



**University  
of Victoria**

Academic Advising  
for Humanities, Science  
& Social Sciences

# INTRODUCTIONS

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Faculties of Science, Social Sciences and Humanities



# WHY SHOULD I SEE AN ACADEMIC ADVISER?

- Assist with **course selection** and in **developing** personal **academic plans** that ensure you will meet your **graduation requirements**
- **Clarify** and **interpret University policies** and **procedures.**
- Help you **access resources** and information for the many **opportunities** available to UVic students
- **Provide referrals** as required



# HOW DO I STAY ON TRACK ?

- [UVic Academic Calendar](#)
- [Review CAPP report](#) (degree evaluation)
- [Contacting your Department Adviser](#)
- [Appointment with an Academic Adviser](#)



# WHAT ELSE SHOULD I CONSIDER??

- Course load : Faculty of Science recommends five (5) - 1.5 unit courses per term
- Co-op and other co-curricular opportunities
- Post degree planning



# HOW DO I MAKE AN APPOINTMENT WITH AN ACADEMIC ADVISER?

Email us to book an appointment:  
[advising@uvic.ca](mailto:advising@uvic.ca)

Include the following information:

- Full name
- UVic student number (V00XXXXXX)
- Preferences for dates and times, if requesting an appointment (please include at least two options)
- Proposed degree program

OR by filing out our appointment booking form found at:

[www.uvic.ca/services/advising/advice-support/advising-centre](http://www.uvic.ca/services/advising/advice-support/advising-centre)



# TIPS FOR SUCCESS

- Set aside enough time to study and complete coursework outside of “class time”
- Check in with yourself and stay balanced and organized
- Prepare for class - attempt readings ahead of time
- Pace yourself, and look ahead



# TIPS FOR SUCCESS

- Check out the [UVIC Learn Anywhere](#) website to help you with your online classes
- In a Zoom class, turn on your camera so profs can see your face—teaching is human art!
- Don't hesitate to touch base with profs and TAs in office hours—they are there for you!
- Get to know about Help Centres for areas like Math, etc and when they are offered
- Reach out when you need support





# THANK YOU!

We look forward to “seeing” you in  
Academic Advising!

