

Service

Memberships and Offices Held in Learned and Professional Societies (include dates):

2021

Society of Behavioral Medicine, Academy of Behavioral Medicine, Royal Society of Canada, Canadian Academy of Health Sciences, European Health Psychology Society, American Psychology Association

2020

Society of Behavioral Medicine, Academy of Behavioral Medicine, Royal Society of Canada, Canadian Academy of Health Sciences, European Health Psychology Society, American Psychological Association

2019

Society of Behavioral Medicine, Academy of Behavioral Medicine, Royal Society of Canada, Canadian Academy of Health Sciences, European Health Psychology Society, International Society for Behavioral Nutrition and Physical Activity, American Psychological Association

2018

International Society of Behavioral Nutrition and Physical Activity, Society of Behavioral Medicine, Academy of Behavioral Medicine, Royal Society of Canada, Canadian Academy of Health Sciences, American Psychological Association

2017

International Society of Behavioral Nutrition and Physical Activity,
Society of Behavioral Medicine,
Academy of Behavioral Medicine,
Royal Society of Canada,
Canadian Academy of Health Sciences

2016

Associate Director, Institute on Aging & Lifelong Health (formerly Centre on Aging)
International Society of Behavioral Nutrition and Physical Activity
Society of Behavioral Medicine
Canadian Society for Psychomotor Learning and Sport Psychology
Society of Behavioral Medicine
North American Society for the Psychology of Sports and Physical Activity
Canadian Society for Exercise Physiology

2015

International Society of Behavioral Nutrition and Physical Activity
Society of Behavioral Medicine
Canadian Society for Psychomotor Learning and Sport Psychology
Society of Behavioral Medicine
North American Society for the Psychology of Sports and Physical Activity

Canadian Society for Exercise Physiology

2014

International Society of Behavioral Nutrition and Physical Activity
Society of Behavioral Medicine,
Australasian Society of Behavioural Health and Medicine,
Canadian Society for Psychomotor Learning and Sport Psychology

2013

Society of Behavioral Medicine, Australasian Society of Behavioural Health and Medicine,
Canadian Society for Psychomotor Learning and Sport Psychology

2012

Society of Behavioral Medicine, North American Society for the Psychology of Sports and
Physical Activity

2011

Society of Behavioral Medicine, North American Society for the Psychology of Sports and
Physical Activity

2010

Society of Behavioral Medicine, North American Society for the Psychology of Sports and
Physical Activity

2009

Society of Behavioral Medicine, Canadian Society for Exercise Physiology

2008

Society of Behavioral Medicine, North American Society for the Psychology of Sports and
Physical Activity, International Society for Behavioral Nutrition and Physical Activity

2007

Society of Behavioral Medicine, American College of Sports Medicine, North American Society
for the Psychology of Sports and Physical Activity

2006

American College of Sports Medicine, North American Society for the Psychology of Sports and
Physical Activity

2005

Society of Behavioral Medicine

2004

Society of Behavioral Medicine, American College of Sports Medicine , Canadian Association for Psychomotor Learning and Sport Psychology, North American Society for the Psychology of Sport and Physical Activity

2003

Society of Behavioral Medicine, American College of Sports Medicine , Canadian Association for Psychomotor Learning and Sport Psychology, North American Society for the Psychology of Sport and Physical Activity

2002

Society of Behavioral Medicine, American College of Sports Medicine

2001

Society of Behavioral Medicine, American College of Sports Medicine

2000

Society of Behavioral Medicine, Canadian Association for Psychomotor Learning and Sport Psychology, North American Society for the Psychology of Sport and Physical Activity

1999

American College of Sports Medicine

1998

American College of Sports Medicine

Memberships on, and Contributions to Professional Boards or Committees

2020

External

1. Senior Co-chair SBM Theories and Techniques of Behavior Change Interventions Special Interest Group

2. Scientific advisory board member for Canada's adult 24 hour movement guideline development
3. Advisory Board Member on E-Active, World Health Organization
4. Scientific advisory board member for Canada's Adult Physical Activity Report Card
5. Guest Editor, *Frontiers in Psychology – Movement Science and Sports Psychology*-Special Issue on Affect in Exercise and Sport Psychology
6. Board member (Research Advisory) for PARTICIPACTION (national)
7. Advisory Board Member, Canada's Family and Health Behavior Project (ParticipACTION)
8. Board member for the Centre for Hip Health and Mobility (UBC Hospital).
9. Journal Editorial-in Chief: *Psychology & Health* (European Health Psychology Association)
10. Associate Editor, *Health Psychology* (American Psychological Association)
11. Associate Editor, *Exercise and Sports Sciences Reviews* (American College of Sports Medicine)
12. Journal Editorial Board Member: *British Journal of Sports Medicine* (British Medical Journal)
13. Journal Editorial Board Member: *Journal of Behavioral Medicine*
14. Journal Editorial Board Member: *Health Psychology Review*
15. Journal Editorial Board Member: *Annals of Behavioral Medicine* (Society of Behavioral Medicine)
16. Journal Editorial Board Member: *Psychology of Sport and Exercise*
17. Journal Editorial Board Member: *Canadian Health and Fitness Journal*
18. Local conference organizing committee: International Society for Physical Activity and Health (ISPAH) Congress in Vancouver 2018
19. Scientific Advisory Board, BC Childhood Healthy Weights Intervention Program
20. Standing Committee Member, Royal Society of Canada

21. Conference Chair, International Congress of Behavioural Medicine, Vancouver 2022
22. Adjunct Professor – University of Toronto (Kinisiology)
23. Adjunct Professor – University of Manitoba (Rehabilitation Medicine)

University

1. Associate Director, Institute on Aging & Lifelong Health (formerly Centre on Aging)
2. Member, Uvic Health Research Initiative Task Force
3. Acting Committee Member, UVic Royal Society of Canada Alumni
4. Advisory Board Member for the University of Victoria Institute on Aging & Lifelong
5. Research Affiliate - University of Victoria Institute on Aging & Lifelong (formerly Centre on Aging)
6. Research Affiliate – University of Victoria Centre for Youth and Society

Faculty/School

1. ARPT Member
2. EPHE Council

2019

External

1. Senior Co-chair SBM Theories and Techniques of Behavior Change Interventions Special Interest Group
2. Scientific advisory board member for Canada's adult 24 hour movement guideline development
3. Advisory Board Member on E-Active, World Health Organization
4. Scientific advisory board member for Canada's Adult Physical Activity Report Card
5. European Federation of Sport Psychology (FEPSAC) abstract review committee
6. Committee member for the Canadian Institutes of Health Research Project Grants Psychosocial, Sociocultural & Behavioural Determinants of Health (PB2)

7. Board member (Research Advisory) for PARTICIPACTION (national)
8. Advisory Board Member, Canada's Family and Health Behavior Project (ParticipACTION)
9. Board member for the Centre for Hip Health and Mobility (UBC Hospital).
10. Journal Editorial-in Chief: Psychology & Health (European Health Psychology Association)
11. Associate Editor, Health Psychology (American Psychological Association)
12. Associate Editor, Exercise and Sports Sciences Reviews (American College of Sports Medicine)
13. Journal Editorial Board Member: British Journal of Sports Medicine (British Medical Journal)
14. Journal Editorial Board Member: Journal of Behavioral Medicine
15. Journal Editorial Board Member: Health Psychology Review
16. Journal Editorial Board Member: Annals of Behavioral Medicine (Society of Behavioral Medicine)
17. Journal Editorial Board Member: Psychology of Sport and Exercise
18. Journal Editorial Board Member: Canadian Health and Fitness Journal
19. Conference organizing committee: International Society for Physical Activity and Health (ISPAH) Congress in Vancouver 2018
20. Scientific Advisory Board, BC Childhood Healthy Weights Intervention Program
21. Standing Committee Member, Royal Society of Canada
22. Conference Bid Leader, International Congress of Behavioural Medicine, 2022
23. Volunteer Chair, European Health Psychology Society Annual Meeting 2019, Dubrovnik, Croatia.
24. Adjunct Professor – University of Manitoba (Rehabilitation Medicine)

University

1. Associate Director, Institute on Aging & Lifelong Health (formerly Centre on Aging)
2. Member, Vice President Research Search Committee
3. Member, UVIC Health Research Initiative Task Force
4. Search Committee Member, CRC in Mobile Health, Department of Psychology
5. Search Committee Member, Research Manager position, Institute on Aging and Lifelong Health
6. Acting Committee Member, UVic Royal Society of Canada Alumni
7. Advisory Board Member for the University of Victoria Institute on Aging & Lifelong (formerly Centre on Aging)
8. Program Committee Member – University of Victoria Institute on Aging & Lifelong (formerly Centre on Aging)
9. Research Affiliate - University of Victoria Institute on Aging & Lifelong (formerly Centre on Aging)
10. Research Affiliate – University of Victoria Centre for Youth and Society

Faculty/School

3. Faculty of Education Research Advisory Committee member
4. Faculty of Education Appeals Committee
5. EPHE Council

2018

External

1. Scientific advisory board member for Canada's adult 24 hour movement guideline development
2. Scientific advisory board member for Canada's Adult Physical Activity Report Card
3. Member, Copenhagen Consensus panel on Older Adult Physical Activity
4. Committee member for the Canadian Institutes of Health Research Foundation grants

5. Board member (Research Advisory) for PARTICIPATION (national)
6. Review committee member for the APA Science Directorate's Dissertation Research Award
7. Canada Foundation for Innovation Grant Reviewer
8. Board member for the Centre for Hip Health and Mobility (UBC Hospital).
9. Journal Editorial Board Member: Psychology & Health (European Health Psychology Association)
10. Journal Editorial Board Member: British Journal of Sports Medicine (British Medical Journal)
11. Journal Editorial Board Member: Journal of Behavioral Medicine
12. Journal Editorial Board Member: Health Psychology Review
13. Journal Editorial Board Member: Annals of Behavioral Medicine (Society of Behavioral Medicine)
14. Journal Editorial Board Member: Psychology of Sport and Exercise
15. Journal Editorial Board Member: Canadian Health and Fitness Journal
16. Associate Editor, Health Psychology
17. Associate Editor, Exercise and Sports Sciences Reviews
18. Active People, Active Places Evaluation Advisory Team. BC Ministry of Health
19. Advisory Committee on BCTs (Behavior change techniques), University College London
20. Conference organizing committee: International Society for Physical Activity and Health (ISPAH) Congress in Vancouver 2018
21. Scientific Advisory Board, BC Childhood Healthy Weights Intervention Program

University

1. Associate Director, Institute on Aging & Lifelong Health (formerly Centre on Aging)
2. Member, Vice President Research Search Committee

3. Member, UVIC Health Research Initiative Task Force
4. Advisory Board Member for the University of Victoria Institute on Aging & Lifelong (formerly Centre on Aging)
5. Program Committee Member – University of Victoria Institute on Aging & Lifelong (formerly Centre on Aging)
6. Research Affiliate - University of Victoria Institute on Aging & Lifelong (formerly Centre on Aging)
7. Research Affiliate – University of Victoria Centre for Youth and Society

Faculty/School

1. Faculty of Education Research Advisory Committee member
2. Faculty of Education Appeals Committee
3. EPHE Council

2017

External

1. Conference Organizing Committee chair for the International Behavioral Nutrition and Physical Activity Conference
2. Scientific advisory board member for Canada's Physical Activity Report Card
3. Committee Advisory Member – Public Health Agency of Canada Technical Surveillance Assessment
4. Committee member for the Canadian Institutes of Health Research New Investigator Peer Review Board
5. Board member (Research Advisory) for PARTICIPATION (national)
6. Board member for the Centre for Hip Health and Mobility (UBC Hospital).
7. Journal Editorial Board Member: Psychology & Health (European Health Psychology Association)

8. Journal Editorial Board Member: British Journal of Sports Medicine (British Medical Journal)
9. Journal Editorial Board Member: Journal of Behavioral Medicine
10. Journal Editorial Board Member: Annals of Behavioral Medicine (Society of Behavioral Medicine)
11. Journal Editorial Board Member: Psychology of Sport and Exercise
12. Journal Editorial Board Member: Canadian Health and Fitness Journal
13. Associate Editor, Health Psychology
14. Associate Editor, Exercise and Sports Sciences Reviews
15. Active People, Active Places Evaluation Advisory Team. BC Ministry of Health
16. Advisory Committee on BCTs (Behavior change techniques), University College London
17. Conference organizing committee: International Society for Physical Activity and Health (ISPAH) Congress in Vancouver 2018
18. Scientific Advisory Board, BC Childhood Healthy Weights Intervention Program
19. Aging Healthy Project Expert, Dr. Alan Gow Research Team
20. Conference abstract reviewer – 2017 International Society of Behavioral Nutrition and Physical Activity

University

1. Search Committee Member – Centre for Biomedical Research
2. Associate Director, Institute on Aging & Lifelong Health (formerly Centre on Aging)
3. Advisory Board Member for the University of Victoria Institute on Aging & Lifelong (formerly Centre on Aging)
4. Program Committee Member – University of Victoria Institute on Aging & Lifelong (formerly Centre on Aging)
5. Research Affiliate - University of Victoria Institute on Aging & Lifelong (formerly Centre on Aging)

6. Research Affiliate – University of Victoria Centre for Youth and Society
7. CIHR Student Scholarship Adjudication Committee - UVIC

Faculty/School

1. Faculty of Education Research Advisory Committee member
2. Faculty Associate Dean Research and Academic Search Committee
3. Faculty of Education Appeals Committee
4. EPHE Council
5. CIHR Student Adjudication - EPHE

2016

External

1. Board Member for the Canadian Society for Exercise Physiology (BC Health Promotion Representative)
2. Committee Advisory Member – Public Health Agency of Canada Technical Surveillance Assessment
3. Conference Organizing Committee member for the International Behavioral Nutrition and Physical Activity Conference
4. Committee member for the Canadian Institutes of Health Research New Investigator Peer Review Board
5. Board member (Research Advisory) for PARTICIPATION (national)
6. Board Member for the Michael Smith Foundation for Health Research (Research Advisory).
7. Board member for the Centre for Hip Health and Mobility (UBC Hospital).
8. Journal Editorial Board Member: Psychology & Health (European Health Psychology Association)
9. Journal Editorial Board Member: British Journal of Sports Medicine (British Medical Journal)

10. Journal Editorial Board Member: Annals of Behavioral Medicine (Society of Behavioral Medicine)
11. Journal Editorial Board Member: Psychology of Sport and Exercise
12. Journal Editorial Board Member: Journal of Behavioral Medicine
13. Journal Editorial Board Member: Canadian Health and Fitness Journal (Canadian Society for Exercise Physiology)
14. Board Member, BC Physical Activity Strategy Leadership Table
15. Board Member, Health Psychology
16. Board Member, Exercise and Sports Sciences Reviews
17. Leader – Team bid member for International Society of Behavioral Nutrition and Physical Activity Annual Meeting in Victoria 2017

University

1. Search Committee Member – Centre for Biomedical Research
2. Associate Director, Institute on Aging & Lifelong Health (formerly Centre on Aging)
3. Advisory Board Member for the University of Victoria Institute on Aging & Lifelong (formerly Centre on Aging)
4. Program Committee Member – University of Victoria Institute on Aging & Lifelong (formerly Centre on Aging)
5. Research Affiliate - University of Victoria Institute on Aging & Lifelong (formerly Centre on Aging)
6. Research Affiliate – University of Victoria Centre for Youth and Society

Faculty/School

1. Faculty of Education Research Culture Committee member
2. Faculty of Education Appeals Committee

3. Faculty Retreat Committee
4. EPHE Council

2015

External

18. Board Member for the Canadian Society for Exercise Physiology (BC Health Promotion Representative)
19. Committee Advisory Member – Public Health Agency of Canada Technical Surveillance Assessment
20. Conference Organizing Committee member for the International Behavioral Nutrition and Physical Activity Conference
21. Committee member for the Canadian Institutes of Health Research New Investigator Peer Review Board
22. Board member (Research Advisory) for PARTICIPATION (national)
23. Board Member for the Michael Smith Foundation for Health Research (Research Advisory).
24. Board member for the Centre for Hip Health and Mobility (UBC Hospital).
25. Journal Editorial Board Member: Psychology & Health (European Health Psychology Association)
26. Journal Editorial Board Member: British Journal of Sports Medicine (British Medical Journal)
27. Journal Editorial Board Member: Annals of Behavioral Medicine (Society of Behavioral Medicine)
28. Journal Editorial Board Member: Psychology of Sport and Exercise
29. Journal Editorial Board Member: Journal of Behavioral Medicine
30. Journal Editorial Board Member: Canadian Health and Fitness Journal (Canadian Society for Exercise Physiology)
31. Board Member, BC Physical Activity Strategy Leadership Table

32. Board Member, Health Psychology
33. Board Member, Exercise and Sports Sciences Reviews
34. Leader – Team bid member for International Society of Behavioral Nutrition and Physical Activity Annual Meeting in Victoria 2017

University

7. Search Committee Member – Centre for Biomedical Research
8. Advisory Board Member for the University of Victoria Centre on Aging
9. Program Committee Member – University of Victoria Centre on Aging
10. Research Affiliate - University of Victoria Centre on Aging
11. Research Affiliate – University of Victoria Centre for Youth and Society

Faculty/School

5. Faculty of Education Research Culture Committee member
6. Faculty of Education Appeals Committee
7. Faculty Retreat Committee
8. EPHE Council

2014

External

1. Board Member for the Canadian Society for Exercise Physiology (BC Health Promotion Representative)
2. Committee Advisory Member – Public Health Agency of Canada Technical Surveillance Assessment
3. Conference Organizing Committee member for the International Behavioral Nutrition and Physical Activity Conference

4. Committee member for the Canadian Institutes of Health Research New Investigator Peer Review Board
5. Board member (Research Advisory) for PARTICIPATION (national)
6. Board Member for the Michael Smith Foundation for Health Research (Research Advisory).
7. Board member for the Centre for Hip Health and Mobility (UBC Hospital).
8. Journal Editorial Board Member: Psychology & Health (European Health Psychology Association)
9. Journal Editorial Board Member: British Journal of Sports Medicine (British Medical Journal)
10. Journal Editorial Board Member: Journal of Behavioral Medicine
11. Journal Editorial Board Member: Canadian Health and Fitness Journal (Canadian Society for Exercise Physiology)
12. Board Member, BC Physical Activity Strategy Leadership Table
13. Board Member, Health Psychology
14. Board Member, Exercise and Sports Sciences Reviews
15. Leader – Team bid member for International Society of Behavioral Nutrition and Physical Activity Annual Meeting in Victoria 2017

University

12. Search Committee Member – Centre for Biomedical Research
13. Advisory Board Member for the University of Victoria Centre on Aging
14. Program Committee Member – University of Victoria Centre on Aging
15. Research Affiliate - University of Victoria Centre on Aging
16. Research Affiliate – University of Victoria Centre for Youth and Society

Faculty/School

9. Faculty of Education Research Culture Committee member
10. Faculty of Education Appeals Committee
11. Faculty Retreat Committee
12. EPHE Council

2013

External

1. Board Member for the Canadian Society for Exercise Physiology (BC Health Promotion Representative)
2. Committee member for the Canadian Institutes of Health Research Trainee Selection Competition (CIHR National)
3. Board member (Research Advisory) for PARTICIPACTION (national)
4. Board Member for the Michael Smith Foundation for Health Research (Research Advisory).
5. Board member for the Centre for Hip Health and Mobility (UBC Hospital).
6. Journal Editorial Board Member: Psychology & Health (European Health Psychology Association)
7. Journal Editorial Board Member: British Journal of Sports Medicine (British Medical Journal)
8. Journal Editorial Board Member: Journal of Behavioral Medicine
9. Journal Editorial Board Member: Canadian Health and Fitness Journal (Canadian Society for Exercise Physiology)
10. Board Member, BC Physical Activity Strategy Leadership Table
11. Board Member, Health Psychology
12. Board Member, Exercise and Sports Sciences Reviews

University

17. University of Victoria Human Research Ethics Board Member (approximately 3 reviews per month)
18. Advisory Board Member for the University of Victoria Centre on Aging
19. Research Affiliate - University of Victoria Centre on Aging
20. Research Affiliate – University of Victoria Centre for Youth and Society
21. Search Committee Member – Centre for Biomedical Research

Faculty/School

13. Faculty of Education Research Culture Committee member
14. Faculty of Education Appeals Committee
15. EPHE Council

2012

External

1. Board Member for the Canadian Society for Exercise Physiology (BC Health Promotion Representative)
2. Committee member for the Canadian Institutes of Health Research Trainee Selection Competition (CIHR National)
3. Board member (Scientific director) for PARTICIPATION (national)
4. Board Member for the Michael Smith Foundation for Health Research.
5. Committee member for the Canadian Diabetes Association Operating Grants Adjudication (Committee III)
6. Conference Co-Organizer and Chair – Society of Behavioral Medicine 2013 Annual Meeting (This is the largest Track in this prestigious organization – I was responsible for selecting and coordinating over 120 reviewers and ultimately deciding conference acceptance)

7. Board member for the Centre for Hip Health and Mobility (UBC Hospital).
8. Journal Editorial Board Member: Health Psychology (American Psychological Association)
9. Journal Editorial Board Member: Psychology & Health (European Health Psychology Association)
10. Journal Editorial Board Member: British Journal of Sports Medicine (British Medical Journal)
11. Journal Editorial Board Member: Exercise and Sports Sciences Reviews (American College of Sports Medicine)
12. Journal Editorial Board Member: Journal of Behavioral Medicine
13. Journal Editorial Board Member: Canadian Health and Fitness Journal (Canadian Society for Exercise Physiology)

University

1. University of Victoria Human Research Ethics Board Member (approximately 3 reviews per month)
2. Advisory Board Member for the University of Victoria Centre on Aging
3. Research Affiliate - University of Victoria Centre on Aging
4. Research Affiliate – University of Victoria Centre for Youth and Society

Faculty/School

1. Faculty of Education Research Culture Committee member
2. Faculty of Education Appeals Committee
3. EPHE Council

2011

External

35. Board Member for the Canadian Society for Exercise Physiology (BC Health Promotion Representative)
36. Committee member for the Canadian Institutes of Health Research Trainee Selection Competition (CIHR National)
37. Board member (Scientific director) for PARTICIPATION (national)
38. Board Member (Scientific Advisory) for the Michael Smith Foundation for Health Research
39. Committee member for the Canadian Diabetes Association Operating Grants Selection
40. Committee member for the Canadian Cancer Society Operating Grants Selection
41. Editorial Board Member: Health Psychology
42. Editorial Board Member: British Journal of Sports Medicine

University

22. University of Victoria Human Research Ethics Board Member
23. Research Affiliate - University of Victoria Centre on Aging
24. Research Affiliate – University of Victoria Centre for Youth and Society

2010

External

43. Board Member for the Canadian Society for Exercise Physiology (BC Health Promotion Representative)
44. Committee member for the Canadian Institutes of Health Research Trainee Selection Competition (CIHR National)
45. Board member (Scientific director) for PARTICIPATION (national)
46. Conference Co-Organizer and Chair – Society of Behavioral Medicine 2011 Annual Meeting (This is the largest Track in this prestigious organization – I was responsible for selecting and coordinating over 120 reviewers and ultimately deciding conference acceptance)

- 47. Editorial Board Member: Health Psychology
- 48. Editorial Board Member: British Journal of Sports Medicine

University

- 25. Advisory Board Member for the University of Victoria Centre on Aging
- 26. University of Victoria Human Research Ethics Board Member
- 27. Research Affiliate - University of Victoria Centre on Aging
- 28. Research Affiliate – University of Victoria Centre for Youth and Society

2009

External

- 29. Advisory Board Member for the Camosun College Health and Wellness Diploma Program
- 30. Board Member for the Canadian Society for Exercise Physiology (BC Health Promotion Representative)
- 31. Board Member for the Canadian Society for Exercise Physiology (National Committee)
- 32. Committee member for the Canadian Institutes of Health Research Trainee Selection Competition (CIHR National)
- 33. Board member (Scientific director) for PARTICIPATION (national)
- 34. Conference Co-Organizer and Chair – Canadian Society for Exercise Physiology 2009 Annual Meeting
- 35. Conference Co-Organizer and Chair – Society of Behavioral Medicine 2010 Annual Meeting (This is the largest Track in this prestigious organization – I was responsible for selecting and coordinating over 120 reviewers and ultimately deciding conference acceptance)

University

- 36. Advisory Board Member for the University of Victoria Centre on Aging

37. University of Victoria Human Research Ethics Board Member
38. Research Affiliate - University of Victoria Centre on Aging
39. Research Affiliate – University of Victoria Centre for Youth and Society

Faculty/School

40. Conference Organizer – Connections 2009 – UVIC Conference.
1. Faculty of Education Research Culture Committee member
41. Faculty of Education Advisory Committee (Tenure and Promotion)

2008

External

1. Advisory Board Member for the Camosun College Health and Wellness Diploma Program
2. Board Member for the Canadian Society for Exercise Physiology (BC Health Promotion Representative)
3. Board Member for the Canadian Society for Exercise Physiology (National Committee)
4. Committee member for the Canadian Institutes of Health Research Trainee Selection Competition (CIHR National)
5. Committee member for the Canadian Diabetes Association Operating Grants Selection Competition
6. Committee member on the BC Network for Aging Research 2008 Research Conference (2010 Olympic research in aging)
7. Society of Behavioral Medicine Selection Committee for Annual Meeting.

University

8. Advisory Board Member for the University of Victoria Centre on Aging
9. University of Victoria Human Research Ethics Board Member
10. Research Affiliate - University of Victoria Centre on Aging

11. Research Affiliate – University of Victoria Centre for Youth and Society
12. Research Affiliate – REACH (UVIC)

Faculty/School

13. Conference organizer – Connections 2009 – UVIC Conference.
14. Faculty of Education Advisory Committee (Tenure and Promotion)

2007

External

1. Committee member for the Michael Smith Foundation for Health Research Population Health Trainee Selection Competition
2. Advisory Board Member for the Camosun College Health and Wellness Diploma Program
3. Board Member for the Canadian Society for Exercise Physiology (BC Health Promotion Representative)
4. Board Member for the Canadian Society for Exercise Physiology (National Committee)
5. Committee member for the Canadian Institutes of Health Research Trainee Selection Competition (CIHR National)
6. Committee member for the Canadian Diabetes Association Operating Grants Selection Competition
7. Committee member on the BC Network for Aging Research 2008 Research Conference (2010 Olympic research in aging)
8. Society of Behavioral Medicine Conference Abstract Reviewer

University

9. Committee member for the Canadian Institutes of Health Research Trainee Selection Competition (University of Victoria).
10. Advisory Board Member for the University of Victoria Centre on Aging
11. University of Victoria Human Research Ethics Board Member

12. Committee member for the Canadian Institutes of Health Research Trainee Selection Competition (University of Victoria).
13. UVic Centre on Aging “Research Showcase” conference organizing committee
14. Research Affiliate - University of Victoria Centre on Aging
15. Research Affiliate – University of Victoria Centre for Youth and Society
16. Research Affiliate – REACH (UVIC)

Faculty/School

17. Secondary Teacher Interview committee (March 2007)
18. Faculty of Education Advisory Committee (Tenure and Promotion)

2006

External

2. Reviewer and co-Track chair for Society of Behavioral Medicine Annual meeting Society of Behavioral Medicine Track Chair in Person and Social Factors in Health (This is the largest Track in this prestigious organization – I was responsible for selecting and coordinating over 100 reviewers and ultimately deciding conference acceptance)
3. Committee member for the Michael Smith Foundation for Health Research Population Health Trainee Selection Competition
4. Canadian Institutes of Health Research Trainee Selection Committee (Population Health CIHR National)
5. Advisory Board Member for the Camosun College Health and Wellness Diploma Program

University

6. Advisory Board Member for the University of Victoria Centre on Aging
7. University of Victoria Human Research Ethics Board Member
8. Co-host of Embrace Aging Conference March 12-18, 2006
9. Research affiliate for the UVIC Centre on Aging

10. Research affiliate for the UVIC Centre on Youth and Society
11. Director search committee (Centre on Aging)
12. UVic CIHR Trainee Adjudication and Selection Committee

Faculty/School

13. Faculty of Education Ethics Task Force Committee Member (single case designs)
14. Faculty of Education Research Culture Committee member
15. Faculty of Education Advisory, Adjudication, and Appeals Committee
16. School of Physical Education ARPT Committee (Tenure and Promotion)
17. School open house organizing committee member (2007)

2005

External

1. Society of Behavioral Medicine Track Chair in Person and Social Factors in Health (This is the largest Track in this prestigious organization – I was responsible for selecting and coordinating over 100 reviewers and ultimately deciding conference acceptance)
2. Committee member of the Aboriginal Sports/Recreation Association of BC (ASRA)
3. Committee member for the Michael Smith Foundation for Health Research Population Health Trainee Selection Competition
4. Camosun College Exercise and Wellness Program Advisory Committee

University

5. Advisory Board Member for the University of Victoria Centre on Aging
6. Committee member for the Social Sciences and Humanities Research Council of Canada Trainee Selection Competition (University of Victoria).
7. University of Victoria Human Research Ethics Board Member
8. Director Search Committee (UVIC Centre on Aging)

9. Research affiliate for the UVIC Centre on Aging
10. Research affiliate for the UVIC Centre on Youth and Society

Faculty/School

11. Faculty of Education Ethics Task Force Committee Member (single case designs)
12. Faculty of Education Task Force on Action Research Ethics
13. Faculty of Education Research Culture Committee member
14. Faculty of Education Advisory and Appeals Committee
15. Faculty of Education Teaching Load Reduction Committee
16. School of Physical Education PhD program application ad hoc

2004

External

1. Committee member of the Aboriginal Sports/Recreation Association of BC (ASRA)

University

2. Advisory Board Member for the University of Victoria Centre on Aging
3. Research affiliate for the UVIC Centre on Aging
4. Research affiliate for the UVIC Centre on Youth and Society

Faculty/School

5. Faculty of Education Ethics Task Force Committee Member (qualitative research)
6. Faculty Advisory, Adjudication, and Appeals Committee
7. School of Physical Education PhD program application ad hoc

2003

External

1. Board member for the B.C. Employee Fitness Society
2. Committee member of the Aboriginal Sports/Recreation Association of BC (ASRA)

University

3. Research affiliate for the UVIC Centre on Aging

Faculty/School

4. Faculty of Education Ethics Task Force Committee Member
5. University of Victoria, Faculty of Education Conference (Connections) organizer and co-Chair
6. Faculty of Education Equity Committee Member
7. Faculty of Education Social Committee Member

2002

External

1. Committee member of the Aboriginal Sports/Recreation Association of BC (ASRA)

Faculty/School

2. Faculty of Education Social Committee
3. Faculty of Education Search Committee Member for the Director of the School of Physical Education

2001

Faculty/School

1. Faculty of Education Social Committee

Editorial Duties

Associate Editor, Health Psychology (2012 – present).

Associate Editor, Exercise and Sport Sciences Reviews (2008-present). This is the flagship journal for ACSM

Editorial Board Member, Health Psychology (2010-present)

Editorial Board Member, British Journal of Sports Medicine (2010-present)

Associate Editor, Canadian Health and Fitness Journal (2008-present).

Reviews for Scholarly Journals

2000-2016

Guest Reviewer for the following (approximately 30 reviews per year):

- AIDS Care
- American Journal of Preventive Medicine
- Annals of Behavioral Medicine
- BMJ Family Practice
- British Journal of Sports Medicine
- British Journal of Social Psychology
- Ethnicity and Health
- European Journal of Psychological Assessment
- European Journal of Social Psychology
- Exercise and Sport Sciences Reviews
- Health Education Research
- Health Psychology
- Health Psychology Reviews
- International Journal of Behavioral Medicine
- International Journal of Behavioural Medicine
- Journal of Adolescent Health
- Journal of Applied Social Psychology
- Journal of Applied Sport Psychology
- Journal of Behavioral Medicine
- Journal of Health Psychology
- Journal of Physical Activity and Health
- Journal of Sport and Exercise Psychology
- Perspectives in Public Health
- Preventive Medicine
- Psychology of Sport and Exercise, Psychology, Health, and Medicine
- Psychology & Health
- Psycho-Oncology
- Research Quarterly for Exercise and Sport

- International Journal of Behavioral Nutrition and Physical Activity
- International Journal of Sport Psychology
- Journal of Obesity
- Scandinavian Journal of Psychology
- Social Science & Medicine, Women and Health
- Women and Health
- Obesity

2002-2016

Grant reviewer (approximately 1 review per agency per year) for:

- Social Sciences and Humanities Research Council of Canada,
- Canadian Foundation for Innovation ,
- Canadian Institutes of Health Research,
- Heart and Stroke Foundation of Canada,
- Canadian Diabetes Association,
- Research Grants Council of Hong Kong,
- British Research Grants Council,
- Dutch Diabetes Research Foundation,
- Dutch Cancer Agency
- Fundação para a Ciência e Tecnologia (Spain)
- Alberta Heritage Foundation for Health Research

Research into Ageing Fund at Age UK

Other Activities (selected)

1. Director, Behavioural Medicine Laboratory (includes the organization of weekly presentations and meetings for my graduate students, discussion and special reading groups, and daily support).

2. Associate Director for the University of Victoria's Institute on Aging & Lifelong Health (formerly Centre on Aging). I work alongside the institute's director, staff and research affiliates on the management, development and communication strategies for the institute.

3. I am the leader of the successful bid for ISBNPA 2017 in Victoria. This is a large conference and my duties will be as host director.
4. Course Conductor for the Canadian Society for Exercise Physiology Certified Personal Trainer Program.
5. Write approximately 30 letters per year for students (Med School, Grad School, Awards, etc.)

Community Outreach and Media (over 175 interviews 2003-2016). Some examples:

*In terms of media frequency, I am among the top 10 physical activity researchers in Canada receiving regular media attention (Stephannie Roy, University of Toronto – personal communication based on a recent meta-analysis, 2007).

The New Era of the 30 Day Fitness Challenge. (2016). Interview for *The Wall Street Journal*.

New Year's Resolutions...Why do they Fail? (2014 and 2015). Carried in the New York Times

Cognitive Function and Physical Activity (2012) Carried in most regional papers and radio

Exercise Gaming (2012) Carried in most regional papers and radio

Exercise Gaming (2012). CBC in April 2012.

Diabetes and exercise (2010). Ran in the Globe and Mail and then picked up in most carriers..

Exercise Video games (2010). Victoria Times Colonist and picked-up across the Country.

Parents and Physical Activity (2009). Covered front page in the Globe and Mail.

Dog Research (2008).

Carried front page of the Times Colonist, and in the Edmonton Journal and Ottawa Citizen. Also carried on the front of the Uvic Webpage.

Physical Activity and Parenthood (2008)

Carried by Times-Colonist and then Nation-wide, several other regional and radio outlets.

Early Family Physical Activity Interventions (2007).

Carried province-wide on my trial of family-based physical activity.

Parents and Health (2007)

Carried Canada-wide on my trial of new parents and health behaviours.

Translation of Physical Activity Intentions (2007, 2009)

Carried in the Vancouver Province Weekend Edition. The story received local frontpage attention on the UVic webpage.

Built Environment and Walking Project (2006-2007)

This story was carried in the American Health Behavior News and some regional papers. The story received local frontpage attention in the RING, Victoria Times Colonist, and Weekend Edition, and the front of the UVic webpage.

Dog Walking Project (2005-2006)

This story was carried in some of the largest dissemination outlets in the North America such as: NY Times, MSN.Com, Forbes, Washington Post, LA Times, and Several other high-profile websites and radio stations. The story also received local frontpage attention in the RING, Times Colonist, and Weekend Edition, and the front of the UVic webpage.

Leisure-Time Walking Project (2004-2005)

This story was carried in The Ring and in the Times Colonist.

Driving and Physical Activity (2004-2005)

This story, with Holly Tuokko (Dept of Psychology) was carried on the UVic front webpage, in The Ring, the Times Colonist, and the Weekend Edition.

Behavioural Medicine/Rehab Neuroscience Laboratories (2004)

This story was featured in focus magazine- the BC health research publication. Dr. Zehr and myself have also given interviews for Saanich News, Channel 6, Shaw, and the Victoria Times Colonist. The story was also on the front of the UVic webpage.

Exercise and Interactive Video Games (2003-2004). This story on my current study was carried front page in most Canadian newspapers and internet sites (e.g., Vancouver Sun, Edmonton Journal, Vancouver Province, Calgary Herald, Ottawa Citizen, etc.). It also appeared in our national magazines (i.e., Macleans, L'Actual), in live radio broadcasts (CBC Victoria, CBC Vancouver, CBC Calgary, CBC Kamloops, CKNW), and national and international television (CBC, MTV, MuchMusic, and CanGlobal). The interest is continuous on this project. I have recently given interviews for the Torch magazine, the UBYSSEY, Weekend edition, Channel 6, and Shaw TV. I have also been approached by the big U.S. networks NBC, and ABC but have suggested I present the results once the study is completed.

Exercise Tips for New Years Resolutions (2004). This story on my 2003 Journal of Health Psychology study was carried in most Canadian newspapers and internet sites (e.g., Vancouver Sun, Edmonton Journal, Vancouver Province, Calgary Herald, Ottawa Citizen, Montreal Gazette, Globe and Mail, etc.). It also appeared in live radio broadcasts on almost every radio station in western Canada. The story was a feature in our local Weekend edition newspapers.

Action Schools (2003). This story on my current study was carried in an international news story on NBC's Dateline.

Exercise and Personality (2002). This story was carried by the Victoria Times Colonist.