over as far as possible.
- **Laboratory:** “Drop, Cover, Hold On” under the work bench or at the end of the bench.
- **Library:** Drop to the ground; move carefully to the end of the stack. If possible, “Drop, Cover, Hold On” under a desk or table.