



University
of Victoria

Math & Stats Assistance Centre

Triumphing Over Math Anxiety Workshop

Wednesday, Sept 25th, 3:30-4:20pm LIBR 025

- Discussion of causes and consequences of math anxiety
- Practical tips and strategies to improve your performance right away
- Group activities to put advice into action right away

Register through UVic Library:



<https://libcal.uvic.ca/calendar/learningcommons/mathanxietyworkshop>

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