



University
of Victoria

ROOMMATES 101

A Roommate Guide for Traditional Style Housing



WELCOME TO RESIDENCE!

Meeting your new roommate is an important part of settling in to your new home. This guide will help you and your roommate get to know one another and clarify how you will share your living space. Discussing your personal preferences, routines, and expectations early in the year will set you up for a smooth start and make it easier to address any concerns should they arise.

Your CL can help you create a Roommate Agreement containing shared guidelines and commitments for living together. The Agreement is intended to support a positive, safe, and clean living space for everyone.

Below are key topics and questions to consider. Reflecting on them ahead of meeting with your roommate and your CL is a great way to prepare for making your Agreement.

Get to Know Your Roommate

QUESTIONS TO CONSIDER

- What do you like to do for fun?
What are your hobbies?
- How do your class and work schedules compare to those of your roommate?
- Do you have any pet peeves that your roommate should be aware of?

RESPECT & COMMUNICATION

Mutual respect and communication are key to maintaining positive and healthy relationships, especially when you are living in a shared space.

QUESTIONS TO CONSIDER

- What is the best way to communicate with you? For example, do you prefer to communicate by text, phone call, or social media?
- When is it important or necessary to communicate with your roommate? Examples may include: when you are inviting guests over, when you would like to borrow an item, or when you leave campus for an extended period of time.
- What does mutual respect look like to you? How will you show respect for one another?
- What are your preferred pronouns?
- Is there anything that your roommate should know about what may be helpful if you are ever upset?

Check in with your roommate if you notice their behaviour is out of the ordinary. If you have a concern about someone you live with and you aren't sure what to do, you may want to consult with your CL.



SAFETY & SECURITY

Student safety and security is one of our key priorities. You play an important role in helping to keep your community safe. Remember to protect yourself, your roommate, your room and belongings by locking your own doors and windows.

QUESTIONS TO CONSIDER

- When will you lock doors and windows?
- Will you always lock the door whenever you leave the room?
- Will you lock the door when you go to bed?
- If you live on the first floor, when will you close and lock the windows?

Please note: Lending your keys to any unauthorized individuals is not permitted. For more information, please see your Residence Contract or the “Unauthorized Key Possession” standard as defined in the Community Living Handbook.



PROPERTY & COMMON SPACE

The use of shared items and spaces works best when clear boundaries and expectations are set at the beginning of the year. Be sure to respect your roommate's personal belongings. It is always better to ask if you can borrow or use something that does not belong to you.

Please note: You are responsible for completing the Room Condition Report for your room within 7 days of move-in. The Room Condition Report is available on the UVic Residence Housing Portal.

QUESTIONS TO CONSIDER

- Are you comfortable sharing:
 - cleaning supplies?
 - disposable items such as paper towel?
 - food, utensils, or dishes?
 - other items?
- Are there items that are off limits?
- What are your expectations for where to put items such as books, laundry, snacks, etc.?
- What areas of the room do you consider personal space?
- What areas do you consider shared space?



CLEANING

Let's face it, there aren't many people who jump at the chance to do chores. Still, to maintain a clean and comfortable space it is necessary for everyone to do their part. We strongly recommend that roommates create a cleaning schedule together. Here is an example:

Task	Date 1	Date 2
Take out garbage and recycling	Roommate A	Roommate B
Vacuum floors	Roommate A	Roommate B
Wipe surfaces and dust shelves	Roommate B	Roommate A
Wash dishes	Roommate B	Roommate A

Please note: Cleanliness inspections take place in December and April. Staff will follow up with you if there are concerns. Any cleaning charges incurred after move-out are shared between roommates.

QUESTIONS TO CONSIDER

- How will chores be done?
 - How often and by whom?
Will you rotate tasks or will each roommate be assigned a specific chore to perform throughout the year?
- Will you share the cost and use of cleaning supplies?
A vacuum is provided to your community, although you may wish to purchase a small hand-held vacuum. We suggest purchasing the following items: garbage bags, dish soap, sponges, household cleaning solutions, disinfectant wipes, and duster.
- How often do you expect to do laundry?
Residents provide their own detergent and other laundry cleaning solutions. Laundry cards can be purchased and reloaded at the Craigdarroch Office Building (Residence Services Front Desk).
- How will you communicate with one another if you are unhappy with the level of cleanliness in your unit?

GUESTS & FUNCTIONS

Although you have the privilege of having guests visit your room, you first have the responsibility to ensure that your roommate is comfortable with the people who are entering the space you share. Your guests must understand and respect the Community Standards. You are required to accompany them for the duration of their stay, and you are responsible for their actions while they are here.

Please note: Items in your Roommate Agreement pertaining to guests and functions must be in line with the Community Standards.

QUESTIONS TO CONSIDER

- How social/quiet would you like the room to be?
- How do you feel about functions and social gatherings (parties) being held in your room?
 - Who is responsible for cleaning up after guests and/or functions?
 - How far in advance should you ask for your roommate's consent before having a guest or function in your room?
It is your responsibility to inform your roommate about the nature of the social function (purpose, number of guests, duration, etc.)
- How do you feel about having overnight guests in your room? Where is it okay for overnight guests to sleep?
- When is it okay for guests to be in your room? For how long?
Residents are permitted to have an overnight guest for no more than three consecutive nights for a total of nine nights per semester. Permission for an extended stay must be requested through your Neighbourhood Manager.

LIGHTS & SOUNDS

Levels of light and sound impact everyone differently. Respecting each other's needs in this area will help avoid frustration and maintain a shared space that is conducive to academic success and personal comfort. If you are participating in activities such as watching TV, gaming, or listening to music, it is your responsibility to make sure that you are not interfering with your roommate's right to sleep and study.

Please note: Quiet Hours are in effect Sunday–Thursday from 9 p.m.–8 a.m. and Friday–Saturday from midnight–10 a.m.

QUESTIONS TO CONSIDER

- What is your tolerance for noise? How loud is too loud?
- When will you turn on/off lights? Does the time of day matter?
- When does your room need to be quiet? What does this mean for the use of stereos, televisions, and laptops? Does it differ on weekdays or weekends?
- How will you communicate with one another if you have a concern about noise or lights in your room?



SLEEP & STUDY

Your ability to sleep or study without distraction is essential for your academic success. It is important that you discuss specific expectations regarding sleep and study habits so that everyone can have a successful year.

QUESTIONS TO CONSIDER

- Will you study in your room?
If so, consider the following:
 - What time of day do you prefer to study?
 - For how long?
 - How might this impact your expectations for the level of noise in your room?
- When do you usually go to bed?
When do you typically wake up?
Does this differ on weekdays or weekends?
- Can you sleep easily with distractions such as background noise?
- How might your alarm clock (and the snooze button) affect your roommate? *Remember to turn off your alarm when you go away for the night or the weekend!*
- What are your expectations of your roommates and/or guests if they come home late at night or early in the morning?



RESOLVING CONFLICTS

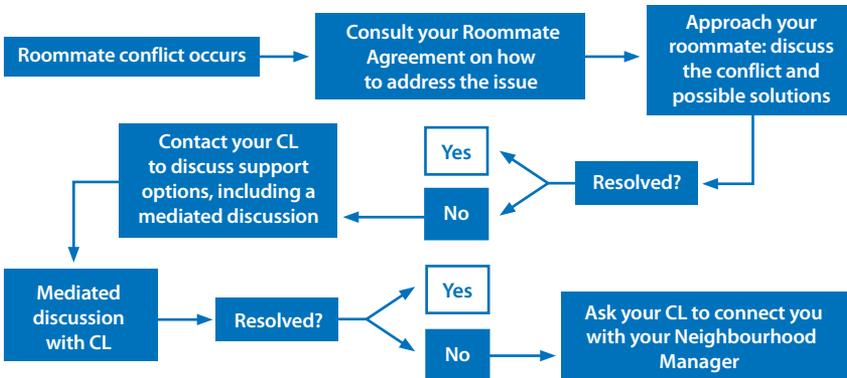
Conflicts or concerns are easier to address when you and your roommate know the steps you will take to work things out. Discussing your concerns respectfully and directly with the other person involved often helps resolve an issue.

There are times when you may need support to resolve a conflict. Remember that your CL is available to provide coaching or to lead a discussion. Contact your CL if you'd like their assistance.

QUESTIONS TO CONSIDER

- How will you approach your roommate if you have a conflict or concern?
- What steps will you take if either of you do not uphold the Roommate Agreement?

SUGGESTED CONFLICT RESOLUTION STEPS



In the event that the conflict remains unresolved, you may prefer to apply for a room transfer. Please see the Daily Life section of the Community Living Handbook for more details.



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RESIDENCE SERVICES



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